

# Emmitsburg NEWS-JOURNAL

VOLUME 2, NO.9 • WWW.EMMITSBURG.NET • SEPTEMBER 2010

## ELECTIONS

**Maryland Primary Supplement**  
Do you know who you are voting for? **Center of the paper**

## Emmitsburg Town Council Elections

Learn about the candidates and what they hope to accomplish if elected. **Page 35**

## NEWS

### Memorial Cemetery to improve entrance

Cemetery Board plans to make improvements that include replacing dead shrubbery and adding new plants. **Page 4**

## COMMENTARY

### Words from Winterbillt

My mother often said the problem with America is that Americans are spoiled. **Page 8**

### Pure Onsense

When it's okay not to vote, and why being an informed voter seems hopelessly difficult. **Page 8**

## ARTICLES

### The Book of Days

A look at the history & tradition of the Autumnal Equinox. **Page 11**

### The Master Gardener

Late Summer Bees - Even though it is September, bees and other pollinators are still around in the garden. **Page 14**

### History

For 250 years the Emmitsburg Presbyterian church has served this community. **Page 20**

### Mount Sports

Preview of the upcoming fall season of Mount sports. **Page 23**

### Four Years at the Mount

It's surreal going back to college after three months off. **Page 24**

## JOURNALS

### In the Country

They were only ants, but they didn't ask for what had happened to them, and I felt guilty that I was the cause. **Page 14**

### A Teen's View

The time has arrived; a new school year begins. The new school year has come too quickly for both kids and parents. **Page 28**

### Cold War Warriors

An inside look at what really happened the day we almost went to war with the Soviet Union over Cuba. **Page 30**

### In My Own Words

Every 365 days comes a day singular to each one of us. It is the day that signifies the date of our birth. **Page 31**

### Complementary Corner

The Earth Element - part 2. How to take advantage of the gifts mother nature gives us in late summer. **Page 34**

# Emmitsburg town election set for September 28

Residents of Emmitsburg will vote twice this year. They will vote for their representatives at the county, state and federal level on Nov. 5, and the Emmitsburg town commissioners on Sept. 28.

Two commissioner seats remain open with four people vying to fill them. The candidates are Glenn Blanchard, Denise Etris, Patrick Joy and Joyce Rosensteel. Blanchard and Etris are currently town commissioners seeking re-election.

"During my five years as a town commissioner, I have seen roads paved, new water and sewer lines put in, and a second traffic light installed. I have seen recycling expand in the town and new playground equipment installed in our parks," said Blanchard in his statement to the Emmitsburg News Journal.

Joy is a current member of the town's planning commission who



With the Maryland primary just two weeks away campaign signs are sprouting up all across the county. See special election supplement in the center of the paper.

wants to see an increased focus on the town's finances.

"We have reduced town expenses the past two years, but the state predicts a continued downturn in governmental revenues for years to come," Joy wrote in his statement to the newspaper. "Cutting around the edges may work for a year or two but you cannot perpetually fail to repair town streets. We need to take a top to bottom

look at the budget and ensure that our expenses and staffing are consistent with other municipalities our size. By getting our taxes and budget at reasonable levels, we will be better able to attract businesses, the life blood of any community."

Etris also acknowledges that finances will continue to pose as a big issue for the town to address in these poor economic times. However, she

also wants to improve police coverage in the town. Emmitsburg contracts with the Frederick County Sheriff's Office to have deputies patrol just Emmitsburg costs around \$300,000 and is not 24/7 extra coverage.

"I am not in favor of cutting our coverage to one officer and relying on the County coverage," Etris wrote in her statement. "I think that is taking a step back. However, if budget cuts are needed, better scheduling could allow the use of less deputy hours. I believe other ways to cut town costs without loss of services should be explored. Consolidation of town staff duties could be evaluated."

Rosensteel is a former town commissioner currently serving on the town planning commission. She did not return phone calls or get her statement to the newspaper in time for this story.

The voting place for the town election will be at 22 East Main Street and the polls will be open from 7 a.m. to 8 p.m. Sharon Hane, Charlotte Mazaleski and Lisa Mazaleski are serving as the election judges.

# Pippinfest turns 30 years old

An apple dessert bake-off contest celebrates the 30th anniversary of the Fairfield Pippinfest, something that has not been done at Pippinfest since the early years of the fall festival.

The annual crafts and food festival will be held the weekend of Sept. 25 and 26 along Main Street in Fairfield Borough, PA.

"The Pippinfest is a tradition that started out with handmade baskets, chair caning, penny candy, homemade apple products, and more," said Daphne Fager with the Pippinfest Committee.

About 12,000 to 15,000 people attend the festival each year.

Saturday events include crafts, yard sales, flea market and an antique tractor show from 7 a.m. to 5 p.m. On Sunday, there will more crafts, demonstrations, a quilt show, an antique tractor show and a vintage car show from 9 a.m. to 5 p.m.

Throughout the weekend, there will be cash-prize raffles, music and free apples, courtesy of Kennie's Market and Naylor's Orchard. About 100 vendors are expected to have their jewelry, floral designs, wooden products, pottery, pet items, skin care, herbals, hand-sewn and hand-painted items and more on sale.

"We are planting a Pippin apple tree, but it won't be until after



the Pippinfest due to the weather conditions," Fager said.

Those interested in the dessert bake-off need to pre-register by calling the borough office. The desserts need to be dropped off Sept. 25 at the Fairfield Fire Company building between 8 a.m. and 9 a.m. After the judging, the desserts will be sold to benefit the community between noon and 2 p.m.

The Pippinfest is a non-profit community event, which is put together and run by a volunteer committee.

For more information, contact the Fairfield Borough office as 717-642-5640 or borofairfieldpa@comcast.net.

Postal Customer

PRE-SORTED  
STANDARD  
U.S. Postage  
PAID  
Westminster, MD  
Permit No. 94



## NEWS

## Around the Town

The Carroll Valley Borough Council does not believe it has the authority to provide partial relief to disabled veterans, but it is willing to look into the issue.

During the August 10 borough meeting, resident Thomas Fitzsimmons followed up on a letter he had sent the council asking the members to consider providing property tax relief to disabled veterans who live in the borough. A program currently exists to eliminate property taxes for veterans in Pennsylvania who are 100 percent permanently disabled, were honorably discharged and received their injuries during a declared war.

However, Borough Secretary Gayle Mathers told the council that there is no method for scaling how much property tax is forgiven. "It's an all or nothing program," she said.

It is also a program that veterans have to apply for and it is at the coun-

ty's discretion to make an eligibility determination.

Fitzsimmons said he was seeking a way to "give relief to those who do not meet the state requirement."

Borough Manager Dave Hazlett pointed out that even if all of the borough property tax was forgiven, it does not mean that the school board and county would follow suit. There was also a question about whether the borough had the authority to enact such a program.

The councilmen told Fitzsimmons that they would look into the issue and see what their options were.

### Lake Carroll closed to boating ... for now

The borough and residents who own property around Lake Carroll in Carroll Valley have started meeting to try and resolve their differences. Residents who own property on the lake

don't want to allow boating access because of liability issues. The borough, however, is a property owner on the lake and wants to allow boating to make the policy consistent with Lake Kay and Lake May.

The sign prohibiting public boating had been taken down, but the councilmen decided that until the issue was decided, they would prohibit public boating on the lake.

### Borough appealing 98 lot reassessments

Carroll Valley Borough is appealing the reassessment on 98 borough-owned lots and potentially will appeal even more.

Hazlett said the 98 lots represent "every single property that the borough owns that is not tax exempt." He also told the council that he expected to appeal the reassessments of the rest of the borough-owned lots, those that are tax-exempt, in the future, but it wasn't a pressing issue at the moment. The borough currently owns about 240 lots within the borough limits.

## Around the Borough

The Carroll Valley Borough Council does not believe it has the authority to provide partial relief to disabled veterans, but it is willing to look into the issue.

During the August 10 borough meeting, resident Thomas Fitzsimmons followed up on a letter he had sent the council asking the members to consider providing property tax relief to


disabled veterans who live in the borough. A program currently exists to eliminate property taxes for veterans in Pennsylvania who are 100 percent permanently disabled, were honorably discharged and received their injuries during a declared war.

However, Borough Secretary Gayle Mathers told the council that there is no method for

scaling how much property tax is forgiven. "It's an all or nothing program," she said.

It is also a program that veterans have to apply for and it is at the county's discretion to make an eligibility determination.

Fitzsimmons said he was seeking a way to "give relief to those who do not meet the state requirement."



1 East Main Street  
P.O. Box 543  
Emmitsburg, Maryland 21727  
Office Number: 301-471-3306 Fax: 301-447-1730  
www.emmitsburg.com and www.emmitsburg.net

News, events, history, humor and culture for the Historic Toms Creek Hundred geographical area: Emmitsburg, Zora, Carroll Valley, Fairfield, Harney, and Rocky Ridge, Detour. The Emmitsburg News-Journal is published the first day of every month by Toms Creek Hundred LLC.

**Senior Advisers**  
*Eric Glass, Taney Corporation*  
*Dan Reaver, Emmitsburg Glass*

**Managing Editor, Michael Hillman**  
editor@emmitsburg.com

**Assistant Editor, Katherine R. Au (MSM Class of 1998)**  
Katherine@emmitsburg.com

**English Editor, Jackie Quillen (MSM Class of 2010)**

**News Editor, Jim Rada**  
news@emmitsburg.com

**Advertising, Sharon Graham**  
advertising@emmitsburg.com

**Graphic Design and Layout, Brian Barth**  
bbarthdesign.com

Letters to the Editor, notice of upcoming events, news stories, and interesting and creative articles are welcome and may be submitted via regular U.S. Mail to P.O. Box 543, Emmitsburg, MD 21727, by email to editor@emmitsburg.com, or at our office on the square - 1 East Main Street.

Borough Manager Dave Hazlett pointed out that even if all of the borough property tax was forgiven, it does not mean that that school board and county would follow suit. There was also a question about whether the borough had the authority to

enact such a program.

The councilmen told Fitzsimmons that they would look into the issue and see what their options were.

Lake Carroll closed to boating ... for now

## Fairfield Notes

The Fairfield Borough councilors have concerns about how Adams County's reassessment process will affect their budgeting process for the upcoming year.

The biggest concern seems to be whether the council will have solid figures for how much revenue to expect from property taxes in 2011. This comes from a doubt that reassessment appeals will be done by

November because of the more than 8,000 appeals that the assessment appeals board is faced with. Plus, the councilors themselves have strong doubts about the accuracy of the new assessments.

Mayor Robert Stanley said that land in the borough had been assessed as anywhere from 66 cents to \$4.59 per square foot with properties along Water Street assessing the most.

"People are really being raked across the coals," said Councilor Ron Shanks. "You've got people right here in town today who don't know how they're going to pay taxes."

### Council gives preliminary approval to SALDO

The Fairfield Borough Council voted unanimously on August 26 to approve changes to the municipal subdivision and land development ordinance (SALDO) that had been recommended by the

borough's planning commission.

The council had expressed some concerns in July regarding sidewalks and whether a voluntarily submitted sketch plan triggered the plan's review period. The planning commission said that the concerns had been addressed in the SALDO but reworded some of the language to make it clearer.

"I can't see how anyone can misinterpret that [the SALDO]," said Councilor Carroll Smith.

The changes will now be adver-

tised and reviewed by the Adams County Office of Planning and Development before final approval can be given.

### DEA collecting old medicines

The Drug Enforcement Agency is sponsoring a prescription medication collection program on September 25 from 10 a.m. to 2 p.m. at the fire station. The program collects old medications for proper disposal to ensure that the medicines do not get into the water system.

## News and Briefs

### Three die from Emmitsburg accident

Three people were killed on North Seton Avenue in Emmitsburg as the result of an one-vehicle auto accident.

Mary Camilleri, 63, of Fayetteville was driving a Mountaineer northbound on North Seton around 11:21 a.m. on August 8. She tried to parallel park near 121 North Seton when the Mountaineer accelerated while in reverse. It struck a Ford Explorer pushing the vehicle onto the sidewalk. The Mountaineer then hit three people crossing the street and a Saturn parked on the southbound side of North Seton.

Patricia Mauro-Cillo, 64, of Emmitsburg was pronounced dead at scene. John Cillo, 53, of Emmitsburg, died while being transported to the hospital. Marian Derosa, 89, of Emmitsburg, died of her injuries a few

days later.

The Frederick County Sheriff's Office is investigating the accident.

### Be careful! School back in session

Schools are back in session for both Frederick County and Adams County. Drivers should be aware of children who may be crossing the roads and of school buses that are making student pick-ups and drop offs. Drive the speed limit and avoid distractions, particularly during the morning and mid-afternoon hours.

### 5th Annual Scotty's Ride on Sept. 25

The 5th Annual Scotty's Ride will run on Saturday, Sept. 25, rain or shine. Registration begins at 7:30 a.m. and

the ride begins at 10 a.m. The ride will finish at the home of Kerry and Valerie Shorb for food, live entertainment and door prizes. The event is all-you-can-eat and drink.

The first Scotty's Ride in 2006 raised money to help Scotty Harbaugh, who had an inoperable brain tumor, and his family. When Scotty's died a month before the second Scotty's Ride, the money raised went to help other children, and it has continued to do so.

The Shorbs came up with the idea of a poker run as a way to help Scotty, who was Kerry's grandnephew. With Scotty's death, the Shorbs didn't want the good work that had been done to end.

Scotty's Ride has adopted the slogan "In the name of one child, we ride for many" and that's just what the motorcyclists do each September. Each ride averages around 250 participants, according to Kerry Shorb.

If you want to contribute, you can show up at Shorb's for the food and entertainment at 3 p.m. and pay the participant cost of \$20. Kids and families are welcome to attend, too. Children under 6 are free and age 7-12 are \$10.

Raffle tickets are also being sold for

a new Harley-Davidson motorcycle. Tickets are \$10 each and only 2,000 are being sold. The drawing will be held at the end of this year's ride.

For more information on Scotty's Ride, call (301) 447-3260, (301) 447-6600 or e-mail scottys-ride@hotmail.com.

**ROBERT C. VERDERAIME**  
Attorney At Law

**301-952-4141**

Practice Limited To  
Serious Injury/Death Cases

- Free Consultation
- Highest Ethical & Legal Ability Rating
- No Recovery - No Fee (A.V. Martindale-Hubbel)
- Past President Trial Lawyers Assn.
- Named In "Best Lawyers in America"
- Named In "Maryland's Super Lawyers"
- Fellow-American College of Trial Lawyers





# Carroll Valley celebrates a night out

Carroll Valley celebrated National Night Out with other communities across the country on Tuesday, August 3 at Carroll Commons. About 400 people attended the event, according to Carroll Valley Mayor Ron Harris. Booths, activities, displays and talks were spread out around the commons.

Local public safety organizations brought their equipment on hand for visitors to tour. Officers were on hand for demonstrations and to explain the various vehicle features. Child ID kits will be available and refreshments are free for children under 12 provided by Boy Scout Troop #76.

"It's a toss up whether the ice cream or the child fingerprinting is the most popular thing here," said Carroll Valley Police Chief Richard Hileman, III.

The Good Samaritan Lodge #336, Free and Accepted Masons of Pennsylvania of Gettysburg offered child identification kits that included fingerprinting, a child video and a take-home DNA collection kit.

Blaine and Lisa Hatch first came to the National Night Out to have their daughter fingerprinted. "It's good to see this type of thing," said Lisa Hatch. "It helps you feel connected to the community."

Special guests included crash-test dummies Vince and Larry, and Smokey the Bear who greeted kids and adults alike.

"It's the first time the temperature hasn't been terrible," said Hileman. Temperatures were in the 80s and there was no rain to ruin the event.

National Night Out seeks to bring out community members



across the country on the same night. The program's goal is to heighten crime prevention and drug prevention and to open

the lines of communication between public safety agencies and the communities they serve.

Hileman said it also allows the community to see what service organizations are in the area and what they are doing.

# Casino project goes before Gaming Board

The Pennsylvania Gaming Control Board is holding hearings concerning the four casino proposals from groups hoping to win a class three slots resort license from the state through September 8. The hearing for the local resort proposal by David LeVan and Joseph Lashinger was held August 31 and September 1 at the Comfort Suites in Gettysburg.

LeVan and Lashinger have proposed converting the Eisenhower Inn and Conference Center on Steinwehr Avenue into a casino with 600 slots machines and 50 table games.

More than 226 individuals, groups and governments signed up to give remarks to the Gaming Control Board. This is number is far more than have signed up to speak at the hearings for the other casinos, according to Douglas Harbach, communications director for the Gaming Control Board. It is also an indicator of the controversial nature of the Gettysburg casino proposal.

Proponents point to the new jobs and tourism the project will bring and that the additional gaming revenues for Cumberland Township will create tax relief for

residents. Opponents of the project point out the dealing with the negative social problems will cost more than the additional gaming revenues bring in and the casino is too close to the Gettysburg National Military Park.

Among the recent groups weighing in on the project are the Adams County Commissioners who voted 2-1 in August to support the casino proposal. With the county's supporting vote for the project, it is guaranteed a 2-percent share of the of the casino's gross receipts or \$1 million, whichever is more.

"Two of the commissioners chose to sell their sworn testimony for only \$1 million a year, when this locals casino will cost the county tens of millions in lost business, lost jobs and social costs," said Susan Star Paddock, *No Casino Gettysburg spokeswoman*.

"We are promoting economic development," Adams County Commissioner Glenn Snyder was quoted as saying in The Gettysburg Times. "This is an opportunity to create jobs. It's a plus for the economy here in this county."

The American Legion, Ameri-

ca's largest veteran's organization, announced their opposition to the casino in August, despite the fact that local unit has said it has a neutral position on the project.

American Legion National Commander Clarence Hill called the project's proximity to the battlefield a "national disgrace."

Also, while the Civil War Preservation Trust opposes the project, the Gettysburg Battlefield Preservation Association supports it.

The decision about which proposal will receive the final class three license now lies with the Gaming Control Board.

# Burned apartment building hopes to reopen sometime in October

With any luck, the Emmitsburg apartment building should begin reopening at the beginning of October. The apartment building burned in April and caused the shut down of the first block of South Seton Avenue for months.

The building has a new roof and South Seton reopened last month. The building will reopen

in stages with Stavros Pizza expected to be the first tenant to move back in.

"After that, the next step will be to get the first floor apartments reopened," said owner David George.

The building had 17 apartments and 28 residents, all of whom got out safely after the fire started on April 3. Stavros Pizza

was located on the first floor.

Fire companies from Frederick, Carroll, and Washington counties and Adams and Franklin counties in Pennsylvania battled the fire for roughly three hours. Thirty-five pieces of equipment and 125 firefighters helped put the fire out.

Damage to the building was estimated to be at more than \$1 million when the fire occurred. George said that he doesn't know what the final bill will be, but it has been a lot more than he expected and most of it not related

to fire damage.

"I wasn't anticipating tearing apart most of the interior just so I could be told to repair things that have been the way they are for 100 years," George said.

How fast the building reopens depends a lot on how fast George can get needed permits and approval. George estimated that he is about two months behind where he hoped to be at this point.

The building is a historic structure on the Emmitsburg square. Daniel Wile purchased the property in 1853 and built a four-story hotel on it. It opened in 1858 as the City Hotel. It was the last

building to burn in the Great Emmitsburg Fire in 1863 and survived that fire with \$10,000 damage, a small fortune in those days. National Anthem composer Francis Scott Key and U.S. President William Henry Harrison, Hillman both delivered speeches from the balcony of the hotel.

John William Bushman Sr., 43, a resident of the building, was charged with first- and second-degree arson and malicious burning. Officials said he allegedly started the fire in a suicide attempt. The charges carry a total of 65 years in prison and a \$95,000 fine, if convicted of all charges.

**Affordable Self-Storage**

(Formerly, Thurmont Self Storage)  
Conveniently Located On Maple Drive,  
Across From Thurmont Feed Store

**NEED ROOM? LET US STORE IT FOR YOU!**

NOT JUST FOR THE PUBLIC!  
BUSINESS TOO!

**MOTORCYCLES, CARS, FURNITURE, ANTIQUES,  
COLLECTIBLES, OLD FILES, NEW FILES, APPLIANCES,  
BUILDING MATERIAL, SPORT EQUIPMENT, LAWN MOWERS,  
CONSTRUCTION EQUIPMENT & TOOLS, POOL SUPPLIES,  
HOUSEHOLD ITEMS & TOOLS, LANDSCAPING TOOLS,  
MEMORIES, KITCHEN SINKS & WHATEVER YOU CAN THINK OF!**

**301-271-7455**  
Mike Jensen, Owner  
Office: 12917 Catoclin Furnace Rd., Thurmont, MD 21788

**JACK GAUGHEN**  
REALTOR ERA  
1814 E. Main St.  
Waynesboro  
717-762-7111

Karen Stewart     Joan Sidoli  
Direct: 717-658-4027     Direct: 717-357-1135  
[www.thestewart-sidoliteam.com](http://www.thestewart-sidoliteam.com)

**Call The Team That  
Offers Exceptional Service  
To Both Seller And Buyer!**

**Call the Stewart/Sidoli Team**

*The Team...you will remember,  
The Results... you will never forget!*

Master Sales Bronze Award 2009  
Presidents Circle Team Production 2009



NEWS

# Emmitsburg Memorial Cemetery to improve entrance

While the Emmitsburg Memorial Cemetery may look somewhat shabby, looks can be deceiving. Beyond the entrance, visitors find a well maintained cemetery that has been the final resting place for people around Emmitsburg for around 250 years.

"The entrance is old with a lot of the existing shrubbery dying," said Eric Glass, a member of the Emmitsburg Memorial Cemetery board. "The cemetery itself looks fine, but we need the entrance to keep up with the rest of the cemetery."

The board has a multi-stage plan

to make improvements that includes replacing dead shrubbery and adding new plants to the entrance. A landscaping company has also been chosen to arrange everything in the most-attractive way possible.

"We're going to add low-maintenance shrubs that should last at least 10 to 15 years," Glass said.

The entire project is expected to cost around \$8,000 and so the board has started soliciting donations from the community to pay for the project. About half the amount has been raised so far, but the project is expected to begin

this fall, possibly this month.

The Emmitsburg Memorial Cemetery is an independent cemetery with a board of directors made up of representatives of all of the churches in Emmitsburg.

If you would like to make a contribution to a project that will help beautify the west entrance into Emmitsburg and the town's heritage, you can send donations to:

The Emmitsburg Memorial Cemetery Landscape Fund  
c/o Mary Catherine Shields  
16648 Old Emmitsburg Road  
Emmitsburg, MD 21727



# Fire museum hopes to open in October

The Frederick County Fire Museum should open, at least partially, by the Fallen Firefighters Weekend at the beginning of October.

"We really hope to make this a credit to the town," said Chip Jewell, president of the Frederick County Fire and Rescue Museum and Preservation Society. He said he is "cautiously optimistic" about being able to open by the target date.

Efforts to convert the former Emmitsburg Ambulance Company building into a fire museum have been in the works since late 2007, but efforts had stalled in recent months because of the poor economy. The Frederick County Fire and Rescue Museum and Preservation Society, however, became a 501(3)c corporation, raised donations from contributors and signed a lease with Frederick County for the building in early June. The society raised

about \$15,000 to get the museum started.

The Frederick County Commissioners agreed to lease the building to the society for \$1 per year for 10 years, according to Chip Jewell, society president.

Now the society has begun the process of cleaning up the building and preparing it for move in. Jewell said that many members of the Vigilant Hose Company have been helping with the process.

"We have filed for our occupancy permit," Jewell said.

The society already has some equipment and other artifacts that can be displayed. One of those pieces of equipment is a hand pumper from 1821 that is believed to have helped fight a large fire at the Frederick County courthouse in the late 1800's.

"We think we can display three to five pieces of equipment, and hopefully more if we can expand

the building," Jewell said.

Part of the society's plans for the building is to expand the front of the building and add a façade that looks like an old fire house.

The county commissioners also granted the society the ability to sublease the rear portion of the building to the National Fire Heritage Center, which will be a repository for written fire training documents, records, manuals and more.

# Country cooking runs in the family at Chapin Gray's Grill

You can be forgiven for thinking there's something familiar about Chapin Gray's Grill on Waynesboro Pike in Fairfield, PA. Josh Lawler runs the restaurant that offers a menu full of home-style country cooking prepared by Lawler.

Josh is not alone in his endeavor to start his own business. His father, Don, is helping him get things going. Don is someone who would know how to get a res-

taurant going. He and his wife, Maureen, ran Summit Plaza Restaurant from 1986 to 2005. Maureen's parents, Karl and Ruth Gray, owned the Hill Top Inn in Blue Ridge Summit, PA, from 1968 to 2005.

"The boys kinda grew up in the business," says Don Lawler. Josh began washing dishes in his parent's restaurant and worked his way up to becoming a cook.

Besides having daily specials, Josh has put plenty of crowd-pleasing standards on the menu. You can get hot turkey, homemade soup, country ham, buttermilk pancakes and delicious desserts. Don views it as an alternative to the chain restaurants like Applebee's and Red Lobster.

"People really seem to enjoy the crab cakes and crab dip," Josh said.

The restaurant opened on June

22 and has been gaining a following since then.

"We offer good food at a decent price and a friendly atmosphere," says Don Lawler. "It always seemed to work before."

Josh does all of the cooking and is always looking for new dishes to add to the menu.

"He's been trying all kinds of things," Don said. "He introduced the quesadillas and wraps and he's trying to include new fads that come along."

Chapin Gray's Grill was former-

ly known as Our Place Café. The name Chapin Gray was decided on to recall Josh's restaurant roots. Chapin is a family name from Don's side of the family and Gray is a family name from Maureen's side of the family.

Chapin Gray's Grill is located at 1665 Waynesboro Pike in Fairfield between where the road intersects with Jack's Mountain Road and Route 116. It is open Tuesday through Sunday, 7 a.m. to 8 p.m. for breakfast, lunch and dinner. For more information, call 717-642-6349.

FOOTBALL SEASON IS HERE!

<p style="font-weight: bold; font-size: 0.8em;">ADVERTISED ON TV!</p> <p style="font-weight: bold;">Home Draft System Coors Light &amp; Miller Light</p> <p style="font-size: 0.8em;">5.7 Liter <b>\$19<sup>99</sup></b> Expires 9/30/10</p>	<p style="font-weight: bold; font-size: 0.8em;">TUESDAY SAVINGS!</p> <p style="font-weight: bold;">WINE or LIQUOR</p> <p style="font-size: 1.2em; font-weight: bold;">SAVE 10%</p> <p style="font-size: 0.8em;">Cash Only On Purchases of \$40 Or More 7% DISCOUNT ON CREDIT CARD PURCHASES</p>	<p style="font-weight: bold; font-size: 0.8em;">FOOTBALL SEASON SAVINGS!</p> <p style="font-weight: bold;">Coors Light &amp; Miller Light</p> <p style="font-size: 0.8em;">Loose Cans Only While Supplies Last!</p> <p style="font-size: 1.2em; font-weight: bold;">\$14<sup>99</sup> 18 PK \$11<sup>99</sup> 24 PK Expires 9/30/10</p>	<p style="font-weight: bold; font-size: 0.8em;">HALF TIME DEAL!</p> <p style="font-weight: bold;">Michelob Light, Ultra Light &amp; Select 55</p> <p style="font-size: 1.2em; font-weight: bold;">All 18 PK CANS \$11<sup>99</sup></p> <p style="font-size: 0.8em;">Expires 9/30/10</p>
<p style="font-weight: bold; font-size: 0.8em;">TOUCHDOWN DEAL!</p> <p style="font-weight: bold;">Budweiser &amp; Budweiser Light</p> <p style="font-size: 1.2em; font-weight: bold;">18 PK \$11<sup>99</sup></p> <p style="font-size: 0.8em;">Expires 9/30/10</p>	<p style="font-size: 1.5em; font-weight: bold; font-style: italic;">Paul's Pit Stop</p> <p style="font-weight: bold; font-size: 1.2em;">DISCOUNT BEER WINE &amp; LIQUOR</p> <p style="font-size: 0.8em;">150 South Seton Avenue, P.O. Box 919, Emmitsburg, MD 21727</p> <p style="font-size: 1.5em; font-weight: bold;">301-447-6262</p>		<p style="font-weight: bold; font-size: 0.8em;">CHEER FOR THIS!</p> <p style="font-weight: bold;">Corona &amp; Corona Light</p> <p style="font-size: 1.2em; font-weight: bold;">24 PK Loose Bottles \$24<sup>99</sup></p> <p style="font-size: 0.8em;">Expires 9/30/10</p>

Conveniently Located!

Open 7 Days A Week!

Store Hours: Monday-Thursday 9 am-10 pm, Friday & Saturday 9 am-11 pm, Sunday 11 am-8 pm



HISTORY

# One hundred years ago this month

**September 2**

**Constable Ashbaugh Finishes 34 Years of Service**

Last Saturday Mr. William Ashbaugh completed 34 years of service as deputy sheriff and county constable, the longest of any such officer in this state.

First appointed to town constable in 1876, then to county constable only 10 days later, and finally made deputy sheriff by December of the same year, Mr. Ashbaugh served town office for a total of 19 years before retiring due to health matters.

In the early years of his office, Emmitsburg did not enjoy the reputation for order that it now bears. Mr. Ashbaugh picked up three or four offenders every day. Who can tell whether he is entitled to the credit for the changes in these years? His arrests run clear through the gamut of crimes; from murder to petty larceny. He once arrested a man for attempting to kill his father-in-law. The fellow was brought here and locked up in the basement of the hotel. During the night the man's friends liberated him, but in short time Mr. Ashbaugh was on his trail, on account of a light snowfall which made it easy to follow. The footprints led to the man's house where he lay in bed with a revolver and razor close at hand. Mr. Ashbaugh got his hands on the weapons first, and then grabbed hold of the man. He was landed safely in jail. Indeed, in a long career as an officer of the law, Mr. Ashbaugh has never had a prisoner whom he arrested escape from him.

**Performance At Clairevaux a Great Success**

The operatic and vaudeville performances given at Clairevaux, Mount St. Mary's, was greeted by a large crowd of representative people. The lawns, porches, walls and halls of this historic house were handsomely decorated for the occasion and the whole place was a scene of pure beauty.

In addition to the operatic and

vaudeville performances, choruses treated the crowd, marches and drills by the children. The society sideshow on the east porch was a great success. Miss Marianne Ward, as the 'largest baby in the world,' took the prize in this department. The Emmitt Cornet Band, also on hand, furnished excellent music. Ice cream and cake were furnished to the audience during intermission without extra charge.

**Emmitsburg Pike Next**

At the next meeting of the road commission, the turnpike between Frederick and Emmitsburg is expected to be purchased and opened to the public. An agreement has already been reached for 21 miles of this road at \$1000 per mile. Governor Crothers said the Emmitsburg Pike will be taken over during September at the latest, and the toll gates taken down. The turnpike company will retain ownership of the toll houses, such as that on Tollgate Hill just south of Emmitsburg, as the state has no desire of purchasing them.

**September 9**

**William Weant Dies of Typhoid**

On Wednesday William Weant, oldest son of Mr. and Mrs. Harry Weant, died at his parents home on West Main Street of typhoid fever. The young man had been feeling badly for some time but was not confined to his bed except for two days. He was almost 18 years of age and was a man of industrious habits. His untimely death was a shock to the community. Interment was made in Mountain View Cemetery.

**Too Quick On the Trigger**

On Thursday of last week Thomas Johnson shot Noah Jenkins while the latter was hunting squirrels in the mountain. Johnson is now under \$500 bail. From Johnson's statement made before the magistrate it appears that Johnson did not want his land hunted over, and had or-

dered several people to leave the place on the morning of the assault. Later he heard the report of shooting, and gun in hand started after the hunters. Near the top of the mountain he saw a man and immediately opened fire. Afterwards he learned that the man he shot, Noah Jenkins, was not one he had ordered off his property.

**Best Freckle Remover**

One of the very best freckle removers is a wash made of buttermilk that is not rotten sour, but acidic enough to drink nicely. The drinking of buttermilk is excellent for the liver, but buttermilk is very hard to get away from the farm. The so-called buttermilk retailed from the dairy depots in cities is rarely anything but the soured leavings of the sweet milk, and never to be recognized as the "Simon-pure" article.

**September 16**

**High School Literary Society**

The first meeting of the E. H. S. Literary Society was held September 9. The meeting opened with singing "Flow Gently Sweet Afton." Then Lewis Beam was appointed critic and Edith Ohler, William Morrison, and Samuel Keilholtz judges for the debate, which was resolved, that drink is a greater destructive power than war. After lengthy and spirited debate the society agreed that drink was in fact more destructive than war. The society also chose Longfellow as the societies' patron poet and 'The Village Blacksmith' as the societies' poem.

**Emmitsburgers Under Suspicion**

A saloon in Cascade was entered and robbed of \$30 of whiskey. The discovery of the loss initiated a search, which found, according to the Waynesboro Herald, two young Emmitsburg men in the woods near the saloon. They were under the influence of liquor and the owner was so certain that they were the thieves that he warranted further arrest. By the time constable returned to the scene with him they had disappeared.



The old Toll Gate House just South of Emmitsburg on Frederick Road.

**Flying Machine Coming**

Professor Perriot and his wonderful aircraft "Skyscraper" will appear here in two sensational flights with the Wheeler Big Shows, which will exhibit here on September 27. Many other new and exclusive features have been added this season, including Wheeler's Dancing Horses, Educated Ponies, Dogs and Mules, World's Greatest High School Horses, Marvelous Troops of Acrobats and Aerialist, and a host of happy, mirth provoking clowns. Also enjoy a tremendous free spectacular street parade at noon.

**September 23**

**Crapster Barn Burned**

A large barn on William Crapster's farm, tenanted by Mr. Hall, 5 miles from here, was totally destroyed in a fire on Saturday night. Four horses, this year's wheat, rye oats and hay crops and farming implements were also destroyed. Some 24 years ago the bar in this property was struck by lightning and again on July 11, 1889 it was struck and burned to the ground, killing two men Charles Harner and Denton Reilander by lightning.

**Fair View Farm**

One of the prettiest and kept-up farm properties in this neighborhood is "Fair View Farm," home of Mr. and Mrs. George Miller, near Emmitsburg on Bruceville Road. The Miller's named the property "Fair View Farm" when they brought it several years ago.

**September 30**

**Bernard Butler Shot on Street**

On Saturday morning between 12 and one o'clock Bernard Butler was shot by Mr. Joseph Elder in front of Dr. Jamison's office on West Main St. Butler had attended a dance given at Spangler's Hall and caused some disorder at the place. Dr. Jamison was driving up the Pike and noticed a fight. He asked the people involved to stop. Butler, it was said, was very impertinent at the time. Elder, who was near there at the time, got in with Dr. Jamison and drove to the stable. He and a doctor were coming from the stable when they were again accosted by Butler and his companions, who when ordered to move on, came towards Elder and was shot.

It appeared that none of the shots had taken effect as Butler and his companions walked off uptown, where he then collapsed in front of Dr. Stone's office. All four bullets had in fact struck him. He was taken from Dr. Stone's office to the Beauty House, and the next day removed to St. Joseph's Hospital in Baltimore. His condition was not considered critical. The next morning Mr. Elder reported to Squire Shuff and was held under \$500 bond, which was furnished by Dr. Jamison.

To read past editions of 100 Year Ago This Month visit the Historical Societies' Section of Emmitsburg.net.

## THE EMMITSBURG ANTIQUE MALL

**OVER 120 BOOTHS**

Enjoy the memories of the eras gone by as you stroll through our 34,000 square feet of antique furniture, linens, quilts, primitives, glassware, china, toys, tools, collectibles and more!

The Emmitsburg Antique Mall, located in the heart of Historic Emmitsburg, is the largest, cleanest and friendliest antique mall in the Gettysburg/Emmitsburg area!

Located in the heart of  
Historic Emmitsburg, MD

Open 7 Days 10:00 am to 5:00 pm

### 301-447-6471

**Carpeted  
Air Conditioned  
Ample Free Parking  
Buses Welcome  
Handicap Accessible**



## GOVERNMENT—NORTH OF THE MASON-DIXON LINE

# From the Desk of County Commissioner Snyder

Remember the deep snow banks and the 90 + degrees for weeks? Well, Fall is on the way and how quick we forget the past. Well, the election season is nearing. In Pennsylvania we will be electing a United States Senator and a U. S. House of Representative member to represent Adams County. In the state of Pennsylvania we will be electing A new Governor, Lt. Governor, and Adams County will be electing two State Representatives.

This country and the world are going through some of the most difficult economic times since the great depression. The issues that need to be dealt with are do we continue to create more debt, raise taxes, or provide services with the money we have? How do we resolve the pension issue here in Pennsylvania? What about high unemployment rate? These are all issues facing the new or re-elected officials in the next few years. So listen and talk to these individuals about your con-

cerns and how will THEY address these issues. With that said, November 2nd is Election Day and it will be very important to elect the person you feel most comfortable to represent you and all the people in this State and County.

One issue that comes to my mind that I did not mention which has been on everyone's radar has been Property Tax Relief. We have been talking about it for many years. People want tax relief through a menu of local tax options; counties and municipal governments want to provide tax relief with flexibility in structuring taxes to meet the economic and demographic needs of local communities. The majority of state lawmakers are interested in providing property tax relief to their constituents. The public is ready for a change in local taxation. They have spoken repeatedly against real estate taxes that continue to rise disproportionately

ly to their ability to pay. And recent county reassessments have drawn renewed interest in the real estate tax. Local communities should have options – a menu of taxes that counties individually or regionally can choose to levy based on their unique location, economic climate and types of taxpayers. Adams County has numerous properties that are tax exempt. A sales tax is a great alternative for Adams County because they have a great deal of tourism. If Adams County could collect one cent on the dollar in sales tax it would be able to decrease taxes on property owners. I would encourage you to discuss this issue with all candidates from the Governor candidates to Local House Representatives or anyone who represents these candidates. Ask them what their plans are to address this issue and let them know you no longer want to hear excuses or finger pointing, you want to see results!

If you do not know, County Governments only source of revenue to pay for services is the Real Estate Tax. Counties throughout the state have been lobbying the State of Pennsylvania to amend the county code to allow for a menu of options to shift the burden off real estate taxes to sales tax, income or some other sources to generate revenue to operate County Government.

I hear it said quite often that there is no need for local township or borough officials and the efficiency or inefficiency of local government. Township and boroughs for a number of years have been sharing resources and doing regional planning to be more efficient and still keep their identities. The local elected officials are the closest government to the people.

