

Emmitsburg NEWS-JOURNAL

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Community Day pleasingly observed

On June 25, Emmitsburg's Community Park playground was filled with children, live music sounded through the park, and the smells of barbeque chicken filled the air. Emmitsburg showed what living in a small town is all about with its 29th Annual Community Day.

The day began with lots of games for kids and adults alike. Children chased a greased piglet around the field as it slipped between their hands. Their faces became sticky with watermelon as they raced each other to eat a slice. They laughed as they rode on Vigilant Hose Company's ladder truck through town. Other games included the three-legged race, balloon toss, casting contest, closest-to-the-pin golf and raw egg toss.

Jackie Baugher brought her seven-year-old grandson, Hayden, from Fairfield to spend the day in Emmitsburg. Hayden participated in the egg toss, water balloon toss, watermelon-eating contest, and

greased pig chase.

"It's been great," Baugher said. "We've loved it and it's a perfect day for it. I'm looking forward to coming back next year."

At the bandstand, children enjoyed helping Rick Hill play the autoharp and becoming a member of Rick Hill's Children's Choir. The children joined him on stage and accompanied his playing by singing children's songs. He also showed them how to play the autoharp.

Across the field, motorcycle and car owners were showing off their vehicles. The Emmitsburg Lions Club sold barbeque chicken dinners and tickets to various raffles.

"We come for food and cars and just to hang out," said Natasha Fannin of Gettysburg. "My family usually does this every year."

Later in the afternoon, the community deputies led a five-mile ride around town for kids. The Emmitsburg pool was open all day free of charge and the Communi-



Longtime horseshoes competitor Richard Valentine tosses horseshoes to cheers from the crowd, stretching his horseshoes pitching career to 71 years

ty Day parade returned at 6 p.m. Prizes were awarded in three different categories: Bicycles or wagons - for children and families, Floats or walking units, and Classic Cars.

Lisa Lowry of Emmitsburg had three children walking in the parade. "This is absolutely a great thing for the town to have," she said. "They always have a good turnout and they offer a lot of

things to do, especially for kids."

Following the parade, local musicians performed in Community Park followed by a fireworks show at 9:45 p.m.

The Emmitsburg Lions Club sponsors Community Day each year. The club uses the proceeds from the day to support its community programs and events throughout the year.

Clydesdales coming to Ski Liberty

You won't see them skiing or playing golf, but the Budweiser Clydesdales are coming to stay at Ski Liberty from July 5 to 11.

These large draft horses with the shaggy hoofs have been a symbol of Budweiser Beer since 1933. Since that time they have gained their own celebrity status and when they are not pulling a beer wagon, they are meeting their fans.

The Clydesdales are coming to Carroll Valley to be a part of Bike Week, which will take place near Fairfield this year. While here, they will be participating in a mini-parade in Fairfield on July 7 at 2 p.m. and a Hitch and Show at Battlefield Harley in Gettysburg on July 8 and 9.

"The public is invited to visit the Clydesdales at their stables anytime during daylight hours. There is no charge," Susan K. Weitzel-Joines, executive vice president at Brewery Products Company in York, wrote in an e-mail. "Grooms are on hand to answer any questions. Sometimes they get a Clydesdale out for a photo-op, but that is at the supervisor's discretion."

You may also get to see the Budweiser Clydesdale's best friend, a Dalmatian that travels with each of the Clydesdale eight-horse hitches and has been since 1950. Dalmatians are known as coach dogs because they used to run between the wheels of coaches or carriages and were companions to the horses. Today, the Dalmatians are perched atop the wagon, proudly seated next to the driver.

On their off hours, a large tent will be set up in the lower parking lot by the old bank building. Anheuser-Busch owns approximately 250 Clydesdales today. To become a Budweiser Clydesdale, the Clydesdale must be a gelding at least four years of age, stand 72 inches at the shoulder when fully mature, weigh between 1,800 and 2,300 pounds, have a bay coat, four white legs, a white blaze, and a black mane and tail.

"With the permission of Brewery Products, Liberty has invited local non-profit groups to set up booths and promote themselves or raise funds by selling food or beverages in the vicinity of the tent. I have attached the paperwork offered to local non-profits," Anne Weimer,



marketing director for Liberty Mountain Resort and Conference Center, wrote in an e-mail.

While not on tour, the Budweiser Clydesdales historic home is the 100-acre Anheuser-Busch brewery complex in St. Louis. The building is one of three located on the brewery grounds that are registered as historic landmarks by the

federal government.

The hitch of Clydesdales will roll into Carroll Valley in three 50-foot tractor-trailers. The trailers carry 10 horses; the red, white, and gold beer wagon and other essential equipment. Air-cushioned suspension and thick rubber flooring in the trailers ease the rigors of traveling for the horses.

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NEWS

Around the Borough

More than two months after flooding damaged its walking trails, Carroll Valley Borough's trail are still not back to normal.

Resident Phyllis Fosnaught said she found the trail that runs around the Carroll Valley Commons in terrible shape.

"I'm afraid to walk on it. It's dangerous. You could trip on it just like that."

Borough Manager David Hazlett told the commissioners that trail was still being remediated with the intention that it would be totally completed by the town's July 4 celebration.

Rough rock had been laid along the trail to replace what was lost during the flooding and fill in holes, but the town crews were allowing the rock to settle rather than having to pay to have it compacted. The savings are important since this year's budget is tight and the town is not being reimbursed for any of the flood-related costs by the federal government.

Rather than keeping the trail closed during popular walking months, Hazlett allowed it to be reopened believing that while not smoothed out, it was at least safe enough to walk on. He

told the commissioners that he would check the trail out and if he found that it had become unsafe, he would speed up the remediation and not wait until July 4.

No flood damage reimbursements for Borough
Carroll Valley Borough's request for disaster funds to cover repairs and emergency response from April's flooding was denied.

"We were not awarded any disaster relief funds," Borough Manager David Hazlett told the borough commissioners on June 14. "It seems we were the only ones that received damage."

Though said somewhat facetiously, other areas either did not receive as much damage or did not apply for disaster funds because the region's total amount did not reach the threshold required by the federal government.

This means that Carroll Valley must find a way to pay for the \$150,000 in flood-related costs on its own. This represents an additional cost equal to nearly 9 percent of the current borough budget.

Sections of two streets in the

borough also remain closed because the borough has not decided on how to best address the storm damage, which is extensive. The cost to repair Cardinal Trail will be around \$42,000 and the cost for Creek View Trail will be around \$34,000. Hazlett told the commissioners that the cost of the Creek View repairs can be significantly reduced using borough staff, but that isn't an option with Cardinal.

One option that remains if a way can't be found to make the repairs cost-effectively is that the trails stay closed.

July 4th celebration schedule announced

Carroll Valley Borough will hold its 7th annual July 4th celebration at Carroll Valley Commons on July 4th. As always, there will be rides and activities for children, a Civil War encampment, horse-shoe tournament, a car show, food and music.

New this year will be a 3-on-3 double-elimination basketball tournament that begins in the morning. Rides and other activities will start at 2 p.m. and the fireworks show will be at dusk. Also new this year, there will be



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Fairfield Notes

As motorcyclists by the hundreds roll into the area for the 10th Annual Bike Week, they will bypassing Gettysburg and heading to Granite Hill Campground near Fairfield.

"It seems like we're as prepared as we can be," Police Chief Richard Hileman, III, told the Fairfield Borough Council on June 28.

Bike Week is July 7 to 10 and Hileman said that he and his officers feel so prepared that it makes him nervous. They've got plans for how to deal with the increased traffic from the motorcycles in town, any noise issues, any fights and little issues that might crop up.

"The biggest concern we have is going to be the traffic running through the town," Hileman said.

On the bright side, Hileman

said that the local businesses will probably see an increase in business during Bike Week, particularly the restaurants. Besides, he feels that the all of the road construction, road closures and detours in Gettysburg will encourage the bikers to stay local. He said that there will more than enough people to fill area restaurants and bars to capacity.

So it is just a matter of waiting to see how things play out when Bike Week comes to Fairfield.

Fairfield School Board approves \$15.5-million budget

The Fairfield Area School District will shrink next year, though the tax burden on district taxpayers will be increasing.

The 2011-2012 budget that the



Board of Education approved in June was for \$15.5 million by a 7-1 vote. This budget is "less than the budget we operated on last year," Superintendent William Chain told the Gettysburg Times. Board mem-

a small ride-on railroad that circles the Civil War encampment. "Everything is free except the

food," said Mayor Ron Harris. For more information, visit july4thcelebration.info.

and Board President Pamela Mike-

sell voted to approve the budget. The approved budget cut \$756,727 from Superintendent William Chain's original request. A seventh-grade language arts teaching position was cut and the teacher reassigned to the library. A third-grade teaching position was also cut. A full-time reading teacher and a full-time environmental education teacher were reduced to part-time positions. The elementary summer school program and kindergarten Jump Start program were also dropped.

However, even with the budget cuts, the board members also approved the maximum allowable property tax increase from 0.3143 mils to 9.2953 mils. Board members repeatedly made sure to tell residents that the increase represents only a 12 cent per day increase for taxpayers.

Around the Town

Given the mix-up some Emmitsburg residents experienced with trash pick-up that occurred on Memorial Day this year, the Emmitsburg Town Commissioners want to make sure that residents know that although July 4 falls on a Monday this year, there will be trash pick-up on that day in town.

Sidewalk extension

The town of Emmitsburg is seeking bids to determine the cost to extend the sidewalk along Route 140 from Timbermill Run. Commissioner Tim

O'Donnell noted that the lack of a sidewalk there forces pedestrians onto the road, which raises a safety issue.

"The comprehensive plan calls for this connection," he noted.

Besides adding a sidewalk, Town Manager Dave Haller told the commissioners that a plan for redirecting storm water would need to be made. The installation of controlled fill and the creation and recordation of easements would be needed. His estimate is that the project could cost around \$42,000, but the

project needed to be bid out.

The commissioners voted 4-0 to proceed with soliciting bids.

New barbeque pit coming to Community Park

The Emmitsburg Lions Club has offered to have a sheltered barbeque grill built in Community Park that would be open to anyone using the park. Town Manager Dave Haller said that he could meet with club members to select the best site for the shelter. The commissioners approved the project.

Changes to conservation resource zone approved

The Emmitsburg Town Com-

missioners voted to make changes to the town's conservation resource zone description to make clear that the zoning is not permanent.

Town Planner Sue Cippelly told that the commissioners that land zone CR "wasn't intended to be permanently preserved."

It was intended to be more of a holding classification that allowed property to be zoned without needing to allocate water and sewer taps to it. When this happens and property development is far in the future, it restricts development in town unless additional capacity is found.

Resident Catherine Forrence said that the changes would have unintended consequences. "When you make this text amendment, you are opening up development to these other areas," she said, meaning the town's parks.

Commission President Chris Staiger said that was unlikely because the property owner would have to request the change and in the case of town parks, the owner was the town of Emmitsburg. He also pointed out that the language doesn't do anything that can't be done now. It simply emphasizes the temporary intent of the zoning.

Emmitsburg budget cuts community deputy

In order to balance the new \$1.6-million budget for the Town of Emmitsburg, the town commissioners decided not to continue using one-time funds to close budget gaps and instead made some big cuts to the budget. With the approved budget, the property tax rate remains at 36 cents per \$100 of assessed value.

The initial budget presented by Mayor James Hoover to the commissioners used around \$87,000 of the town's "rainy day" fund to close a budget gap. This is a fund that is typically held in reserve for emergencies or large, one-time expenses.

Rather than do this, the

commissioners approved a series of cuts to the budget, including reducing the number of community deputies in town from three to two.

Each community deputy position will cost the town around \$120,000 this year. This is a 9 percent increase over last year's budget. With two deputies, the town's population-to-patrol-officer ratio will be more in line with the rest of the county, according to Commission President Chris Staiger.

The vote to cut the deputy position was 4-0 and Commissioner Patrick Joy, who wasn't present for the vote, said at the next meeting that had he

been present, he would have also voted to remove the position. Hoover also said that he supports the cut for economic reasons. Staiger said that while it was hard to vote for cutting the position, the alternative would have been to increase taxes 14 percent or 5 cents per \$100 of assessed value.

"This was not an impulsive or rash decision," Commissioner Tim O'Donnell said.

While all of the commissioners would have liked to maintain three deputies as can be seen from the fact that none of them voted to cut a position last November when the issue was discussed in depth, the economic realities of creating a new budget forced

them to make significant cuts.

"Looking back, if I understood our budget situation then the way I do now, I think I would have made that motion to reduce the deputy at that point," Staiger said.

He said that all of the critical services will still be provided by the community deputies, though he expects to see a reduction in community outreach, traffic enforcement and patrolling.

The town will still have three deputies until mid-December since the town is contractually bound to give the Frederick County Sheriff's Office a six-month notice of any changes.

The cut came from a suggest

list of cuts that Staiger presented at the June 6 meeting so that the town wouldn't have to rely on the rainy day fund to balance its budget. Other cuts to the budget included:

- Capital improvement projects were reduced by \$29,300 with the understanding that should an emergency project come up, it can be funded out of the rainy day fund.
- The town's bulk trash pickups were cut from 2 to 1 annual pickup.
- Operating supplies were cut by \$6,655.
- Printing costs were reduced by \$2,600.

News Briefs

More than 20 businesses presented themselves to Emmitsburg at EPBA expo

The Emmitsburg Business and Professional Association presented its first annual business expo on June 15 at the Carriage House Inn. More than 20 local businesses were on hand to show off their services and products to the community.

The businesses set up displays on tables in JoAnn's Ballroom. Attendees could sample foods, speak with company representatives and register for door prizes.

Megan's Law offender rearrested

Carroll Valley Police re-arrested a Megan's Law offender in Carroll Valley on June 5. Patrolman Dustin Miller answered a call on Fairfield Road for an intoxicated person at 11:30 p.m.

Miller found Steven Earl Feeser, II, 26 years old, of Carroll Valley, in a dispute with a fam-

ily member. A 15-year-old juvenile was also at the scene.

Miller questioned the people on the scene and came to believe that Feeser picked up the juvenile in Emmitsburg, gave the juvenile alcohol and then brought the juvenile to Carroll Valley.

Feeser was arrested for Corruption of Minors, Furnishing Alcohol to Minors and Public Intoxication. He was taken to the Adams County Adult Correction Complex in lieu of \$10,000 bail.

Further investigation also revealed that Feeser failed to comply with the requirement of the Pennsylvania's Megan Law statutes requiring the registration of sex offenders. This being the case, Feeser was also charged with a felony count of Failure to Comply with Registration of Sexual Offenders Requirements.

Emmitsburg man arrested for armed robbery

Jake Taliaferro Werlang, 18, of

Emmitsburg, has been charged with 17 offenses associated with an armed robbery on June 16. Werlang allegedly robbed the Citgo station in Keymar.

A white man wearing a bandanna over his face and dark head covering entered the gas station at 5 p.m. on June 16. The man had a handgun and demanded that the cashier open the cash register, threatening her with the handgun. The man took more than \$600 from the cash register.

Witnesses saw the man leave the gas station and run toward the post office. They then saw a green minivan leave the area with two occupants. A witness who followed the minivan for a short distance was able to give the police the first three digits of the license plate and a description of the minivan.

Werlang had been identified as a suspect at the same location in March, which had similar characteristics as the June 16 robbery. Maryland State Troopers went to Werlang's home in Emmitsburg and tried to find the vehicle.

Though the vehicle wasn't at the residence initially, one match-

ing the description and with the same license numbers did arrive shortly thereafter. Police questioned Werlang and his mother and came to believe that Werlang was the culprit.

He was arrested and charged with three counts each of armed robbery, robbery, first- and second-degree assault, and reckless endangerment. He was also charged with theft and the use of a handgun in the commission of a felony.

Planning Commission approves solar farm

The Frederick County Planning Commission approved Constellation Energy Group's plans for a solar energy farm at Mount St. Mary's University in Emmitsburg.

The plans call for 220,000 solar panels on patch of 135 acres owned by the university. The \$60 million project will generate 22 million kilowatt-hours per year of electricity. When complete, it will be one of the largest solar farms in Maryland. The plant is expected to be completed next year.

The State of Maryland has agreed to buy electricity from the farm for 20 years. The Depart-

ment of General Services and the University of Maryland will buy most of the power. The farm will also supply power to Mount St. Mary's.

The planning commission is requiring Constellation Energy Group to use landscaping to screen the security fence around the plant. The commission also granted a number of waivers based on the property's unique use.

Mount professor is new editor of Journal of Freshwater Ecology

Dr. Jeff Simmons, Associate Professor of Environmental Science in the School of Natural Sciences and Mathematics has been named Editor-in-Chief of The Journal of Freshwater Ecology. The journal is considered the premier journal in its field.

"I am thrilled to have this opportunity to contribute to the field of ecology in this way. Peer-reviewed journals like this are the main way that ecologists communicate and share information with one another," Simmons said. "I also love reading about ecology, so I think it will be a lot of fun!"

The Journal of Freshwater Ecology is a quarterly journal for the dissemination of current aquatic ecology information, publishing referred manuscripts dealing with a wide variety of original ecological studies, experiments and techniques. Each article is reviewed and critiqued by two to four other experts in the field before it is published.

The journal is published in the U.K. by the Taylor and Francis Group.

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NEWS

Starting a business in Emmitsburg

Susan H. Cipperty, AICP
Emmitsburg Town Planner

In the 3 1/2 years that I have been the Town Planner for Emmitsburg, I have seen some businesses come and go fairly quickly, while others have stayed and seem to be successful. The difference between these outcomes seems to be the amount of experience the owner had in running a business, the amount of marketing they did, and whether they were a good fit for the Emmitsburg area market. For instance, it may seem like there is a lot of traffic going through Emmitsburg at certain times of the day, especially during the months when Ski Liberty is open.

Traffic count information from the State Highway Administra-

tion shows that on a daily basis, there are 7,991 trips on East Main, and about 7,741 on South Seton. Whether these travelers are really potential customers depends on what you are selling, and whether they are really just interested in getting to work or home in Emmitsburg, and elsewhere. If you are planning to open a take-out restaurant, this might work for you. If you are planning to open a specialty clothing store, there may not be enough buyers to make your business a success if you depend solely on existing traffic and the local market. There are other elements that play a role in business success, as well – like local residents' age, income level, and interests, and whether the commut-

ers shop where they work, rather than when they get home.

Emmitsburg does have existing businesses that generate tourism, retail, and dining customers. The Antique Mall has 39,000 customers annually, the Seton Shrine has 45,000 visitors each year, and NETC/FEMA trains 16,000 students per year. Mount St. Mary's represents a total of 133,035 visitors annually, with 43,900 of those visiting the Grotto. In addition, Mount St. Mary's averages 1,500 students at the local campus. Restaurants who responded to my inquiry were the Carriage House Inn, which serves about 36,400 meals per year, and McDonald's, where 421,901 customers were served during 2010.

On Main Street there are also

some specialty businesses, such as Antiques Folly, Rebecca Pearl Gallery, St. Philomena's Books, and State Line Gun Shop, which attract customers looking for a specific product or service.

Our newest attraction – the Frederick County Fire Museum on South Seton Avenue – will bring new visitors to town, and provide an additional activity for both residents and tourists.

If your business idea is one that can tap this existing visitor/business base, there is a better chance that you will succeed. None of the businesses I have mentioned depend solely on local traffic or residents. They reach out to a considerable area, and have generated business as a result. A good marketing plan and invest-

ment in advertising is a necessity.

For help with considering your business options, the Frederick County Office of Economic Development is a good place to start. One-on-one assistance is available for preparing a business plan, marketing tools, and hiring employees. Training is offered to those who are just starting out, and for those who have specific needs. The website address is www.discoverfrederickmd.com and the main phone number is (301) 600-1058.

Permits are required by both the Town and Frederick County before a new business can open up. Please stop by the Town Office and ask about business permits.

We can provide information about the Town permits and direct you to the proper Frederick County office, as well.

Mail delivery moved from Rocky Ridge Post Office

Rocky Ridge residents probably never noticed it, but their delivery service changed about six weeks ago.

The Rocky Ridge Post Office no longer has delivery service operating from it. The single delivery route now comes from the Thurmont Post Office.

"The consolidation is part of a program within the Postal Service called Delivery Unit Optimization (DUO)," Freda Sauter with the U.S. Postal Service corporate communications, wrote in an e-mail. "DUO is intended to cut costs by compiling two or more

delivery facilities where, feasibly, this does not change postal routes. The carrier will continue to deliver the same route."

It also does not affect the post office boxes or retail service in the office. The office's hours will remain the same. At this point Rocky Ridge is the only post office affected locally. Sauter said that all of the offices in the entire United States Postal Service are being evaluated for DUO. She said this allows the service to operate more efficiently.

"It will be transparent to our customers and they will continue to receive excellent service from

the Postal Service," Sauter said.

Finding an efficient way to operate has become a pressing need for the Postal Service. They are faced with reduced mail volume, coupled with the unique burden of pre-funding retiree health benefits. In June, the United States Postal Service announced that it was going to stop making the employer contribution to the retirement pension fund.

The Postal Service is also continuing to try and adapt to the changing ways that Americans access communication. It has expanded its product offerings and in more customer-friendly locations, such as grocery stores, pharmacies, retail centers, office supply stores and at usps.com.

"With the abundance of expanded access locations, in addition to usps.com and recent smart phone application launches, customers have never had greater access to postal products and services," Sauter said.

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SHA MARYLAND DEPARTMENT OF TRANSPORTATION
STATE HIGHWAY ADMINISTRATION
Northern Frederick County Bridge Projects
MD 76 over Motters Run
MD 140 over the Monocacy River
Informational Meeting

140
76

The Maryland State Highway Administration (SHA) invites interested persons to attend an Informational Public Meeting regarding the upcoming projects to replace the bridges on MD 76 (Motters Station Road) over Motters Run and MD 140 (Taneytown Pike) over the Monocacy River in Northern Frederick County. The main objective of these projects is to address the structurally deficient bridges, which will improve safety and mobility and reduce future maintenance spending. SHA will make every effort to complete the work as quickly as possible while minimizing impacts to local residents and motorists. A traffic detour will be in place for those traveling on MD 76. Construction is expected to begin in the summer of 2011.

WHAT: The Informational Meeting will acquaint the public with the projects and give the public an opportunity to inform SHA of any special concerns they may have. Display areas will be set up showing the proposed work, and SHA representatives will be available to discuss project issues and answer questions. No Formal presentation will be given. Feel free to arrive at any time and walk through at your own pace.

WHEN: Thursday July 21, 2011 - 5:30 p.m. to 7:00 p.m.

WHERE: Emmitsburg Volunteer Ambulance Company – Social Hall
17701 Creamery Road, Emmitsburg, MD 21727

CONTACT: Mr. Geoff McCammon, SHA Community Liaison, SHA District 7 Office, 5111 Buckeystown Pike, Frederick, MD 21704 or by calling 301-624-8131 (toll-free 1-800-635-5119) or e-mail at gmccammon@sha.state.md.us. For more information on these and other SHA projects, visit www.roads.maryland.gov.

REQUEST FOR ASSISTANCE: The Maryland Relay Service can assist Teletype users at 711. Persons requiring assistance to participate (interpreter for hearing/speech disabilities or who need assistance with the English language) should contact Mr. McCammon by July 14, 2011.

Please mark your calendar and plan to attend!
July 5, 2011
A-0595

Neil J. Pedersen
State Highway Administrator

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July 7

Firemen's Fourth of July Picnic Successful

Independence Day with its chief attraction, the fireman's picnic, was very pleasingly observed in Emmitsburg. The street decorations were particularly pleasing. By nine o'clock the firemen formed in front of their hall with the Emmitsburg Coronet Band leading, followed by the hose company. They paraded down Green Street, across Main Street, to the Emmit House, counter marching to the Square, then to Firemen's Park, at which time the celebration began.

The day could not have been better. It was hot but fair and taken altogether it was an ideal Fourth of July. Early in the morning the people began to come into Emmitsburg from all points and all day long automobiles, carriages and buggies brought a happy crowd to Firemen's Park.

With twilight the dancing began and the commodious floor was always crowded. The hawkers hawked and the people spent their shackles freely. It was knock-the-baby-down, ring-the-knives, get a cane, ice cream tickets, here for your sandwiches, etc., until the tearful strains of the merry-go-round quivered. Late into the evening, one by one the lights were put out and it was over. The proceeds of the various booths and other places of amusement amounted to \$493, which will be used to pay down the debt for the field, which will ensure future citizens of Emmitsburg have a park which they can use for free.

Series of Mishaps on Fourth

Quite a number of accidents occurred in Emmitsburg on Tuesday. There were several prostrations, principally among children on the picnic grounds, due to the intense heat of the day. Wilbur Moser was severely burned on that hand by a premature explosion of a Roman candle. A lady with a baby in her arms leapt from the merry-go-round, while in motion, and landed on Miss Margaret Hayes, who is now confined to her home with a badly crushed ankle. The shock threw the baby to the ground, but it was not injured. Mr. Jere Overholtzer, returning from town, overcome by heat, fell from his buggy near his home and was badly injured. Seven or eight men, some of them celebrated booze artists, mixed it up on the square in the afternoon. One man had his jaw broken. The police escorted them out the pike and local physicians repaired the injured.

Union Power House Plan

For many months the electric light proposition for Emmitsburg has been in abeyance. It will be remembered that the first plan called for an expenditure of some \$7,000 for power plant, wires and so forth. Upon the advice from interested persons, after the subscription

books have been closed, the matter was laid aside for further developments elsewhere, which it was supposed would save the town about three or \$4000.

The news was given out earlier this week that the plans for union powerhouse for electrical current for the Frederick Railroad and the Hagerstown Railroad will be built near Hagerstown. The idea is that Emmitsburg will be furnished by power from this plant by a line brought across the mountain. When this plan is fully developed Emmitsburg, with every little expense will be supplied with night and day current always available at reasonable rates. It is expected that the plant will be completed next December. It will be but a short time until Emmitsburg can get its line in place for its most necessary improvement the town needs - electric power.

Hurt in a Runaway

On Saturday afternoon Dwen Adelsberger had his leg broken in a runaway accident on the Keysville Road. A part of the harness broke coming down the hill and he lost control of the horse pulling the buggy. The buggy was broken and the other occupants slightly bruised. Dr. Jamieson set the broken limb.

July 14

5 Gallons in One Milking
Patterson Brothers, of this place, have broken the record here about for milk producing cows. In one milking - not a days milking - one of their herd gave 5 gallons or 41 pounds of milk. Mr. Mead Patterson says he has been in business for 30 years and has never seen the equal of this cow.

July 21

Suffragettes Begin Work

Agreeable to the advertisement which appeared in last week's issue of the Chronicle, representatives of the State Equal Franchise league of Maryland addressed at an open-air meeting the people of Emmitsburg on Tuesday evening.

Burgess Rowe acted in the capacity as chairman and introduced the speakers who stood in an automobile which was standing by the curb in front of C. J. Shuff store. Shortly before the speeches, ladies passed through the town giving out personal invitation to all they met to attend the meeting.

In every county in the state a systematic campaign for women's suffrage is being waged and leagues are being formed. Woman's suffrage is coming. The only thing for you to do is decide your own attitude, to decide whether you want to help, or be a stumbling block to the road of progress. When you hear your friends say they are opposed to women's enfranchisement, remind them of the story of the kitten who was owned by a girl of eight years.

The child's parents, aunts and uncles all were Suffragettes. An aunt in going through the room where she was playing heard her call her kitten "anti-suffrage." Her aunt asked "Why child, why have you named it anti-suffrage?" "Oh aunt, don't you understand it hasn't opened its eyes yet!"

Following the meeting the various members of the league distributed cards and literature and informally discussed the subject with anyone who appeared to be interested. The ladies of the town who have expressed their support have arranged for a parlor meeting to be held next Wednesday afternoon at three o'clock at the home of Mrs. E. L. Annan.

Barn Struck by Lightning

During the rain and thunderstorm Monday morning about six o'clock lightning struck the large bank barn at "Penola," the home of Mr. and Mrs. Welty, and scattered timber all about. Fortunately the building did not ignite. The weather since then has been delightful and quite a number of young folks - ladies and gentlemen - have been taking advantage of the delightful weather the past few days to indulge in horseback riding. Nearly every evening a party or two passes through town on their mounts.

Another Accident for Turner

Mr. Elmer Turner met with another painful accident this week when he fell and broke his right arm. Some time ago Mr. Turner accidentally shot two fingers off a hand on his arm.

Well Poisoned

Someone dumped Paris Green in the well on the farm of Mrs. Mary Draper, possibly with the intent of poisoning members of the family. The poison was discovered before any damage has been done to any persons. For some time the Draper family has been annoyed by enemies in their neighborhood. Recently one of their cows was badly hacked with a knife. The parties live in the mountains, where bad feelings have frequently culminated in feuds and disorder.

Votes For Women!

The State Equal Franchise League of Maryland
invites the public to an

Open Air Meeting in Emmitsburg

ON THE SQUARE,
TUESDAY EVENING, JULY 18,
AT 7 O'CLOCK.

Mrs. Wm. Ellicott, President of the League,
and others will speak.

MAYOR SAMUEL ROWE will introduce the Speakers.

COME ONE! COME ALL!

In case of rain the meeting will be held in the nearest hall.

When Bessy Patterson, a daughter of Mr. Drapper, went to the spring to get a bucket of water she noticed the sides and bottom of the spring were greenish looking and a greenish tint was on the surface. The members of the household were called and they concluded it was caused by Paris Green. At yet no warrants have been sworn out, but some members of the community are under suspicion.

July 28

Emmitsburg Escaped Three Big Storms

Last Friday a storm passed over the state from West to East of such violence that the weather-wise say it was the most destructive in years. Emmitsburg, shielded by his wall of mountains, again through storm proof, only to the distant rumble of thunder and the reflection of lightning with cooling wind the manifest Mr. Hoke, who came from Baltimore on the evening train, said that the hail there was so thick that it would have easily filled and icehouse. In places the train ran through water 18 inches deep. The only inconvenience here was the inability to use the long-distance phones.

On Saturday the southern part of this county got a touch of storm trouble. Again great damage was

done by hail which at Brunswick was the heaviest in 20 years. On Monday Middletown caught it. The rain fell in torrents between 11:30 and noon, and during the electrical storm considerable damage was done. One bolt struck the big barn on the farm of Charles Holter, totally destroyed it, together with immense wagon shed and a years wheat crop, about 1,500 bushels, 80 bushels of corn, and a lot of hay. Fortunately none of the livestock were injured and all the wagons, machinery and some harnesses were saved. During the storm 1 inch of water fell in 30 minutes, flooding fields, gardens and roads by badly washing them out.

Equal Franchise League of Emmitsburg

As a result of the recent agitation for women's suffrage a meeting was held on Wednesday afternoon at the home of Mrs. Annan. The parlor was comfortably filled with enthusiasts. Mrs. Ellicott acted as chairperson pro tem and Mrs. Trax as temporary secretary. Mrs. Annan was elected president, Mrs. Bella Rowe, Treas., Mrs. Eve Rowe, chairman of the press and literature committee, and Mrs. Annan Chairman of the sanitation committee. The vice president is to be appointed later. It is the purpose of the local league to take up civic questions.

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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

From the Desk of County Commissioner Blaine Young

I would like to take the opportunity this month to talk about PPP (Public/Private Partnerships). Why are we examining them? What are they and what are some examples of Public/Private Partnerships that have worked and are working in Frederick County right now.

First, why are we exploring this opportunity of another service delivery model to deliver services to the citizens? Well, if you do not care about the fact that we (Frederick County) are spending more than we are taking in, and only care about balancing the budget using whatever financial tactics are necessary, you are probably not a fan of this Board of Commissioners. We plan to balance the budget using sound financial principals and getting our (Frederick County) financial house in order by getting our expenses in line with revenues. We have been using transfers and fund balance way too long and it has only gotten worse over time not better. Not until we took office and started making the tough, the right, decisions when dealing with the 2012 budget did this practice begin to change. In November, we heard from the voters loud and clear...taxes and fees are out of control so if the majority of our citizens do not want us to expand/increase revenue by increasing

taxes and fees, then we need to get the county's expenses under control and we can't rob Peter to pay Paul with transfers and the use of one-time revenue sources to fund recurring expenses. PPP's can help us get the county's expenses under control and eliminate long-term liabilities.

A Public/Private Partnership is just what the name implies. It is a contractual arrangement whereby the resources, risks and rewards of both the public agency and the private company are combined to provide greater efficiency, better access to capital and improved compliance with a range of government regulations regarding the environment and workplace. The public's interests are fully assured through provisions in the contracts that provide for on-going monitoring and oversight of the operation, or a service, or the development of a facility. In this way everyone wins – the government entity, the private company and the general public. Public/private partnerships are more common than you may think. Right here in Frederick County we have one with the company that picks up the blue recycling bins. Many municipalities have PPP's with companies that pick up the trash for their citizens. When the waste-to-energy facility is completed, it will be run by a pri-

private company, not county employees. Frederick County roads are now maintained in part by PPP's. Private contractors are hired for snow removal, patching and/or repaving, painting traffic stripes, etc. PPP's work well and are beneficial for all parties.

In Long Island, New York, the Long Island Bus will be converted into a public private partnership by the end of the year, insuring services and saving the taxpayers of Long Island millions of tax dollars. This arrangement can be used and has been used, with accounting, airports, and air traffic control, animal shelter operations and management, bridge repair and maintenance, building financing, operations and maintenance, correctional facilities, daycare facilities, engineering, financial planning, golf courses, graphic design and printing, human resources administration, information technology infrastructure and network services, legal services, library services, mental health services and facilities, park operations and maintenance, parking lots and parking meters, planning and permitting, risk management, road maintenance, school construction, buses, cafeteria and driver's education, stadium and convention center management, street cleaning and snow removal, swim-

ming pools, toll roads and zoo operations. The full spectrum, from A to Z.

As you can see, there are a lot and probably more. While there can be substantial misperceptions about the value of partnerships, a look at who endorses them should clarify the picture. The Federal, State and many local governments have been and currently are using them. Certainly there are opportunities for savings in Frederick County.

We owe it to the tax payers to explore and do the due diligence to see if there is another way to find more revenues, except by raising taxes. The fact is we (the government) have a spending problem, not a revenue problem.

The BOCC requested a study of possible PPP's for Frederick County and it was delivered on June 16, 2011. You can find a copy of the study using this link: [http://www.frederickcountymd.gov/documents/Board%20of%20County%20Commissioners/Frederick%20County%20Report%20FINAL%20\(2011%2006%2016\).PDF](http://www.frederickcountymd.gov/documents/Board%20of%20County%20Commissioners/Frederick%20County%20Report%20FINAL%20(2011%2006%2016).PDF). Using the following link, you can view a discussion about this topic between Dave Dunn, Acting County Manager and me. http://frederick.granicus.com/MediaPlayer.php?view_id=5&clip_id=2757

We have scheduled four public hearings to begin the discussion about expanding PPP's in Frederick County. Please plan to attend and share your views, pro or con, with your elected officials.

The hearings are set for: Tuesday, July 12 at 7:00 p.m.; Tuesday, July 19 at 9:00 a.m.; Thursday, July 21 at 1:30 p.m. and Tuesday, July 26 at 7:00 p.m. All meetings will take place in the First Floor Hearing Room of Winchester Hall. Everyone will be given the opportunity to be heard. The meetings will also be broadcast on Cable Channel 19 and streamed, live over the County's webpage.

Please join us as we explore the PPP's for our county to make sure we are currently operating effectively and efficiently. If you cannot attend one or more of the meetings but have suggestions of areas that would benefit from a PPP, please send that information to the BOCC by mail, e-mail or by phone using the following information.

