

Emmitsburg NEWS-JOURNAL

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'Cozy' closes doors after 85 years

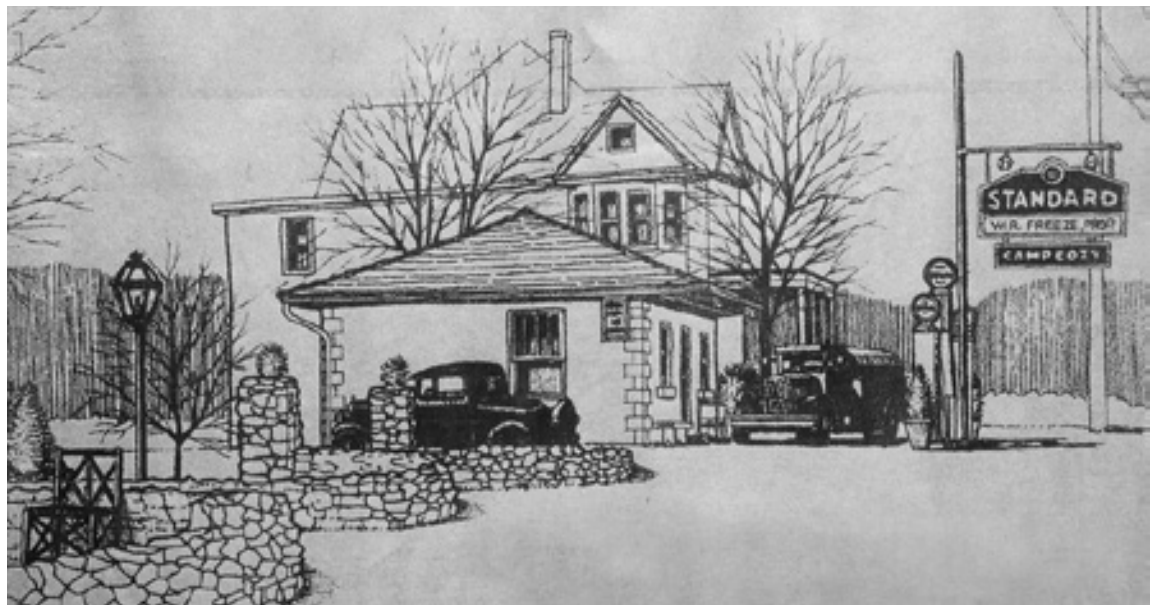
What was reportedly the oldest, continuously operating, family-owned restaurant in the state of Maryland is now closing its doors after 85 years of operation.

The Cozy Restaurant in Thurmont closed its doors during the first week of June, and is up for sale. The rest of the complex may be up for sale as well, according to the current owner, Jerry Freeze.

The Cozy Restaurant, Cozy Country Inn, and Cozy Village, consisting of various shops, is located at 103 Frederick Road. The site that has served as home to the operation for 85 years, having been established in 1929 by Freeze's father, Wilbur.

But after all these decades, Jerry Freeze told the News-Journal it was time for him to close the doors on at least the restaurant, and probably the inn as well. "I was shooting for a hundred (years in operation), but I'm running out of energy," he said.

While the restaurant is already up for sale, and, in fact, Freeze has sold some of the eatery's equipment, he seemed prepared to sell the entire restaurant, inn, village as a package. "We're trying to debate on what to do with that. It's sort of up in the air, depending on whatever is going



The Cozy, depicted in this May, 1929 sketch, was one of oldest family run restaurants in Maryland.

to be the most advantageous to everyone."

As far as selling the entire complex, he said, "There are a couple of trusts and several corporations involved here. Different people would have to sign on the line to consummate such a sale."

Freeze said he was contacted already earlier in June by a party interested in the total package. "He might buy the whole works," Freeze said. "Otherwise we might keep the inn (but) we're trying to market the

whole thing to one person."

One of the options explored was to find someone to continue the operation of the Cozy Restaurant. "One option would be to let someone operate the restaurant, (but) I'm thinking whoever buys it might want to operate it as something else." Personally, he said, "I always liked the restaurant over the hotel because it was such a challenge."

The owner said a couple of factors entered into the decision to

start selling. "It was a combination of things," Freeze stated. "I had two kids involved. Both left a year and half ago, so there's nobody to pass the torch to." One of the other reasons he stated was just wanting to retire from the business.

The Cozy Restaurant serves as home to a Camp David museum. Freeze said there has been no final decision regarding the museum relics and items that were displayed there.

See related story on page 24.

Gettysburg 151st

The Civil War Battle of Gettysburg, fought between the forces of Union President Abraham Lincoln and those of the Confederate States of America from July 1 through July 3, 1863, was one of the bloodiest stalemates ever fought by American troops.

Last year's reenactment saw record participation and attendance as thousands commemorated the 150th anniversary of the epic fight but this year's even could be a little smaller (most non-landmark year reenactments usually are), plus many reenactors will likely continue to attend other ongoing 150th commemorations, cutting down on the total number of events elsewhere that they would otherwise attend.

This year's reenactment commemorating the 151st anniversary of the battle, sponsored by the Gettysburg Anniversary Committee (GAC), will be held on July 4, 5, and 6, and will take place at the farm and fields that were employed in the making of the 1993 epic Ronald F. Maxwell movie Gettysburg.

Regarding the upcoming reenactment, GAC stated, "After the pace and scope of the 150th Gettysburg Anniversary, Gettysburg 2014 promises to be a more personal quality event at a spectacular site.....and we are very,

very excited about it."

The event is open to the public beginning at 8:30 a.m. each day, with the daily program packed with living history, lectures, demonstrations, and the invariably associated battle reenactments.

As far as combat simulations, the recreation of the first day's battle, Action at McPherson Ridge, will take place at 6 p.m. on July 4. On July 5, the reenactment of Farnsworth's Fatal Charge will be held at 11 a.m., and the Bloody Harvest – The Wheatfield fight will be held at 5 p.m. On July 6, the Stuart-Custer cavalry engagement will be held at 11 a.m., and Pickett's Charge will begin at 2:30 p.m.

There is an admission fee to attend the event. For more on the even schedule, visit the GAC web site at gettysburgreenactment.com.

In related news...

Adams County has been granted \$450,000 by the state Department of Community & Economic Development as reimbursements for expenses incurred during the 150th commemoration of the Battle of Gettysburg.

The money is to have been distributed to six entities that incurred expenditures in conjunction with the landmark event.

County Commissioner Randy



While re-enactors will be focusing efforts on 150th anniversaries of other Civil War battles, there will still be much to see and do at this year's Gettysburg reenactment.

Phiel identified the parties receiving reimbursements and the amounts as: Gettysburg Borough (\$127,494.93); Gettysburg Conventions & Visitors Bureau/Destination Gettysburg (\$99,411.28); County of Adams (\$23,346.25); Cumberland Township (\$48,152.92); Main Street Gettysburg (\$55,000); and Rabbit Transit/YATA (\$78,510.24).

The original requests for 150th expense reimbursements were made by the 150TH Gettysburg Anniversary Steering Committee, which was comprised of numerous community part-

ners. Adams County legislators agreed to support the funding request - with the county being the conduit and distributor for possible funds - not knowing if funding in a difficult funding environment would be forthcoming, Phiel stated.

Phiel said, "this is a great conclusion for the residents of Adams County not only from a fiscal perspective; but also for showing that when public officials work together cooperatively - government can function the way it is supposed to for the benefit of our residents."

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NEWS

Main Street property upgrades

Four Emmitsburg properties located on Main Street are getting a 'facial,' courtesy of matching grant money the town has pursued to improve the appearance of the town core.

The properties that were approved for the matching grant funds include those located at 12 West Main Street, 1-3 East Main Street, 315 East Main Street, and 122 East Main Street.

VFW Post 6658, located at 12 West Main Street, was approved for a matching grant of \$8,325 grant for painting of trim, windows, and other improvements. This completed project has been submitted to the state for the matching grant reimbursement.

The property located at 1-3 East Main Street was approved for a \$12,500 matching grant for repairs and repainting of front porch, replacement of two windows and brickwork below porch, re-pointing and painting

of brick building. The work is in progress.

Mayor Donald Briggs stated that, in reference to this property, the scope of work has been reduced, which would ultimately reduce the amount of the grant.

The property located at 315 E. Main Street was approved for an \$8,332 matching grant for a roof replacement and the addition of two skylights on rear part of roof. This completed project has been submitted to the state for the matching grant reimbursement.

The property located at 122 East Main Street was approved for a matching grant of \$12,500 grant for removal of existing asphalt faux-brick siding on entire house, repair of trim, porches, and repainting.

Briggs stated that, in this first round of state grants, the town was approved for \$50,000, meaning that there was a maximum state-reimbursement of expenses

of \$12,500 per property.