The Township supervisors and borough council persons are responsible for the health, safety and welfare of each municipality. Sometimes local officials do shrug their

responsibilities and depend on other governments to assume the obligations of local government.

The elected supervisors and borough council also live in the municipality to enjoy the benefits and suffer the consequences of his or her decisions in implementing the policies and procedures of the municipality; as well as the school boards in each school district.

I know south of the border County Government has the responsibilities for most services that county, local and school officials do north of the border, but I have not seen any study that shows any cost savings. So for now this will remain the type of government in Pennsylvania.

By the time you read this article all schools will be back in session, respect those children in your travels. Keep safety in mind at all times!

Remember to exercise your right and vote on November 2nd, Election Day!

# From the Desk of Carroll Valley Mayor Ron

The National Night Out event held at Carroll Valley Commons was a success. The purpose was to strengthen the relationship between the citizens and first responders. Over 400 adults and children were in attendance. The Good Samaritan Lodge #336, Free and Accepted Masons of Pennsylvania of Gettysburg fingerprinted and videoed 79 children as part of the Child Identification Program. Thanks to the Masons and all the agencies who participated in the event. Special thanks to Jo Ann Myers, Chief Richard L. Hileman II, Amanda Bell and the Carroll Valley Municipal Services.

Reassessment is definitely the heated topic of our local area and throughout Adams County. Our Borough Manager, Dave Hazlett, and I made arrangements with the Chief Assessor's office to meet with 21st Century Appraisals representatives. The purpose of the meeting was to discuss our concerns with the assessed values in Carroll Valley. The result was to request that the Assessors utilize all information already available to them such as on-site sewage testing history. We were told that this would be accomplished; however, we have not been informed of any changes made.

The Borough is in the same position as our property owners. The Borough owns over 200 properties. Most of them have been donated to the Borough. Half of these properties are tax exempt. However, the Borough pays approximately \$11,000 in property taxes that are not exempt. Based on the reassessment, the Borough is now facing a tax bill of \$70,000. This would definitely have an impact on Carroll Valley taxpayers. Following the formal appeal process, the Borough has filed over 97 individual appeals.

At the same time, the Borough is also requesting tax exempt status for these same parcels of land.

To give you some idea of the workload the reassessment has had on the Borough Office, over 750 phone calls have been answered and over 500 reassessment Open Record Requests have been processed. And to better serve our property owners, the Open Record fees normally charged were waived. If you are interested in seeing what questions were asked and the information provided, go to [www.carrollvalley.org](http://www.carrollvalley.org) and click on FAQs on the home page.

Congratulations to James Stratton for being awarded the highest honor a Boy Scout can achieve in Scouting with the rank of Eagle. James is the son of David and Monica Stratton of Fairfield and a member of Troop 76 since 2003. To earn the Eagle Scout, James had to progress through each of the Scouting ranks and complete a minimum of 21 merit badges, of which 11 are required. In addition, he had to be active in

the troop and patrol, demonstrate spirit by living the Scout Oath and Scout Law in his everyday life, serve in a leadership position for at least 6 months as a Life Scout, complete a community service project, take part in a Scoutmaster conference, and pass a Council Eagle Scout Board of Review. All requirements had to be completed before James' 18th birthday. James' community service project entailed raising funds for the project, gathering a team of Scouts, and purchasing and assembling basketball backboards for St. John's Lutheran Church in Fairfield.

I have received a number of telephones and emails regarding cell phone service in our area. On August 23rd T-Mobile has been added to our list of wireless companies serving the community. To date, we have AT&T on two towers (Fairfield & Steelman Marker Road); Sprint on two towers (Ski Liberty & Jacks Mountain); T-Mobile on two

towers (Fairfield & Steelman Marker Road), Nextel on one tower (Fairfield) and Verizon on one tower (Jacks Mountain).

Over 60 people filled out the Bus Extension Survey in a two week period. While the results of are being analyzing, I would like to share some highlights of the information gathered. Most of the people use their automobiles to travel. Almost half of the people arrive at their destination between 9:00 and 10 am. People travel for transportation either to go to work or shop. After that, it is for medical appointments or visiting friends or family. The majority of the respondents indicated that they would use the bus service if it was available in their area.

How to use the bus service and cost were the major concerns for those who wanted to use the

bus service. The majority of the people thought \$2.00 one way was fair with seniors 65+ riding free. Few people were interested in a ride-sharing program. The next step in the process is to analyze all of the responses and to discuss the results with Adams County Transit Authority. Wish to thank all who participated.

The Borough has experienced two underage alcohol incidents that resulted in approximately 25 people being cited. Both cases involved parents who were on vacation and the kids taking advantage of the situation. Chief Hileman advises "If you are leaving your kids at home alone, have someone check on them every night." In the words of President Ronald Reagan, "Trust but Verify!" If you see something suspicious occurring in your neighborhood, please do not hesitate to call 911.

**MELISSA M. WETZEL, CPA, P.C.**  
*Certified Public Accountant*



Individual and Business  
 Tax Returns Consulting  
 Payroll Services, Notary

**301-447-3797**  
 Fax: 301-447-3755

301 West Main Street • P.O. Box 990 • Emmitsburg, MD 21727-0990

*Law Office Of*  
**Andrew A. Quinn** 

• Business • Real Estate • Estate Planning  
 • Land Use/Zoning • Equine Law

4 York St., Unit 4, Taneytown, MD 21787  
 Ph: 410-756-1404 Fax: 443-927-8924

[aquinn@quinn-legal.com](mailto:aquinn@quinn-legal.com) [www.Quinn-Legal.com](http://www.Quinn-Legal.com)

Licensed Insured

**REAVERS WOODWORKING INC.**

*Quality Hand-Crafted  
 Cabinets/Furniture*

**Brian P. Reaver, Sr.**

Shop: 301-447-3386  
 Fax: 301-447-1750



Kitchens, Armoires  
 Hutches, China Cupboards  
 Computer Stations  
 Entertainment Centers  
 Fireplace Mantels  
 Vanities, Gun Cabinets  
 Children's Furniture  
 Corner Cabinets, Bookcases  
 Dressers, End Tables... etc.

Visit us online at: [www.emmitsburg.net/woodworking](http://www.emmitsburg.net/woodworking)



# GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

## From the Desk of County Commissioner Gardner

It's an election year! As usual, the candidates are out and about promoting their platforms, attending events and candidate forums, and working to advance their message. Some folks call election season "silly season" due to candidates making outrageous and unrealistic claims, targeting their opponents with negative ads, and a lot of blustery rhetoric. If only it were so simple to solve the complex problems we face through "common sense". This election season is shaping up to be an exceptional "silly season".

The election for Frederick County Commissioner has focused on a few hot topics – budget and taxes, jobs, and growth. Only two incumbents, Commissioners Kai Hagen and David Gray, are running for re-election. Most of the candidates are "new" on the scene and unfamiliar to most voters. There are a few exceptions like Bob White, who has served on the county planning commission for several terms and has been actively involved in the community, and Ellis Burruss, who has served on many committees in Brunswick including Economic Development and the planning commission. These candidates have already demonstrated their commitment to Frederick County and have knowledge of the county and the community. Unfortunately, much of the election conversation and debate is rhetoric and lacking in factual information or knowledge of county government.

### Budget and Taxes

There is a need to set the record straight on the county budget. Several candidates, including Kirby Delauter, Blaine Young, and Billy Shreve are falsely claiming that the current county commis-

sioners have been spending money they don't have, recklessly hiring new employees and operating with a budget deficit. Nothing could be further from the truth. The County Commissioners have responsibly managed the county budget by focusing on providing essential services while reducing the county budget by over 9% over the past two years. The County has had a hiring freeze in place for over two years and has reduced the county workforce by 8%. Frederick County has also achieved an increase in the county bond rating moving up to AAA bond rating from Fitch. The upgrade in the bond rating is in recognition of the fiscally responsible and conservative budgeting of the county commissioners. Due to the hard work of Commissioner David Gray, Commissioner Kai Hagen, myself, and county division directors, the county budget has been trimmed through many hours of focused effort. The resulting budget ensures excellent schools, a safe community, maintained roads and bridges, wonderful parks and libraries and the future prosperity of the County. The county has not raised taxes and has lived within its means. Any candidate who suggests that the county does not have a balanced budget is simply not being truthful. Avoid candidates who spew rhetoric and offer no specific suggestions or solutions. Empty promises and inaccurate information and ranting radio ads should never win an election.

### Jobs and Economic Development

The entire country is experiencing the impacts of an economic recession. Frederick County has certainly experienced the impact of

the economic downturn but has weathered the storm much better than most of the country. Frederick County's unemployment rate in June of 2010 is 6.5% compared with 7.4% in the State of Maryland and over 9.0% in the country. While the unemployment rate is higher than it was a few years ago, the unemployment rate has improved in recent months. From 2005 to 2009, Frederick County has been the 6<sup>th</sup> highest number of new jobs created among counties in Maryland. Frederick County is one of only ten counties in Maryland that has experienced positive job growth over this period of time. Frederick County is targeting new job growth in biosciences, technology, IT, manufacturing, agriculture, and in renewable/green technologies. The County is focused on small business because 98% of the businesses in Frederick County have fewer than 100 employees. To support business, the county offers redevelopment tax credit programs to fill vacant space, supports five Maryland Main Street programs, offers a variety of support for small businesses through the Small Business Development Center, and supports emerging start-ups through the Frederick Innovative Technology Center Inc, Frederick County's business incubator. Over 200 direct new jobs have been created through the business incubator. The County has also benefited with new jobs from the expansion at Fort Detrick and has actively participated in the MD State BRAC Action Plan. We have new business construction underway in Urbana with the new Banner Life Insurance headquarters, the new National Cancer Institute / SAIC building at Riverside Corporate Research Park, and an ap-

proved office and research center off of MD 85 in Westview South. While there have been some job losses, there has actually been net job growth in Frederick County. Frederick County is open for business.

(I also want to correct the inaccurate statements made by several candidate who stated that Citigroup had laid off 900 employees. This is not true. Only 38 employees are being laid off. All other employees are being offered the opportunity to work from home or are transferring to another office.)

### Growth

The County Commissioners recently adopted a new County Comprehensive Plan that provides adequate zoning to accommodate residential and commercial growth over the next 20 years. There are over 17,000 housing units in the current housing pipeline. Over 4,000 lots currently have all approvals and could pull a permit if there was a buyer for the house. This inventory will take many, many years to absorb. There are over 2,000 acres of vacant zoned land for business development which will accommodate future business growth. This plan focuses growth in traditional growth areas and protects our agricultural business viability, our cultural and historic assets, and complies with state growth guidelines so the county will qualify for state funding for schools, roads, and agricultural preservation. Some candidates have pledged to overturn this plan, over zone the county thus shifting huge tax burdens to county residents, overcrowd our schools, congest our roads, and ruin the county's quality of life.

These candidates are receiving contributions and support from special interest groups that do not have the interest of the average resident in mind. Some candidates have suggested that the county comprehensive plan included numerous unfair down zonings when in reality the majority of the changes, over 90%, were to reflect the changes in the 100 year flood plan or to reflect changes in reality such as the inability to provide water and sewer or needed road improvements. Voters beware of candidates who wish to return to the day of special interests running the county.

### Be an Educated Voter

In conclusion, I encourage people to vote in the upcoming primary and to be educated voters. Read the candidate web pages for substantive ideas and solutions not just vapid rhetoric; listen to their words and their ability to effectively communicate; evaluate their ability to interact professionally and represent the county's best interest with the bond rating agencies in New York City or with the state legislators in Annapolis and others outside the county. Do you think the candidate will be able to behave well, speak articulately and sell the county to large businesses who may be interested in re-locating to Frederick County? There are some well qualified people in the race for county commissioner, including incumbents Kai Hagen and David Gray, new candidates Bob White, Linda Norris, Ellis Burruss, and Janice Willes. There are some totally unprepared and ranting candidates spreading fear, anxiety and misinformation. I will leave it up to the readers to figure out who they are. Actions do speak louder than rhetoric!

## From the Desk of Town Council President Chris Staiger

Well, election season is upon us. I want to thank the Emmitsburg Business and Professional Association for organizing a Candidates' Forum at the Carriage House Inn on August 25. The event drew more than fifteen county commission candidates to town for a lively and informative evening. Attendance by the public was good and I hope that we can rebroadcast the event on Channel 99. I learned a lot about the candidates and am curious to see who will survive the first cut – the September 14 primaries. Our town

elections will follow soon after on Tuesday, September 28, with two sitting commissioners and two challengers running for election.

As you might expect, some main issues at the county candidates' forum were income versus expenditures, residential and commercial development, and the burden of government on business. I think these have been common themes at a county and municipal level for more than the last four years but have become even more pressing in today's uncertain economic environment. Those competing in the

Town's election will need to be able to address these issues in our local setting. What impact will weak economic conditions have on our budget (which is on track to shrink for the THIRD year in a row)? How do we balance pressures for residential or commercial development with our limited resources? Can we get on track to actively promote commercial development and reduce the subtle accusation that the town office is unfriendly to business?

That being said, the most important day to day responsibility of a commissioner is to actually listen to constituents and try to help solve any issues when they arise. In our small community, this should be an attainable goal. A commissioner should be your advocate to the town office. Too many of us have a sour feeling when dealing with the town government. While we need to realize that the Town's employees do genuinely want to help with your inquiries, it is important to understand that they are required to follow the "rules" such as they are. But those of us

serving as commissioners are in charge of making those rules. We need to be attentive to their implementation and impact.

The commissioners act as a body to make those big picture decisions such as approving tax rates, water and sewer user fees, budgets, etc. We've been lucky to have relatively quiet times lately to conduct our business – with little conflict or confrontation such as the development battles of the not so distant past. That being said, I guess the question is what role should a commissioner play as an individual? What are their interests and goals? In some way there needs to be a division of labor within the team as different commissioners follow their individual priorities and interests. We've seen that these can vary from planning issues and development ordinances, to quality of life issues such as park facilities and trails, to how to better integrate citizen input through a new committee. Each

of these areas contributes to improving our community and relies on input and oversight by individual commissioners.

So please take an interest in the Tuesday, September 28, Emmitsburg election. Who you elect will have an impact on tax and spending proposals reflected in those quarterly or property tax bills we all love to see. Commissioners have the authority and the responsibility to improve the responsiveness of Town Government. In the absence of a strong, five person Board of Commissioners (where the agreement of three is required at a minimum) decisions tend to default to just ONE person – the Mayor, who is in charge of the day to day administration of the Town. A Board that just rubber stamps the proposals brought before it isn't one that serves the needs of the community. Please take the time to vote.

See page 35 for more information on the candidates for the Town Council.

**PATRICK ARENTZ GENERAL SERVICES**

- Spring & Yard Clean-ups • Lawn & Field Mowing
- Tree & Shrub Trimming • Hauling Junk and Debris
- Firewood, Mulch & Topsoil Sales & Delivery
- Light Excavation & Backhoe Service
- Lots Cleared & New Lawns Installed

www.arentzs.com  
**717-642-6802**



## COMMENTARY

# Words from Winterbilt

## Are Americans Spoiled?

Shannon Bohrer

My mother often said the problem with America is that Americans are spoiled. She said that if America was discovered today, only the east coast would be populated because Americans won't walk anywhere. Of course life was harder for most of our short history and only in the 20th century have we enjoyed the modern conveniences of indoor plumbing, central heating and motor vehicles. People used to walk everywhere, now they drive to a gym to use a treadmill. Many people use a riding lawn mower and then walk for exercise...

Are Americans spoiled? I am inclined to agree with the idea that we are spoiled in some ways. It seems that we don't have any patience. If we want something we buy it, and if we don't have the money, we just charge it. If something breaks we don't get it fixed, we replace it. We, as a group and not necessarily as individuals, believe that every problem has a solution. And adding to our misunderstanding is the idea that all we need is money to solve our problems. Hubris, isn't it? Of course

this is the same model that our government has used for over 30 years. If a problem does exist, or at least what we perceive as a problem, with enough money the problem can be solved! And, if the government does not have the money - they just borrow it. A problem with this is that the government does not have a credit card; they just borrow the money and only pay on the interest. I do find it interesting that so many people are currently very interested and vocal about our debt, as if the debt just occurred. Our national debt has been building for over 30 years, but we are just seeing this? "Under democracy one party always devotes its chief energies to trying to prove that the other party is unfit to rule - and both commonly succeed, and are right."

--H.L. Mencken

Maybe, just maybe Americans and their government are afflicted with the illness of Lackoflongrangeview. Lackoflongrangeview is a technical word meaning individual(s) that are short sighted and have a lack of a long range view. Individuals that are afflicted with this illness often display a lack of patience

and are spoiled. Their view of the future is measured in minutes and hours, and their long range view is in days and weeks. What is unknown is how one catches Lackoflongrangeview. Does the government catch it from the citizens, or do the citizens catch it from the government?

Many of you have probably heard the story of placing a frog in water. If you place a frog in hot water, it will jump out before it succumbs to the heat. However, if you place the frog in tepid water and turn the heat on low, the frog will stay put, and well, you know, it won't make it. Maybe this is analogous to us being spoiled; maybe we have been cooking so long we did not realize the heat was turned on.

Another symptom of our illness of Lackoflongrangeview is the idea that after 30 years of spending more than we made, both government and individuals, we somehow think our little recession should be over soon! For over 30 years we have been driving a truck downhill, not paying attention to the gas needle, the brakes, the tires or any maintenance whatsoever. After all, if the truck broke down we just bought a new one. If the

old one was not paid for, we just financed more on the new one. Thirty years later we are at the bottom of the hill, in a ditch with a truck that is worth less than we owe on it. The truck needs maintenance, tires and gas and we don't have any money, and we want the recession to end. And we want it to end soon.... The problem is that we think it can end soon!

Adding to the confusion about the financial problems, at least from my perspective, is that for us to get out of the recession, we are told we need to spend more. I am not an economist and I don't play one on television - but I think one reason that we are in a recession is that we SPENT MORE THAN WE MADE. I find it difficult to understand that our economy is measured by how much we spend, rather than how much we make. In fact one could make an argument that we are in a recession because we spent too much, too much being more than we (both the government and citizens) have, or had. It does make you wonder, who came up with the idea that our economy should be based on how much we spend? I would guess that the idea was influenced by big businesses that sell a lot of stuff.

On any given weekend you can drive around and observe that our society has an excess of things (stuff) of which are offered for sale. They are called yard sales, antique malls and junk/swap shops. Do you ever wonder why we have such an excess of stuff. Maybe, just maybe, it's because we bought too much stuff and don't have any room to store it. Have you noticed that one of the biggest growth industries in the last 20 years is self storage units? If a law was made that all self storage units had to close, maybe half the population would have a yard sale because they had no room for all their stuff. Of course no one could buy the stuff because they would have no place to put it.

Here we are at the bottom of the hill, with our truck in a ditch and in need of repair. We want it fixed and we want it fixed soon. Then we can travel to the mall at the top of the hill to spend money we don't have. Yes, I think we are spoiled. Of course we could change how we measure the economy. If we had some creative economist that could base the economy on the number of yard sales, maybe the recession would end sooner...or maybe not.

To read past Words for Winterbilt columns visit the Authors' Section of [Emmitsburg.net](http://Emmitsburg.net)

# Hard Headed Philosophy

## The Misuse of language as dangerous to the soul

Dr. Christopher Anadale

Science fiction author Ursula K. LeGuin, accepting a literary award in 2006, quoted Socrates: "The misuse of language induces evil in the soul." This is an intriguing statement, one worth examining.

Everyone who took intro to philosophy probably remembers that Socrates was executed by his fellow Athenians in 399 BC, sentenced to drink hemlock for the crime of corrupting the youth. Plato, in his dialogue *Phaedo*, describes his master's death in moving detail: his noble spirit, discussing the nature of the soul right up until the fatal cup is brought, his calmness as he drinks the poison. Socrates rebukes his friends for their weeping, reassures them that death is nothing to fear, and exhorts them to live lives of virtue.

LeGuin's quotation comes from this death scene, where Socrates explains why he believes his soul will survive his bodily death. Recently, a friend and I discussed different ways translators have rendered this line from the Greek. LeGuin's quotation captures part of Plato's meaning: "The misuse of language induces evil in the soul." But consider two other versions. A famous nineteenth

century scholar gives: "For false words are not only evil in themselves, but they infect the soul with evil." And a more recent translation reads: "To express oneself badly is not only faulty as far as the language goes, but does some harm to the soul."

These two versions convey an idea missing from LeGuin's quote. Plato seems to say that misusing language is bad in two ways: it is bad in itself, or linguistically, and it is bad for the character of the speaker; it makes him a worse person.

My friend suggested a more literal translation: "Not to speak well (correctly) is not only discordant regarding the thing itself, but introduces some evil into the soul." Plato very deliberately contrasts goodness in speech with evil in the soul. More importantly, the first problem with speaking badly is that it is "discordant"—jarring, dissonant, out of harmony—with the thing itself.

What exactly does bad speech clash with? Not the rules of language, but *reality itself*. Plato is not just warning us against misusing language in the sense of bad grammar or syntax. Speaking badly also includes saying untruths, telling lies, creating a conflict between speech and reality, between what

is said and what *is*. To speak badly in this sense is to sound a false note in the music of creation. It is to put yourself out of tune with the way things are.

This idea of discord, disharmony, striking a wrong note, is a very important part of Plato's worldview. Good speech, like good ethical behavior, participates in the harmony of a larger objective order. Our decisions place us in sync with reality, or at odds with it.

In his excellent short book *Abuse of Language, Abuse of Power*, the German philosopher Josef Pieper observes that we use language for two purposes: to describe reality and to communicate with other people. Each function implies the other. When we describe how things are, we describe them to or for somebody else. And when we communicate with others, we try to tell them something about reality: what else could we talk about?

The liar, misusing language, violates both purposes speech. He fails to describe reality as it is, and at the same time he corrupts his relationship with his listener. To lie is to withhold some part of reality from the other person, to prevent him from participating in something by knowing it. And talk that fails to communicate becomes monologue, or worse, manipulation.

The background for these observations about language and reality is Plato's critique of his rivals, the sophists. Sophists were teachers who travelled around ancient Greece, getting rich by claiming to sell wisdom. Of course, what they sold was not wisdom at all, but only skill with words. The sophists sold success: for the right price, they said, you can learn how to use words to gain power and money in the political assembly. You can convince the courts to give you a share of your neighbor's property, whether you deserve it or not. Socrates and Plato fought to define philosophy against this brazen quest for success at all costs.

The Greek sophists were the first nihilists, teaching that there is no such thing as truth. Or better: teaching that we can and should speak without regard to truth. The sophist is interested in reality only as a topic for impressive speeches. What you say does not matter; the only important thing is how you say it.

This concern for verbal skill is never neutral, though it might claim to be. By severing speech from reality, the sophist makes truth an optional add-in. "I will teach you how to speak well," he might say, "and you can decide whether to speak truths or lies." The difficulty

here is that attempting to speak as though reality has no claim on me corrupts my relationships with the world and with other people. It degrades my humanity and damages my soul, as Plato would say.

Sophistical speech always has an ulterior motive: when it does not aim at communicating the truth of something to another person, speech must be directed to some other goal, a goal of the speaker's choosing. When it abandons communication, speech becomes manipulation, and the relationship of solidarity between speaker and audience, as co-seekers of truth, is fundamentally compromised. Pieper ends his essay by invoking one of the ideals of our civilization: "free interpersonal communication anchored in the truth of reality—the reality of the world around us, the reality of ourselves, and the reality of God as well."

This brings us back to LeGuin's point in her award speech. "Evil government relies on deliberate misuse of language. Because literary skill is the rigorous use of language in the pursuit of truth, the habit of literature, of serious reading, is the best defense against believing the half-truths of ideologues and the lies of demagogues." The abusers of language are our modern sophists: unscrupulous marketers, lawyers, politicians, those who push content-free slogans in place of genuine communication about the world. Now, as ever, the misuse of language is wrong in itself, and also does some harm to the soul.



THE VILLAGE IDIOT

# 'Tis the season of the liars

Jack Deatherage, Jr.

Tis the season of the liars.  
Fool 'em all, fool 'em all,  
Fa la la la, la la la la

Let the election campaign season begin!

Incumbents are suddenly bragging about all they've done for me (I hear their words as "to me"). Their opponents, often with nothing to stand on, start out telling me what they can do for me (I hear "to me") and end up telling me how horrible the incumbent is and how they'll be so much better once I help put them into an office, like I haven't heard that election year after election year. Supporters of all candidates will soon be telling me how brilliant I am for considering their favorite (that changes to "what an idiot you are" after they find out I voted for that "other one"). Half-truths, lies by omission and outright lies are the order of the next few months.

Billions of dollars (collectively) are being raised by candidates while each accuses the other of being in the pockets of Big Business, or Special Interests. (For some odd reason I've never voted for anyone because of the amount of money they raised, or because of the ads they were able to run).

Campaign signs spring like inedible, grotesque mushrooms along roadways and in yards. Campaign ads begin playing on the radio and television. Newspaper letters-to-the-editor sections fill with apologist's prose proclaiming each campaigner's qualities, while election guides appear to help the confounded voters figure out who's a D or an R. Some candidates will fill pages with their reasons for wanting to join the parasitical (excuse me) the political class while others will robo-call our phone number until I don't even bother to listen to the messages on the answering machine. My mail box will soon be

half full of campaign brochures, a welcome relief from mass market ads and credit card applications (I'll toss the brochures unread and unshred, as opposed to the CC applications that are also unread, but have to be shredded.) And the most politically unaware voters are nudged into wakefulness, barely.

The first election of this season is the one I'll agonize over. As a party line voter, the primary is my only chance to select the people I think will do the best job for me. That requires my putting some effort into learning the backgrounds of each person seeking my vote. The radio is my "every day" resource; local and national "talk radio" programs. (There is a federal government employee radio station that is an eye opener, who'd have guessed there are so many federal employees that they need their own radio station)? Searchable on-line versions of newspapers come in handy to check what I hear on the radio.

I used to attend "meet the candidates" events, but learned quickly that I simply don't like politicians. More to the point, I don't like people when they shift into political mode. The plasticity of their political being disgusts me. I want to yell at them, "Be who you are! Not who you think I want you to be!" i.e., a Republican candidate showed up at a conservation club event wearing a suit topped with a white cowboy hat and finished with a pair of brand new cowboy boots. A well-known and respected Democrat whispered to him that his get up was appropriate "with this crowd." (I've not seen a club member wearing cowboy anything in the years I've been a member). Having already dismissed the Republican as a condescending poser, I followed the Democrat around and got an education in how the political class thinks of the voters, or at least how they talk among themselves about us.

Another source I listen to are people I respect who actually have a use for politicians. People who have to deal with the elected on a regular basis. Oddly, I get information that is as useful from people who tend to vote opposite my own choices.

While I made up my mind about some candidates months ago I'm still struggling with many of the names I'm not familiar with. I'm hoping the pages the editor added to this month's ENJ, for candidate rhetoric, aren't filled with the usual "blah blah blah". Even if they are, I'll get some hint of the person seeking my vote. I have no expectation of finding even one candidate I want to vote for. Hopefully, reading the words of the seekers themselves will give me some clue as to who and what they are.

The general election will be a walk through, though the retching I'll do after casting my ballot is seldom pleasant.

To read past editions of *The Village Idiot*, visit the Author's Section of [Emmitsburg.net](http://Emmitsburg.net).

## Pure Onsense

### To vote or not to vote

Scott Zuke

A new election cycle means it's time to roll out the old standby public service announcements of why everyone should vote and how they may become informed voters. However, this is not that announcement. Instead, I'd like to discuss when it's okay not to vote, and why it seems being an informed voter is hopelessly difficult.

First, let's talk about voter apathy and the conventional knowledge that says it's on the rise. Being in my early 20s I am keenly aware of

this argument, as my generation is a popular target for accusations of laziness and is subjected to condescending campaigns such as Vote Or Die. Undergraduate students at typical liberal arts institutions know that every lifestyle under the sun may be tolerated and celebrated there, but to choose not to vote is a sin worthy of the strongest scorn from one's peers.

However, if there's ever a time in one's span of voting age when casting the ballot is not particularly important, isn't it college? Most students are away

from their voting districts, cut off from local political issues. Few earn enough to be paying taxes. Basic needs are covered, and most other problems can be addressed internally within the school. In short, college students have little at stake in most elections. Many young adults are in a similar position, just beginning their life in the community and not yet fully invested in its political workings.

Rather than to laziness, much of voter apathy, regardless of age group or socio-economic standing, can probably be attributed to many of those citizens being content with the political status quo. If you can live your life to your satisfaction, without running into roadblocks that only government is able to address, then why interfere with a system that is already working for you? The old "If it ain't broke, don't fix it" philosophy.

To consciously choose not to vote itself constitutes a vote in favor of maintaining the system as is. The only time there is a problem with someone not voting then, is if they have cause to complain about their political situation and still fail to exercise their voting right. But how frequently does this really occur? When things get bad enough on a wide level, voter turnout rises, indicating that voter apathy is perhaps a self-correcting mechanism of our democratic system. The 2008 presidential election, for example, had the largest turnout of eligible voters since the 1960s. The fact that everyone is able and entitled to vote is really more important than whether or not they actually do.

One might argue, however, that more people would vote if they realized the extent to which bad government policies either are affecting them now without their knowledge or will harm them in

the future. Thus we come to the issue of uninformed voters.

We count our votes as precious, delicate things, into which we put a great amount of effort to solidify and defend our whole political philosophy. But because it is still just one vote amid a multitude, we fear that it will be nullified by someone making their decision casually or based on irrelevant factors. How does one place a value on the quality of a vote, though, when there are so many things we consider about a candidate before arriving at it? I can think of five such factors just starting with the letter 'p': Personality, Party platform, Promises, Past experience, and Principles. How does one order and balance these things against each other? How can we judge how other voters do so for themselves? And how many of these things can be believed when looking through the fog of campaign year strategizing anyway?

If being an informed voter means knowing exactly what you'll get if your candidate is elected, I would submit that those citizens who automatically vote for incumbents while ignoring election year campaigning are, ironically, the only informed voters out there, for they're the only ones who have a reasonable basis for their expectations. Every other candidate is as good as a wildcard, since campaign promises and platforms are usually worthless. If we find ourselves disappointed because a winning candidate fails to follow through on a campaign promise, it's likely less the fault of the candidate and more the fault of the voters for erroneously believing the promise was achievable in political reality. (President Obama's campaign promise to go through the federal budget "line by line" was always one that struck me as blatantly implausible, but he repeated it often anyway.)

What this all comes down to is that I have a slightly cynical suspicion that "get out the vote" movements often boil down to less noble goals than they proclaim. Putting on a facade of neutrality, they energize the youth vote, which doesn't have much personal stake in the election, in the hopes of harvesting votes for whatever side the movements are funded by or favor.

As for us, how often do we complain about uninformed voters and really just mean "voters who came to a different decision than we did"? That is, is this an observable trend, or is it just a dismissive and uncharitable way of grouping the roughly 50% of the electorate that supposedly chose wrong? Estimating the number of actual uninformed voters is like estimating how many "welfare queens" truly exist: we'll assume whatever number suits our argument, perhaps go to the trouble of citing anecdotal evidence, and then overemphasize their prevalence until all sight of reality is lost.

What I am left with after these considerations is an even simpler formulation of a public service announcement than those with which I started: be a responsible citizen. Responsible citizens will be aware of how certain levels of government do or do not impact their lifestyle, and if they have cause to do so, they will exercise their right to vote, letting their cause be their guide to finding the candidate best able to satisfy that need. If you are feeling such a cause, hopefully the following pages in this issue will help you get off to a good start in making your decisions.

To read past edition of *Pure Onsense* visit the Authors' Section of [Emmitsburg.net](http://Emmitsburg.net)

16-20 W. Main St. Emmitsburg, MD ♦ (301) 447-3689  
 Wed., Thu., Fri. 7:30 am – 9 pm; Sat. 6:30 am – 9 pm;  
 Sun. 7:30 – 11:30 am; Closed: Monday & Tuesday  
 Owners Terry Ryder & Doug Long

Serving Breakfast, Lunch & Dinner  
 Homemade Soups & Desserts – Beer, Wine & Cocktails  
 We Offer Daily Specials

**BRING THE KIDS IN!**  
**NOTHING EASES THE PAIN OF**  
**OF GOING BACK TO SCHOOL**  
**BETTER THAN A BIG DISH**  
**OF OUR DELICIOUS**  
**SOFT SERVE ICE CREAM!**

Back To School



## FROM THE PASTOR'S DESK

# Jesus – Who is He ?

**Pastor John Bartlett**  
**Calvary Berean Fellowship**  
**Emmitsburg, Maryland**

A majority of the world believes in God. The same majority also ascribes to many forms of religion. Religion is an interesting word. The word "religion" means "to re-link or reconnect". Religions are ways that people try to re-link or reconnect to God. Through many different forms of doing good deeds, fasting, taking part in religious ceremonies, sacrificing animals, and many other religious activities, people have done all they can to find ways to receive forgiveness from God.

Most of the world's major religions believe in sin and wronging God. Through things like fasting, alms-giving, pilgrimages, praying, and doing good deeds, people in these religions struggle daily to have peace with God. Christianity is the only "religion" where God reached out and demonstrated His love for mankind through His Son, Jesus Christ. He provided the way to "re-link or reconnect" to Himself through Jesus. By Jesus' perfect sacrifice on the cross, He paid the penalty for sin and has given the acceptable requirements demanded by God who is holy and just. Because this gift pleased God, the enemy of our souls, who is the Devil, has been busy blinding the eyes of people to this truth. He, the Devil, has done everything in his power to deceive people about who Jesus is.

The Bible, which is God's Word, gives us what we need to understand who Jesus is and what He has provided for us – eternal life. The Apostle Paul, who wrote to his son in the faith, told Timothy that all scripture is given by God for teaching us what we need to know (2 Timothy 3:16). As you study the scriptures, and hear and understand what they say, faith in God and the Lord Jesus will be the result (Romans 10:17). The Apostle John, when finishing his Gospel wrote, concerning the reason for his writing, "And truly Jesus did many other signs in the presence of His disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name." (John 20:30-31) John wanted the readers to know one thing, eternal life (heaven) was provided to anyone who would believe in Jesus as being the Christ.

C.S. Lewis once said, "A man who was merely a man and said the sort of things Jesus said would not be a great moral teacher. He would be a lunatic – on a level with the man who says he is a poached egg – or else he would be the Devil of Hell. You must make your choice. Either this man was, and is the Son of God, or else a madman or something worse. You can shut Him up for a fool, you can spit at Him and kill Him as a demon, or you can fall at His feet and call Him Lord and God. But let us not come away with any patronizing

nonsense about Him being a great human teacher. He has not left that open to us. He did not intend to." How true this statement is. However, many have still tried to redefine who He is today. They might present some truths about who Jesus is and add their little twists about His person. We must beware of people like that, and check out what they teach by comparing it to the Bible.

When Jesus was talking to His disciples one day, He asked them a very important question (Matthew 16:13-17). He asked them, "Who do men say that I, the Son of Man, am?" The disciples gave a number of answers from John the Baptist to one of the prophets. Jesus, knowing they would answer this way, then made the question personal and individual. He then asked them, "But who do you say that I am?" Peter, who received the correct answer from God, answered Jesus saying, "You are the Christ, the Son of the living God." Peter got it, he answered correctly and so have many people since. That question is still being asked today. That question, when answered correctly, produces a change in a person. C.S. Lewis stated the right response to the identity of Jesus, "fall at His feet and call Him Lord and God".

Just as people incorrectly defined who Jesus was during that time period, people today continue to say the same things. To them, Jesus is just a good moral teacher, a prophet, Michael the Archangel, a child pre-created from God and some mother goddess, another avatar, and the list goes on. The writer of the book of Hebrews (10:7) says about Jesus, "Then I said, 'Behold, I have come – in the volume of the Book it is written of Me – to do Your will, O God.'" The best place to go to learn about Jesus and to grow in the grace and knowledge of Him, is the scriptures – the Bible. What does the Bible say about Him?

Jesus is God's choice. In John 3:35, the Apostle John tells us concerning Jesus "The Father loves the Son, and has given all things into His hand." Again John says of Jesus in 1 John 4:14, "And we have seen and testify that the Father has sent the Son as Savior of the world." John, who walked with and was taught by Jesus, said that Jesus is the Savior of the world (people), not one among many.

If Jesus is rejected then God is rejected. Jesus tells us through John in John 5:22-23, "For the Father judges no one, but has committed all judgment to the Son, that all should honor the Son just as they honor the Father. He who does not honor the Son does not honor the Father who sent Him." John reaffirms Jesus' statement later in 1 John 2:23, "Whoever denies the Son does not have the Father either; he who acknowledges the Son has the Father also." Simply believing in God and trying to live a good life does nothing when it comes to Jesus. These verses, and many others, tell

us that God can be and is rejected, when Jesus is rejected. Some people who say they believe in Jesus actually reject him by the way they live. I heard someone once say, "The number one reason for atheism in the world today is Christians. They profess Christ on Sunday and then deny Him by their lifestyle the rest of the week – to an unbelieving world, that is unbelievable." How true!

Jesus is God. This was the main reason the religious leaders and teachers during Jesus' earthly ministry hated Him. As they listened to Jesus teach and talk, they heard the one thing that gave them the evidence they needed to have Him killed. They heard over and over again Jesus' statements about being equal to God or about being God Himself. Those claims are still being attacked today. Even though this truth is under attack, it still remains the same – Jesus is God. If He was not God, then He would have corrected His disciple Thomas' statement about who Jesus was. After the resurrection, Jesus appeared to the disciples, and specifically Thomas. Thomas was in doubt about Jesus' resurrection from the grave. He said that he would have to see evidence that Jesus was really alive after being told by the other disciples that He was. When Thomas saw Jesus and then the wounds Jesus received during His time on the cross, Thomas stated to Jesus, "My Lord and my God!" (John 20:28). Thomas knew who Jesus was – God. Jesus stated that Thomas was blessed for his answer and we too will be blessed when we answer in the same way, "My Lord and my God".