The mailing address is 12 East Church Street, Frederick, MD 21701

The e-mail address is countycommissioners@FrederickCountyMD.gov

Phone any of us using 301-600-1100.

From the Desk of Town Council President Chris Staiger

As always at this time of year, thank you to all the volunteers who helped make the Emmitsburg Lions Club 29th Annual Community Day such a success! Events on Saturday June 25 included the traditional morning children's games, afternoon horseshoe tournament, Sheriff's Department five mile youth bike ride, Tommy West Memorial Car Show, Vigilant Hose Company Ladder Truck rides, live music all day, Emmitsburg Business and Professional Association sponsored parade, Lions Club program, scholarship awards, and – of course – evening fireworks! Thanks to all those who attended and had a great time!

In town business for June, the fis-

cal year 2012 budget (beginning July 1, 2011) was approved. Members of the Board voted unanimously for the reductions necessary to bring our town budget back into balance while maintaining the tax rate at the previous level. The most painful reduction was obviously the elimination of one Community Deputy position. I discussed this possibility in depth last month (and it's been covered in many articles since), so I won't belabor it here... All of the town's elected officials approved of this decision and, as I have stated numerous times, we are all property owners with families and children in the community.

An additional, possible area of concern was the 2% cost of living

increase granted to town employees (except for elected officials). This was the first such increases in three years. While proposed by the Mayor and approved by the Board of Commissioners, the Board took action to reduce administrative costs in numerous areas that not only covered the COLA increase but also led to further reductions to overhead costs.

In other areas, Commissioner O'Donnell continued his effort to establish a Hiking and Mountain Biking Trail in the vicinity of Rainbow Lake. This would nicely complement the walking trails recently constructed in Community Park after years of effort by Mayor Hoover. The Board approved a tentative design plan and flagging of the proposed trail for further review. Costs to the town will be minimal as the trails would be largely created and maintained by volunteer mountain biking organizations.

The Board also discussed financial estimates for a sidewalk extension along the north side of Main Street to Timbermill Run which was proposed by Commission-

er O'Donnell. I would expect that most of this cost could be covered through the "impact fees" of \$1200 to \$3200 charged to each home in the newer developments that the sidewalk would more safely connect to the town center.

At the request of Commissioner Joy, on July 5 the Board will continue a discussion on reducing development related fees. The last changes were a twenty percent reduction to total fees effective back in January 1, 2009. In preparation, I have asked Town Staff to re-validate our sewer and water connection charges. There may be some room to remove the surcharges that were helping to fund sewer and water infrastructure repairs and updates throughout town, since these programs are now completed. Adequate funding for future repairs should now be collected through future connection fees for new homes and quarterly user fees for all those connected to the system.

The Board will also continue consideration of a smoking ban in town parks proposed by Commissioner Blanchard. During discussion on

June 20, the Board proposed limiting smoking restrictions to play areas, ball fields, and the town pool (where I would propose a smoking area be provided). Although no action was taken following our initial discussion, it was requested that Commissioner Blanchard bring the idea back for further debate once the community is more aware of the proposal.

The Town Planner has also received Board approval to continue work developing a set of architectural guidelines and recommendations for renovations and construction in the Village Zone – almost all of which is included in the National Register of Historic Places. We are very lucky that so many of our historic buildings from the 19th century survive and are clearly recognizable versus pictures taken over a hundred years ago. We need to develop a partnership and incentives for property owners to take preservation into account when making the repairs and updates required as time marches on!

Finally, town officials will be meeting with county and local emergency service representatives in July to discuss access to the Northgate community at times where Flat Run floods the North Seton / Provincial Parkway intersection. The Board is looking forward to again discussing this situation once some feedback has been received from emergency services providers.

As always, I encourage you to share your opinions on these and other issues with your elected officials. Have a great month.



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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

Why I volunteered for the Charter Committee

Jim Hoover
Mayor of Emmitsburg

I've been repeatedly asked why I volunteered for the Frederick County Charter Committee. Obviously, I'm interested in government; while working with other municipal and county governments I've discovered what I believe to be some pros and cons of our current Commissioner form of County Government. As well as some pros and cons for a County Executive form of government.

In the Commissioner form of Government there is no one senior elected executive, each commissioner maintains both executive and legislative authority. Typically, the Board of County Commissioners relies on the Board Presi-

dent to be the primary person to handle executive matters but, that is just an agreement between the elected officials. It is not an official function or a granted authority of our county government.

In the current commissioner form of government; Frederick County has five county commissioners with equal power and authority. The only added authority that I know of is granted to the president of the board. He has the added responsibility of running the meetings. Since all commissioners share equal powers and authority every decision, both executive and legislative, must be approved by at least three of the five commissioners. The only way to gain a consensus on every decision means that the board needs

to meet in public and vote on every issue.

This is a major point of interest to me. It's not practical to believe that five individual "part-time" commissioners are going to meet as needed, as often as necessary to attend to the day to day business of the County. It's normal for individual commissioners to meet with current and potential business owners, residents and other elected officials to discuss and or address public concerns. But, as an individual commissioner they are not able to commit to anything other than he/she will look in to something on behalf of the requestor. If three or more county commissioners meet together to discuss County matters they must meet in public or announce

a closed executive session, if the item(s) being discussed meet the legal criteria for a closed meeting.

Personally, I believe a County Executive may be a more efficient way for our County Government to operate. I've heard from several people that believe if we go to a charter government that a County Executive will have too much power or authority. If the proposed charter is well written I do not believe that this will be a problem. I also agree that a County Executive should not have more power or authority than the Board of County Commissioners (BoCC). It's important that the BoCC controls the amount of authority granted to a County Executive. The BoCC should retain the ability to delegate power and

authority to a County Executive and at anytime the BoCC should be able to increase or decrease the amount of power and authority by creating or amending a policy or ordinance as often as they deem necessary.

Similar to my position as mayor, a County Executive may be granted the authority to speak on behalf of the county. Though, he/she will be restricted to the parameters voted on and approved by the BoCC. The best example that I can give for charter government is Frederick County municipal government. All twelve (12) municipalities in Frederick County are charter governments. Each mayor or burgess in Frederick County is the equivalent of a County Executive.

One person in charge?

William Morrow

No doubt many of you have been reading about how Jack Johnson, former Prince Georges County Executive, recently pleaded guilty to corruption charges. This isn't the first time County Executives in Maryland have been caught receiving kickbacks from developers. Baltimore County and Anne Arundel County also have a history of political corruption at the County Executive level.

Anyone remember Joseph Alton? Dale Anderson? Even Spiro Agnew was accused of taking bribes

from milk producers while he was County Executive in Baltimore. Shelia Dixon's corruption started in her days as Baltimore City Council President, a position analogous to a County Executive. All of these are examples of how a concentration of power often leads to corruption. Leadership is at its core all about power and influence. Leaders use their power to get things done. As far as the nexus with corruption, it is a lot easier to buy influence with an individual under the cloak of secrecy than it is to buy multiple people to secure a majority vote on a council. That is why political scandals and

corruption are most often associated with executive positions.

Yes, charter government would bring more autonomy to Frederick County governance and has distinct advantages. But, it should be done with a strong council and a weak executive, not Blaine Young's "one person in charge" vision of a strong County Executive. That is why 2915 people of all walks of life: doctors, lawyers, stay at home moms, plumbers, carpenters, teachers, bartenders, chefs, farmers, Republicans, Democrats, and Independents, a cross section of Frederick County residents, recently took the time out of their busy lives to sign a petition saying, unequivocally, that if a group of people are going to re-write the constitution for our county, it should be an elected group and not

a group hand picked by individuals who think they know what is best for us. Charter Writing Board petitioners are a diverse, grass roots group. To cast the Charter Writing Board petitioners as a cohesive anti-charter government group or a group run by a few individuals, as Blaine Young recently did, is simply not based in fact.

Unfortunately, of the 2915 signatures collected, Frederick County Board of Elections chose to play "Gotcha" and throw out 1174 for technicalities. Imagine that you go to vote for the president of the United States and your vote is disqualified because your name wasn't printed exactly as it appears on your voter ID card. You know, that card the government issues that you put in a drawer somewhere because your wallet is full and no

one ever asks for it, even at the polls on Election Day. Yes, that card. Do you know how your name is printed on there with out looking at it?

Here is a sample of how my name appears on the many ID cards that I hold: William Joseph Morrow, William J Morrow, Will J Morrow, Wm. J. Morrow, William Morrow, Will Morrow, Bill Morrow. Now imagine if someone asked you to print your name on a petition (while you're walking your dog in Baker Park without your voter identification card) which one would you give? My favorite "Gotcha" technicality is the one that threw out signatures because the form did not properly cite the Maryland law that authorized the petition in the first place. I'm sure seeing "Article XI-A, Section 1A" on the bottom of the form in fine print would have influenced my decision to sign or not.

Onerous rules to eliminate votes or invalidate signatures are not new in politics. And, unfortunately, it's a practice that is not just limited to third world and Eastern Bloc countries. Making the rules overly complicated and too stringent makes them unachievable. Politicians know that. The Frederick County Board of Elections did a disservice to 2892 tax paying residents of Frederick County by throwing out their signatures for trivial reasons. That is not right, our signatures and voices matter. We have no recourse but to take this issue to the Courts. Apparently, our signatures are good enough for mortgage companies, banks and other institutions, but voting, that's a different matter according to Frederick County Board of Elections.

A more sincere leader would acknowledge the significant discourse that exists in the community regarding the Charter Writing Board and address those concerns. Instead, Blaine Young dismisses those concerns citing the cost of a special election. But I'm not buying that. He just gave away much larger sums of taxpayers money to corporations (developers) in the form of reduced county fees & streamlined permitting.

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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

From the Desk of Commissioner Candidate Marty Qually

I enjoy having friends and family over every now and then for dinner, watch a movie, or visit the local sites. Since there is so much to do in Adams County, many of us have friends or family over for an extended Summer visits. When one of the kids tracks mud in a few times or breaks a glass, no problem, they are friends. Well, what if they kept coming back all Summer long? What if there were a few million of them? Every year Adams County has just this situation, we enjoy the economic benefits from our tourists, but the cost of these guests on our infrastructure is passed on to County tax payers.

In 2000 Pennsylvania legislated a solution to this problem by created a 3% Hotel Room Rental Tax, more commonly called the Pillow Tax. This tax is added to the price of overnight lodging and is paid to the County Treasurer. This money is then distributed to two specific organizations, Adams County Government and the Tourist Promotion Agency designated by Adams Coun-

ty, in our case this is currently the Gettysburg Convention and Visitors Bureau (CVB). Sounds like a win-win piece of legislation. Instead of residents being taxed to pay for the infrastructure that supports our tourist economy, the tourists themselves pay for it.

Based upon the legislation and an agreement between the CVB and the County the money is divided so that the County claims a 6% administration fee and of the remaining amount, the CVB receives 75% to use towards the promotion, advertising, and marketing of tourism, and the County receives 25% to use towards grants to County municipalities with standing police departments, economic development, and historic preservation. In 2010 over \$1.2 million was generated with the Pillow Tax, of which Adams County received \$74,000 for administration and \$290,000 for police departments, economic development and historic preservation. The CVB in turn received about \$870,000 to be used for tourist promotion.

Recently, Representative Dan Moul introduced legislation to change the State law as it affects Adams County's Pillow Tax. Under Rep. Moul's proposed legislation a few things would happen. The tax would increase from 3% to 5%, which would project in 2011 to be \$2 million. Instead of the 6% Administration fee, Adams County would only collect either 4 ½% or \$95,000, whichever was higher. Of the remaining funds the CVB would collect 75% (\$1.4 million) to be used for tourist promotion, 12 ½% (\$245,000) would go to Adams County to be used for preservation and economic development, and the remaining 12 ½% (\$245,000) would be distributed proportionally to municipalities who have both lodgings collecting the Pillow Tax and at least two full-time police officers, or their equivalent. In essence the County Commissioners' current practice of voluntarily granting funds to Gettysburg, Carroll Valley, and Cumberland Township for their police departments would end and

the level of funding would be set by law. This change would also allow for other municipalities to share in some of the Pillow Tax revenue.

On its face this sound like a win-win piece of legislation, the tourists continue to help pay for infrastructure, the CVB continues to get money to promote Adams County, more police departments benefit, and the County has money for preservation and economic development. But with so much out of Harrisburg, it's the fine print that gets you.

One of the things that I have learned serving on various State and Local Boards, is how easy it is to change a piece of legislation or a rule by simply changing a definition. People sometimes overlook a small change to a definition, but for County government there is a significant change in this proposed legislation. Currently, the County is allowed to designate an organization, or organizations, as their Tourist Promotion Agency. The proposed legislation defines the CVB as the

County's Tourist Promotion Agency forever. It is a small, but dramatic change in who controls how tax revenue is spent. Remember that while the County could receive a total of \$340,000, the CVB looks to collect \$1.4 million. Once passed into law, this legislation would forever remove the County's ability to determine what group (or groups) would be best at promoting tourism throughout Adams County. While I support the CVB and their work promoting Gettysburg, we need to continue promoting all of Adams County and look to a future where our tourists stay longer and spread their money in every corner of our county.

Our next board of County Commissioners will have many challenges to face, let's not add losing control of the Pillow Tax to that list. If elected, I plan to work with the other Commissioners, County staff, our State legislators, the tourism industry, and local business leaders to find ways to use our Pillow Tax to promote tourism and economic development throughout Adams County.

From the Desk of Carroll Valley Mayor Ron Harris

This month we celebrate the *most memorable day* in the history of the United States, the 4th of July. On July 4th, 1776 Continental Congress adopted the formal statement called the Declaration of Independence. This historical, formal statement of independence was drafted by a committee of five appointed by the Continental Congress. One of the committee members, John Adams, writing to his wife, said this day will be celebrated in the future of the country "as a great anniversary festival" and this celebration will "include games, sports, and illuminations." Well, living up to the words of John Adams, the Borough of Carroll Valley with the help of businesses such

as Adams Electric, Liberty Mountain Resort & Conference Center, Comcast, and Buchanan Auto Park and community organizations such as Carroll Valley Citizens Association is preparing to celebrate our country's great anniversary. There's plenty of fun for the whole family; enjoy the Classic Car show, good music, take a step back in time and visit the WW II and Civil War Living Histories, play a game or two of bingo, join the horseshoe tournament or the golf putting competition, and take a hayride around the park. Enter our 3rd Annual Chili Cook-off as a competitor or just enjoy tasting the best chili in the Valley. It's all at the July 4th Picnic being held on Monday, July 4, 2011.

Rain date will be Saturday, July 9th. The *main event opens at 2:00PM* and ends with Fireworks at 9:40 pm. Check out the website for the Full Schedule of Events at www.july4thcelebration.info. Children's activities include, rubber ducky races, a 22-foot Titanic Inflatable Slide, several inflatable adventure play areas for all ages, the Carroll County Cloggers, and much, much more.... New this year we will have a 3-on-3 Basketball Tournament *beginning at 9:00 AM*. Compete or Cheer...Your Choice...But we hope we see you there! There's a lot to do for the whole family and it's FREE...Bring your family, your friends, and your neighbors. Pack your picnic basket or stop by the food court located on the picnic grounds for some local specialties. The evening will bring more great music, a formal flag retreat ceremony and conclude with FIREWORKS launched from atop Ski Liberty Mountain...Come on Out and Join the FUN!

At 1:00 pm on June 21st summer began. It's a time to relax and enjoy our natural environment. We are

surrounded by the aesthetics and natural beauty of Carroll Valley's country scenery and wildlife. But we need to be aware that the summer months represent a time period when the cases of Lyme disease increase. Why? The reason is that we spend more time outdoors enjoying where we live. This year Pennsylvania tops the nation in reported Lyme disease cases. Lyme disease is an infection caused by the bacterium *Borrelia burgdorferi*. It is carried to people from a bite from a black-legged or deer tick. The disease affects different body systems, such as the nervous system, joints, skin, and heart. Early symptoms may include headache, fever, fatigue and a characteristic circular skin rash. It is treatable. Some of things you should consider when you are out and about are: stay out of tall grass and un-cleared areas of the forest floor; don't roll in a pile of leaves, check daily for ticks; and if you plan to use insect repellent, be sure to review the safety information on the label. There are many websites that provide information on Lyme disease. One site you may

want to visit www.lymemd.org.

During July and August, we need to pay attention to heat advisories. You should understand the difference between an "Excessive Heat Warning" and a "Heat Advisory". Excessive Heat Warning means "the *Heat Index* values are forecast to meet or exceed locally defined warning criteria for a least 2 days (daytime highs = 105° – 110° Fahrenheit)." A Heat Advisory means the "*Heat Index* are forecast to meet locally defined advisory criteria for 1 to 2 days (daytime highs = 100° – 105° Fahrenheit)". During a heat wave, you should listen to the updates from the National Weather Service. Stay hydrated by drinking fluids. Avoid drinks with caffeine or alcohol. Use the buddy system when working in excessive heat and take frequent breaks if you must work outdoors. Check on your animals frequently to ensure that they are not suffering from the heat. Please discuss heat safety precautions with members of your household. Enjoy the summer and keep safe.

Borough meetings to be held in July are: Planning Commission (July 5th), Finance Committee (July 11th), Council Borough (July 12th), Sewer/Water Authority (July 25th) and Parks/Recreation (July 27th). If you are surfing the web, you may want to check out the *special events webpage* on the Strawberry Hill Nature Preserve at www.strawberryhill.org to see what is going on. Be on the lookout for a Farmers' Market in Carroll Valley on Thursdays in the Ranch Section. Signs will be posted when it starts. Please reduce your driving speed when you are in the Valley. If you have any questions call me at (301) 606-2021 or email at mayor@carrollvalley.org.



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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

From the Desk of Commissioner Candidate Randy Phiel

Well the creeks did stop rising, and mowing grass has finally slowed, so I hope that you are having an enjoyable summer and are taking advantage of all the outdoor, recreation, historical and cultural opportunities that Adams County has to offer. Too often we overlook these obvious opportunities that abound in Adams County and nearby communities. With soaring gas prices and fiscal concerns having permeated our lives, give your budget a break and take the time to explore and experience the wealth of resources and events that Adams County has to offer. The result will be a wonderful personal experience and you will also be supporting the many businesses, organizations and locations that comprise the fabric of our community.

Since announcing my candidacy for Adams County Commissioner almost seven months ago, I have spoken to many residents in all parts of the county. I have listened to their concerns regarding numerous issues. Most of these concerns are significant. Despite the significance of these issues, I have come to the conclusion there is one issue in Adams County that generally encompasses all the others, and that will be the legacy we leave to our children and future generations. I have made the following statement throughout my campaign and will continue to do so because I believe this philosophy and issue is critical to our future.

In Adams County, we cherish and want to maintain our rural quality of life – but we also have a critical need for economic stimulus. We want a more vibrant local economy with increased job opportunities, quality services and tax relief. We want to increase job opportunities for our children who increasingly seek job opportunities elsewhere. We want economic stimulus - but we are concerned about noise, heavy traffic, pollution, water resources and many other issues generally associated with growth, development, and industry. In my opinion this balance is the most significant long-term challenge that the Adams County Commissioners, as well as other municipal officials, face in Adams County. How we respond to this balance is critical and will shape the future of our county.

Identifying the problem is easier than resolving it. I believe the Adams County Commissioners need to actively engage in seeking and supporting the types of businesses that contribute to this balance. We need to enhance and expand our existing base of agriculture and tourism. By combining these two heritage items that already exist in Adams County, there is an agri-tourism industry out there waiting to be tapped. With our significant agriculture industry, it would seem that agricultural technology opportunities should exist and would be compatible. Seeking general technology should

also be an objective since general technology normally does not have the heavy industry residual. Commerce areas seem to be a good fit as proven by the footprint and type of businesses located in the Adams County Commerce Park, despite the fact that growth there has been slower than anticipated. I also like the concept of “Over 55” development. I firmly believe we are missing an excellent and available opportunity if we do not take advantage of it, especially given Adams County’s location and the quality of life we have to offer prospective residents. In these “Over 55” developments the improvement footprint is usually small per family unit. The developments are normally very well laid out and professionally maintained. These residents are generally very good citizens and very reliable taxpayers. In many cases they have expendable income, they engage in community volunteer service, and require a multitude of personal and trade services. Along with those positives, “Over 55” developments would place very little burden on our municipal services and place no burden on our school systems. These are just some examples of the opportunities we need to explore.

Having a broader perspective of county-wide issues than I had seven months ago, I share with you an example of an agri-tourism venture that is very close to home for me. I never gave significantly thought of the annual

civil war reenactment in terms of “agri-tourism.” Many local residents are aware for the past 17 years, I am one of the members and the event operations manager for the annual civil war reenactment. Guess what? The reenactment is an agri-tourism event! Why? The farmer is able to maintain his farming operations and supplement dwindling farm income with land rent. That is good for the farmer and the community. A significant amount of money comes into the community because of the event. That is good for our local businesses and the overall economy of Adams County. Depending on the year, one hundred fifty to four hundred temporary jobs are created for Adams County residents. This has been good for thousands of residents and former staff over the past 17 years. The event also generates significant amusement tax revenues for the local municipality and school district, which consequently relieves some of the tax burden to our residents. This is just one example of how just one three-day event can provide numerous community benefits. Think what the residual effect could and would be of the other opportunities like this.

Early in the campaign, I spoke to Adams County Economic Development Director Robin Fitzpatrick regarding this growth balance issue. Her view is that in order to attract business we have to want businesses in Adams County - and then make it at-

tractive for them to be here. She also expressed another common thread that I heard many times in the past seven months. Adams County municipalities, planning and oversight boards are generally viewed as not always being helpful or positive to developers during the permitting process. The process can be cumbersome, expensive and lengthy – sometimes to the point of developers throwing in the towel or simply not being willing to put forth the time and expense when they can consider development in another area. Within the confines of effective oversight and planning, we need be aware at every municipal level our need for growth and economic balance - and that for every action we take as public officials there is a reaction.

We must take full advantage of compatible existing economic opportunities. What growth balance legacy will we leave behind for our children and future generations? I believe it is critical that the Adams County Commissioners set the short, mid and long-term goals of this balance and supply the energy, effort and leadership to make it happen!

I welcome your comments. You can view my website at JoinRandyForCommissioner.com or contact me by email at joinrandyforcommissioner@gmail.com or by calling 717-334-7097. Remember - it is summer carnival season so please get out and support your local Fire & EMS organizations and thank them for their service.

From the Desk of Commissioner Candidate Paul Kellett

The issue of the county wide reassessment seems worthy of a July article as the school tax bills will soon be in our mailboxes. The county commissioners are charged with determining fair market value on all real estate for the purposes of levying taxes. The school districts and local municipalities are required to use the county set values to levy their taxes as well. As Pennsylvania has chosen to limit these local governments to using property taxes as the means of paying their bills, it is critical that the values be as accurate as possible.

In understanding the whole thing it is important to realize that taxes are determined by your por-

tion of the total for your area. If your house is worth \$100,000, and your neighbor's is worth \$200,000 Your neighbor will pay twice as much in property taxes as you will. Now the same would be true if your \$100K house is assessed at \$200K as long as your neighbor's is assessed at \$400K. The balance would be maintained and millage rates would be adjusted to those inflated but fair values. The problem comes in when your \$100K house is assessed at \$125K and your neighbor's \$200K house is assessed at \$175K. Instead of paying twice what you are as is fair he now pays less than 50% more. Real world numbers, if these 2 houses are in

Carroll Valley, your fairly assessed \$100K house would pay \$1,550/year total. Your neighbor would pay on his \$200K house, \$3,100. Now if you are assessed at \$125K and \$175K the totals would be you paying \$1937.50 and your neighbor \$2,712.50. In both cases the government takes in the same amount- \$4,650, but you get to pay \$387.50 of your neighbor's taxes.

Like many people in the county, the Freedom Township supervisors noticed too many of these instances and, prodded by yours truly, decided to file suit to get it done right. The suit was originally to delay the implementation of the new values until they could be corrected to reflect the true picture. The judge denied that motion because in the absence of an official expert study saying the numbers were off, he gave the commissioners the benefit of the doubt. He ruled that Freedom Township, because we would not be impacted (monetarily) even if the assessment was the \$125k/\$175K scenario, we would still get the same taxes. I could not disagree with that. I did disagree that looking at only the

money missed the real picture. I argued that to tax unfairly was to destroy faith in our government, and the taxpayers will rightfully tell government that they no longer may tax them. This will cause not our commissioners or supervisors to suffer, but rather our roads to go unplowed and unfixed, our homes and children unprotected. In short the good government does would suffer because government decided to tax unfairly.

Freedom Township's case continues, with trial set in the fall. Expert studies are being done as I write this. The answers now seem much harder, instead of putting off the reassessment numbers for a year as we suggested, what will happen if the experts find that the new numbers are too far off? Do we revert to the 1990 numbers, do we do another re-assessment? The only solution I see is another re-assessment and send the bill to 21st Century Appraisers. We need fair taxation.

Unfortunately, State law limits the ability to just fix the bad numbers and not look at all the numbers. Unless someone appeals, the assessment cannot be changed. So in our scenario, you

may appeal your \$125K assessment, but your neighbor will certainly not appeal his \$175k assessment. So, even if your appeal is successful and reduces your assessment to \$100K, you will still be paying part of your neighbor's taxes as he still is not paying his fair share. Many people do not have the time or expertise to launch a successful appeal. Unfortunately as well, the work done in the field measuring the homes was deemed “unsatisfactory” 24% of the time when checked by county staff. Therefore, it is impossible to check to see if the assessed values really match the sold values, because when the measurements are off, you do not know the square footage, an important part of determining value.

In conclusion, it is absolutely essential that the assessed value as closely as possible reflect the fair market value at the time of the assessment. As noted earlier for each \$1,000. Of assessed value in Carroll Valley it costs the taxpayer \$15.50/year. So even a little bit off in these economic times is painful. It is as important that government is very careful what it spends, but be as fair as possible in what it collects.

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COMMENTARY

Words from Winterbilt

We are going to balance the budget...maybe?

Shannon Bohree

Both major political parties have agreed to some significant points. Both parties agree that the national debt (money that we owe) is too great and we need to balance the budget, which in many ways is a good start. Last year when congress passed the national health care bill, the republicans said the democrats were going to throw grandma under the bus. This year when the republicans put forth their budget reduction plan with the inclusion of elderly health care, the democrats said that the republicans were going to throw grandma under the train. At least we have two starting points. Point one being that we need to balance our budget(s) and point two being that both parties want to kill grandma, at least from the perspective of the other party.

Other than the two starting points, the two parties agree on very little. One party says reduce the size of government and the other side says lets tax the oil companies and the rich. Maybe both perspectives have some validity and maybe both positions do not!

Reducing the size of government is something that sounds reasonable. Of course I do not know how big government is

and how big it should be. Personally, I think it should be large enough to provide any service that I might need, like Social Security and Medicare, but as for the things that I do not need, I don't care. Well I do care - just not that much.

I hear the constant rhetoric from politicians about reducing and/or eliminating programs, which is supposed to reduce government. At the same time I also hear individuals in congress being questioned about specific programs that they have a share in and/or in which they have a vested interest in. Specifically a congressman who happens to be a doctor was questioned if he would take less for Medicare. He adamantly rejected the idea of reducing payments to Medicare, stating he (doctors) could not afford to take less. Several congress persons were questioned about farm subsidies because their families all receive significant monies in the form of farm subsidies. They rejected eliminating the farm subsidies saying they were needed to produce enough food for the country. Apparently, agreeing on what to cut could be a problem, since no one wants their ox gored. It is alright to gore the other man's ox, but not mine. The problem may be that everyone is vested in an ox and there are no unprotected

oxen to gore.

Balancing the budget is something that has been in the news for a long time. It has been an issue since the 1980's and is even more important today. In the early 1990's Ross Perot ran for President on the issue that we had too much debt. In 1992 it was just over 4 trillion. I wonder what he thinks today with the national debt currently over 14 trillion, which equates to about \$47,000 per citizen. It has been reported that less than 50 percent of the population pay taxes. I do not know if the 50 percent is taxpayers or all citizens? I would hope that it is all citizens; if it just includes taxpayers then each one of us who pays taxes really owes \$94,000, and that is not a comforting thought. Of course, \$47,000 per person is not so comforting either.

When examining government revenue it is important to remember that individuals are not the only ones who do not pay taxes. In a well reported news event, a very large business (GE) paid no taxes in 2010. Related to this issue, in a government study that examined businesses between 2001 and 2006, they found that 40 percent of the corporations examined paid no taxes. If you examine the national debt problem from the perspective of what comes in and what

goes out, maybe we do not have enough coming in because so many individuals and businesses do not pay anything. Of course, if you are an individual and/or a business and the law allows you to not pay taxes, what would you do?

Recently, congress held hearings on the tax exemptions enjoyed by the oil companies. The oil company executives were not concerned about the public's perception and stated they believed they needed and deserved them. One executive complained that they were being singled out, the idea that many industries have tax laws that benefit each industry. The implication from oil company executives was that all industries enjoy some sort of tax benefits! I did not see the hearings, only the news accounts of them. What was not reported but I am sure someone from congress reminded them, is that free enterprise works best with the least amount of government interference. Government support of business in the form of tax subsidies is not free enterprise, nor is it a free market. Maybe, just maybe, part of our national debt problem is a lack of free enterprise/free market. If we eliminate the entire tax loophole (I mean subsidies) for individuals and corporations, maybe real free markets could flourish.



Of course, this would equate to goring a lot of oxen, a lot of protected oxen.

I really do not know how much money would be collected if everyone who earned money paid taxes and every business paid taxes. I certainly believe the revenue would help, but I do not know if it would even come close to the \$47,000 for every person. It may be more realistic to approach the problem from both directions - reducing what we spend and increasing revenue by collecting more, especially from those who do not pay.

"The budget should be balanced. Public debt should be reduced. The arrogance of officialdom should be tempered, and assistance to foreign lands should be curtailed, lest Rome become bankrupt." Marcus Tullius Cicero (Ancient Roman lawyer, writer, scholar, orator and statesman, 106 BC - 43 BC)

As you can see, this is not a new problem.

Next month, Part II on Balancing the Budget.

To read past editions of Words from Winterbilt visit the Authors section of Emmitsburg.net.

View from the Track

Kip Hamilton

In a letter to Edmund Pendleton in 1792, James Madison (the best possible Constitutional Scholar) said, "If Congress can do whatever in their discretion can be done by money, and will promote the general welfare, the Government is no longer a limited one possessing enumerated powers, but an indefinite one subject to particular exceptions."

Well, what does that mean? In other words—Congress may do anything it can afford to do for the general welfare but only within the enumerated powers of the Constitution. Remember we talked about the 18 Enumerated Powers a few months ago?

Although far too many people today seem to have lost track of the concept, it is a fact that this nation was established, not for the benefit of the rulers or a "ruling class" but for the protection of the freedom of the citizens. The Constitution was written by our founding fathers, not to grant certain rights to the citizens but, rather to limit the power of the Federal Government to take rights away. The concept of

LIBERTY was in the forefront of the Founders' minds as they had just taken actions at great risk to extricate themselves from the tyranny of an oppressive British monarchy.

They must be rolling over in their graves.

Liberty. Our great nation was founded on this concept, but what is it really? Here's a good definition: Liberty is a concept in political philosophy that identifies the condition in which human beings are able to govern themselves, to behave according to their own free will, and take responsibility for their actions. Sounds good, right? The philosopher Isaiah Berlin further broke the concept of Liberty into two parts, Positive Liberty - having the free opportunity to do what you'd like without constraints and Negative Liberty - a negative condition in which an individual is protected from tyranny and the arbitrary exercise of authority.

Curiously, Liberty is the root from which the word "Liberal" is formed. That seems curious because these days which political group is mostly concerned with

smaller government, less governmental intrusion into our daily affairs, personal responsibility and the concepts the Founders had in mind for us? The modern Liberal typically is interested in having the government be the answer to all of the citizen's problems. If you have some problem, don't worry, there is a government program that covers that. You all know what I'm talking about. Why? How did things get all turned around?

Inalienable. 'Ever think about that word? Webster's defines inalienable as "impossible to take away or give up". So, according to the document on which this country was founded, we have been given Life, Liberty and the Pursuit of Happiness (notice that happiness is not guaranteed, just that we have the freedom to strive to be happy... big difference there). These Rights have been granted to us by "The Creator", not by man. And they are inalienable... that is, they can never be taken away. At least that's what these wise men had in mind when they created the system.

"Government is instituted for

the common good; for the protection, safety, prosperity, and happiness of the people; and not for profit, honor, or private interest of any one man, family, or class of men; therefore, the people alone have an incontestable, unalienable, and indefeasible right to institute government; and to reform, alter, or totally change the same, when their protection, safety, prosperity, and happiness require it." - John Adams

So, when our prosperity and safety are threatened by our leaders are we to just sit obediently by as those we have elected to look out for us put our very existence at risk as they pursue their personal agendas? We could, but where would that lead but to give them the impression that they are free to do whatever they choose without fear of consequence?

No, it is our responsibility to our family to protect it from such tyranny! It is our sworn duty to hold those in leadership positions accountable for their actions and to punish and even remove them when their reckless actions have violated the relationship of trust between us and jeopardized the safety of the community. There are rules and they must be followed or changed; they simply

cannot be ignored or there is anarchy. Faced with such a situation, we must act, however uncomfortable or unpleasant the chore. We cannot ignore or condone irresponsible behavior because of personal relationships or past benefits received.

If our leaders are incapable of making wise decisions and they repeatedly place us in vulnerable positions, why do we support them and risk their doing even greater harm to the community over time? It makes no sense. When faced with such a situation, one must put individual feelings away and put the safety and success of the community as the only concern and those who are foolish enough to risk everything must be replaced with those whose motives put the prosperity of the community over everything else.

The Founders would have it no other way.

Come to the Carroll Valley Borough Park on July 4th for a heck of good time all day with fireworks to cap off the celebration. They put on an awesome show! Check their website under "Borough News" or <http://www.july4thcelebration.info/> for a schedule of events!

Watch out for the Bikers next week!

Pure Onsense

NATO and the Delian League

Scott Zuke

Back in April this column discussed some of the unresolved questions regarding the US's policy toward intervention in civil conflicts abroad with regard to the civil war unraveling in Libya. Now more than three months into the Libyan incursion, new issues and questions have arisen that, while perhaps not changing the moral justification and desirability to intervene against internal violence in certain circumstances, do further complicate the feasibility of such actions.

In April the US-NATO operation in Libya had just begun with a barrage of missile attacks intended to establish a safe no-fly zone over the country and to declaw Muammar Qaddafi's forces before they could slaughter rebel forces in Benghazi. The US's initial mission, Operation Odyssey Dawn, ran smoothly and then transitioned into the NATO controlled Operation Unified Protector, with American forces playing a "supporting" role. While the mission has stuck to its original promise of not putting troops on the ground, and no American lives have been lost, there has been a different form of mission creep that has strained both critics and supporters.

Not only has the operation extended beyond the initially promised timeline of "days, not weeks," all the way into months, but the cost has been far higher than the Pentagon predicted. In June the Financial Times reported on a Penta-

gon memo stating that US military operations in Libya are costing \$60 million a month, rather than \$40m, as had been reported to Congress earlier, which could mean an additional expenditure of \$274m over the initial estimates for 2011.