The town was allocated \$50,000 to expend in in 2013 on qualifying properties through the state Community Legacy Program, which provides "local governments and community development organizations with funding for essential projects aimed at strengthening communities through activities such as business retention and attraction, encouraging homeownership and commercial revitalization," according to the agency's web site.

The program falls under the state Department of Housing and Community Development.

Of the \$50,000 matching grants approved for the 2013 round of funding, \$8,342.48 remains and must be spent (or lost) by June 2015, Briggs stated.

The town has applied for another \$50,000 for the 2014 round of grants, and will be applying in July for the 2015 round.

Treatment plant benefits

The upgrade and construction of the Emmitsburg wastewater treatment plant benefited by qualifying for an unusual amount of grants and loans that, along with recession economics, resulting in cost savings to the community.

Two engineers associated with the improvement project briefed the town Board of Commissioners on the numbers associated with the new facility at their June 16 meeting, and provided a status overview on the remaining work.

Design Engineer Amy Sowitcky, GHD, told the board that the project is 12 months away from completion as per the initial projected construction schedule.

Regarding costs, Sowitcky said, "Emmitsburg was at the right place at the right time" to qualify for state and federal financial assistance.

Summing up the funding, she stated that of the \$19,400,000 funding made available, \$12,500,000 was provided by a state grant, \$1,500,000 was made available through a US Department of Agriculture (USDA) grant, and \$5,400,000 made available through a USDA loan.

Emmitsburg qualified for state funding by virtue of its treatment plant discharge of greater than 500,000 gallons per day (GPD), and for federal funding (grants and loans) by virtue of the service area of the facility being less than 10,000 people. Maryland further classified the


town plant as one of the 66 in the state in "priority" need of funding for upgrade.

Sowitcky said Emmitsburg qualified for "a lot of grant and loan money that's not typically available" due to its priority classification.

The depressed economy also contributed to providing Emmitsburg with a cost break on construction.

Sowitcky said that the overall costs of the plant upgrade was estimated to be around \$18,570,000 in 2012. However, Conewago Construction ultimately put-in a winning bid of \$13,430,780 for the project, a savings of "25 percent right off the bat" as the result of "economic downturn."

To date, she said change costs have



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Emmitsburg ambulance suspension continued

The Frederick County Board of Commissioners voted unanimously at their June 24 work session to suspend the Emmitsburg Ambulance Company for up to 90 additional days. On motion, made by Board of Commissioners President Blain Young, the board voted to suspend the company for up to an additional 30 to 90 days, premised on the successful production of an approval list of ten properly qualified responders. Additionally, the board voted to hold any and all county funding in abeyance until the company could

conform to regulations governing the operation of an ambulance company in the county.

The county ambulance, and its paid staff will also remain based at the Vigilant Hose Company and will continue to serve as the first due responder unit for the area. The county ambulance unit will continue to receive funding based on first due responses, and the allocation of service subscription payments, as per the previous April 15 suspension. Specifically, the commissioners' June 24 suspension was premised on the al-

leged failure of the company to produce a certifiable list of ten active and properly trained emergency medical technicians (EMT) based on county and state requirements, the same issue that had resulted in the April 15 suspension.

The decision was at odds with a recommendation by the Frederick County Volunteer Fire & Rescue Association (FCVFRA) that the ambulance company's right to provide service be "revoked" and all funding discontinued. Eric Smothers, president of the FCVFRA, told the commissioners that he could not find but two fully qualified members on

the submitted list of ten (ten being the minimum required under county guidelines). A qualified responder includes an individual who lives within five miles and had completed basic EMT training, and other training qualifications. "I can only validate really two out of the ten that meet all of the requirements," Smothers stated.

The ambulance company was initially placed on suspension by the county's Board of Commissioners on April 15, on a recommendation the board received from the FCVFRA resulting from the failure of the ambulance company to pro-

duce a list of ten qualified responders. Before calling for vote of suspension at the June 24 meeting, Blaine stated, "This hasn't been something that's been a surprise. I've seen the records and I've seen the files. This is something that has been going on for some time."

The ambulance company was first suspended in 2004. "I can tell you that the (FCVFRA) association is ready to help you in any way, shape or form," he said. "The last thing anyone wants in Frederick County...is to sit here and recommend that a company be revoked and defunded."



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Money sought for Iron Springs Plaza road

At their June 3 meeting, the Hamiltonban Township Board of Supervisors voted to approve seeking funding to help with road realignment in conjunction with a proposed shopping center.

Realtor and developer David Sites, David L. Sites Realty Leasing & Management, Gettysburg, is proposing to construct the Iron Springs Plaza shopping center on a 17-acre tract located at the intersection of Iron Springs and Fairfield (Route 116) roads.

The location will necessitate "traffic realignment improvements" at the Route 116 and Iron

Springs Road intersection.

According to township officials, the project will cost around \$2.5 million, of which 70 percent of the price tag is being sought via a state Department of Transportation Multimodal Transportation Discretionary Grant and a state Department of Economic Development Multimodal Transportation Fund Grant.

According to the board, the developer has agreed to pay the difference in the amount received through the grants and the amount needed, or approximately \$900,000.

The board of supervisors noted

there would be no costs incurred by the town taxpayers implementing the roadway realignment work, and the township would incur no liability associated with the changes to the intersection.

The board of supervisors unanimously approved the project's subdivision and land development plan in 2011 and planting waiver, as well as a waiver regarding the size of a ditch-like storm water basin.

Conditions placed on the development approval included township attorney sign-offs on any easement and right-of-way agreements (with property owners), receipt of

county and local permits or approvals, and the completion of an accepted traffic study.

In September, the board of conditionally approved proposed project-related agreement documents. The approvals were granted conditioned on the developer fulfilling a number of "engineering issues" submitted by township consultants.

The shopping center project consists of subdividing the land into five lots, one of which will contain a 35,000 square foot grocery store, as the plaza anchor business, and a 7,200 square foot retail business.

Sites said Kenzie's Markets may

be the operators of the new grocery store when the building is complete and available.

Food Lion had been considered as the anchor store in an earlier effort to create an Iron Springs shopping center, but the deal ultimately went awry and the overall plans for that project were withdrawn in April 2009.

One of the five lots will be used strictly for storm water management and will not be developed. The remaining three, two-acre, lots will be available, but do not presently have prospective clients committed to acquiring any of them as yet.

Fairfield to confer with Hamiltonban on map

Progress of a proposed Fairfield Borough official map will be partially contingent on input from Hamiltonian Township.

The Borough Planning Commission decided at their June 9 meeting to consult their neighboring township regarding possible connectivity of proposed roads depicted on the current borough draft map.

The proposed official map would establish what the borough would like to see in the way of public resources (such as roads and parks) established at the developers' expense whenever new

developments would be proposed.

Concerns about designating future roadways in the borough that had no assurance of future connectivity was brought to the attention of the commission by David Sites, representing the Landis family holdings in the borough.

One of the proposed roads was shown as crossing a northern portion of Landis property and then dead-ending at the Hamiltonban Township line. Sites said the family "doesn't like the dead end in the middle of the field on the west end," Sites said. Sites also commented on some other areas of

connectivity as well.

He said if the borough doesn't establish an agreement now between the borough and the township to follow through with connectivity - down the road - the chances of future boards agreeing would be "slim to nil. I've seen this happen (where multi-municipality agreements didn't pan out)."

Sites also questions the process by which a land owner could seek relief from the vision-turned-mandate in the future, if future boards decided to interpret the map as "written in stone."

"I understand you're trying to be visionary," he told the board. "You're saying this is not a taking (of land without just compensation). I'd argue that point."

"I don't have any objection to the concept (of establishing an official map), Sites said. "I just want to make sure everybody comes out on the winning end" and no one has to "fight to reinvent the wheel" in the future under its guidelines.

County Planner Robert Thaeler said the official map, and its enabling ordinance, would not be regulatory, as such, but mere-

ly "sets in motion procedures to achieve a desired end." He said a property owner may end up before the zoning hearing board for a change, but it would not constitute the seeking of a variance, in his opinion.

The planning commission agreed with Sites about conferring with Hamiltonban on connectivity, and with assuring there was a viable option for property owners to seek a change at odds with the map.

The board otherwise took no formal action on the proposed map and ordinance at the meeting.

Fairfield area news briefs...

RC District clarified

The Carroll Valley Borough Council voted at their June 10 meeting to amend one of the borough ordinances to solidify what had previously been interpreted as an implied intent.

The amendment clarified that multiple primary structures located on a given site must be considered "accessory" to the main purpose of the lot/property involved. The previous version of the ordinance did specifically state that such multiple primary structures could exist.