Jesus is the only One who can forgive sin. When Jesus was preparing to go back to heaven, He gathered His disciples together and instructed them on what to do. He said to them in Luke 24:46-47, "Thus it is written, and thus it was necessary for the Christ to suffer and to rise from the dead the third day, and that re-

pentance and remission of sins should be preached in His name to all nations, beginning at Jerusalem". The Apostle Peter, just a few days later, stated in Acts 4:12, "Nor is there salvation in any other, for there is no other name under heaven given among men by which we must be saved." Jesus made it clear that remission, or the release from sin(s), is to be preached in His name. Peter also clearly tells us that no one else can forgive our sins but Jesus.

Jesus – who is He? He is God's choice, He is God, He is the only One that can forgive sin, and ultimately if rejected, God then is rejected. Knowing who He is and what He has said is of the utmost importance. That question He asked His disciples long ago is being asked today, "But who do you say that I am?" Who do you say that He is? Our answers to that very important question will determine our future home. Respond the way Peter did and follow Him, or respond the way others do, and redefine Him. Doing the latter will result in a future day before Him – one that will not afford people the chance to change their minds then.

Let Jesus transform your life and free you from the sin that He came to forgive. A simple prayer from the heart to Him might be like this, "Lord Jesus, I admit that I'm a sinner, and am in need of your forgiveness. I believe that you are God's choice, that you died for my sins, and that you rose from the grave for me.

Come into my life and make me a new person. Help me to learn more about you. Help me to be Your disciple. In Your name I pray – Amen". If you prayed this prayer and believed what you said, then you have been saved from your sins and born again. Trust Jesus – the Jesus of the Bible. He reveals Himself to us through His Word, the Bible, as we eagerly desire to learn more about Him.

Calvary Berean Fellowship (CBF) is a church plant sent out by Calvary Chapel Frederick. CBF started as a Sunday evening Bible study in July, 2008, at the Emmitsburg Presbyterian Church. Our first Sunday morning worship service began Easter Sunday, 2010, at the Emmitsburg Elementary School. We meet at the school Sunday mornings at 10:00 a.m.

The Calvary Chapel Movement is an affiliation of over 1500 churches across the United States and around the world. Calvary Chapels are not a denomination, but rather a loose affiliation of churches that are centered around the verse-by-verse teaching of the Bible from Genesis to Revelation. Offering genuine Biblical worship to the Lord is our ultimate desire. We are currently teaching through the Gospel of Luke. Children's ministry is provided through 6th grade. Come check us out – and learn more about Jesus!

*The Calvary Berean meets Sundays at 10 am at the Emmitsburg Elementary School.*

**Did you know people have been worshipping at Harriet Chapel for over 175 years?**  
**Has it been that long since you attended church?**

**It's time to come back!**  
 You can find the peace, comfort and joy you seek at Harriet Chapel, a friendly, Episcopal Church just 3 miles south of Thurmont.

**Come Home to Harriet Chapel!**

Harriet Chapel, Catoctin Episcopal Parish  
 12625 Catoctin Furnace Road, Thurmont  
 Services Every Sunday at 8AM & 10:30AM  
 301-271-4554 [www.harrietchapel.com](http://www.harrietchapel.com)

<p><b>September 18 ~ 11 am to 4 pm</b>  <b>High Tea in the Parish Hall ~ \$15 Per Person</b></p> <p> Complete with savories &amp; sweets. Featuring personal hobby displays. There will be craft demonstrations across the street on the Chapel lawn.</p>		<p><b>September 19 ~ October 17</b>  <b>7:30 pm ~ Vesper Services</b></p> <p>In the historic &amp; restored 1834 <b>St. John's Chapel</b>                  Please join us for evening prayers, meditation, and singing accompanied by a pump organ. Light refreshments will follow.  <small>Services will be held in this building during August and on Sunday September 5.</small></p>	
<p><b>October 9 ~ 12 noon to 6 pm</b>  <b>Color Fest Pot Pie &amp; Ham Dinner</b></p> <p>Slippery Chicken Pot Pie, Ham, Green Beans, Harvard Beets, Pepper Slaw, Applesauce, Roll And Cake. Fancy Table.                  Adults: \$12 Children (7-10): \$6 (Children Under 6 Free)                  Carry Out \$13 Pot Pie \$4 Quart Apple Butter \$5 Quart ~ \$3 Pint                  To Order Call: 301-696-0527</p>		<p><b>October 24 ~ German Service ~ 3 pm</b>  <b>In St. John's Chapel</b></p> <p>Followed By German Buffet                  \$15 Per Person (Pay At The Door)                  Sauerbraten, Roast Pork, Sauerkraut w/ Sausage, Hot German Potato Salad, German Sides, Apple Strudel And Other German Desserts.</p>	
<p><b>November 4:</b>  <b>Soup &amp; Sandwich Sale</b></p>		<p><b>December 4: Annual Bazaar &amp; Indoor Yard Sale</b>                  Cookies, Baked Goods, Soup &amp; Sandwich Lunch Eat-in or Carry-Out</p>	
<p><b>November 25:</b>  <b>Annual Thanksgiving Day Dinner</b></p>		<p><b>January 2:</b>  <b>Christmas Service in the St. John's Chapel</b></p>	
<p><b>St. John's Lutheran Church</b> Call: <b>1-301-512-0995</b>                  8619 Black's Mill Rd., Creagerstown, MD Or Visit Us At: <a href="http://www.emmitsburg.net/sjlc">www.emmitsburg.net/sjlc</a></p> <p>(Take 15 N. or S., get off at Thurmont exit and follow Rt. 550 to Creagerstown.)                  (Take 194 N. or S., turn onto Rt. 550 at Woodsboro to Creagerstown.)</p> <p>JOIN US FOR                  Sunday Service - 9:00 am                  Sunday School - 10:15 am</p>			



THE BOOK OF DAYS

# The Book of Days

## The Autumnal Equinox



On or about the 21st of September and 21st of March, the ecliptic or great circle which the sun appears to describe in the heavens, crosses the terrestrial equator in the course of the year.

The point of intersection is termed the equinoctial point or the equinox, because at that period, from its position in relation to the sun, the earth, as it revolves on its axis, has exactly one-half of its surface illuminated by the sun's rays, whilst the other half remains in darkness, producing the phenomenon of equal day and night all over the world. At these two periods, termed respectively to the seasons in which they occur, the autumnal and the vernal equinox, the sun rises about six o'clock in the morning, and sets nearly at the same time in the evening.

From the difference between the conventional and the actual or solar year, the former consisting only of 365 days, while the latter contains 365 days and nearly six hours (making the additional day in leap-year), the date at which the sun is actually on the equinox, varies in different years, from the 20th to the 23rd of the month. In the autumnal equinox, the sun is passing from north to south, and consequently from this period the days in the northern hemisphere gradually shorten till the 21st December when the winter solstice is reached, from which period they gradually lengthen to the spring or vernal equinox on 21st March, when day and night are again equal.

The sun then crosses the equator from south to north, and the days continue to lengthen up to the 21st of June, or summer solstice, from which they diminish and are again equal with the nights at the autumnal equinox or 21st of September.

Owing to the spheroidal form of the earth causing a protuberance of matter at the equator, on which the sun exercises a disturbing influence, the points at which the ecliptic cuts the equator,

experience a constant change. The equinoxes are always receding westwards in the heavens, to the amount annually of 50.3", causing the sun to arrive at each intersection about 20' earlier than it did in the preceding year. The effect of this movement is that from the time the ecliptic was originally divided into twelve arcs or signs by the ancients, the constellations, which at that date coincided with these divisions, now no longer coincide.

Every constellation since then advanced 30° or a whole sign forwards. The constellation of Aries or the Ram, for example, occupies now the division of the ecliptic called Taurus, whilst the division known as Aries is distinguished by the constellation Pisces. In about 24,000 years, or 26,000 from the first division of the ecliptic, the equinoctial point will have made a complete revolution round this great circle, and the signs and constellations as originally marked out will again exactly coincide.

The movement which we have thus endeavoured to explain forms the astronomical revolution called the precession of the equinoxes. Science is indebted to the great French mathematician D'Alembert for the proper ascertainment and demonstration of the precession of the equinoxes.

In connection with the ecliptic and equator, the mutual intersection of which marks the equinoctial point, an interesting question is suggested in reference to the seasons. It is well known that the obliquity of the ecliptic to the equator, at present about 23°, is diminishing at the rate of about 50 seconds in a century. Were this to continue, the two circles would at last coincide, and the earth would enjoy in consequence a perpetual spring.

There is, however, a limit to this decrease or obliquity, which it has been calculated has been going on from the year 2000 B. C., and will reach its maximum about 6600 AD. From that period the process will be

reversed, and the obliquity will gradually increase till a point is reached at which it will again diminish.

From this variation in the position of the ecliptic, with regard to the equator, some have endeavoured to explain a change of climate and temperature. It is imagined the world has gradually experienced this change, occasioning a slighter contrast between the seasons than formerly, when the winters were much colder and the summers much hotter than they are at present. It is believed, however, that whatever truth there may be in the allegations regarding a more equable temperature throughout the year in modern times, it is not to the variation of the obliquity of the ecliptic that we are to look for a solution of the question. The entire amount of this variation is very small, ranging only from 23° 53' when the obliquity is greatest, to 22° 54' when it is least. It is therefore hardly capable of making any sensible alteration on the seasons.

As is well known, both the autumnal and vernal equinoxes are distinguished over the world by the storms which prevail at these seasons. The origin of such atmospheric commotions has never yet been very satisfactorily explained, but is supposed, as stated by Admiral Fitzroy, to arise from the united tidal action of the sun and moon upon the atmosphere; an action which at the time of the equinoxes is exerted with greater force than at any other period of the year.

### GABRIEL DANIEL FAHRENHEIT

The name of Fahrenheit has been familiarised to a large part of mankind, in consequence of his invention of a thermometer, which has come into almost universal use.

Before the seventeenth century, men could only judge of the amount of heat prevailing at any place by their personal sensations. They could only speak of the weather as hot or very hot, or as cold or very cold. In that century, there were several attempts made to establish a satisfactory means of measuring heat by tubes containing oil, spirits of wine, and other substances; but none of them could be considered as very successful, although both Halley and Newton applied their great minds to the subject. It was reserved for an obscure and poor man to give us the instrument which has since been found so specially serviceable for this purpose.

Fahrenheit was a native of Danzig, who, having failed in business as a merchant, and having a turn for mechanics and chemistry—possibly, that was what made him fail as a merchant—was fain to take to the making of thermometers for his bread. He at first made his thermometers with spirits of wine, but ere long became convinced that mercury was a more suitable article to be put in the tube; about the same time, finding Danzig a narrow field for his business, he removed to Amsterdam. There, about the year 1720, this patient, humble man completed the arrangement for a mercury-thermometer, very much as it has ever since been fashioned. His instruments were speedily spread throughout the world, everywhere carrying his name along with them.

The basis of the plan of Fahrenheit's instrument was to mark on the tube the two points at which, respectively, water is congealed and boiled, and to graduate the space between. Through a chain of circumstances, which would here be tedious to explain, he put 180° between these two points, commencing, however, with 32° because he found that the mercury descended 32° more, before coming to what he thought to be the extreme cold resulting from a mixture of ice, water, and sal-ammoniac.

The Royal Society gladly received accounts of his experiments from Fahrenheit, the value of which it acknowledged by making him one of its members (a fact over-looked in all

his biographies). In 1724, they published a distinct treatise on the subject.

Celsius of Stockholm soon after suggested the obviously more rational graduation of a hundred degrees between freezing and boiling points the Centigrade Thermometer. The Frenchman, Reaumur, proposed another graduation, which has been accepted by his countrymen. But with by far the larger part of civilized mankind, Fahrenheit's scale is the only one in use, and probably will be so for a long time to come. To speak accordingly of 32° as freezing, of 55° as temperate, 96° as blood-heat, and 212° as the boiling-point, is part of the ordinary habits of Englishmen all over the world. Very true that the zero of Fahrenheit's scale is a solecism, since it does not mark the extreme to which heat can be abstracted.

This little blemish, however, seems never to have been found of any practical consequence. The arctic voyagers of the last forty years have all persisted in describing certain low temperatures as below zero of Fahrenheit, the said degrees of temperature being such as the Amsterdam thermometer-maker never dreamed of, as being part of the existing system of things.

It is a pity that we know so little of the personal history of this remarkable man. There is even some doubt as to the year of his death. Some authors place it in 1740.

**Family Owned & Operated**

since  
1941

AREA'S BEST  
SELECTION OF  
NEW & QUALITY  
PRE-OWNED  
VEHICLES!

<p style="text-align: center;"><b>2011 MUSTANG V6</b></p> <p style="text-align: center; font-weight: bold;">JUST ARRIVED!</p> <div style="text-align: center;"> </div> <p style="text-align: center; font-weight: bold;">Get Both!!</p> <p style="text-align: center; font-weight: bold;">305 HP AND 31 MPG HWY</p>	<p style="text-align: center;"><b>2010 RAPTOR F150</b></p> <p style="text-align: center; font-weight: bold;">Two In Stock!</p> <div style="text-align: center;"> </div> <p style="text-align: center; font-weight: bold;">6.2L ARRIVING SOON!</p>
<p style="text-align: center;"><b>2010 FORD EDGE</b></p> <p style="text-align: center; font-weight: bold;">\$3000 Ford Customer Cash</p> <div style="text-align: center;"> </div> <p style="text-align: center; font-weight: bold;">A World Class Crossover</p>	<p style="text-align: center;"><b>Introducing the ALL-NEW 2011 SUPER DUTY</b></p> <p style="font-size: small;">Power your F250 or F350 with the new 316 HP Gas Engine or the new 390 HP 6.7 Turbo Diesel</p> <div style="text-align: center;"> </div>
<p style="text-align: center;"><b>2010 FORD ESCAPE</b></p> <p style="text-align: center; font-weight: bold;">UP TO 28 MPG</p> <div style="text-align: center;"> </div> <p style="text-align: center; font-weight: bold;">Efficient, Affordable SUV</p>	<p style="text-align: center;"><b>2010 FORD FUSION HYBRID</b></p> <p style="text-align: center; font-weight: bold;">UP TO 41 MPG</p> <div style="text-align: center;"> </div> <p style="text-align: center; font-weight: bold;">Motor Trend Car Of The Year!</p>

Only 10 Minutes From Emmitsburg and Only 20 Minutes From Thurmont

AREA'S COMPLETE SALES, SERVICE, PARTS DEPT., COLLISION CENTER

Rt. 140, Taneytown, MD

(410) 756-6655 (800) 621-3673

www.crouseford.com

Showroom Hours:  
Monday - Friday 9am - 8pm  
Saturday 9am - 4pm

Calvary Berean

Fellowship

---

Meeting Sundays at  
Emmitsburg Elementary School  
10:00 am ~ Studying Luke

---

• Prayer • Fellowship  
• Line-by-Line Bible Study

---

John Bartlett - (717) 360-1501  
Cbfellowship08@yahoo.com



## THE (retired) ECOLOGIST

# A (moderately) Frabjous Day

Bill Meredith

“And hast thou slain the  
Jabberwock?  
Come to my arms, my beamish  
boy!  
O Frabjous Day! Callooh!  
Callay!”  
He chortled in his joy.”

... *Through the Looking Glass*,  
by Lewis Carroll, 1871.

It would be nice if I could assume as I write this that everyone who reads the *News-Journal* has also read Lewis Carroll's book, *Through the Looking Glass*. However, being a realist, I'm sure somewhere among our readers there are one or two who haven't. So, for the benefit of that minority, I should explain that in the land behind the looking glass there was a fearsome creature called a Jabberwock. It was a dragon-like beast such as can exist only in the imagination of children, the sort of monster that hides in closets and under beds, waiting to seize any unwary victim who dares to go to sleep alone in a dark room. A certain boy had been warned that it had “jaws that bite and claws that catch,” but nevertheless he donned his armor and went forth with his trusty vorpal sword, slew the Jabberwock, and brought its head home as a trophy. The narrator of the tale pronounced the occasion to be a Frabjous Day.

The English language did not seem to have a word of sufficient grandeur to describe such a feat, so Carroll invented the word, “frabjous,” for that purpose. It is not defined in either of the dictionaries I have here at home, and the library at the Mount is closed at this hour so I can't get to the Oxford English Dictionary. The on-line version of the OED says Carroll probably meant the day was “fair and joyous,” but to me that seems like a pretty anemic explanation. Surely such a day must be more than joyous, even more than exuberant; it surpasses all such adjectives. Such a day may not occur in several lifetimes. Few people, except children, are capable even of dreaming of a Frabjous Day.

The closest I ever came to a Frabjous Day was Christmas, 1944. I was 11, too old to believe in Santa Claus but still young enough to wish he might exist, for I had been dreaming of x-acto knives. *Popular Mechanics* magazine advertised a set of three knives with 12 different blades in a “handy wooden chest” for \$5.00, but in those days that was a pretty expensive gift for a child in our circumstances. And yet,

there it was under the tree that morning! I took all of the knives and blades out and arranged them on the table, cut my finger on one of them, and carved my name on the lid of the chest just to make sure it was real. I still have the whole set, with some of the original blades, and there is still a small vestige of that frabjous feeling when I get them out to carve something. There have been many joyous days since then, and certainly many that were more important...



causing a girl to change from fiancé to wife by the simple act of putting a ring on her finger, or looking through the hospital window at our first child... but those occasions were followed in an instant by a realization of responsibility.

Perhaps frabjousness and responsibility don't mix, or maybe age lowers our expectations... maybe the complexities and problems of modern life persuade us, like the citizens of Lake Wobegon, that frabjous days are beyond our reach and we should settle for a Pretty Good Day. Jabberwocks have become exceedingly rare lately; I haven't heard of anybody seeing one in Emmitsburg in the past 53 years, and I suppose if you did find one you couldn't slay it anyhow because it would be on the endangered species list. Nevertheless, I had a moderately frabjous day last week.

The day began with the routine of collecting the previous day's newspapers and herding them toward the recycling box in the garage. When I opened the door, there on the step down from the kitchen to the garage floor was a blacksnake. I had seen it outside a couple of days before, and was pleased that it had decided to come in for a visit, but it seemed shy and crawled under the freezer. I called to my

wife and announced the good news that it had returned, but she did not seem to share my enthusiasm. So I got my cane and fished it out from under the freezer, whereupon it indicated its friendly intentions by coiling around my arm, squeezing affectionately, and vibrating the tip of its tail to make clear that it was not a rattlesnake. I took it into the living room to meet my wife, and it performed the proper reptilian greeting of sticking its tongue out at her; but alas, she misinterpreted that gesture as rudeness and insisted that it could not stay, even long enough for a light breakfast. So I took it into the Great Forest behind the house, measured its length and verified its identity, and released



to find such a thing in my own garden.

Recalling my wife's reaction to the snake, I did not expect her to be much interested in a fungus; but to my surprise, she was quite excited about it. It seems that a couple of years ago she went into a rather elite store in Baltimore and found they were having a sale on real truffles... the kind hunted by trained pigs in France. They were in a locked case, and a specimen the size of a small egg was priced at \$247.00. So when I presented my new discovery to her, she immediately grabbed a spade and started toward the asparagus patch; apparently she didn't hear the word “false” when I said it was a false

truffle. I finally persuaded her to read the description in the book, which stated that false truffles are inedible. Her enthusiasm faded; but later that afternoon I saw her poking a stick into the soil near the asparagus stalks with a wistful expression on her face.

So the day ended... not quite frabjous; finding false truffles can't compare to x-acto knives... but certainly better than pretty good. After all, how often does someone my age find something he has never heard of in his own garden?

To read past edition of *The (retired) Ecologist*, visit the Authors' Section of [Emmitsburg.net](http://Emmitsburg.net).

**Catoctin Mountain Orchard**



U.S. Route 15  
15036 North Franklinville Road

Phone (301) 271-2737 Fax (301) 271-2850

**BUY FRESH! BUY LOCAL!**

**Blueberries, Blackberries, Red Raspberries  
Peaches, Plums, Nectarines, Cantaloupes,  
Apricots, Plums, Apples,  
Tomatoes, Peppers, Cabbage, Kale,  
Sweet Corn, Squash, Green Beans,  
Jams, Jellies, Honey, Candies, Fudge,  
Fresh Baked or Frozen Pies & Pastries  
Grillin' Sauces, Salad Dressings,  
Bread & Butter Pickles, Four Bean Salad,  
Vidalia Onion Relish, Fresh Greens,  
Fresh Potatoes, Great Desserts,  
AND THE LIST GOES ON AND ON!  
CUT YOUR OWN FLOWERS!**

**Market Open Daily 9 AM - 5 PM**



[www.catoctinmountainorchard.com](http://www.catoctinmountainorchard.com)  
Visa/Mastercard Accepted



IN THE COUNTRY

# I stepped aside

Michael Hillman

I looked at the clock and wondered how they were doing.

I wanted to go out and check on them, but thought better of it. Daylight would be coming soon, and I could check then. The less I disturbed them, the better their chances were I told myself.

They were only ants, but they didn't ask for what had happened to them, and I felt guilty that I was the cause.

The day had started like almost any other day. With the daily chores done and my rides over with, I turned my attention to the long list of projects that had been waiting. At the top was breaking up the old cross-county ramp jump.

Built out of old oak boards, it was sixteen feet in width, five feet in depth, and three and a half feet at its maximum high. While it was a great jump, it was unsafe to jump. The one-inch thick boards that made up the ramp would never have supported a horse had it made the mistake of putting its feet upon it. Fortunately, none had.

Fifteen years of weathering made it only more unsafe, but every year I jumped it, holding my breath that my horse would clear it. It should have been taken down years ago. It was going to come down today.

After gathering all the necessary tools, I rounded up the dogs and headed out to the field in the truck. The horses had already pretty well destroyed the left hand side of the jump. It only took a few whacks from a sledge hammer to bring down what remained of the left-hand side.

After throwing the remains into the truck, I began to take apart the right-hand side of the

jump. It surrendered too easily to the blows of the sledge hammer. It was then that I discover the ants.

The ants had found the wooden jump to be a perfect home. Isolated from day to day disturbances, and surrounded by plenty of foraging, they had everything they needed. Food, water, shelter, and most of all, time to build a colony. Over the years they had slowly eaten into and up the board that made the base of the jump.

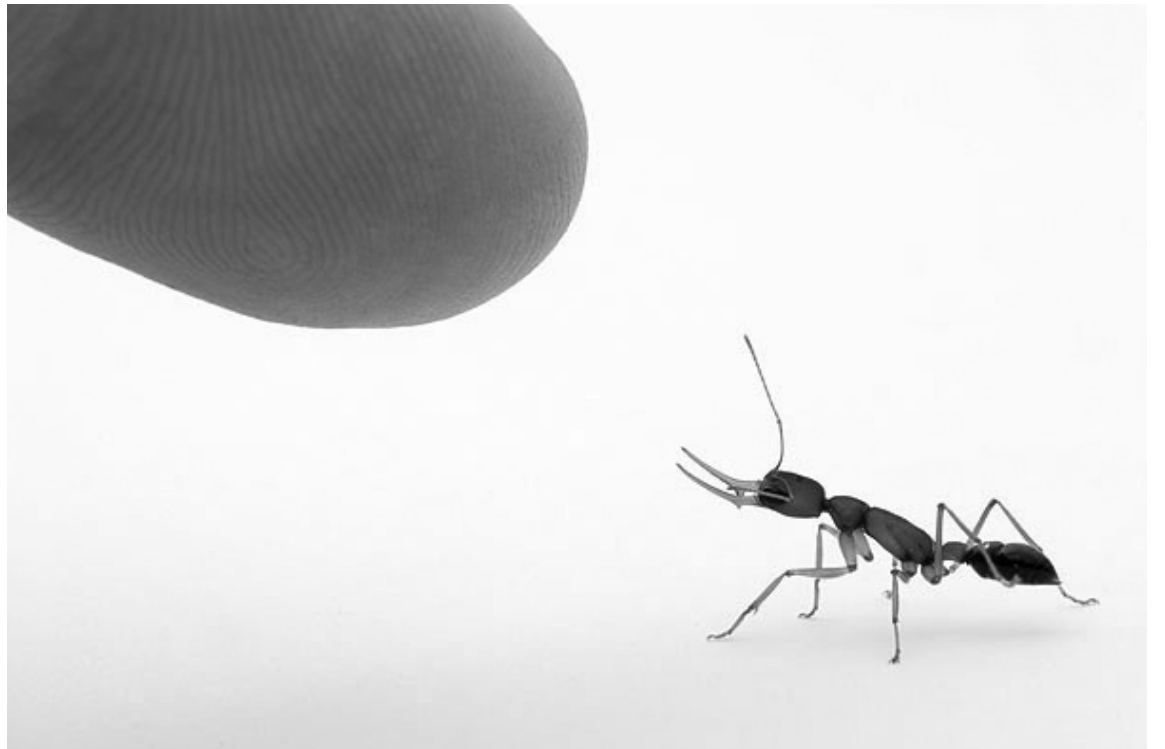
While the colony was large, the ants were not. While they ants had managed to build a series of tunnels throughout the board, the tunnels caused no structural damage. Unlike mankind, the ants had figured out how to live with their environment without destroying it.

As I picked up the board, my eye caught the frightened flurry of thousands of ants. I stopped what I was doing and gently placed the board back on the ground.

I wondered what the ants thought. For generations upon generations they had gone about their lives without disturbance. But today, their existence as they knew it came to an end.

My mind raced back to a scene in an old science fiction movie. The characters were discussing the nature of an advanced alien race that had just been discovered. A comment was made that for a race so advanced, man would appear as ants appear to us—an inferior pest not even worth of a side-step to avoid killing.

The scene was being replayed out for me, but this time I was the advanced alien race and the question of whether to step out of the way and let the ants live or not was before me.



It would have been easy to bang the board against the ground and knock the ants out. Had they been termites, I would have killed them on the spot. But they weren't. They were simple little ants, and they had done no harm to anyone.

I stepped aside.

When all the rest of the jump was safely in the bed of the truck, I gently picked the board back up and carried it to the hedge row at the bottom of the field. The colony would be safe there. The hedge row was full of thickets, dead limbs, and old rotted fence posts. I picked a sunny spot where the ants would get plenty of warm sunlight and laid the board back down in its original position.

The ants scurried about, but I knew they would be safe there and headed back to the truck, feeling good about what I had done.

It was near sundown before I got around to unloading the truck. The jump now nothing more than a pile of scrap wood, I grabbed my circular saw and began to cut the boards up into burnable lengths.

I was in a hurry. The sun was setting, and I wanted to wrap up this project. The last thing I needed was to discover I hadn't safely transported all the ants to their new home.

As I turned over one of the last boards to be cut, the saw the mass of ants that had sought safety under it. In the short few hours the truck had sat in my driveway, they had managed to draw themselves together once again in a secure and sheltered spot.

They formed almost a perfect circular pattern in the center of

the board, as if they had come together to discuss what to do next. There were thousands of them.

It was getting late, and the sun was setting. As I watched, the ants were once again scattering about the bed of the truck. If I rushed, I could still take those that remained on the board to the bottom of the field, but what about the others? What had they done wrong to be left behind?

Once again, I stepped aside. I chose to wait.

They had managed to assemble themselves together in just four hours; an evening undisturbed would hopefully bring them together again, plus give those stragglers yet to find the main body time to find it. So one again I gently placed the board back into its original position and ended the night hoping for the best.

It was three in the morning when I awoke the first time. I had a lot on my mind, but the ants soon occupied my thoughts. So often we rush through life not noticing the little things, the things that make life worth living.

I thought about the ants. How they spend their lives working for the greater good of their colony: their ceaseless work ethic. Their life was so simple. There was not great question to be answered: no undiscovered truth to be found. There were no petty fights over who was more handsome, smarter, richer, or more popular. All that mattered was the survival of the colony. And for that, they depended upon each other.

I found myself envying them. I wasn't about to give up my warm bed for their cold board.

But their simplicity and their acceptance of their role in nature's great plain made me appreciate them.

Dawn finally came. With the sun peaking over the horizon, I slipped outside and made my way to the bed of the truck. I gingerly tilted the board and looked under it. A smile came to my face. "Good boys" I thought.

Over the night, the ants had done as I had hoped. During the night, the mass of ant refugees had grown to twice the size as before. Without the protection of their colony, the ants had huddled together for warmth. Still groggy from the chill air, they ignored the movement of the board.

I carried the board like a proud cook would carry a prized Turkey just taken from an oven. Passing dazed horses, I headed towards the bottom of the field where I had placed the board with the main colony body the afternoon before.

The board had no sooner touched the ground when ants form the main colony descended upon it. As the first scouts of the colony reached the refugee ants, a visible shudder went thorough their mass, as if to say, we're saved! The nightmare is over!

As I watched, the two groups quickly intermingled, and soon they were one.

They had no way of thanking me, but no thanks were expected. It was I who had caused them their grief, so it was only fitting that I put it right.

As I walked back toward the house, I found myself thinking: nothing I do today is going to compare in importance to my act of benevolence for the ants.

For one brief moment I was truly the advanced alien race, and I had chosen to step aside.

I felt good. The early morning sun on my face made the feeling even better.

To read more articles by Michael Hillman visit the Author's Section of [Emmitsburg.net](http://Emmitsburg.net).

**Get more out of life with a reverse mortgage**

This free video from MetLife Bank can show you how.



If you're a home owner age 62 or older a reverse mortgage could give you the financial flexibility you need. And MetLife Bank—a MetLife company—has the expertise to help you get the most from a reverse mortgage.

Call today for your free reverse mortgage video and information kit—there's no obligation.



**James McCarron**  
Reverse Mortgage Consultant  
877-756-5006  
301-605-4291



**MetLife**  
MetLife Bank, N.A.  
For the if in life.®

All loans are subject to property approval. Certain conditions and fees apply. Mortgage financing provided by MetLife Bank, N.A., Equal Housing Lender. © 2010 METLIFE, INC. R0610110496(exp0511)[All States][DC]

**Willow Valley Farm Market**

~ Fresh Local Produce ~  
~ Herbs (Fresh, Dried and Plants) ~  
~ Antiques ~ Crafts ~

Open Daily 10 AM to Dark  
**717-642-5180**  
845 Pecher Rd., Fairfield, PA 17320





## THE MASTER GARDENER

# Late Summer Bees and Wasps

**Martie Young**  
Adams County Master Gardener

**Julia Cubit**  
Frederick County Master Gardener

Even though it is September, you are still seeing bees and other pollinators in the garden. Goldenrod, fall asters and other late blooming summer flowers will still need to be pollinated and this attracts the insects. The act of pollination may be secondary for the insects—they are really after nectar as food for themselves or their young.

At this time of year, you will see many different kinds of wasps, yellow jackets, bumblebees, and honey bees. Some are relatively benign to humans, but yellow jackets are very prevalent in this season because they are seeking sweetness and they are scavengers of garbage and food. Some of that sweetness comes from humans since this is a good time of year for picnics and fall festivals—we walk along the street with a soda, ice cream cone, or other sweet delight from a street vendor; this can lead to a sting if you don't watch what you put in your mouth. At a picnic the wasps are attracted to fruit and watermelon. Keep all food covered except while eating it and keep a close eye on your can of soda so you don't swallow a yellow jacket. It's important to note that during the early part of the summer there is no shortage of nectar and insects for the yellow jacket to use as food but as the summer goes by, there is more need for the wasps to scavenge their food.

People in general classify all stings as coming from bees—more will come from yellow jackets and wasps (a yellow jacket is a type of wasp). Honey bees are usually too busy getting nectar and pollen from flowers, and bumblebees are just what their name implies—bumblers. If a bumblebee bumps into you or you inadvertently touch it, you may get stung. But if you get too close to a yellow jacket nest or step on one in the ground, you are very likely to get stung—maybe more than once since you will upset the whole colony.

To keep stings to a minimum, avoid using perfume or cologne and do not wear bright colors that would look like a flower. A yellow jacket can sting repeatedly and if the nest is disturbed you may be stung by more than one insect. You should not run

or wave your arms but move steadily away from the nest and seek shelter (easier said than done). A bee, by contrast, can only sting once and the bee loses its stinger and then dies.

I began to notice yellow jackets in my yard and garden in August. Undoubtedly the nests were there all summer, but it took until August for the population to grow large enough to be noticeable. One nest is inside a metal clothesline pole and the other is at the edge of the eave of a shed. I know this because I observe the wasps flying into the holes and also because they cluster around the entrances to their nests—maybe it's getting too crowded in the nest—or maybe the insects are socializing on their 'front porch.' Yellow jackets are said to use a nest for one year only, but they must like the location of the clothesline pole because they have come back to the same location for several years. Yellow jackets also make their nests in the ground so be careful when mowing or when digging or walking in an area that is usually undisturbed.

The life cycle of a yellow jacket or a hornet begins with the queen building a nest alone in the spring. Once she has produced enough workers to take over nest-building and foraging duties, she remains inside the nest producing more offspring. Their diet consists of other insects such as nectar, flies, bees, and caterpillars. The population of the nest can reach to 600 to 800 yellow jackets. Nests are abandoned by winter; a new queen will seek shelter alone in a protected place such as under tree bark or even attics. Since the nests are abandoned, it is usually not necessary to attempt to kill the insects or destroy the nests. The exception would be if the nest were built inside a building. It is possible for the insect to chew through the wall or find an opening into living space. If this has happened you may need a professional to remove the nest and insects.

Wasps and yellow jackets are pollinators but not as important as bees. Bees have pollen collectors on their legs and they are much more hairy than a yellow jacket so they can transport more pollen back to the hive. As the yellow jacket seeks nectar it will also transfer some pollen to another flower, thereby pollinating the flower.

Yellow jackets are classified as beneficial insects because they are predatory and eat many harmful insects including small caterpillars such as cabbage moth, gypsy moth, and many vegetable pests. Because of their quickness to sting, many humans don't consider them at all beneficial. Even Japanese beetles, mosquitoes and aphids have some benefits, if only to feed something higher on the food chain.

Among the native bees found in this area, only a few aggressively sting. The rest are non-aggressive loners who reproduce in nests they construct in holes found in the ground, and in holes found in trees and in other structures. Among those that do have the capability to sting when threatened, frequently it is the female of the species who has that ability - many male native bees have no stinger.

Most pollinators can be divided into two categories by flower preference - generalists and specialists. Pollinators that are generalists, such as the bumblebee, will visit any flower in search of pollen and nectar; while specialists have a preference for a specific type of flower. The orchard mason bee (a shiny, dark blue bee slightly smaller than the honeybee), which pollinates flowers of fruit trees, is an example of a specialist.

Since many native bees nest in abandoned holes in the ground or in trees, making these habitats available will help to encourage an increase in bee populations. Sparsely vegetated patches under trees and along the sides of walk-



ways, roads and fences will attract ground nesters.

Frequently old logs and tree stumps contain abandoned insect holes which will attract bees that nest above the ground.

Another way to provide nesting sites for wood nesting bees is to hang a nesting board. These can be as simple to make as drilling ¼" to ½" holes about 3" deep into an untreated piece of wood such as a section of a "4 x 4". The type of bee this nesting board attracts is determined by the diameter of the hole. For example, the orchard mason bees will use a board with ½" holes. Secure the board to the south side of a tree or building where it will get sun. One bee enthusiast drilled holes in the porch columns of his home. This is not recommended if other occupants of your abode do not share your ardor for native bees.

Other ways to support native bee populations can be as simple as allowing a variety of plants to grow. Patches of lawns that host a few small

flowering plants such as sorrel and other innocuous wild plants can support a number of the smaller bees.

Avoid using pesticides. Learn about the interactions among insects, and between insects and animals. There are many insects that are beneficial to have in the garden. Wasps, ladybird beetles, assassin bugs, ground beetles, and centipedes are predators that help keep populations of destructive insects in check. Spraying will destroy this natural balance.

Consider choosing native perennials when selecting new plants. Native insects have evolved alongside native plants and birds. Native plants will attract native insect pollinators such as bees and butterflies that are rarely seen in many gardens. In turn, these insects will attract songbirds which will help to maintain overall insect populations at a healthy level.

To read more articles about bees and other beneficial insects, visit the Gardening Section of Emmitsburg.n

**DARK MULCH \$27/YD**  
**RED MULCH \$38/YD**  
**BLACK MULCH \$38/YD**  
**TOPSOIL (SCREENED OR UNSCREENED)**

**COMPOSTED MUSHROOM SOIL or COW MANURE \$24/YD**

- DRIVEWAY • LANDSCAPING
- STONE HAULING • EXCAVATING
- SAND/FILL DIRT
- LANDSCAPE SUPPLIES

**WE ALSO SELL COAL FOR YOUR WINTER HEATING NEEDS!**

**RODNEY MCNAIR**  
**301.447.2675**  
17618 OLD GETTYSBURG RD., EMMITSBURG

**WINDBORNE FARM**  
Specialty Cut Flowers

\*Cut Flowers Direct From The Field \*Classes In Flower Arranging  
\*Special Order Arrangements \*Custom Bouquets

See us at the  
**Farm Fresh Farmer's Market**  
at the **Gettysburg Outlet Mall**  
every **Friday 9:30 am to 2:00 pm**  
or visit us at the farm!

Member Association of Specialty Cut Flower Growers  
**717-642-5436**  
[www.emmitsburg.net/cutflowers](http://www.emmitsburg.net/cutflowers) 489 Crum Rd., Fairfield, PA 17320

**R & M Lawn Services LLC**  
and more...

240.674.5746  
717.642.9463

General Lawn Maintenance  
Hauling • Painting • Deck Restoration

Kim Valentine • 3644 Bullfrog Rd. • Fairfield, PA 17320 • Insured

**Cub Cadet**  
cubcadet.com

**BETTER EQUIPMENT.  
BETTER EXPERIENCE.  
BETTER RESULTS.**

CHECK IT OUT FOR YOURSELF AT YOUR LOCAL CUB CADET DEALER.

**Z-FORCE<sup>®</sup> S SERIES**  
HEAVY-DUTY ZERO-TURN RIDER

STARTING AT: **\$3,999**

- 20 HP<sup>1</sup> - 23 HP<sup>1</sup> Kohler<sup>®</sup> Courage V-Twin OHV engines
- Easy-to-use steering wheel with four-wheel steering
- Revolutionary Synchro Steer<sup>™</sup> technology gives total control on all terrains

**0% Financing Available**

GET TO YOUR DEALER TODAY TO TAKE ADVANTAGE OF THIS SPECIAL OFFER.