In a final policy speech before retirement, Sec. Gates took a parting shot at NATO, illuminating the cause of this cost overrun as being not just a result of poor planning or unrealistic expectations, but of a moral hazard that has developed within the alliance. "The mightiest military alliance in history is only 11 weeks into an operation against a poorly armed regime in a sparsely populated country," Gates said. "Yet many allies are beginning to run short of munitions, requiring the US, once more, to make up the difference."

As The Economist's Charlemagne blog reported (June 16), the European members of NATO have slashed defense spending below any definition of a "fair share" of the financial burden. "Just three now reach NATO's target of spending at least 2% of GDP on defence: Britain, France, and Greece. Several spend 1% or less. This compares with America's commitment of some 5% of GDP." How can an alliance continue under these circumstances?

NATO shares interesting parallels with one of the most famous ancient alliances, the Delian League of the 5th century B.C. Responding to two massive invasions by the Persians from the East, Athens took the

lead of a collection of city-states surrounding the Aegean Sea, from the eastern coast of Greece, across the Dardanelles, and around the western coastline of modern day Turkey, with many of the islands in between. The sacred island of Delos, for which the alliance was named, was initially the site of the League's treasury (it was later moved to Athens as an unobtrusive symbolic gesture of Athenian dominance). The goal of the League was to combine resources in order to defend against future Persian attacks, much as NATO was established to defend the West against Communist expansion. And just as America is the military and financial leader of its alliance, Athens was the central power directing the allocation and use of the League's resources.

Member city-states typically supported the alliance by providing ships to the combined Greek navy, and those that could not would provide money to Athens so that it could construct ships with its greater resources. Think of America providing bombs, ammunition, and other technology to NATO states today. On an even broader scale one might compare America's "nuclear umbrella" to the protection provided by the Athenian fleet in its day.

Where the analogy begins to break is when Athens ultimately took on a more hegemonic role, suppressing rebellions and forcing defecting city-states to rejoin the League. It also began siphoning off the League's resources to beautify Athens itself through massive building projects like the Parthenon, rather than to provide for the common defense. Athens gradually began directing military operations for its own interests throughout



Greece, and the original mission of the League—defending against Persia—was left to the past.

The Delian League thus transformed into an Athenian empire. However, while NATO's original mission of opposing communism has also come to an end, America holds no imperial ambitions as Athens did. On the contrary, the Libya intervention shows the US's reluctance to take the leadership role in further military engagements, having already grown weary of the drawn out wars in Iraq and Afghanistan. Thus, the current alliance is transforming in an interesting way: those who want to lead do not want to pay for the privilege, and those who are paying by far the most for international security are becoming ever more hesitant to take command of those resources. Is this a good or bad development for the future prospects of NATO?

While Sec. Gates's speech raises serious concerns for the 60-year-old alliance, and European na-

tions really do have a moral obligation to preserve their own defense spending at fair levels, the Libyan operation could signal a positive shift. Rather than continually leading NATO unilaterally, the US may trend towards allowing greater leadership to come from the other member nations in the future. If the saying is true that, "With great power comes great responsibility," perhaps handing over more responsibility will also prod European nations to develop greater endogenous security powers. A long-term, more equitable balance of contributions to NATO's security operations may require the US to "lead from behind" for a change, to provide some stimulus for the European members to view themselves as co-leaders rather than client city-states to an American-led Delian League. As complex and controversial as the Libya intervention is in its own right, it will be interesting to see its impact on future NATO operations.

Down Under

The death of mushrooms

Lindsay Croker

"Children and fools tell the truth"
—17th century proverb

A Roman governor is reputed to have asked, "What is truth?" I do not know if he ever found out, yet neither the question or answer - or the lack of an answer - have changed over the centuries.

Funny stuff, truth, isn't it? Lots of different kinds - mathematical, scientific, or anything we can reasonably call a 'fact', and that amorphous realm of claim, recollection, inherited wisdom, prejudice and opinion that we call history, politics, relationships and other subjective notions. The things, in fact, that can be labelled true by anyone who wants to, and which we believe if we so choose.

There are many people who believe they are telling the truth because they have believed it to be true when they saw it or were told it, and have no reason to disbelieve or doubt - so they pass it on. Sometimes this becomes received

wisdom, and can spread to almost unassailable degrees. Miracles and myths, for instance.

On the other hand, the opposite of truths are lies in all their variety, and between the two lie the range of human interactions, accounting for probably 90% of all our dealings. It doesn't take us long to recognise where we are in the spectrum at any given moment, how much to accept and how much to doubt, what to ignore and what to deal with, and a large part of this boils down to how much we trust the person or group telling or showing us. We all need to believe things, to have some certainty in the vast unknown ocean of life, and we all want to accept that we are told the truth by those we believe have the moral right to do so, just as we did when we were infants.

So, trust being the operative word, here's today's question: How much trust should we put in our leaders? How much do we believe that they are telling us the truth? We elect them in the hope, at least,

that they will be honest and upright. That's what democracy is supposed to be about. And here's another funny thing: The higher up the chain of command, the closer to the top one gets, it seems the less truth that is told.

After all, the upper reaches are there to protect national security, aren't they? To ensure the country is at the top of its game, competes with its rivals, ensure uninterrupted supply of the goods we are led to believe are essential, and administer the national laws. They also ensure that citizens are free, have the right to speak as they wish, to follow the religion of their choice, and to vote for whom they choose. That's democracy. It's in the constitution.

Why, then, are they so mistrusted by so many of us? And how do they get away with it? One reason is that the majority of citizens can't be bothered taking a stand, and remain content with what they think is their share of the bread and circuses offered. And they feel powerless, overcome by the enormity of making their voice heard, so they shrug and accept, glad to live in a democracy.

This is exactly what the powerful at the top of the tree know. The indifference of the majority is their cloak - but they are proven liars,

prevaricators and cheats, especially on the big things. They may indeed tell the truth - but only when it suits them.

Can anything be done to bring them to heel?

Why, yes. It does take a special kind of person to do it effectively, but the age of technology has got to the point where it's power can be harnessed for revelation, and the age of exasperation has joined it to produce people who know and can find out the lies, the absence of truth, the spin and the misdirections, and tell it to the world.

Enter Julian Assange. This Australian man was brought up not far from where I live. I, or the world at large may never have heard of him had he not been attracted to hacking, and becoming one of the best, yet was also drawn to the plight of the dispossessed, refugees and starving around the world. This in turn led him to examining the causes, and suddenly ran into a wall of silence. Governments did not want their part in the creation of such disturbing images made public. They were, at least, supposed to be on the side of the oppressed. In the end, he created one of the most important websites of the 21st century.

He started Wikileaks.

Governments hate it, because their secrets are made public. Not all, just the ones slightly below the surface - but enough to let a little light fall into darkened places. Naturally, big brother has not been stopped, yet it could be that enough concerned citizen around the world have been emboldened to support more exposures, and even more importantly to begin to understand the motives involved.

In America's case, these are an overwhelming need and desire to keep the mighty on side, help the rich get richer, and to maintain the fiction that Uncle Sam is still the most powerful person on earth. It is not to bring democracy to those who do not have it - democracy in China? Think about it - that's never going to happen, so why try it in the Middle East? It is about oil and all that depends on it, and the way the truth has been shut out and replaced by lies is now apparent.

The sunshine of Wikileaks has lifted the lid, and mushrooms don't like it too much. The Government is after him, but no matter - his light will continue to shine.

As St. John said, Men loved darkness rather than light, because their deeds were evil. Aiming for the light, Lindsay

GOVERNMENT

Treatise on county government

Scott Zuke

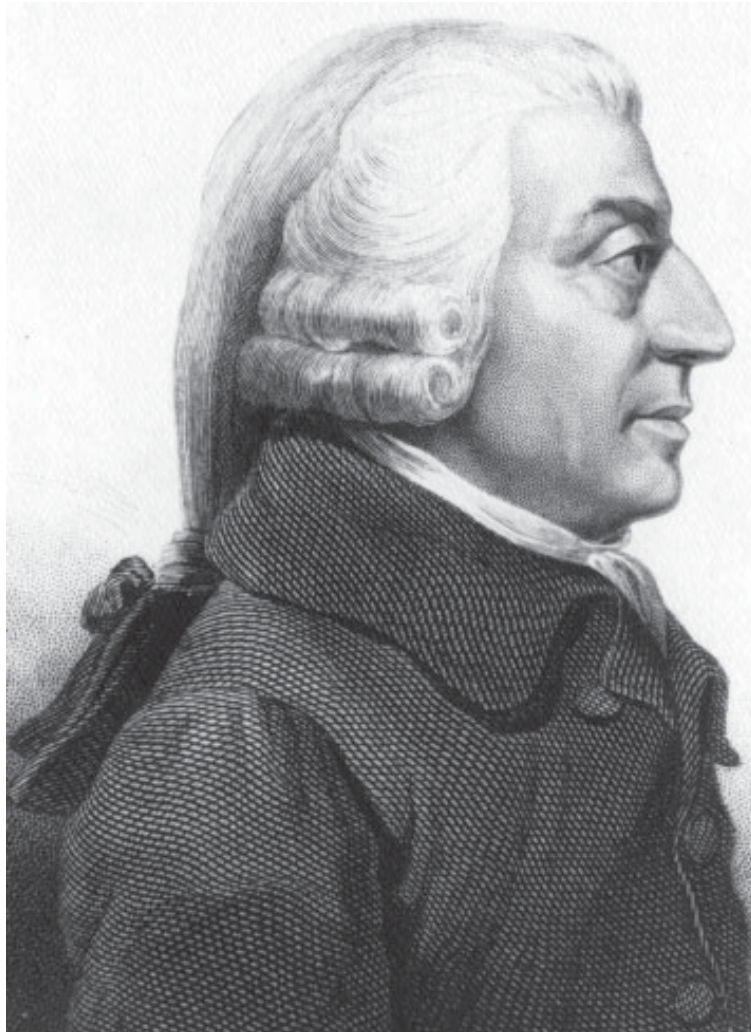
An inquiry into the nature and purpose of county governments with a focus on to the main issues of the debate to alter the Frederick County's system of government.

The saying goes that all politics is local, yet local government itself can be surprisingly difficult to follow. The issues may sometimes seem trivial, and those that are more important and controversial may still lack the kind of clear, partisan narrative that allow national political debates to serve not only as an exercise in public deliberation but also as entertainment. In general, local government is not exciting to those used to following national politics.

My best personal example comes from a year I spent filming Thurmont's weekly town meetings. Over two or three weeks the hottest topic of debate was a grass height ordinance. Still awake? The deliberation was not without its humorous moments. One citizen collected grass samples from several commissioners' yards and brought them in, stapled to a two-by-four, to demonstrate their own non-compliance with the proposed legislation. This was actually a highlight amid weeks of discussing fiscal year budgets, planning and zoning, and other issues too dull for a then-teenager to remember after a few minutes.

There is something fitting about the grass height example, though, when considering the nature of local governance. It is not usually the arena for deep debates over political philosophy and ideology. Rather it typically concerns managing property rights, that is, how what I do with my front lawn affects you or the value of your property. There are other things it covers as well, such as public services, but primarily local government is about economics in the classical sense: oikonomia, rule of the household. While the family is the most fundamental political unit, local government serves to mediate the interactions between families in a relatively small community. In many ways it mimics household management, working to provide for its constituent members and improve their quality of living, but doing so within a strict budget.

Today Frederick County has what is considered a local level of government, far smaller than Maryland's state government, and a tiny fraction of the size of the US national government. Yet, at over 230,000 citizens, it is approximately the same population as Ancient Athens at the height of its power in the fifth century B.C., and bigger than most state populations at the time of the first national Census in 1790. It is not just dealing with grass height ordinances anymore. Frederick is a



John Locke's 'Two Treatises of Government' outlines a theory of political or civil society based on natural rights and contract theory. Published in 1689, it had a marked influence on our nation's founding fathers, and much of the US Constitution can trace its roots to this work of sentinel political philosophy.

large and diverse community with various competing interests and ideas of how they wish the county to develop into the future, and so it is not surprising that there is renewed interest in securing greater local political autonomy.

As other articles in this paper have discussed, Frederick County is in the process of drafting a new charter form of government that would replace the commissioner form that has been around in Maryland counties since 1827. The effort has been fairly rocky, with partisan interests attempting to influence the drafting of the charter before it comes up for a vote in 2012. The various parties involved have framed the debate in a number of ways, and so in this series of forthcoming articles I will be working to separate out these issues and give them more focused scrutiny.

What are the issues that constitute the charter debate? The most fundamental question, of course, is whether a charter form of government would be beneficial to the county. The trouble is that we do not yet know the content of the charter (it hasn't been written yet), and so we cannot make that determination. We can consider some of the basic characteristics of a charter, though, such as the greater local autonomy it allows when compared to the commissioner form, which must defer to the Maryland General Assembly on a wide range of policy matters. So one question to be addressed is whether Frederick needs this greater autonomy, or if there are advantages to having a more

limited scope of powers afforded to commissioners.

Another important issue to evaluate is the virtue of centralizing power in local governance. That is, should we value having five equally empowered commissioners for the sake of promoting greater deliberation, or would things run better with a single County Executive to establish a clear path forward, free of partisan bickering and mixed messages? Those who compare the local government to a business argue that no private company would be able to function with five CEOs debating amongst themselves and setting different priorities for the company's development. On the other hand are concerns about fair representation of opposing opinions.

Those same concerns are at play in another aspect of the charter debate: while it's still up to the county citizens to accept or reject any proposed charter, how important is it to have a representative or fairly divided slate of individuals on the committee tasked with drafting it? The current group of people working on the charter proposal were hand-picked by an all Republican Board of County Commissioners (BoCC), and reports have declared that the majority of the group has business ties to development interests. Some see this as a conflict of interest or a "stacked deck," while defenders say that the board is, in fact, diverse in opinion and background, and that either way, whatever they propose still has to be voted in by residents.

These questions lead into a broader examination of the role of democracy in local politics. Who should be able to make the big decisions, and by what means? Should the people be able to choose their own representatives for the charter drafting board, or is it good enough for their elected commissioners to make that decision for them? And a classic democratic conundrum: if some believe it should be put to a vote, and others do not, how do we settle the question—do we vote on it?

We are not only talking about democracy, though, but also questions faced by representative republics. The charter form, like the federal and state governments, often divides the county government from a unified Board of Commissioners with both (although limited) executive and legislative powers into two separate branches: one top county executive, and an elected county council with legislative responsibilities. What are the possible consequences of such a division? Could it create more rather than less bureaucracy and discord? On the council, what is the most fair way to ensure proper representation of the county's various regions?

There are even technical questions that deserve more consideration, for example, how strict should the criteria be for counting or discarding signatures on petitions? Are the rules fair, or are they made overly complicated in order to discourage petitions and make them more likely to fail? Is it worth going through the process of popularly electing a new slate of charter writers considering the huge predicted price tag of the process to the county?

We should also look at some of the proposed solutions, such as Don Kornreich's suggestion (Frederick News-Post, 4/17/11) that the BoCC appoint both the current board as well as the opposition slate and give voters a choice between one or the other, or to stick with the current commissioner form. Or, for an even more forward-leaning approach, what about Iceland's recent attempt at "crowdsourcing" its own constitutional reform effort by inviting its 320,000 citizens to provide suggestions via Facebook, Twitter and YouTube?

Finally, since this whole debate essentially boils down to a community's deliberation of how it wants to govern itself, I will discuss some interesting examples of how communities elsewhere have incorporated participatory democracy into their systems of government. A favorite example is participatory budgeting, made famous by the city of Porto Alegre in Brazil, through which ordinary citizens from different sec-

tions of the city convene each year to deliberate how to allocate public funds to infrastructural projects like roads and sewers. The experiment was so successful that many towns and cities throughout South America and Europe have tried to replicate it. Might Frederick benefit from such experiments designed to spur citizen engagement in the local political process?

The 2012 General Election is not as long from now as it may seem. If everything works out on schedule, Frederick will have another opportunity soon to do something both rare and important: peacefully draft, vote on, and perhaps transition to a different system of government. It is a good time to begin not only following the day to day drama of failed petition efforts and appeals, but to really think about what we want from our local government and to discuss the issues with our neighbors. This is not a single-issue question with two distinct and opposed viewpoints, but rather a multi-issue, open-ended discussion with many possible directions to go. And if grass height ordinances can get people fired up, this issue is probably going to light up like the Fourth of July as the proposed charter takes shape and citizens are asked to read and vote on it in the coming months.

Over the last couple issues, the Emmitsburg News-Journal has featured commentary from local citizens, politicians and activists spanning the spectrum of opinions on the charter government process. In the months to follow, in addition to ongoing commentaries from local writers, I will contribute to the discussion by working through some of the major issues and questions raised above, drawing from sources in ancient and modern political philosophy, historical examples of deliberative government change such as the US's Constitutional Convention, as well as from contemporary works in democracy theory and practice.

Although we may only be talking about changing one county's government, in a process that has been exercised frequently throughout Maryland, this is nevertheless a continuation of a tradition of peaceful, deliberative democracy in America, its origins preserved in the public political and philosophical debates that comprise the Federalist and Anti-Federalist Papers. We aren't doing anything so lofty as inventing a new concept of federalism and divided powers, or doing so under the threat of national dissolution or foreign invasion, but we are taking a moment out of our busy daily lives to pursue the noble calling of citizens at every level of free government: to consider how to live together and manage public resources and services most harmoniously.

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THE BOOK OF DAYS

William Penn



William Penn was born on Tower Hill, London, 14th October 1644. His father was Sir William Penn, an admiral who had fought with distinction the fleets of Holland and Spain. His mother was a Dutchwoman, the daughter of a rich Rotterdam merchant. Penn received an excellent education, and whilst at Oxford he was tempted to go and hear one Thomas Loe, a Quaker, preach. Quakerism, in our time the meekest of faiths, was in those days regarded by churchmen and dissenters alike, as an active spirit of evil deserving no mercy or forbearance: there was contamination and disgrace in everything connected with it. Loe's ministry so affected Penn, that he began to think of becoming a Quaker himself. His father heard of the impending metamorphosis with horror, and sent him off to France, to avert the change. The policy was successful. Penn soon forgot the Quaker in the gaiety of Paris, and returned, to his father's delight, a fine gentleman, with all the airs and accomplishments of a courtier.

The terrors of the plague of London in 1665, however, revived the youth's pious tendencies, and again his father tried change of scene, and sent him to Ireland. There he distinguished himself in subduing an insurrection; and it is a curious fact, that the only authentic portrait of the great apostle of peace existing, represents him at this period a young man armed and accoutred as a soldier. It so happened, that the Quakers were growing numerous in the larger Irish cities, and one day Penn strolled into their meeting in Cork. To his surprise, Thomas Loe, from Oxford, arose and spoke from the text, 'There is a faith that overcomes the world, and there is a faith that is overcome by the world.' From that meeting is dated Penn's thorough conversion to Quakerism. His father heard of his relapse with dismay, and ordered him back to London. They had a long and painful discussion, but the young man was immovable; neither the hope of honour nor the prospect of degradation had any effect on his resolution; and the admiral, after exhausting his

whole armory of persuasion, ended by turning his son out of doors.

This conduct threw Penn completely over to the Quakers. He began to preach at their meetings, to write numerous pamphlets in defence of their doctrines, to hold public debates with their adversaries, and to make propagandist tours over England and the continent, sometimes alone, and sometimes in company with George Fox, Robert Barclay, and others. Of persecution and imprisonment he had his share. A tract, *The Sandy Foundation Shaken*, in which he set forth Unitarian opinions, so excited the bishop of London, that he had him committed to the Tower, where he lay for nearly nine months. King Charles sent Stillingfleet to talk him out of his errors; but, said Penn, 'The Tower is to me the worst argument in the world.' During this confinement he wrote, *No Cross, no Crown*, the most popular of his works. 'Tell my father, who I know will ask thee,' said he one day to his servant, 'that my prison shall be my grave before I will budge a jot: for I owe my conscience to no mortal man. Actuated by a spirit as patient as it was resolute, Penn and his brethren fairly wore out the malice of their persecutors, so that in sheer despair intolerance abandoned Quakerism to its own devices.

Happily, the admiral had the good sense to reconcile himself to his son. It is said that, in spite of his irritation, he came to admire the steady front William shewed to an adverse and mocking world. The admiral's disappointment was indeed severe. He stood high in favour with Charles II and the Duke of York, and had his son co-operated with him, there was no telling what eminence they might not have attained. 'Son William,' said the veteran, only a day or two before his death, 'I am weary of the world: I would not live my days over again, if I could command them with a wish; for the snares of life are greater than the fears of death.' Almost the last words he uttered were, 'Son William, if you and your friends keep to your plain way of preaching, and also keep to

your plain way of living, you will make an end of priests to the end of the world.'

Penn, by his learning and logic, did more than any man, excepting Barclay, author of the *Apology*, to shape Quaker sentiment into formal theology; but the service by which the world will remember him, was his settlement of Pennsylvania. His father had bequeathed him a claim on the government of £16,000 for arrears of pay and cash advanced to the navy. Penn very well knew that such a sum was irrecoverable from Charles II; he had long dreamed of founding a colony where peace and righteousness might dwell together; and he decided to compound his debt for a tract of country in North America. The block of land he selected lay to the north of the Catholic province of Maryland, owned by Lord Baltimore; its length was nearly 300 miles, its width about 160, and its area little less than the whole of England. Objections were raised; but Charles was only too glad to get rid of a debt on such easy terms. At the council, where the charter was granted, Penn stood in the royal presence, it is said, with his hat on. The king thereupon took off his; at which Penn observed, 'Friend Charles, why dost thou not keep on thy hat?' to which his majesty replied, laughing: 'It is the custom of this place for only one person to remain covered at a time.' The name which Penn had fixed on for his province was New Wales; but Secretary Balthwayte, a Welshman, objected to have the Quaker-country called after his land. He then proposed Sylvania, and to this the king added Penn, in honour of the admiral.

The fine country thus secured became the resort of large numbers of Quakers, who, to their desire for the free profession of their faith, united a spirit of enterprise; and very quickly Pennsylvania rose to high importance among the American plantations. Its political constitution was drawn up by Penn, aided by Algernon Sidney, on extreme democratic principles. Perfect toleration to all sects was accorded. 'Whoever is right,' Penn used to say, 'the persecutor must be wrong.' The world thought him a visionary; but his resolution to treat the Indians as friends, and not as vermin to be extirpated, seemed that of a madman. So far as he could prevent, no instrument of war was allowed to appear in Pennsylvania. He met the Indians, spoke kindly to them, promised to pay a fair price for whatever land he and his friends might occupy, and assured them of his good-will. If offences should unhappily arise, a jury of six Indians and six Englishmen should decide upon them.

The Indians met Penn in his own spirit. No oaths, no seals, no official mummeries were used; the treaty was ratified on both sides with a yea, yea—the only one, says Voltaire, that the world has known, never sworn to, and never broken.' A strong evidence of Penn's sagacity is the fact, that not one drop of Quaker blood was ever shed by an Indian; and forty years elapsed from the date of the treaty, ere a red man was slain by a

white in Pennsylvania. The murder was an atrocious one, but the Indians themselves prayed that the murderer's life might be spared. It was spared; but he died in a very short time, and they then said, the Great Spirit had avenged their brother.

It will be thought that Penn made a capital bargain, in the purchase of Pennsylvania for £16,000; but in his lifetime, he drew little but trouble from his investment. The settlers withheld his dues, disobeyed his orders, and invaded his rights; and he was kept in constant disquiet by intrigues for the nullification of his charter. Distracted by these cares, he left his English property to the care of a steward, who plundered him mercilessly; and his later years were saddened with severe pecuniary distress. He was twice married, and in both cases to admirable women. His eldest son, a promising youth, he lost just as he verged on manhood; and a second son, by riotous living, brought himself to an early grave, trying Penn's fatherly heart with many sorrows. Multiplied afflictions did not, however, sour his noble nature, nor weaken his settled faith in truth and goodness.

Penn's intimacy with James II exposed him, in his own day, to much suspicion, which yet survives. It ought to be remembered, that Admiral Penn and James were friends; that the admiral, at death, consigned his son William to his guardianship; and that between James and his ward there sprung up feelings apparently amounting to affection. While James was king,

Penn sometimes visited him daily, and persuaded him to acts of clemency, otherwise unattainable. Penn scorned as a Quaker, James hated as a Catholic, could sympathise as brothers in adversity. Penn, by nature, was kindly, and abounding in that charity which thinketh no evil; and taking the worst view of James's character, it is in nowise surprising that Penn should have been the victim of his duplicity. It is well known that rogues could do little mischief, if it were not so easy to make good men their tools.

There was very little of that asceticism about Penn which is thought to belong to—at least early—Quakerism. The furniture of his houses was equal in ornament and comfort to that of any gentleman of his time. His table abounded in every real luxury. He was fond of fine horses, and had a passion for boating. The ladies of his household dressed like gentlewomen—wore caps and buckles, silk gowns and golden ornaments. Penn had no less than four wigs in America, all purchased the same year, at a cost of nearly £20. To innocent dances and country fairs he not only made no objection, but patronised them with his own and his family's presence.

William Penn, after a lingering illness of three or four years, in which his mind suffered, but not painfully, died at Ruscombe on the 30th July 1718, and was buried at the secluded village of Jordans, in Buckinghamshire. No stone marks the spot, although many a pilgrim visits the grave.

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*"There is nothing like looking, if you want to find something."
—Thorin Oakenshield, in The Hobbit*

If calendars were clocks they would now read half-past 2011. June is gone; the solstice arrived on June 21, as everyone except Rev. Camping expected, and summer is officially here. Actually, it felt like summer got here three weeks ahead of the solstice; the temperature reached 100 degrees on May 31, and twice again before June was half over. My wife never liked hot weather, and I have grown soft as the years passed, so now we succumb to the lure of air conditioning when it is in the 90s. But between the hot spells there were evenings when it was more bearable and we could sit on the porch and watch the night arrive. It is an ancient and honorable custom which few people now remember how to do.

According to the tradition I learned in earliest childhood, when the day's work is done and supper is over, you sit on the porch with a cold drink close at hand (the original rules specified non-alcoholic), and you watch the lightning bugs rise from the grass and listen to the birds as they settle in for the night. And you talk... first about the weather and how it will affect what you have to do tomorrow, then about how the livestock and the gardens are doing, then about the neighbors, and finally about memories of older and simpler times. As a result, when we went in to bed we were in a mellow, contemplative mood which made prayers more thankful and sleep more restful. When we speak so wistfully of the Good Old Days, this is what we really mean.

Looking back, I think I must have been a strange child. As nearly as I can reconstruct my earliest memories, I expected the world to be orderly and logical, and it bothered me when it didn't seem to follow the rules. My grandmother was partly responsible for this. She planted her garden and organized her life generally by the phases of the moon... "the signs," as she called them. I don't know if she understood solstices and equinoxes, but she knew when they occurred, and she talked about them when we got to that part of the program on those summer evenings. In those days school ended in the first week of June and resumed the first week of September, and I couldn't understand why summer didn't start and end on those dates. I also couldn't understand why winter should start on December 21 when it had already been cold and snowy for a month.



I'm old enough now to accept the fact that while temperature and precipitation average out over long periods of time, in individual years they vary randomly. However, although I now know how solstices and equinoxes were discovered and why our prehistoric ancestors worshiped them and made them the starting points of the seasons, it still irritates me when the temperature reaches 100 in May. If it's that hot, it should be summer!

Sitting on the porch last week, I was thinking about childhood, and my mind drifted off to how differently I look at things now. I used to love twilight because I could catch lightning bugs and put them in a jar to make a lantern. It never worked very well because they didn't all turn on at the same time, but when you're that age you're an optimist, and there was always the chance that they might. Now, when I see them I reflect that they are all males, and flashing their taillights is their way of telling the females they're available... and also that if they respond to the wrong female, she will eat them.

Soon after the lightning bugs come out, the bats appear. There used to be a lot of them; they lived in the attic of our old house, in the church belfry, in the old haunted house, and lots of other nearby places. The white-nose

fungus disease has killed a lot of them; last year I rarely saw them, but there seem to be a few more this summer. The first one I saw this year was at a friend's house when we were leaving after dinner. It is an old house with a screened-in back porch, and the screen doors were both open. Just as we came out to leave, a bat flew in one door and out the other. It passed my wife silently, less than a foot above her head. Fortunately it came from behind her and she never saw it; if she had, she would have broken the record for the broad jump and a lot of screen would have had to be replaced. I have tried for years to persuade her to like bats, but she is determined not to. Her favorite color is purple, and I even tried reciting Dr. Seuss' verse about the lavender-colored bats that lived among the owls and spiders in the secret cave of the Royal Magicians, but even that didn't work; she's determined not to like them.

Thorin Oakenshield was right: if you want to see you have to look, and there is no better place and time than the porch on a summer evening. For the first time in years, one evening this summer I actually smelled rain coming... that combination of ozone and nitrogen oxides that lightning used to produce when I was a child. And I've seen two new sights. The first involved a female rabbit who

has a nest among the ferns by the garage; she was busily eating grass and dandelions in the yard when a male came by to visit. He was clearly interested in a relationship; she was not, but she was polite about it. He would approach slowly until he was five or six feet away, and then dash straight at her at top speed. When he got within a foot of her she would jump straight up in the air, and he would barrel on right under her. This went on for a long time, until he finally got the idea that while she was not rejecting him entirely, his luck might be better if he waited a few days.

The second involved woodpeckers. A couple of weeks ago I put the last suet cake in the feeder, assuming it would melt or spoil before it got eaten. One evening there were two downy woodpeckers at it; one was a male, marked by the red patch on the back of his head. That caught my eye because usually the male will chase others away until he is finished eating. But in this case the other was obviously a youngster, recently out of the nest... a typical teenager, clumsy, feathers uncombed, shirt-tail out, shoes untied, the usual... and he had no idea how



to eat suet. The father pecked industriously, and then looked at Junior to see if he understood; then Dad fed him a mouthful, as if he were still in the nest. After several demonstrations, Junior finally got the idea and pecked clumsily, scattering bits of suet in all directions and not getting much into his mouth, so Dad fed him again. Evidently he decided being waited on was easier, for it was some time before he was persuaded to try again. I watched this for a good five minutes, until Junior's attention span failed and he flew off; Dad wearily followed. Life, I decided, is pretty much the same at all levels. May it always be so.

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IN THE COUNTRY

Forest Hawk



Ranger Jennifer Miller
Cunningham Falls State Park

Like humans, animals are often defined by where they live and what they do to earn a living. In more scientific terms, an animal's niche or role within an ecosystem is a biological perfect fit that has been designed by time and genetics. Each species is genetically honed to eek out a living in a specific set of circumstances and in a way their physical bodies bear the impression of the environment they live in.

The Red-shouldered hawk truly is of the forest. Built with a slight, compact frame for maneuverability, the Red-shoulder is able to fly through the canopy and understory layers of the woods. This hawk prefers to reside in mature deciduous forests that are near water. The Red-shouldered hawk fills the same niche as the Barred Owl, meaning it lives in the same habitat and hunts the same prey.

To avoid competition, the Red-shouldered hawk hunts in the daytime while the Barred Owl works the night shift. However, Red-tailed hawks and Great Horned owls often up the ante by competing with Red-shoulders for nesting sites and hunting turf. To deal with all

make it look bigger than what it actually is. Without words, this angry red puff ball with two beady eyes and a black and white striped tail is able to communicate quite a lot! It is an impressive and beautiful sight. Because of their fearless and feisty behavior, people are more likely to be able to view these hawks up close than any other species.

The female Red-shouldered hawk on display at the Scales & Tales Aviary was hit by a car and had to have her whole left wing amputated. She has modified perches and a heated box to keep her warm during the winter months. This was the first year she laid a clutch of eggs, which she seemed somewhat mystified by. Similar to chickens, female raptors will lay unfertilized eggs during mating season. The Aviary staff took the eggs as a hopeful sign that she has at last fully recovered from her injury.

About 90% of the birds in the Scales & Tales program have been hit by cars. Often times this is a result of litter being throw from vehicles. The raptors eat the smaller creatures such as mice and skunks that come to eat the roadside delights such as apple cores and sweet smelling bubblegum wrappers. Maryland State Parks are Trash-Free as a means to reduce litter in parks and to teach where trash does and doesn't belong! This ethic ensures that the parks remain pristine for future visitors and for the wildlife that live there.

Raptor roadside fatalities and injuries also occur because development fragments forest habitat. Our motorways, housing developments, and other bastions of modern life slice through what were once large swaths of farm and wild lands. Just because the amount of land for wildlife is being reduce doesn't mean that an animal's need to roam for hunting, mating, and/ or migration



will cease. Owls and hawks have no idea what a car is and the first encounter with a vehicle is often the last. Another issue that has greatly affected Red-shouldered hawks as a species is deforestation. Red-shoulders are often tolerant of being in close proximity to humans as long as there is a mature stand of trees where it can live and hunt.

Unfortunately, mature timber is often harvested as a forest product or cleared all together for development. It is uncomfortable to think that our way of life is having numerous negative impacts on other living creatures. However, turning away or ignoring the problem doesn't make it go away. This

year has been declared by the United Nations as The Year of the Forest to celebrate the many precious and diverse forest ecosystems around the world. It also brings attention to the challenges we are facing on a global scale. Our daily actions do have an effect on the world around us. The things we buy at the grocery store, the kind of car we drive, the amount of energy we use in our homes all counts. This is our niche! May "The Year of the Forest" and the Forest Hawk remind you that we are all connected.

To read other articles by Ranger Jennifer Miller visit the Authors section of Emmitsburg.net.

this pressure, Red-shouldered hawks are extremely vocal and territorial. Their "aah, aah, aah" cry is not melodic or refined but it is to the point - "Get out!"

Vocalization is usually accompanied by the bird flying very close to the intruder and raising its "hackles", which are the head and neck feathers used to

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THE VILLAGE IDIOT

They don't work as hard as they used to

*"My arms aching, back's breaking, legs aching neck
And this whole ruddy ship
is a huge creaking wreck."*

Whoa, for a second there I thought Cap'n Robert of Abney Park was working alongside us in the garden. But no, I'm just hearing his distinct voice singing "Aether Shanty" in my head as the rototiller roars and bucks its churning path over and through the sun-baked brick-hard clods left by the plow and disks. A column of gnats swirls directly above the tiller motor, one of hundreds of shifting congregations I can see across the acre reflecting the sinking sun. For some reason the gnats hover above the motor from one end of my 100-foot row line to the other. I lose them as I spin the tiller about and start down the other side of the line. Three passes with the tiller and I stop to rake a raised row so Dear Wife can begin planting the "past due" tomato and pepper sets.

Four rows raked and planted, that's 1,200 feet of bucking tiller, clods and pebbles in our shoes, arms aching from fighting the tiller and pulling the rake, backs throbbing from bending to plant seeds and seedlings. Soaked with sweat, we struggle to load the tiller into the van and pause for a sip

of switchel (a mix of honey and cider vinegar added to cold water to cut the dust from ones throat and recharge a pooped body, or so the 17th and 18th century farmers claimed. I'm thinking of trying it with a shot of bourbon as Brook Elliott recommends.) Wiping sweat from our brows, we begin carrying water to the rows in 2-gallon watering cans. We stagger as we move along the lumpy paths. We be tired. But we be gardening!

I don't expect much from this year's efforts. Anything we harvest will be a bonus. Mostly I want to get the ground ready for next year, learn the lay of it, how the sun moves across it, the water runs off or pools on it. So far, my original plans have been dashed completely. The area I'd thought would serve to grow 300 feet of asparagus is in shade until 11 each morning and is in shade again at 7 in the evening. Not a good spot for sun loving veggies! I thought raspberries might work there, but now I'm thinking we can plant lilies there. Thousands of lilies! Well, dozens to start with. Yeah, I could sit among lilies and doze. It is so quiet on that piece of ground.