The change, which affected only the Recreational-Commercial (RC) District.

Liberty Mountain Resort would be an example of a site consisting of multiple primary structures

and related businesses "accessory" to the overall recreational purpose of the site.

Reward offered for theft leads

Carroll Valley Borough Police Chief Richard L. Hileman II has requested assistance with a burglary that occurred on June 11 between 3:20 and 5:30 p.m. at 12 Black Bass Trail in the borough.

Hileman reported that residence Steve Heinbaugh stated that he had returned home to find that someone had entered the home through a bedroom window and left via the rear door. Police believe a vehicle may have been driven into the front yard of the homer during the burglary.

Items reported stolen including prescription medication and a

large collection of silver and other collectible coins.

Police are also looking for a small, black flat-bed utility trailer with Pennsylvania plate XGR7585, belonging to Paul Huff, Jr. and stolen from his resident at 6 Violet Trail in the borough sometime around June 3.

Anyone with information is asked to contact the borough police at 334-8101. Adams County Crime

Stoppers (1-800-896-8057 or 334-8057) is also offering a reward of up to \$2,000 for information leading to the solution of the crimes.

Borough office project progresses

Carroll Valley Borough Mayor Ronald Harris told the council June 10 that a timeframe regarding the replacement of the current borough office as the spacial needs of the borough are fully studied.

Spacial needs would entail how much space various departments

would need in order to be fully functional.

Harris said staff has met with the project architect to develop a sequence of events for the further conceptual development of a new town office.

The initial costs of the proposed new borough hall has been estimated at around \$2,180,978, several hundred thousands of dollars less than the cost projected for overhauling and upgrading the current facility (estimated at \$2,461,640).

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NEWS

Lavender Festival holds final event

An iconic, annual Adams County event will be no more, the result of the Pennsylvania Lavender Festival holding its final event. The annual event, established by Tom and Madeline Wajda in 1998, has been continuously held at the couple's Willow Pond Farm, just outside of Fairfield Borough on Tract Road. The conclusion of this year's two-day event, on June 21 and 22, marked the final festival to be held at the farm. Sev-

eral hundred attended over the course of the two days. However, June's Lavender Festival, Tom Wajda stated, represented "the last major function at the farm." The farm is now up for sale, with prospective buyers even approaching the couple during the Lavender Festival event. Wajda told the News-Journal that, to date, he has already had several inquiries into purchasing the Willow Pond Farm. Regarding the decision to bring the festi-

val to a conclusion and sell the farm, Wajda stated, "It's (managing both) a bit much." "Now, we are starting our next journey," he said. "We will be selling the farm and moving closer to our children, grandchildren, and (his) health care providers." The Wajdas bought the farm nearly 20 years ago when the couple "had a vision of building an organic herb farm, cultivating fields of lavender, and sharing our love of all things herb-

al with you, our customers and our friends." Wajda said, "Since then, our dreams have been realized tenfold and more. It has been a great journey, and we have been thrilled to share it with so many." He told the News-Journal that the couple will be looking to settle down perhaps in Frederick County or Upper Montgomery County. "Our patch of earth to till is going to be smaller, but you can bet we will still be digging-in, putting down roots, and sow-

ing seeds," he stated. Business conducted at the farm beyond the Lavender Festival will conclude the first of this month, July 1st. Regarding the sale of the farm, Wajda said the couple is "hopeful to find someone who will love it as we have." To those who have attended the events at the farm, and other customers, Wajda said, "Thank you for all of your support and friendship over the years. Please know that we treasure you all, and we would love to keep in touch with you in the years to come."

Scholarship winners

The Emmitsburg High School Alumni Association (EHSAA) is pleased to announce the winners of their annual EHSAA scholarship program. Four \$1,000 scholarships are awarded each year. The scholarship applicants were judged on involvement in school and community activities. Their academic

work, financial need, and honors were also considered, along with their work experience. Two scholarship recipients are seniors at Catocin High School (CHS) and were recognized at the school's awards annual awards ceremony on May 27, 2014. These recipients are Taylor E. Shank, daughter of Duane and Anita Shank, who

will be attending Clemson University with a goal to be an architect to design eco-friendly, safe and affordable structures and Taylor Marie Joy, daughter of Elaine Moffett who will be attending Stevenson University majoring in Elementary Education. The two other two recipients are former graduates of CHS, currently attending college. They are Elizabeth A Shriver, daughter of David and Denise Shriver, who is

attending Delaware Valley College working towards a Bachelor's Degree in Agronomy with a focus in Crop Science; and Shelby Maly, daughter of Scott and Barb Maly, attending Shepherd University working toward a Bachelor's Degree in Sports Marketing. This year an additional \$1,000 scholarship was awarded, thanks to an anonymous gift from a member of the Class of 1952. It was given in memory of Mary

Scott who was a sixth grade teacher for many years in the old Emmitsburg School. The recipient of this scholarship must be the first in their family to attend college. This scholarship is also being awarded to Taylor Marie Joy, daughter of Elaine Moffett. All recipients will be recognized at the Emmitsburg High School Alumni Association's 90th Annual Banquet to be held October 18th, 2014.

Thurmont area news briefs...

Water interruptions reported
Thurmont Chief Administrative Officer Jim Humerick reported some water service interruptions at the June 17 meeting of the town Board of Commissioners. Humerick stated, "We've had a couple of water service interruptions the last week (of June

16) doing some water line work." "Water valves were installed here at Frederick Road and Water Street. So we hope that's all taken care of now," he said. The administrative officer also said that town staff "were successful assisting with the water line relocation down at Ad-

vanced Auto Parts (on June 22)." "Both of these project did require some water service interruptions to our residents," he stated. "I just wanted to thank the resident for their patience with us. We got it back on as quickly as we could so that's all been taken care of."

P&Z appointment approved
The Thurmont Board of Commissioners approved at their June 17 meeting the appointment of a new member to the town Planning and Zoning Commission. Mayor John Kinnaird stated that planning and zoning commission member Wayne Martin is resigning, and the board needed to make an appointment

to fill the remaining balance of Martin's term. In a silent ballot vote of the board, applicant Brian Boyer was selected as Martin's replacement. Regarding Martin's resignation, Mayor Kinnaird stated, "We appreciate all his assistance and his dedication to the position as a member of the planning and zoning commission."

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HISTORY

One hundred years ago this month

July 3

Accidents

Young Glen Wetzel of near Mount St. Mary's, accidentally ran a needle in his leg on Wednesday. The piece of steel broke off and had to be extracted by Dr. Jamison. Anna Horner, the little daughter of Mr. and Mrs. Annan Horner, caught her thumb in an iron gate, nearly severing the member from her left hand. Frances Lansing-er, son of Mr. Thomas Lansing, hit his head against a stone while diving at the creek, cutting a gash that required three stitches to close. Harry Bowman fell from a hay mound at the New Hotel Slagel on Wednesday afternoon and dislocated his shoulder.

Distinguished Visitors

Secretary of United States treasury and Mrs. McAdoo, formerly Miss Eleanor Wilson to daughter of the president, passed through Emmitsburg Saturday afternoon about one o'clock. News that the party was paying the County a visit spread to Emmitsburg where a crowd gathered to greet them. The secretary was driving his own car, a small roadster, and beside him sat his wife. In a rear seat sat a guard of the Secret Service.

July 10

Fourth of July Celebration

This year's Fourth of July celebration was one of the best attended and most successful from every standpoint of any of the events that have taken place since the Firemen's Picnic became an annual local affair. The town was gaily decorated in the national colors, the streets being lined on either side with the stars and stripes. The day was officially started with a parade of the firemen in uniform. In the line of march was the Emmitsburg Cornet Band, the Detour Band, a large number of decorated automobiles and teams. The reels of the Hose Company, trimmed in bunting and flags, presented a pleasing spectacle, and added greatly to the parade.

Three features that elucidated much applause where Jesse Stone in an Indian costume, mounted on a pony; Fran-

cis Gelwicks and his goat team; and a wagon carrying members of Emmitsburg's Former Former Boozers Association, most of whom appeared to be asleep. The Former Former Boozers had planned to march but apparently had embraced their passion the night before in their usual enthusiasm while getting 'ready' for the parade and decided to ride in order to save their energy for 'celebrating' with John Barley-corn during the fireworks.

The fireworks started early however when the suffragette's float was left standing at the parade starting area. Apparently the Former Former Boozers Association had appropriated 'Ben', which Dan Shorb's wife had provided to pull their float. "He's a good horse and I don't what to embarrass him pulling a float supporting womenfolk voting. Pulling a float supporting a man's right to enjoy a little nip when he wants I can understand." Dan told the Chronicle reporter as he led Ben away. (Rumor has it Dan's wife has still not spoken to him.)