**HARRINGTON & SONS**  
427 E. Main Street, Emmitsburg, MD 21727  
**301-447-6666**



# THE MASTER GARDENER

## Harvest time

On September 11, 2010, from 9 am – 12 noon, Master Gardeners of Adams County will be sponsoring a morning series of gardening classes. At the Agricultural and Natural Resources Center, 670 Old Harrisburg Road, Gettysburg, **Harvest Gatherings** will be featuring Michelle Oaks of Hauser Estate Winery as our keynote speaker. As more and more wineries pop up across south central PA, interest in winemaking for has begun to increase in our region. Michelle will be talking to us about the process of making fine wines in Pennsylvania. She will also focus on the importance of precision viticulture and wine as a tool for preserving farmland.

In addition to our keynote speaker, we are offering break-out sessions that include topics of interest to gardeners. The first two sessions, beginning at 9 am, will include Master Gardener Phil Peters and Master Gardener Coordinator, Mary Ann Ryan. As many, or dare I say, most, gardeners are artists as well, photography often is an additional outlet for us – to hewn in on our skills and preserve our gardens on film. Phil will be showing us how to use a point and shoot camera to photograph your garden and the creatures that inhabit it. He will introduce accessories that will help you get the shot and how to use them. The talk will present some photography basics to help you get better garden photos.

As we enter the fall months, gardening presents many opportunities as well as gardening chores that can be addressed during the cooler days and evenings. Often after the hot summer, many gardeners are re-energized when the temperatures drop and more rain begins to fall. Mary Ann will talk to you about how to put your gar-

den to bed for the winter as well as taking advantage of the opportunities the cool weather presents. From perennial care to shrub and tree care and planting, learn about the steps you should take for a healthy and beautiful fall and winter garden.

The next break-out sessions, beginning at 11:00 am, Regional Extension Educator, Steve Bogash, will be talking to us about season extenders. He will be focusing on the opportunities we have to extend our vegetable crop well into the fall, when most crops have already been harvested and died for the year. Steve is a regional Extension Educator working with commercial vegetable growers to help them with good and smart practices to grow economically valuable and healthy vegetables.

Another class option at this time is to attend the session on End of Season Recipes. Master Gardener Madeline Wajda will be demonstrating some recipes for using the end-of-the-season abundance in your garden. Madeline, along with her husband, Tom, own and operate a local herb farm, Willow Pond Farms. Her practiced recipes and cooking expertise are well known in our area. Recipes will be available.

This intensive series is an opportunity you don't want to miss. At a cost of \$10.00, you will learn so much about fall gardening opportunities that you will want to leave here and find your shovel immediately and begin utilizing your newly learned knowledge in your own garden. Please join us for a fantastic learning experience!

Register at Penn State Cooperative Extension, 670 Old Harrisburg Road, Suite 204, Gettysburg, PA, or call 717-334-6271, or email [cah21@psu.edu](mailto:cah21@psu.edu). Reg-

I am not a fashion expert. This is made patently clear to me when well-meaning friends drop by on a Saturday with a matronly yard sale find in hand and say "I thought of you when I saw it." So you will excuse me for offering a bit of fashion advice in the garden this week, but I feel that I must share with you one of the best clothing inventions to ever appear this side of Milan: The Gnat Hat.

I know that I am going out on a limb here. I have never participated in a fashion revolution, much less started one, but this is an idea whose time has come. Clever, easily made and inexpensive, it will revolutionize your time in the garden, and it may make your children's soccer games a lot more enjoyable too. But before we go any further into the "how", a little background information as to the "why".

The first morning in our new old house in Maryland, I woke up, sat on the porch and couldn't see the grass for the swarm of tiny little black gnats that were hovering around my face and neck. I naively put it down to the wet autumn we were having. Yet, come spring and on into summer, the gnats were still there, only worse. How exactly was I supposed to pull weeds, much less stand in the garden, with these things making Kamikaze targets out of my eyeballs? I looked at the people around me - amazingly the gnats were not a topic of conversation. Instead, arms mechanically performed a gesture I would come to know well over the next seven years, the "Gnat Swipe" - one hand waving in a slow, robotic fashion in front of one's face - the other hand occasionally picking a stray wayfarer out of one's nostrils.

Well, let me tell you here and now, I am no wimp. I have climbed Mt. Kilimanjaro with a smile on my face, braved flying cockroaches in the Caribbean and canoed across a radioactive lake in Norway. If these gnats were too much for me, I wasn't going to be the one to say it. So, for seven long years, I sprayed repellent onto my visor, rubbed lemon balm onto my face, held my arm high over my head and swiped until I could swipe no more. It didn't matter. The little carnivores played happy hour with my ears, which

promptly swelled and itched and made me homicidal. It seemed nothing would stop them.

Then my mother came out to visit.

My parents live in California. There is not enough green vegetation in that State to attract dieting locusts much less a swarm of moisture loving gnats. She was traumatized. She point blank refused to weed until something could be done about the problem. I offered the "bug-suit" my husband had given me for Christmas. For some reason, she didn't think being swathed head to toe in scratchy polyester netting at 50% humidity was comfortable. She looked around for an alternative, and, I am happy to say, she found one.

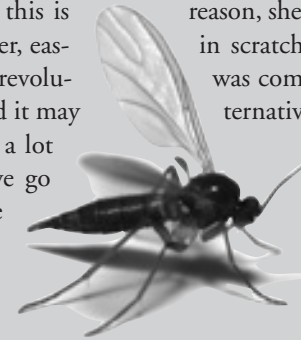
Taking an old pith style helmet I had laying around, she found some black tulle I had used to cover the zucchini last year and cut a yard of it. She put the helmet on, put the tulle over the top of it and tied it behind her neck.

Voilà. No more gnats. Netting you could easily see through, with hands free operation. She wouldn't share, so I grabbed an old visor, grabbed another yard of tulle and made another one. No sewing required. We weeded in gnat-free bliss together. It gave me such a feeling of satisfaction to see the little beasts crawling on the netting three inches from my face and know they were not getting any further. It was wonderful. It was like the invention of fire to the caveman. It was the "Gnat Hat".

I've taken a little flak for my fashion statement since (mostly from my husband), however, the main object of curiosity at the garden tour two weeks ago was not my lovely rugosa rose nor my blossoming privet, it was my Gnat Hat. How did I make it, how much did it cost, why wasn't everyone wearing them? I can't answer the last question. Personally, I would put it down to everyone trying to pretend that the gnats don't really bother them. And to the hardened Marylander, maybe they don't. However, I am now brave enough to admit that they sure as heck bother me, and I'm not going to take it anymore.

For a dollar's worth of tulle, you too can enjoy your garden again. Go on, don't try to tough it out. Join me, and we'll revolutionize garden fashion together - one Gnat Hat at a time.

## The Gnat Hat



istration fee of \$10.00 is necessary to assure your spot in the classes. Checks can be made payable to PSCE Program Funds,

or use your credit card for quick and easy payment. Registration deadline is September 6, and registrations will not be taken at

the door, so contact Penn State Cooperative Extension, Adams County now to guarantee your spot!



### SugarLoaf Valley Gardens



**Native Perennials Bird Feeders Bird Houses**

**We're Open through The Fall!**

*Come In & Browse!*

BRING IN THIS AD & GET

**10% OFF PURCHASE**

*Good Through September 30, 2010*

*We're Glad To See You!*

*Open Spring thru Fall*

**Open Weekends - Saturday 9-4 - Sunday 12-4**

3901 Fairfield Road, Fairfield, PA 17320

**717-642-9293**





**The Taney Corporation**

Manufacturers of Wood Stairs & Stair Parts

Locally owned continuously for over 50 Years

5130 Allendale Lane, Taneytown, Maryland 21787

Office: 410-756-6671 Fax: 410-756-4103

Visit us at [www.taneystair.com](http://www.taneystair.com)

*A sponsor of the Emmitsburg News-Journal*



# PETS LARGE AND SMALL

## The Loggerhead Shrike

### a.k.a. The Butcherbird

Rusty Ryan

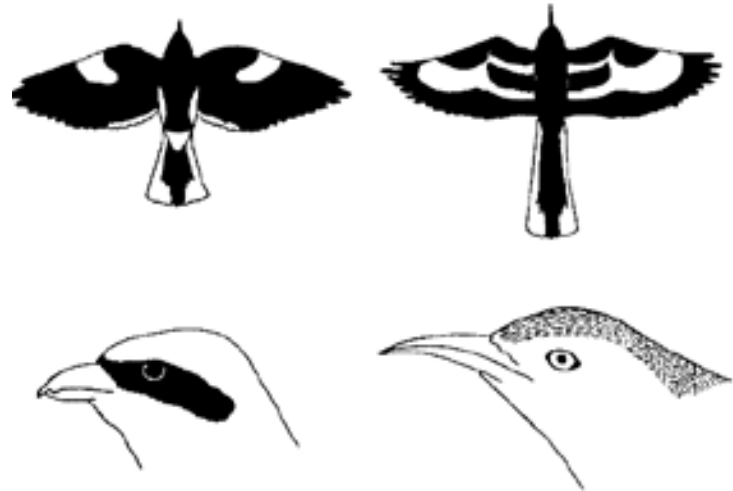
**Wanted:** The breeding location of the Loggerhead Shrike. This bird is listed as Endangered in Pennsylvania and in Maryland.

**Description:** The Loggerhead Shrike (shrike) is smaller than but comparable to in coloration to the mockingbirds black, grey and white. The most striking difference is the bill type, a hooked beak (like birds of prey) and the distinct black facial mask (raccoon look) that runs through the eye.

well-grazed or mowed. Nearby scattered shrubs and trees and perching areas are a must. Roadside grassy ditches are also favored places for hunting. The diet consists primarily of insects such as grasshoppers and beetles but small birds, small mammals, snakes, lizards and frogs will suffice when opportunity presents. Due to its primary diet of insects and small mammals, the agricultural community has a friend not a foe. Nesting occurs in late April/early May.

**Local Habitat and History:** In 1992, the shrike was confirmed nesting in Freedom Township, Adams County. This nesting marked the first PA confirmed nesting of this once extirpated species in 55 years. The shrike was confirmed nesting in Adams County between 1992 and 1999 with approximately 47 birds fledged. There has been no confirmed nesting of the shrike since 1999 however, individual birds have been observed.

The Freedom Township Grasslands (open grasslands off of Pumping Station Road) is considered and Important Bird Area (IBA) by the Pennsylvania Audubon Society. Besides the Shrike, this unique ecosystem is home to the Upland Sandpiper a PA Threatened listed species and two PA Endangered Species, the Dickcissel and Short-eared Owl (winter resident). This IBA also includes the PA Endangered Least Shrew (a mammal) as well as the Bobolink, Eastern Meadowlark, Grasshopper Sparrow, Savanna Sparrow and Northern Harrier.



Loggerhead Shrike

Mockingbird

**Hunting Habits:** The shrike is considered a songbird but our only songbird which is predatory like a hawk. The most unique habit for this bird and the reason for the nickname of butcherbird is the method on how the shrike captures and kills its prey. The shrike is equipped with a hooked bill which is designed for tearing flesh however, the feet of shrikes are not comprised of strong talons and thus not designed to hold prey during feeding. The shrike has evolved to utilize other objects to serve as feet. The shrike impales its prey on barbed wire or thorny plants such as locust and hawthorns. The impaling also provides the shrike with a means of storing food. The hooked bill of the shrike is also designed for severing the spinal cord of the prey.

**Habitat Requirements:** The shrike prefers open grassy pastures that are

Reasons for decline: While the habitat appears to be present in this area, studies have shown that the following factors have led to the decline of this bird in the mid-atlantic region: loss of suitable habitat (due to development and changes in agriculture), pesticide use and collisions with vehicles (due to hunting habits along roadsides).

What has been done locally to help the shrike: The National Park Service (NPS) here at the Gettysburg National Military Park have done some habitat enhancement work on a parcel of property near the historic breeding sites but so far no luck. That work consisted of planting red cedars and hawthorns. With the NPS present management plan of removing forested acreage and restore the battlefield to 1860's condition, this new grassland habitat could potentially prove to be favorable to the shrike. Throw in some plantings of preferred shrubs and the recipe for success gets better. Now if only we could minimize mortality due to collisions with vehicles. I suppose the NPS could impose restrictions on certain roads seasonally but that season would coincide with the tourist season and that would most likely cause friction. I for one believe the creation of this grassland habitat nearby the 1990's breeding locations will be great for the butcherbird. I also believe the open grasslands of southern Liberty Township (properties off of Tract Road) has potential.

As for the privately owned lands, education is the key. This is where the local Audubon Society and other such groups can make a difference. For those who have the right habitat, the outreach may be as simple as notification and some property management tips. For the property owners who wish to enhance their property for the shrike and other grassland birds the task may be a bit more complex. Thankful-



ly, the PA Game Commission does provide individual property management for wildlife ([www.pgc.state.pa.us](http://www.pgc.state.pa.us)).

<http://pa.audubon.org/ibal>  
<http://centralmdaudubon.org/index.htm>  
<http://pubs.cas.psu.edu/freepubs/pdfs/UH158.pdf>  
<http://www.pbbase.com/rcm1840/loggerheadsrike>

So when traveling through the beautiful rural countryside of Adams and Frederick County next May, keep a close eye out for the butcherbird perched overhead. Even if you don't see the bird but instead you can locate some of their victims impaled, the chances are good that the shrike may be close by.

To report sightings of possible

breeding shrikes, contact the PA Game Commission or the Maryland Department of Natural Resources. You may also wish to contact the local Audubon Society or utilize the web site: [www.eBird.org](http://www.eBird.org).

I would like to thank Deb Siefken of the South Mountain Chapter of Audubon, Christy Hemler and nature photographer Bob Moul for their contributions to this article.

To read other articles on birds by Rusty Ryan visit the Authors' Section of [Emmitsburg.net](http://Emmitsburg.net).

**\*\* Purple Martin Update –** The martins from my colony left at the end of July. I am in the process of cleaning and disinfecting the gourds and preparing them for storage for an anticipated spring 2011 arrival around April 1.

**Emmitsburg Veterinary Hospital**

*"Helping Pets And People Care For Each Other"*

**We Offer:**

- ~Boarding ~Grooming
- ~Behavioral Counseling
- ~Specialty Surgical Procedures
- ~Mobile Service ~Dental Cleanings
- ~Digital Radiology ~Preventive Exams

**9436 Waynesboro Pike, Emmitsburg, MD**  
**301-447-6237**

Visit Us At: [www.Emmitsburgvet.com](http://www.Emmitsburgvet.com)

**EXPERIENCE YOUR WILD ADVENTURE TODAY!**

**VISIT! CATOCTIN WILDLIFE PRESERVE AND ZOO**

**FIND US ON FACEBOOK!**

<p><b>Hours of Operation</b></p> <p>Memorial Day to Labor Day Daily 9am-6pm</p> <p>September _____ Daily 9am-5pm                  October _____ Daily 10am-5pm                  November _____ Daily 10am-4pm</p>	<p><b>Annual Membership</b></p> <p>Adults (13+) _____ \$45                  Children (6-12) _____ \$27                  Tots (2-5) _____ \$27                  Seniors (60+) _____ \$40                  Military/Student (with ID) _____ \$40                  Family (2 Adults/2 Child) _____ \$134</p>	<p><b>General Zoo Admission</b></p> <p>Adults (13+) \$15.95                  Children (6-12) \$9.95                  Tots (2-5) \$6.95                  Seniors(60+)/Military/Students (with appropriate ID) \$13.95</p>
---	---	--

**CATOCTIN WILDLIFE PRESERVE AND ZOO**

**GOOD FOR ONE FREE CHILD'S ADMISSION**

NOT VALID WITH OTHER OFFERS. EXPIRES 8/31/2010

Wonderful adventures and over 500 exotic animals await you in this 50-acre preserve! You'll be welcomed by natural ponds, lush landscaping, and wandering Ambassadors who are happy to indulge questioning guests.

Route 15N in Thurmont, MD • 301-271-4922 • [thezoooforyou.com](http://thezoooforyou.com)



PETS LARGE AND SMALL

# Saturday night is not the time to find a new Vet

Dr. Kimberly Brokaw

Clients and veterinarians have expectations of each other. Unfortunately, what the client expects from the vet and what the vet expects from the client are often not the same. These differing expectations often cause conflict when tensions are high in an emergency call.

When you are out of town, give the people who are caring for your horse a written authorization form you that allows them to call your vet and gives them the name and phone number of your vet. I don't want to get a call from someone who says he is taking care of Jane Doe's horse and needs a vet for Spot because he is colicky. If I am not the usual vet for Jane Doe's horse and I don't have Jane Doe's permission to come and treat her horse for colic, then I won't be coming out to treat Spot.

My next expectation for clients is that they become clients before they have an emergency. While it is true that at 11:30 at night I would rather be sleeping, I do still want to help your horse and will happily come to your farm if you need me and I know you. However, if you are an unknown client, the reason I refuse to come to your farm is not because I don't want to help your horse, but it is because I don't want to take care of horses and not get paid, I don't want to unwittingly feed someone's drug habit, and I don't want to put my personal safety at risk. When you call with an emergency, be ready to give information that helps me verify your identity. It is helpful if you call on a phone that shows caller ID with your name. If you can tell me your animal's name and when we last saw him or her,

I feel more confident that I am actually talking with a known client. One local vet practice insists on a credit card number so they know they will be paid and that the person is a known client. No veterinarian wants to put himself or herself at risk.

The below are a couple of true accounts (the names have been changed) that hopefully give insight into why a vet may (and should) refuse to come to your barn late at night if they have never been there before. All of these situations occurred at practices located within 50 miles of Frederick, MD.

**Call 1**

A page is received from the answering service Saturday afternoon. "Bob" (who refuses to give his last name nor an address more specific than route 26) wants you to fill some prescription pain drugs for his dog Lacey.

**Call 2**

Sunday night a page is received from Mike F. His horse has injured its leg badly and he needs a vet now. He provides an address and phone number to the answering service, but can't remember the name of the horse. When called on the phone number he provided, he doesn't answer. There is caller ID but he doesn't answer a call to that number either.

**Call 3**

Bill F is calling because his horse is colicking and he needs a vet. A phone number and address are provided.

**Call 4**

A page is received Friday evening. Laura L has a horse with an infect-

ed wound. She doesn't know her address but does provide a phone number and name of her horse.

While all of those pages may seem basically the same, the outcomes are very different. The first call ends with the vet phoning the answering service and telling them to call "Bob" and let him know that if he is neither willing to provide a last name nor address, then a vet will not be coming or prescribing pain medication by phone. He doesn't provide more information. Later it is discovered that he called from a phone inside a CVS. No personal information was ever received on "Bob". Most likely he was seeking drugs for his drug habit, and there is no sick dog.

In the second call, while Mike can't be reached on a phone, he provided enough information that the vet knew who he was and recognized the farm. She arrived at his barn and treated the horse appropriately for a severe injury. He apologized that he didn't answer the phone but he called from the office and then went and stood in the barn with the horse to wait for the vet. He says next time he will give the cell number rather than the office. In most situations, the veterinarian would not have gone out on the call and Mike would have been left without a veterinarian. When you call the answering service and leave your phone number, you need to make sure someone will answer the phone when the veterinarian calls back to get details about the animal and details about the emergency.

In call number 3, received by an upscale practice in a wealthy community south of Frederick, the vet

did not recognize the client, but assumed that, as she worked in a multi-doctor practice, that he was a client. When she arrived at the farm two guys held her down and attempted to sexually assault her. The incident frightened her so much that she quit her job and left the area. While the assailants were identified, they were never arrested.

The fourth call started with the vet returning Laura's call and informing her that as she is not an established client, clinic policy is not to go to her farm. She said that her friend is a client and put her on the phone as a reference. The friend was asked to provide her name as well as the phone that would be on record with the clinic. Unfortunately the friend didn't remember her phone number. The vet said she was sorry but that she would not be coming to the farm. Laura proceeded to scream at the vet and say that if the vet truly cared about animals she would come. The vet repeated that she would not go on the call, but provided her with the phone numbers of other veterinarians who are closer to her location. Laura replied that the closest veterinary practice to her location would not come because she owed them a lot of money.

One of the things I tell my clients is that if they are moving, it is important to find a vet before moving the horses. While no one wants their horse to colic while traveling, it does happen and the situation only gets worse when you can't get a vet to come and treat him. Some clinics will just ask for a credit card number and assume that if a number is provided, then it is a real client. However, stolen credit cards have been used to purchase veterinary supplies so more clinics are also ensuring that someone is an estab-

lished client before providing emergency care. Because of this it is important to become an established client before you have an emergency.

Before you move, call the vet that you think you will be using at your new home. If you don't like the vet, you can always change vets later. Call the vet and tell them that you will be moving your horses to the area and wanted to give them your name, address, phone number, and the names of your horses so that you could get it entered in their computer system. The important part is to make sure they enter it in the computer so that if you call at 11:30 at night and the main office is closed, they can verify your information electronically on their laptop. After your horses have arrived at the farm, it is even better if you set up a routine appointment for the vet to come and meet the horses. If the horses aren't due for any vaccines, get a coggins test or a quick physical exam. As a vet, I know that I find it reassuring when I look up a client who I do not recognize, and in addition to seeing that the phone number and address they provided to the answering service matches what I have in my computer, they have also had a recent financial transaction with the clinic; preferably with the bill having been paid.

Emergencies are stressful enough without worrying about whether or not you will have access to a vet, and without the veterinarian worrying about whether or not he or she will be able to safely provide optimal care. A little advanced preparation can make everything run more smoothly.

*Dr. Brokaw practices her love of caring for animals at Walkersville Veterinary Clinic*

# White Dog

Father Mike Steltenkamp

My white boxer also was named "Spike," but we just as often called him "White Dog" since we didn't want him to get confused with his elder namesake (who, often enough, we called "Brown Dog").

This past February he died, and I cried loud enough to put a pillow over my face so that students wouldn't hear me sobbing in my residence hall room. I often think of White Dog, miss him, and smile at his memory that produces a lump in my throat. I concluded that a bless-

ing he provided was to reveal that God regarded me much like I regarded my pup.

White Dog was a wonderful member of the boxer nation. We loved his prideful gait (so characteristic of the breed), his sense of wonder and curiosity, his way of interacting with us. His behaviors were unique, and quite different from those of our other pups.

We could even love him when he opened the refrigerator and cleaned it out (all on the floor). On these occasions, he might act as if some other dog had come into the house and emptied the refrigerator. Or, sometimes he seemed simply to admit his guilt, assume the "sit" position, and endure a verbal reprimand (looking off to the side as if to be saying "please finish"). Inevitably, moments later, he'd be back in the kitchen as if nothing had happened, and good-naturedly seeming to ask "anything here to eat?"

If he had a toy (or, just as often, my shoe) he would hold it as if in possession of the most precious ob-

ject in the world. A boxer who exuded confidence, White Dog was not as perfect as HE thought he was. Still, we loved him for what we knew him to be.

At some level, I could identify with this dog-person. Neither I, nor White Dog, harbored a "mean streak," and we never carried a vendetta against anyone. Our behaviors could be inane on any given day, but we were never intentionally mischievous. It is this primal identity—one that includes objectively both good and ignoble thoughts and actions—that I think God understands only too well.

Over the years, I found that when dealing with a small child or baby, if I said "aren't you good" or "you're a good one, I can tell," I found that the little child responded as positively as my pups did. Ever since making this observation, whenever I deal with a babe-in-arms or little child, I always say something like "she's good" or "I can tell that you are very good" or "you're a good one." 99% of the time, the child smiles, or registers in some way that

I, a stranger, am somehow a trusted presence. One seems thrilled to be acknowledged this way.

One day I was thinking of Genesis, and recalled how God made everything and saw that it was "good." It occurred to me that God looked at each creature—and said the same thing that I had learned to say. Whatever the life-form, God lovingly beheld it and said: "you are good."

es, God sees all of us created beings for what we are—and we are not gods. We are 4-leggeds, or 2-leggeds, or swimming or crawling creatures—all finite and predictably frail. Yet still, God looks at us, even on our worst day and worst behavior, and lovingly, tenderly, understandingly, and appreciatively says "you're good."

Knowing us better than we know ourselves, and better than anyone knows us, God affectionately holds us close and rejoices in our creation—much as parents hold their child, and much as I regarded a family member we lovingly knew as White Dog.

**LITTLESTOWN VETERINARY HOSPITAL**



**\* NEW PATIENTS WELCOME \***  
**Dogs, Cats, Birds & Exotics**  
 Julie L. Holland, DVM    Gary J. Kubala, VMD  
 Over 40 Years Combined Experience  
**5010 Baltimore Pike, Littlestown, PA**  
**717-359-7877**  
[www.littlestownvethospital.com](http://www.littlestownvethospital.com)



## VETERAN'S PROFILE

# Martin & Sharon Williams

Martin was born December 9, 1949 at Annie M Warner Hospital in Gettysburg, Pa. Sharon was born July 23, 1957 at the same place. They both came home to Emmitsburg to reside; Martin at the west end of town and Sharon at the south end.

Martin graduated high school in 1968 and went to work at a shoe factory in Westminster, Md. And in August of 1969, he was drafted into the US Army. Martin took his basic training at Fort Bragg in N.C. He then went to Fort Dix, N.J. for eight weeks of a field communications school, then communication lineman school at Fort Gordon, Ga., and finally Sheppard Air Force Base in Texas, where he helped build antennae similar to radio towers. Upon completion of his last school, he began his tour in Vietnam.

In Vietnam he was stationed with an artillery outfit affiliated with the 25th field artillery division. He performed mostly communications work, and also served as an officer's duty driver for a Captain and Lieutenant, taking them anywhere they wanted to go. This was very tricky at times because he had to travel many red roads, which means they could have been ambushed or shot at during any time of the day.

Martin was discharged in 1971 following his tour in and returned to his old job in the shoe company, but soon realized he wanted to pursue something else because there was not much chance for advancement or a future there. He applied for a job with C&P Telephone Company in 1973. He worked for the phone company for 31 years and retired in 2004. However he quickly grew tired of retirement and took his current position with at the Provincial House.

Sharon graduated from Catoclin High School in 1976. Sharon joined the Army Reserves in 1986 and did her basic at Fort McClellan, Ala. She then went to MP School for eight weeks training, followed by a two week leave, before heading to Fort Lee, Va. She was in fuel handler units and refueled aircraft or any piece of military equipment. Sharon handled the paperwork involved in refueling of military equipment, which added credits to a future career. Sharon finished all her training, and returned home. Her unit was stationed in Greencastle, Pa., which was a motor pool and support unit for any military unit. They specialized in maintenance and worked on many vehicles, including Blackhawks. The unit gave a lot of support to the regular Army personnel.

In 1991 Sharon was put on alert for Operation Desert Storm. Only 12 days before her deployment, they cancelled her orders. The days 33 days between her alert and the cancellation of her Orders were the roughest days of her life. She constantly thought about the kids and

what they would do without her there, wondering if she would ever see them again. When it was cancelled, she felt a feeling of relief, but also a feeling of guilt for not going to do what she was trained for. The unit Sharon was to ship out with was hit with a scud missile and four from the unit were lost.

Sharon gets very emotional and teary-eyed because she thinks God has something planned for her and that is why she was spared. Sharon was a secretary for a plumber for six years, and then went to work for the Gettysburg Military Park in 1994, where she is still employed today. She also works for the Eisenhower Farm and Museum, which is separate from the Gettysburg National Military Park. Sharon also manages the preservation of the Eisenhower Home, in addition to managing six office buildings, plus the new visitor's center. She plans to continue doing the same thing until retirement.

Martin and Sharon were married June 14, 1991 and are still very happy after 19 years together. When they are not working, they keep very busy involved with veterans, especially disabled veterans. Martin and Sharon are both very patriotic and an asset to our community of Emmitsburg.

Martin is Senior Vice Commander of Emmitsburg VFW, and is also on the Board of Directors for the Canteen. He is Chaplain of American Legion Post 121 Emmitsburg and President



of the Board of Directors for American Legion Post 121. Sharon is a member of the Emmitsburg VFW and a member of the Ladies Auxiliary of Emmitsburg VFW. She is also a life member of American Legion Emmitsburg. She has hosted four dinners to honor our Veteran, and takes care of the VFW Convention in Ocean City, Md.

The group Sharon chairs cooks all week for hundreds and hundreds of veterans at the convention coming from the state of Md. It consists of very hard work, which our veterans deserve because they are the reason we are free today. Sharon loves going to Martinsburg Veterans Administration Hospital and talking to the disabled veterans. Sharon notes that no matter what they want to talk about,

Sharon and others listen and converse with the veterans because they deserve time with people who truly care for and respect them.

The veterans are sitting in the hallways all alone with various body parts exposed, not hiding their humiliation. These are men and women who fought for our countries rights, and it seems they are tossed aside. Sharon had an idea for making lap quilts and presenting them to the veterans to keep their lower extremities from being exposed. Sharon has named the project "Operation Thank a Veteran."

The next time you ask yourself, "What can I do to help?" just jump in your car, pick up a friend or two, and drive to a Va. Hospital, and sit down and talk and listen to a veteran, or have a game of cards with them. Take them for a ride in their wheelchair, or just do something with a veteran and the great feeling that will overcome you will amaze you. A big start is with you, and then your friend, and then your friend's friend, and so on until, in time, we have a whole nation of people who respect and appreciate our veterans and will spend some time with them.

Established 1989 - Joe & Cindy Wivell

• 5.11 Apparel  
• Tuxedo Rentals

- In House Custom Embroidery
- In House Custom Screen Printing
- NFA Apparel & Souvenirs
- Photo Plates & Accessories

• We Can Digitize Your Company Logo!

• Quality Name Brand Clothing & Promotional Items At Reasonable Prices!

**Coordinate Your Team Apparel & Spiritwear With Us!**  
Call, Stop In Or Email Cindy With Your Ideas and For Pricing!  
*We Carry Champion, Izod, Holloway, Teamworks And More!*

*Look for our used book section coming soon!  
(Look for details in store in September!)*

**We Carry Hunting Hats, Shirts, Etc.!**

**RENT A VEST & TIE TO ADD TO YOUR EXISTING SUIT. YOU'LL HAVE A SPECIAL LOOK FOR THAT SPECIAL OCCASION!**

**1 East Main Street, Emmitsburg, MD 21727 301-447-3087**  
Hours: Mon. & Thurs. 4 PM-8 PM; Tues. & Wed. 11 AM-8 PM; Fri. & Sat. 11 AM-9 PM

**Vote for Experience**

**Vote for Alan Imhoff**

*With over 25 years of service at Municipal, County, State and Regional levels, Alan has the experience needed for Commissioner.*

- Adjunct Faculty at Frederick Community College
- Member, Maryland Military Installation Committee and Greater Washington 2050 Committee
- Former President, Frederick County Chapter of Maryland Municipal League
- Former Alderman, The City of Frederick

**Experience to bring fiscal *balance* back to County government.**

*By Authority: J. Lynn Shanton, Treasurer*

Special 'Local's Only' Deal

Liberty Mountain Resort is pleased to present...

## CARROLL VALLEY

at Liberty Mountain

**Rediscover the Carroll Valley Golf Course at Liberty Mountain Resort!**

**PRESENT THIS AD TO RECEIVE:**

**\$25 Round Midweek After 1pm**  
**\$29 Round Weekend After 1pm**

Includes Cart - Advance Tee Time Required  
Offer Valid Every Day in September 2010

Call 717-642-8252 for a Tee Time

**78 Country Club Trail, Carroll Valley, PA 17320**  
[www.skilliberty.com](http://www.skilliberty.com) [www.carrollvalley.com](http://www.carrollvalley.com)

*A Full Service Barro Guild Dealer*  
*"Remember, Monuments Are Our Only Business."*

See Our Indoor Display!

Senior Citizen Discount Always Applies!

Serving All Your Cemetery Needs

**Call: 717-794-2981 Fax: 717-794-5689**  
Hours: Mon. thru Fri. 8:00 am - 4:30 pm, Sat. 8:00 am - Noon  
After Hours By Appointment  
[gillandmem@innernet.net](mailto:gillandmem@innernet.net)

**P.O. Box 400 ~ Route 16**  
**Blue Ridge Summit, PA 17214-0400**  
Visa, Mastercard & Discover Accepted



# The Road to Smithsburg

## Part Two

John A. Miller  
Emmitsburg Civil War Historian

At Franklinville according to a Baltimore Sun Correspondent, General Stuart and about 2,000 exhausted cavalymen rested in the fields near the mill and creek to feed and water their horses. Oats, wheat and rye were taken from the mill and was strewn out along the roadbed making a trough for the horses. After spending several hours there, Stuart ordered his cavalry to make their way to Deerfield. Meanwhile, patrols of Confederate cavalry who were detached from the main column rode around the countryside scouting for General Stuart.

Studying his map, Stuart chose to take the road leading over the Catoctin Mountain to Deerfield Station from Franklinville. Colonel Robert L.T. Beale of the 9th Virginia Cavalry remembered this road, "Followed a narrow road which penetrated the Catoctin Mountains along a ravine, having either side precipitous bluffs and spurs".

At the small hamlet of Flint, Stuart picked up the old Hagerstown and Westminster Turnpike and followed it to Lantz Deerfield Station. Many stories have surfaced from the locals about Stuart's Cavalry taking an old logging road to Mount Zion Church. According to Stuart, it was here that he divided his cavalry at Mount Zion Church at a fork in the road. At this intersection, one road led to the left by way of Smithsburg where it would join the Leitersburg Turnpike. The other fork to the right took a more northern approach, also leading to Smithsburg but bearing more towards Leitersburg. General Stuart ordered Colonel Milton Ferguson, who was acting as the brigade commander for General Albert Jenkins to take the lower road that led directly into Smithsburg. General Stuart and Colonel John Chambliss traveled the upper road that took them through Raven Rock Pass and back on the old Hagerstown Road that would also eventually lead them to Smithsburg.

Confederate troopers foraging the area came upon a river of rocks where their horses became very spooked by the sound that came from the ground. The sound was similar to that of rattlesnakes. The troopers dismounted and placed their ear down on the rocks and heard not rattlesnakes, but a small stream that flows beneath them. The boulders were deposited by glaciers millions of years ago and are called the Devils Racecourse.

Stuart was not aware that General Judson Kilpatrick had broken through Monterey Pass and was commanding the approach to Smithsburg from the east and northeast. General Kilpatrick

had deployed his cavalry division on three hills. General George Custer's Brigade and Pennington's guns held the hill on the left, behind Kilpatrick's center. Colonel Pennock Huey's Brigade and Fuller's Battery held the hill known as Gardenhour's Hill at the center of General Kilpatrick's deployment. To Kilpatrick's right, on Goat Hill or Federal Lookout as it is called today was Colonel Nathaniel Richmond's Brigade with Elder's Battery. The photograph shows Elder's position.

General Kilpatrick had sent scouts to the eastern entrance of Raven Rock Pass to watch for any enemy movements from the direction of Emmitsburg when they spotted a portion of Stuart's Cavalry. Colonel Beale recalled: "About three o'clock p.m. the sharp report of rifles was heard at the head of the column". The Union cavalry pickets immediately turned their horses and cantered to Smithsburg. The shots that were heard were most likely those from the 7th Virginia Cavalry of General Grumble Jones' Brigade that was assigned to General Stuart's command. Colonel Beale continued: "Lieutenant Pollard was ordered to the front. Dismounting his men, and throwing them out along the side of the mountain, the firing soon receded and we pushed on." After being informed of Stuart's approach by local farmers and scouts, Kilpatrick was ready to receive him, as there were only two mountain roads that led into Smithsburg that Stuart could have been traveling upon.

Colonel Ferguson proceeded toward Smithsburg while Stuart and Colonel Chambliss were riding northward to cross South Mountain near Raven Rock. Colonel Ferguson was beginning to ascend the rocky hillside of South Mountain and ran into Richmond's Brigade that held Kilpatrick's left. According to Kilpatrick, at around five o'clock the battle of Smithsburg began, "The Rebel columns were seen debouching from the wooded mountain passes and around 5:30 pm Fuller's battery opened; a few moments later Elder's followed." William Henry Forbush, serving on Fuller's Battery said "We opened on them with our whole Battery" and during the cannonade, Colonel Huey acknowledged that the firing from Fuller's guns were "with spirit and effect."

The fighting took place from

crag to crag on the western side of South Mountain. Trying to cut his way through and deploy in an opening, Ferguson found the going tough as Fuller's and Elder's Batteries, consisting of three-inch rifles, fired on them. As Elder's Battery commenced firing on Ferguson's deployment, Colonel Richmond complimented "Fired a few rounds, with good effect." However, Elder's Battery did little damage to Ferguson's Brigade.

Once the head of Chambliss' Brigade made it through South Mountain on the northern road, they saw first hand Kilpatrick's deployment with Colonel Huey commanding the front and skirmishers deployed on both sides of the road at the foot of South Mountain blocking the road below the mountain pass located on modern day Fruit Tree Road and Fuller's Battery commanding the center. The western side of South Mountain featured a beautiful landscape of rolling hills and open fields as well as blue lines of cavalry in the distance; Colonel Beale noted that he could not form any idea of their number.

"Under this artillery fire, Stuart essayed in vain to take up a position," Colonel Beale noted that Fuller's Battery began throwing shells toward the South Mountain gorge as soon as the head of Chambliss' Brigade was at the mouth of the mountain pass. As the Confederate troopers filed off of the main road they dismounted and formed their skirmish line. A portion of Stuart's Artillery was still in the rear and had to be brought up in a hurry. Colonel Beale recalled: "Climbing up the steep mountainside on our right, and using some cavalry horses to aid those of the artillery, several of our guns were drawn to the summit." While Stuart was trying to get Griffin's Battery unlimbered, Stuart had sent word to Ferguson to reinforce him at Raven Rock as Griffin's guns got in range of Kilpatrick's left flank and was about to break. The courier had to go back up to Mount Zion and ride down to where Ferguson was located in order to relay the message. As the courier left Stuart's command, Kilpatrick had ordered the 6th Michigan Cavalry of Custer's Brigade and for Pennington's Battery to fire and try to force Stuart back into South Mountain.

As Griffin's Battery fired on Kilpatrick's command, Major John



Hammond of the 5th New York Cavalry recalled: "As the command was in line awaiting the order to march, the artillery of the enemy opened to the right of the town, when I was ordered with Elder's battery to take position in rear of the town. I posted the regiment in a cornfield on the left of the battery, and for a short time was exposed to the enemy's shells, which did no damage."