The garden section nearest the house is in the shade of the structure by 7 PM. I hadn't expected that, but it works for the tomatoes we've



planted as we try to water them most evenings. Carrying water in the shade is more pleasant than lugging it under a late afternoon sun. The end of day shade doesn't bother the tomatoes either. They need the break after a day above 90F and full sun beating down on them. Maybe they'd appreciate a shot of switchel. Minus the bourbon?

We first churned the acre's soil on the side farthest from the house, the future asparagus bed, before we found it lost to shade. I tilled three 100-foot rows and Wanda planted potatoes. While we figured the spuds would be a bust, I did look up from the last row and scanning the acre, realized we could manage this piece of ground! I'd had serious doubts about our (my) being up to the task. Taking it in small bites, rototilling early in the morning and late in the evening seems to be the best way to work the ground. Learning to use the tiller properly helps. I don't have to pulverize the soil as deeply as the tines can dig. All I have to do is run it

shallowly over the ground to uproot weeds, or work it a little deeper so we can rake raised rows together. None of the ground needs as deeply tilled as I'm used to doing on smaller plots. I can actually zip along a 100-foot row in less time than it used to take me to deep till 30 feet of garden.

Another lesson learned about gardening on the acre is the equipment we used this year and what we'll have to acquire in the future. Obviously, gardening is different from farming. We might have gotten an earlier start on the garden if I'd have hit it with the little 6 hp rototiller instead of waiting for the 150 hp farm tractor to arrive with plows and disks. HA! I'd still be trying to cut through five years of sod that Marty turned over in less than an afternoon. I had little choice but to wait until the ground could be plowed and Marty had no choice but to plow it when weather, soil and the main farm needs allowed!

The ground has been turned, now I need to get it worked over with

the tiller and cover cropped before the season ends. A doable task, if a daunting one. DW and I went to look at equipment capable of aiding us in our efforts. Sheewoeeee! \$2,500 for a BCS tractor with an 18" pull behind rototiller!

Okay, that's the future! Actually, the BCS tractor I want (with a 33" rototiller) would cost closer to \$5,000. DW says we'll be selling a lot of veggies off that ground before we spend \$2,500, let alone \$5,000. Women! It ain't like I want a farm tractor with AC and a stereo system!

This whole market garden idea is not working out as I had planned, as if anything I plan ever manifests itself as I envision it! While the acre looks like it will produce some decent beans (if nothing else this year) the tiny garden we have on Grandfather Cool's farmett has done fairly well. Or the garlic has anyhow.

Of the 770 cloves planted, it looks like we'll harvest 765 bulbs. The best 200 I'll hold back as seed garlic for this fall's planting. The rest I have buyers for, and people I've promised some as gifts.

The Mad One recently set me to peeling and mashing several cloves I brought her from a test dig while she readied a pile of shish kabobs for the grill. I mashed the cloves with sea salt, made a slurry of them with sunflower oil. The Mad One added that to yogurt, cucumber and dill weed. Mixed them together, added a bit of water and made the first cold soup I've ever eaten. I'm hooked! I could have pigged out on the soup and skipped the bobs! She told me she was done with store-bought garlic. As long as I have real garlic, she's buying it from me! The trouble is I don't know if I can give up any of our garlic for money!

Everything we grow may well prove too precious to let go for mere money. Friendship is another matter. That trumps money!

To read past editions of the Village Idiot visit the Authors section of Emmitsburg.net.

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IN THE COUNTRY

Primates at the preserve

This article is about primates, aka monkeys, apes and us. After snakes, primates are the best liked and also most hated of the animals commonly found in zoological collections. They are probably loved because they have cute babies and hated because they have some less desirable habits, just like us as well.

Monkeys have been a part of the animal mix at Catoctin Wildlife Preserve and Zoo since the early years. There were rhesus monkeys, spider monkeys, mangabey monkeys and a chimpanzee here at the Zoo when CWP Zoo was still called Jungleland Snake Farm from 1933 to 1967.

Today there are monkeys at the wildlife preserve that are found in no other protected environment in the world outside of their native country. These are the Sulawesi Macaques called the Booted or Grey armed Macaque. Our extended family group of twenty was begun over thirty years ago when several animals were imported from Canada as Celebes Crested Apes. The problem was they didn't have crests and were not the animals we ordered. After several years of inquiring and sending photographs around to other zoos and primatologists, it was concluded that we actually had three different subspecies, related, but not the same.

As it turns out there are seven different macaque monkeys on the island of Sulawesi, formerly know as Celebes. We immediately scoured the zoological community to find similar animals. The only animal that was located was a male that the Bronx Zoo thought was a Grey Armed Macaque which had been



shipped to them from Rotterdam Zoo in Holland. Were we surprised when we were received not a Booted Macaque but a Grey Cheeked or Tonkean Macaque. Apparently they were so rare even two of the best zoos in the world couldn't correctly identify them! Now we also

have fourteen Tonkean Macaques in three different groups under our protection.

Catoctin Wildlife Preserve is not noted for having a large primate collection but we should be. We have as many species and more individuals on display than the Baltimore and Washington Zoos combined.

In our Madagascar section are five species of lemurs, a small specialized primate found nowhere else in the world. The largest of these is the Black and White Ruffed Lemur. They look similar to a small panda bear with pointy nose and a long tail. Their territorial calls are very loud and raucous and when you hear them, you think it has to come from an animal ten times their size.

In our Latin American section we have three species representing some of the smallest primates in the world, marmosets and Tamarins aka the callithrichidae. Marmoset is from the french for "little man" and they certainly do remind you of us with their curious ways and actions. This group of primates regularly has twins and because baby primates must be constantly carried when they are young in the primate world, they have evolved a unique behavior where fathers and older siblings will regularly provide transportation for the babies on their backs. Ain't nature grand!

Other South American monkeys in the collection but not on display at this time are Squirrel Monkeys, Spider Monkey and Capuchin Monkeys. They are awaiting the funds to build them proper exhibits. An Owl Monkey is on display in the Neotropical Building but because he is nocturnal is rarely seen by the public.

The two gibbons next to the Zoo Babies area are in our Islands section because they come from the islands in Indonesia, specifically Borneo and Sumatra. They are actually considered lesser apes more closely related to chimps, orangutans and gorillas than monkeys. Their call can be heard miles away in the high tree tops of the southeastern tropical rain forests of Asia and occasionally in the neighbor hood of the Zoo. We

have several other Asian macaques waiting for homes where the public can see and enjoy them including the famous Japanese Snow monkeys that use the hot springs to keep warm in the winter.

Just outside the back door of the entrance building is one of the world's most beautiful monkeys, an African Black and White Colobus Monkey. Living in the higher elevations of east Africa they are almost completely herbivorous (plant eaters) . Their call sounds like a lion's rolling roar.

We are building exhibits in the new African area for two families of African savannah monkeys , the red Patas the gray-green Vervet monkeys. Finally a small Kinkajou-like animal called the Bushbaby, another specialized primate, is waiting for a nocturnal exhibit to be built. Even though we have been building the park on Gordon Gaver's 31 year foundation for almost 50 years, there is still much to be done.

The CWP Zoo is operated by the Global Wildlife Trust, Inc. a 501(c)3 non profit corporation that was put into place to provide for the well being of the animals beyond our life times. We constantly encourage friends of and visitors to the preserve to consider this their zoo. Pride of ownership is yours in return for any form of support. Becoming a member, having your birthday party, family reunion or company picnic here all help us to improve the lives of our animals and the services and experience for you our public.



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PETS LARGE AND SMALL

I wonder what my life could have been like...

Jennifer Vanderau
Cumberland Valley Animal Shelter

I was born just a few weeks ago. My mom and two brothers and I live in the woods and sometimes we have to move pretty fast. There are all kinds of threats in the wild for our feline family.

We itch a lot. Mom has fleas and passed them onto us. Sometimes she doesn't have a lot of milk and even after we all eat, I'm still kind of hungry.

The day mom leaves to get something for dinner and never comes back is the worst one of my short life. My brothers and I try to figure stuff out, but we're little and it's tough and we're so hungry.

We wander onto the road that first night the three of us are alone and the sudden roar of an engine and bright headlights are the only clue we get before our lives are over.

Thirteen weeks old and as I breathe my last, I can't help but wonder what my life could have been like...

.....

The wire cage hurts my feet, but after

all these years, I almost don't notice it anymore. I have litter after litter of puppies that I can't even really enjoy. My babies are taken from me so quickly, I barely have a chance to get to know them before I'm pregnant again.

I have to urinate and defecate on the dog below me because the kennels where we live are all stacked on top of one another. It's probably to save space and cleaning, I guess. I get fed once a day and have water all the time, but very little else.

I've been sick for a while now. I'm pretty sure it's my stomach. Some days it's hard to keep my food down, but no one seems to notice or care. All the humans around me want are my puppies -- I've never known their touch. It's not that bad, though, I'm scared of them anyway.

None of us know what's it like outside the cages. Grass is something the dogs around me talk about, but none of us has any idea what it feels like.

The day that my stomach problems get the best of me is a warm Tuesday. The people have already been through for breakfast, but I



Noah has spent some time out and about at various fundraisers and other events and he's always a big hit. This 3-year-old border collie mix is a laid-back loving boy who adores people, kids and other dogs. This sweet guy is going to make someone a wonderful companion.

don't eat. I know it won't be long.

As my eyes close and my heart starts to beat slower and the pain in my stomach becomes agonizingly sharp, my last conscious thought is that I wonder what my life could have been like...

.....

Being a stray kitten in a busy city can be tricky. You learn fast to watch the cars and look out for people who don't like you -- and there are a lot out there.

Usually the good ones will talk softly and give you a bowl of milk and if you're really lucky, a soft pat on the head or back. They aren't afraid of you or turn the hose on you or kick you or chase you out of their yard.

Eventually, you learn who the nice ones are and where you can go to get a decent meal.

The day the young guy walks up to me with that soft, cooing voice is a bit of a surprise, but he's so nice, he actually picks me up for a cuddle.

The inside of his apartment is loud because of the music and all the people there. It's lined with posters and college textbooks and smells like alcohol and is really overwhelming.

I try to get away, but there are too many people and they trap me and corner me in the balcony.

Before I know what's happening, I'm doused with a foul-smelling liquid and when I realize it's lighter fluid, I know what's coming. In the moments following the hiss of the lit match, I wonder what my life could have been like...

.....

My breed wasn't born for fighting. Really we weren't. We're loyal and loving and want to please our owners. We like kisses and hugs, not teeth and blood. We've got muscles and jaw strength and that's what the people first wanted when they put together a bulldog and a terrier. Initially, all that prowess was used to hunt.

Eventually people realized we

could be used for the "sport" of dog fighting. I use the quotes because I don't really know that much about human words, but from what I've seen, I really don't think dog fighting qualifies as a sport.

I do what I have to in order to get by. If I had my choice, I wouldn't fight, but I know if I don't, I won't be long for the world, so I keep going, tearing into my own kind just so the humans won't take a "loss" out on me.

The ring is so scary. You've got screaming humans and growling pitbulls and I swear there's the phantom scent of money in the air. Every single time they throw me inside the ring, I wish I could be anywhere else, but I was born from a fighter to be a fighter.

They bait us with smaller animals -- Chihuahuas, poodles, kittens, sometimes a rabbit. I know what I'm supposed to do to them, but it really breaks my heart. I've heard the humans say it's supposed to give us the bloodlust to make us really want to fight, but I hate the taste of blood, although I can never let it show.

Some might think I should wear my scars from the ring like a badge of honor, but I really don't. They embarrass me, truthfully. I'm ashamed of what I do, but I don't have any other choice.

I don't know what makes me not fight that one day -- exhaustion, apathy or just an overwhelming desire to be finished with this existence -- it's hard to say.

My first loss is my last fight.

I watch the human who owns the training ground come to me with a shovel and a shotgun in his hands and I know I won't fight what he's going to do. I won't fight ever again and even though it means my death, I'm so proud of that. As I hear him cock the weapon, I wonder what my life could have been like...

.....

I work for the Cumberland Valley Animal Shelter. I hear stories every day of animal abuse and cruelty and neglect. I think of the ones we are unable to save and I see those who come through our door who are beyond rehabilitation, many of whom get that way because of human beings.

Aggressive, hurt, sick, neglected, injuries too severe to mend.

I look into their sad, lost eyes as we all say that final goodbye and my heart bleeds and I weep and I wonder what their lives could have been like...

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter in Chambersburg, Pa., and can be reached at cvasoc@innernet.net. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at (717) 263-5791 or visit the website www.cvas-pets.org.

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PETS LARGE AND SMALL

Get off my foot

Kimberly Brokaw, DVM
Walkersville Veterinary Clinic

One of the things I tell my students is that when working with dogs and cats, they should expect the occasional bite or scratch. When working with horses they should expect to get stepped on, kicked at and bitten. Sometimes this is intentional by the horse and other times it just happens. One of the rules of floating horse teeth is not to stick your fingers past the bars of the mouth if you do not have a speculum in. Numerous vets have failed to follow that rule and have lost fingers. One vet was following the rule, but unfortunately the speculum malfunctioned and the horse's mouth closed, breaking her wrist and hand. While broken bones are on the severe side of the injuries, they happen less frequently. The usual is a few small bruises, with the occasional large one that you show off to all your colleagues like a battle scar.

I am not fond of bruises and try very hard to avoid getting them. I figure tranquilizers were invented to prevent injury to the vet and to create a positive experience for the horse. After all, my goal is for my patient to not be in pain and if a simple injection will alleviate the pain, and keep him from kicking me while I complete the procedure, then why not use it. Off course, tranquilizers are far from perfect.

Sometimes, the horse seems calm, but the tranquilizer has depressed his thought processes and inhibitions. He might normally think "I'd better not kick Mom and the vet. Mom will be angry at me." Under tranquilizer, the thought that kicking is not good may not occur. Therefore, he might kick out even though he is normally a horse who would never think of kicking a person. Sometimes it is hard to tranquilize a horse enough so he will tolerate a procedure, while keeping him alert enough that he can cooperate

and obey his owner.

In some situations, owners prefer to sedate the horse themselves, rather than spending the money to call the vet. Sometimes this works well; sometimes it produces a dangerous situation. Owners often can get their veterinarians to prescribe one of a couple of sedative choices for them to use at home. Oral detomidine gel is a new choice for owners. This medication is effective, but has some significant risks.

If the horse moves and the owner gets the gel in his or her mouth or eyes, it can cause the owner to lose consciousness and stop breathing. The horse should then start CPR on his owner and call 911...you can see the problem. Detomidine gel is a great new product, but I do wonder how many owners will be harmed by it over the next few years. Horses do not always like taking medicine. It is hard to keep an uncooperative horse from spitting medicine all over the people next to him.

Some horses don't sedate easily. I was recently called out to sedate an untrained horse so the owners could have the farrier trim her hooves. The owner, who takes care of sick humans for a living, had been unable to sedate the horse for the farrier. When I arrived, I realized that this horse was going to be a problem. Her feet were misshapen and badly overgrown. They needed the farrier work. She was clearly untrained and wild. After a couple of doses of sedative, the horse was dopey, confused, and uncooperative. The owner was desperate to have the feet trimmed as they were in such bad shape as to be unsafe for her health. I put the horse under general anesthesia for the farrier work.

General anesthesia carries a number of risks, and this horse seemed to be destined to experience many of those risks. Midway through the farrier work, she had a seizure. I stopped the seizure with seizure medication. After the seizure, she developed



severe muscle pain and tying up and then an hour later proceeded to develop abdominal pain and colic. After more medications, she recovered, and walked off as if she had an uneventful day. The owner and I were mentally and physically exhausted but un-injured. Her feet looked great.

Not all of my bruises can be blamed on horses. One day when cooking dinner, I was asked by a friend if I had been kicked by a horse as I had a moderate sized bruise on the back of my leg. My response of "no I was trying to get blood out of an alpaca to test his thyroid level," elicited the next question of "oh so you got kicked by the alpaca?" No. This was actually a very nice alpaca. He did not kick, bite, or spit. He was just very wiggly and jumped about while his owners and I tried to hold him for the blood draw. I hadn't even taken the cap off the needle yet as he was jumping so much.

In the chaos I had backed into some farm equipment while trying to get out of the way of the alpaca and had bruised myself that way. One bonus to being a large animal vet is that I can always explain away any bruise as a kick from a large animal rather

than having to admit the truth that I am uncoordinated and that the bruises down my leg are from walking into a tractor or where I slipped on the rocks while white water rafting.

Proper footwear is key when working with large animals. They will step on you. I had been treating a large Clydesdale, Gamble, for about a week before he stepped on his caretaker's foot. He was at a well run facility with multiple well trained individuals helping to provide his intensive care. A few new horses had been rescued from slaughter. The usual procedure is to isolate them from the main barn and keep them at a satellite facility for quarantine. Unfortunately this could not be done as one of the new horses had a large 4 inch framing nail imbedded in her foot. She needed care at the main barn.

While she not only survived but returned to almost full soundness, she did bring a respiratory infection that spread throughout the barn. A respiratory panel was performed and it was determined to be equine influenza. Most of the horses at the facility got snotty noses and a cough but otherwise recovered uneventfully. Gamble

was not as lucky. His case of the flu took a turn for the worse as he had uncontrolled fevers and secondary bacterial infection leading to pleural pneumonia and colitis. I placed an IV catheter and set up fluids for him.

His caretakers were instructed on medication administration and proper monitoring. While referral was offered, it was not a financially feasible option for his owner. Gamble would have to remain at the farm for treatment. After multiple days of round the clock care, he started showing dramatic improvement. His lungs cleared and his diarrhea resolved. As a show of his appreciation for the care he had received, Gamble stepped on one of his caretaker's foot. Massive bruising and a fracture now had his caretaker laid up for the next few weeks.

Working with animals has many joys. It also has risks and annoyances. When you notice that your vet has a few bruises, it probably isn't that he or she has been going out to the bar and fighting with the other drunks. The bruises are probably from that horse who wouldn't listen when the vet was shouting "Get off my foot!"

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THE MASTER GARDENER

Plan bee—native pollinators

Cathy Olson
Penn State Master Gardener
of Adams County
Julia Cubit
Frederick County Master
Gardener

It has been calculated that one of every three or four mouthfuls of food that we eat and beverages we drink is dependent on pollination by animals. That includes crops such as most legumes, vegetables, fruits, nuts, berries, herbs & spices, oils, seeds and grains.

That's why we all need to be alarmed by the decrease in native pollinators. Human activities are the biggest reason for this decline, especially habitat loss and pesticides.

Pollination is a part of life that has evolved over eons to benefit both flowering plants and pollinators. When pollinators visit flowers, pollen rubs or drops onto their bodies. The pollen then is transferred to another flower or a different part of the same flower. This process is a vital stage in the life cycle of all flowering plants and is necessary to start seed and fruit production in flowers.

Some plants rely on wind to transfer pollen, but 90% of all plant species need the help of animals. There are more than 200,000 species of animals around the world that act as pollinators. A small number of these are vertebrates, such as birds, bats and small mammals. The vast majority of them are invertebrates, including bees, beetles, butterflies, moths and flies.

We need to become more aware of the value of native pollinators



When native bee hives get too crowded, they will spit, with half forming a 'swarm' on a nearby tree while 'scouts' seek out a suitable location for a more permanent home.

and create habits to attract them to our yards. Native pollinators are adapted to local climate conditions and soils and thus require less maintenance.

In the United States, honeybees and thousands of species of native bees are responsible for pollinating crops. The great majority of native bees are solitary nesting bees. Bees visit flowers to get pollen and/or nectar, which they use to feed themselves and their offspring. Solitary bees nest in a variety of places including dead trees, dirt mounds and termite holes.

Many of you have heard of Colony Collapse Disorder, the condition that was found in the early

spring of 2007. Thousands of honeybee hives that seemed healthy in 2006 were found empty or full of dead bees after the winter. This is a problem, mostly for commercial bee-keepers who truck their thousands of hives from Texas to New Mexico, Nevada, California, Oregon and Idaho following successive crops that need the help of bees for pollination. Colony Collapse Disorder is still not fully understood, but some theories include bee exhaustion from the stress of traveling far distances and poor diet from gathering pollen and nectar from only one plant crop at a time, rather than getting nutrients from a wide variety of plants every day.

Honeybees have long gotten most of the credit for pollinating in your vegetable garden, but native bees have always been important for pollinating tomatoes, eggplant, melons, zucchini, winter squash, strawberries, raspber-

ries and blueberries. Honeybees are not native to the United States, arriving in the 1600's with English and Dutch settlers, and later with Spanish priests in Mexico and the Southwest. Farmers love honeybees because they live in hives which are easily portable, and contain thousands of eager workers. Native bees are the under-appreciated local talent.

There are various ways to attract native pollinators wherever you live:

- Offer a flower buffet. Planting a variety of flower types and colors attracts and supports the biggest variety of native pollinators. Include native wildflowers. Go to a local garden center where many flowers are in bloom. Buy the plants that have the most bees on them.
- Concentrate on perennials. Many annuals are hybrids, bred for show, not for nectar and pollen.
- Plan a continuous, three-season bloom. Different bees have different life cycles and need food at different times of the year.
- Plant large clumps of each flower type. One here and one there does not attract bees well.
- Add water if you don't have a natural source in your yard. A bird bath or drip irrigation hose provides clean water for bees.
- Leave bare ground. Most native bees live alone in the ground and need to dig their own nest tunnel. Plastic weed barriers and heavy mulch are habitat destroyers for them.

The demise of the population of the honeybee is awakening an interest in and an appreciation of other pollinators that are native to this continent. Most gardeners are familiar with a few of the plant pol-

linators such as butterflies, hummingbirds and bumblebees. Yet there are thousands of other largely unrecognized creatures that pollinate. Among the insects are included many types of flies, beetles, wasps, and native bees.

If you spend much time outdoors, you are probably familiar with bumblebees, carpenter bees and sweat bees. Yet there are about 4,000 species of bees native to North America, and more than 400 of these are found in Maryland and PA. They vary in size from a couple of centimeters to around an inch. The smallest of these bees are rarely noticed since they frequently forage for pollen and nectar on the many smaller flowering plants found growing just about everywhere - including in many lawns.

Community Bees and Lone Nesters

Among the native bees found in this area, only a few aggressively sting and these are the bees that form social communities such as the bumblebees. The rest are non-aggressive loners who reproduce in nests they construct in holes found in the ground, and in holes found in trees and in other structures. Among those that do have the capability to sting when threatened, frequently it is the female of the species who has that ability - many male native bees have no stinger.

Generalists and Specialists

Most pollinators can be divided into two categories by flower preference - generalists and specialists. Pollinators that are generalists, such as the bumblebee, will visit any flower in search of pollen and nectar; while specialists have a preference for a specific type of flower. The orchard mason bee (a shiny, dark blue bee slightly smaller than the honeybee), which pollinates flowers of fruit trees, is an example of a specialist.

Supporting a Healthy Population of Native Bees

Since many native bees nest in abandoned holes in the ground or in trees, making these habitats available will help to encourage an increase in bee populations. Sparsely vegetated patches under trees and along the sides of walkways, roads and fences will attract ground nesters.

Frequently old logs and tree stumps contain abandoned insect holes which will attract bees that nest above the ground.

Another way to provide nesting sites for wood nesting bees is to hang a nesting board. These can be as simple to make as drilling ¼" to ½" holes about 3" deep into an untreated piece of wood such as a section of a "4 x 4". The type of bee this nesting board attracts is determined by the diameter of the hole. For example,

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THE MASTER GARDENER

The Small Town Gardener Sweet summer

Marianne Wilburn

July has come. Heralded by the brilliance of fireworks in darkened skies, this month symbolizes summer in the hearts of most Americans. Carnivals abound, the pool is fully open, and children can rest secure in the knowledge that, this year at least, school cannot touch this precious month of sunbats, fireflies and freedom.

We have reached an understanding with our gardens now. We have wrestled with seeds, watered precious seedlings until they could stand on their own two roots, weeded tomato beds regularly and not so regularly, all in trade for the summer harvest that begins this month. Many of us have already harvested lettuces, snap peas, spinach and strawberries; yet they were kind to us, giving only what we could manage, and maybe a little more for family and friends. Not so with the summer vegetables. Soon our tables will run red with the juice of a thousand tomatoes. Our forays to the vegetable bed on late summer evenings will be tinged with a due sense of trepidation and dread as we uncover yet another twenty pound cucumber. When decent people should be in bed tucked up with a good novel, we will arrive on the doorsteps of friends with paper bags overflowing and desperately try to convince them that they would love to eat kale, if only they would try it sautéed with garlic.

This is the month that we start to see our gardens in a different light. Literally. At full zenith, the sun's rays burn hot against foliage and flower and wash the color from the last of spring's bounty. Roses are paling, lavender is waning and all are being systematically replaced with the warriors of the summer garden, daisies, rudbeckia, zinnia, echinacea. They hold their own on sturdy stems, yet still it is better to visit them during early summer mornings or late evenings, when light casts shadows and colors are deeper.

We may begin to see the effects of post-spring nutrient depletion in the soil. Foliage takes on a yellowish tinge, and stalks and stems do not take up available moisture with the enthusiasm of prior months. It is a time of regrouping, of evaluation. Time to side-dress beds with compost or rotted manure, perhaps time even for a balanced foliar spray. These are the days to examine your squash for signs of borer and for the neat military groupings of squash bug eggs on the

undersides of leaves. Time to look for the camouflaged presence of tomato horn worms and cabbage loopers by searching for their characteristically huge droppings – and then decide whether you have the grit to squish them between your fingers this year, or will instead throw them in some soapy water whilst averting your eyes.

It is July when we start to see the cracks in our watering systems; i.e. we don't have a system and we need one. Perhaps this is the year to take some real steps toward putting in those rain barrels you have always thought about but never made. Attached to a hose and used in a gravity feed system, you will be surprised at how quickly they fill up and how easy they are to use.

I am in the garden less now, holding fast to the rule that one hour in the morning is worth four in the afternoon. Picking vegetables, fruit and flowers must be done during these early hours to preserve quality and freshness (although the same cannot be said for my own personal appearance after picking black raspberries on a Saturday morning). Unless you are a commercial gardener, it is better to ignore your garden during the hot hours of 11-5 than to start likening your gardening time to penal colony servitude. Come July, there is a ironic tendency in most gardeners to start fantasizing about autumn and next spring as the demands of watering, weeding and harvesting take on new meaning under a hot sun. Next year's hypothetical garden will always be superior to this year's tangible garden, however bountiful. Stop dreaming. July will come to that garden just as certainly as it has arrived here.

So, put down the paper, turn off the TV, grab a glass of ice tea and seize a few precious moments after the demands of the day to visit your garden. Marvel at the zucchini taking over the peppers, discover the first ripening blush of your early tomatoes, notice how the cosmos has brightened a forgotten corner. When light is waning and children chase fireflies, just enjoy your creation. However small, however large, however weedy, however overwhelming; the garden is growing...and this is the essence of sweet summer itself.

To read more gardening articles visit the gardening section of emmitsburg.net.

the orchard mason bees will use a board with 1/2" holes. Secure the board to the south side of a tree or building where it will get sun. One bee enthusiast drilled holes in the porch columns of his home. This is not recommended if other occupants of your abode do not share your ardor for native bees.

Avoid using pesticides. Learn about the interactions among insects, and between insects and animals. There are many insects that are beneficial to have in the garden. Wasps, ladybird beetles, assassin bugs, ground beetles, and centipedes are predators that help keep populations of destructive insects in check. Spraying will destroy this natural balance.

Whatever is written in the final chapter on the honeybee in North America - whether the species survives the present threats to its population, or falls victim - one positive outcome will be that more people will have been made

aware of the fragility and complexity of the cycle that produces food for the world. Each of us can have an impact on this cycle by how we manage our environment. From flower to food, the cycle depends on the many pollinators - bees, flies, butterflies, beetles, bats, and birds. The survival of these creatures, to a large degree, depends on how well we are aware of their relationship to the environment, and how we work to encourage and support their presence.

Websites

An excellent source of information about native pollinators can be found at www.pollinator.org. Detailed guides are available for regions throughout North America. Maryland is included in the brochure covering the Eastern Broadleaf Forest, Oceanic Province. This brochure also provides a list of native plants for each region.

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CIVIL WAR HISTORY

Democrats who opposed the Civil War

John A. Miller
Emmitsburg Historical Society
Civil War Historian

For years, I have heard stories about a group of people who lived along the Mason Dixon Line in Pennsylvania that were opposed to the Civil War. This topic is a forgotten aspect that played a major role in politics in several Maryland and Pennsylvania towns in this region. Maryland is known as a border state and it is common knowledge that the state was split in their loyalties. However, did you know that some Pennsylvania communities were just the same? There were several men who took up arms for the Confederacy from Pennsylvania. Some sources state that almost 2,000 men fought in the Confederate army. As the Civil War progressed, many Pennsylvania Democrats were divided, and as a result their party became divided as well. Some men supported the war while others did not; those that did not support the war became known as a Copperhead.

In 1862, once it became known that the Civil War would give way to freedom for African Americans, a race war was inevitable. On September 22, 1862, President Abraham Lincoln announced a formal

emancipation of all slaves within the Confederate States that did not return to Union control by January 1, 1863. Many white citizens as well as immigrants in Pennsylvania feared that their employer would replace them with the freed African Americans, paying them at a lower pay rate. The war was unpopular, and as a result many people rose up against the drafts. Most citizens just wanted peace with the southern states. They felt that a war wasn't worth the lives that would be expended and they did not want new laws being enforced to pay for the war debt. By the Spring of 1863, many Franklin County, Pennsylvania papers gave birth to the Anti-war men known as the Copperheads.

Most Civil War buffs have heard the term "Copperhead," but do they really understand who these men were? Looking up the definition of a Copperhead during the time of the American Civil War, the term was dubbed as a vocal group of Democrats in the Northern United States who opposed the Civil War, wanting an immediate peace settlement with the Confederate States of America. Copperheads were sometimes identified by a copper cent with the Goddess

of Liberty cut out and displayed as a badge upon their coat lapel.

Most of the newspaper accounts cited in this article are from Franklin County, Pennsylvania, which borders Northern Maryland cities such as Hagerstown, and within 15 miles of Emmitsburg. Even though these sources are directly related to Pennsylvania, the same sentiments were expressed in the bordering Maryland towns.

The term Copperhead was first reported in Waynesboro in the Waynesboro Village Record on March 13, 1863. The Waynesboro Village Record ran an article comparing the 1863 Copperhead to that of the 1814 Copperhead. "Comparing them to the Federalists who convened the infamous Hartford Convention, the article declares that copperheadism of today is the offshoot of copperheadism of 1812-14." But, it adds, "Just as the Federalists were dealt a stunning blow as a consequence of their actions following the U. S. victory over the British, a similar result will befall the latest generation, which will be visited with the scorn and damnation of not only all American freemen, but by the lovers of freedom throughout the world as well."

Another story from March 13th was reported about the distribution of a pamphlet that was reported as a "Treasonable Document." This article read: "It is reported that several local, prominent copperheads are involved in a scheme to distribute pamphlets containing a speech recently delivered by 'the Ohio traitor, Vallandigham.'" Despite the fact that Vallandigham was threatened with violence in his own state for his pro-southern views, the piece sardonically notes, for some reason, parties in Franklin County applaud the villain and seek to give him notoriety by disseminating his treasonable documents among the people."

In March of 1863, the Copperheads were victorious during the township elections. The Valley Spirit on March 25th, 1863



reported that "During the Spring elections Franklin county is now largely Democratic beyond the peradventure of a doubt. It is an old saying, that the first thunder of the season awakes the snakes, and it must have been the late storm that stirred out the 'copperheads' on Friday last. For out they came, though the day was scarcely warm enough for them, and like the Serpent that Aaron cast down before Pharaoh, they very quietly went to work and devoured all the little poisonous snakes that were hissing out their venom around them. Stand firm, Democrats, be moderate, patient, long-suffering, stick together, and the story of Aaron's big snake won't be a circumstance to the way the 'black-snakes' and 'blowers' will disappear before next fall."

In another article entitled "Union or Loyal League" excerpts from the article reveal "They'll keep the damned copperheads in their places, so this is the object of the organization, is it? They alone are to decide who are 'copperheads,' and 'copperheads' are to be 'kept in their places' that is, in other words, to be prevented from expressing their opinions by voice or through the ballot box. Well, let the issue come; the sooner it is met the better. Such is the movement now being inaugurated in Pennsylvania."

On March 27th, 1863, the Copperheads made the Waynesboro Village Record. It was reported that on two occasions rebel sympathizers met on the streets after dark and celebrated to honor Jef-

erson Davis, Stonewall Jackson, and the Southern Cause, however the Copperheads were growing bolder. Another article in the paper stated that the Copperheads did not speak out against the use of African Americans in the Confederate army where blacks and whites would fight/work side by side even though they were opposed to African American men enlisting in segregated regiments of the Union army.

On April 1st, 1863, the Valley Spirit reported that the Democratic majority outweighed the Republicans in victories across the Commonwealth. However, when it came to the Democratic Copperhead and the radical Republican known as a Blacksnake, it was stated that a "copperhead is fearless, independent, and brave, while black snakes are cowardly, hissing, and thieving."

Soon politics in the local papers began a political war with words. On April 3rd, 1863, the Waynesboro Village Record reported: "The focus of the piece is on the newspaper's claim to political impartiality, which, they admit, has been called into question lately by local copperheads. It is a high crime in their estimation for a paper neutral in politics to denounce traitors of the Vallandigham stripe North, and thus advocate the cause of the Union and true democracy. They call this partiality, abuse of the democratic party, etc. It will be impossible for us to contend with present prices successfully, with the lying 'copperheads' resorting to every means in their power."

As the war with words stormed throughout the papers, the Waynesboro Village Record on April 14, 1863 reported that "The editors denounce the mounting criticism of Union Leagues made by copperhead newspapers, which contend that the organization is extremely partisan. Copperhead papers everywhere (says the Hanover Spectator) are making bitter and malignant attacks upon the Union Leagues and charge among other things that they are secret oath bound associations intended to suppress public sentiment by the sword and bayonet."

Part 2 next month

To learn more about the Civil War in our area, visit the Historical Society section of Emmitsburg.net.

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VETERAN'S PROFILE

My military experience

Paul T. Nicholls

Part 1

April 1, 1969 I had just returned from a trip that I almost made to Kansas City, Mo. to find a letter from the Selective Service. I told my mother it probably was a notice for my draft status physical or maybe it was just an April fools Day joke ha ha! To my surprise it was actually an induction notice. It seemed that my mother had forgotten to let me know that I had received 2 other notices prior to this one. I told her I would just go down for the physical and be home that afternoon.

Well, I was wrong. On my arrival at Fort Hollibird in Baltimore I was immediately inducted in to the US Army as an infantryman. After the physical exam I was also given a battery of knowledge test; I was told that I had gotten some good marks and was given the option to go in to some other career positions other than the infantry, but there was a catch. I would have to extend my enlistment from a two year to a three year enlistment tour to get the MOS that I wanted, which was Army Aviation School. So after about 3 seconds I decided to enlist for flying instead of a ground pounder.



I was then put on a bus with about forty other recruits and shipped off to Fort Dix New Jersey. I remember when we arrived at the Fort a loud mouth Corporal jumped on the bus and ordered us off in a loud demeaning voice and instructed us to line up on the side of the bus as quickly as we could.