Proceeding to Fireman's Park, the people saw Emmitsburg defeat Fairfield in a rather one-sided game. The score was 13 to 0 when the game was called by agreement at the end of the fifth inning. It must be said that the Fairfield team is one of the game's cleanest playing set of baseball men. Sportsmanlike on and off the diamond they command respect. The second act of the double-header was staged with Taneytown and proved a thriller. Only in the 8th inning did the homeboys pull ahead. The final score was 8 to 5.

Fireman's Park was decorated very tastefully, and like the entrances in the grounds, liberally strung with electric lights. Dancing started immediately after supper and kept up until a late hour. Former Former Boozers were still celebrating the next morning.

Radium Near Emmitsburg

It is reported that ore, producing a fraction of radium, has been unearthed on South Mountain, where the Eagle Mine of United Milling and Smelting Company has located its plant. Titanic iron, until a few years ago considered one of the base metals and of no commercial value, exist in large quantities in the mine. It was only about a month ago that members of the company discovered the miner-

al on the property. Now that the ore has been confirmed, it is expected that there will certainly be a stampede to open other mines in the area.

July 17

Fierce Electric Storm

One of the severest electric storms that the oldest inhabitants can remember swept over Frederick County at midnight on Friday. It destroyed a large amount of property and completely demoralized the telephone service for while. 1,300 telephones, almost 1/3rd of all the phones in the county, were put out of commission. Cornfields were badly washed and quantities of fruit blown from the trees. The most severe damage done was the loss of a bank barn belonging to Norman Riley in Zora. Lightning striking the barn caused a fire that completely destroyed the barn. Lightning also struck a large walnut tree near the barn of S. B. Forance, missing the barn almost by a miracle.

Moving Picture Show

The moving pictures held in Emerald Hall, last Saturday evening were given by Mr. Russell Lewis, of Westminster. The three real show was of the firemen's convention in Westminster, the big parade and the Emmitsburg firemen in the line of march through the streets. Three performances were given that evening. Each performance was well attended.

Improvements

Mr. Cyril Rotering, proprietor of the Emmitsburg Clothing and Furnishings Store, one of the town's progressive young businessmen, has just added another big improvement to his store. During the past week all glass showcases have been installed. The cases which have trimmings of natural oak and beveled glass tops stand about four and a half feet from the floor and in them is displayed a full line of gentleman's furnishings.

July 24

Estate Settled

The estate of Ralph Shriver, supposedly deceased, formerly of Emmits-



The citizens of Emmitsburg spared no effort or expense in decking the town out with flags and bunting to show their pride in both the town and the country.

burg, but of whose whereabouts and nothing has been known for the past seven years, has been settled in the Frederick County courts. As far as the law is concerned Mr. Shriver is dead, although in reality he may be living somewhere in the west. However no word from him as ever been received by his relatives here, so the estate was legally settled up.

Wondering Cow

'T'was Tuesday-the bull was afoot and inquisitive. Down it walked along the Pike, approaching the grain elevators, looked in, took a flying leap to the six-foot platform, walked through the warehouse, examined the machinery, passed through the building and with head and tail up in the air did a high dive through another open door and made for the open. Caramba! - No vast audience, no matador, none to applaud.

Watermelons

Nearly everyone in Emmitsburg is enjoying watermelons this week at ridiculously low prices owing to the fact that a carload of the Georgia fruit consigned to this place went unclaimed and was sold by the railroad company for the transportation charges.

July 31

Booster's Week

September will be a month of celebrations in Maryland. Emmitsburg will have a big time that promises

to eclipse even Old Home Week. It will be known as Booster's Week - the dates are September 14, 15th and 16th and will be filled with entertainment, games and fun. The main attractions will be under a large weatherproof tent. In addition we will have baseball games, drills, tournaments, and races of every kind. The features on the program of the tent performances will be lectures-humorous and otherwise: selections by the Metropolitan Glee Club, trombone quartets, Swiss bill ringers, magicians and ventriloquist, and many other special events.

Fugitive captured in Emmitsburg

The mystery surrounding the whereabouts of Harrison Palmer, a Negro who was wanted in Frederick on three different charges, was cleared up on Sunday morning when he was arrested at the new Hotel Slagel by Deputy Sheriff Adelsburger. Palmer had gained a good deal of notoriety by successfully eluding Frederick County officers for the past two weeks after escaping from them when they were about to put him in jail.

After his escape, he lingered around Frederick for two days before going to Westminster. A few days ago he came to Emmitsburg and sought employment at the Slagel Hotel. On Sunday, having got news that their man was in Emmitsburg, Deputy Sheriff Adelsburger arrested him at the hotel and handed him over to the Frederick men.

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FROM THE DESK OF . . .

**BLAINE
YOUNG**
for **County Executive**

It is my privilege and honor to have these endorsements from the following individuals:

- **Chuck Jenkins, Sheriff of Frederick County**
- **Michael Hough, State Delegate**
- **Kathy Afzali, State Delegate**
- **Kelly Schulz, State Delegate**
- **Patrick Hogan, State Delegate**
- **Paul Smith, County Commissioner**
- **Kirby Delauter, County Commissioner**
- **Billy Shreve, County Commissioner**
- **Tom Watson, Burgess of the Village of Rosemont**
- **Winslow F. Burhans III, Mayor of New Market**
- **Phil Dacey, Alderman, City of Frederick**
- **Jim Grimes, Former Mayor, Alderman, City of Frederick and Judge of the Orphans Court**
- **Jeff Holtzinger, Former Mayor, City of Frederick**
- **Wendi Peters, Former Town Councilwoman of Mt. Airy**
- **Jim Hoover, Former Mayor of Emmitsburg**
- **Mary Elizabeth Bowie, City Councilwoman of Brunswick**
- **Andy Alger, City Councilman of Brunswick**
- **Jeffrey Snoots, City Councilman of Brunswick**
- **Rick Weldon, Former State Delegate and County Commissioner**
- **David Price, Former Town Councilman of New Market**
- **Michael Davies, Town Councilman of New Market**
- **Shannon Rossman, Town Councilman of New Market**
- **Don Schildt, Town Commissioner of Walkersville**
- **Jake Romanell, Town Councilman of New Market**
- **James E. "Doc" McClellan, Former State Delegate**
- **Clifford Sweeney, Town Commissioner of Emmitsburg**
- **Peter Helt, Town Councilman of Mt. Airy**
- **Brad Young, Elected Member of the Board of Education**
- **Chris Staiger, Town Commissioner of Emmitsburg**
- **Alex Mooney, Former Maryland State Senator**
- **Colleen Cusimano, Elected Member of the Board of Education**
- **Brett Bidle, Town Councilman of Myersville**
- **Bob King, Town Councilman of Mt. Airy**
- **Tom Smith, Former Mayor and City Councilman of Brunswick**
- **Charlie Smith, Frederick County States Attorney**
- **Sandy Dalton, Clerk of the Court of Frederick County**
- **Dennis Kimble, Town Councilman of New Market**
- **Rita Mueller, Town Councilwoman of New Market**
- **Don Briggs, Mayor of Emmitsburg**
- **Carroll Jones, Former Mayor of Brunswick**
- **Roscoe Bartlett, Former Congressman, and Ellen Bartlett**
- **Bill Buehrer, Town Commissioner of Thurmont**
- **Ron Terpko, Former Town Commissioner of Thurmont**
- **Marty Burns, Town Commissioner and Former Mayor of Thurmont**
- **Larry Bussard, Town Commissioner of Middletown**
- **Christopher Goodman, Town Commissioner of Middletown**
- **Charlie Smith, Former State Delegate**
- **Bill Hall, Former Alderman, City of Frederick**
- **Angel White, City Councilwoman of Brunswick**
- **Wes Hamrick, Town Commissioner of Thurmont**
- **Ken Kellar, Town Commissioner of Woodsboro**
- **Glenn Muth, Former Town Commissioner of Thurmont**
- **Joe Baldi, Former Alderman, City of Frederick**
- **Bob Synder, Former Sheriff of Frederick County**
- **Joe Harrington, Former City Councilman of Brunswick**
- **Wayne Creadick, Mayor of Myersville**
- **April Fleming Miller, Elected Member of the Board of Education**
- **Don Trimmer, Commissioner and Former Burgess of Woodsboro**
- **Richard Dietrick, Town Commissioner of Middletown**



Career Firefighters of Frederick



FOP Lodge #102

Visit BlaineYoung.com for more information!

Authority Blaine Young for Maryland Carol Young: Treasurer

Blaine Young, Candidate for County Executive (R)

We have all been reading, watching and hearing a lot about the current mess at our Veterans Administration hospitals. Without question it is unacceptable, if not disgusting and borderline criminal. But I have a somewhat different take on most of what I have read and heard.