As Ferguson received Stuart's orders to leave the field and reinforce Chambliss' Brigade engaged with Huey's command, Ferguson fell back eastward to Mount Zion Church and traveled down the same road that Stuart and Chambliss had previously used. Seeing the road empty, Major Hammond later wrote "I was ordered to take position upon a high ridge to the left about half a mile and the first squadron, under Capt McGuine, was sent forward to reconnoiter, as there were evidences of a flank movement by the enemy; but at dusk the reconnaissance, being completed, reported the enemy retreating."

Griffin's Battery consisted of rifled 10-pound Parrot guns, the shells of which began to fall around Huey's position as well as through the streets of Smithsburg, hitting a few houses along the way. Stuart began to push through the mouth of Raven Rock Pass and descend the mountain toward Smithsburg. Colonel Beale recalled, "Very soon [we] drove the enemy's guns to a distance so respectful that their balls fell short of our men."

As dusk approached, seeing Ferguson's troopers on the move, General Kilpatrick thought that General Stuart ordered a withdraw from the field. Seeing this, Kilpatrick, carrying his captured goods and prisoners from the previous day's battle at Monterey Pass ordered his command to start withdrawing from the field and to fall back through Smithsburg. Sergeant William Wilkin of the 1st West Virginia Cavalry recalled from Federal Lookout, "The fight lasted till dark." As Kilpatrick's Cavalry was withdrawing to Boonsboro, Company E of the 6th Michigan Cavalry, who served as skirmishers, were never given the order to withdraw from the field. Not realizing they were the only Union troops still left on the field, they saw Ferguson's troopers pitching their camps for the night. They quickly withdrew and followed the road out to Boonsboro. Kilpatrick, using the Boonsboro Road followed the western base of South Mountain to Boonsboro where he arrived at around 10:30 that night.

That night, Stuart and Chambliss continued to ride to Leitersburg, where they camped for the remainder of the night. The following day on July 6th, Stuart rode back to Smithsburg where he found General Grumble Jones. From Smithsburg, Stuart continued to Hagerstown sending portions of Jones' Brigade toward Boonsboro.

To read other articles on Civil War history, visit the Civil War Section of the Emmitsburg Historical Societies' Section of Emmitsburg.net

Horner Enterprises

Mostly Civil War Stuff

Potpourri of Publications, Presentations, Tours

John B. Horner

20 Horner Road Gettysburg, PA 17325 (717) 334-8916 e-mail: jhorner@cvn.net

GARRYOWEN IRISH PUB

126 CHAMBERSBURG ST. GETTYSBURG

COME ON OVER & CELEBRATE  
GOOD TIMES, GOOD FOOD  
& GREAT MUSIC

COMING SOON:

"STUBBORN IRISH PRIG"

A TURF SMOKED IRISH PORTER.  
BREWED EXCLUSIVELY FOR  
THE GARRYOWEN IRISH PUB BY  
ROY PITZ BREWERY, CHAMBERSBURG PA

Gettysburg's only Irish-owned pub offers a genuine taste of Ireland through "Ceol, cainte agus craic" Music, talk & fun. Open 7 days for lunch & dinner

717-337-2719



# HISTORY

## Emmitsburg's Presbyterian Church

Ruth Richards

Originally Published in 1960

*Editor's Note: Given his family was one of the cornerstones of Emmitsburg Presbyterian Church, we feel William Hayes will forgive us for interrupt his recounting of Life at the Emmitsburg Road for a recounting of the history of the church which played such influential role in making him the man he was. We'll resume his account in two month. In the meantime, we'll turn these pages over to our dear friend Ruth Richard who has forgotten more about English and grammar then we hope to ever know!*

It is difficult for us in this day of motorized travel, straight good roads, cleared land and rapid pace of living to turn back two hundred years in our history and try to imagine what life was like in the early days of Maryland, and more specifically, in Emmitsburg.

An excerpt from an address given by Rev. William Simonton in July, 1876, at the 100th anniversary celebration of the founding, can best describe the conditions of this little settlement at the time the first church was established here.

"The present improved condition of the country contrasts strongly with what it was over a century ago. The population was then sparse. The still heavily timbered tracts of land far exceeded the clearings. The fields under tillage were yet in the rude stages of cultivation, and presented the unsightly appearance which accompanies the transformation of the forest into the productive farm. The highways were at certain seasons almost impassable, the streams were unbridged.

There were few mills, tanneries or other manufactories. Not to speak of the steam engine, the iron track, the telegraphic wire, and like modern improvements, there were no turnpike roads, or canals intersecting the country, and, with rare exceptions, no stage lines connecting remote parts of the same county. Few newspapers were in circulation and the family

library did not often exceed a dozen standard volumes.

The houses were small wooden structures, unpainted without or within, and the furniture was correspondingly plain. The habits, manners and tastes of the people were simple. They wore home-spun clothing. Their food came from their own fields and flocks. They indulged in few luxuries which their own farms did not produce, or their own handiwork provide. They knew nothing of the easy, comfortable vehicles of our day, and either walked, or rode on horseback to church, to funerals, and to their social gatherings."

And if the above is a contrast to the lives of the people in 1876, an even greater contrast would certainly be in evidence today.

Because we are dealing specifically with the history of the Presbyterian Church of Emmitsburg, we will naturally narrow our field and become more specific as to the people who established and made up the church at that time.

In the early days individual nationalities were easier to spot and point out, for as these people came to settle they brought with them the customs of their native lands, and from that has grown the varied but interesting culture of our own country.

Again I quote from Rev. Simonton's address: "They came from Scotland, the North of Ireland and are frequently designated Scotch Irish, especially in local ecclesiastical history. They planted themselves upon the 'red lands' in the southeastern part of York County, Pa., which then included Adams. Their settlements extended across the border of the Province into Frederick County, Maryland, then embracing also what is now Carroll County, of the latter state. They were a moral, frugal and industrious people.

They brought with them the characteristics of their native country. Among these were courage, determination, and an exalted spirit of patriotism. Being lovers of liberty and independence, they were pronounced in their opposition to all political tyranny. They were accordingly among the foremost to espouse the cause of the Revolution, and to resist the encroachments



of the parent country. They were ardently attached to the doctrines and worship of their forefathers. They carried with them to their new homes in the wilderness, the Bible, the Confession of Faith, and the Catechism, and as soon as circumstances would permit, they reared for themselves a sanctuary, and hard by a school-house, as its necessary complement and accompaniment."

Such were the problems of living, the character of the people, and the life of the people who decided two hundred years ago that it was necessary to establish a Presbyterian Church for the surrounding community of Toms Creek and Emmitsburg.

The birth date of this church was figured from the time the first service was held under the supply of Rev. Robert McMordie. From the HISTORY OF EMMITSBURG, by Helman, I quote

"The minutes of the Presbytery of Donegal show that the Rev. Robert McMordie was appointed to supply at 'Monakasy.' On the second Sabbath of September, 1760 . . . The precise locality is unknown, and, hence cannot be determined, whether the services were held in the territorial limits of Emmitsburg or Piney Creek Church, is even without traditional sanction."

We do have knowledge though, that Tom's Creek asked for, and was accorded a supply who preached at Tom's Creek early in October, 1761. From this meeting came the church which was called Toms Creek Church. The date of the original formal church building known as Toms Creek Church cannot be determined. It is known, however, that the original building stood on a piece of property one mile north of Emmitsburg, along the Gettysburg



Road and that the Presbyterian Cemetery still occupies that land. Here the church stood until it was removed to Emmitsburg.

Among the records of the church is a notebook containing the Constitution of the Church; the record of the meeting at which it was decided to move the church to Emmitsburg; the details of the dedication of the newly-built church in 1879, and the mention of the 1902 fire. The notebook is not dated, but because of the nature and condition of it, I am led to believe that it is a copy rather than the original. No indication is given, however, of who might have copied it nor from what it was taken. It also seems to be all written in the same handwriting.

According to this notebook a Constitution of the Presbyterian Church was drawn upon the recommendation of the pastor, Rev. Robert S. Grier on Sept. 15, 1838. The Constitution was recorded in Church Record folios 57, 58, 59 and 60 of the Record Books of Frederick County, February 5,

1839. The following is from the notebook referred to above.

"At a special meeting of the board of trustees held January 23, 1839, Rev. R. S. Grier in the chair, it was resolved 1st That the Tom's Creek meeting house be removed to Emmitsburg.

2nd Resolved that a committee of five persons be appointed by the president to purchase a suitable lot of ground in Emmitsburg for the erection of said house with such attention as they may deem necessary and to contract with mechanics for said work. Whereupon the following committee was appointed: Thomas Hays, David Gamble, Maxwell Shields, James McKeehan and Andrew Annan."

Purchase Of Lot 2: Received April 20th, 1839 of Andrew Annan, one of the trustees of the Toms Creek Church, two hundred dollars in full for the purchase of a lot of ground in Shields Edition to Emmitsburg, for the erection of the above named church thereon. (Signed) Margaret Knox, Mary Knox



*Bring old photos of your loved ones back to life in living color!*

*Painted in Oils or Pastels ~ Any Size  
Specializing in restoration of degraded images.*

*Elizabeth Prongas, M.F.A.  
301-271-4459*

**Become a subscriber to the** *Emmitsburg* **NEWS-JOURNAL**  
**Don't miss another issue!**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone \_\_\_\_\_

**ELECTRONIC VERSION**  
 (e-mailed to you)  
 **\$12.00 PER YEAR**

**PRINTED VERSION**  
 **\$24.00 PER YEAR**

**PAY ON-LINE AT**  
**www.emmitsburg.com**

Or Fill Out The Form Below And Mail To:  
**EMMITSBURG NEWS-JOURNAL**  
 P.O. Box 543, Emmitsburg, MD 21727  
 (Make Check Payable To Emmitsburg News-Journal)



The church was then duly taken down and rebuilt in Emmitsburg on the property described in the copy of the receipt above, and that is where the church stands today.

Rev. Simonton again tells us that: "In April 1867, the Session of Toms Creek applied to the Presbytery for a change of ecclesiastical name. In response to this application the designation of 'Emmitsburg' was substituted for the well-known but less euphonious title, 'Toms Creek'".

In 1869 the church was remodeled. The details of the remodeling are missing but just eight years later the entire church building was razed to make way for a completely new structure. The aforementioned notebook tells us:

"In April 1877 the Congregation concluded to tear down the church which was built in 1839 and erect a new one. During the building of it, through the courtesy of the Lutherans, we held services in their church for nine months. At the end of this period the lecture room of our new building was ready for use. It was occupied for the first time on Sunday morning June 5, 1879. The main edifice was completed in August and dedicated on the 28th day of September.

Excerpts from minutes of Session February 28, 1880: "The Emmitsburg Church edifice being deemed insecure, the congregation resolved, early in the spring of 1878 to erect a new house of worship. The old house accordingly was removed in April of that year and preparations were at once made to rebuild." . . . "It was occupied for the first time on Sabbath morning, January 5; 1879."

At the completion of this new building a very complete and detailed report of the Building Committee was made by Dr. Robert Annan who was chairman of that committee. The church is fortunate to have among its records this report, and because it typifies the strong faith of the Presbyterians of that day, and also because it has such unusual and elegant style, I feel that the readers of this account should have the privilege of knowing its contents.

"When it was determined to take down the old church—a decision

hastened by the unsafe condition of the walls, and build a new one, it was thought possible by using the old material with five thousand dollars (\$5,000) to erect a suitable building, the amount wanted was then announced, it is certainly highly creditable and a source of worthy pride to recall how very promptly the amount named, within a fraction, was subscribed.

But now, even with the old material, on hand, and the money subscribed, we confess we were greatly exercised as to the proper way to get our ideas into tangible form, we were all fully persuaded and united in the opinion that we wanted a church building in which we would have art audience room, an infant classroom, a Sabbath school room and a library room.: There was no discussion as to that arrangement, but did we want the one above, below, in the rear or in the front or vice versa. You all remember how much and how long we talked it over, giving some of our friends reason to doubt, our earnestness and determination to build. The result of all this discussion was the conviction that unless we employed an architect we would certainly and signally fail in the successful discharge of the duty imposed upon us and, could not render the satisfaction we desired, and you had the right to expect and require.

With a full knowledge of your noble generousities of the past, we felt assured of your sympathy and appreciation of our position—fully convinced that you would sustain us in doing that which was right and necessary—and would, in the end, insure to the highest and best interests of this congregation. We have as you have heard by the report, and confirmed, by a single glance at this plain, comfortable, substantial and beautiful structure, exceeded the limit fixed by the congregational meeting, although practicing as we believed, the most rigid economy. We have been greatly encouraged by the encomiums and expressions of approbation and delight, which we have heard from ladies and gentlemen of education, of refined and cultivated tastes, and certainly have not heard unmoved the exclamations beautiful, beautiful,



Sunday School teachers—Irma Webb, Leeanna Franklin, Ruth Richards, Carolyn Webb, Mayme Hays, Katherine Richards, and Samuel Hays.

beautiful, as it fell from the lips of those who never enjoyed the opportunity of cultivating the aesthetical.

It is a matter of surprise then, if our hearts swell with emotions of meritorious pride and profound gratitude and our souls are exalted and filled with joy and gladness and thankfulness, to God? But in the midst of this legitimate and laudable rejoicing, the shadow of a great sorrow rests heavily upon some hearts, obscuring and saddening somewhat, the brightness and gladness, prevailing all around, and chilling the cheerfulness and happiness, which, were it otherwise, should abound and animate alike all breasts. The memorial windows have not been included in the above statement.

We are indebted to the large hearted liberality of Andrew Annan M.D. for the magnificent window, which occupies so large a space in front of the church, and dedicated to the memory of Rev. R. L. Grier, a worthy tribute, to him, whom, we all delighted to honor, and whose name is still cherished, and held in sweet and loving remembrance. The other memorial windows, are the gifts of those, who desire, to preserve in all its purity, loveliness, and sacredness, the memory of near and dear ones, who no longer worship with us in this place—but have joined the congregation of the redeemed, above, and worship the Most High, in that Temple not made with hands, eternal in the heavens.

The committee takes the liberty, of urging the congregation to devise some way, to secure the speedy liquidation of our indebtedness, with a proper effort, and realization 'of individual

obligation, we are of the opinion, there will, or can be 'no doubt, of accomplishing this greatly to be desired result. Let each one subscribe liberally and we will enjoy the delightful privilege—and great pleasure of dedicating our church free of debt—a consummation most ardently and devoutly desired and prayed for, as the crowning act of a grand and noble enterprise and a pronounced acknowledgment of our appreciation of so handsome and attractive a place in which, we may worship the only living and true God.

The undersigned do not feel content nor justified in closing this report, without, giving expression to our gratitude and indebtedness, to Mr. I. L. Annan of the building committee, for the personal attention and indefatigable labors which he so kindly and perseveringly devoted to this entire work, from the taking down of the old to the final completion of the new; church." Sept. 1, 1879

It is but simple justice, and affords us much pleasure, to record the fact, that the cut stone (granite) which, were prepared by parties in Gettysburg, were delivered free of charge, by the following gentlemen: William P. Gardner, Wm. R. White, Fleming White (a member of Marsh Creek Church), Rod Hunter, John A. Horner, John Agnew, John & Breckinridge, Allison & William Morrison. Mr. Hunter hauled two or three loads and Mr. Agnew two loads. Mr. Absalom Smith of Bridgeport hauled slate from Taneytown farm.

This Church was Gothic in Architecture with steeple of splendid height. Greatly admired for its beauty, this church stood until August 28, 1902. During a thunder storm it was struck and burned leaving the blackened walls only to tell of its former beauty. Sixty-five hundred dollars insurance enabled the congregation to rebuild again. This building was not completed until May 1904. Rev. David H. Riddle was pastor at this time. With two-hundred years mixed with joy and sorrow, success and failure, this building stands as the present day Church of the Presbyterians.

On January 1950 a redecorating job was completed and a rededication service was conducted by Rev. Charles S. Owen who was then pastor of the church.

**ORGANIZATIONS OF THE CHURCH**

In order that the people of a church

may grow together socially as well as spiritually several organizations have been formed at various times throughout the life of the church. Some have lasted up to this time, others have ceased to function.

Of the early organizations which endeavored to serve the members was a Library which was established in June of the year 1840. The official title according to the Secretary's notes which have been preserved was "The Library of Tom's Creek Church." According to the by-laws the librarian was to be at the library once every two weeks to help people check out books. Only the members of the Library society were eligible to borrow from it. The first librarian was Miss Jane Annan.

Some of this library's books will doubtless prove interesting to the readers of this history. Hodges History of Presbyterian Church Vol. 1; Scripture Geology; Life of Knox; Force of Truth by Scott; Mother at Home; Child at Home; and many others along the same lines. Although there is no mention of the discontinuance of the library, the latest entry in the note-book, was for May 1859. It is certain that at the present time there is not a library connected with the church, and the whereabouts of the books is unknown.

On December of 1882 a group from the church met to form the "Emmitsburg Presbyterian Church Mite Society." The first meeting was held at the home of Mrs. C. Annan and the purposes of the society were twofold; First, as a social group for all members of the church, and secondly, to do good as the members chose to see fit.

The procedure for the meeting as it was established is followed at the present time. A short devotional service, with an offering is followed by a short business meeting, and finally the social hour with entertainment and refreshments. The pastor of the church has always presided at the meetings, and the members of the society serve as the other officers.

Following is a slate of the officers when the Society was originated. These officers were elected February 12, 1885. President, Rev. Wm. Simonton; Vice President, Mrs. George Beam; Vice President, Mrs. James Helman Secretary and Treasurer, M. Alice Simonton; and, Collector of Mites, J. Stewart Annan.

Part 2 Next month.





## MOUNT CREATIVE WRITERS

## A change will do you good

Chelsea Baranoski  
MSM Class of 2010

“A change will do you good” Shelby Natali sung as she drove her blue Volkswagon Beetle into the parking lot of the Terrace, Mount St. Mary’s University’s oldest residence hall. Her mom’s forest green minivan and her dad’s brick red pick-up truck followed closely behind. Shelby’s family thought she was crazy for bringing three carloads of belongings to college, but she insisted that everything would fit into her dorm room. She needed the three-foot tall teddy bear her boyfriend Todd won for her at the carnival in July. After all, what if she had a bad day and the only thing that could comfort her was the teddy bear? She needed her floor-length navy blue evening gown. What if there was a dance on campus or a major red carpet event? She needed her skiing equipment. What if there was a blizzard or she wanted to test the slopes at Ski Liberty? Shelby was a “just in case” person and she was sure that if she was ever stranded on a deserted island, she would have everything she needed.

Just as Shelby stepped out of her Beetle and her black Converse hit the pavement, a swarm of peer mentors, upperclassmen who help during freshman move-in day and orientation, hurried to her car like children running after an ice cream truck. Shelby looked back at her parents’ vehicles. Peer mentors were asking them what room she would be staying in.

“Shel, what’s your room number?” Shelby’s mom called out.

“MacCaffrey 315,” Shelby shouted back. She felt her stomach twisting like an Auntie Ann’s pretzel. Suddenly, it hit her. She would not be going back to her little house in Baltimore until Fall break. She would not be able to eat her mom’s homemade lasagna and chicken cacciatore. She would need to make friends and learn to make her own decisions. Was she ready? It didn’t matter – the time had come and if she didn’t get rolling, there would be a line of overstuffed cars and minivans snaking from the Terrace to Route 15.

When she popped the trunk of her Beetle, peer mentors grabbed her colorful duffel bags, cardboard boxes, milk crates, and Target bags filled with school supplies. She could not believe that the peer mentors were hauling all of her “necessities” up the elevator and to her room. Shelby was thankful for their assistance, especially since she was out of shape after spending the summer laying around poolside and eating too many egg custard snowballs. She never would have been able to haul her TV and stereo into Mac 315. After a mere ten minutes, the peer mentors, all dressed alike in their blue shirts and khaki shorts, managed to clear all of her belongings out of the family vehicles. The only item Shelby needed to carry to the entrance of MacCaffrey was her purple purse.

When Shelby entered the MacCaf-



frey lounge, flanked by her mom and dad, her brother, Sam, and her sisters, Sienna and Salome, her brown eyes shifted from the TV to the vending machines, to the PacMan game in the corner. PacMan reminded her of the game in her eye doctor’s office. She and her brother loved playing that old-school game while they were waiting to get their eyes checked.

“Hey, Shel, Pac-Man tournament with Sienna and Salome after you get all of your stuff moved in?” Sam asked, with child-like excitement.

“Of course, Sam!” Shelby exclaimed. She knew that her brother may be fifteen years old and a self-proclaimed tough guy, but she knew he would miss her while she was away at school. After all, why else had he wanted to go to the mall with her a few days ago? He hated shopping and would much rather pump some iron in the basement than go to a mall where – God forbid – he would need to try on clothes.

Shelby and her family packed into the elevator. She was excited that the Terrace was recently renovated and had an elevator so she would not need to run up and down three flights of stairs fifty million times a day. Shelby knew that the elevator would probably further prevent her from escaping the “freshman 15,” but she was sure she would get enough exercise running to class every day. Shelby knew that she would start off getting to class ten minutes early and as the days went by, she would find herself arriving later and later. She could picture herself wearing a path in the Mount’s green grass from constantly running to class. Maybe she should have invested in a better pair of running shoes than Converse. “Damn,” she thought to herself, “I may have packed three vehicles full of belongings, but I still forgot something: a pair of Nikes.”

When Shelby stepped out of the elevator, the third floor of MacCaffrey was bustling with frantic parents and their energetic college students. The hallway was lined with boxes, bags, crates, duffel bags, and sporting equipment. Voices swirled in and out of the open doorways.

“Geez, Tammy, did you bring enough clothing? It’s not all going to

fit in this little closet!”

“Do you want to go to the bookstore to pick up your books?”

“I’m hungry. Let’s see what they’re serving in Patriot Hall.”

“Come on, Mom. Stop crying. I’ll see you Family Weekend.”

Shelby walked down the crowded hallway, her eyes searching for room 315. After what seemed like an eternity, she found the room and put her small golden key in the lock. When she opened the door, a girl with curly brown hair wearing a Jason Aldean T-shirt sat on the bed on the left side of the room. “Hi, I’m Natasha,” the girl said with a sweet smile.

“Hey, I’m Shelby.” Shelby walked over to Natasha and shook her hand. Shaking hands seemed like the appropriate gesture. She must have seen about a dozen people shaking hands throughout the Mount’s campus. This was the friendly vibe that made her choose the small liberal arts college on Emmitsburg’s mountaintop as the place that would be her home for the next four years.

“So, I see you’re a country fan,” Shelby told Natasha.

“Yep, ever since elementary school,” Natasha said. “I’m a down home country gal. I grew up on a farm and I have my cowgirl boots packed away in the closet.”

“That’s awesome! I love country music too, but so many of my friends back home don’t like country. They think that I’m weird because I live in the city, but love all things country.” Shelby could tell that she would get along fine with her roommate. Sure, she had only known Natasha for thirty-five seconds, but she could tell a nice person when she saw one. And Natasha seemed to fit the mold perfectly.

“Need any help moving anything?” Natasha said. “My family already left. They’re early birds and had me move in at 10 o’clock this morning.”

“That’s ok. You relax,” Shelby said. “That’s why I brought my entire family to help me move in.” Shelby’s mom, dad, brother, and sisters filed into the room and introduced themselves. There was barely enough room for them to move around.

“Shelby, you’re not going to fit

all of your stuff in this room,” Sienna said, matter-of-factly. “You need to decide what you want us to bring home. I’m sure you don’t need all of those DVDs.”

Shelby knew that her sister was up to no good. Sienna just wanted to watch her DVDs with Salome while she was away. “Sienna, I NEED all of this stuff! I can’t live without it! Do you want me calling you everyday telling you to mail me all of my necessities? Can you imagine what that would cost in postage?”

“Sienna, I think Shelby’s right,” Natasha said. “She might need all of this stuff because you never know when there will be a major snowstorm or a red carpet event. Plus, I didn’t bring a lot of belongings, so Shelby can use the leftover space.”

“At last, someone who thinks like me,” Shelby thought to herself. Nonetheless, Shelby knew that she had to send some of her belongings back home. She had somehow forgotten that her dorm room would not be the size of the MGM Grand.

Shelby began to sort through her boxes and bags. She decided she could do without her stereo, tennis raquets, exercise ball, evening gown, and knick-knacks. With each item that she placed in the “Home to Baltimore” pile, she felt herself slowly detaching from her hometown and all

things familiar. Emmitsburg would be her new hometown and Mount St. Mary’s would be her new home. A feeling of comfort cascaded throughout her body.

Shelby unpacked a duffel bag. She placed two picture frames on her desk. One frame held a picture of her and her family from their trip to the Florida Keys. The other frame held the prom picture of her and Todd. She wished he could have been there to help her move in, but he had a family reunion to attend in Alabama. She took out a third picture frame from her duffel bag. This frame did not have a picture in it yet. It would be her college frame. She could not wait to fill it with a picture from her first semester at the Mount.

“Hey, Shel, let me take a picture of you and your new roommate,” Shelby’s dad said, whipping out his small silver digital camera. “Ahh, parents,” Shelby thought to herself, “They always find a reason to take pictures.”

Shelby stood next to Natasha, looked into the camera, and smiled. This might be the picture to fill that empty frame. This would mark her first day of college, a new beginning. A change would definitely do her good.

*Chelsea was the 2010 recipient of the Mount’s William Heath Creative Writing Award*



**The Vigilant Hose Co.  
of Emmitsburg  
And  
The Guardian Hose Co.  
of Thurmont**

*Co-Sponsors Of*



**The VHC & GHC  
Fall Cash  
Buster**

**Saturday, Sept. 18th  
at the Thurmont  
GHC Activities Building**

**\$50 Per Ticket  
Good for 2 People  
(Need Not be Present To Win)**

**Doors Open At 10:30 AM  
Drawings Begin At 12:00 Noon**

**Prizes awarded every  
5 minutes with over  
\$20,000 given away!**

For More Information Call:  
**Chris Stahley at (301) 447-3081  
Mike Duble at (301) 271-3752  
Randy Myers at (301-514-9210  
Gave Baker at (301) 447-2212**



# A preview of Mount fall sports

Matthew Hallahan

The month of September marks the commencement of yet another school year at Mount St. Mary's University, and whether an active participant or a mere spectator, every student of the small community contributes to the unique tradition that is Mount athletics. The fall semester features six men's and women's NCAA Division I programs as well as numerous other club and intramural sports. No matter the level of competition or commitment, every student is given the opportunity to display his or her talents while gaining the indelible experiences made through team oriented environments. Fans may consult [MountAthletics.com](http://MountAthletics.com) to follow NCAA affiliated sports during any given season. The website features full schedule and results, team rosters, athletic directory, live stats, and more. For further information regarding club and intramural sports as well as other school-sponsored activities, one may reference [www.MSMary.edu](http://www.MSMary.edu) – keyword "Recreation" on the search engine located at the upper right corner of the school's homepage.

## Men's soccer

Head coach Rob Ryerson and the Mount St. Mary's men's soccer team returned for preseason training on Monday, August 16, with high expectations and an extensive amount of experience and leadership to back it up. The Mountaineers return seven of 11 starters while adding six freshmen to create a very competitive depth chart. Though missing conference playoffs by one point last fall, the Mount believes it has the blocks to build a winning season this year.

"The biggest upside is how deep we are this year," said junior striker Chris Wheeler, an All-Northeast Conference selection a year ago. "This is probably the strongest squad we've had in a few years."

Wheeler anchors the offense alongside senior midfielder and co-captain Eric Detzel, who also reeled in all-NEC honors last fall. The tandem ranked first and second in scoring in 2009, Wheeler earning 17 points with eight goals and one assist and Detzel grabbing nine points on four goals and a solo assist. Other top scorers include senior assist specialist Scott Phinith and junior Ian Hendrie. However, a significant setback will be finding an immediate replacement for sophomore midfielder Alex Graver, a standout in his freshman year that recently suffered a torn ACL in summer league play.

The Mount opens the season by hosting four of its first six games, beginning with the season opener against Towson on September 1 at 7 p.m. at Waldron Family Stadium, located on the East side of campus. It then hosts Radford three days later at 1 p.m.

## Women's soccer

Coach Tom Gosselin has observed

steady improvement on his women's soccer team over the past few years. The squad finished in a tie for sixth place in the NEC last year with a conference record of 4-5-1, the most wins by the team since the 2000 season as well as a drastic improvement from a 1-7 finish the year before. This season the Mount looks to further its progress.

## Cross Country

The men's cross country team is paced by a pair of qualifiers in last year's NCAA Mid-Atlantic Regional Championships. Junior Dylan Bernard and Sophomore Chris Swisko lead the team into the season opening Mount St. Mary's 5K Duals on Friday, September 3. The 3.1 mile course spans the east campus.

The women's team set a high standard last season by placing fifth at the NEC Championships, highlighted by Freshman of the Year Megan Kinsella's second place finish in the field of 100. Now a sophomore, Kinsella is ready meet that standard.

The team enters the season with a triple threat of sophomores in Kinsella, Kathryn Franke, and Colleen Smith, all of whom finished top-5 for the Mount at NEC's. With only one senior and some promising newcomers, the team is looking to exceed expectations.

"With three new incoming freshmen, we know we can do even better than our pre-season ranking" said Kinsella. "The team is very young this year with a lot of talent. We're ready to better last year's 5th place finish and claim 3rd or 4th in the NEC."

## Golf

The men's golf team returns five members this fall: seniors Ray Hyre, Sage Smith, and Jake Wetzel, junior Danny Michalek, and sophomore Andrew Lawton. The Mountaineers also add three incoming freshmen to a team that placed fourth at conference championships last spring. The men will open the 2010 fall season on September 5, traveling to Verona, N.Y., as the University of Missouri hosts the Turning Stone Tiger Intercollegiate.

"We look forward to trying to continue our success from the end of last year," said junior Danny Michalek. "We have an opportunity to play on some great courses against some great competition this season."

The team will also participate in tournaments hosted by Longwood, Penn, and Robert Morris as well as the ECAC Championships in Egg Harbor, N.J.

The women's side returns six players from a year ago with former senior Christina Koerper stepping in as an assistant coach. The team will play in four tournaments this fall in Moon Township (Pa.), Towson, Richmond, and Egg Harbor (N.J.).

"These matches put us up against better competition to make our



team stronger and put our program into a more competitive position within the conference," said senior Megan Corbett.

## Rugby

After a surprise 2009 season that garnered a berth in the Division II Potomac Rugby Union playoffs, the Mount Rugby team takes the pitch this fall aiming to build on that success. Returning 13 of 15 starters, the team will rely heavily on senior leadership with the loss of former head coach and motivator Jay Myles.

"We have a proud tradition in this club," said senior fly half Pat Gaughran. "We're a very tight group and we'll be more motivated now to show that we can win under adversity."

The Mount has shown no lagging signs through its coach's absence, picking up where it left off in the 2010 spring season that was highlighted by a convincing 56-12 win over border rival Gettysburg. This season the team will play at the Division III level of the Potomac Rugby Union, competing against American University, Washington College, and Montgomery Community College for a spot in the Division III National Tournament.

The rugby pitch is located on the east campus adjacent to baseball's E.T. Straw Family Stadium. Regular season play opens on Saturday, September 25, following two pre-season games against Loyola and another opponent to be determined. The Mount will play its first home game on October 9, seeking revenge against a Georgetown team that ended its season in the first round of last year's regional playoffs. It will also host the University of Maryland on October 23. Both games will be held at 1 p.m. For in-season ruggar updates, one can follow the Facebook page "Mount Saint Mary's University RFC."

## Field Hockey

The women's field hockey team enters its fourth season with growing numbers and even greater potential. This fall, Coach Barry Titler and his team have scheduled away games spanning the east coast and are in process of setting up home games to be played on the grass field

located behind the Mount baseball stadium. For more information regarding the Mount field hockey team, contact the team captain, Ellen Rocha, at [EHRocha@email.msmary.edu](mailto:EHRocha@email.msmary.edu). One may also follow the season's statistics at [NationalFieldHockeyLeague.com](http://NationalFieldHockeyLeague.com).

## Karate

The Phoenix Karatedo Association, based on the Japanese style of Kyokushin, arrived to Mount St. Mary's in 1981 under the name of the Soller School of Karate. A mere two years later, the school was recognized as an official collegiate club and became part of the academic curriculum. By the 1990's, the organization took strides to establish a growing and successful membership, one that now holds dojos regionally in Frederick, Bethesda, Rockville, Pittsburgh, and Red Bank (N.J.).

"The major mission of the Phoenix Karatedo Association is to promote the traditional, spiritual and educational goals of karatedo," said club president Jake Yohn, who is pursuant of his first degree black belt.

The Mount hosts three training sessions throughout the year known as Gashukus, where members from

around the region join to train in preparation for their advancement tests. Such training includes basics strikes, blocks, stances as well as advanced sparring (Kumite) and breaking (Tameshiwari).

"Full-contact, budo-style karate is brutal in some cases, but practical in most," said Yohn. "For example, a student testing for its brown belt must be in Kumite for a minimum of 30 minutes straight. Opponents are rotated in to make sure that the tester is always fighting someone fresh while they are drained and must continue."

## Intramural Sports

The Mount St. Mary's intramural program offers structured athletic competition in a recreational, low-commitment environment that is primarily focused on promoting a sense of community. Men's, women's, and co-rec leagues offer both a competitive and recreational level of competition to suit a broad range of abilities. The fall features two seasons. The first includes flag football, beach volleyball, wiffleball, and 3-vs.-3 basketball. The second season includes indoor soccer, dodgeball, indoor volleyball, and the annual Turkey Trot 5K Race.



Casual Dining  
Weekend Entertainment

301.447.2625

5 WEST MAIN STREET  
EMMITSBURG, MD

## Daily Lunch Specials

11 am - 2 pm | Monday - Friday  
Extensive Sandwich & Entrée Menu

## SEPTEMBER BANDS

Sept. 3 - 4	TBA
Sept. 10 - 11	Stick Time
Sept. 17 - 18	Thique
Sept. 24 - 25	Bloos Too

Be Cool, Chill Out &  
Rock Out at the Ott House!  
Summer's Almost Over!

No Cover Charge With This Coupon!





## FOUR YEARS AT THE MOUNT

# Senior Year

## One last move-in

Katelyn Phelan

My return to the Mount this year is more than bittersweet. Having studied in Florence last semester, it's been nine months since I was here as a full-time student taking classes. It's also been that long since I've been able to spend extended periods of time with my close Mount friends. But, this return to the Mount is also my last one. I am a senior this year, and if all the people asking, "so what exactly do you plan to do upon graduation?" haven't made the truth sink in, moving back has.

It seems like just yesterday that I was moving all of my boxes and new packages up four long flights of steps to Pangborn 412. It was raining that day, something that has remained constant in every single one of my Mount move-ins and outs. As a freshman I was moving into a triple, where my other roommates were named Katie and Kate. Like everyone else, I was nervous about pretty much everything. I was worried about making friends, living with 2 other people, doing well in my classes, etc. I had the same concerns as everyone else. Looking back, I'm not exactly sure what I

did those first six weeks. My course work was amazingly light compared to what it is now. I wasn't particularly close to many people yet, so I wasn't hanging out talking until all hours of the night. I suppose I went to bed at a reasonable hour and got a full night's sleep, something I'm rarely able to do now.

Things now, though, aren't all that bad. This year my living situation is quite different from a triple on the fourth floor of Pangborn. I'm living with one of my best friends in a two person apartment. There's a kitchen, living area, bathroom, and we each have our own bedroom. I'm no longer trudging to Patriot Hall for food three times a day. I'll be cooking my own meals and going grocery shopping. It's a big change, but one I'm excited for.

This year is full of more responsibilities than I've had in years past. I have an honors project on Dostoevsky's Crime and Punishment to research, write, and present and a semester-long art project to design and complete. I have these projects to complete, plus my regular courses, which are considerably more involved with harder reading, longer papers, and more projects than courses I've taken in the past. The

focus of each of my courses is far different than that of freshman year. Instead of hearing about the course as an introduction or a building block for the rest of my Mount education, I'm hearing about each class serving as a capstone to my Mount education.

Senior year does bring with it a lot of weight and responsibility, but it will be fun, too. This is the last year I will get to live with my friends. Living with friends can be very difficult, especially in incredibly tight quarters, but after all of this time, I think we have it down. Though living closely with friends can be tough, it's also a lot of fun. We've gone to Sheetz at 2 in the morning, watched stupid movies together, procrastinated on large papers, eaten pizza, laughed, and grown very close.

It's difficult to believe how quickly time has gone. When I moved in, I was still 17, though I turned 18 my first week or two at the Mount. Now I'm about to turn 21, which I feel like is the last big milestone to being an adult. I've love my time at the Mount, and I'm looking forward to another great year here. When I think about the end of the year and about packing up and leaving for the last time, I do get sad. But I'm trying not to think about it for now and just focus on the year to come. Freshmen, enjoy your four years here while you still have them ahead of you. You have no idea how quickly they'll go by.



# Sophomore Year

## In between two worlds

Samantha Strub

It's surreal going back to college after three months off. It's much like the feeling of coming home after being at college for a year. You don't quite know what to do with yourself. On one hand, you're excited about moving back in and seeing your college friends whom you haven't seen in three months. On the other hand, it's sad to be leaving your hometown and those friends that have been with you though thick and thin.

I'm actually surprised I now have this attitude because if you asked me in June whether I was excited for the summer, I would have told you no. Why wasn't I looking forward to endless summer nights chilling with friends and relaxing on the beach? Quite simply, I wasn't going to have a summer like that. My summer would be spent trying to find a job to stem the constant flow of bills that float my way. I planned to pay those endless bills with the job I had last summer, but that fell through because the company reorganized.

Now I was stuck. I was back in Wisconsin needing to find a job ASAP. Looking for a good-paying job in today's economy was stressful. Nothing was going right when I got back home; even the simple task of finding a job was impossible. The summer of bad news start-

ed, with no money, no job, and no way out of the house because I didn't have good enough reasons to do so. It kept getting harder and harder to go places without countless questions being asked. Luckily, I could escape to the barn, but very soon that turned into an added stress when I discovered that my horse Sona had severe active arthritis. I was faced with no other choice than to sell my best friend. I had no choice and put it off for as long as I could. I guess trying to deny the reality that I knew was coming. As soon as I shook what would be her new owner's hand, I lost it and had to get away, anywhere it didn't matter where, I just had to get away. I didn't want to face this reality of actually having to give the love of my life into someone else's hands. I honestly never thought I would have to sell her. She was the person I could always look to when I needed someone to lean on; she always knew what I needed and when I needed it. It's so strange not to have that person in my life anymore.