There we were greeted by our drill sergeant Staff Sergeant Anderson, who promptly told us he was not going to be our mommy, daddy, sister, or brother and he surely was not going to be our girlfriend because we weren't going to screw him! And he informed us that he didn't like playing. He said he took the radio out of his car because it played. I guess we were all a little intimidated at that point.

We then headed over to a build-

ing where we were given our new uniforms and underwear, socks, shoes and a duffel bag to put it all in. This all happened before five AM. And we were not allowed to walk anywhere; we had to run wherever we went and if we didn't we would be ordered to get down and give twenty, push-ups that is.

We also had to go to another building where we were given a series of shots, for what I don't know! After all of that we were finally told we were going to the mess hall for some chow. The mess hall was located about a quarter mile across a large field so we had to run the whole way and when we got there we had to enter the hall by way of a horizontal ladder about thirty feet long. When we got inside we were told we had ten minutes to get in eat and get out. And the day had not even started yet!

Needless to say the next 8 weeks seemed like a living hell. A few things stick out in my mind; one was a 5 mile march out to the rifle range. After marching thru the endless sand trails to the range it began to rain we all were loaded down with about 80 lbs of gear and we had our ponchos in our packs but the drill sergeant would not let us stop to get our rain gear out.

After another mile or so he told us to stop. We thought he was going to let us finally get our ponchos. But no! He told us to get down and roll around in the sand for a good coating till we looked like a pork loin covered with salt. Then he told us to get our ponchos out and put them on. Well when we arrived at the range the temperature had dropped to 40 degrees and the sweat we had worked up made us start to go into hyperthermia, or that's what it felt like anyway. Then we had to try to hit the targets down range while shivering like wet dogs. But as they say in the army, good training!

Well after the 8 weeks of basic training I got to go home for 1 week before being shipped off again. This time it was to Fort Rucker, Alabama, the US Army Aviation School where I was going to be trained to be a UH-1 helicopter mechanic. It was an 11 week school of learning the ins and outs of the UH-1 Huey aircraft, which we came to know later as a Slick!

After becoming accustomed to the 95 to 100 degree days filled with marching to and from the class rooms which were only about a mile and a half from our barracks?

It seems I did very well in the school for I graduated top of my class and was awarded the rank of Specialist 4 for doing so. I then received my new orders which ordered me to report to the Republic of Vietnam after a 2 week leave. But I had to report to the base hospital for a series of new shots to protect me from the many bugs and diseases I might encounter in my new home away from home.

After my long awaited 2 week leave my orders directed me to fly to Fort Lewis, Washington. I arrived there after a stop over in Frisco. Then I was assigned to a replacement company in Fort Lewis where it seemed to rain every day of the five or six days I was there. I then received my new orders to proceed to Vietnam via Fairbanks, Alaska. After arriving at Fairbanks we loaded onto a Flying Tigers Airways plane, if I remember correctly, it was a DC-10, for the 18 hour flight to Cam-Rauh Bay, Vietnam.

I then was temporally assigned to another replacement company. I was held there for 3-4 days. All I really remember about that was the horrible sleeping conditions. We were given bunk beds with no bedding on them just a layer of sand to sleep on! Finally, I received my final assignment orders and was loaded on a C1-30 aircraft for the flight to Qui-Nhon airbase.

Part 2 next month



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HISTORY

The Wetzel-Munshouer murder

Shocking murder near Emmitsburg

Michael Hillman
Emmitsburg Historical Society

“For the first time in the memory of man, together with the farthest extended traditions, a foul and dastardly murder has been committed in our community.”

With this headline, the Emmitsburg Chronicle drew open the curtain on a murder mystery that would capture the attention and energy of almost every Emmitsburg area resident for years to come.

The story, like so many others, began many years before the actual murder. The chief protagonist, Felix Munshouer, was the youngest of a hard-working farm family. Five feet eight inches in height and weighing 210 pounds, Felix was imposing in appearance. Yet his structure tended toward corpulence and, to those that knew him, he was wanting in any indication of intellectual capacity.

Around 1875, unwilling to accept the life of a farmer, Felix headed west to seek his fortune. His search however proved illusionary and, in March of 1879 following the death of his father, Felix returned to Emmitsburg to claim his share of the proceeds from the sale of the family farm.

Flush with over \$1700 in ready cash, Felix set about trying to buy a reputation as a gentleman of means—a reputation that he had long desired, but for which he was unwilling to work. Felix quickly took up residence in the Emmit House, purchased a fine horse and buggy, and became a standing member at many of the meeting and drinking houses that populated Emmitsburg at the time.

However, without income, Felix's fast placed life soon rid him of the entire patrimony that the industry of his parents had secured for him. It was said that Felix's last dollar was squandered on a horse race, and soon, the wanna-be gentleman found himself deeply in debt, reduced to sleeping in barns and at the mercy and beneficence of others for his substance.

Prelude to murder

As his debts increased, and with no hope of a reprieve on the horizon, Felix began to look to the sinister side of life for relief. He did not have to look far. Felix's cousin, James Wetzel, was a hard-working, industrious farm hand. Forty-one and single, he had resided, up until recently, with his mother and sister in the tenant house of Elijah Close.

Upon the marriage of his sister to John Knode, Wetzel sold his household belongings and moved in with the new couple at the old Morrison farm, near Tom's Creek

Methodist Church. Wetzel had a profound distrust of banks and, as such, was known for carrying his life savings on him, an easy prey for a desperate man.

In mid July, Felix, who had taken up part-time residence with William Rentzel, a part-time boot smith, had begun to lay his trap. At every opportunity, Felix sought out Wetzel's company. Since he and his cousin had never really been close, the business of convincing his cousin to part with his hard earned cash took some time.

As the association between the cousins solidified, Felix began to focus more and more on his timetable and the benefits of his planned actions. He even went so far as to haphazardly comment to _____ Grimes, that by early August, he would be back in the money again.

Over the ensuing weeks, Felix bombarded Wetzel with illusionary tales of “get rich” schemes. One that seemed to strike a chord with Wetzel, who imbibed more than he should, was the scheme to sell illegal alcohol. The trap was now ready to be sprung, but, like a novice hunter, Felix left a trail leading directly back to him.

On August 2, Felix borrowed a 12 gage-shotgun from Daniel Lawrence, telling Lawrence that he was going hunting and would return the gun in a few days with all the money he owed him. The following day, Felix crossed paths with Thomas Shorb. While walking through Stansbury's woods, Felix shot a squirrel. As he loaded the barrel with new pellets, he noted to Shorb that he only used the right barrel because it had more power and that he had yet to



The Emmit House as it appeared in the late 1860s.

fire the left, which still had some old shot in it.

On Monday, August 4, Felix met with Wetzel at John Knode's house and, with Knode listening with profound disgust, discussed the final plans for their intended business. The two agreed to meet early the next morning near the old bridge over Tom's Creek (just upstream of the present Tom's Creek bridge) and walked into town to meet a prospective supplier.

Monday evening it rained, the first rain the area had received in weeks and, as such, most of the rain ran off of the hard clay soil.

Murder!

Tuesday, August 5, 1879, began like any other late summer day in Emmitsburg. Many were up early to beat the oppressive summer heat. At 6:00 a.m., Wetzel

left home and headed toward Rentzel's. On the way, he stopped in at Thomas Haugh's blacksmith shop. After a short chat, Wetzel was once again on the road and his rendezvous with history.

The two met as planned around 6:45 a.m. at the recently washed old wooden bridge over Tom's Creek and headed toward Emmitsburg. The two walked silently down the old Poolsville Road (now Keysville), with Wetzel in the lead, and Felix a few steps behind, carrying the shotgun, which he supposedly intended to return to Lawrence while in town.

Fifteen minutes later, they passed William Koontz, who was headed in the opposite direction, toward the Munshouer farm, now the residence of Felix's brother Jim. After the customary exchange of pleasantries, the pair resumed their march. Sensing something

wrong, Koontz turned around to take another look at the two, only to discover the two had left the road.

And left the road they had. Intending to meet their supplier in a secluded location, the two had turned north and headed into “Myer's Woods.” Unaware that he was being led into a trap, Wetzel led Felix into the woods and down a gully to the intended meeting point.

We'll never know whether Wetzel ever realized what was going to happen. At approximately 8:00 a.m., just as the pair stepped foot into the gully, Felix placed the end of the shotgun just below and to the back of Wetzel's left ear and pulled both triggers. The right side of Wetzel head disappeared in a spray of bone and blood.

The blast echoed through the

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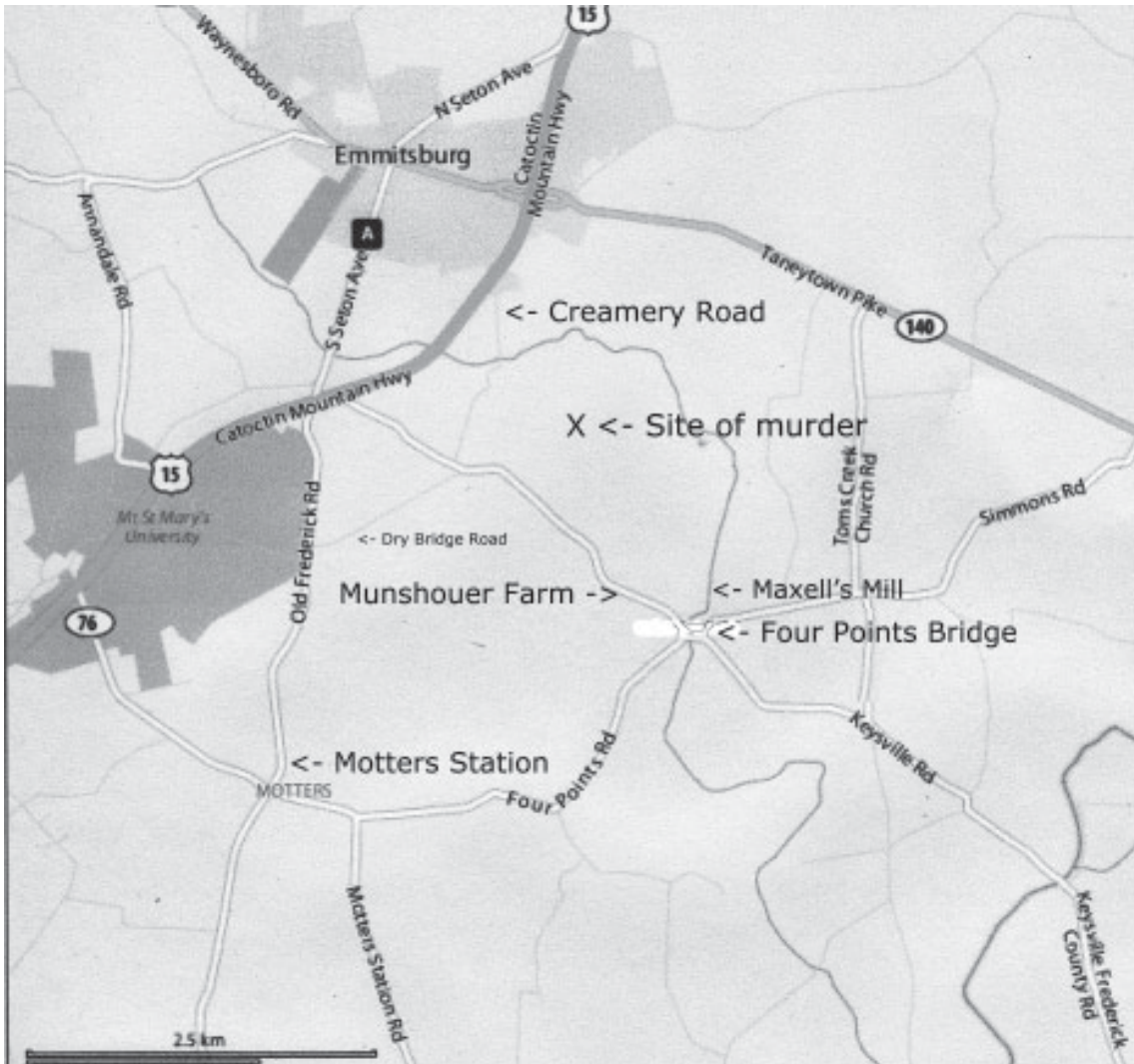
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HISTORY



Map depicting locations involved in the murder of James Wetzel by Felix Munshouer

valley and was noted by many. William Koontz, who had just returned for his errand to Jim Munshouer, noted to his son that the shot seemed to be just over the hill, in Myer's Woods.

Acting quickly, Felix rifled Wetzel's now limp body and retrieved the goal of his act, Wetzel's calf-skinned purse, which by all accounts contained only \$52.

Felix quickly covered Wetzel's body with leaves and, sure that the body was hidden well, retraced his steps back through the woods. He no sooner left the woods when he was spied by Charles Troxel, who was returning from his morning butchering run to Maxell's Mill, located near Tom's Creek Bridge.

Unaware that his departure had been noted, Felix returned to the road and, from there, continued to Rentzel's. A short while later,

Rentzel too returned from the errands he had been on and inquired about Wetzel and the business deal. Felix said that he had met Wetzel at the head of Rentzel's lot and had parted company with him there after "Wetzel had decided not to get a license to sell the alcohol." Felix told Rentzel that he told Wetzel that he "thought that would cause them more trouble than it was worth" and broke off the deal and returned home. According to Felix, "Wetzel had headed to Emmitsburg where he had some business to do."

Shortly thereafter, Felix left and headed to Motter's Station to buy a bottle of alcohol. Once across Tom's Creek, Felix followed the path of the present day Four Points Road, pressing forward with strong sense of purpose. Once out of eyesight, Felix crept off into Oliver Morrison's woods and, under the

safety of an old tree, sat down to inspect the scope of his ill-gotten gains.

The contents of Rentzel's calf-skin purse were quickly sorted and most of its contents stuffed into a hole under the tree. While Felix sat reviewing his take, he was unaware that he was under the watchful eye of Isaac Bower, one of Oliver Morrison's farm hands. When he had finished stashing the last of the papers under a tree, Felix resumed his trek toward Motter's Station, though at a more leisurely pace.

As if to show him that fate intended to curse him for his actions, Felix had no sooner left the woods than he crossed paths with Oliver Morrison's neighbor, William Motter. Motter inquired about Felix's presence in his neighbor's woods, to which Felix replied that he had been out hunting. Motter looked Felix up and down and commented that he looked like he had been up to more than hunting. Felix, who by now was getting a little nervous, could only think to curse at Motter and turning away, continued toward Motter's Station.

Proceeding directly to the station's bar, Felix requested a bottle of whiskey. However, owing to the fact that he was already deep-

ly in debt to the bar, his request was refused. To the bartender's surprise, Felix laid a new \$20 bill on the counter as down payment on his debt, and a bright new green bottle of whiskey was soon in Felix's possession.

That evening, Felix stayed at Rentzel's house in a room by himself. If he had any remorse for his actions, he never openly showed it. Early the next morning, Felix gave Rentzel a crisp new \$10 bill and asked Rentzel to return the shotgun and to buy him some new underclothes. "Don't tell anyone where you got the money from," directed Felix, "If they ask, don't answer." That evening, Felix asked Rentzel to replace the heels on his worn boots. On Thursday, Felix went to town and bought a new suit, paying \$10.32 cash.

The disappearance noticed

Wetzel's failure to return home Tuesday night did not go unnoticed by his sister and brother-in-law. On Wednesday, John Knode stopped in at the Rentzel's and inquired of Felix about the whereabouts of Wetzel. Felix informed Knode that he had left Wetzel at the Moser's gate (which led to Moser's woods), and that Wetzel was heading toward Tom Shorb's house, a direction that would carry any would-be searcher directly away from the location of Wetzel's body.

On Wednesday, night Felix once again stayed alone in a downstairs room at Rentzel's.

By Thursday, the mysterious disappearance of James Wetzel had become the topic of everyone's conversation and whispers of "Murder!" soon permeated the valley. All the while, Felix acted as if nothing was amiss. Flush with cash, he reappeared in all his old haunts, spending his ill-gotten gains as quickly as he had his parent's inheritance. When asked about the source of his newfound wealth, Felix credited it to a lucky horse wager and redirected the conversation by purchasing a drink for the questioner. That night it rained for the second time.

By Friday, John Knode had convinced many of the neighbors to help him search for Wetzel. A local sheriff, who had heard of the disappearance, added his skills to the search. At Knode's request, Felix was questioned a second time about Wetzel's disappearance.

With the woods now crawling with searchers, Felix began to feel

uneasy about the unfinished business of burying Wetzel. On Friday night, armed with a pick axe stolen from Rentzel and a shovel stolen from his brother's farm, Felix made his way to the site of the crime. Under the bright light of the full moon Felix silently went about the dirty work of burying the now decaying body of his victim.

Swings of the pick ax into the yellow clay soil were intermixed with swigs from the green whiskey bottle. The bottle emptied before the digging and, in disgust, Felix threw it against a nearby tree, upon which it shattered.

Once the grave was wide enough for Wetzel's body, Felix dragged it over to the shallow grave and covered it. Once the body was covered, leaves were strewn over the area to hide the newly turned ground. Finally finished, Felix turned toward home, minus the spade and pick ax.

On Saturday, the search parties expanded their search to include the route Felix had taken to Motter's Station. Felix, now weary that Knode was on to him, soon began to cast about for a plausible reason to blame Knode for Wetzel's disappearance. Aware that everyone already knew that Knode had previously killed a man, Felix took aim at his key antagonist. "Why should I take the blame for Wetzel's death," Felix's told William Mort, "Knode knew about Jim's and my plans, and could have easily been in wait and off'd Jim after I left."

In spite of his pleas of innocence, the mood of the valley continued to swing against Felix and, on Sunday, at the request of friends of Knode, Felix was arrested for the murder of Wetzel.

During questioning by the sheriff, Felix, with flushed face and quivering lips, acknowledged that he had been with Wetzel that day, but insisted, as before, that they had parted company near the woods and that, from there, Wetzel had headed off to Tom Shorb's house. Unfortunately, Felix had forgotten that the day prior to the murder, he had met Tom Shorb as the latter was headed out of town on business. Felix was unable to explain why he had not told Wetzel this and saved him the trip.

The sheriff, in spite of his deep suspicion, had no grounds to hold Felix without a body. Felix's release on the grounds that there was no body, caused the number, as well as the effort, of the searchers to magnify exponentially.

Monday proved to be a tense day in the valley. Felix used every opportunity to spread his story that Knode was behind Wetzel's disappearance. He valiantly used the fact the he was Wetzel's cousin to garner sympathy for his case. But the searches continued unabated.

Part 2 next month

To learn more about the history of Emmitsburg visit the Historical Society section of emmitsburg.net.

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COLD WAR WARRIORS

The end of the Soviet Union

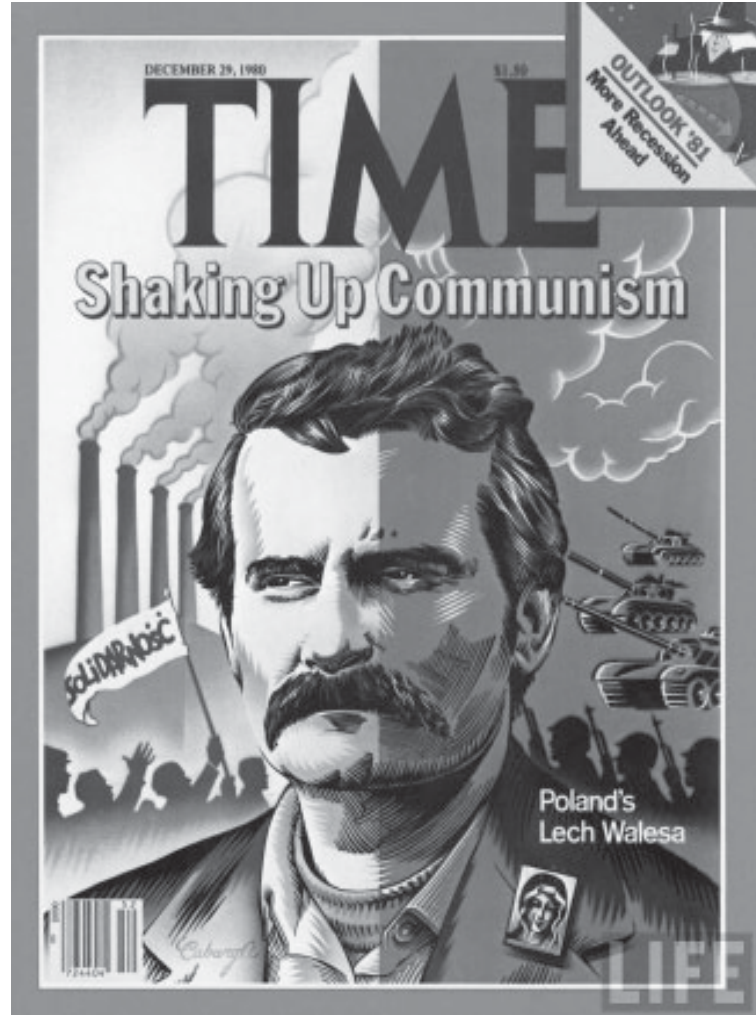
Commander John Murphy,
USN. Ret

To most Cold Warriors, the 1980s seemed pretty much like the 1970s. It was simply the fourth decade of the Cold War. The Soviets seemed just as feisty and dangerous as ever as the decade began. The 60s had given us the Cuban Missile Crisis, Prague Spring and the chaotic events of 1968 (Kennedy and Martin Luther King assassinations, U.S. civil unrest, Tet Offensive, Pueblo seizure etc.). Leonid Brezhnev had replaced Nikita Khrushchev as the leader of the Soviet Union. The 70s were interesting, but not as chaotic as the 60s. During this decade there was a Four Power Agreement on Berlin, President Nixon visited China, the SALT I & II treaties (Strategic Arms Limitation) were being negotiated, the Vietnam War had ended, there was an Iranian Revolution, and the Soviets invaded Afghanistan.

The 80s began with the "Miracle on Ice" (the U.S. Olympic Hockey Team defeated a supposedly invincible Soviet Union); the KGB had bugged the new U.S. Embassy in Moscow; the U.S. boycotted the Moscow Summer Olympics and unprecedented (for a Communist nation) labor strikes occurred at the Gdansk, Poland shipyards. Then it started to get more interesting. In '81 Ronald Reagan was elected as the 40th American President on a platform of opposing détente with the Soviet Union. Leonid Brezhnev died in '82 and he was replaced by two caretaker leaders – Yuriy Andropov (died in '84) and Konstantin Chernenko (died in '85).

By this time you practically needed a scorecard to keep track of who was in charge in the Kremlin. I was working for CIA as a contract, Russian linguist – helping interview a flood of Soviet Jews that had unexpectedly been allowed to emigrate to the west. Also, I had set up a Russian Studies Center at Booz-Allen & Hamilton Inc. where we were analyzing the news from Moscow's "Vremya" News channel (Soviet television coming to us live via the Soviet Gorizont satellites).

Then in 83 I was asked to go aboard the USS Sumter (LST 1181) that was going on a reconnaissance mission in the Barents



Sea ... near Murmansk. They needed a vernacular, Russian linguist aboard - just in case there were any incidents where the ship's Captain had to talk with Soviet authorities. I jumped at the chance. This area was still strategically important in the '80s. An area where the Soviets were still testing their latest ships, submarines and missiles. It also was an area where the Soviets had run a series of major naval exercises that were designed to impress us with their ability to send their forces to sea – away from their bases – undetected.

They caught us by surprise in 1970 with Exercise Okean 70 (Ocean '70) when they deployed a large number of land, sea and air forces worldwide – undetected. This was the Chief of the Soviet Navy, Admiral Sergey Gorshkov's way of saying, "See – we are a global Navy. We will meet you anywhere!" This was "payback" for the humiliation suffered at sea during the Cuban Missile crisis. They ran a similar exercise – Okean '75 in 1975. Not as big, but still impressive. We got the message.

In 1980 we were there waiting for them – so they did not come

out. That is why I really wanted to make the 1983 trip to the Barents Sea. To get a closer look at this still, formidable opponent. It was well worth it. I got a definite feel for the daily life in the home base area of the Soviet Northern Fleet. They ob-

viously did not want us there. We were getting a good look at some of their latest weaponry and tactics. When they would fire a missile or torpedo – our on board SEAL teams would deploy in their special rubber, Zodiac' boats to try and

grab any weapon before the Soviets could.

I was on constant call to go to the bridge area – in case the Captain wanted to exchange pleasantries with Soviet authorities or the ever-present KGB patrol craft



Mikhail Gorbachev and Ronald Reagan signing the Intermediate-Range Nuclear Forces Treaty in 1987

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COLD WAR WARRIORS



The author and his Sony radio in the North Sea.

that was assigned to us 24/7. The Cold War seemed very hot to me in 1983. Especially when I listened to the daily noontime radio broadcasts from Radio Moscow or Murmansk's 'Radio Mayak' (beacon) on my trusty Sony AM/FM radio.

This was also a time when the U.S. was about to introduce its new Pershing IRBM (Intermediate range) ballistic missiles in Germany. The Soviets made it clear that they felt threatened by these missiles. It did not matter that we were putting them in there in response to the new Soviet SS-20 missiles that had just been put into East Germany and Czechoslovakia. Tit for tat? The Cold War was still hot.

But, in 1985 – things began to change. A Moscow State University (MGU) law school graduate had taken over as Tovarishch in Chief of the Evil Empire. His name? Mikhail Sergeevich Gorshkov. Moscow State was the alma mater for the best and the brightest of the Soviet Union.

Gorbachev would serve from 1985 to 1991 as the last General Secretary of the USSR's Communist

Party and head of state. Unlike his predecessors Brezhnev, Andropov and Chernenko – this was a man of the times. A man with very different ideas and he wasted no time reaching out to his counterpart in the U.S. - Ronald Reagan. At first the U.S. treated him with suspicion - especially when he spoke of a moratorium on nuclear weapons tests.

Then came a Reagan- Gorbachev summit in Geneva, Switzerland in '85. This was followed by a second summit in Reykavik, Iceland in '86 which led to a breakthrough in nuclear arms control. The Gipper and Gorbie were obviously hitting it off. Speaking the same language so to speak.

By '87 Gorbachev was changing the lexicon of the USSR with terms such as "Glasnost" (openness) and "Perestroika" (economic restructuring). The west welcomed his new thinking, but "back in the USSR", Gorbachev's communist party cronies were baffled and concerned. They did not welcome this new thinking – especially that which related to their cumbersome, state planned economy.

Meanwhile, President Reagan was getting into the swing of things. In June of '87 during a speech in Berlin he challenged his summit-mate with the memorable phrase "Mr. Gorbachev, tear down this wall!"

In December of 87, Reagan and Gorbachev met in Washington and signed the Intermediate Range Nuclear Forces (INF) treaty. Many think that the Cold War really ended then and there. By '88 Gorbachev had begun removing his forces from Afghanistan and Reagan went to Moscow to officially ratify the Intermediate-Range Nuclear Forces (INF) treaty.

The 80s came to a close with a series of events that foreshadowed the demise of the Soviet Union in the early '90s. In 1989, all Soviet troops were removed from Afghanistan; Communist rule in Hungary came to an end; the Berlin wall came down and Gorbachev held a summit with the new U.S. President George H. W. Bush and declared a new era of peace had begun. Meanwhile in Romania there was a violent revolution ending with the overthrow of the govern-

ment and the execution of long time Communist ruler, Nicholas Ceausescu.

The scene was set for the 1990s and the collapse of the Soviet Union. It is appropriate that we remember the 1980s as a decade that began with the 'bugging' of the U.S. Embassy in Moscow and the 1990s with the grand opening of a McDonald's Restaurant in downtown Moscow.

For me, the 80s essentially ended on a memorable day in August of '88 when I served as the Russian interpreter for the visit of the top Soviet naval officer – Admiral Konstantin Makarov – to the Pentagon and the U.S. Naval Academy. Admiral Makarov was the personification of a Soviet Cold Warrior.

Admiral Makarov arrives in the Pentagon's Navy Command Center. Here he is being introduced to about 40 U.S. Navy admirals, and their staff. Makarov is in center. To his right is Admiral Henry C. Mustin, USN, the author, and Captain Ivanov, Naval Attache, Soviet Embassy, Washington D.C.

He was a nuclear submariner. One can imagine him as the Captain of the 'Red October' in Tom Clancy's hugely popular novel that came out in 1984. Admiral Makarov's visit was a symbol of the détente that had been reached with the signing of the INF Treaty. On this rather historic day each of the

chiefs of the Soviet Army, Navy and Air Force visited their counterpart in the Pentagon. I can still see the U.S. Navy's Command Center filled with U.S. Navy Admirals coming to as attention as Admiral Makarov entered the room. Then all sat through a special briefing on U.S. Navy operations - in Russian. All slides and vugraphs were in Russian. I remember thinking "These guys don't have a clue what is going on here other than through the pictures."

In future articles I will try to recap memories from over 100 interviews with Soviet Jewish emigres in the 1980s and my day with the Chief of the Soviet Navy at both the Pentagon and U.S. Naval Academy in 1988. The Soviet Jewish emigres of the 1980s turned out to be an unexpected windfall for the U.S. intelligence community. They contained, in their numbers, many scientists and technicians from the super secret world of the Soviet military industrial complex. How these men and women ever made it past the Soviet emigration screening process amazed me. Obviously the emigres themselves successfully hid the true nature of their employment – many coming from organizations that were known only in the West as a Post Office Box number.

The scene was being set for the official end of the Cold War and the Soviet Union.

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STAGES OF LIFE

Mom's Time Out

Mary Angel

School is out and summer break has begun with a bang as usual. In one month we have acquired two carnival goldfish, a stray cat (dropped at our house), and a new puppy. At first glance it might appear that I have lost my mind, gone off the deep end, left my crayon box out in the sun a little too long. But in reality I would believe any one of those observations. Of course I didn't realize it at the time. When my daughter was on fire at the carnival and winning with every ball she threw, I most definitely stopped her and gave the rest of her balls to one of her siblings who was not so lucky at the fish bowl scene, but that was an isolated incident...right? Then when someone dropped a kitten at our house and it seemed to adopt us, it was only natural for me to have it fixed, get it vaccinated and make it a member of the family. Seriously, an outside cat and two goldfish really aren't that much trouble... are they? And since I had been looking for a dog for six months or more and suddenly on Craigslist was what seemed to be the perfect puppy for our family...it all made sense right?

Then throw in my four kids home for the summer and, of course, the two little girls that I watch and suddenly I was overwhelmed.

Next, one of the fish died, the cat and puppy didn't get along, and the puppy turned out to have some rawhide aggression issues. One of the kids wanted the puppy gone, one loved the puppy unconditionally, one wanted to know if we could trade the puppy for another kitten, and the last changed her mind about the puppy more often than she changed her clothes in a day (take my word for it, that's a lot). So I decided the kids and I needed a little fun time.

For a treat (and a little more stress) I decided to add a little amusement and take my kids for our annual jaunt to pick strawberries at Baughers Orchard. However the kids were wound tight because it was the second to last day of school. Toss in that I was supposed to go to dinner with my husband and mother-in-law and you have a stressed out mommy. On the way to Runnymede, with the youngest, oldest, and my best friend, to pick up the two middle kids I found out I had inadvertently let a fly into the car.

When suddenly my little one started screaming when she saw it. My oldest son darted to her rescue with an extremely thick workbook/fly swatter in hand. As he swung it at the fly he looked as brave as a knight of the round table. When he finally announced he thought he "got it" my little one asked him to sit with her for the rest of the five minute drive.

When I got to Runnymede to pick up my two middle kids it becomes apparent that my daughter lost some of the game pieces to the Sorry game she took to school for first grade game day. With this my son bursts into tears proclaiming she had ruined his favorite game. That mood only got worse when we got to the car and he realized he had to sit next to her in the back seat. After we were all buckled in and once again on our way to strawberry picking we pulled out of the Runnymede parking lot and made a sharp left onto Rt. 140. It was a very short two minutes when the screaming started again, only this time it was coming from my terrified six year old in the back seat. The hysteria that ensued was the things that You Tube videos are made of. It went something like this.

She had seen the fly on the window next to her and wanted it killed immediately. Her screams led the son sitting next to her to yell, "BE QUIET, BE QUIET YOU RUINED MY FAVORITE GAME!" My oldest son then informed her, and rather calmly, that it was only a fly. She then emphatically insisted that it was, and I quote, "A KILLER!" This is when my oldest once again jumped into action and started swinging the workbook this time like a major league baseball player hyped up on crack! He swung that

workbook so hard and so much that he took out one 4 year old, one six year old and we could only hope one "killer" fly. At this moment both girls escalated in their hysteria and my ten year old glared at the little girl who had obviously ruined his whole summer by losing the pieces to his favorite game. And my oldest, who has very sensitive ears, proceeded to look at me and plead, "AREN'T YOU GOING TO DO ANYTHING!?" I at this moment burst out laughing. The sheer ridiculousness of the situation diluted my stress like a watered down soda that has been sitting in my minivans cup holder on a hot summer day.

We went on to pick cherries (the strawberries were done for the season), I went to dinner and the kids had a wonderful evening with their

new pets and my best friend who graciously offered to baby sit. Luckily she had already offered to baby sit before the crazy car ride otherwise I might think she had offered because she thought I was going to lose my mind. Little does she know that I lost that years ago. Summer time means school is out, a whole new dynamic in the house, vacations, day trips, bickering, fighting, and so many other good and bad times and many, many emotions. But just like any other time of being a mom, it is not about whether you get stressed or not, but how you handle it. Take my word for it, pulling your hair out only leaves you in pain with a bald spot!

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A TEEN'S VIEW

Body image



Kat Dart

Imagine looking at a friend's Facebook album titled "Me <3."

She uses her cell phone to take her picture in front of the bathroom mirror.

Her side bangs cover one eye. She is wearing a tank top and a pair of booty shorts. She is looking right in the mirror with a ton of make-up on and pouty lips.

It is also obvious she used photo-shop to edit the photo to make herself look as close to perfect as possible, changing her eye color, streaking her hair and removing every single blemish.

The comments below the picture are as follows:

Person One: OMG, you're sooooo pretty! ilu.

Picture Poster: OMG LOL I'm not pretty!

The other 78 or so photos are almost exactly like this one.

The point I am trying to make above is that while girls first tend to compliment or insult each other based on looks, a lot of girls automatically are very self-derogatory regarding how they look. They look in the mirror and criticize themselves about flaws that cannot be helped, or will not change right away (i.e. "my hips are too large," "my pores are huge," "I'm breaking out.").

Some of this, I believe, is based on today's definition of beautiful- stick-thin models with the best type of clothing and the best make-up.

The media does not mention that most of the girls in photo shoots are heavily altered to be thin and gorgeous. A lot of them wear controls-an undergarment that flattens everything out. They are spray-painted and photo-shopped so their skin is perfect, their bodies flawless.

And in interviews with these models, they laugh and say they are naturally thin, they do not diet, they have not given up any sort of comfort food and they have a balanced workout schedule.

Do you really think these girls, with stick-thin arms and ribs sticking out all over the place, lead a healthy lifestyle? Chances are, they are barely eating and working out almost

constantly to maintain 'good' shape. Again I ask, is this a healthy lifestyle?

Above I mentioned only part of the reason girls view themselves as they do is due to the media. The other part? Peer pressure.

Take a common occurrence on the first day of school after summer vacation. Two friends meet, and the first comment thrown is, "You look so good now!" or "You got a tan/haircut," rather than commenting about vacations or summer accomplishments. Sure, those types of topics eventually will come up, but they are not at the forefront of the conversation. You would think they would be after 12 weeks of separation.

On the flip-side, if two girls start getting into a fight, the first insults to be thrown are "You're fat" or "You're ugly," and it degrades to commentary about looks, then intelligence, then personalities.