I am not, like most commentators, "surprised," "shocked," or even "taken aback" by the fact that a government agency has exhibited complete and total failure in carrying out its mission. Quite the contrary! Unfortunately, that is what I have come to expect from government.

I am on record time and time again as stating that the government should not be in the health-care business. Obamacare is going to be a nightmare, and I, for one, do not relish the thought of having some government panel making decisions about my healthcare. I want my own doctor, making decisions with me about my own medical protocols, without the government sticking its nose into it.

Now, of course, the VA is different. This organization was founded on the principle that our veterans deserve dedicated healthcare professionals, who are charged with the mission of taking care of our service people. I agree with that completely. The only problem with it is that it's being run just like any other government agency.

Congress apparently expressed surprise and dismay that it was difficult to fire administrators within the VA, even if they were doing a bad job. How in the world can they be surprised by that?

Anyone who has been anywhere

near government at any point in their lives knows that there are many obstacles placed in the way of a manager who wants to terminate a bad employee. Government jobs are treated as sacrosanct.

In the private sector, if someone doesn't perform, they're out. In the government, for whatever reason, we've developed a culture that once you get a job it is yours for life, regardless of whether you care about your work. That has to end.

And how about the top person at the VA? This guy finally had to be shown the door kicking and screaming. He thought he was entitled to stay in the position even though his performance provided nothing but embarrassment for the president. He's the one who should be embarrassed.

As a result of the recent flurry of news about substandard care - in some cases, no care at all - provided to our veterans, we are starting to see suggestions that maybe the government would be better served by spending its money subsidizing private healthcare for veterans rather than forcing them to wait in line to get into these government facilities.

I believe that is something that should be looked at very clearly. I want to make sure our veterans get the healthcare they deserve. I also want to make sure the taxpayers get their money's worth.

In the private sector, providing efficient services is a way of life. If you don't, you don't survive. In the government, providing inefficient service at an exorbitant price seems to be the norm. We have to put an end to that, or we will not survive as a country.

Kirby DELAUTER
for County Council District 5

GOVERN LIKE
A TAXPAYER
TODAY

By Authority Tina Delauter, Treasurer

GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

Jan Gardner, Candidate for County Executive (D)

We're seeing a lot of loose talk in this campaign about taxing and spending. My likely opponent this fall, Blaine Young, has been circulating wild claims comparing my administration of our county government and his. I'm sure voters believe that their choice in this election should be based on facts and not myths.

There is a stark choice this fall, all right, but it's nothing like what Blaine Young would have you believe. The truth is exactly the opposite. I am the true financial conservative in this race. Blaine Young is the tax and spender.

Here are the facts on taxing?

- The Gardner board (2006 to 2010) never raised taxes, plain and simple.
- The Young board (2010 to 2014) will tell you it cut 202 fees and taxes. But it won't tell you that those were not fees paid by ordinary people. They were almost entirely fees that developers paid for permitting and inspections. Since the developers and builders are not paying for these services, the cost of permitting and inspections are now being paid by you and me and all the other taxpayers of Frederick County. Worse yet, Blaine Young raised property taxes by 5 percent to 15 percent on homeowners in Thurmont, Walkersville, Lewistown, Sabillasville, Middletown, Bruns-

wick, Mt. Airy and surrounding areas. By the way, that tax hike takes more of your money out of your pocket than you get back with their new gimmick of cutting the property tax rate by \$10 a year. The Young Board has raised taxes, plain and simple.

What about spending:

- The Gardner Board controlled spending. Over the 4 year term, total annual spending had grown by less than \$2 million. In our last two years, the Gardner Board actually cut spending with budgets smaller than the year before. The Gardner Board is the only board that actually reduced overall spending one year to the next. And, we left the county with a \$12.3 million surplus.
- The Young board increased spending every year. As of now their out-of-control spending has soared to \$42 million a year more than when they started. To cover some of their spending, they raided \$6.5 million from the county's Fleet Reserve Fund, which was set aside to maintain county vehicles. They also wiped out our Bond Rating Enhancement Reserve, which was money set aside to ensure that our county got a high credit rating. Still, the Young board is leaving the county with a \$30 million deficit.

Here are a few more things that may surprise you. The following myths are featured in Blaine Young's campaign literature.

MYTH: Blaine Young is responsible for the county's AAA bond rating.

FACT: The first AAA bond rating was earned by the Gardner board, as a result of our fiscally conservative budgeting.

MYTH: Blaine Young reduced the size of county government by cutting the workforce 25 percent.

FACT: About one third of that reduction was because of layoffs and hiring freezes put in place by the Gardner board. (Remember, we cut spending.) The rest was because Young ended sponsorship of Head Start and sold or leased Citizens and Montevue. And since most of the cost of those employees was paid by federal tax dollars, these cuts didn't save the county much money. (Remember, their spending has soared.) So, there are fewer employees but the size of government in terms of spending is much bigger.

MYTH: The proposed sale of Citizens and Montevue and their turnover to a private company is saving the county money.

FACT: This privatization, as often happens, is costing the county more

money than if it had not happened. Young is selling these facilities at a huge financial loss. The lease for the upcoming budget year requires the county to pay Aurora \$3.7 million to take care of indigent seniors when the county spent around \$2.0 million to provide this service. It is a bad deal.

MYTH: Blaine Young established the senior tax credit.

FACT: The senior tax credit was created by former county commissioner Bruce Reeder, long before the Young board came into power. Prior Boards had a senior tax credit and had expanded the Homeowner's Property Tax Credit so seniors were not taxed out of their homes.

And while we're on the topic of fiscal responsibility, we can't ignore a huge difference between the way my board and his treated real estate developers. During my time, we required developers to pay the costs of building roads, schools and other infrastruc-

ture to accommodate new neighborhoods and families. The property taxes paid by the new people added to the county's income to support services for them, including schools, public safety, and road maintenance.

By contrast, Blaine Young has given decades of future property taxes—\$191 million over the years—to the developers to pay for needed infrastructure instead of requiring them to pay their way. This means property tax dollars won't be there to pay for increased county services needed as more people move into the county. Guess who will have to pay instead? The bill has been shifted to you and all the other taxpayers of Frederick County. It's a bad deal.

If you want a responsible leader who will control spending and end the tax money giveaway to real estate developers, you should vote for me—Jan Gardner for County Executive. We taxpayers simply can not afford another four years of Blaine Young's mismanagement and out-of-control spending.

Emmitsburg Mayor Don Briggs

Flag Day, June 14th, settled in between Memorial Day and the 4th of July and this year also the 70th anniversary of the invasion of Normandy and Father's Day, generally passes with little if any attention. Except in Emmitsburg. It is said that June 14th is the anniversary date of the Flag Resolution of 1777. On May 30th, 1916 President Wilson by a proclamation officially established June 14th for the annual commemoration. Carried out always with dignity as a quiet respectful tribute not only to the retirement of old and tattered flags, but also another time to say how thankful to our service veterans.

Emmitsburg and Thurmont veterans' organizations alternately host the commemoration and this year it was our turn. The ceremony was held at a new location in front of the Community Center beside our two fire service museums. Commissioner Blanchard and I were given the honor to say a few words. Both of us served in the military reserves. With the many veterans and families present, came the three volley 21 gun salute by the colors guards from Emmitsburg and Thurmont. All the time it seems the ceremony was given a gentle prompt and cadence from the flutter of our flag overhead. Thank you to all those who have served and are now serving. Thank you to the Emmitsburg American Legion Post 121 and VFW post 6658 and to Thurmont Legion 168 and Am Vets Post 7.


At the ceremony I read this poem, It Is The Soldier

*It is the Soldier, not the minister
Who has given us freedom of religion.
It is the Soldier, not the reporter
Who has given us freedom of the press.
It is the Soldier, not the poet
Who has given us freedom of speech.
It is the Soldier, not the campus organizer
Who has given us freedom to protest.
It is the Soldier, not the lawyer
Who has given us the right to a fair trial.
It is the Soldier, not the politician
Who has given us the right to vote.
It is the Soldier who salutes the flag,
Who serves beneath the flag,
And whose coffin is draped by the flag,
Who allows the protester to burn the flag.
—Father Denis Edward O'Brien, M.M.*

Father O'Brien served in three WWII Pacific campaigns; Café Gloucester, Peleliu and Okinawa. He recalled the battle to take Peleliu as the bloodiest. It was there that he felt God's call. After his military service, he entered the seminary and became Maryknoll Father to later serve as a missionary to the poor, the needy, the terminally ill and the "unwanted" in East Africa and Mexico.

Hoping you and your family enjoy Community Heritage Day, the State baseball tournament and a wonderful 4th of July holiday. During the festivities please take a moment to gather with family and remember those who have served and who now serve in our armed service..