As I begin another college adventure Sona remains foremost in my mind. She was the best thing that has ever happened to me, and she changed my life in ways I could never have imagined. There's a saying that goes, "Life is not measured by the number of breaths you take but by the moments that take your

breath away." I'm going to cherish those moments with Sona—to keep her memory alive in my heart and to get me through those times when I need a shoulder to lean on.

Struggles make you stronger, and changes make you wise, but happiness has its way of taking its own sweet time. This is something that I really learned through my summer of bad news. Good things happened too, however. I have kept up close friendships and even discovered that I could open my heart and let someone in. Everything happens for a purpose. I may not know why I had to let Sona go, but there must be a reason. It will be hard to be at the Mount without my best friend; there will be countless times when I will desperately wish she was there.

But now it's time to stop dwelling on the summer and start looking ahead! All those feelings of excitement flowed back when I realized I was only a few hours away from my second home. They started to creep back slowly when I packed—doing it the day before is probably not the greatest idea because packing for a year is difficult. Once the last basket of laundry was washed and everything was packed, it was time to load up. It turned out to be quite a challenge to fit everything into my Honda Accord! It all did fit, except my wonderful car again decided that something needed to be fixed the day before I needed to drive 10 hours! There I was calling up my trusty mechanic to see if he could somehow come up with new tires before I left. He told me to bring my car to the shop early the


next morning, and he would call the tires in. Predictably, my body decided that it needed to catch up on four days of inadequate sleep, and I totally slept through my alarm. Story of my life it seems....

When I arrived hours late, my mechanic called in the tires, and within two hours I was ready to go! In a way it was nice because I got to hang out with my best friend and family for two extra hours, but it also meant that I would be up late driving. Luckily, I have a need for speed and it took me a little less than the 10 hours I predict-

ed it would take. Driving that long of a distance gives you a lot of time to think about what lies ahead and what your plans are. That's how my mind wandered as I was driving—I guess I'm just a little bit excited to begin the year. Life at the Mount is so much different than life at home, and honestly I welcome the change of pace. Are you ready to tackle another year with me?

To read more articles by Samantha Strub visit the Authors' Section of [Emmitsburg.net](http://Emmitsburg.net)

A sponsor of the *Emmitsburg* NEWS-JOURNAL



**EMMITSBURG**  
GLASS COMPANY

**A reflection of quality**

P.O. Box 346 / 100 Creamery Court  
Emmitsburg, Maryland 21727  
301.447.2245 / Fax: 301.447.2316



# FOUR YEARS AT THE MOUNT

## Junior Year The Mount's ROTC program

Julia Mulqueen

As the new school year begins, it seems important to take a deep look at knowledge and learning. Our human selves crave information. From the time we are small children until we reach our senior years, we are constantly asking questions and seeking answers. Are we there yet? Will I attend college? Who will care for me as I age? We are absolutely brimming with questions. We are endlessly seeking information, and we do so in various ways. The questions that spurt continuously from the mouths of small children are just a small example of how we as humans gather information informally. As we grow, however, we realize that we have a greater need to acquire larger quantities of more focused knowledge, and to do so we must attend high school and then perhaps college.

In our quest for knowledge we often learn more about ourselves than we learn about our original object of fascination. We learn that we knew even less than we thought. We learn that we have great skills as well as large flaws. Happily though, those teaching us are usually most willing to point out our mistakes and

help us to work through them. No where am I personally more corrected and better taught than with the Mount Saint Mary's ROTC program. Every day my classmates and I are presented with distinct challenges and timelines in which to solve those challenges. We as students, as cadets, and as human beings are pushed to our breaking points and then asked to go even further. We ourselves are buffeted with questions and expected to answer them realistically and well. ROTC gives us the skills to integrate the things we learn in our college classrooms with information we are taught in the field. Because of the training we receive during college, we will become informed, confident, and strong soldiers. We in turn are expected and privileged to help train those younger than us.

In fact, we are currently training a fresh batch of incoming freshmen cadets. Every one of them radiates wonder and awe. They are prepared to learn from us as upperclassmen, and they are excited to finally experience the incredible adventure that is college. I was altogether unprepared to see so many glimpses of myself as a young freshman in them. I, too, was once consumed with won-

der at the sight of the juniors and seniors. I, too, was once filled with awe at the amount of knowledge my superiors possessed. It is incredible to think that just a few years ago I was the freshman that was being taught and now I am the teacher.

Interestingly too, through training the incoming freshmen my mind was brought back to Plato's Allegory of the Cave, which appears in Book VII of The Republic, and which I had the opportunity to read in one of my philosophy courses last year. In it, Socrates details the lives of people who undergo a certain experiment from birth. They are chained up in a cave in such a way that they are forced to face a wall and cannot turn their heads or necks. There is a fire behind them that casts light on the wall, and people walk back and forth periodically behind them holding objects whose shadows appear on the cave wall in front of those who are in chains. Those who are chained naturally assume that the shadows they see are in fact absolute reality. Socrates proposes that those in chains then be dragged outside into the light. The brilliance and amount of light outside would blind their unaccustomed eyes, but they would eventually become used to the light and be able to see clearly again. They would then realize that the shadows they had previously seen on the cave wall were not actually



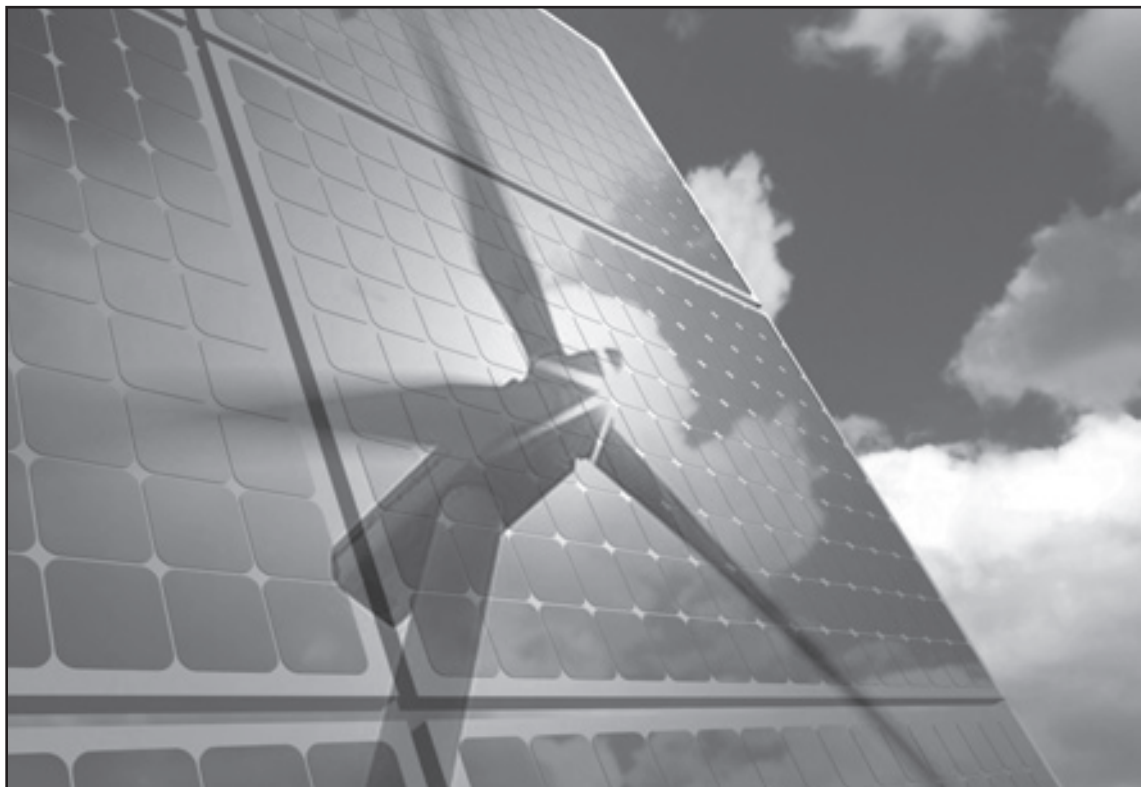
complete reality, but in fact, only a fraction of reality.

Now as I was remembering The Allegory of the Cave and relating it to the incoming freshmen, I was picturing their first years of education as their being chained to the wall. There was only so much information their teachers could reveal to them, and it turned out to be mere shadows on a wall rather than absolute reality because their young minds were not yet ready to experience a complete emersion in light. Now that they have come here, they have been dragged out of the cave into the light, and this has been done by us. The same thing happened when I myself showed up to Mount Saint Mary's as a young cadet. I had some assumed knowledge about what I was about to undertake, but it was all mere shadows on the wall compared to what I have actually experienced. It was not until I

was dragged out into the open—both physically and mentally—by ROTC that I realized what I had previously seen was only a glimpse of reality.

Indeed it has been the very same for this current class of incoming freshmen as it was for me two years ago, and despite all of the changes that our world will undergo, it will be the very same for next year's incoming freshmen, and the next year's, and so on. Each young, innocent freshman experiences an epiphany of sorts when he begins college. He is filled with the exact same wonder and awe that I myself was filled with just a few years ago. He is on the cusp of something incredible and amazing: the start of his life, and now that I am an upperclassman, I have the privilege of helping him start it.

*Julia Mulqueen is a Junior at the Mount majoring in Philosophy.*



**When the right forces combine, you get solutions as brilliant as the sun, as powerful as the wind and as reliable as the stars.**

Innovation in how we produce, use and manage energy. Investment in renewable energy technologies. Development of new nuclear sources.

Responsible solutions for our economy. For our environment. For our future.

constellation.com



**Constellation Energy**

The way energy works.®



*Serving The Emmitsburg Community for over 25 years*

**Let Our Experienced Staff  
Serve Your Next Special Event**

**A note from our guest:**

*Mr. Bob Hance,*

*My daughter was married July 31<sup>st</sup>, 2010, at Stone Manor, and Jeannie/Carriage House did the catering. Where do I begin?*

*Jeannie is AWESOME! There was never a question unanswered, a call not returned; and when she said anything, it was as she said it was. AMAZING!*

*Throw in the incredible food, wait staff, and setting at Stone Manor, and it was a perfect night! We received not a single remark of anything being not perfect. The BBQ Bacon Scallops were to die for! The Crab Dip and fruit dishes were delicious and fresh as well. The Parmesan Crusted Chicken and all the fixings were more than we could have imagined. The bartending staff was just as good. Everything Jeannie and her staff did made the night so special for my daughter Ainslie and her new husband Ryan Hibbard, and all the guests.*

*If there is anything we can do or say to help others make the smart choice of using the Carriage House Catering, please let us know! Did I mention how great Jeannie was?*

*Thanks again from all the Daltons and Hibbards.*

*Dan Dalton, Father of the Beautiful Bride!*

**301-447-2366**  
**carriagehouseinn.info**  
**carriagehouseinn catering.com**



## STAGES OF LIFE

# Mom's Time Out Remember to have fun

Mary Angel

A few days ago a dear friend called me and asked if I would like to write an article about being a Mom. My first response was, "how cool, I'd love to!" That quickly changed to apprehension and the immanent question, "what do I write about?" It should be simple, right, it's an article from a Mom's perspective and I have 4 kids, so I am a Mom after all. I have thought about it on and off for days, up until I left with our four kids on vacation (my husband couldn't get off work).

So we loaded up the car and headed to a lake in Virginia to visit the in-laws. The trip started off wonderfully, we loaded the car with clothes, food, swimming gear, and, of course, electronic entertainment (that is a topic for another article). My husband even had the foresight to have everyone go potty before we left. And we were off, for a pleasant 2 hour and 45 minute ride, with the kids laughing loudly at the Pink Panther cartoon playing in the back. Five minutes into the ride came the first "are we there yet?" We made it an hour into the trip when I needed to stop for gas. At the pump was the one and only creature that makes me run screaming into the night (or day as the case was here)...a praying mantis. My son pointed out the creature (that had been stuck in my hair in my childhood) staring at me from the top of the pump. That not being bad enough my 3 year old informed me that she had come on the trip in her bare feet and I had no additional shoes packed. I survived the praying mantis (who did not move at all), buying shoes at a nearby discount store, and another potty break for everyone, and away we went.

Another 15 minutes and I was distracted by the intense bickering in the back seat. I was very pleased that I had the ability to read the highway signs telling me I must be in the middle lane to continue on my path as I mediated the argument between siblings. That turned out to be both naive and arrogant when I realized I was going west and not south and had been for quite some time. After calling my sister-in-law for new directions I was cutting across the country side on the way to meet up with the road I was supposed

to be on the whole time.

Another two potty breaks, another missed turn, 36 "are we there yet?" and a total of 4 1/2 hours later we were pulling into my sister-in-laws development. After figuring out the gate (the instructions said to press "enter" which actually meant "call") we started in search of their house since I had forgotten the address. We drove slowly looking for their minivan and arrived to my sister-in-law, niece, nephew and two dogs waving from their yard, thank you Lord.

The rest of the evening was great. The kids played together, we had dinner, went in the lake for a short swim/float, and off to bed for the kids around 8:30. Right, that's how it works when six kids are all wound up on adrenaline from seeing their cousins and being on vacation? No, of course not!!! The five who were sleeping in bunk beds misbehaved, fought, wrestled, whined, tattled, complained, laughed, played musical beds, and pretty much stayed awake until the last child dozed off at 11:20. The 3 year old, who incidentally slept with me, finally dozed off around 9:45 when I agreed to sit in a chair in the family room that she could see from the bed. My sister-in-law and I took turns shushing, reprimanding, taking away DS's, yelling, and almost losing our minds. It was so much less than a proud parenting moment for me. We naively had never expected so many bed time issues. But it was in the middle of a conversation with my sister-in-law about what I might write this article about, when the fourth child came out of bed; I suddenly realized this was the evening that the article would be about. After all, we all have those moments when we want to pull our own hair out, have regrets about our actions or lack of, and downright want Calgon to take us away.

There are times when as a Mom I make plans and in my mind they are going to be perfect, a "Leave It To Beaver" moment but that usually leads to disaster. When you set your expectations so high that only a film and editing crew can make them happen then real life can't live up to your vision. I am truly that queen of dreams. I make plans with the children and worry so much about what isn't going



"right" that I miss the wonderful time spent with them and suddenly the moment has quickly flown by. Moments like the kids tubing off the back of my sister-in-laws boat, or when they were all floating in the lake relaxing, or the boys playing DS on the couch like 3 little monkeys, or when my 9 year

old was hugging both dogs on his bed, or when my niece was reading my 6 year old a story, all priceless moments. Sometimes it is hard when the little stuff gets to you, but there are always so many blessing around us (big and small) that we might miss if we aren't careful. It's a lot like a friend of mine said

when she was teaching a photography class, "take a few pictures, put down the camera and just enjoy the time with your kids".

My life with our four children is not always easy and not always calm, but it is always a blessing and sometimes I need a good swift kick to remind me of that.

### LOOKING FOR CHILD CARE AT A REDUCED RATE?

Our tuition is based on family income using the sliding fee scale. CCIS & POC vouchers accepted.

Enroll Now and Receive Your First Week of Tuition FREE. \*New Enrollment Only.\* \*Tuition Starting At \$102/Week\*



## NOW ENROLLING FOR FALL!



Preschool & School Age Programs  
Before & After School Care  
Transportation To/From Emmitsburg Elementary,  
Mother Seton, Fairfield Elementary & Middle

### EMMITSBURG EARLY LEARNING CENTER

16840 South Seton Avenue,  
Emmitsburg, MD 21727  
301-447-6100

[www.emmitsburgearlylearningcenter.com](http://www.emmitsburgearlylearningcenter.com)



Opens at 5:45 am & Closes at 6:00 pm  
Available for Children Ages 18 Months to 12 Years  
Nutritious Breakfast, Lunch & Snack at NO Extra Cost  
Full Time & Part Time Schedules  
Preschool Curriculum Activities

### CLC PET SITTING SERVICE



"CARE, LOVING AND CONCERN  
FOR YOUR PETS IN THE  
COMFORT OF YOUR HOME"

Cindy L. Colburn  
Owner/Operator

301-524-0004  
240-288-8279

Bonded & Insured Visa/MC Accepted  
[clc1009@netscape.com](mailto:clc1009@netscape.com)



# STAGES OF LIFE

## Lizzy Bizzy

### It's time to go back to school

Lizzy Ryan



Back to school is the hardest thing to do after being away from lots of homework, studying, and sitting in class for long periods of time. During the summer you become used to watching TV and being outside for long periods of time, having fun! At the end of summer, if you have any summer work to do, you are usually trying to do it at last minute, like I usually do. This summer our assignment was to read three books (which I had to choose from a list of eight books) then do a report on one of those books I read. The book I am doing my report on is Holes, by Louis Sachar. I chose this book because it was also made into a movie. I found the book to be much like the movie. It was interesting, kept my attention, and easy to read.

This is year I am starting eighth grade, which is supposed to be fun (hopefully). Eighth grade will be a busy year because since I go to a Catholic school (St. Francis), we have to prepare for Confirmation. Confirmation is basically what most of our Religion classes will be about. Eighth graders also get to go on an end of the year class trip to wherever, this will be determined later in the school year. This year will be the last year at my school then I go off to Delone High School. I'm really looking forward to going to high school. I'll get to meet new people, and make new friends. There will be lots more activities available and more variety of classes.

This year at the South Mountain Fair I entered some of my crafts and plants that I grew this summer. I was so excited to find out that I won some prizes! I had won first place for my sunflowers I entered, first place for my black-eyed susans (rudbeckia), and first place for my marigolds. I also entered some crafts. I entered a pottery mask that I made in art class at school that received second place. Since I'm a member of 4H, I had to com-

plete a project for the fair. I entered a rabbit poster about parts of a rabbit and that got second place also.

The only good thing about going back to school is the weather, because it's fall, and that means its getting cooler. Then, sooner or later, it will be winter, my favorite season of the year. I really don't like summer because of the heat. This summer was miserably hot and humid, making it hard to do anything outside during the day, unless, of course, you have a swimming pool, which we don't.

Fall also brings fall festivals. Apple Harvest and Pippen Fest Apples and apple cider are my favorite part about the Apple Harvest! During the Apple Harvest I enjoy looking at the different craft vendors. I like the Pippen Fest because it is right down the road from our house and they also have lots of craft vendors too like the Apple Harvest.

We've already done our back to school shopping. We did it early this year because all the other years we've done our shopping last minute and everything is picked over. So when we did it this year, things were not picked through, so we got first pick of supplies. Binders, notebooks, folders and pencil boxes are fun to choose when you have the "pick of the crop".

I think that this summer was a very relaxing summer and I can't wait till next summer!

## Simply Maya

### Summer's over

Maya Hand

As the school year is about to start, I always think back on my summer... what I did, how much fun I had, what I learned and experienced. One of the things I've been thinking a lot about this year is my favorite camp. Every summer I go to Way off Broadway in Frederick for theater camp. It is always so much fun and really exciting. I make new friends, play games, and get better at acting and memorizing lines. We perform a different play every year and move up to higher classes as we get older. If you take acting classes for at least three years and have worked to develop skills, you can be an actor in the invited only class. This was my fifth summer at Way Off Broadway and my second opportunity to be on stage in an invited summer class. I learn so much there, not only about acting but about so much more.

The first day of any camp is always exciting. The first day of acting camp I always wonder: Who will I already know? Who will be new to me? What play will we perform? What will the costumes and props look like? What games will we play?

This summer we put on a play called All in one Basket. The summer performance was five stories rolled into one play. My favorite story was Gerta and the Donkey. The story is about a girl named Gerta who lives with her sister, Rachel. Rachel thinks Gerta has no sense. One day, when Gerta goes to the market to sell her donkey for twenty gold coins, three thieves trick her into thinking that it's a goat. They trick her into letting them buy the "goat" for five gold coins. Rachel is very disappointed when Gerta comes home with only five gold coins. Gerta then tricks the thieves into giving

her one hundred gold coins. After that Rachel never thinks Gerta doesn't have sense again. I really liked that story in the play because it was funny and enjoyable to watch. For one of my characters I was one of the three thieves.

In camp we learn to improvise, to express ourselves, to take on a character and we learn poise and confidence on stage. Even the games we play are fun and challenging. One of my favorites is called elevator. This elevator is magical. It can go anywhere in the world. The game starts off with one person in the "elevator," a bench to the left and stairs to the right. The person that is in the elevator can pretend to be any character she/he wants. Then, someone else comes into the elevator and pretends to be a character, and so on. All the people in the elevator talk to each other while staying in character. For example, let's say one of the characters in the elevator is pretending to be a little kid that is lost. The person entering could say something like, "Where have you been?" or "I have been looking all over for you." Miss Susan is our teacher, and she is great at helping us with the games. One of the reasons why I love acting camp so much is because she is one of the nicest, sweetest teachers in the world.

Acting camp has done a magnificent thing for me. I have learned that sometimes you have to challenge yourself to do new things in order to earn amazing opportunities. I have discovered that this is true not only with acting camp, but with other situations as well. Acting is not just about saying lines and walking around with props and costumes, you need to actually be the character. Use emotions and facial expressions. Act like everything is actually happening and real, and always have fun with it too!



Acting also helps me to understand what other people might be feeling because when I act it out, I sort of feel that way. In acting you practice being in other people's shoes, so in life it becomes easier to understand how other people might be feeling. Sometimes we don't really think really hard about what other people are feeling because we're so busy with our own feelings. But this is something we should think more about - about being in their shoes. And if they are feeling sad or depressed, for example, then try the best you can to comfort them.

I love my time in camp. I'm always nervous before I go up on stage, but after I start acting on stage, it's really fun. For me, acting camp is something I love to do, but it's also more than that. It's something that challenges me year after year and helps me grow in other ways too. I think it's always wonderful to have something that you love. And when I think about summertime, I think of opportunities to take the time to do things you love, especially when the something you love challenges you, helps you improve that thing you love doing, and may even help you to look at things in a new and interesting way. That's what summertime is about, right? About taking a little break from the school routine and taking some time to grow in other ways. And now, after my summertime opportunity, I'm ready to head back to school, and I'm really excited!

### TO APPEAL OR NOT TO APPEAL?

This has been THE question of ADAMS COUNTY property owners these past several weeks!

The result of a Re-Assessment process run amok.

And for the past several weeks we tried to help our clients, customers, neighbors, friends...total strangers...you get the picture!

As expected, the appeals have not brought in much change from the crazy valuations we are facing.

Appeals board members have been chosen for the formal appeals process and they are facing a huge task: Almost 9,000 appeals!

So, if you haven't filed a formal appeal, what now?

#### **DON'T GIVE UP!**

You can still call for the informal appeal. You can write to the County Commissioners. You can call or e-mail them. Go to their meetings. Sound Off!

Join Carroll Valley Citizens Association "CVCA" & "People's Voice Adams".

**And call if you need help!**

**JALE DALTON**

Realtor, Licensed in PA & MD • Member of "CVCA" and "People's Voice Adams"  
5580 Fairfield Road, Fairfield, PA 17320 • 717-642-5844 Office

### HAVE HORSE, WILL TRAVEL

I would like to offer my services to both you and your horses. Perhaps you have recently purchased your first horse; or maybe you have upgraded and are not certain of how to proceed. I can come to your establishment and provide you with riding lessons and instruction in horse care.

My lifetime of experience with horses includes fox hunting, jumping, operation of my own horse farm and hosting equestrian events. Resume with references upon request.

- Trail Rides -Riding Lessons -Trailering
- Horse Training & Schooling
- Horse Care Regardless Of Seat

**LESSONS - \$25 PER SESSION**



For More Info Contact: **Lynne King Holt**

**301-447-3920** (email) lholtk@aol.com



## A TEEN'S VIEW

# Travel—part one

Olivia Sietlaff

St. Augustine once wrote, "The world is a book, and those who do not travel read only one page." Venturing to another country and immersing yourself in foreign culture can be a life-changing experience. It can also be a learning experience where you not only fill the pages in your passport booklets with stamps, but also fill the pages of your life with the beautiful cultures of our world.

I would say that I've been very lucky to have already begun to enrich my life with travel. Besides going to a few states here in America, and taking a family vacation to Canada, I was able to travel to Italy when I was eight and then to Ireland when I was ten. Both of these foreign excursions opened my eyes to see how big and diverse our world is. However, the most unparalleled trip I have taken so far is when I went back to Italy, but this time for a different purpose. In October of 2008, my mom, aunt, grandmother, and I were able to take an unforgettable two-week trip to Rome, Italy and then to Sicily, where my great-grandparents had emigrated.

The first week of our journey was occupied in the Eternal City – Rome. Being in Europe, we couldn't just by-pass Rome and head straight for Sicily. Plus my mom and I wanted to see Rome again and give my aunt and grandma the chance to see the famous city. While staying at a bed-and-breakfast, which had a spectacular view of the Vatican, we casually toured Rome. Making up our own agenda, we had a whole week to re-visit some landmarks and tour other sights we did not see the first time.

Now, if you've ever traveled with women before, you know that we don't pack lightly. So it was in this case. At the airport, our tall, slick-haired Italian taxi driver tried in vain to stuff four very large and cumbersome suitcases and carry-ons, plus us four passengers, into his very compact car. Throw-

ing up his arms and exclaiming "Momma mia!" in slight embarrassment, our driver realized we needed a larger car. Thankfully, he somehow found a bit larger car. But even then I had to sit on my mom's lap while two of our suitcases were stacked up in the backseat with us. This was going to be an eventful trip.

After settling into our B&B, which was only a few blocks from the Vatican, we were ready to sightsee! The first day found us a few hundred feet under ground in the dank catacombs that are a labyrinth of burial chambers. In the catacombs it was as if we stepped back in time because everything (even the frescos) were preserved so well. The next day we marveled at the antiquated ruins of the Roman Forum, Palatine Hill, and the Colosseum that have stood a long test of time. One aspect that I found fascinating is that in the Roman Forum the Temple of Romulus still has its original bronze doors from the 4th century! Just the history and architecture behind all the ruins was intriguing.

Another day, after seeing the Pantheon, we were determined to visit the Trevi Fountain. Unfortunately, we became lost along the way, mostly due to the confusing narrow streets, and were wandering for at least an hour. Thankfully, we eventually made it to the Trevi Fountain, tossed in a few coins for good luck, and ate some gelati to treat ourselves.

Later that day we were strolling on Via Del Corso, window-shopping world-renowned designers. Just window-shopping. Even though we had been walking all day and I had blisters on my feet, I found the strength in me to catch a glimpse of the latest fashions of Louis Vuitton and Gucci.

Also during our trip we pilgrimage to numerous churches including all four of Rome's major basilicas: St. Peter's, St. John Lateran, Santa Maria Maggiore, and St. Paul outside the Walls. Each of these four basilicas boasts something different and beautiful. St.



Peter's (The Vatican) is the largest Christian church in the world and is home to Michelangelo's statue The Pieta; St. John Lateran is the pope's official church; Santa Maria Maggiore's ceiling is covered in gold from Christopher Columbus's expeditions; and St. Paul outside the Walls gets its name from being located outside Vatican City's walls. Each church we visited was unique and so ornate that I could have stayed in them for hours just marveling at their beauty and art, which gave glory to the Creator.

Of course I can't forget to mention the authentic Italian cuisine! I mostly ate pasta or pizza, but it was so delicious. All of the food, especially the gelati and Italian sweets, was satisfying without being heavy. And for practically every meal, we dined alfresco. It was amusing to watch the pigeons waddle around our tables and under our seats! Yet it was so delightful to watch Italian life go by while having dinner under the stars!

However, our week in Rome went by too quickly and we had to leave to spend the following week in Sicily. Going back to Rome a second time, I saw many familiar sights, but also discovered many new and interesting landmarks. The history was intriguing, the food was delectable, the fashions were fresh, and the people were amiable. I was actually a bit melancholy when we had to leave the Eternal City because it began to feel like a second-home to me. Yet I know I will go back someday. So saying 'Ciao' to Rome and turning a new page in our 'world book' (as St. Augustine put it), we headed off to say 'Bonjourno' to Sicily and the adventures awaiting us there!

# School again

Danielle Ryan

The time has arrived; a new school year begins. The new school year has come too quickly for both kids and parents.

Most teens dread going back to school because it means going back to school work, tests, homework, and projects that are not at the top of our "favorite things to do" list. Many parents don't even enjoy this time of the year. For them it means back to school shopping whether it be clothes, shoes, school supplies or all of the above and running their kids to after school activities. Going back to school for me and other high school seniors mean going back to mayhem and chaos as our last year of high school begins.

Many little, easier decisions have to be made before the more challenging and time consuming decisions can be made. Senior pictures and back to school supplies are two of these little decisions. After my senior pictures were taken, my family and I had to decide which pictures we were going to order. With so many to choose from, this was no easy task. As silly as it sounds, we also have to decide what school supplies we want or what shoes and clothes we want for the year. These decisions may not seem that important, but they are some of the small decisions that have to be made before going back to school.

This year, unlike other years, I am actually going to school with a list of things that I need to get on the first day or during the first week of school. I have been told by many family members that I need to walk into school the first day and go to my guidance counselor and ask for college application information, college scholarship information and teacher recommendation forms. After getting all of these forms I then need to proceed to ask teachers of my choice to write a recommendation for me. All of this, as I was told, needs to be done during the first week of school. Talk about a lot of things that need to be accomplished in a very short amount of time!

Accompanying these tasks come the challenges of the class schedule that I have taken on this year. As far as picking classes for senior year there is about a fifty/fifty split of kids who either want to push themselves to take challenging classes their senior year. The other half of the students choose an easier schedule for their last year so their classes during their senior year aren't so challenging, which allows them to have more



time to do what they wish instead of doing school work. Unfortunately I chose the harder path.

As I said earlier, there are college application forms and scholarship forms that need to be filled out during the senior year of high school. I have learned this summer that many colleges like to have applications in as early as possible. Some have said they like to see them coming in as early as September. Scholarship letters are sent in a little later, around November. This means that all applications and letters have to be written and sent out early in the school year. One more thing to add to the list of things to do for senior year.

Not only will my school life change, but my home life will change as well. A chaotic school schedule usually means an even more chaotic home schedule. I will have added homework, projects and college preparation that I will need to do at school as well as after school activities and clubs.

Stresses, homework, and college preparation work comes with my senior year, but excitement also comes with it. My senior year in high school has a lot to offer other than a cramped and loaded-down schedule. There is homecoming, senior prom, senior pictures, football games, pep rallies, parties, friends and one of my favorites: seniority. Seniority in my school actually means a lot to the seniors. We can go to the front of the line during lunch without being yelled at by other students or even teachers. Towards the end of the year many seniors catch "senioritis" as we call it; meaning that we are ready to get out of high school and move on. With "senioritis" comes the little bit of added slack from the teachers because they know that the seniors tend to become anxious by the end of the year.

As you can see, senior year will be full of many tasks that need to be done along with the normal school work that comes with a high school senior's schedule. This school year will also bring memories, and exciting times that I hope I will be able to take with me throughout the rest of my life.

### EAST PARK AUTOMOTIVE, INC.

Phone: 301-447-3560

**COMPLETE AUTOMOTIVE SERVICES**  
**SCHEDULE & PREVENTATIVE**  
**MAINTENANCE SPECIALISTS**

**New Tires Available** (All brands, mounting & balancing)  
**BG Transmission Service** (Flush & Refill)  
**Brake, Rotor & Drum Resurfacing** (Flush & Refill)  
**Hydraulic Hoses**  
**Custom Made Battery Cables** (Made while you wait)

**FREE PICKUP & DELIVERY**  
**LIGHT DUTY DIESEL REPAIRS**

**ALL MECHANICS ARE ASE MASTER CERTIFIED**



### GUITAR LESSONS

\*Acoustic \*Electric  
\*Beginners \*Advanced  
\*All Ages \*All Styles

Taught by an instructor with over 20 years of teaching & performing experience

brent@brentpro.com

Call Brent Progecne

301-271-0860



THE GRADUATE

# I've got me a job!

Reporting live from Philadelphia, Pa. this is Jackie Quillen, Marketing Intern at a law firm. Okay, so it's an internship, but it is a paid, part-time internship, so yes, I got me a job!

Three days a week I take the train to the city of brotherly love and cheese-steaks, and work my 9-5 job at a desk with my name on it. Everything I did on my first day seemed to scream, "I'm new!" The train station is right next to my high school. On my way to the train station in the morning I went to turn right at the intersection towards my high school out of habit when I should have continued straight to go towards the train station. I ended up cutting off the car behind me by quickly veering out of the right turning lane. I'm sure that did not make him too happy on his early morning commute.

Once I got to the train I was happy to see a familiar face, a Mount face from the class of 2008. She is a regular on the train and even has a monthly pass. At the same time all the 'regulars' take out their train passes or tickets to show the conductor. Being new, I had to buy my ticket on the train and slowing down the morning routine.

When the train nears its city stations people stand up and wait in the aisle for their stop. Once the train leaves the stop before mine everyone getting off at my stop gets up from their seat to wait. I tried to follow their lead to avoid looking like a newbie. Once the train arrived into the station I followed the crowd of people off the train, through the station, and up the steps to the city streets. I stopped, glanced up and saw

big Ben Franklin standing tall on top of City Hall, and a beautiful reflection of the sun on the windows of a tall skyscraper. At the Mount I was used to seeing more natural beauty and open skies, but the city has its moments of beauty, too, just a different brand of beauty.

Walking from the station to work was no problem at all, but finding my way back to the station from work somehow tricked me. There are three different entrances to the underground train station, but during my first week I could never seem to find them on the first try, and ended up finding a different entrance each time. Now I have it down-pat and I look like the other working men and women in their business attire rushing from work to the station and vice versa.

At the office I spend almost the entire work -ay on the computer. That darn machine is so useful in our world, but sometimes I feel like saying, "No, my computer is incapable of performing that task so I must do it by hand." Unfortunately, that never happens.

At the office I have felt very comfortable from the beginning. It just so happens that I work with a Mountie also, from the class of 2009. I had no idea he worked there and he didn't know I applied for the job until I accepted the offer and the firm announced my arrival. It's nice to have familiar faces in unfamiliar places. No matter how small the Mount is, it will follow me wherever I go.

At first my coworkers hesitated in assigning me multiple assignments and even gave me distant deadlines. A few weeks in and I'm receiving assignments more regularly with sooner

deadlines, sometimes same-day or ASAP deadlines. I like this kind of challenge and want to be challenged more and more each day.

When I finish time-sensitive assignments I work on the longer-term projects I've been assigned. The most time-consuming project was to update each of the 15 offices' distribution lists of publications that the firm sends press releases to. Being a huge fan of to-do lists, I wrote a list of the offices and highlighted each one as I finished updating its distribution list. My list now shines bright of yellow highlighter.

The entire Marketing Department works in one office, which consists of one room with two "dog-bones" and a hallway with respective offices for directors and managers. The dog-bone is a group of five desks separated by thin walls, similar to cubical desks, only larger and better. These work stations are called dog-bones simply because it resembles a dog-bone.

Working in such close proximity to one another means almost every conversation can be heard throughout the office. I can usually put a name to a voice without turning around to see who is speaking. Surprisingly enough, people in the office call each other on their office phones instead of walking two feet to the other person's desk to talk face-to-face. Sure the phone is more convenient, but it's very confusing to hear the person next to me speaking and hear her voice a few milli-seconds delayed through the phone. I'm tempted to call the person sitting right next to me to see if she takes me seriously.

During my hour lunch break I make a point to venture out-



side to breathe in some fresh city air. It reeks of buses, cabs, and all the lovely city toxins. After a walk around the building I return to my dog-bone on the 12th floor and get back to work.

For a while my desk was empty except for a computer, phone, and pen holder. To make myself feel more important I made post-it notes of anything and everything remotely related to the work I do, so now my mini-walls are full of yellow post-its of all different sizes. Slowly but surely my co-workers have become more comfortable with utilizing my empty desk-space to stash whatever items cannot fit on their busy desks. It is things like this, and the placement of the office trashcan, that remind me I am the intern.

Everyone has small trashcans under their desks, but the big office trashcan stands tall right next to my desk, along with unwanted boxes. The location of the trashcan is actually very convenient for me since I do not have a personal trashcan under my desk and I don't have to get up to throw things away.

Printer-duty is another thing that reminds me I am the intern. On one particular Wednesday I was assigned to printer-duty, which involved me replenishing the paper supply in the printer whenever it indicated a lack of paper with a loud and obnoxious beep. I tried avoiding the horrid sound by renewing the stack of paper before it ran out. It would still beep. Paper jam(s). The machine seems smart because it tells you where the paper jam(s) are in the printer and how to access them. If it is really all that smart, why does it suck in a stack of 20 sheets of paper at once and then stop working because the paper is stuck in three different spots? Stupid printer. It really just wants attention.

I don't mind printer-duty or any other tasks I am assigned to because the truth is I'm happy to be working. I may just be the intern, but it still feels like I have the world at my fingertips.

To read other article by Jackie Quillen - our English Editor, visit the Authors' section of Emmitsburg.net

## Weikert's Egg Farm

A FAMILY OWNED FARM



### FARM FRESH EGGS

From Free Walking Hens

### FARM FRESH BEEF

Naturally Fed, No Hormones, No Antibiotics  
Our cattle are fed on organically grown feed produced right here on our own farm



**OPEN 7 DAYS A WEEK**  
Visit our farm store on Rt. 116, 4 mi. west of Gettysburg

**717-334-3727**

2559 Fairfield Rd., Rt. 116 West  
Gettysburg, PA 17325



## TRISH ROWE

### REALTY LLC

**717-642-9400**

138 WEST MAIN ST., FAIRFIELD, PA 17320

LICENSED IN PENNSYLVANIA & MARYLAND

Realtors With A Heart



TRISH ROWE  
REALTOR/BROKER

We Are Open For Business!

"We Can Help You With All Your Real Estate Needs!"

Call Our Office For Details About These Properties.








[www.TrishRoweRealty.com](http://www.TrishRoweRealty.com)





## COLD WAR WARRIORS

## The Cuban Missile Crisis



Captain John Murphy, USN, Ret.

I was on a Mid Watch at the end of the first week of the Cuban Missile Crisis. Around 2 AM on Saturday, 27 October, 1962. A day that President Kennedy's staff had labeled "Black Saturday" and wondered if they would even be alive the following week. If the Soviets did not yield then an attack on Cuba appeared imminent. A thought that had occurred to many of us at CINCLANT Headquarters as well. It was just three days after we had set the naval blockade around Cuba and the Soviets appeared to have backed off, but the missile sites were still under construction. IL28 attack bombers were still being assembled in Cuba. The Atlantic Command was now in control of the largest gathering of U.S. military might since the Korean War – and most of it was in and around Florida and Cuba. SAC was at DEFCON 2 and bombers aloft 24/7 – armed with atomic weapons.