J.K. Rowling, author of the Harry Potter books, once commented on females regarding each other's looks before accomplishments: "She had run into a woman she hadn't seen for a few years."

Their first topic of conversation initiated by the woman, was "You've lost a lot of weight since the last time I saw you!"

Rowling responded with, "Well, the last time you saw me I'd just had a baby."

Not to mention, between the years of their two meetings, Rowling had published a new Harry Potter book and had another child. But neither of those topics was mentioned in the conversation.

So what does today's generation imply? Looks are what makes a person? The only thing to judge one another is on their waistline?

Looks can be important, but not enough for someone to try and starve themselves to look like Angelina Jolie or Megan Fox, or to need surgery to look like Kim Kardashian. They are not perfect; they use technology to portray the 'perfect' woman.

Everyone is who they are, and no one should try to change themselves because the media says that is what we all should look like. People should not try to fit in with what everyone and their friends say they should look like. All that does is make people upset and hate their looks and their body, and hurts their self esteem.

If you are not happy with your body because you think you could feel or look better, then I say go for it. I also say, people should not pour all their energy into getting thin. If you waste too much time on personal image, you will miss out on a lot. Life is too short to waste trying to look like a model.

A new chapter



Danielle Ryan

Starting this fall I will be starting a new chapter in my life as I begin my college education. I have just finished my senior year of high school and I am now beginning my journey into college. This change is both exciting and nerve-racking at the same time. I was very excited to graduate from high school, but I also knew in the back of my mind, the new challenges and obstacles that were now facing me. I knew that by graduating high school I would now be able to move on to the next level of education, and I would be able to pursue my career. On the other side though, I knew that I now had a college education to pay for as well as all the other responsibilities that would come along with my new "adult status."

Now that I have turned eighteen, there are many new responsibilities that I must face. I have unfortunately come to the realization that I have limited summers left, as I will now be spending my college summers working. I also know that once I graduate from college, my summer "free" time will be even sparser. My freely spent summers will soon be gone.

Another responsibility that comes along with being an adult and college student is paying for my education. There have not been many possessions that I have had to pay for throughout my life, but now I have

college tuition, books and meals to pay for. Oh, and then there is gas! I am sure everyone has been observing the always rising gas prices over the past two years. Unfortunately, one downside to being a college commuting student is that I will be paying to put gas in my car because I will be driving to and from school during the week. It certainly will not be fun to pay for the gas prices, but the opportunity to stay closer to home and closer to my family far outweighs the aspect of paying for gas.

Just as every adult throughout the world, I must now venture into the financial world. I will now begin to pay taxes as well as school loans. I know that I will learn how to dread the day the bills come in the mail.

In order to prepare myself for college I had to attend a college orientation. This day was spent being advised on courses that I should be choosing not only this fall but also courses that I will be looking at taking over the next four years.

I also spent this day learning about the different school activities and clubs that are offered and look forward to being able to join and be a part of organizations of my choice on campus. I especially look forward to being a part of clubs that involves community service projects. I found that in high school I really enjoyed being a part of my schools service club. This year I organized a collection for the Adams County SPCA in the area of Hanover, Pennsylvania. I really loved knowing that I was making a

difference in the local community, especially in the local animal shelter. I really hope that I can become involved in service projects similar to this one once I begin college.

Another aspect of my orientation was spending time learning about the online system at Penn State. I learned that this system gives a student access to many different parts of the Penn State system. Through my account I will be able to contact teachers for help, review my courses, review my grades, assignments and notes, and keep track of my finances or my college bill.

As I spent the day on campus, choosing my courses, I began to feel a sense of nervousness, as I knew that the college experience would differ greatly from high school. I know that my courses will be more difficult and challenging and I know that the journey ahead of me will not be an easy one. I do know however, that I have a very strong will to accomplish that which I have set my mind to and I know that I wish to pursue my future career. I also know that I have the best support system behind me consisting of family and friends. Even though I may be nervous, I am also excited to start something new in my life. As I said, I really do look forward to pursuing my dream.

Overall I know that my apprehension of entering college will not last too long, because I believe that the excitement of college will soon come to overwhelm me. In just a couple of months I will be able to call myself a college student.

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FOUR YEARS AT THE MOUNT

Sophomore Year Family history

Carolyn Shields

My family of six were in Williamsburg for the weekend two years ago, and we stopped at one of the historically preserved pubs: Shields Tavern. The past and future seemed to collide as my father quizzed William Shields the reenactor about the Shields' family history. My family's records begin somewhere in the late 16th century in Ireland, with ancestral claims going back to Celtic times in 500 B.C. I seriously do not know how reliable those claims are, and sometimes the past reads too much like a story to be believable, but that's what history is: His Story.

I suppose our story starts during the Commonwealth Period when the four Shields Brothers take the scene... The two eldest, William and James, were exiled to Barbados because they defied Cromwell's rule. In Barbados, they took passage on a slave ship to Virginia and ended up in Williamsburg. While James headed north to Baltimore, William established our pub and his descendants filled the South, one of whom became a president: John Tyler.

While James was in Baltimore, his younger brother set his own journey to America, but he passed away on the ocean voyage, but his son (James's nephew), William, helped William Emmit lay the town and bought 106 acres in the Catoctin area. Our early ancestors were not too creative with their name choices if you haven't noticed yet. This same William became a captain in the American Revolution and at one time served under the direct command of Washington. Cool.

So if that isn't beautiful enough, one of our ancestors is a local legend that's been forgotten. His name itself screams 'ghost story': Ebenezer Shields was William's son whose ghost can be seen

riding up and down Route 15 on moonless nights, delivering messages for the war.

There are others in our family who go beyond local history. John Shields, was the official scout and gunsmith described in the pages of Lewis and Clark's journals. His brother, David Shields was an active participant in the Underground Railroad, assisting slaves on the journey north. His brother, About thirty years later, a certain Abraham Lincoln was on his way to a little island off the Mississippi River to do mortal combat with James Shields. A few hundred spectators crowded round to watch the two senators battle it out, not with pistols but with swords, to end a dispute about Lincoln's involvement with Shields's negative image on the public. Within minutes of the start of the duel, their seconds resolved the issue.

The other branches of my family tree, the Gelwicks and Rosensteels and Reavers and Wivells, all intertwine to form a community. St. Anthony's Shrine was built by my mother's family and was attended by my father's. My maternal grandmother, being one of twenty children in the notorious Wivell clan, created a family of over 500 souls. We even have pretty cool codenames to decipher us. I'm 12-5-2.

But to add some seriousness here, all families have been touched by hardship, hit with war, troubled with disputes, and ruined by selfishness. Through God's grace, my family has endured over the years purely through faith in something larger than us, something worth fighting for. When Cromwell was ravaging Ireland, I like to believe that Catholic William and James held God in their hearts through their defiance of a stifling English rule. And beneath my



The author sitting in front of her great-great-great grandfather's grave on Carrick's knob, which oversees the town he helped create.

father's desert BDU in the skies of Iraq was a miraculous medal, next to a heart filled with love for my family.

I wonder if William Shields ever realized that his descendants would never leave that valley for two hundred years, that his great grandson (my father) would play in Tom's Creek like his sons did, and like the Tom's Creek Hundred who saw action under

his command in the American Revolution, would go off to fight in a war. I wonder if William knew that his future granddaughter would attend a university on that mountain and would go off to study in the country from which he was exiled. I wonder if William knew his family would cling to their Catholic faith through the Civil War, WWI, WWII, and every war that passed

as the Shields remained nestled on the mountain side, nurtured by mountain laurel, a grotto and a community as strong as it was two hundred years ago.

To end in the words of Switchfoot, "It's not an accident we're here tonight. We are once in a lifetime." We are in this era, this decade, this time for a reason. It's not accident. We are meant to live now.

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FOUR YEARS AT THE MOUNT

Junior Year

Looking ahead

Samantha Strub

It seems like ever since spring break Mount students couldn't wait for summer to come and the semester to be over. Now that summer is here we can finally relax and enjoy some time off school and have good times with friends and family. For many people that means concerts and long days at the beach. However, for broke college students like me summer days are filled with working. There is always some time to cool off and relax, but most of the time I'm working to pay all the bills that appear out of nowhere.

I always seem to get restless over the summer months, usually within a month of starting my job. I'm ready to go back to school

even though that means constant studying again. Why wouldn't I enjoy my carefree summer nights you ask? Well, simply because I am unable to have barefoot, blue-jean nights with my friends all summer long. I have to work a 9-5 job in order to pay the tuition that takes up all my money. It's harder to do things when you're working or broke all the time. Many people have the luxury to lie out and tan all summer. In some cases I feel bad for those people because they never look ahead and plan for what's next, but I'm still somewhat jealous of that lifestyle as well.

This restlessness could come from the fact that although my job pays well it's not something that I want to be doing for the rest of my life. Most people tell me that is why I have these "stay

in college jobs" as my mom calls them. My receptionist job has this title in my family because it shows me how important a college education is. It teaches me that I do not want to be doing receptionist work like filing, mailings, mail, running errands, posting tickets, and calling bad debt for the rest of my life. Going to college will give me the opportunity to do something in my life that I will love and will enjoy getting up and going to in the morning.

Having to work just for the money becomes draining, and it makes me realize why I always become restless during the summer; I'm not doing something that I love to do. But my receptionist job does cause me to look ahead. It motivates me to continue working hard at my studies in order to eventually be able to enjoy a career.

At the Mount on the other hand, even though I become exhausted from being up late doing

homework and all the other activities and responsibilities I have, I'm doing something that I love. Call me a nerd, but I enjoy going to most of my classes--the homework not so much, but that is part of learning. I love always being busy, going from class, to work, to field hockey. I also ride, give campus tours as a Mount Ambassador, work out, hang with friends, and do homework. Sometimes I wonder how I have time to even eat and sleep, but we all know that sleep is the thing that seems to come last. For some reason I love that always-going lifestyle.

Sure, being busy becomes draining, but it's a different kind of draining than a summer job. It is satisfying and fulfilling. It makes you feel excited and ready to get up and tackle another day; when I'm working in order to get money to pay for school the days seem to drag on in an endless circle. That cycle creates the feeling of restless-

ness that I experience every summer. That feeling causes me to look forward, not only to the short-term questions like where I'm going to be living next fall and when I can buy my books, but also to where I want to begin my career of an English Teacher. Now that I have realized that I want to spend my life sharing my love of literature to the world by teaching children. I have to figure out what grade I want to teach I have to figure out whether I want to work out East or in the Midwest, close to my hometown. Along with other questions, what kind of place will I have, and when will I be able to afford to have horses again?

This may be called dreaming too high, but I have always been told that I'm capable of doing whatever I want to do with my life. This has caused me to constantly look forward and to plan what comes next. Have you done that lately?

Senior Year

Kittens!

Julia Mulqueen

Just a few days ago, I drove to the pet store with my entire family in tow. I had heard about an organization called FURR, which stands for Feline Urban Rescue and Rehabilitation. They were having an adoption day, during which foster parents would bring their foster cats and kittens in so that those who wished to adopt a cat could meet one. We arrived at the store thinking we would bring home a nice kitten who would be a welcome addition to our household.

When we walked into the store, we immediately spotted

four black kittens wrestling and playing together in a crate. These four were part of a litter of seven; the other three had already been adopted. Upon meeting their foster mom, we learned that the kittens had had a rough start in life. They were living with a woman who was not able to give them the care they required. She had been feeding them macaroni and cheese, and thus, they were quite malnourished. A concerned neighbor had notified FURR so that the organization could come and rescue the cats.

My father immediately fell in love with one of the females. She was sticking her paw through the crate and batting his hand. He picked her up, and played with her for a while. She was a feisty kitten but she was certainly

loving as well. Her foster mother assured us that she was extremely playful and was also used to dealing with dogs. This was a definite perk as our home already contains a seven-year-old yellow Labrador named Riley. So it was settled; we would take her home with us. We just needed a few cat supplies to get us started.

We paced through the store, collecting food, litter, a litter box, and of course, a few toys for our new kitten. The entire time, my father used collective pronouns while he talked. He said things like, "they'll need a scratching post," and "they will want a bed to snooze in." I looked at my brother, surprised that my dad kept mixing up his words.

Then as we prepared to take the female home, my dad told us to pick out another kitten. After almost fainting from the shock of his words, I eventually walked back to the crate. We

chose one of the males. My father said that his reasoning for adopting two kittens instead of one was that because the litter had been through such a traumatic experience together, he believed a brother and sister would adjust to a new home better than a single kitten. So we gingerly placed our two new kittens in their crate and loaded them into our car. As we drove home, I noticed they were curled up snuggly next to each other; adopting the two together had indeed been a good idea.

During the car ride we realized that in all of the excitement we had forgotten to name our two new kittens. Now that we had adopted two, we could choose names that paired nicely. We each threw out a few options but nothing seemed to stick. Then my mother suggested we name them Rice and Beans after her favorite food growing up.

We all agreed that the names were a perfect fit for the newest additions to our family.

Upon our arrival at the house, I immediately brought Rice and Beans to my room, set up food and water, and filled up a litter pan for them. Their foster mom had suggested that we start the kittens off in just one room of the house so that they could become acquainted with us without having to meet our Labrador right away.

I let Rice and Beans out of their crate, and they began to poke around my room. Finally, after much sniffing, the two settled down. Rice was still a little afraid and decided to remain under my bed. Beans, however, was much more forward and carved herself out a nice spot on top of my bed.

Our first day with the kittens passed quickly, and they both began to warm up to us as their new owners. We discovered that Rice loves to be cuddled, and Beans enjoys hiding under the bed in order to sneak attack us. We have found that Rice and Beans will wait dutifully for us to come home and expect to be rewarded for their loyalty with tummy rubs. We have also found that our Labrador enjoys having the kittens around. Just this morning, Rice and Beans were batting Riley's tail around for entertainment, and I am certain that I saw a smile on that pooch's face.

So the sad story of the kittens' beginning has turned into a happy one. Rice and Beans have taught us Mulqueens a little something about unconditional love and exceptional joy. What bliss these two furry kittens have brought to our lives! I am so grateful that they are now part of our home, and I look forward to many wonderful years to come with the two of them.

Julia is a senior German and Theology double major.

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The dog-days of summer

Katelyn Phelan
MSM Class of 2011

As of right now, this summer feels like any other. I'm working a little bit, but also reading and catching up with friends. I'm enjoying the warm weather and have a trip planned to the beach in a month. I'll also be starting school at the end of the summer. My day to day activities are deceiving though, because this summer is not just like any other summer.

Unlike other summers I won't be continuing my education but starting a job. Next year I'll be teaching at Delone Catholic in McSherrystown, Pennsylvania. I'll be teaching a variety of English classes as well as working in the library. Because I didn't major in Education, I haven't had a ton of experience teaching in the classroom. So in that sense my year will be quite a challenge. Also I'm teaching three different courses, so I'll have a lot of preparation for each day.

I am very excited about my new job, though. I've always loved school and have considered teaching for my profession for many years. I was always hesitant to commit myself to teaching in the way of majoring in it though, because I felt that as a major it was limiting. Education majors have very tight and full schedules without much room for personal choice as far as electives, which didn't appeal to me.

Instead, I opted to take what I liked. I studied Fine Arts and English as majors and Theology and History as minors. Plus, I studied abroad. If I had majored in Education, I could have only taken education and English courses. And forget about studying abroad. The program I did, which went to Florence, Italy, would have conflicted with a student-teaching semester, and I therefore, would not have been able to be away from the Mount. Studying abroad is one of the most interesting and memorable parts of my college years, and to sacrifice it would have been a huge personal loss to me.

So despite not having student-teaching under my belt, I have no regrets about taking the path I did in college. Next year I'll work on getting Pennsylvania certification at night after the school day. It'll be a lot of work, but I'm excited for it. In preparation for the up-coming school year, I've started to work through the material I'll be teaching and to work on some lesson plans. I've also been reading the things I'll teach in class.

Though this early preparation is important, I haven't thrown myself into it completely. I have been enjoying myself in this early part of the summer and enjoying the "dog-days." This enjoyment turned literal for me this past week. I was driving along a road I don't normally take about 15 minutes away from my house. I had my windows down

and the radio turned up when I saw a black creature race across the road a little ways ahead. The car ahead of me slammed on its brakes to avoid hitting it. Being the sucker I am, I parked the car and began clapping for the animal, which I had recognized as a dog.

The dog came bounding up to me and happily licked my leg. She had a collar on, but no tag. "Great," I thought. "What on earth am I going to do with you?" I put her in my car and walked up to a nearby house to ask if they recognized the dog. They weren't home. So I walked across the street to ask a house on that side the same question. In the meantime, my newly acquired pet decided she had had enough of the car, jumped out my open window, and ran across the road to me, narrowly avoiding a car speeding by at 60 mph.

By this time I was stressed. I had a dog with me and I had almost witnessed its tragic death. I put the dog back in my car and this time put the windows up further so she couldn't escape again, and resumed my quest for her owners. No luck. By this time the scared dog was panting up a storm and was quite distressed. So I decided to take her to my home and resume my search armed with a leash in a few hours.

When I got her home I took stock of the situation. She was young, maybe a year or two old; I judged this by her strength and boundless energy. She had also given birth recently though she was clearly no longer nursing her pups. She was black with white markings and looked like a boxer. She was also sweet as could be. From my time with her I discovered that she hated technology (she was certainly not a fan of the garage door), she could run very fast, and did not like to sit still in the car.

Thankfully my mom is a huge dog lover, so she wasn't too upset when she came home to find a dog in our garage. My mom and I decided to venture out again in search of our unknown pooch's owners. We arbitrarily chose a northward direction from where I found her and began cold-calling. We struck out at the first three houses. Then we spotted a woman cutting her lawn. My mom pulled over.

"Do you recognize this dog?"



she asked. "We found her about a mile down the road." The woman answered as she stroked the dog on the head, "No, I have a dog, but not this one." My mom continued, "it looks like she had puppies a little while ago, do you know anyone who might know her?" Slowly, the woman's face changed. "Those people had a foster dog that had puppies!" she exclaimed as she pointed at her neighbor's house. "Yeah, yeah! I think this could be her!"

A lead! My mom and I walked to the house the woman indicated and saw a man in the backyard. The dog began wagging her tail enthusiastically. We walked closer. The man looked up, saw the dog, and relief flooded his face. "Hannah?" he asked. He looked like he was about to cry. "Oh my God," he said. "I have to go get my wife!"

Needless to say, the couple was just delighted to get Hannah back. As it turns out, she was their foster dog who was supposed to go to her forever home the very next day. These foster-parents had cared for Hannah while she was pregnant, birthed the puppies, cared for them, and found them homes. Sending Hannah to her forever home was the last step, which was supposed to happen the next day. She had been running free for about 45 minutes before I picked her up and away from home for a total of five hours.

As my mom and I left, we heard the

man ask Hannah if she wanted to go inside with him and sit on the couch and watch T.V.

Sometimes things really can work out. For my part I'm just hoping not to find any more stray dogs in the near future. I'd like to enjoy some of my "dog-days" of summer without any extra dogs at home! Pretty soon

my relaxing days will have to end, but it's ok because the next step for me is preparing to start my new job teaching! So far, it's been a great, if a little eccentric, summer.

To read other articles by Katelyn Phelan, visit the Authors section of Emmitsburg.net



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IN MY OWN WORDS

A tribute to freedom

Jackie Fennington
MSM Class of 2011

The Fourth of July is a day we celebrate no matter where we are or who we are with. Ask anyone about their favorite memories of July 4th and it usually involves being around family and friends, indulging in great food followed by a late-night showing of fireworks. John Adams was supposedly the first to describe how the day was to be celebrated as, “pomp and parade, with shows, games, sports, guns, bells, bonfires and illuminations.”

My earliest memories of the Fourth involve cookouts in my backyard with friends and family. Mom-Mom sported a new red, white and blue outfit every year and always looked her finest for the occasion. Every few years I benefited from her holiday attire shopping sprees with a new American flag t-shirt. PopPop showed up with a few cigars in hand ready to sit back and enjoy the company of his sons, son-in-laws, good food and beer. With Mom busy in the kitchen, Dad manning the grill and my siblings and I entertaining all the cousins, we put on one heck of a party.

My favorite part was being with all my cousins. There are 19 of us now ranging in age from 26 to five. We

have all broken off into mini alliances based on age groups. My closest cousins are Kate, 22, and her brother Kurt, 20 – we call ourselves the three musketeers.

First we hit the pool for some water games until our parents forced us to get out, dry off and eat. Then they made us wait those dreadful 15 minutes before jumping back in the pool, during which we would play an intense game of badminton. When it grew dark and we were forced to get out of the pool again, we started a game of flashlight tag with boundaries extending to my entire neighborhood block. Every time another tree comes down or a bush gets trimmed, my first thought is, “Darn, that was a good hiding spot!”

The best part of the night was, of course, the fireworks. My backyard was a prime seat for fireworks being set off at the country club down the road. Occasionally my dad set off fireworks from our backyard. He always joked about them landing on the neighbor’s roof. Luckily they never did!

Growing older I have not been to my family’s 4th of July cookout in a few years. After my junior year of college, I spent the summer in Ocean City, MD with friends from college. I worked at a restaurant on the boardwalk and was inevitably sched-

uled for the evening shift on the Fourth. At the beginning of the summer my manager told us to plan on being available that night because it was the busiest night of the summer. That it was! A few of my roommates who were not working that night ventured down to the boardwalk and stopped by the restaurant to say hi. I appreciated the visit, but could not even get away for a minute to talk to them because it was so busy. As soon as the fireworks started, however, everyone, guests and staff, vacated the restaurant, mid-meal, to watch the fireworks from the boardwalk. I remember sneaking outside to catch a view and standing next to people who were sitting at one of my tables. It was a time when that barrier between server and restaurant guests was immediately dissolved.

No matter where you are or who are with, the Fourth is a time to celebrate being an American.

Independence Day may have a different meaning to each and every one of us. For me, I have never had to think twice about my freedom, which I guess I have taken for granted. Don’t get me wrong, I am very grateful for my freedom and for our country’s independence, but it is not the first thing I think about every day. My cousin Kurt, on the other hand, prob-



ably thinks about his freedom every day.

Kurt is in the army and spent the last year in Afghanistan fighting for America. He always speaks about his experiences in a prideful manner, but refrains from getting into too much detail about the conditions in Afghanistan. It sounds far from pleasant. Needless to say, he was ecstatic to return home at the end of June.

My roommates from college who have been teaching in Ecuador for the last year will also experience a dif-

ferent kind of Fourth this year. Jill says it will be strange spending the day away from home and will miss watching the fireworks with her little sisters and cooking hotdogs with her mom. Being in Ecuador has also given all of the girls – Jill, Anne and Lauren – a better appreciation for their American freedom.

Like I said earlier, freedom is not something I think about every day. Anne and Jill, on the other hand, think about the lack of freedom they have to even walk down the street in Ecuador. It is dangerous, especially for women, to walk alone on the streets. Anne mentioned that men will frequently stare her up and down and call or whistle at her in the street. “It’s an invasion of my personal space,” she said. “I appreciate being respected more as a woman in the United States and my freedom to walk down the street knowing that I am protected. I feel blessed to born in such a wonderful country.”

Freedom is different in every country. As an American, the greatest freedom I appreciate is the freedom of speech. I honestly don’t know how I would feel if I couldn’t say what I wanted to say freely on a daily basis. I recently heard a funny story from my MomMom about my mom as a kid and how she was frequently sent to her room for “talking back.” When I asked Mom about it to get her side of the story, she said she never talked back she was simply voicing her opinion, but still got in trouble for it. This rang a bell from my times during my childhood when I was sent to my room for mouthing off to my parents. I remember thinking the same thing, that I was simply voicing my opinion! Like mother, like daughter. We are always inclined to use that phrase, “It’s a free country,” and act however we want. But for children, this does not always apply at home! How we celebrate the Fourth depends on where we are at the moment. This year I get the chance to experience the country’s birthday in heart of it all – Washington, D.C. Happy Fourth of July!

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MOUNT CREATIVE WRITERS

Reflections on the Fourth of July

Kelly Conroy
MSM Class of 2012

John Adams made a prediction. He analyzed the past and – as we call it when taking the SAT Reasoning Test – made an educated guess. Over the past 235 years, John Adams' prediction has almost proven true every year.

A small boy named John climbs on his father's lap after an exhausting day. He still has a faint smile on his face as he collapses deeper into his father's arms. "Was that someone's birthday party?" John asks and his father just chuckles in reply. "Or was it a New Year celebration?" the boy persists. "There's actually a lot more to it than the festivities that you remember," the father finally explains.

Indeed, John remembers the smell of grilled hamburgers and corn giving off fresh aromas. He loved whizzing water balloons through the air. The bean-toss game that he won was definitely a favorite. John also spit watermelon seeds, ran through the yard with friends, and watched his parents and neighbors chat on the back patio. The most exciting part, however, was at the end of the night as he gazed in amazement as vibrant red, white, and blue colors exploded in the sky!

But John also remembers a couple other memories from the day. He read the words "God bless America" written on the large vanilla cake. John knew that he had visited Independence Hall in Philadelphia with his parents earlier in the day. He also had worn a special new American flag t-shirt. "You were pretty attentive, weren't you?" his father gladly relates, "These things and your other memories point us to the real meaning of the day – the adoption of the Declaration of Independence on July 4, 1776."

John Adams predicted that July 2nd would be remembered as a "great anniversary festival... commemorated, as the Day of Deliverance by solemn Acts of Devotion to God Almighty... solemnized with Pomp and Parade, with Shews, Games, Sports, Guns, Bells, Bonfires and Illuminations from one end of this continent to the other from this time forward forever more."

Adams knew that Americans, including boys with the same name as his own, would celebrate a day every year in honor of the Declaration of Independence. He thought that day would be the 2nd – the day the Second Continental Congress voted to approve a resolution of independence. He was just two days off from making a perfect prediction of July 4th, the Fourth of July, or as it is sometimes called, the Glorious Fourth, as the anniversary date of the United States.

The boy John wanted to know why he had just experienced one of the best days of his young life. Take this child back in time 235 years and he would not only witness John Adams' prediction about the 2nd of July, but also George Washington on the battlefield. On July 3rd, 1776, over 30,000 men in the British army landed on Staten Island. Ten thousand men were all that Washington could muster to combat the British at this time.

Britain was known as the strongest empire since the fall of Rome, and so the Revolutionary War was an uphill, eight year battle for the thirteen colonies and other countries that helped, namely France, Spain, and the Dutch Republic.

We're often too concerned with the practical questions in our present lives – Where are we going to get a job? What neighborhood should we live in? What are we going to make for dinner? How should we plan our 4th of July party? – To spend any time looking at the past. However, what was the present time for Adams and Washington has now become our past. Washington was not thinking about when he was going to get an afternoon nap as he was leading the Continental Army into battle! Adams' main goal was not to eat at a nice restaurant as he was helping draw up plans for the future of the United States of America!

A visit to Langhorne, PA, gives a glimpse into the reality of the Revolutionary War. After the British had secured New York, Washington and his troops quickly retreated as more men continued to die and provisions were left behind. Washington planned a surprise attack on the Hessian forces, aligned with the British, in Trenton, NJ. Washington and his army crossed the icy Delaware River on Christmas Day in 1776. Their dangerous plan resulted in a victory for the colonies.

Washington and his troops then traversed back to their camp site in Langhorne, PA. It was in this town that over 160 soldiers were buried, often 3 or 4 men in the same grave. Sadly, their deaths resulted more from disease and starvation than from actual battles. An eleven year old girl recorded the burial site as she watched history in the making from her window. Langhorne offers just a glimpse into the beginnings of the war because by the year 1783, over 25,000 Americans had died and 25,000 more had been wounded.

The total number of American troops that have died in the war in Iraq is 4,459 and 32,074 American forces have been wounded. Today, our Armed Forces consist of the Army, Navy, Marine Corps, Air Force, and Coast Guard. Having our advanced Navy of today would probably have been helpful to Washington as he crossed the Delaware in 1776. Did you know that 13,450 young men applied to be a part of the 2014 Naval Academy Class and only 1,150 were accepted? 50% of the accepted students were in the top 10% of their high school class and 90% of them were varsity athletes. The candidates are also expected to excel in leadership and service. To say the least, our armed forces are a little different than the Continental Army and Militia of the 1700s. Yet, they are still fighting for and defending the same land, strive for many of the same values, and are willing to sacrifice for the loved ones at home – we are forever grateful.

Adams predicted that July 2nd would be a day of festivities – an interesting prediction when the battle was far from won in 1776. Regardless, he and our other founding fathers



knew that the Declaration was worth celebrating because of the values that it promoted – and they would keep their attention fixed on these ideals in the midst of the American Revolutionary War. Just as the blood of the first Christian martyrs paved the way for others to have faith, the vision and sacrifices of our founding fathers enables us to experience America today.

The Declaration lists, then and now, grievances against the King and affirms the colonies' right to revolt and declare independence. Such lines as, "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty, and the pursuit of Happiness," helped to create the true American spirit. In later years, the language in American songs has carried on the tradition of pride and love for our country (You can't help but sing along!): "Oh say, does that star-spangled banner yet wave, O'er the land of the free and the home of the brave" (National Anthem). "America! America! God shed His grace on thee, And crown they good with brotherhood, From sea to shining sea" (America the Beautiful).

The Battle Hymn of the Republic has also become a source of patriotism: "He hath loosed the fateful lightning of his terrible swift sword: His truth is marching on. Glory, glory, hallelujah!" This song became especially popular during the American Civil War, of which we commemorate the 150th anniversary this year. America did not become an independent land without difficulties, and she has since struggled through wars, economic depressions, natural disasters, and other problems.

It's our perseverance that keeps America as being known as the land of the free, overflowing with opportunity, strength, vigor, and youth. How accurate is this image in our lives today? Are our rights of life, liberty, and the pursuit of happiness upheld?

"Rights" is not an everyday term in China – in fact, it's completely ignored. China is a country in pursuit of maintaining a completely socialist, government-controlled land. The media is censored, even the internet, to uphold the goals of the party in power. Family life is disrupted by limiting the number of children. Even spiritual

lives are restricted by prohibiting certain religions. Democracies are much better suited to allow life, liberty, and the pursuit of happiness. But the United States is far from perfect.

Are we willing to sacrifice to keep our rights and freedoms, to promote the dignity of life and of the family? We're not just falling away from tradition in our modern country; we are detaching ourselves from what is good. Take the example of the watermelon as an analogy. The watermelon as we know it is fading from existence. They are now being produced seedless. What are we going to do without watermelon seed spitting fights? Are we going to be comfortable eating less-juicy watermelons after years of feeling the fruit slide down our faces? Possibly even more disastrous, watermelons are being altered to create thinner rinds. We can say "goodbye" to watermelon pickles. There's something to be said for the traditional watermelon; there's something more serious to be said about traditional values in the United States.

We will always fall short of creating a country grounded in truth - Let's look for the obvious solution to our country's problems. What else did Adams say in his prediction besides

the part about festivities? What is a common theme in our patriotic songs? Whom does the Declaration mention more than once? They all point us towards God! We thank and praise Him for bodily nourishment on Thanksgiving, but on the 4th we thank Him for something deeper – nourishment of our spirits. Our yearning for freedom and truth is implanted by God, and ultimately fulfilled by Him.

The young boy John in this story might not understand all of the historical details of the American Revolution. He might not know the meaning of the Declaration of Independence or the importance of rights and freedom. He might not yet recognize the words or tunes of classic American songs. Yet, he is beginning to realize that the fourth day of the seventh month of the year is set aside for something special. As John grows up, let us pray that our country reflects even more closely the words of the Declaration and that no more blood will need to be shed in this pursuit.

Kelly Conroy is a senior communications major at the Mount...and need we say, an exceptional one at that!

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THE ARTS

A five star experience

Kathryn Franke
MSM Class of 2013

“OSU”- one little word that has more meaning and integrity than any other word I have ever known. One that has redefined my entire outlook on life. I started out taking karate at Mount Saint Mary’s University as a timid, confused white belt, unsure as to what I was getting myself into. I really had no idea what to expect, and for the first few days I had to try not to laugh as we counted aloud in Japanese while we trained throughout the class, kicking and punching to improve the technique that I had no idea I would end up having one day.

To this day, my instructor’s goal is to see my mean side. My weak little arms had never done so much as punch the air before, but as with anything, you start with the basics, master them, and then build upon them to improve. As I progressed in the class throughout the semester, it was obvious that karate was having a positive effect on not only my physical fitness in the *dojo* (the place where we practice/train) and my performance on the track team, but also my attitude and outlook on life. The class and training help me understand and improve on the ways in which karate helps shape me as an individual. All of the lessons that I have learned from karate are contained within the word OSU. It is the philosophy behind our karate and it tells us to push ourselves to the limit of our ability. Not only does it act as a replacement for words like “yes” and “good,” which definitely took some getting used to, but it also tells us to endure. According to Mr. Teritomo Yamazaki, a Kyokush-

inakai-kan tournament champion, it expresses the importance of “respect of one’s seniors and responsibility to one’s juniors.” OSU is the commitment that we must have to karate, ensuring that our practice is never-ending.

When I had my first “kumite” session, which is fighting or sparring, I got a bruise on my shin that was the size of an apple. I obviously panicked in the fight and did not trust myself to properly kumite because I continuously blocked the kicks with my shin in the same exact spot, hence the giant bruise. But, as painful and intimidating as that was, I was so proud of that bruise. It was my battle wound, something that really made me feel like I was a true karateka (a practitioner of karate). From there on out, I had decided that I was not the weakling that I thought I was. I may have started karate somewhat late in my life, but I was ready for the challenge. I have taken the class every semester since, and I plan on taking it the remainder of my time at the Mount.

The Phoenix Legend, which is worn on the left sleeve of the dogi (uniform), is a symbolic representation of the philosophies of Phoenix karate. A Phoenix is in the middle of the legend, representing the need for the karateka to rise up despite obstacles and setbacks and challenge the struggles one may encounter in life. Around the Phoenix are five stars, symbolizing the ultimate goal of perfection. The idea that practice makes perfect is clearly evident in the principles of the Phoenix Karatedo Association. One should always train, for that is the only way to reach perfection. These parts of the legend are contained within a circle that represents the yin

and the yang, and a triangle surrounds it all, acting as a symbol of the strength the legend conveys.

Something that differs between many styles of karate is the belt system. The belts are promotions that show one’s achievements and improvements throughout their journey in karate. Our belt system goes white, yellow, blue, green, purple, brown, and black. The white belt symbolizes innocence. As it is used more frequently, the belt becomes “soiled,” causing the belt to turn to brown and eventually black. With more use, the black belt frays and becomes almost white, showing the wearer’s return to innocence.

The yellow belt shows the awakening of the wearer, contrasting the innocence of the white and the journey to black (Yudansha) that is ahead. They are now on the path toward Yudansha and are a part of the art of karate. Blue and green represent the growth of the karateka. These are not as bright as yellow; it represents the commitment of the karateka. At this point, one is able to make an individual statement about the art of karate as they work toward brown and black belts.

My instructor, Dan Soller, is the Executive Vice President of Mount Saint Mary’s and has been studying karate for forty years, yet he still considers himself an “old student,” recognizing the fact that despite how much he has learned and taken from karate to date, there is still so much more that he can learn in the future. Soller founded the Phoenix Karate-do Association Kyokushinkai International in 1981. Soller mentioned that his goal through doing this was to bring “an organized educational view to karate in general and to provide an umbrella organization for my students, regardless of where they lived.”