RE-ELECT
Cleopatra Campbell
Orphan's Court
For Frederick County




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By Authority Of Mark R. Williams, Treasurer

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Jan Gardner for Frederick County; Sharla Worley, Treasurer

FROM THE DESK OF . . .

Carroll Valley Mayor Ron Harris

This month we celebrate the most memorable day in the history of the United States, the 4th of July. On July 4th, 1776 the Continental Congress adopted the formal statement called the Declaration of Independence. This historical, formal statement of independence was drafted by a committee of five appointed by the Continental Congress. One of the committee members, John Adams, writing to his wife, said this day will be celebrated in the future of the country "as a great anniversary festival" and this celebration will "include games, sports, and illuminations."

Well, living up to the words of John Adams, the Borough of Carroll Valley with the help of businesses such as Adams Electric, Liberty Mountain Resort & Conference Center, Comcast, Buchanan Auto, and a group of committed volun-

teers is preparing to celebrate our country's great anniversary. There's plenty of fun for the whole family; enjoy the Classic Car show, good music, join the horseshoe tournament or enter the golf putting competition, take the McCleaf Hayride around the park. Try the climbing wall or complete the Youth Obstacle course.

The children will love the Alligator Alley Slide. For those adventurous individuals, try the Extreme Air Bungee Jump. It's all at the July 4th Picnic being held on Friday, July 4. The main event opens at 2 pm and ends with Fireworks at 9:45 pm. Check out the website for the full schedule of events at www.cvjuly4th.com. The 3-on-3 Basketball Tournament is back again and starts at 9:00 am. Bring your family, your friends, and your neighbors. The evening will bring more great music, a formal flag

retreat ceremony, and conclude with fireworks launched from atop Ski Liberty Mountain. Come on out and join the fun!

During July and August, we need to pay attention to heat advisories. You should understand the difference between an "Excessive Heat Warning" and a "Heat Advisory". Excessive Heat Warning means "the Heat Index values are forecast to meet or exceed locally defined warning criteria for at least 2 days (daytime highs = 105° – 110° Fahrenheit)." A Heat Advisory means the "Heat Index is forecast to meet locally defined advisory criteria for 1 to 2 days (daytime highs = 100° – 105° Fahrenheit)". During a heat wave, you should listen to the updates from the National Weather Service. Stay hydrated by drinking fluids. Avoid drinks with caffeine

or alcohol. Use the buddy system when working in excessive heat and take frequent breaks if you must work outdoors. Check on your animals frequently to ensure that they are not suffering from the heat. Please discuss heat safety precautions with members of your household. Enjoy the summer and keep safe.

Two of our neighbors are retiring from years of service to our country: Mr. Ed Kaplan and Chief Warrant Officer Adam Wine. Mr. Kaplan has retired from the Federal government after 36 years of service. The last 35 years he has been with the U.S. Fire Administration's National Fire Academy in Emmitsburg His last position held was chief of the Education, Training and Partnerships section within the Federal Emergency Management Agency, a component of the Department of Homeland Security. Mr. Kaplan has served on the Planning Commission for the

past 19 years. CWO Adam Wine has retired from the United States Coast Guard after 30 years of service. During his career he has responded to more than 50 major events including: four hurricanes, the crash of TWA Flight 800, NY, the crash of the AMTRAK train the Sunset Limited near Mobile, AL, the flooding of the Red River along the North Dakota and Minnesota borders, and multiple oil spills, most recently the Deepwater Horizon oil spill in the Gulf of Mexico. Thank you both for your dedication and service.

Borough meetings to be held in July are: Planning Commission (July 7th), Finance Committee (July 14th), Council Borough (July 15th), Parks/Recreation (July 23rd), Sewer/Water Authority (July 28th) Please reduce your driving speed when you are in the Valley. If you have any questions call me at 301-606-2021 or email MayorRonHarris@comcast.net.

State Representative Dan Moul

The General Assembly is attempting to address a number of fiscal challenges as it works toward a June 30 deadline for passage of a new state budget. General Fund revenue collections for May were more than \$100 million less than anticipated, and revenue collections year-to-date are more than \$500 million below estimate. The overall budget shortfall headed into the new fiscal year, beginning July 1, is approaching \$1.5 billion. With a constitutional mandate requiring a balanced budget, lawmakers are exploring a number of avenues for closing the budget gap, including spending cuts, liquor privatization and public pension reform. For the latest budget updates, go to www.RepMoul.com.

As vice chairman of the House Children and Youth Committee, I am pleased to see a number of important child protection measures making it through both chambers of the state Legislature and reaching the governor's desk. Gov. Tom Corbett recently signed into law Act 56, which makes it a felony of the third-degree for a sports official to sexually assault a child. The new law applies to any sports official, volunteer or employee of a nonprofit or for-profit sports program who engages in sexual intercourse, deviate sexual intercourse or indecent contact with a child under the age of 18 who is participating in a sports program. If the child is under the age of 16,

the crime is punishable by a mandatory prison sentence of up to 10 years. The legislation was necessary to protect athletes who are above the age of consent in Pennsylvania, but still placed in a position where a significantly older adult, such as a coach, may abuse his or her power and authority.

Legislation to get child exploitation awareness education in Pennsylvania schools is now on the governor's desk. House Bill 1559, which was approved on concurrence in the House, aims to prevent child abuse, including sexual abuse. It requires teachers of students in grades K-8 to receive training in child exploitation awareness, which may also be used to satisfy their continuing education requirement. The Pennsylvania Department of Education would be required to develop and post on its website model guidelines and age-appropriate educational materials that may be used by school districts for professional development training and in the student curriculum. The legislation also requires schools to adopt policies and curriculum to help professional educators and students alike recognize the signs of

suicidal behavior and subsequently prevent youth suicide. Once signed by the governor, the new law will become effective on July 1.

The cost of acquiring a duplicate birth certificate will increase from \$10 to \$20 on July 1. The proceeds will be used to help fund children's advocacy centers and programs to help train "mandated reporters" – those required by Pennsylvania law to report child abuse.

The House is attempting to streamline the Children's Health Insurance Program (CHIP) to allow greater access to health care coverage for children. The House Insurance Committee advanced House Bill 2299, which would simplify eligibility and renewal requirements. Many of the provisions in the legislation are already in place, but need to be written into law to ensure they continue in the future. Since 1992, CHIP has provided health insurance to Pennsylvania children and teens not eligible for or enrolled in Medical Assistance. For more information, visit: www.chipcoversparksids.com.

Another bill now on the governor's desk would update the state's Volunteer Services Act with the goal of better serving military personnel and their families. House Bill

43 would enable retired Pennsylvania psychologists, psychiatrists and counselors to volunteer to provide free mental health services to military personnel and their families outside a clinic setting through approved programs such as "Give an Hour." Currently, volunteer services may be provided only in approved clinical settings. For more information about Give an Hour, visit: www.giveanhour.org.

The House Game and Fisheries Committee, on which I serve, is reviewing findings of a study on the possible merger of Pennsylvania's Game Commission and Fish and Boat Commission. Pennsylvania is the only state with two separate agencies. About 20 states have one comprehensive agency and 29 others include the duties of these agencies under the umbrella of a larger agency, such as the Department of Natural Resources.

Finally, the Pennsylvania Game Commission has announced that hunting licenses are now on sale. The 2014-15 hunting and fur taker licenses are effective on July 1 and are valid for one year. Licenses may be purchased online or in person. To buy your Pennsylvania hunting license online, go to: www.pa.wildlifelicense.com.