Khrushchev and Kennedy had been exchanging diplomatic messages for several days. JFK had expressed the hope to Khrushchev that the world would soon be back to normal. Khrushchev was touched and impressed with Kennedy's thinking. He and his Presidium also wanted to resolve the crisis, but wanted to be assured that the U.S. would not invade Cuba if he removed the Soviet missiles from Cuba. About this time, Soviet spies had picked up rumors at the National Press Club that an attack of Cuba was imminent. That it would occur very soon. Khrushchev believed that Kennedy was under heavy pressure from his renegade military –

to mount an attack immediately.

On Black Saturday morning, I was the Intelligence Interpretive Unit Duty Officer at CINCLANT. It was around 2 AM. A day when the Soviets would shoot down a U-2 reconnaissance flight over western Cuba. We were prepared to execute CINCLANT Operations Plans 312 (Air Strikes upon short notice), 314 (Joint Military Operations against Cuba) and 316 (a short reaction version of 314) – when directed. I was reading through massive amounts of intelligence summaries from the Quarantine forces; NSA; the Naval Intelligence Command, CIA etc. when suddenly I read an unclassified, one page, FLASH precedence message (highest precedence) that was sent out by my own command- CINCLANT to all of our forces.

As I recall it simply said "EXECUTE SCABBARDS 63". I could not believe it. As I recall ... Scabbards 63 was a code name for CINCLANT Operations Plan 312, 314 or 316. I cannot remember which, but I knew it was serious. We had worked very hard all Summer putting these plans together. Such a message was a clear order to attack Cuba – immediately. We had been trained to not only do all that was necessary to execute the order, but also begin preparations for nuclear war with the Soviet Union if an attack of Cuba was imminent. My mind raced forward. We could be in a nuclear war by morning. Or, so it seemed at that very moment. Part of my brain wanted to reach out to my family that was asleep at home about 5 miles away. I knew I had to stay focused on doing my job. To execute a bona fide order.

I had begun to go through a check list of senior officers that had to be alerted. Tell them to come in to CINCLANT for duty immediately. No sooner had I started this when I heard alarms ringing at our outer door. It was the CINCLANT Communications Center Watch Officer demanding that I give him any and all copies

of the CINCLANT message ordering the attack of Cuba. Bear in mind, this was in the days before Xerox copying machines. Part of me wanted to make a copy of the CINCLANT message (we did have a poor quality Verifax machine) to use when reporting on the incident at the end of my watch. But, no... this was not allowed. "Turn in all copies of CINCLANT "Execute Scabbards 63" message immediately". I did so.

Shortly afterwards I would learn that the signed (released) message had been sent to the Communications Center by accident. We had been received many, senior officers from the Army, Navy Air Force and Marines in the past week. To augment our staff and serve as duty officers. A "Bird Colonel" (full Colonel whose service I will not mention) was on duty in our Op-Con Center as the CINCLANT Command Duty Officer. He had a clipboard with a bunch of "pre released" messages attached to a set of message boxes at his right hand. He accidentally hit the clipboard and the messages became mixed in with bona fide outgoing messages at his work station. One of them was the "Execute Scabbards 63" message.

When the CINCLANT CWO (Communications Watch Officer) saw the message he contacted the releasing officer by secure Gray phone and asked if really meant to send out the "Scabbards 63 message?" The officer reportedly became upset that this junior officer would challenge his action and ordered him to send it out. The CWO did so, but at the same time sent out



a Communications "Z signal" message. Z Signals are pro forma messages used in the military communications world to say a lot in very few words. Basically what his Z signal said was (in effect) – "Treat this message with caution. We are trying to verify its authenticity. Will follow up ASAP."

The young officer sent out both messages and then ran over to the CINCLANT Command Center and showed the CINCLANT Duty Officer the message in question. The Duty Officer was horrified. "Where did you get this?" The CWO explained and the Duty Officer immediately gave him another message cancelling the CINCLANT "Scabbards 63" message. I heard the next morning that the officer was relieved on the spot and transferred back to his parent command the next morning.

In my mind ... this was a very scary moment. As close as I, and about 10 other duty officers that night, would come to nuclear war. I am sure that "checks" would have come into play and the execution of CINCLANT War Plans would not have happened "automatically", but this was my scariest moment in the

Cuban Missile crisis. The night we nearly went to war with the Soviet Union – by accident.

The irony of this fact is that the previous day Khrushchev was dictating a message to Kennedy where he insisted that a war would be a calamity for all peoples. And that if war should break out – neither he or Kennedy would be able to stop it. They would "clash like blind moles, and then reciprocal extermination will begin."

Years later while serving on the Navy staff in the Pentagon, I compared notes with a pilot who was aboard one of the carriers operating off Florida on Black Saturday. He recalled the same general incident. He recalled receiving an urgent order from CINCLANT to attack Cuba. And that the order was cancelled shortly after it was received. Without explanation. While he was sitting on the flight deck ready for launch.

*Note: - John A. Murphy was assigned to Atlantic Command Headquarters in Norfolk, VA. during the peak of the Cuban Missile Crisis. He was the only Naval Intelligence Interpretive Unit duty officer on watch the night described in this incident.*

301.447.2020  
16663 Old Emmitsburg Rd., Emmitsburg

## Zurgable Brothers Hardware

**Come and Taste the Holland Difference**  
It Grills, It Steams and It Smokes

Stop by for our live cooking demonstrations  
**Sat., Sept. 4th - 9:00 am to 1:00 pm**  
The Holland grill is the easiest, safest, healthiest way to make your cook-out a success. Most foods never need turning. Simply close the lid and cook by time. *Guaranteed performance.*

- Stainless Steel Cooking Grid and Cast Iron Burner Guaranteed for the Life of the Grill
- Durable Construction - Made in the USA
- Models Available in L.P. or Natural Gas

**The APEX by Holland** **The Holland Grill**

**Simple. Delicious. Reliable.**

## Zurgable Brothers Hardware

HOME IMPROVEMENT SUPPLIES

Fall's Coming! **TIME TO GET READY! PLAN YOUR FALL PROJECTS NOW!**

Why waste the gas and time traveling to Lowe's or Home Depot in Hanover, Gettysburg or Frederick?

**STAY HERE! SHOP LOCAL!**  
**We have ALL your Home Improvement, Lawn Care and Gardening needs!**

- ✓ Fertilizer For Your Yard And Garden
- ✓ Garden Supplies
- ✓ Garden Seeds & Plants
- ✓ Lumber
- ✓ Mulch
- ✓ Window / Screen Repair
- ✓ Valspar Paints
- ✓ Weather Stripping
- ✓ Sakrete Cement
- ✓ Window / Screen Repair
- ✓ Keys Made
- ✓ Hardware and Tools
- ✓ Caulk
- ✓ Window Kits
- ✓ Holland Gas Grills
- ✓ Red Wing Shoes

Open Monday thru Friday 7am - 6pm, Saturday 8am - 5pm, Closed Sundays  
16663 Old Emmitsburg Road  
Emmitsburg, Maryland 21727 **301-447-2020**



IN MY OWN WORDS

# 35: A Milestone Birthday

Katherine Au  
MSM Class of 1998

Every 365 days comes a day singular to each one of us. It is the day that signifies the date of our birth – the anniversary of life for each one of us. I think our birthdays mean different things for each of us – for some it may mean presents, for some it may mean others putting the birthday recipient first, for others it may mean something entirely different.

For me, the meaning of the occasion has evolved over the years. Apparently, according to my mother, when I was born I was all about being useful and prompt for my parents. My mother was going in for her final OBGYN appointment before I was scheduled to arrive in the world. Apparently, the doctor's office was right next door to the hospital in the small town where my parents were living at that time, and as my mother was laying on the doctor's table during her visit, her water broke. She was marched across the walkway to the hospital where she was given a private room. She was actually given a private wing of the hospital since she was the only mother admitted to give birth that day.

During that process they kept telling her that she was not as far as along in labor as she kept saying she was. Actually, my mother was correct; she was fully in labor. The nurses kept telling her that she wasn't even close to delivering since she wasn't in as much pain as she needed to be to have a baby. However, my mother was in full labor; I was just more gentle and accommodating than most since soon after being told she wasn't fully in labor she proved the staff very much mistaken since she very shortly after delivered me.

Apparently, I decided to come into this world when it was convenient and helpful for my mother shortly after her last scheduled doctor's visit. And, I also decided to come only a few hours after my mother was admitted. I was quite accommodating. I'm not so sure if I was so throughout my life. You'd have to ask my mother that question to know for sure!

What I do know is that when I was younger, to me birthdays were about presents and things. I wanted objects that would identify me and serve to express how much I had been worth during that year.



as not a matter of what I get each year but more as a matter of how I've grown each year. Who have I become? Who have I grown to be? This year, as I reach my own minor milestone, I look at my last year and where I'm going this next year.

I know I'm in a good place in life. It has been a long journey, no longer for me than I imagine possibly for others, but it has been my own. I've worked over the years to grow professionally as well as personally, and this year I have to say that I'm looking to the next 35 years with great anticipation.

I have for many years developed professionally in the role of being an assistant. My first assistant position was as an executive assistant in the public realm and liaison to the Board of Directors. What I learned in this job was that it was my job to "manage" my superiors, and in doing so I had to do so in a way that was unknown to each of them. From that job I continued as an executive assistant working for a private person but one in the public realm. I worked for a company, but I worked in the home of my employer who was the founder of that company. Then, I moved completely into the private realm and became a personal assistant to an individual woman. I have since grown from that position to work in the private realm for a couple that manages a com-

pany. I once had someone tell me that being an assistant, at any level, is beneath anyone and a "cake" job. To that person, I would say that being an assistant should be tried first before it is deemed an easy position. There are easy moments, as I would imagine there are with any job, but on the whole it does take finesse and some elements of skill to perform certain tasks to the level of expectation of those supported.

I did not intentionally intend to be an assistant for my career. It was the path that I landed on by chance while being employed for another job and found that I was good at the new path and I enjoyed it, so I continued seeking positions that were comparable.

Personally, I guess I've also "fallen" on my path, although I'd like to say there was a bit more intention with my path decisions. I don't know what lies ahead. I can envision, speculate, dream, wish, hope for all that I want and wish for but life has its own ways of accommodating what is intended. I have life goals that have not been met yet, but I know that the goals that I have accomplished have come just in time and as they should; further, those goals unaccomplished to date will come in their own time as well.

I heard a friend recently state that we make our own destiny and we are in complete control of our lives. I wanted so much

to agree with him and I do to an extent. We are in control of each of our lives. I do not deny that possibility that some regard as a fact. The choices we make today shape our lives for tomorrow, of that I do have no doubt. However, life, as I know it to be, always seems to throw in a curve ball here and there to reshape what we each envision or determine our destiny to be. I am of the belief that that which does not kill us only makes us stronger, and that all that comes arrives for a reason, although I do have to admit I haven't figured out yet what all those "reasons" may be; but, what I do believe is that we are given the opportunity in life to figure that out, and that is a great gift.

So, on this birthday, the birthday where I am the same age as my mother was when I was born, I am most thankful for the possibility of the gifts of learning how this life I live can be lived with as much grace and dignity as possible. I have fallen on my face a multitude of times, but I've always found the way to get back up – sometimes more gracefully than others; however each time I find a way. I don't imagine that it is just some path of destiny – it is my choice to stand back up. And, so this year, when I see my life at a halfway point to seventy, my written wish to share is that I will be able to continue to find the ways to my path and continue to live life as I started it – filled with the desire to be accommodating and helpful to others. For, I've found in helping others I actually help myself, and that is a life choice well worth pursuing.

To read other articles by Katherine Au visit the Authors' Section of [emmitsburg.net](http://emmitsburg.net)

**COZY CANINE**  
Non Traditional  
DOG BOARDING & DAY CARE  
Fairfield, PA  
717-642-9557

Let your dog enjoy some time in the country while you're away!  
Clean spacious indoors quarters in a heated and A/C building.  
Large, securely fenced in yards offer lots of playtime and fresh air.

Exceptional care for your dog... Peace of mind for you.

**NEED REPAIRS AROUND THE HOUSE?**  
**HANDYMAN JOE**  
Wood or Vinyl Replacement Windows  
No Job Too Big Or Too Small!  
Call:  
**JOE WIVELL JR.**  
**301-447-2950**

MHIC #11983



## CULTURE, FOOD AND ARTS

# Hauser Estate Winery

Two years ago, in July, a new winery opened eight miles west of Gettysburg, overlooking the roads and fields where the Confederate troops marched one hundred and forty-seven years ago on their way to their fateful Civil War battle. Hauser Estate Winery is built on 172 acres of farm land that was a productive apple orchard until the beginning of the century. The John A. Hauser family, of Biglerville, opted to keep their land in agriculture when the apple trees were at the end of their producing life and were pulled out. The American apple industry is suffering because of the influx of apple concentrate coming into the U.S. from China and South America. Replacing the trees did not seem a viable option, and with the encouragement of Penn State Extension Services, the Hausers hired a well known vineyard consultant. The roll to the hills, the air flow, the exposure to the sun and the soil was so conducive to growing vineyards that the family chose to go forward

with planting grapevines and with getting construction bids to build their winery.

Two years later they opened a beautiful glass enclosed tasting-room that overlooks miles of expansive farmland, forests, orchards and mountains. The edges of the Civil War Battlefield, the ski slopes of Liberty Mountain, the reflected night lights of Westminster and the South Mountains give glorious views to those enjoying the patio and deck at the winery.

Beneath the tasting-room are two levels of wine production. Stainless steel tanks and oak barrels from sources around the world extend from the lab where the winemaker, Michelle Oakes, who holds a masters degree from Cornell University in Winemaking, creates her red and white wines, new reserve wines just released this summer, and a specialty, Jack's Hard Cider. The Hauser family still owns several hundred acres of apples, and are happy that the several varieties of

hard cider, sold in six-packs and on tap at the tasting-room as well as at several local restaurants and pubs, has become a very popular drink.

John A. Hauser was president of the Musselman Company. He originally bought land on which to plant apple trees so that he could observe apples from their blossom stage until they became part of the company's nationally known apple products. Mr. Hauser died in 1983, but his family has continued his interest in agriculture and has now moved into agritourism.

Hauser Estate Winery has been acknowledged by many as a premier Pennsylvania winery. The tasting-room is a designated site for tourists, weddings, private parties and groups. They began a concert series this summer, called Party on the Hill, bringing name bands and a venue unlike any other in the area. The series has been well received. Every weekend they host Hauser After Hours, offering a live band and a catered buffet, with no cover charge. These events offer an

upscale evening that seem to fill a need in the surrounding area. Several Fall events are scheduled, including a Ladies Night Out, a Facebook Grape Crushing Party, Octoberfest and a Winemaker's Dinner, honoring Mrs. Hauser, who will celebrate her one hundredth birthday.

The tasting-room is open every

day. Hauser Estate Wine Shops are located at 17 Lincoln Square, Gettysburg, and on Third Street, Chambersburg.

For more information, please call 717-334-4888 or look at [www.hauserestate.com](http://www.hauserestate.com), [facebook.com/hauserestatewinery](https://www.facebook.com/hauserestatewinery) or [twitter.com/hauserestate](https://twitter.com/hauserestate).

# Looking for a bit of Irish fare & music?

Bill Surfass

See if you can figure out the name of an Irish Pub where the following takes place: The 1st Sunday of the month there is an open session for musicians who like to play Irish tunes, The 3rd Sunday of the month an invitation only session for professionals who play Irish tunes.

Wednesday night is game night and every Thursday night is an open jam session. Well? What if

I were to tell you this particular Irish Pub was located five steps up on Chambersburg Street in historic Gettysburg and not across the Atlantic?

Owned and operated by Kevin and Joanne McCready, originally from Co. Armagh, Ireland, the Garryowen Irish Pub, located at 126 Chambersburg Street, Gettysburg is a hot spot for traditional Irish Seisiun (sessions). So important is the element of music at the Garryowen that the

McCreadys have provided a stage area that includes a state of the art sound system, house instruments (including the infamous "wall of guitars") microphones and lighting.

From 2 to 5pm on the first Sunday of the month Dan Diviney (of Cormorants Fancy) holds an open session for musicians who know and like to play Irish tunes. Guitarists, fiddlers, mandolinists, bodran players and pipers all are welcome.

## Stone Fence Gardens Harvest Festival

- Wood Carvings
- Glass blowers
- Food & Drinks
- LIVE Music
- Jewelry
- Gems, Minerals & Fossils
- Artwork
- Pottery
- Wood Furniture
- FREE Pony Rides

**September 18-19**  
10:00 a.m. - 5:00 p.m.

Only 1.6 miles west of US-15

For more information please contact John Wyvell 301.898.1517

## Nature's Peace

Limited Edition Print

We Specialize In Pet Portraits - Discount Thru 9/30/10

**10% Off Custom Framing**  
With Coupon - Expires 9/30/10

**ART CLASSES STARTING IN OCTOBER**  
Classes In Oil & Watercolor  
For More Information Call  
**301-271-2348**  
All Levels

*Rebecca Pearl* Gallery  
Fine Art - Custom Framing

Thurs. - Sat. 10 - 5  
or By Appointment

**301-447-1911 or 301-271-2348**  
 24 W. Main St., Emmitsburg, MD  
 (Next to the Palms Restaurant)

www.rebeccapearl.com

## SPECIAL 30TH ANNIVERSARY CELEBRATION

# PIPPINFEST

Saturday & Sunday  
September 25<sup>th</sup> & 26<sup>th</sup>

Two Days Of Fun, Food, Crafts  
And Entertainment!

Located In Historic  
Fairfield, Pennsylvania!

~

Saturday 7:00 am to 5:00 pm  
Community Yard Sale,  
Juried Crafts,  
Antique Tractor Show

Sunday 9:00 am to 5:00 pm  
Juried Crafts, Quilt Show,  
Live Music, Children's Activities,  
Antique Car & Tractor Show,  
Delicious Food & More!

~

For Directions & More Info Call:  
**717-642-5640**



# ARTISTS OF THE MONTH

## Matt Liddle

Angela Craig

Matt Liddle is the kind of person that makes you want to stop pigeon-holing and stereotyping. He's the kind of person who leans back on his chair, feet up on his desk, while talking to you, and who uses words like "amalgamation" in regular conversation. He's the kind of person who gets passionate about his recent surfing experiences and bands called Horse Feathers. He's the kind that taught himself how to play the guitar while living alone on the organic vegetable farm he started after college. He's the kind of person that, well, doesn't really fit into one kind of person.

This is probably because Liddle has lived in an array of different cultures, from coast to coast in the United States and overseas. By the time he finished high school, Liddle had lived in Hackensack, Minneapolis, Seattle and ended up in central Pennsylvania. He did his undergraduate work at the University Pittsburgh, majoring in Chinese and Anthropology, and spent some time in Beijing. Not wanting to pursue opportunities there in the government or business fields, he later finished his graduate work at the University of New Hampshire, and then took a job working with troubled youth and outdoor therapy in Budapest, Hungary, where he stayed for three years.

As anyone would be, Liddle was anxious to return to the United States and he took a job at Mount St. Mary's University as the Director of Outdoor Adventures, which he calls his dream job. Liddle coordinates outdoor expeditions like rock climbing, canoeing, and caving for Mount students. The job brought him home in an unexpectedly literal sense, since it also happened to be ten minutes away from where his parents live. "I was kind of

the one child in my family who always lived, you know, furthest away, but the job was perfect... As the interviewing process went on and looked more and more likely, and there was a chance I was going to get the job, it kind of started dawning on me, like 'Holy crap, I'm not just moving home from Europe, like home to the United States, but I'm like, actually moving home.'"

It was all this moving around the world that he thinks could be the reason why his music is probably best described as Americana. "I don't know if it's folk or if it's country or whatever, but songs that are kind of the old songs, traditional songs, you know, that sound American, you know what I mean? That sound like you should be listening to on a road trip across the middle of the country, or on a porch somewhere. Those sounds to me, really, they just work for the way that I play guitar and the way that I sing and kind of how I approach music and writing music."

Most think of musicians' artistic journeys beginning at a young age, but this isn't so with Liddle. Classic rock and punk defined his musical tastes growing up, but he never picked up a guitar until he graduated from college and was living on his organic vegetable farm. His brother, a music major in college, gave him his first guitar to give him something to do while he was all alone in the Pennsylvania country side. After teaching himself the basics, he took his show on the road when he moved to Budapest.

"Right when I got to Budapest I met a Hungarian guy who played in a metal band, actually... We started playing music on my couch, just kind of drinking beer," he says. "We just really kind of synced and we started playing out at coffee



shops in those first six months, just the two of us acoustic, and then we added a drummer, and then we added a bassist, and then we added a violin player, and then we had a banjo player that was sitting in with us all the time and it kind of snowballed, so it ended up being this really solid band playing kind of our take on American whiskey-drinking music in the middle of central Europe."

How does small-town Emmitsburg quench his cultural musical thirst? For one thing, Liddle recognizes the really good things going on in the bluegrass scene here. "I'm pretty excited to be in this area... It's going to be

interesting to be in an area where there's so many people who play it so well. There're a lot of bluegrass musicians around here, you know? I'm really looking forward to that and finding people here to play with and putting something together with them."

Being at Mount St. Mary's in particular has been especially fruitful for Liddle, as it has given him the opportunity both to perform and also meet others to collaborate with musically. On top of this, his passion for the outdoors can be lived out day to day in his job.

"It's worked out really well, this is absolutely my dream job..."

Being close to family and being in this area and falling in love with this area as an adult, because as a teenager in high school, when I moved here from Seattle, I don't think love would be the right word to describe my emotion for it. It was kind of rural and pretty boring and I looked at it for what it lacked rather than what it had. And now, coming back, you know, half a lifetime later, I'm looking at it for what it has, and it has a lot of the things that I like in life... It's pretty neat to settle into home a second time."

*The author, Angela is a senior at the Mount majoring in Fine Arts*

## Buchheister Fine Art Studio



### FALL CLASSES FORMING

#### GROUP OR PRIVATE INSTRUCTION

- BASIC DRAWING
- OIL PAINTING (Beginner)
- OIL PAINTING (Advanced)

Weekdays: 6:00 to 9:00 PM  
Saturday: 9:00 AM to 12:00 PM

For more information contact:

**301-401-2385**



### CONTACT US

Art Instruction  
Portrait Commissions  
Available Work

Buchheister  
Fine Art Studio  
74 Wenschoff Rd.,  
Fairfield, PA 17320  
301-401-2385

[rbuchheister@gmail.com](mailto:rbuchheister@gmail.com)

Visit Us At:

[www.buchheisterfineart.com](http://www.buchheisterfineart.com)

### OPEN STUDIO

DRAWING &  
PAINTING FROM LIFE

Dates:  
Sept. 20, 21 & 22

Time:  
6 - 9 PM  
All 3 Nights

Cost:  
\$10 Per Day (Pre-registration)  
\$15 Per Day (Walk-in)

Open to both student & professional  
artists to work from a live model.



## Express yourself!

in an art class at the ACAC Imagination Station.

CLASSES FOR ADULTS & KIDS

- Basic Drawing II**  
Wednesdays, 9/8-29, 5:30-7:30 p.m.
- Introduction to Interior Design**  
Tuesdays, 9/21, 28, 10/12, and 19,  
6:30-8:30 p.m.  
NOTE: No class October 5.
- Introduction to Digital Photography**  
Mondays, 9/27-10/18, 6-8 p.m.
- Introduction to Watercolor Painting**  
Wednesdays, 10/6-27, 9:30-11:30 a.m.
- Painting the Figure from Life**  
Thursdays, 10/7-28, 6:30-8:30 p.m.
- Digital Photography: A Step Further**  
Tuesdays, 10/26-11/16, 6:30-8:30 p.m.
- Pastels... You're Gonna Love 'em!**  
Tuesdays, 11/2-23, 1-3 p.m.
- Open Studio in Oils**  
Wednesdays, 11/3-24, 6-8 p.m.
- Digital Photography: Introduction to Photoshop Elements**  
Mondays, 11/22-12/13, 6:30-8:30 p.m.



SHORT-TERM SEMINARS

- Flavor Faire**  
Thursday, 9/9 & 16, 6-8:30 p.m.  
\$60 (\$55 nonmembers), plus \$50 materials fee  
NOTE: Meets at Gettysburg Rec Park.
- Gardens to Go: Fall Splendor through Spring Surprise**  
Saturday, 10/9, 2-3:30 p.m.  
\$18 (\$20 nonmembers), plus \$75 materials fee  
NOTE: Meets at instructor's home in Gettysburg.
- Metal Clay Basics Plus**  
Saturday, 10/23, 1-6 p.m.  
\$60 (\$55 nonmembers), plus \$32 materials fee
- Beginning Fused Glass Jewelry**  
Monday, 11/8 & 15, 6-8 p.m.  
\$48 (\$53 nonmembers), plus \$35 materials fee
- Miniature Boxwood Tree or Wreath**  
Saturday, 12/4, 10 a.m.-3 p.m.  
\$48 (\$53 nonmembers), plus \$38 materials fee  
NOTE: Meets at instructor's farm near Fairfield.
- Fused Glass Holiday Ornaments**  
Tuesday, 12/7 & 14, 6-8 p.m.  
\$48 (\$53 nonmembers), plus \$30 materials fee

See full course descriptions and register at [adamCartt.org](http://adamCartt.org).





## COMPLEMENTARY CORNER—WELL BEING

# Chinese Medicine and the Five Elements

## The Earth Element, Part 2

Renee Lehman

The Five Elements is the cyclical pattern of expression in nature as observed by the ancient Chinese. These Elements or energies are felt to be the prime energetic building blocks from which everything in the material world is composed, and were never seen as five “distinct things”. So, every living thing and every person is a unique embodiment and combination of these Five Elements. The Five Elements are Water, Wood, Fire, Earth, and Metal (see the figure below). In the first part of last month’s article on the Earth Element, the associations of the season of Late Summer, and the Yin and Yang Organs (Spleen and Stomach) were discussed (see [www.emmitsburg.net](http://www.emmitsburg.net) for the August 2010 article).

Remember that each Element describes a particular movement and the particular qualities which belong to a specific state of the changing energy seen in the universe. Together, the Five Elements help us to understand the process of dynamic harmony and balance in the whole system of energy. Therefore, when it comes to our health, if all Five Elements are in balance within us, then we are at a state of optimal health/wellness.

So, as you read this article on the Earth Element, Part 2, keep in mind that you are reading only about one part of a much bigger picture!

Late Summer is the transition time from summer to fall. The plants’ and trees’ coloring begins to fade and dull, while at the same time the “fruit” from this vegetation is ripening. It is a time to harvest the blessings of nature (“to reap what we have sown”). Apples, peaches, nectarines are ripening, ears of corn and wheat grow full and firm, and we begin to harvest them. The nourishment that we take in from what we harvest relates to the qualities of the Earth element.

Along with being associated with the season of Late Summer, the Earth element is also defined as having other associations. In this article the following associations will be discussed: a body tissue (Muscles/Flesh), an external manifestation (Lips), a sound in the voice (Singing), an emotion (Sympathy), a color (Yellow), a taste (Sweet), a direction (Center), and a climate (Humid).

### Body Tissue and External Manifestation Correspondences

The body tissues associated with the Earth element are your muscles/flesh. By flesh, the Chinese meant muscle bulk, not fat. Muscle is a place in our body where glycogen, the storage form of the carbohydrate glucose (the energy source for many of our cellular functions), is stored. When we are well nourished, our muscles will have adequate energy to move, protect us, keep us warm by shivering, and give us a strong “toned” appearance.

The external manifestation of the Earth element is your lips. Dry and cracked lips could indicate that your body is not distributing your body fluids well, and pale lips indicate an overall weakness of the Earth element. Also, sores in the mouth and on the lips can often indicate issues with the Stomach.

Below is a list of questions that I would like you to ask yourself. Think about what shows up for you when you answer each question. You may need to “nourish” your Earth element to bring it into better balance.

Have you ever had any eating disorder?

Are you carrying around extra weight?

Do you have problems with your limbs feeling heavy and weak?

Do you notice that you have thin, pale, or cracked lips?

### Sound and Emotion Correspondences

What comes to mind when you think about a mother reading a bedtime story to her child? The sound that corresponds with the Earth element is singing. It is not necessarily a “sing-song” sound, but rather a soothing, calming, sweet sound that often draws you closer to someone. The emotion that corresponds with the Earth element is sympathy. When sympathy is given appropriately, compassion and understanding soon follow. Just watch how a young child gives sympathy to a friend who is crying.

When you were a child and hurt yourself, do you remember crying out for your caregiver (mother or father)? Just as you did then, as an adult it is important to appropriately ask for and to receive sympathy. This shows a well balanced Earth element.

Ask yourself the following ques-

tions. Think about what shows up for you when you answer each question. You may need to “nourish” your Earth element to bring it into better balance.

Do you whine to attract sympathy?

Do you keep silent and deny “real” needs?

How would you describe your ability to give understanding to others?

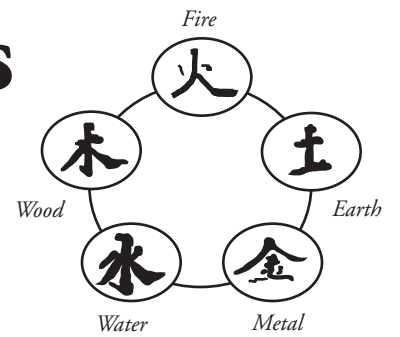
How often do you over sympathize with others?

### Color, Taste, Direction, and Climate Correspondences

The color correspondence of the Earth element is yellow. The Chinese associate yellow with the color of the earth in Northern China. This rich and fertile silt flows into and down the Yellow River (described by the yellow tint of the silt-filled water). In our region, just look at the farm fields and you will see the color yellow in the ready-to-be-harvested corn. These two examples, although continents apart, demonstrate the nourishing qualities of our physical mother, our Mother Earth.

The taste associated with the Earth element is sweet. “Sweet” foods are not the sugary candies and processed foods which you find in the grocery store. This is an extreme of sweetness that is far beyond the natural sweetness found in nature. Natural sweetness is ripe fruits, and vegetables like carrots, beets, sweet potatoes, peas, and corn, and grains. An imbalance of the Earth element can show up as a craving for sweet, and can lead to addictions to sweet, sugary, processed foods.

The direction of the Earth element is center. Think about how the Earth represents the center of our cosmos. The Earth element Officials, the Stomach and Spleen, are found within the center of our body. They are at



the center of the digestion and transformation of the “nourishment” that we take into our bodies and the transportation of this nourishment to every cell in our body. The Earth is the solid foundation that we walk on, and gives us stability. When we feel “off center,” it is like the ground moving in an earthquake. It is challenging to obtain solid footing.

The climate of the Earth element is humid. Remember how you felt on the really humid days in August. The dampness in the air was heavy and “close.” Just by being outside, even when it was not too hot, you may have started to feel “sticky” and even lethargic. Did you experience your thought processes being a little more sluggish, increased sinus congestion, or increased swelling in your feet/ankles? This was from the excessive “dampness” that your body was challenged to disperse.

### Nourishing your Fire Element

So, if you are interested in nourishing and keeping your Earth element in balance, try some of the following things:

On a physical level, stretch your muscles. Also, physically reconnect with the earth (When was the last time that you rolled down a hill or sat on the grass?).

Accept yourself!

Appropriately cuddle or touch a friend, loved one, or pet.

Honor your needs within your different relationships.

Eat foods that are sweet tasting like carrots, squash, red beets, sweet potatoes, pumpkin, fruit, and grains like rice. Separate fruit from meal time, and limit fluid intake with meals (helps with digestion). Rather, eat fruit and drink fluids in between meals.

Create proper amounts of routine and structure within your life. This will help to ground you.

SING, this strengthens the Earth element!

Make your home a comfortable safe haven.

Work on resolving childhood issues that interfere with your ability to have a sense of satisfaction with your life.

To do this, you may need a professional to work with you (a physician, nutritionist, acupuncturist, personal trainer, massage therapist, counselor, spiritual director, or other wellness professionals).

Until then, keep observing your movement through Late Summer, and how well your Earth element is balanced. And remember: It is tempting to say that the ‘Earth is this or that,’ or declare ‘I am only Earth,’ but this is NOT how the Elements are meant to be described. There are aspects of the Earth element that resonate for each individual, and it should! The Earth element is an integral piece of describing the ONENESS of the universe (including our own body/mind/spirit) that is constantly changing and transforming!

*Renee Lehman is a licensed acupuncturist, physical therapist, and Reiki Master with over 20 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.*

**ANTIETAM**  
EYE Associates  
Dr. Jerzy S. Kornilow, O.D.  
“Quality Eyecare, Quality Eyewear”  
Advantage Packages \$99<sup>00</sup>  
for complete pair of single vision glasses\*  
\*restrictions apply  
1051 E. Main St., Waynesboro, PA 17268  
**717-387-5657**  
AntietamEYE.com

**FAMILY DENTISTRY**  
**TIMOTHY B. BRINGARDNER, D.D.S.**  
Serving Emmitsburg for over 25 years  
101 South Seton Avenue  
P.O. Box 538  
Emmitsburg, MD 21727  
**(301) 447-6662**  
New Patients Welcome

**amber hill**  
PHYSICAL THERAPY, INC.  
where patients come first — since 1985

**Patients Come First**  
We give patients quality, compassionate care in a welcoming setting.

- Orthopedics and sports: headaches, neck/back pain, shoulder, tendonitis & rotator cuff injuries, elbow, hip, knee & ankle pain, Post-surgical rehab, arthritis, fibromyalgia & TMJ therapy
- Neurological: stroke/brain injuries, spinal cord injuries, MS and balance disorders
- Worker’s Comp and auto injuries
- Pediatric Pt/OT & Speech Therapy\*
- Plus...we are in-network with most insurances to save you money

“Recently I received physical therapy at your Thurmont location. I wish to commend your staff for their professionalism, care and help. I hope that Amber Hill stays in Thurmont for many years to come.”  
—M Rice, Thurmont

\*Speech Therapy Services offered through Frederick Pediatric Therapy LLC at the Frederick Pediatric Clinic.

THURMONT  
301.271.9230

FREDERICK  
301.663.1157

JEFFERSON  
301.473.5900

DAMASCUS  
301.253.0896

www.amberhillpt.com  
New patients usually seen in 24 hours in private rooms  
Early a.m., eve. and Sat. hrs.

Donald J. Novak, PT, D.P.T., owner

• Our Knowledge & Experience Get You Back to Enjoying Life! •



# EMMITSBURG TOWN ELECTION

## Glenn Blanchard

My name is Glenn Blanchard and I am a candidate for re-election as a Town Commissioner for Emmitsburg. I have served now for over five years since originally being elected in 2005 and re-elected in 2007. During that time I have seen positive changes made to our town. I have enjoyed my time as a Town Commissioner and feel that I bring a considerable amount of experience to the job.

I am a 19 year resident of Emmitsburg. I moved to Emmitsburg in the fall of 1991

when I married my wife Maggie. In those 19 years, I have been blessed with two children, Grace, age 8, and William age 3. I started working for Frederick County Public Schools in 2000 as a Social Studies teacher and start my second decade working for the county this fall. I currently serve as Vice-President of Frederick County Teachers Association. I am a parishioner of St. Joseph's church along with my family where I serve as a lector. I have been fortunate to have been a member in the Sons of the American Legion, the Li-

ons Club, and the Knights of Columbus. Being a father of two little children has made me focus on my family and realize what is really important in life.

During my five years as a town commissioner, I have seen roads paved, new water and sewer lines put in, and a second traffic light installed. I have seen recycling expand in the town and new playground equipment installed in our parks. As a commissioner, I have completed classes on a variety of topics through the Maryland Municipal League (MML) and have graduated from the program established through the MML

on excellence in local government. Over the last five years, I have served as a liaison to the Planning and Zoning Committee, as well as the Water Committee, and currently the Parks Committee. I am also currently serving as the Town Treasurer and review the checks to be issued on a weekly basis.

I am running for re-election to continue my service to Emmitsburg. I feel that I bring experience, dedication, and perseverance to the job. I feel that I can work as a member of a team and get the business of the town carried out. Collaboration with other members of the town council has been crit-

ical in accomplishing the work of the town. I want to continue the era of collaboration that has been seen in the town council over the last couple of years. I want to continue to improve our parks and make sure the basic services of the town are carried out. I would also like to see the infrastructure of the town updated along with walking trails expanded in our parks. Bicycle trails are on the horizon and hopefully will give families different avenues for recreation in town.

I hope for your support on Election Day on September the 28th and that I may continue to serve you and Emmitsburg.

## Denise Etris

I decided to run for Commissioner for the first time three years ago because I truly cared about our town and the people who live in it. My feelings have not changed since then and have grown stronger. I've come to better know people in town and I respect and treasure the values of those who live here. We are facing hard financial times, not just on a personal level but on the local government level too. That's why we need someone who can be level headed, look at all sides of an issue, be willing to make tough decisions, not just for the good of a few but for the entire town, and who has the town's interest at heart. We need someone who will listen to our citizens concerns and act on them.

When I first ran three years ago, one of my main concerns was the lack of a viable disaster plan for our town. I worked on its development

and am proud to say that we have now a disaster plan that safeguards our citizens and is in agreement with, and supported by, the county wide plan. Over the past few years, there was a decrease in interest and attendance of several of the town committees. I spoke with members on various town committees who felt very limited in their role on a specific committee. I proposed eliminating some committees and replacing them with a larger committee with less restrictions and the ability to address more town concerns. Through my efforts the Citizens Advisory Committee was established and I now serve as the chairperson for this Committee.

After only two meetings the committee was instrumental in the establishment of a community calendar on the town website and reported citizen concerns regarding pool

membership costs and police coverage. Although I voted for the grease trap ordinance, the sole burden should not be on just the businesses. Therefore, with the support of the Citizens Advisory Committee, I wrote guidelines for home grease disposal. These guidelines will be included in a future water bill. During our budget hearings, citizens wanted more transparency in our town. I didn't feel that the posting of the town salary scale belonged in the budget and voted against it. The information was available by asking the town staff for it or by searching the town website. However, many citizens in town felt that it was a cumbersome way to get the information and that if the town wanted to be more transparent it should be more readily available. I listened to these concerns and as a result there is now a direct link on the Town website to the town salary

scale.