When I began the class, I had no idea that my instructor was actually the chairman of the Phoenix Karatedo Association around the world, otherwise known as “*Kancho*.” He makes sure that everyone realizes their potential and goes above and beyond it, working hard each and every day to be the best they can be. Describing the impact that karate has had on his life, Soller said, “My experiences, through the many incredible people that I have met, have certainly helped shape my life in so many ways. My experiences have taken me to places all over the world through many cultures, kept me centered as a person, pushed me to develop complex motor skills and maintain a challenging level of fitness, forced me to continuously



learn, challenged me philosophically, and taught me many lessons in managing a small international organization as the *Kancho*.”

Soller’s dedication is honorable and inspirational. He mentioned, “I continue to train pretty much every day and I use karate every day...it is part of who I am and gives me a wonderful perspective of this complex life that we all live in!” For Soller, “adding to the generations and passing down what came before us” is a vital part of karate. According to him, when karate is properly taught, it can “help give a greater purpose in life.”

But training does not end when the school year ends. It is a continuous process in which one should partake daily. Camp Phoenix, a summer karate camp held at Mount Saint Mary’s University, is a way for us karateka to continue training even during the relaxed, lazy, and sometimes distracting time otherwise known as summer vacation. Entering its 28th year, the camp acts as an “ending and beginning” that helps us reflect on ourselves and strive to improve. It is a time for training and working on every little thing to help you take the next step and become better than you were when you began camp. The organization is able to come together and train as a group, supporting and encouraging each other along the way.

I went to my first summer camp last year, and it is certainly an experience I will never forget. Aside from the amazing people I met (who you feel like you’ve known for ages after only a few hours), the camp gave me a whole new outlook on karate. Everyone at the camp came from different backgrounds and different regions across the globe, yet we all had one thing in common: karate. To see the passion and skill of all of the people in attendance made me realize that, as cliché as it may sound, you really can achieve anything you

set your mind to as long as you stick to your goals and work toward them every day. If you put in the training and have the desire to succeed, then you will.

A proud moment for me at camp last year was when I hesitantly attempted to break boards, and to my surprise and delight, succeeded! I broke boards with punches, kicks, my knee, my elbow, and the most shocking...my head! Not once did I ever think I would do that in my lifetime, and on my first try I was successful! Another one of my favorite memories of camp was when we all trained in a lake (yes, you read correctly...IN a lake!) As we all punched and kicked in the water, crowds of people who had come for a day trip to the lake snapped photographs of us, watching in awe as we shouted with each strike. It surely looked like something one would see in a movie, and it was entertaining for not only those of us participating but also the audience surrounding us. The summer camp was one of the highlights of my summer, and I can’t wait until I get to go again this summer from July 15th-17th.

What started as a way for me to step out of my comfort zone and broaden my horizons led to me becoming the new president of the Mount Karate Club. Now I get to help teach the new white belts the things that I have learned so far and help show them the benefits of taking this class! I’ve always been a lover of the arts, but never did I picture myself studying martial arts. It is a decision I made that surprised even myself, but I am so happy that I made that choice. It improved my outlook and determination in all aspects of my life. I feel safer, stronger, more fit, and more independent because of it. And hey, maybe it’s a lesson in trying something new and stepping out of the box. I sure did, and I’d say it worked out pretty well for me!

And remember, always have OSU.

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in an art class at the ACAC Imagination Station.

SUMMER CLASSES FOR KIDS	ADULT CLASSES
Pinch Pot Zoo: Creating Clay Animals - Ages 8-12 June 13-17, 9 am - 12 Noon & 1-4 pm - \$20 Materials Fee.	Painting Outdoors May 25 - June 15, 5:30-8:00 pm \$119 Members; \$131 Nonmembers.
Thinking 3-D - Ages 8-11 June 26-28, 9 am-12 pm - \$20 Materials Fee.	Portraits & Landscape: Lighting & Composition June 2-23, 6:00-8:00 pm
Camp Abacadabra: All About Magic - Ages 8-12 June 20-24, 1-4 pm - \$25 Materials Fee (Magic Kit to Keep!)	Engaging Creative Energy Through Writing & Art June 7-28, 6:30-8:30 pm
Decorate Yourself: Jewelry Making - Ages 8-12 June 27-July 1, 9 am-12 pm - \$10 Materials Fee.	Intro To Digital Photography July 7-28, 6:00-8:00 pm
Art-a-Palooza! Fine Arts Exploratorium Ages 7-11, June 27-July 1, 1-4 pm - \$20 Materials Fee.	Outdoor Sketching August 2-23, 5:30-7:30 pm
Now You're Cooking Camp At The Links Ages 10-14 - July 11-15, 9 am to 12 pm - No Materials Fee.	SHORT TERM SEMINARS
Dirty Hands Pottery Camp - Ages 8-13 July 11-15, 1-4 pm - \$10 Materials Fee.	Bring Home The Bakin' At Pomona's Bakery Cafe - June 11, 1-5 pm \$48 Members; \$53 Nonmembers; \$10 Materials Fee.
Cooking Around The World - Ages 8-10 July 19-22, 9 am-12 pm - \$50 Materials Fee. Includes: Food Daring Camp Each Day, Food Taken Home, And Recipe Booklet.	So You Think You Can't Cook - June 13, 3-7pm \$48 Members; \$53 Nonmembers; \$20 Materials Fee.
Clay Jungle - Ages 7-11 July 19-22, 1-4 pm - \$10 Materials Fee.	Silver Metal Clay Filligree Earrings - June 18 - 12-4 pm \$48 Members; \$53 Nonmembers; \$20 Materials Fee.
Time In The Rainbow - Ages 4-5 July 25-29, 9 am-11 am - \$83 Members, \$98 Nonmembers, \$20 Materials Fee.	Make It/Take It Clay Jewelry - July 13 & 20, 5:30-8:30 pm \$71 Members; \$79 Nonmembers; \$45 Materials Fee.
Explore The Rainforest With Art - Ages 7-11 August 1-3, 9 am-12 pm - \$12 Materials Fee.	
Exploring The Elements Of Art - Ages 8-12 August 8-12, 9 am-12 pm - \$12 Materials Fee.	

Tuition for summer camp is \$125 for Adams County Arts Council members.
\$135 for nonmembers. Materials fees are payable to camp instructors the first day of camp. Unless otherwise noted: Tuition for Adult Classes and Short Term Seminars is \$85 for Adams County Arts Council members & \$105 for nonmembers. Materials fees are payable at 1st class meeting. Classes meet at Imagination Station, 18 Carlisle St., Gettysburg unless otherwise noted. Register by phone at 717-334-5008.

See full course descriptions and register at www.acacarts.org

IMAGINATION STATION

Summer cultural events at the Mount

Carolyn Shields
MSM Class of 2014

May comes and the Mount is quiet for summer, right? Wrong! All you would have to do is flip through Mount Summer's booklet to see that plenty is still going on. Classes are still running and students are still kicking back in the café, but during the summer months, the Mount Summer office works especially hard to bring the community onto campus.

Chris Weber, the Director of Mount Summer, said, "Mount Summer is only in its second year and there is something for everyone. Beyond the graduate and undergraduate academic programs, we are offering everything from kids camps to a youth conference to fun and enriching classes for adults."

The community has already come together at Wednesdays at the Fountain, a weekly show displaying local musical talent. Already two jazz quartets and a punk-funk band has performed. The most popular show to be sure was the brother-sister duo on June 16th, Judd & Maggie.

"Our concert at the Mount went really well," said Judd. "We couldn't have asked for a more beautiful evening and setting. Since we now live hundreds of miles apart, Maggie and I don't get to play as many shows together, so now I treasure those times when we do play."

Judd, the Director of Music Ministry, had a loyal fan base of Mounties who came back to hear him play. Wearing a jacket that looked like it was taken off the back of John Wayne, Judd (& Maggie) drew the audience in with their own eclectic rock music, as well as classics such as Captain

Entineel. It was a perfect summer night and over ninety people crowded the patio, bringing their dogs, blankets and lawn chairs and settled into the comfortable atmosphere that good music and fellowship provide. Wednesdays at the Fountain are held every Wednesday on the main campus from 8:30-10.

Chris Weber is also excited about Movies Under the Stars. "June's 'Princess Bride' was canceled due to weather but is rescheduled for July 15. The week before, on July 8, we will be showing 'Rango' on Echo Field (behind the Delaplaine Theatre). Like Wednesdays at the Fountain it's a free event, and we invite families to come out and have a good time."

Targeting a kid audience, Mount Summer just hosted a one to two week long enrichment summer camp, Project Discovery, for kids ages 6-18. A variety of eight sessions were offered, though the most popular was 'Flipping into Film,' in which students, equipped with a flip camera, wrote their own play and performed, recorded, and edited it on Movie Maker software, leaving with their own film. Another highly attended session was 'The World Beyond,' in which students learned facts about their solar system and took a fieldtrip to the Planetarium.

The most popular camp was CSI Camp. Instructed by the former Supervisor FBI Crime Lab, Robert Fram, and the Supervisor for the Crime Scene Unit in Frederick, Wendy Martyak, this camp provided a hands on experience with analyzing crime scenes. Targeted for an audience of ages 15+, participants learned basic chemistry and forensics, proper



techniques for crime scenes, and gathering evidence. At the end of this weeklong camp, they used their new skills to analyze a staged crime scene.

So what's still to come? Three spiritual retreats are going to be held in the second half of July. The first, The Women's Retreat: Letters From a Sister-Friend: Clare of Assisi's Wisdom for Women Today will be held July 17-18th. Focusing on the lives of St. Clare and St. Agnes of Prague (the recipient of these letters), women will be refreshed with this reflection on love and wisdom from the 13th century that is applicable to today's world. Come establish friendships with 'sister-friends' on the beautiful seminary ground, bathed in the morning summer light or cooled by July nights' breeze.

The Men's Retreat: Authentic Masculine Spirituality for a

Hectic Age will be held July 31-August 1st. This retreat will offer time to reflect on Psalm 46:10: "Be still...and know that I am God." In the chaotic and time consuming era we live in, we need rest. Come rest in His grace. Both of these retreats are \$135, including the cost for meals and overnight accommodations (single rooms and private baths).

Scripture Institute, a retreat for both men and women, will be held July 20-21st. Hosted by the Theology Department and led by the Mount's Fr. Jim Donohue (whose homilies at 10p.m masses always make students smile when they are stressing over their 8a.m exams the next day), this retreat is a study of St. Luke's Gospel. Why St. Luke's? Fr. Jim said, "We chose the Gospel of Luke because it is the gospel that we

focus on in the Foundations of Christian Theology course that all juniors take while at the Mount. Each of the four presenters, Sr. Mary Kate Birge, Dr. William Collinge, Dr. David McCarthy, and Fr. Jim Donohue, have taught this gospel for years. We are all excited about it and it looks like we have a good size group."

At the end of July, Mount Summer will be hosting Grandparents University from July 28-29th. Kids ages 8-14 will bring their grandparents to this overnight learning experience, and together grandparent and grandchild will spend time together attending classes, sharing stories, and picnicking on the Mount's campus, tucked into the side of the mountain.

The Mount is definitely not a ghost town in the summer as many are lead to believe. Walking on campus you might see a group of thirty little boys jumping on the lacrosse team player's backs, giggling as they cling to their necks. There are teens sleeping in the Knott AC classroom, where they are being instructed on how to parallel park. Hundreds of nervous freshmen with their lanyards around their necks assemble on Orientation Days in June, and if you hear shouting and singing coming from the Knott arena, it's probably the Catholic Live! kids cheering Fr. Leo on as he break dances. If there are candle light processions, without a doubt you know the retreatants are headed to the Grotto. And meanwhile, the Mount kids smile at the unusual entertainment that is absent during the school year as they make their way to class.

For information on any of the events listed here, check out www.msmary.edu/summer, or email Angie Hamlin at summer@msmary.edu.





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MOUNT SPORTS

Life lessons

Megan Kinsella
MSM Class of 2013

Good day, fine citizens of Emmitsburg! I've decided to take a different route with this month's Sports article and tell you a little bit about myself. I have played sports my entire life. Like every other 20th century American kid, I started playing soccer before I could walk, and I was a kickball pro by the age of five. After a few years, I added basketball and lacrosse into the mix. I spent more than half of my middle school recesses begging the boys to let me play in their football games. I joined the cross country team in 6th grade and running soon became my passion. Throughout all of my active childhood and young-adult life, sports have taught me so much about who I am, where I am going, and everything in between.

As a twenty (almost twenty-one, woo hoo!) year old, I haven't been around long enough to be considered wise, but I do know a few things about this little thing we call life. I love how the most meaningful lessons don't come from the classroom, but from lived experiences. Yes, it's important to memorize your multiplication tables and be able to diagram a sentence (if anyone sees the importance in that, please let

me know because I still don't get it), but there's so much more than that. Helen Keller agreed with me 100% when she said that "life is a succession of lessons which must be lived to be understood." Of all the sports I've played, cross country has taught me the most, and I continue to be a student of the almighty running god every single day.

Accepting Challenges

As I said, I started my running career in 6th grade. Up until then, I was obsessed with the idea of making it big in basketball. At a whopping 4 foot 2 inches, I spent my younger years persuading my parents that they had the privilege of housing the next Sue Bird under their roof. Well, fate (and my father) had other plans.

One day in the fall, my dad approached me with a challenge. He told me that the local schools were putting together a two mile race for their 6th, 7th, and 8th graders. Then, he did the unspeakable: He dared me to enter. After I laughed in his face and told him to get a life, he decided to get a little more serious, and he bet me that I couldn't finish the race. This is where things started to get intense. The old "oh yeah? watch me" syndrome kicked in and I found myself nervously standing on the starting line the



The Author competing in one of her first races in sixth grade. (Editor's note: I really must be getting old as she doesn't look much different today!)

next morning with a hundred other kids. The starter stepped up in front of the group, gave us instructions, and bellowed those infamous words: "On your marks, get set..." and then the gun... BOOM! And, in the words of Forrest Gump, "I was runnin'!"

Adrenaline shot through my small body and since I had no idea how to pace myself or exactly how long two miles was, I flew like a bat out of hell. I quickly found myself out in front of the pack and was ecstatic to discover how much I actually enjoyed running: it was very freeing, practically effortless. I crossed the finish line in first place and skipped over to my dad, who was grinning ear to ear. I ran for the next three years of middle school with continual success, and then continued my running career in high school, improving significantly every season. And now I find myself here, at the Mount, competing at a Division One level and loving every minute of it. Who would have thought! So class, this is our first lesson for the day: never back down from a challenge, no matter how daunting it may seem or how nervous you may be. Who knows where it will lead you!

Giving Up

What's that old saying about giving up? Oh yeah... don't do it. Winston Churchill famously said, "Never give in, never give in, never, never, never, never - in nothing, great or small, large or petty." He didn't say anything profound or original or even eloquent, so why are those words so well known? Because we can all relate to them. Running is a constant battle of mind over matter, forcing yourself to continue when every part of your body is screaming at you to stop. There comes a moment in every race when you are exhausted beyond measure and you feel like you can't go another step. In that moment, you have a decision to make: do you settle for less than the best? Or do you persevere, knowing

that the pain will be worth the gain? The NEC Country Championships were in Connecticut in 2009, at Quinnipiac University. As a freshman, I was racing against girls who were two and three years older than me. It's an understatement to say I was nervous: I was downright terrified. I had a good season leading up to the meet, so my coach thought I was going to be able to surprise some people and place in the top 15. The game plan was to get a good start and stick with the lead pack, letting them set the pace and pull me through the miles. After the first mile and a half, I was in perfect position to finish in the top ten, and I felt great. After mile two, I picked up the pace and moved into third, a few yards behind the leaders. I held position for the next half mile and was still feeling pretty good when two girls passed me. I let them go, hoping that I could catch them later. Then another girl passed me and another, and I soon found myself in 9th place with a quarter of a mile left in the race, and I was fading fast. I began reasoning with myself: "I'm alright with 9th place, that's great for a freshman! I wasn't even expecting to get top 10. This is fine." But, it turns out "fine" wasn't good enough. I saw my family cheering along the home stretch and heard my coach yelling all the hard-core, inspirational things coaches are supposed to say at moments like those, and I made the decision to go for it. With 200 yards left, I ignored the pain and started sprinting. I passed two girls, then a couple more, and then another. I finally crossed the finish line, after what felt like an eternity, and I was handed a silver medal. Not only did I place second, but I ran my personal best 5k time and was awarded Rookie of the Year honors for the Northeast Conference.

Looking back, that was one of the most exciting and satisfying moments I have ever had in my running career. I learned that settling for less than

the best is never an option, and the human body can always do more than the mind will let it. So this brings us to the conclusion of lesson number two: never ever ever give up. We all have moments in our lives when we're tempted to throw in the towel, convincing ourselves that we can't go any further or that we're okay with settling. However, its making the conscious decision to persevere that turns the Average Joe into a champion.

Coincidences

I have one more lesson I want to share with you before the bell rings, and it looks like it's getting close so I'll make it brief. There are no such things as coincidences. Nothing happens by chance. I know it's cliché but I'm going to say it anyway: everything happens for a reason. I've always been a big advocate of this belief and recently running has backed up my conviction.

Freshman year I was struggling a lot with picking a major. I was leaning heavily toward Elementary Education, but the work load was extremely stressful and I didn't really enjoy what I was doing. By the end of second semester sophomore year, I decided to drop out of the education classes and declare a double major in Communications and English. I wasn't sure that I made the right decision, and was starting to get nervous thinking about my future. I was really stressing out about it one day at track practice and was contemplating making the switch back to Elementary Education. Two teammates and I set out for a long run and decided to explore a new route on the roads behind the school. About 45 minutes into the run we came across a man on the side of the road who said hello and asked us if we could do him a favor. We nervously smiled, but kept running, waiting for him to continue. He proceeded to ask us if he could take our picture while we ran past his driveway, to which we responded by picking up the pace tremendously. He laughed and quickly explained that his name was Mike Hillman and that he was the editor of the Emmitsburg News Journal (sounds familiar, no?). He told us that he wanted to showcase Mount Athletic talent by putting our picture on the front page of the paper. We obliged and, after modeling for our new-found friend, began talking about school. Mike asked us about our majors and he was delighted to discover that I am an English/Communications major. He excitedly offered me a job working for him, writing sports articles for The Journal. I told him that I was way too busy and there was absolutely no way I could fit monthly articles into my schedule. End of story. Kaput. The end.

I jest, of course. I agreed, taking it as a blessing and a definite sign that I had chosen the right major. Writing for this paper has given me a great experience and I really love what I am doing. So, voila, there you have it folks: there are no such things as coincidences.

See you in August, Emmitsburg! Class dismissed.



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PASTOR'S DESK

God created us for union with Him

**The Rev. Fr. Elias Yelovich
Pastor, Orthodox Mission of
the Entrance of the Theotokos
into the Temple**

And Jesus answered them, "Those who are well have no need of a physician, but those who are sick...." (Luke 5:31)

During the past several weeks I have had reason to think about these words of the Lord Jesus quite a bit. Two weeks ago I was going about my regular business, teaching and working in my day job and preaching and administering the Holy Mysteries in my congregation, when I suddenly took ill. I am a healthy man in my early 60s taking no regular medications, so the suddenness of my illness took me entirely by surprise. My doctor examined me and immediately admitted me into the hospital for treatment. Now, after some rest and great care to follow his instructions to the letter, I became better, once again working and serving in my little congregation on the west end of Main Street in Emmitsburg.

I have been to the doctor's office many times in my life for check-ups and examinations of one sort or another. Never once during any of those visits did I ever hear a truly sick person in the doctor's office lie about being sick or pretend to be well; never once did I observe a doctor assuming that the people coming for help should not be there because of their illness. When we are ill, we eagerly go the doctor for treatment, because we cannot heal ourselves. There is little to be served by pretending that we are well when we are not.

How strange it is that we can be so very honest with our earthly physicians and so very dishonest with the Great Physician of our souls, Jesus Christ. If we come into His hospital, the Church, at all, we come more often than not pretending to be well. We delude ourselves into thinking that we are basically Ok, but that others are not. We turn away from those who have fallen or who have attempted to solve their problems with a host of worldly solutions that do not work. Rather than helping them, we turn away from them. Rather than moving our lips and raising our hearts in prayer to God for them, we condemn and judge. How easily we forget that it was precisely for those who have been beaten up by the world that our Lord came – not for the righteous, but for the sinner; not for those who are well, but for those who are ill – for those very people from whom we so quickly turn away in prideful judgment, even as we ourselves pretend that we are Ok.

The truth is that none of us are well; the truth is that we are all sick, and there is no sin of which we are not guilty in our hearts. We live and interact with others in a world sickened by self-will, filled with violence and injustice, empty of mercy. Greed consumes us, and self-love drives us. Some of us even dare to imagine in our pride that God will simply overlook our sin and will somehow grant us a ticket to heaven without our repentance or without any attempt on our parts to submit to His will in our lives. We live for ourselves, forgetting that God created us to live for others. We act as if He were asleep

or distant. We pay lip service to Him, but we do not submit our wills to His will. We overlook our own sin and pretend that the wages of sin, death, is really Ok, a "natural" part of life as I have heard many people mistakenly say; this above all else is the great lie of our modern age, the age in which so very many of us have turned away from Truth.

The more honest among us know that things are not Ok. God created us not for sin, or for death, or for violence, or for selfish gratification. God created us for union with Him, and it has always been His loving will that we become ever more like Him in every way possible. Created in His image, He gave each of us the great and eternal vocation of growing ever more unto His likeness – ever more merciful, loving, patient, kind, gentle and forbearing. This He enables within us through the merciful gift of the Holy Spirit, Who calls us to repentance and unites us to our Lord in Whom we have Life Eternal. Sickened by sin, powerless to overcome that which holds us captive, unable to free or to heal ourselves, He provides us with the very Medicine of Immortality, the Life-giving and Precious Body and Blood of the Savior, Jesus Christ. In place of judgment and condemnation, He offers us healing, and He bids us to become means of healing of those around us. Only by helping others to get well can we ourselves get well.

There is so very much that I could write about the history and theology and dogma and life of the Holy Orthodox Church, a small congregation of which I pastor in downtown Emmitsburg at 306 West Main



Street. You may read of it if you like by means of a number of informative hyperlinks on our website: <http://EntranceMission.org>. And of course, you may visit us at the Divine Services, or call me at 717-817-1669 or email me at FatherElias@EntranceMission.org. I will answer any questions you have as best I can. But the one thing I want to leave with you in this brief introductory article about the Holy Orthodox Church and the ancient Tradition she preserves is that she is our hospital, the place and means of our healing. Inflicted as we are with the illness of self-will, the emptiness of sin, the Church is the only place wherein we can be healed. Only in Jesus Christ is there health; only in Him is salvation. The Holy Orthodox Church strives to maintain this ancient witness in her Divine Services, through her spiritual disciplines of prayer and fasting, in her teaching and in her

guidance to her members as they work out their salvation by means of repentance and growth in Grace, the self-giving of God to all who will receive Him.

It is truly impossible to summarize 2,000 years of Holy Orthodox Tradition in a few paragraphs. But by way of introduction to the Holy Orthodox Catholic and Apostolic Church, I offer you this simple description: we are a worldwide communion of Christians, representing hundreds of millions of people in many countries and cultures, linked to one another by means of a common faith and confessing the ancient and unaltered creed of the early Church. We attempt to follow the ancient Way, the Way of the Lord Jesus that calls us to repentance and that leads to the acquisition of the Holy Spirit, the Lord and Giver of Life, Who draws us into an ever more perfect union with our Lord Jesus. The Way, as St. Luke calls it, is the narrow way that alone leads to our healing, to our salvation, the eternal progress of growth toward Theosis or union with the One True God, our Creator.

We are overjoyed to be among you in beautiful, historic Emmitsburg, and we pray that we will be a blessing to you and a means of healing for those among you who know your need for God. As many of you have welcomed us, so we welcome you, and we invite you to come and experience the Way of the ancient Church. As the Holy Apostle Philip said to the Holy Apostle Nathaniel, so we say as well: Come and see!

May the Peace of the Lord Jesus be with you!

The Rev. Fr. Elias Yelovich, Pastor Orthodox Mission of the Entrance of the Theotokos into the Temple 306 West Main Street Emmitsburg, MD <http://EntranceMission.org>.



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SIMPLE SERVINGS

A cucumber kind of summer

Sharon Racine

A few years ago, my parents decided to plant a vegetable garden in our backyard. The ten square feet of tomatoes, zucchini, cucumbers and peppers appeared in neat, pleasant rows, patiently awaiting their first harvest. This harvest came and went, followed quickly by second, third, tenth and twentieth harvests. We were up to our ears in vegetables and quite frankly, my parents didn't know what to do with all of the excess.

My dad began packing large brown grocery bags full of tomatoes and zucchinis to bring to his employees at work, and I found myself toting a portion of the harvest to friends' houses each time I visited. Even though the deer and rabbits made themselves at home among the prosperous Eden of sorts, the veggies prevailed and I began dreading even going near the garden, knowing the never-ending surplus that hung heavy from its juicy green stalks.

The only vegetables that I didn't dread picking from the garden were the cucumbers. These required little dirty work, and I was able to avoid the dense, itchy unknown of the towering tomato vines. Considering the number of tomatoes and huge



The author's father with a portion of the family garden's harvest

zucchini that we pulled from the patch on the regular, our cucumbers usually grew in more moderate batches and I became quite fond of them.

Their crisp, cool and mellow flavor was sometimes just what I needed on a hot summer afternoon – I could eat an entire cucumber in one sitting. Sometimes I would peel them down to their pale green flesh and cut them into spears, and other times I would rinse them, slice them, and pop the thin rounds into my mouth, skin and all.

These cucumbers that were easily chopped and consumed are known as the “slicing” vari-

ety of cucumbers. I was interested to learn that there is a specific “pickling” variety of cucumber, which tend to be shorter, thicker and bumpier than slicers, often growing only three or four inches long before harvest. A third common type of cucumber is known as the “burpless” variety, whose easily digested skin and seeds are reputed to produce less gas than some other varieties of cucumber.

Gas-free or not, all cucumbers' tough green skin is full of nutrients; add it to your diet for an extra dose of fiber, vitamin A and silica (a skin-nourishing mineral). Though cukes are mostly made up of water, they can be combined with a number of other ingredients for fresh and summery creations, as I found when I began experimenting with cucumber recipes after a particularly fruitful yield.

Cucumbers are not exactly ideal for actual cooking per se (i.e. boiling, baking, frying), but they can be sliced, diced, shaved and pureed to meet almost any culinary demand. I discovered the below recipes in the July issue of Prevention magazine, and found them all to be extremely simple and perfect for summer parties. Whether you serve them as refreshments or side dishes to a delicious grilled summer dinner, they're sure to please any palate!

Pickled Cucumber and Shrimp

Ingredients

¼ cup rice vinegar, ¼ cup agave nectar, ¼ tsp red pepper flakes, ½ lb peeled shrimp 1 cup sliced red onion, ½ lb halved and sliced Kirby cucumber, ¼ cup cilantro sprigs.

Instructions

1. Combine rice vinegar, agave nectar, and red pepper flakes and bring to a boil.
2. Add shrimp and simmer until cooked through, approximately 3 minutes.
3. Stir in sliced red onion and Kirby cucumber.
4. Serve chilled with cilantro sprigs. Serves 4.

Cucumber and Crab Sevice

Ingredients

6 oz cubed Persian cucumber 1

sliced mango 1 cubed avocado, 4 oz lump crabmeat, 2 Tbsp fresh lime juice

Instructions

1. Toss cucumber, sliced mango, cubed avocado and lime juice. Separate into four martini glasses, and top with 1 oz lump crabmeat each.

Cool Cucumber Wasabi Soup

Ingredients

1 lb peeled and chopped seedless cucumber, ¼ cup low-fat plain yogurt, ¾ tsp wasabi paste, 2 chopped scallion greens, ¼ cup ice water.

Instructions

Combine cucumber, yogurt, wasabi paste, scallion greens and ice water in a blender. Puree until smooth. Ladle into 4 bowls and serve with a dollop of yogurt.

Grilled Chicken with Cucumber-Dill Yogurt Sauce

Ingredients

8 oz cucumber chunks, ¾ cup 2% plain Greek yogurt, 2 Tbsp chopped fresh dill 1 tsp minced garlic, 4 boneless, skinless chicken breasts, 4 whole wheat pitas.

Instructions

1. Mix cucumber chunks with yo-

gurt, dill, and minced garlic.

2. Grill chicken breasts over medium heat, turning once, 15 to 18 minutes per side.
3. Grill pitas until golden, about 3 minutes.
4. Slice chicken and serve with halved pitas. Top with cucumber-yogurt sauce.

Cucumber salad with

Grilled Steak Skewers

Ingredients

1-4 oz skirt steak, 2 Tbsp sweet Asian chili sauce, 3 Tbsp fresh lime juice 1 tsp minced garlic, 4-8" soaked wooden skewers, 1 seedless cucumber, 1 Tbsp fresh lime juice, 1 ½ lb watermelon.

Instructions

1. Cut steak crosswise into 12 thin slices. Toss with sweet Asian chili sauce, lime juice, and minced garlic. Thread ingredients onto soaked wooden skewers.
2. Shave cucumber into ribbons and toss with 1 tablespoon lime juice. Cut watermelon into 8 slices and set aside.
3. Grill beef over medium-high heat, about 1 minute per side (for medium-done).
4. Serve watermelon, cucumber and skewers with lime wedges and a side of chili sauce.



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As children, summertime revolves around all types of fun foods, like watermelon, hotdogs and ice pops! As adults, we still crave that summer fun which seems to always involve food. So what quintessential picnic foods can be paired with wine and hard cider?

Deviled eggs with the creamy texture and sometimes peppery bite would taste nicely with our Sparkling Apple Wine or Jack's Hard Cider (specifically Helen's Blend). If there is something spicy on the menu, like BBQ or fried chicken, a semi-sweet or sweet



wine would be the right match, since opposites attract! Try Hauser Estate's Apple Wine or Jennie Wade White. Burgers, ribs or brats would pair well with a medium to bold red wine, such as our Chambourcin or Cabernet Franc. If you are craving a nice Chardonnay, grill up some corn on the cob and load up the butter! The acidity in a Chardonnay always works well with butter.

For dessert, try a fruit pie with our Late Harvest Vidal. If baking a pie is too much work, stop by the grocery store, grab a pint of vanilla ice cream and use the Vidal as a grown up “chocolate syrup.”

And of course, if that childhood favorite the hot dog is what your yearn for, try drinking some Jennie Wade White or one of our refreshing Jack's Hard Cider!

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THE BUILDER'S NOTEBOOK

Do not enter – construction zone!

Andrew Wivell

Imagine a parallel dimension. A couple with 2 kids, a dog and a cat have decided to build an addition. They have hired the Contractor and work is ready to begin. They have entered...The Construction Zone!

For many Homeowners embarking on a renovation project, living through the actual construction phase of the project can feel like living in The Twilight Zone. There are always unexpected inconveniences and the inevitable "What were we thinking?" moment as their home life is turned into a juggling act worthy of any Barnum & Bailey Circus. The goal of this month's article is to provide you a Survival Guide of items to consider when working with your Contractor to develop a customized plan that minimizes those "unexpected inconveniences".

As I have preached in previous articles, Communication with your Contractor is the best tool in developing any construction plan. It is vital in this phase of the project and made much easier with modern technology. Your home is about to become a Construction Zone with demolition debris, Subcontractors and material coming in and out, and interruptions to your normal daily routines. It is critical that you and your Contractor have reviewed the plan and that everyone is clear on expectations. Think about your family's daily routine and any "critical" items that will be impacted by the construction. You know your routine better than the Contractor, so take the time to think about how your family can adapt during this phase of your project. Also, make sure you have taken any additional costs for outside meals, hotel stays, babysitting, etc. into consideration when calculating your budget. Here are some common items to consider:

Construction Calendar - take the time to sit down and review the Contractor's calendar. This calendar should provide target dates for all phases of the

construction project. When will demolition, if necessary, be done? How long will the home be open to the outdoor elements? Keep in mind that these are initial target dates. Things may come up (e.g.: weather) that change plans and you will need to adjust accordingly. Again, prompt communication with your Contractor will hopefully minimize any significant changes. Make sure your Contractor has your preferred method of communication: email, texting, or phone calls.

Daily Start Time - most Contractors and Subcontractors prefer early start times. Most of the Subcontractors I use prefer to be on the job site by 7am. Make sure you and your Contractor agree upon a Daily Start Time. Be aware of your daily morning routine and how the Daily Start Time fits into that routine. If you do not want construction to begin until after you have left the house in the morning, be sure to communicate that time to your Contractor. He/she can then make sure to coordinate effectively with any and all Subcontractors. One thing to keep in mind is that the more restrictions that are placed on your Contractor, the longer the construction process will take. Your Contractor is just as motivated to complete the project as soon as possible, so the more flexibility he/she has, the quicker the project can be completed.

Daily Clean Up - are you a person that can live around clutter? If not, then you need to talk with your Contractor about the end of the day clean up. Subcontractors are professional and will usually clean up tools and discarded material at the end of the day. However, there is always dust, sawdust, powder, etc. that accumulates during construction. Be clear as to your expectations so that your Contractor can work any additional daily clean up into his/her schedule. Keep in mind that you are living in a construction zone and it won't be possible to look like normal. Flexibility and understanding will be your best approaches to peace of mind.

Pets - make sure your Contractor is

aware of all family pets. Be sure to clarify whether pets are indoor only. It is the Homeowner's responsibility to make sure that all pets are protected from the construction debris. Plan ahead so that your pets have everything they need in secured areas away from the construction zone, such as water and food dishes, favorite toys, any sleeping accessories, etc. For cats, make sure a litter box is available. Remember that your pets' life will also be disrupted during this time. Many pets are disturbed by the loud noises and new smells that accompany a construction zone. It is extremely important that all animals are kept out of the construction area due to the hazards of moving material and material that could accidentally be ingested by your pet. Consider whether a "vacation" to a family member's home or a kennel might be the best solution.

Kids - see "Pets" above! (Just kidding.) The first step is to determine whether your children will be home during the day when the majority of the active construction will be done. Babies and Toddlers will have sleep schedules interrupted with periodic loud noises. Toddlers are naturally inquisitive and risk injury if they wander into the construction areas. If you have older children that are home without you, make sure you have discussed this with your Contractor. If your Contractor is using Subcontractors, you need to determine if the Subcontractors will be supervised directly while in your home or if the Contractor will plan on only being there to get them started and return when they are finished. It is important that you determine your comfort level and clearly communicate your expectations to your Contractor. Bear in mind that the Contractor may have several projects occurring at the same time. If you require full time supervision by the Contractor because of children at home, there may be additional costs involved. As mentioned before, you should consider whether a vacation to a family member or friend's house might be the best option for your



children. One final reminder from last month's article. If your project involves Lead Paint Removal, make sure your Contractor has the required certification and that all protective steps are taken. Children are especially susceptible to the affects of dust from the removal of Lead Paint, so I would highly recommend making sure your children are not home during this phase of your project as a final precaution.

Electricity/Water - determine if your project will require periods of time when electricity or water is required to be turned off. If so, make sure your Contractor gives you advanced notice of when the shut offs will occur. Most projects will only require short interruptions to service, but it's still an important interruption to your normal daily schedule. If your water is going to be off - this means no dishwashing, no laundry & no bathroom functions. If your electricity is going to be off - this impacts virtually every function in your home from food storage and meal preparation, laundry and entertainment (TV's, Video Game Systems) to

name a few. Make sure you have a plan in place to survive the shut off.