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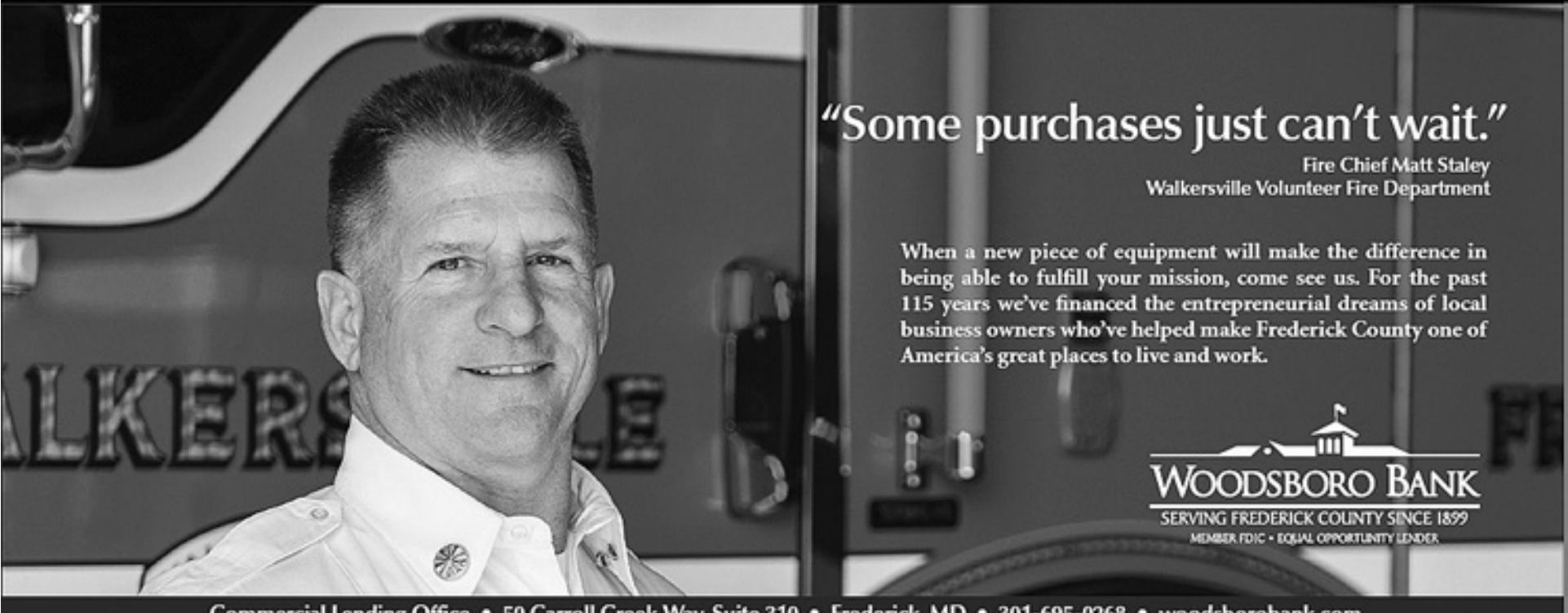
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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

County Commissioner Marty Qually

On June 17th TripAdvisor, the world's largest travel website, announced its ranking for the past year's best landmarks around the world. The Gettysburg National Military Park ranked 9th in the world and 1st in the United States. These ranks are without question a result of the incredibly successful 150th commemoration of the Battle of Gettysburg. For those of you, who do not use TripAdvisor, it is rapidly becoming the most popular tool to plan your vacation. These rankings and the exposure that they bring are critical for our area's tourism economy. But what do we do now that the 150th is over? To answer that question, I had a conversation with the leadership at Destination Gettysburg (formerly the Gettysburg Convention and Visitor's Bureau) to see how we move on after this success year and what part, if any, Adams County government has to play in our future success.

In 2013, Destination Gettysburg was one of several organizations leading the charge behind the epic 150th Anniversary Commemoration of both the Battle of Gettysburg and President Abraham Lincoln's Gettysburg Address. In 2014, that same organization has shifted its focus toward marketing the experiences beyond the history and showcasing the culture rarely found in small towns.

"The history and heritage of Gettysburg will always be the destination's legacy," said Norris Flowers, President of Destination Gettysburg. "We aren't ignoring that as a key attraction for visitors to travel here, but we are placing a greater emphasis on experiences that take these visitors into unchartered areas of the town

and the county." These new experiences, said Flowers, will inevitably extend the visitors stay by offering a wider array of opportunities for families, couples and individuals. These experiences include the county's wineries, orchards, health and relaxation, antiques, outdoor recreation, great restaurants and family-friendly attractions.

"The goal with our new strategy and marketing is to target a younger audience to off-set the aging of our current market," Stacey Fox added. "We will continue to interact with our current visitors as we shift our focus to our new core audience. We are also looking to extend the length of stay and grow our overall visitation."

Since we are discussing history, it is appropriate for me to explain some "behind the scenes" history between Adams County and Destination Gettysburg. To be frank County government and Destination Gettysburg have not always seen eye to eye on some issues. They did their job and we did ours, and the less we stepped on each other's toes the better. Sort of like two grade school wallflowers forced to dance with each other, but when the song was over they were eager to go back to their corners. I will admit I was one of the first to say, "who couldn't market Gettysburg, especially for the 150th commemoration?" I am the first to admit that I was wrong. The TripAdvisor rankings did not happen by accident and "anybody" could not have created and orchestrated our successful 150th Commemoration. It took a lot of effort and community support to achieve those

results. Destination Gettysburg was one of the lead champions of that success.

In working side by side with Destination Gettysburg staff during the 150th planning phases, County staff and elected officials began to see how much we each shared a common vision for the future of Adams County. Since last July it is fair to say that instead of hugging the walls, we are now moving in a coordinated dance. Our efforts are two-fold. First, we are working together strengthening the links between tourism and agriculture. Second, we are working with local municipalities to assist them in creating more business friendly communities. For those of you living in Maryland this may sound like business as usual, since the planning and economic development teams in Frederick County coordinate effortlessly with the tourism community. A positive collaborative relationship between Adams County government and Destination Gettysburg is a paradigm shift.

Two new words that everyone in our rural communities should add to their lexicon are agritourism and agritainment. The definition of both words overlap into the act of using various products and experiences to attract visitors to agricultural sites. Think: pick your own fruit operations, hay rides, the concerts and fireworks at Crumland Farms, corn mazes, our area wineries, and burgeoning hard cider operations. All of these businesses succeed by bringing visitors, both tourists and locals alike, onto farms and orchards to spend money beyond just the purchase of farm and orchard products. As Norris Flowers mentioned, it's not just

about visiting a place, it's about creating an experience. With our nationally recognized fruit industry and internationally known civil war history Adams County is prime real estate for agritourism. After a day visiting downtown Gettysburg, an evening sitting at one of our wineries is a great way to reflect on the historical lessons learned. Visiting one of our farmers markets to get provisions before an all-day tour of the battlefield, brings to light the best of both worlds. It has become obvious to Adams County government that we play an important role in the continued success of both our tourism and farming industries.

The challenge is that some of our local planning ordinances have failed to evolve as our agrarian community has added new events and products to their properties. What property setbacks should be used for a roadside farmers' market stand versus a barn or shed? Do you need to add a modern sprinkler system to a 100 year old barn that has become a venue for weddings? What OSHA or USDA safety measures apply to going into a farm maze or picking your own apples? Are concerts or civil war reenactments allowable uses in agriculturally zoned areas? As you can see these questions become confusing and in the end the answer is too often to the detriment of our revitalizing entrepreneurial spirit. In Adams County we understand that our 34 different municipalities are having a challenge reacting to these changing business opportunities. We also understand that while Destination Gettysburg can help these businesses market their products, they cannot

help them navigate and promote change within our Commonwealth municipal planning structure. That is where our County Planning Department can help.

Over the past year and so long as this Board of Commissioners sits in the Courthouse our Planning Department will serve as an aid to municipal planners and tourism experts. They are already working to create regional plans among multiple municipalities, plans that will better clarify future business zones. This past year Planning conducted long overdue economic development surveys. They are partnering with the Adams County Economic Development Corporation outlining strategies to municipal and community organizations on how best to be business friendly. And lastly, more specific to the discussion on agritourism, I would like to see Destination Gettysburg, County Planning, municipal officials, and agritourism businesses work together on a set of recommendations to assist municipalities to create business friendly regulations and ordinances for agritourism.

While our history and our rural community have created a stable economic base, we must find more ways to work together and move Adams County into the future. I am encouraged by the strides we have taken together so far. I'm proud of how our community stepped it up a notch for the 150th commemoration. Most of all I am optimistic that the strengthened partnership between County government and Destination Gettysburg will pivot our community and our local economy for future successes.

State Senator Rich Alloway

As chair of the Senate Game & Fisheries Committee, it is my responsibility to protect the health, safety and welfare of the sportsmen in our Commonwealth. That is why I'm advocating our state legislature to take a lead on Lyme Disease education.

The Senate recently adopted a resolution (SR338), urging the PA Game Commission to add Lyme Disease education to the state's mandatory Hunter-Trapper Education courses that are offered to hunters each year. I authored Senate Resolution 338, and the measure generated 20 additional co-sponsors. Overall, the resolution promotes wider awareness of the risks posed by Lyme Disease, by encouraging the addition of a new component in the six-hour training class required by law for all first-time hunters and trappers. Lyme Disease is the most common tick-borne illness in the United States. The potentially serious disease is carried by deer ticks.

Sportsmen are at a much greater risk for Lyme Disease due to the amount of time they spend outdoors.

Additionally, I'm happy to announce that a Lyme Disease bill is going to the Governor's desk for his signature. The bill enacts the "Lyme Disease and Tick-Borne Disease Education, Prevention & Treatment Act," and establishes a task force for Lyme Disease under the PA. Dept. of Health.