When citizens of our town were left homeless, without clothes, furniture or personal belongings after the apartment fire on the square, I became actively involved. I organized a meeting with the various groups in town to coordinate efforts so needed services would not be duplicated or ignored. I also contacted Lion Clubs within our area and, together with others I contacted, raised close to \$5 000 for the fire relief fund. I was the only Commissioner involved on that level. My other community involvement includes serving as President of the Emmitsburg Lions Club for two years and chairperson for the fireworks for Community Day for the past four years.

Going forward several issues need to be addressed. One is police coverage. A large portion of the town budget is allocated for three police officers yet we still have days without any

coverage. I would like to see the town have more involvement with the scheduling of the town deputies so that we have coverage 7 days a week. I am not in favor of cutting our coverage to one officer and relying on the County coverage. I think that is taking a step back. However, if budget cuts are needed, better scheduling could allow the use of less deputy hours. I believe other ways to cut town costs without loss of services should be explored. Consolidation of town staff duties could be evaluated.

We need to have more positive town involvement with our businesses and encourage more business development. As a Commissioner, together with Town Council and staff, I can work on these issues. If re-elected, I will continue to listen to peoples' concerns and act on them. I strongly believe in preserving our town values, and will work diligently for all our citizens.

## Patrick Joy

Prior to moving to Emmitsburg in 2003, I was not interested in local politics. Although I did some charity work, my time was

spent at work or with my family (or on the golf course pre-kids). Then I moved to Emmitsburg. For the first time, I felt part of

a community and wanted to get involved. I met the Mayor and received an appointment to the Parks committee. For four years I served as the Chairman and started attending the Town meetings. As Park's committee chair, we started a yearly Christmas decoration contest and were able to increase attendance at the Town summer concerts through better advertising. We even had an Elvis impersonator. When I joined the parks committee, there was talk about shutting down the pool. We were successful in arguing for the pool and through citizen involvement, recommended improvements that have increased attendance at the pool.

In 2008, I received an appointment to the Planning Commission. As Secretary to the committee and under the Chairmanship of Larry Little we were able to revise and forward a new sign ordinance and the Town's Comprehensive Plan to the Town Commissioners for approval.

At this time, I believe I can better serve the Town by being elected as

a Town Commissioner. A frequent comment I have made at the Town meetings, is about the need to get our fiscal house in order. We have some the highest property taxes in Frederick County coupled with a high poverty rate. As a matter of fact, Emmitsburg has the 4<sup>th</sup> highest percentage of population over 65 below the poverty level in the State.

We have reduced Town expenses the past 2 years, but the State predicts a continued downturn is governmental revenues for years to come. Cutting around the edges may work for a year or two but you can not perpetually fail to repair Town streets. We need to take a top to bottom look at the budget and ensure that our expenses and staffing are consistent with other municipalities our size. By getting our taxes and budget at reasonable levels, we will be better able to attract businesses, the life blood of any community. Commercial development was a major emphasis of the comprehensive plan and a need recognized by all parties. We have to make the Town attractive to investors and

not set up barriers to investment in our community.

An increase in local businesses means in an increase in local jobs and opportunities for our citizens. I also plan on working with the Town to complete the multi-user trail project that began in 2006. The multi-user trails have the possibility of increasing tourism to the Town which also makes Emmitsburg more attractive to businesses. Additionally, the trails will provide our citizens and youth an area to exercise through walking or bike riding.

On a personal note, I am a member of St. Joseph's Catholic Church, served on the Parish Council for 3 years and taught Children's Liturgy for 6 years. I am a member of the Knight's of Columbus and EPBA. My wife Jennifer manages two ecumenical children choirs and a teen praise band out of Elias Lutheran Church and we can be found at many Town events with our two daughters.

I humbly ask for your vote in the upcoming election.

**PUBLIC NOTICE**

**TOWN OF EMMITSBURG ELECTION DAY**  
**TUESDAY, SEPTEMBER 28, 2010**

Election Day for Emmitsburg will be **Tuesday, Sept. 28, 2010**. Ballots will be cast at 22 East Main Street between the hours of 7:00 am and 8:00 pm. Last day to register to vote in Frederick County is Tuesday, August 24, 2010. Registration applications can be obtained at the town office located at 300A South Seton Avenue.

Candidates must file written application for candidacy with the Town Clerk no later than close-of-business Friday, **August 27, 2010**. a write-in candidate must file a certificate of candacy with the Town Clerk.

There will be **two** Commissioner openings.

Joyce Rosensteel is also running for Town Council but failed to provide input to us prior to the printing of this issue.



## ASTRONOMY

# The September night sky

For September, the Moon will be last quarter on September 1st. The new moon will happen a week later (a week is the time it takes the moon to go through a quarter of its phase cycle), on September 8th. The slender crescent on the 9th marks the beginning of Rosh Hashanah, the first day of Jewish year 5771 AM.

On the 10th, the waxing crescent moon passes south of Mars and Spica, then passes just south of Venus a few hours later. First quarter moon is on the 15th. The full moon, the Harvest Moon, occurs on September 23rd, the day after the autumnal equinox; fall actually begins this year at 10:23 PM CDT on September 22nd. The moon will be 6 degrees north of Jupiter on the 23rd; Jupiter was at opposition itself on September 21st. Thus the moon is out of the evening sky during the first and last weeks of September, making them ideal for spotting deep sky objects.

To the west, we are losing Saturn into the sun's glare, and Mars is also distant and fading fast. But Venus will be dominating in its greatest brilliance for the next two months. She is now retrograding between us and the Sun, and thus appears as a crescent in practically any telescope. Consider how much Venus changes for earthly viewers in September. At the start, Venus is 41% sunlit and shows a disk 29" of arc across, and sets at 9 PM; by the end of the month, her phase is only 20% sunlit, but her disk has grown to 44" across (this crescent will be easily noted even in binoculars by then) and she is much closer to the sun, setting about 8 PM. She will be at inferior conjunction, passing between us and the sun, before Halloween.

Jupiter dominates the eastern evening skies for September 2010. He reaches opposition on September 21st, just south of the Square of Pegasus in Pisces, and will be up all night, opposite the sun in the sky then. Amateurs and professionals all watched last spring when the southern "racing stripe", Jupiter's South

equatorial belt, mysteriously faded to white, and wonder when it will return to its normal prominent brown appearance.

The Big Dipper rides high in the NW at sunset, but falls lower each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. It is this time of year at an American Indian legend tells of the Bear and three hunters. The bowl is the bear, the three handle stars of the dipper the hunters. The first carries a bow, and has shot the bear in its flanks. The second optimistically carries a bowl on his shoulder for bear stew; look closely, and you can see the pot (Mizar, horse in Arabic, and Alcor its rider more traditionally). The last hunter carries firewood for the feast. The wound is minor, and the bear has not lost a step, but in the fall, as the bear goes into hiding along the NW horizon, the wound opens slightly, and blood oozes out to fall on the tree leaves and paint them red this time of year.

From the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Spike south to Spica, the hot blue star in Virgo. Note that Spica is now low in the SW, and by September's end, will be lost in the Sun's glare due to our annual revolution of the Sun making it appear to move one degree per day eastward. To the Greeks, Spica and Virgo were associated with Persephone, the daughter of Ceres, goddess of the harvest. In their version of "Judge Judy", the beautiful young daughter falls for the gruff, dark god of the underworld, Pluto. He elopes with her, much to the disapproval of mother Ceres, and they marry in his underworld kingdom of Hades...a honeymoon in hell... really, he does love her as well, and the marriage itself works well. But it is the reaction of Ceres that creates alarm.



Very despondent over the loss of her young daughter to a fate as bad as death, Ceres abandons the crops, which wither. Soon famine sets in, and humanity appeals to Jupiter to save us all. Calling all together, Jupiter hears that Ceres wants the marriage annulled, Persephone loves them both, and Pluto wants his mother in law to stop meddling. Solomon style, Jupiter decides to split her up, not literally, but in terms of time. In the compromise (aren't all marriages so?), when you can see Spica rising in the east in March, it is time to plant your peas. For the next six months, she visits upstairs with a very happy mama, and the crops will prosper. But now, as Spica heads west (to the kingdom of death, in most ancient legends) for six months of conjugal bliss with Pluto, it is time to get your corn in the crib. This simple story, told in some form for as long as Noah's flood, was one of the ways our ancestors 7,000 years ago knew the solar calendar and when to plant and harvest. As you watch Spica fade, thank this star for agriculture, and in a certain sense, even our own culture.

To the south, Antares rises about the same time in Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Latins) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit!

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way

top of Sagittarius' teapot.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double. Larger telescopes at 150X reveal each of this pair is another close double, hence its nickname, the "double double"...a fine sight under steady sky conditions.

To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear September evenings.

While the naked eye, dark adapted by several minutes away from any bright lights, is a wonderful instrument to stare up into deep space, far beyond our own Milky Way, binoculars are better for spotting specific deep sky objects. For a detailed map of northern hemisphere skies, about August 31st visit the [www.skymaps.com](http://www.skymaps.com) website and download the map for September 2010; it will have a more extensive calendar, and list of best objects for the naked eyes, binoculars, and scopes on the back of the map.

## Farmers' Almanac

**MID-ATLANTIC REGIONAL WEATHER WATCH:** Tropical Storms (1,2) turning fair, warm, and humid (3,4). **STORMS**, much cooler (5,6) returning to fair and warm weather (7,8,9,10). Showers, **STORMS** (11,12,13,14,15); fair and mild (16,17,18). Cloudy and warm (19,20) with fair and warm weather again (21,22,23,24). The month ends fair and quite warm temperatures (25,26,27,28,29,30).

**TORNADO WATCH:** No tornado activity is forecast for the Mid-Atlantic Region for September.

**FULL MOON:** September's full moon is most famously known as **HARVEST MOON**. It is always

the full moon that falls closest to the Autumnal Equinox at a time when the moon rises soon after sunset on several successive days. This year, the Autumnal Equinox occurs on Wednesday, September 22nd. The closest Full Moon to that date occurs on the 23rd of September and is therefore, the Harvest Moon of 2010. According to tradition, the extra light from the moon during that period gave the farmer more time to finish up his chores and bring in the harvest. It has also been referred to as **FULL WORT MOON**. The word "wort" originates from the Old English word, *wyr*, which refers to plants, particularly herbs. Witches and natural healers would gather herbs at this time of year, stocking up for the Winter months ahead.

**HOLIDAYS:** In 2010, Labor Day falls on the first Monday, September 6th and Citizenship Day is on Friday, September 17th. Religious holidays observed this month include Rosh Hashanah which begins on Saturday, September 9th, and Yom Kippur, beginning on Saturday, September 18th.

### THE GARDEN:

Fall is for Planting! Plant spring-flowering bulbs such as daffodils, hyacinths, and tulips after the first hard frost. It also is a good time to plant fast-growing vegetables like arugula, lettuce, kale, radishes, and spinach. Enjoy some late-season bounty! As nights get longer, your lawn gets hungry as it prepares for Winter. Feed with appropriate fertilizer for your region and water if necessary.

## RENT-A-TENT



**\$150 per day: Includes set-up & take-down**  
Contact Steve Bittle **717-642-6136**

Weddings,  
Reunions, Picnics  
Sporting Events  
Large 20' x 30' tents



*Peggy Koontz*  
REALTOR

**Remax Results**

Direct: 301-271-2787

Office: 301-698-5005

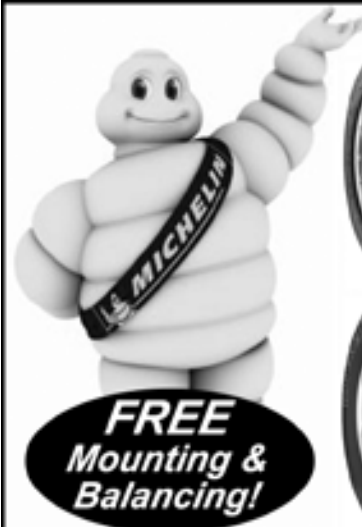
[peggy@mr.com](mailto:peggy@mr.com)

5300 Westview Dr., Frederick MD 21703

Website: [www.frederickcountyrealtor.com](http://www.frederickcountyrealtor.com)



## EXPERIENCE PERFORMANCE WITH CONFIDENCE!



**FREE Mounting & Balancing!**



**MICHELIN HydroEdge**  
Get more miles for your money with less tire hassle along the way.



**MICHELIN Cross Terrain SUV**  
Handle curves and potholes with confidence.

We are the area's largest dealer of



## Quality Tire Service

17650 Creamery Rd.  
Emmitsburg, MD 21727  
301-447-2909

418A E. Baltimore St.  
Taneytown, MD 21787  
410-756-4552

Call Toll Free  
1-800-717-2909



# COMPUTER Q&A

## What a virus can do to your computer!

Ayse' Jester

Most of the work we do here at Jester's Computers involves undoing what a virus has done. A virus can do much more damage than most people would think. A virus can cause system crashes, instability, loss of data, and spamming. Many people ask us why they still get a virus or infection with antivirus. The answer is simple, the internet is one big virus and with 30,000 new infections everyday no one can keep up with stopping them. There are many antivirus programs to choose from so it's very important to choose one that is not only good but wont hog up system resources when it's running. We recommend using AVG (for which we are a reseller for, and we offer support for AVG products purchased through us) which many of our customers find easier to use and less annoying than their previous antivirus software.

A virus could leave your computer unusable by using up system resources and devoting them exclusively to the fake antivirus. More than likely this antivirus will look like a real antivirus program. You should look carefully at the spelling and wording that is used. Many times things are misspelled and/or are very close in wording to another legitimate antivirus. You should NEVER pay for something that you did not install or want on your computer. If you think a program is legitimate that is asking you to pay for it then you should look for a website, phone number or you should research the information by doing a web search. Many people have paid for this fake antivirus software that will "clear up the infection" only to put one on later that will ask you to pay again. The criminals that are receiving the money that you pay are in countries we do not have extradition treaties with, which is why we cannot stop them. If do pay for a fake antivirus program you should contact your credit card company right away and destroy and replace your existing cards to avoid being charged again in the future.

A virus can destroy your personal data. We always recommend using some kind of back-up system if ANYTHING on your computer is important. Your hard drive will not last forever so even if you aren't online or haven't gotten any viruses in the past you should still save your data. Many people do not realize how important their data is until it is gone and once it's gone unless you want to pay hundreds or even thousands for recovery services that may not work. The best rule of thumb: if you can't live without it keep two copies.



A virus can turn your computer into a spam-bot. The virus can take over your computer and send out spam emails and aid in spamming other computers. Some people report that they can actually see their mouse moving on its own without their own action. Some viruses are so bad that your system may need to be

wiped and your hard drive will need to be re-formatted in order to re-install a clean operating system. Recently an email was going around that stated that DHL had a package that was to be delivered that couldn't be delivered. This email contains a virus that cannot be fixed without reformatting and reinstalling your operating system. So how do you KNOW you have a virus?

1. System slows down significantly, you may experience pop-ups or fake antivirus alerts
2. Every website you go to re-directs you to another website
3. You can't get online at all but some of your programs may or may not still work online

There is always more than one possibility for the slowness of your computer. Here at Jesters Computers we recommend a clean- up once a year which

involves system maintenance and virus/malware removal. If you are interested in our services please see our ad regarding a special promotion running through the end of September.

For friendly professional computer help or a suggestion for a future article please contact Jesters Computers at [customerservice@jesterscomputers.com](mailto:customerservice@jesterscomputers.com) [www.jesterscomputers.com](http://www.jesterscomputers.com).

**DAVE & JANE'S**  
**CRABHOUSE**  
Restaurant & Lounge  
Fairfield, PA

**Crabs Available!**

Check Out Our Full Menu On Facebook!

**HOURS:**  
Mon.-Wed.  
4:00pm - 10:00pm  
Thurs.-Sun.  
11:00am - 10:00pm

**717-642-5025**  
**717-642-6574**  
[www.daveandjanes.com](http://www.daveandjanes.com)  
Reservations or Walk-Ins Welcome

2989 Tract Road,  
Fairfield, PA 17320  
Take-Out / Delivery  
Catering  
Major Credit  
Cards Accepted

Come Check Out Our Page On Facebook!

**DAVID LITTLE**  
**CUSTOM PAINTING**

**Protect your investment with a fresh coat of paint!**

Don't wait till you have damaged wood and more work to be done. The wise homeowner prepares for the coming winter now!

~Residential ~Commercial ~Interior  
~Exterior ~Power Washing ~Free Estimates

**No Job Too Big Or Too Small...**

11530 Simmons Rd., Taneytown, MD  
**301-447-2315**

7<sup>th</sup> Annual  
Emmitsburg  
**Farmers' Market**  
302 South Seton Avenue

\* Fresh Local Fruits & Vegetables \* Crafts \* Cut Flowers  
\* Organic Beef & Eggs \* Baked Goods

**Every Friday!**

**June 18-September 24**  
**3:00 P.M. - 6:30 P.M.**

**Vendor Space Still Available**

For more information contact Amy Naill  
**(301) 600-6301**  
[anaill@emmitsburgmd.gov](mailto:anaill@emmitsburgmd.gov)

**Let Petey & His Staff**  
**Solve Your Car Care Puzzle!**

**Air Conditioning Service**

Starting At **\$75**

**NOW OFFERING**  
**DETAILING SERVICES**

STARTING AT ONLY **\$45<sup>00</sup>**

**FITZGERALD'S AUTO SERVICE**  
Repair • Service • Maintenance • Tinting

**NOW IN STOCK!**  
Fourwheelers  
Scooters - GoKarts

Starting At **\$898** 49cc & Up

17037 N. Seton Ave.,  
Emmitsburg, MD  
**301-447-6274**

MAJESTIC

at the Jennifer and David LeVan Performing Arts Center

**Live!**  
From Branson,  
Missouri!

DEBBIE BOONE

"Reflections Of Rosemary Clooney"

**Friday, Oct. 8, 2010**  
**at 8:00 PM**

Multiple Grammy winner Debbie Boone will perform an intimate tribute to her late mother-in-law, the legendary Rosemary Clooney, a woman for whom Debbie had great love and respect. Debbie will sing the ever popular hits, "Blue Skies", "The Best Is Yet To Come", "Time After Time" & many more all from Clooney's original band charts.

**Tickets:**  
**\$58, \$55, \$49**  
(Fees & Taxes Included)

For Tickets Call **717-337-8200**  
or visit our website at [www.gettysburgmajestic.org](http://www.gettysburgmajestic.org)  
25 Carlisle Street, Gettysburg, PA 17325

## Fall Clean-up Special!

You should have your computer cleaned up annually to diagnose any potential problems and to keep your computer running optimally.

The following services are included in our clean-up:

- ✓ VIRUS REMOVAL
- ✓ SPYWARE REMOVAL
- ✓ ADWARE REMOVAL
- ✓ WINDOWS UPDATES
- ✓ TEMP FILE REMOVAL
- ✓ TURN OFF UNNECESSARY PROGRAMS
- ✓ REGISTRY CLEANING
- ✓ DISK DEFRAGMENTATION
- ✓ BOOT OPTIMIZATION
- ✓ BLOW DUST OUT OF SYSTEM

OUR REGULAR FLAT RATE FEE IS \$89 FOR THIS SERVICE!  
**SPECIAL PRICE ONLY \$69**  
AUGUST 16TH-SEPT 30TH!

JESTERS COMPUTER SERVICES

5135 FAIRFIELD ROAD, FAIRFIELD PA  
(717) 642-6611  
MONDAY-FRIDAY 9-5  
SATURDAYS BY APPOINTMENT ONLY



## LIBRARY NOTES &amp; SENIOR NEWS

# Art athroughout the stacks

Caroline Rock

If dreary autumn weather leaves us feeling a little blue, Hannah Hartness might be just the sunshine we need!

Hannah, an energetic fourth grader at Mother Seton School in Emmitsburg, was the winner of this summer's Emmitsburg Library's Found Art Sculpture Contest. Young artists were invited to create a work of art from clean recycled materials and display their masterpieces at the library. Two local artists were lined up to judge the entries, and the prize of a gift card to Michael's Arts and Crafts was awarded to Hannah Hartness.

"We were here one day for (Miss Cheryl's) Fish program," said Hannah, "and Mom saw the flier. She said, 'Hey, do you want to do this?' And I said, 'Oh yeah!'"

The rules for the contest stipulated that the sculpture had to be fashioned from recycled materials. Artists could use either clean trash, such as plastic bottles or cardboard, or natural items like branches or rocks. The finished piece could be no taller than twenty inches, and no wider than a foot, and had to stand on its own, since the entries would be displayed on the book cases in the children's area of the library. Lastly, the sculpture had to interpret the library's 2010 Summer Reading Club theme, "Make a Splash!"

Hannah and her mother brainstormed ideas for the sculpture.

"At first I wanted to make a surfboard. But then I thought about an octopus," she explained. "But that was..." she waved her hands, "TOO much!"

Hannah decided her sculpture would be a large orange fish fashioned from a gallon milk jug and decorated with dozens of hand-painted tabs from soda cans.

"My dad crushed the cans and pulled off the tabs," said Hannah, assuring me that she and her brother Jacob did NOT drink all those sodas! "Dad came in and dumped the tabs on the table and said, 'Here you go!' There were, like, two hundred of them!"

I asked how she painted all those little tabs. She grinned and said, "I had paint ALL over me!"

Then she added fins made of leftover cardboard. "I wanted to make it really colorful," said Hannah. "So I painted the fins green."

And indeed it is a colorful creation! The giant orange fish, with its multicolored gills, sits on a sea of blue, perfectly fitting the theme of "Make a Splash!" Hannah's scene even included a miniature book surrounded by seashells.

Hannah loves to read. "This summer I read ten Geronimo Stilton books. I also read some Nancy Drew books my grandmother got me, and I'm reading *Diary of a Wimpy Kid*." She did not hesitate when I asked her what she loves to do. "Draw," she said. "Read and draw."

With the gift card she received as a prize for the Found Art Sculpture Contest, Hannah was able to purchase "grown-up art supplies". She got some watercolors and a nice new sketch book.

"I just draw all the time," she said. "At dismissal, I am either drawing or reading. Or talking with my friends."

Hannah's summer was busy

with more than books and paints. She went to Girl Scout camp, had a sleepover with her friend Tara, and went to the beach with another friend, Haley. "Oh," Hannah remembered, pushing back her long brown hair to reveal glittering gems on her earlobes. "And I got my ears pierced!"

This summer's sculpture contest at the Emmitsburg Library was Hannah's first foray into the realm of competition. However, it must have piqued an interest, since later in the summer she took first place in the Chalk Drawing Contest at Thurmont's National Night Out, and had made plans to re-enter her "Make a Splash" sculpture in another found art contest.

But despite her love of art, and her talent for creating, Hannah has different plans for her future.

"I want to be forensic scientist like on NCIS. That's my favorite show. I love Abby!"

On the police drama NCIS, Abby Sciuto is a forensic technician for the Naval Criminal Investigative Services. Her eccentric goth style and upbeat demeanor make her an appealing and paradoxical character. It is no wonder Abby would be the favorite character of a buoyant person like Hannah.

"She's so cool!"

And cool is what the summer was all about. With the sweltering temperatures and the record-dry conditions, the cool refuge of the Emmitsburg Library brought in more than just Hannah and her family. Even with the reduction in library hours, or perhaps because of it, patrons visited the library and our programs right up to the

Summer Reading Finale on August 14. Enthusiastic kids came for the Pirate Program, some wearing their favorite pirate tee-shirts, and all leaving with a haughty "Argh" on their lips. Others enjoyed the manic magic of Roger Lindsay or the winsome music of Tracey Eldridge.

But many came to gather their beach reading, to finish off those assigned summer book lists, or to get their names in line for their favorite author's next release.

Hannah came to the library as often as she could over the summer. "I finished the Summer Reading Club and I came to a few of the programs here and at Thurmont," she says. "It's hard because our family has so many other activities. Once school starts, I'll come in more with my friends."

With school starting, the amount of library programming slows down. Our normal story-times continue, but special programming eases back to about one a month for children, and one for teens. On Thursday September 16, teens are invited to join Miss Stephanie in decorating candles with beads and sequins. That Saturday, September 18, kids with an adult can celebrate National Make a Hat Day by decorating a hat with fancy fandangles. Teens and kids are urged to bring a friend to these events. The more who attend, the more likely we are to offer similar programs in the future.

As for the Found Object Sculpture Contest, it is the hope of the Emmitsburg Library to offer it again next year, although maybe during Earth Week instead of Summer Reading. As always, readers are encouraged to visit [fcpl.org](http://fcpl.org) for information on all our programs and offerings.



**EXIT**  
EXIT PREFERRED REALTY  
2021 E. Main St., Waynesboro, PA 17268  
**Sandy Poulson**  
Realtor® / Licensed in PA & MD  
Bus: 717-762-8000 Ext. 188  
Fax: 717-762-3768  
Cell: 240-217-8958  
Each Office is Independently Owned & Operated



**Adams County Farm Fresh Markets**

- Friday's Farm Fresh Market-The Outlet Shoppes 9:30-2:00
- Gettysburg Farmers' Market-Historic Lincoln Sq. Saturdays 7-Noon
- Saturday's Farm Fresh Market-The Outlet Shoppes 9:30-2:00



Visit: [www.acfarmersmarkets.org](http://www.acfarmersmarkets.org)  
Sign up for our e-newsletter today!

**MIKE'S AUTO BODY**  
Collision and Restoration, Inc.

Your friendly neighbors at Mike's Auto Body will make your auto body repairs & restoration work a breeze!



**PROFESSIONAL, COURTEOUS SERVICE FROM THE OFFICE TO THE SHOP!**

Complete Auto Body & Full-Time Restoration Service  
All Major Insurance Cards Accepted  
Lifetime Warranty On All Repairs  
Car Rentals Available On-Site  
All Makes And Models

**24 HOUR TOWING**

**SERVING THURMONT 16 YEARS**

12917 Catoctin Furnace Rd., Thurmont, MD  
**301-271-7626**

## SENIOR NEWS

Leaves of brown have been tumbling down for weeks because of the drought, but we still associated them with September and the first signs of fall. This is a transition month as far as weather is concerned, and there will undoubtedly be some days when the temperatures will rival summer ones. It's harvest time, reflected in the annual Community Show sponsored by the Grange, and the "Great Frederick Fair." Time to make apple butter, savor apple dumplings, and visit nearby apple festivals. Enjoy!

**SPECIAL PROGRAMS:** Open House, with punch & cookies, Sept. 21-24. Dinner & '500' Card Party are scheduled for the 22nd @ 6 p.m.; reservations needed. A Dance on Fri., Sept. 24 @ 7:30 p.m. rounds out our special events.

NO programs on Monday, Sept. 6 - Labor Day holiday. The center will be closed for election day, Tuesday, Sept. 14.

The seniors encourage all eligible persons (50 years and older) to join them for regular program activities and special events. Our lunch program is open to those 60 and older. Programs are held in the Community Center on South Seton Avenue. Call for lunch reservations 24 hours in advance. The Senior Center will close whenever county offices are closed. To register for special events or for information, call program coordinator Linda Umbel, 301-600-6350.

tsburg  
Leaves of brown have been tumbling down for weeks because of the drought, but we still associated them with September and the first signs of fall. This is a tran-

sition month as far as weather is concerned, and there will undoubtedly be some days when the temperatures will rival summer ones. It's harvest time, reflected in the annual Community Show sponsored by the Grange, and the "Great Frederick Fair." Time to make apple butter, savor apple dumplings, and visit nearby apple festivals. Enjoy!

**SPECIAL PROGRAMS:** Open House, with punch & cookies, Sept. 21-24. Dinner & '500' Card Party are scheduled for the 22nd @ 6 p.m.; reservations needed. A Dance on Fri., Sept. 24 @ 7:30 p.m. rounds out our special events.



Est. 1999  
**Classic Affairs D.J.'s**  
Elaine & Dennis Ebaugh  
Wedding, Anniversary & Birthday Parties  
1930's to Top 40  
Karaoke Available

39 Federal Avenue,  
Emmitsburg, Md 21727  
301-447-6440  
[ebaughsr2@comcast.net](mailto:ebaughsr2@comcast.net)



# UPCOMING EVENTS

**Sept. 4**  
Arts at the Winery - The Adams County Arts Council and Hauser Estate Winery are teaming up for an afternoon highlighting the works of local and regional artists. For more information call the Adams County Arts Council at 717-334-5006

**Sept 10 - 12**  
Emmitsburg/Thurmont Community Show at Catoctin High School, Thurmont.

**Sept. 10**  
Elise Lutheran Church's Grilled Chicken fund-raiser Dinner to benefit Council of Churches Mission to Kenya 2011. Supper is \$10 (or your generous offering). Come for the Supper, stay for the Coffee House to follow, bring a friend! Elias Lutheran Church is located at 100 W. North Ave., Emmitsburg, MD. For more information call 301-447-6239 or visit us on [www.emmitsburg.net](http://www.emmitsburg.net)

**Sept 11 - 12**  
6th Annual Gettysburg Wine & Music Festival. Escape to the foothills and enjoy a beautiful fall weekend in historic Adams County and savor the flavors of hundreds of Pennsylvania fine wines. Tickets are available by calling the Gettysburg Adams Chamber of Commerce office at 717.334.8151. [www.gettysburg-chamber.org](http://www.gettysburg-chamber.org)

**Sept. 11**  
37th Annual East Berlin Colonial Day - Mix some of the country's finest crafters of traditional wares, the United States Army Old Guard Fife and Drum Corps, demonstrations of colonial skills, high energy entertainment and irresistible food and you have the East Berlin Historical Preservation Society. Free admission. For more information call 717-259-0822 or visit us at [www.ebhpspa.org](http://www.ebhpspa.org)

St. John's Lutheran Church in Creagerstown Family & Friends Pot Luck Meal in the Parish House. For more information call 301-514-8473

**Sept 12**  
St. Joseph Church Taneytown Country Style Breakfast Buffet - St. Joseph's Catholic Church Social Hall.

Music Gettysburg! Presents the Gettysburg Chamber Orchestra with Jessica Gondwe, Soprano. for more information call 717-334-6286 or visit [www.musicgettysburg.org](http://www.musicgettysburg.org)

All you can eat Spaghetti Dinner at St. Mary's Church, 256 Tract Road, Fairfield. For more information call 717-642-8815

**Sept 13**  
Annual Meeting of the South Mountain Audubon Society - Our meetings are held at the Adams County Agricultural and Natural Resources Building at 670 Old Harrisburg Road in Gettysburg.

If you need a contact number to publish, you can use mine - 677-4830. Meetings are free and open to the public. Here is the list of programs/meetings for the fall:

**Sept. 18**  
Annual Gettysburg World War II Living History Weekend - A mock Army Air Force Fighter mission briefing will be presented. For more information call 717-338-9114.

Fairfield's Wesley Chapel UMC Fall Festival, 654 Old Waynesboro Road, Fairfield. Silent auction, fried oyster sandwiches, soups, baked goods, ice cream, hand-made French fries & chips, steamers and all the fixings. Free coffee, snow cones, and music provided by Blue Grass Chapel Band from 2-5 PM. Bring lawn chair.

**Sept. 19**  
19th Annual Adams County Heritage Festival Sharing cultures of Adams County through music, food and art...a celebration of unity in our community. Gettysburg Area Recreation. For more information call 717-334-8943 or visit [www.icpj-gettysburg.org/](http://www.icpj-gettysburg.org/)

**Sept. 25**  
Gettysburg Fall Outdoor Antique Show - This one-day event features 125 antique dealers from 13 states displaying their unique pieces on the sidewalks radiating from the historic Lincoln Square

Downtown Gettysburg. For more information call 717-334-8151 or visit [www.gettysburg-chamber.org](http://www.gettysburg-chamber.org)

**Sept 25 & 26**  
Fairfield Pippinfest - An old-time country street festival featuring arts & crafts, apple products, live country music, antiques, vintage cars and great food! Main Street Fairfield. For more information call 717-642-5640

or visit [www.fairfieldpa.ning.com](http://www.fairfieldpa.ning.com)

**Sept 26**  
The 76th annual Joy Reunion at Mt. Tabor Park, Rocky Ridge.. Come prepared for the famous giant slide & auction so gather items that may be sellable for the reunion expenses. For more information call Jean Louise Gnip 410-596-4126 or Gloria Joy Bauerline 301-447-3043.

**My Father's Footsteps supports**



**SCOTTY'S RIDE**

For more information please go to  
[www.scottysride.org](http://www.scottysride.org)

**"In The Name Of One Child, We Ride For Many"**

---

**MY FATHER'S FOOTSTEPS HAIR DESIGN**

121 North Seton Avenue, Emmitsburg, MD

**301-447-6600**

**Kerry Shorb**  
Owner/Operator

**Tracy Wiles**  
Stylist

*No Appointment Necessary!*

Hours:  
Tues. 9 - 5  
Wed. & Thurs. 9 - 7  
Fri. 9 - 5 & Sat. 8 - 2

# Fall Savings At Jubilee

**Libby's Vegetables**  
Corn, Peas or Green Beans  
14.5 Oz Can  
**59¢**

**Hawaiian Punch**  
64 Oz. Bottle  
**\$1.09**

**Western Family Apple Juice**  
64 Oz. Bottle  
**\$1.19**

**Dad's Soda**  
Assorted Varieties  
20 Oz.  
**69¢**

**Local Honey Crisp Apples**  
**\$1.49** LB.

**Rutter's Tea**  
Assorted Varieties  
1 Gallon  
**2/\$3**  
Good 9/2-9/14

**Rutter's Orange Juice**  
1/2 Gallon  
**\$1.89**  
Good 9/6-9/21

**Don't Forget "Scotty's Ride" Leaving From The Jubilee Parking Lot Saturday, September 25th!**



**Jubilee foods**  
*Premium*  
**MEATS • SEAFOOD • DELICATESSEN**  
EMMITSBURG, MARYLAND

[www.ShopJubileeFoods.com](http://www.ShopJubileeFoods.com)  
[Jubilee515@comcast.net](mailto:Jubilee515@comcast.net)

**301-447-6688**



# MOUNT ST. MARY'S UNIVERSITY

## FITNESS IS GOOD FOR THE MIND

### Mount St. Mary's University and Les Mills Mid-Atlantic Team-up

Join us for a **FREE** preview of the new classes on Saturday September 4, 2010 beginning at Noon in the ARCC Fieldhouse on the Mount Campus

Special Guest Master Trainer Sheldon McBee and Mount Fitness Trainers will lead you in FREE class demonstrations.

**Super Saturday Schedule:**  
Noon- BODYPUMP™ 74  
1:15-BODYSTEP™ 80  
2:30- BODYCOMBAT™ 44

**You must pre-register to participate.**  
Email [lmartin@msmary.edu](mailto:lmartin@msmary.edu)  
Or call 301-447-3810

Weekly classes begin September 6.  
Class schedule and prices available online at [www.msmary.edu/fitness](http://www.msmary.edu/fitness)



BODYPUMP™ is the original barbell class that strengthens your entire body. This 60-minute workout challenges all your major muscle groups by using the best weight-room exercises like squats, presses, lifts and curls. Great music, awesome instructors and your choice of weight inspire you to get the results you came for – and fast! Like all the LES MILLS™ programs, a new BODYPUMP™ class is released every three months with new music and choreography.



BODYCOMBAT™ is the empowering cardio workout where you are totally unleashed. This fiercely energetic program is inspired by martial arts and draws from a wide array of disciplines such as karate, boxing, taekwondo, tai chi and muay thai. Supported by driving music and powerful role model instructors, you strike, punch, kick and kata your way through calories to superior cardio fitness. Like all the LES MILLS™ programs, a new BODYCOMBAT™ class is produced every

three months with new music and choreography. BODYCOMBAT™ is for everyone with moderate fitness levels. And because the moves are simple, you don't need to be especially well coordinated. Just give it a go!



BODYSTEP™ is the energizing step workout that makes you feel liberated and alive. Using a height-adjustable step and simple movements on, over and around the step you get huge motivation from sing-a-long music and approachable instructors. Cardio blocks push fat burning systems into high gear followed by muscle conditioning tracks that shape and tone your body. Like all the LES MILLS™ programs, a new BODYSTEP™ class is released every three months with new music and choreography.

## MASS AT THE GROTTTO, SEPTEMBER 25

At the celebration of this Mass, the **SACRAMENT OF ANOINTING OF THE SICK** will be administered to those whose health is seriously impaired by sickness or old age. Others who are ill and elderly will be remembered in prayer for healing and wholeness.

- 2:30 p.m. Rosary in Chapel of St. Mary on the Hill
- 3 p.m. Procession to Grotto
- 3:45 p.m. Talk on Our Lady of Lourdes
- 4 p.m. Mass at Grotto cave  
(attendance fulfills Sunday obligation)

In attendance: Sovereign Military Hospitaller Order of St. John of Jerusalem of Rhodes and of Malta, Federal Association and Our Lady of Lourdes Hospitality North American Volunteers



Visit [www.GrottoOfLourdesEmmitsburg.com](http://www.GrottoOfLourdesEmmitsburg.com) or call 301-447-5318 for more information.

## CALENDAR OF EVENTS

### AROUND THE MOUNT 3.5

**September 9, 2010, Noon-3:30 p.m., Admissions Office**

Families will begin with lunch in our dining hall, take a guided campus tour, meet with an Admissions Representative and then have a guided tour of either the ARCC or Grotto.

### AMERICAN RED CROSS BLOOD DRIVE

**Sept. 14 and 15, 2010, 10 a.m.-4 p.m., Mount Cafe**

### SUNDAY VISITS

**Sept. 19, 1-4:30 p.m., Cardinal Keeler Dng. Rm**  
This program is geared towards students and families beginning the college search process. An information session with our highly trained and qualified student leaders and a student-led campus tour is offered, along with the option to eat lunch in our dining hall and/or attend noon Mass at the Grotto.

### TRANSFER DAYS

**Sept. 21, 4-6 p.m., Admissions Office**

This program is designed for currently enrolled students at another institution of higher learning and looking to transfer to the Mount. Transfer Days will allow them to interact with other students who are also considering transferring through a student-led campus tour and information session with our Transfer Coordinator.

### BLESSED JOHN HENRY NEWMAN SYMPOSIUM

**October 2, 7:30 a.m.-5:00 p.m., Seminary**

This event will explore the intellectual and spiritual pilgrimage of the great English Cardinal who is hailed as the "Imperial Intellect" of the 19th century.

For more information call 301-447-5366.