Meal Preparations & Food Storage - if your project is a Kitchen remodel, then you will need to develop an extensive plan for how you will store perishable food and prepare daily meals. For projects that do not involve a complete Kitchen remodel, you will still need to determine what, if any, portions of the project will affect the ability to use the appliances in your Kitchen. Some common sense ideas are using paper or plastic products instead of dishes, utilize microwave prepared meals that can be made in a microwave set up in another area of the house, asking a friend or family member if you can use their oven to bake one dish meals, etc. Interruption in your ability to prepare normal meals is traditionally the most frustrating and costly portion of living through a construction project.

Bathroom Remodels - if you are blessed with a home containing more than 1 bathroom, then a Bathroom remodel can be survived fairly easily by simply consolidating into a separate bathroom for the duration of the project. However, if you are remodeling the only bathroom in your home, you will need to make sure you have planned for all of the interrupted functions. If you have a separate tub & shower, determine whether the Contractor's plan allows for these 2 items to be updated at separate times so that you always have a functioning bathing unit. If you have a combined tub/shower, make sure you know what day(s) the unit will be unavailable. Then, make alternative arrangements with family or friends or plan to stay at a hotel.

Living through a construction project can be a difficult process. Hopefully the items mentioned above can help you develop a customized plan to minimize the negative effects on your normal routines and make the experience a pleasant one. Prioritize communication with your Contractor and you both will be able to look back on the experience as positive with pride in your beautiful new space.

If you are considering a remodeling or building project, please visit our website at www.wivellhomes.com and we will be happy to help you get started on the right path.

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COMPLEMENTARY CORNER

Lessons from nature, Part 1

Renee Lehman

This is the first of a two part article on observing the natural cycles within nature. In this article I will discuss and give you examples of the “creation” and “controlling” cycles in nature. In the second article these cycles will be used to apply lessons of nature to our lives.

Previous articles have noted that the ancient Chinese observed a cyclical pattern of expression in nature, and this pattern was governed by the Five Elements. These Elements or energies are felt to be the prime energetic building blocks from which everything in the material world is composed. So, every living thing and every person is a unique embodiment and combination of these Five elements. The Five Elements are Water, Wood, Fire, Earth, and Metal.

Together, the Five Elements help us to understand the process of dynamic harmony and balance in the whole system of energy.

Sheng (“Creation”) Cycle
The solid arrows that are shown in the image above represents the Sheng (pronounced Shang) Cycle. The Sheng Cycle is a cycle that demonstrates how each of the five elements is “created” by the element preceding

it. For example, Water creates Wood (plants) by providing nourishment, Wood creates Fire by being burnt, Fire creates Earth from the ashes, Earth creates Metal (think of iron ore, rock, or the minerals in the soil) by being compressed and hardened, and Metal creates Water by containing it (without rocks in a stream bed the water would soak into the earth).

There are many examples in nature of this creative cyclical movement:

Water creating Wood can be seen as rain provides valuable nourishment for plants, fruits, vegetables, flowers, and other vegetation. If we don't receive enough rain in the Spring and Summer, the vegetation will not grow to maximum maturity, and will not bear much “fruit” for us to eat.

Wood creating Fire can be seen at a campfire on a cool, Fall evening. The more wood that is placed into a campfire, the brighter, hotter, and longer the fire will burn. Oh, that warmth feels nice (and the toasted marshmallows are good, too).

Fire creating Earth can be seen as the ashes from the cooling fire create new land. For example, when a volcano erupts, the cooling lava creates new land. Also, the summer heat allows vegetation to grow. Then when the vegetation dries up and dies off in Fall, it creates fertilizer for the earth.

Earth creating Metal can be seen as downward forces (such as gravity) squeeze the minerals of the earth together to form metal, such as copper. Living in south-central Pennsylvania, veins of copper can be seen along the sides of the road where a hill had been cut through to create the highway.

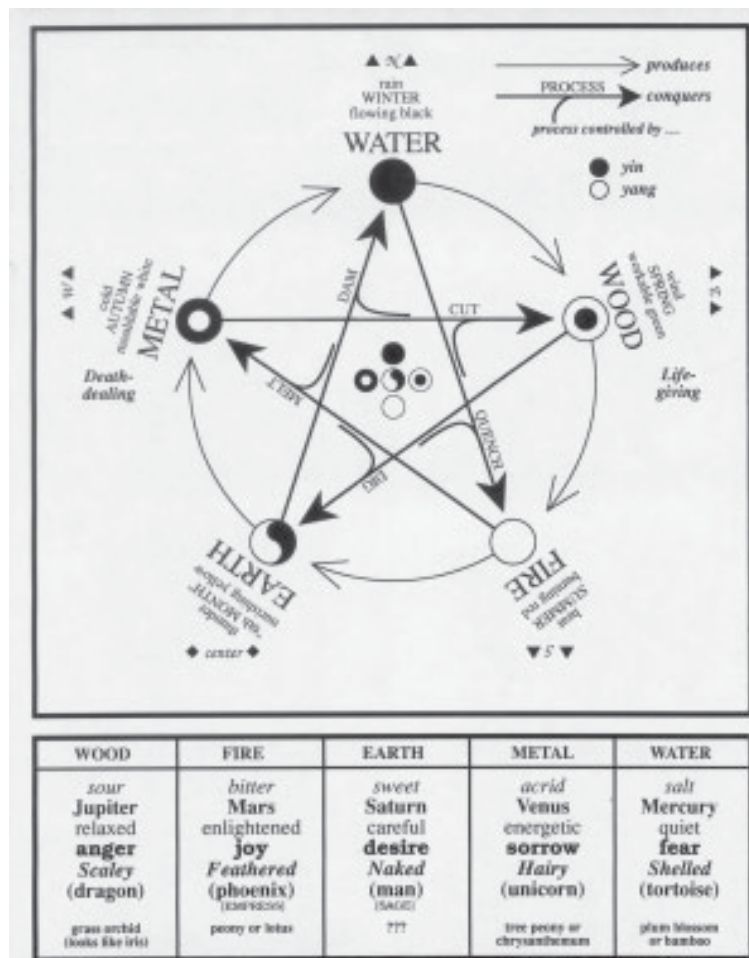
Metal creating Water can be seen as streams and rivers flow in specific pathways because the ores of the earth provide channels for the water to flow within.

All five of these movements within the Sheng Cycle occur simultaneously. Therefore, if one movement is removed, the entire cycle gets stuck. When one element is missing or is over abundant, nature will show up as being “not quite right”. Just think of how nature “showed up” this Spring when it was so cool and wet; or when last Summer was too hot and dry.

Ko (“Control”) Cycle

The dashed arrows that are shown inside of the Five Element image represent the Ko (pronounced Koh) Cycle. Can you see how the arrows are drawn between alternate Elements? This is the “control” cycle that prevents excessive growth of any one Element by allowing mutual checks and balance among the Five Elements. Thus, the Ko Cycle helps to keep balance in the natural world. Water controls Fire, Fire controls Metal, Metal controls Wood, Wood controls Earth, and Earth controls Water. Water controls Fire by extinguishing it, Fire controls Metal by melting it (iron ore is melted to make something useful like steel), Metal controls Wood by cutting it, Wood (plant covering and tree roots) controls Earth by preventing erosion, and Earth controls Water by containing its flow (giving it a boundary).

The Ko cycle should not be evaluated as a negative cycle because it “controls.” Like the Sheng cycle, it too moves in a positive direction, occurs simultaneously among the elements, and can be seen in nature.



The element of Water can be seen controlling Fire when it begins to rain on a campfire quenching the flames.

The element of Fire can be seen controlling Metal by melting the metal and making it malleable. Also, it is believed that chunks of metal such as iron and aluminum can be used as fuels by turning them into powder. On ignition this powder will release copious quantities of energy (www.technopreneur.net).

The element of Metal can be seen controlling Wood by a lawnmower blade cutting grass so that the grass does not grow too high, or by a saw cutting down an overgrown tree.

The element of Wood can be seen controlling Earth by the roots of a tree holding the soil from eroding away along a streambed.

The element of Earth can be seen controlling Water by absorbing excess rainwater; thus, preventing flooding.

Also, a mound of dirt can be used to dam up water control how the water flows through a stream.

We can see that when the Five Elements are in balance with each other via the Sheng and Ko Cycles, nature will thrive. When it comes to our health, if all Five Elements are in balance within us, then we are at a state of optimal health/wellness.

In the next article, I will discuss the life and personal lessons that we can learn from observing the Sheng and Ko Cycles in nature and within ourselves. Until then, watch for examples of these cycles in the world around you.

Renee Lehman is a licensed acupuncturist and physical therapist with over 20 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

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FITNESS AND HEALTH

Exercise and meditation to help ease the stress of today's world

Linda Stultz

Question: I hear so many conflicting reports when it comes to high-fructose corn syrup (HFCS). Is it really as bad as some people say it is?

Answer: Let's be clear—HFCS is not good for you. It certainly doesn't offer any health benefit that's for sure. But if you've been convinced that it poses additional health risks compared to sugar, or is simply worse for you from a health perspective, then you may need to rethink things. The preponderance of the scientific evidence indicates that high-fructose corn syrup and sugar, or sucrose, affect the body in very similar ways. Unfortunately, some health professionals have ignored this research when discussing HFCS with the general public and/or the media. I think some of this misinformation stems from the name of the ingredient itself. Fructose is known to have several adverse metabolic effects on the body, so based on the name, one might assume that HIGH-fructose corn syrup does indeed pose additional health risks above and beyond that of traditional sugar. However, HFCS is not really high in fructose. In fact, it has about the same amount of fructose as regular table sugar, which is comprised of equal parts fructose and glucose. Bottom line—avoid HFCS as much as possible because it's considered a source of empty calories and it's devoid of nutritional value.

Question: My personal trainer has been trying to get me to do

Olympic lifts, but I'm a little apprehensive. What do you think?

Answer: If you have a good trainer and he/she thinks you're ready for some Olympic lifts, I say go for it. Olympic lifts are great because most of them are multi-joint, full-body exercises. The movements used by most recreational weight lifters are isolation exercises, so you should relish the opportunity to utilize the muscles of the entire body in a coordinated fashion. Olympic lifts are designed to help increase strength and power (think strength at high speed), and amazingly enough, they positively affect your cardiovascular system too. Another benefit is the fact that significant volume (sets x's reps) is not needed, meaning you can do an effective workout in less time compared to more traditional forms of strength training. It is important to be properly trained on form, however, since these lifts typically involve heavier weights and overhead training. That said, I assume your trainer is well prepared to teach you these lifts (at least I hope so). Like I said, give 'em a shot. I think you'll find that they're quite fun to do!

Question: Are there any serious health implications when it comes to caffeine?

Answer: Interesting question given the fact that caffeine has been vilified in the past. However, that's not the case anymore. Caffeine is actually studied more for its health bene-



fits nowadays as opposed to any significant health detriments. It does increase heart rate, blood pressure, and respiratory rate, but only to a small degree. If you have pre-existing medical conditions that could be affected by these "side effects," then you may want to moderate or avoid caffeine entirely. And some people are considered caffeine-sensitive, so in addition to the above, they may experience tremors, anxiety, or insomnia. Again, these folks might want to limit or avoid caffeine as well. Thankfully, those adversely affected are in the minority. For most of us, caffeine is pretty benign. In fact, some studies indicate that up to 90% of Americans take in some form of caffeine each and every day. That's pretty amazing! As with most dietary constituents, it's a good idea to moderate your overall intake, so keep track of foods and beverages you consume and the caffeine in them.

About the author: Inga Olsen is the Club Manager and NSPA Certified Conditioning Specialist and Nutrition and Weight Management Specialist at Anytime Fitness in Thurmont. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.

Fitness matters

Inga Olsen
Anytime Fitness
Personal Trainer

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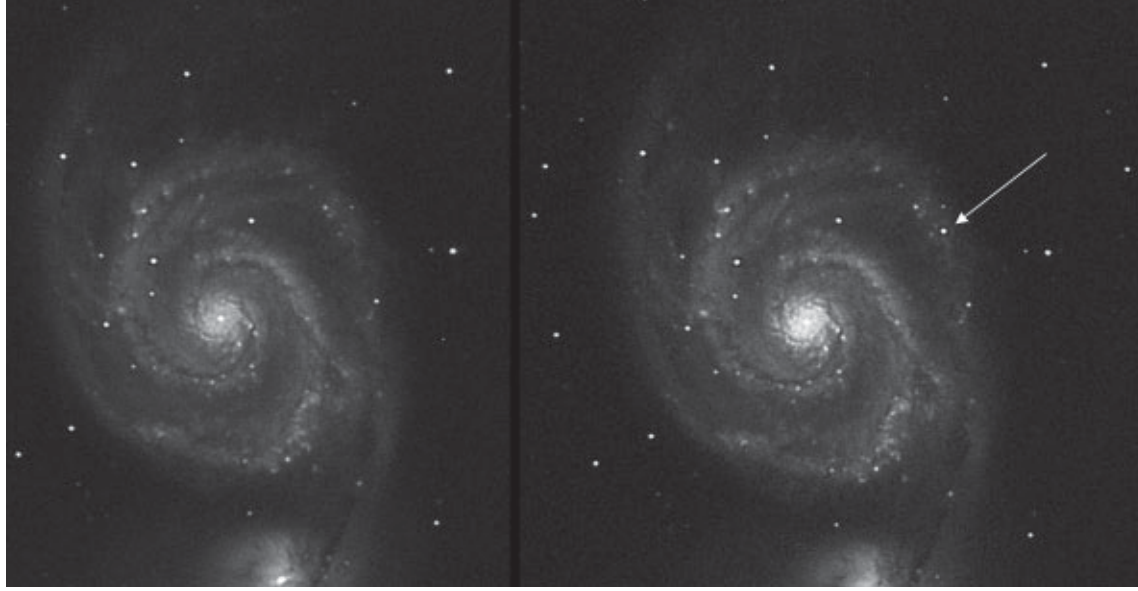
The night sky of July

Professor Wayne Wooten

For July, the Moon will be new on July 1st. It creates a partial solar eclipse, visible only in Antarctica. We have no solar eclipse visible from Pensacola until August 21, 2017, when we will witness a 82% coverage about 1 PM. The moon, almost first quarter, passes seven degrees south of Saturn on July 7th. The Full Moon on July 15th is called the Thunder or Hay Moon. The last two weeks of July will thus find the Moon at waning in the morning sky. The last quarter moon passes about five degrees north of Jupiter on July 23rd. The waning crescent moon passes a degree south of Mars in the morning sky on July 27th. The second new moon is on July 30th.

Both Mercury and Venus lie too close to the Sun for observing this month. Mars is faint and distant and in the morning sky. Jupiter is in Aries, rising about midnight. Saturn is the only planet now in the evening sky, and we will lose it to the Sun's glare by September, so observe it early in July right after sunset, before it gets too low.

Overhead, the Big Dipper rides high at sunset, but falls lower in NW each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. It was just south of the end of the handle of the Big Dipper that we find the



These images show the sudden outburst of a "supernova," a massive explosion of a star many times the size of our sun. This supernova took place in the far distant galaxy Messier 51 in the northern sky constellation of Canes Venatici, very near the Big Dipper in our nighttime sky.

famed Whirlpool Galaxy, M-51, visible with binoculars. It was the first galaxy to be resolved into a spiral, and any scope 8" or larger under clear dark skies will reveal this famed structure of colliding galaxies.

Then in June we witnessed a supernova (see photo), shown in the before and after photo above. Supernovae like these are normally rare, but this galaxy has sported three in the last two decades! These explosions liberate into the interstellar median elements heavier than helium, made in the cores of giant stars such as Antares; the carbon in your DNA as well as most of the elements of earth and your body are products of these stellar suicides.

If you drop south from the bowl of the Big Dipper, Leo the Lion

is in the SW. Note the Egyptian Sphinx is based on the shape of this Lion in the sky. Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Edmund Halley.

Spike south to Spica, the hot blue star in Virgo, then curve to Corvus the Crow, a four sided grouping. Saturn lies next to the star gamma Virginis. It is

above Corvus, in the arms of Virgo, where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years away from us.

To the east, Hercules is well up, with the nice globular cluster M-13 marked on your sky map and visible in binocs. The brightest star of the northern hemisphere, Vega (from Carl Sagan's novel and movie, "Contact"), rises in the NE as twilight deepens. Twice as hot as our Sun, it appears blue-white, like most bright stars. At the bottom of the parallelogram of Lyra is the famed Ring Nebula, M - 57. This planetary nebula is easy to find in small scopes midway between the two bottom stars of Lyra, and is marked on your star charts.

Northeast of Lyra is Cygnus, the Swan, flying down the Milky Way.

Its bright star Deneb, at the top of the "northern cross" is one of the luminaries of the Galaxy, about 50,000 times more luminous than our Sun and around 3,000 light years distant. Under dark skies, note the "Great Rift", a dark nebula in front of our solar system as we revolve around the core of the Milky Way in the Galactic Year of 250 million of our own years.

To the east, Altair is the third bright star of the summer triangle. It lies in Aquila the Eagle, and is much closer than Deneb; like Vega, it lies within about 25 light years of our Sun. Use your binocs to pick up many clusters in this rich region of our own Cygnus spiral arm rising now in the east.

To the south, Antares is well up at sunset in Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Latins) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Scorpius is the brightest constellation in the sky, with 13 stars brighter than the pole star Polaris! Note the fine naked eye clusters M-6 and M-7, just to the left of the Scorpion's tail. Both are spectacular with binocs.

Just a little east of the Scorpion's tail is the teapot shape of Sagittarius, which lies toward the center of the Milky Way. From a dark sky site, you can pick out the fine stellar nursery, M-8, the Lagoon Nebula, like a cloud of steam coming out of the teapot's spout. The fine globular cluster M-22 sits just NE of the star in the lid with binocs, and resolves well with any scope 4" aperture or larger.

Almanac

Mid-Atlantic Weather Watch: hazy, hot and humid (1,2,3) with remnants of tropical storm (4,5,6); cloudy in the northern part of the region and showers in the southern part (7,8,9) with storms (10,11,12). Warm and showers in the south (13,14,15,16) with more storms (17,18). Fair and very warm temperatures (19,20,21,22) turning very warm and much more humid (23,24). Storms, mainly in the south (25,26) returning to hazy, hot and humid weather (27,28,29,30,31).

Tornado Watch: The Almanack foresees no tornado activity in the Mid-Atlantic Region

Full Moon: July's Full Moon rises on 15th at 1:40AM. It has been often referred to by Native Americans as Thunder Moon because of the many severe thunderstorms that occur during the month. It has also been called Buck Moon because of the rapid growth of antlers in young bucks during this period and Ripe Corn Moon because in July, young corn begins to appear on the stalks.

SPECIAL NOTES: Those of Dog Days of Summer begin on Sunday, July 3rd. On a historical note, the

Battle of Gettysburg began on July 1, 1863 and on July 11, 1864, Vice President Aaron Burr mortally wounded former U.S. Treasury Secretary, Alexander Hamilton in a dual near Weehawken, New Jersey

Holidays: Celebrate our Day of Independence on Monday, July 4th safely. Include SPF 15 or higher sun screen if planning outdoors activities, a day or weekend at the beach, or boating. Apply it frequently, es-

pecially if swimming. Plan to take along some insect repellent, too. If planning a cookout, check out the grill thoroughly and every aspect of its operation when you replace the propane tank. Check all hoses, couplings, gauges, and the burner jets for undue wear, malfunction, or clogs. To avoid a fire, be sure the grill surfaces are well scrubbed and clean of any grease.

The Garden: Repot houseplants

that have been kept outdoors if roots start to crowd their containers. If you have to divide plants, give them a chance to recover from having their roots disturbed by keeping them in the shade for at least a week. Tick-proof your yard this summer.

Deer are likely to bring ticks into your space so plant species that deer do not eat like the thorny barberry, bugleweed, forsythia, foxglove, and most needle-leaved conifers. Ticks prefer to be in tall grass so keep grass as short as possible.

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COMPUTER Q&A

Protecting yourself: computers and the internet

Aysë Jester

When you purchase a computer, an extended warranty, or install software you are agreeing to a contract. It is your responsibility to make sure you review what you agree to. If not, you may be surprised when it comes time to refer back to that agreement.

Warranties

Generally new computers will come with a one year manufacturer's warranty*. The terms of the agreement may vary depending upon the company. Your agreement may require that you ship the item back to the company at your expense. This can sometimes take up to two weeks or longer. Some companies have in store repair, others charge to upgrade to that service. The extent of your coverage is usually limited.

Some companies will not replace the plastic trim around a laptop. Learn as much as you can about what your warranty does and does not cover then decide if you need additional coverage. If you want to fully insure your device then buy accidental damage coverage. It can be pricey but might be worth it if you want to insure the device to its full value during the warranty period.

*Always ask, some warranties may include parts but not labor or vice versa, warranty period may vary.

Software Agreements

We often install software without

reading the agreement, we just click "I accept." Keep in mind, some software bundles other programs and search engine toolbars with it. If you rush through the installation of the software you may miss some of the extra software that is bundled and being installed. Having an antivirus program helps, but if you "agree to allow" the software to be installed, your antivirus program will not prevent the installation of the extra software from happening. Another thing to be aware of is bogus or scam software trying to install on your computer. Be careful and check to make sure everything is spelled correctly and the logo is authentic before you allow it to be installed on your computer. If you still not sure do a quick on-

line search and see what the program is. NEVER enter your credit card information - if you are not positive then do some research before you install it! If you see software that you believe is malicious you should seek a professional to have your computer checked for viruses.

Protecting yourself online

When checking your email you should always be careful of things that have an attachment or is from some one that you do not know. Even if you know the person it could be a virus that is part of a mass mailing to their address book. If you are not expecting something from someone you know, you should try contacting them and asking if they sent you an email with an attachment and if it is safe to open. Most email providers and antivirus software can help to prevent an attack but they are not always 100%. Taking additional precautions can save you money and from potentially losing your data.

Signs Technology has Taken Over Your Life

- Your stationery is more cluttered than Warren Beatty's address book. The letterhead lists a fax number, email addresses for two online services, and your Internet address, which spreads across the breadth of the letterhead and continues to the back. In essence, you have conceded that the first page of any letter you write is letterhead.
- You have never sat through an entire movie without having at least one device on your body beep or buzz.
- You need to fill out a form that must be typewritten, but you can't because there isn't one typewriter in your house, only computers with laser printers.
- You think of the gadgets in your office as "friends," but you forget to send your father a birthday card.
- You disdain people who use low baud rates.
- When you go into a computer store, you eavesdrop on a salesperson talking with customers, and you butt in to correct him and spend the next twenty minutes answering the customers' questions, while the salesperson stands by silently, nodding his head.



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LIBRARY NOTES

Darkness among the stacks

Caroline Rock

In 1979, when I was in eighth grade, I read a book called *The Lost Summer* by Joan Oppenheimer. It was a Scholastic book, one I either purchased with a paper order form distributed by my teacher, or found on the shelf in the classroom library. It was a Teen book, because by then I had outgrown kids' books and was not ready for the offerings of adult fiction.

The *Lost Summer* features Susie, a high school girl whose casual drinking spirals into addiction. I read the book in preparation for an oral book report. We had to dress like a character in the book and summarize the book in first person in front of the class. Imagine the looks on the faces of my fellow eighth graders when I stood in front of the class and said, "My name is Susie, and I'm an alcoholic." In my report I told how Susie's drinking helped her cope with her parents' divorce and the other confusing things in her life. I explained that only Susie's friends saw the warning signs and tried to help her.

Soon after that I read John Neufeld's disturbing *Lisa, Bright and Dark*. This book was harder for me to understand. Lisa, the

16-year-old main character, was strange. She heard voices. She tried to hurt herself. I had no experience with mental illness at the age of thirteen. In fact, I doubt I even knew such a thing existed, apart from seeing an old black and white movie called, "The Three Faces of Eve" on television one Saturday afternoon. But I was not alone. Apparently, none of the characters in the book knew what to do with mental illness either. I remember being frustrated that Lisa went from parent, to teacher, to counselor and was dismissed by everyone as seeking attention, needing a rest, over-reacting. Only her peers understood that there was something wrong.

At some point I read *Are You There God, It's Me, Margaret* by Judy Blume. I had to hide this one from my mother because she had heard it was inappropriate for girls my age. (I have since made it a policy to not place a judgment on a book that I "heard" was inappropriate. This is why I read both *Harry Potter* and *Twilight* before deciding I simply did not like them, appropriate or not.)

I read these books as a very young teen, and these books were considered controversial, inappropriate, dark. They dealt with issues

more serious than Nancy Drew or *Laura Ingalls* could show me. And recently the controversy over the darkness of Young Adult fiction has been stirred once again.

In her column titled, "Darkness Too Visible", written for the Bookshelf section of the June 4, 2011 *Wall Street Journal*, Meghan Cox Gurdon discusses her observations that fiction for teens has become more vulgar, profane, and graphic over the last few decades. She describes teen fiction as "a hall of fun-house mirrors, constantly reflecting back hideously distorted portrayals of what life is."

I have to agree. There is a great deal of young adult fiction out there that seems to be explicit and ugly. Books now deal with subjects like rape, cutting, incest, and other taboos. These are valid topics to write about, in my opinion, topics teens can relate to and often need to read about for their own peace of mind. But, as Ms. Gurdon alleges, authors are using alarming details. Ms. Gurdon fears for the children. She writes, "...A careless young reader—or one who seeks out depravity—will find himself surrounded by images not of joy or beauty but of damage, brutality and losses of the most horrendous kinds."

My question is this: Who is responsible for the careless young reader? Who is culpable for the actions of a young reader who seeks out depravity?

This past week, a mother came into the library with her four children. They had just finished their last day of school and were eager to get started on some summer reading. The oldest boy went right to his favorite section and began making his selections. The youngest child, still in arms, was happy with the board books his mother handed him. But the middle two had special needs. The



boy, about seven years old, wanted books about baseball. Not non-fiction. He wanted to read stories about kids playing baseball. And they couldn't be too easy for him, either, no baby stuff. And then there was the girl. She was in sixth grade, and she wanted a romance. Behind her, the girl's mother looked at me wide-eyed and shook her head slowly. Her meaning was clear. This mother understood her daughter was not yet ready to read a teen romance. This mother understood that a teen romance might be too graphic or explicit for her daughter's sensitivities. She wanted her child to move more slowly into such fiction. I was able to find a lovely book for her about a tender friendship between a boy and a girl. Both mother and daughter were satisfied.

There were certainly no careless readers in that family. There were certainly no children seeking out depravity.

Another mother visits the Emmitsburg library frequently with her young teens. The girls make their selections, which the mother carefully examines. Some she approves. Some she hands back

for us to re-shelve. And most of them she checks out and sets aside as those she will read herself before making her decision. No careless readers. No seeking out depravity. And no blaming the librarians, the authors, or the book industry for exposing her children to ugliness and brutality.

I think that is my point. While Ms. Gurdon and I agree on the fact that YA fiction is darker and more brutal than it has ever been, we disagree on who is to blame when teens themselves become dark and brutal. Ms. Gurdon points out with disdain that, in the book business, we use the word "banning" when people try to influence the subject matter or content of what is published. Ms. Gurdon believes it should be called good judgment and good taste.

Perhaps it is good judgment and good taste to create or publish a book that restrains itself from brutal honesty. But it is also banning to force that taste and judgment on authors, librarians, teens themselves, and especially parents. While it would certainly make it easier to be a parent if all books were joyful and had happy endings, I doubt many teens and young adults would find that portrayal of the world any more honest than a fun-house mirror.

In response to Ms. Gurdon's column, a storm of rebuttals appeared. Blogs, tweets, and editorials exploded across the country. Author's railed, teens criticized, and adult readers of teen fiction protested. Perhaps that was Ms. Gurdon's purpose. Her column was re-posted and shared all over the country for weeks following its publication. It must have been highly gratifying for a writer to have so many people reading and discussing her words. It must have been satisfying to know that people were considering what she had written, blogging about it, passing it around for others to deliberate. Imagine writing something that caused so much conversation! After all, why write if not to stir people to thought, even if sometimes those thoughts aren't so pretty.

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UPCOMING EVENTS

Wednesday Evenings

Mount St. Mary's Jazz by the Fountain See page 37 for more information.

Saturday Evenings

Catoctin Mt. Parks' Campfire Programs - A Ranger's Choice Campfire Program will be held at the Owens Creek Campground Amphitheater Topics will focus on the National Park Service and the natural and cultural history of Catoctin Mountain Park.

July 1 - 3

The Gettysburg 148th National Civil War Battle Reenactment. For more information call 717-338-1525 or visit www.gettysburgreenactment.com

July 1 - 4

The International Gilbert & Sullivan Festival - A 10-day celebration of the comic operas of British duo W.S. Gilbert & Arthur Sullivan, including full scale performances at the historic Majestic Theater in downtown Gettysburg. For more information call 717-337-8200 or visit www.gettysburgmajestic.org

July 3 & 17

Saint Anthony Shrine Yard Sale and Flea Market located at corner of US 15 and St. Anthony Road For more information, please call (240) 529-2737.

July 3

Music, Gettysburg! presents Cormorant's Fancy - Celtic Music outdoors in Schumucker Grove. For more information call 717-338-3000 x2197 or visit www.musicgettysburg.org

July 4 - 10

Annual Harney Volunteer Fire Co Carnival and County Fair

July 8

Free Outdoor Movie on the Academic Quad at Mt. St. Mary's University. Free and open to the public. Bring a blanket or lawn chair. (Rain date July 15) For more information: www.msmary.edu/summermovies or contact 301-447-8329.

July 9

St. Joseph's Sodality Yard, bake & food sales - Joseph's Catholic Church - Emmitsburg. Donations accepted Thursday & Friday evening, July 7 & 8 from 6p.m. to 8 p.m.

July 16

12th Annual Adams County Irish Festival. Enjoy a full day of Irish music, dancers, food. Featuring regional and internationally-known Irish bands, Irish dancers, bagpipers, music workshops, Irish food, living history exhibits, and art & gift vendors. For more information call 717-337-3500 or visit www.adamscountyirishfestival.com/

Blue Ridge Summit Library Ice Cream Social. As always there will be lots of good cheap books, yummy food and bake sale items. Also available will be plants, fine arts, book signings by local authors, Lions Club brooms, free massages, fire truck rides and, of course, ice cream! Come enter the "Do Yourself a Flavor" Ice Cream Contest! For more information call 717-794-2240.

July 16

Mt. Tabor Church of Rocky Ridge will hold a festival at Mt. Tabor Park, home of the BIG SLIDE. Come en-

joy good home-cooked food: Soup, Sandwiches, Iced Tea and Ice Cream & Peaches. Music by "Blue Grass Chapel Band". Come join us in Christian Fellowship - surely a good time for everyone of all ages.

July 16 & 17

2nd Annual Gettysburg 19th Century Base Ball Tournament. Come see what a 19th Century base ball match was like before million dollar contracts, television and gloves! Hickory Hollow Horse Farm, 301 Crooked Creek Road, Gettysburg. For more information call 717-334-0349 or visit www.gvbbt.wordpress.com

July 17

Catoctin Mt. Parks' Blacksmith Shop Demonstration at the Blacksmith Shop in Camp Round Meadow. The Blacksmith Shop is located in Camp

Round Meadow on Manahan Road. Please call the Visitor Center at (301) 663-9388 for further information.

July 24

8th Annual Old-Fashioned Corn Fest - Great food and entertainment for the entire family! Enjoy Corn Roasted in the husk over an apple-wood fire, BBQ Chicken, Pulled Pork, Peach Sundaes, Apple Dumplings, and more! Historic Round Barn and Farm Market, 298 Cashtown Road, Biglerville. For more info call 717-334-1984 or visit www.RoundBarnGettysburg.com

July 30

Tom's Creek 2nd Annual Old-fashioned Country Festival & Car Show. Promised Land of Tom's Creek United Methodist Church. East of Emmitsburg on Route 140.



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- Saturday-The Outlet Shoppes 9:30-2pm

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MOUNT ST. MARY'S UNIVERSITY

Mount St. Mary's University is built on four pillars—faith, discovery, leadership and community. Students, alumni, our faculty, administrators, and staff all turn these words into action every day. We would like to acknowledge some of the Mount's own who help make the university, and the Emmitsburg community, a place we're proud to call "home."

EMPLOYEE CELEBRATION OF *Excellence*

Every year the Mount holds an Employee Celebration of Excellence, recognizing employees for their years of service to the Mount. This year's honorees included:

10 YEARS OF SERVICE

Sr. Mary Kate Birge, Theology Department
William D. Cohill, Accounting & Finance
Carol L. McIntosh, Public Safety
Ki Mora, Dining Services, ARAMARK
James J. Nevins, Public Safety
Dr. Maureen R. Oakley, Political Science Department
Christopher J. Stultz, Physical Plant

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There's still plenty of summer left!

July 5, Summer Session II Begins
July 6, Lifelong Learning Session II Begins
July 6, Wednesdays at the Fountain
July 8, Movies Under the Stars: Rango
July 13, Wednesdays at the Fountain
July 15, Movies Under the Stars: The Princess Bride
July 17-18, Women's Retreat
July 20-21, Scripture Institute
July 20, Wednesdays at the Fountain
July 27, Wednesdays at the Fountain
July 28-29, Grandparents University
July 31-August 1, Men's Retreat

For more information or to register, visit msmary.edu/summer



WEDNESDAYS AT THE FOUNTAIN

The Scam - July 6

The Scam is an acoustic rock quartet performing your favorite rock songs from the 1960's to the present day in an acoustic setting. This rock group performs hits from such classic rock bands as the Rolling Stones, Lynyrd Skynyrd, the Beatles, and the Steve Miller Band. They also cover newer material by Los Lonely Boys, Stone Temple Pilots, John Mayer, and Jack Johnson.

Bruce Swaim Quartet - July 13

This jazz quartet is well known and much loved by jazz fans in the greater Washington/Baltimore area. The group performs jazz standards and original compositions. "Their arrangements endeavor to create a fun atmosphere for themselves and their audience, which makes the Bruce Swaim Quartet's music conducive to the jazz club exuberance," says *Jazz Times Magazine*.

Jonathan Ragonese- July 20

Jonathan Ragonese, composer-arranger-saxophonist, is a native of New Cumberland, Pennsylvania. He has lived in New York City for four years, where he completed his undergraduate degree at the Manhattan School of Music. As a saxophonist he has performed and recorded with local and international performers.

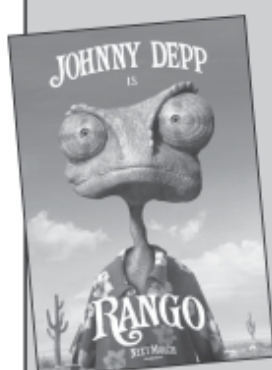
The Rick Whitehead Trio - July 27

This trio is, in a word, ridiculous! This may sound funny, but those who really know jazz will often use "ridiculous" to describe musicians who are so good that it seems, well, ridiculous that they can play so well. The group's leader, guitarist, Rick Whitehead, is a musician's musician. His virtuosity is surpassed only by his sense of swing and his inventive improvisation. His musical lines are jaw-dropping. Supported by a powerful and hard swinging rhythm section, the Rick Whitehead Trio is widely regarded as one of the best jazz groups in and around the Baltimore-Washington, D.C. area.

For more information visit www.msmary.edu/summermusic

FREE FAMILY ENTERTAINMENT!

Outdoor Movie with FREE POPCORN! Follow signs for parking. Bring a blanket or chair.



RANGO (PG)
Friday, July 8, 9 p.m.



THE PRINCESS BRIDE (PG)
Friday, July 15, 9 p.m.