According to SB177, the department shall: 1 - develop a general public and health care professional in-

formation and education program regarding Lyme disease; 2 - develop an active tick collection, testing and surveillance program in cooperation with the Dept. of Environmental Protection; 3 - cooperate with the Game Commission, the Dept. of Conservation and Natural Resources, and the Dept. of Education to disseminate information related to Lyme Disease; 4 - cooperate with professional and health care associations to provide educational programs; 5 - cooperate with the Dept. of Entomology at Penn State University to disseminate educational resources; and 6 - Identify public and private grants and funding to carry out the provisions of the act.

The intent of both pieces of legislation is to provide the public with information and education to create greater public awareness of the dangers of and measures available to prevent, diagnose and treat Lyme disease and related maladies.

In recent years, Pennsylvania, New

Jersey and Massachusetts have reported the greatest number of cases. There were more than 4,000 confirmed cases of Lyme Disease in Pennsylvania in 2012. The disease can also cause arthritic, cardiac and neurological problems. It is successfully treated in early stages - and often in later stages - with antibiotics.

The first line of defense against Lyme Disease is knowing what its symptoms are, what causes it, and what can be done to prevent and treat it. Symptoms of Lyme Disease, in addition to a darkened area at the site of the tick that resembles a bull's eye rash, can include fever, headache, joint pain and fatigue. Failure to adequately treat the disease may lead to long-term damage to the heart and central nervous system.

The best chance of discovery is afforded by the red, often ring-like rash that occurs on many victims after infection. Typically, the rash expands and then fades within a few weeks. However, the rash does not occur on

more than one-quarter of Lyme Disease victims.

Symptoms of the early stages of Lyme Disease include fever, head ache, stiffness, lethargy and other mild complaints that are often dismissed as the flu. The symptoms of later stages, ranging from facial palsy to heart irregularities, are easily misdiagnosed. There is a blood test for Lyme Disease, but it is not perfect. Early treatment is important because that is when the

disease is most easily conquered by antibiotics. Pets also respond to antibiotic treatment.

The best rule is to seek medical advice if you, your children, or pets have been exposed to ticks and have experienced Lyme Disease symptoms.

For more information, the American Lyme Disease Foundation has a website: www.aldf.com. I have brochures available at my district offices in Gettysburg and Chambersburg.

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COMMENTARY

Words from Winterbilt

Who is the Patriot?

Shannon Bohrer

For many people, the image of a cowboy riding horseback in open country carrying an American flag, waving in the breeze, looks patriotic. For others, depending on the circumstance, it may not be. A Nevada rancher, Cliven Bundy, has been grazing his cattle on federal land for 20 years, never paying any grazing fees. When the government attempted to seize his cattle, Bundy was in the news as he opposed the federal government's right to take his cattle, still refusing to pay grazing fees. Bundy's defense was that he did not recognize the federal government and the land his cattle were on belonged to the state of Nevada. A number of self-proclaimed members of various militia groups traveled to Nevada to help Bundy to defend himself and his cattle.

When the Bureau of Land Management tried to seize Bundy's cattle, a confrontation came close to being violent. The Bundy family members and dozens of supporters, all openly armed, angrily confronted a group of federal park rangers. At one point, the women and children on the Bundy side (there were no women and children on the government side) were put out front, between the two groups.

A militia member explained that if any shooting took place they wanted the world to see that the government would shoot women and children. That does not seem patriotic.

When first reported, the news was generally limited to the facts just cited. That is until the talking heads and experts weighted in on the topic. A number of "experts" sided with Bundy in opposition to the government. When someone opposes the government, there are individuals and groups that will agree with that position, no matter the facts. We all know that the government is not perfect and we all understand the complexities of a bureaucracy. Mistakes are made. However, there is also a sub-culture in our society that really believes that the government is at the root of all our problems. For some in that sub-culture, no form of government would be acceptable.

The support for Bundy also included politicians and celebrities. Senators Rand Paul of Kentucky, Ted Cruz of Texas, and Dean Heller of Nevada and well-known news personality Sean Hannity, were supporters, just to name a few. It seemed that a good number of "known" individuals wanted to show their support. The support seemed to slow down when Bundy

was interviewed and made vile comments about black people and how they might have been better off under slavery. In a later interview he lost more support when he said he did not understand the uproar over his comments suggesting that blacks were better off when they were slaves.

To some the issue is simple: a 67-year-old rancher is fighting against a federal government that is trying to take his cattle. Bundy is perceived as a folk hero who is not politically correct and speaks his mind. As one of the militia leaders said: "It's tyranny in government," and he also added: "It's stealing people's cattle." A banner used by the protesters stated: "Has the West been won? Or has the fight just begun?" The issue is apparently so real to some of the supporters that they have threatened BLM Workers driving pickup trucks with BLM markings. Are the threats real? Some BLM employees have had windows shot out at their homes.

From the perspective of the Federal Government, and many others, Mr. Bundy is an outlaw of sorts who owes U.S. taxpayers more than \$1 million in unpaid grazing fees. According to National Park Service, Bundy's cattle have been grazing in trespass on public lands in Southern Nevada for more than twenty years. According to The Bureau of Land Management and the

National Park Service they have tried to resolve the issue administratively and judicially. Mr. Bundy was taken to court multiple times which resulted in multiple court orders to remove his cattle from the federal lands. The government's position is that the attempted seizure of the cattle was their last option.

Is this a liberty and freedom issue? Is this the action of a tyrannical government? Is this an issue of a person that trespasses on property? Maybe this is an issue about someone that won't pay the grazing fees that others pay, using the excuse that the government is taking away our freedom. The language used by the Bundy camp includes: "It's about freedom and liberty and our Constitution," "I am standing up against bad laws which dehumanize us and destroy our freedom," and "I invite all people in America to join in our peaceful revolution to regain our freedom." From my perspective, paying land rent does not equate to dehumanizing someone and does not destroy any freedoms.

After Mr. Bundy's remarks on race, many of the supporters like Sen. Rand Paul and Sen. Dean Heller withdrew their support, yet many of the earlier supporters had called Bundy and his supporters "Patriots." If you believe that someone is a "Patriot" and is being wronged by our government, does the patriotism stop if they use racist remarks? Maybe we should question someone that says they don't believe in the U. S. Government and they

still wave the flag. Maybe we should also question politicians that jump to a cause and tell us how bad our government is. They are speaking ill of the the very government that they themselves run.

If the government was seizing the property of a minority female farmer, because of taxes owed, would that be a freedom and liberty issue? Would the militias and politicians rush to her defense? Would they rush to her defense if she wore a cowboy hat and rode a horse? Bundy questioned the happiness of minorities, inferring that they were unhappy because they were on the government dole. According to Bundy's logic, he should be unhappy since he has been on the government dole for 20 years, because he refuses to pay a \$1.35 a month for each animal. \$1.35 per animal, per month, that is cheap. Only the federal government would rent grazing land that cheap.

The issue of a tyrannical government abusing its citizens is always a valid concern, just look at history. But not in this case! If anything the government is partly at fault for not pressing the issue earlier. Allowing the illegal grazing to continue for 20 years might be inept, but it is not tyrannical. And historically there have been incidents where "Patriots" broke laws – BUT THIS IS NOT ONE OF THEM.

To read past editions of Words from Winterbilt visit the Authors section of Emmitsburg.net.

Common Cents

Iraq, oil & budding terrorists

Ralph F. Murphy

Lightning advances now sweeping Iraq and Syria by the Islamic State in Iraq and Syria or ISIS, appear the result of religious, political, and economic factors which while largely unique to Iraqis and Syrians, appear to include Turkey as well. The ISIS military, originally estimated to be about 3,000 soldiers, has made advances in its Syrian staging area, and now controls much of Sunni Iraq. This is much higher from original estimates. What is not known is whether this reflects revolutionary adhesion of disparate Sunni factions against the ruling Shias or a longer term, ruling structure that could reach from the Mediterranean Sea too much of Iraq.

Iraq is currently about 32-37% Sunni Muslim. The ruling Shites are 65% of the population and control the vast majority of the nation's oil reserves. These are estimated to be fifth in the world at proven crude reserves by the U.S. Energy Information Administration (EIA). Iraq was one of the original five founders of the Organization of Petroleum Exporting Nations (OPEC), and currently ranks as the world's sixth largest exporter despite hostilities in the region. Most crude finds its way to American and East Asian markets.

Southern pipelines in Shia - populated areas have maintained out-

put with an agreement signed in December, 2009 allowing international "joint ventures" to profit the companies such as ExxonMobil with a monetary reward for each barrel extracted. Back then it was \$1.40 a barrel while the wellhead price varied between \$35 and \$82. The Iraqi government enjoyed the remainder of per barrel earnings, but was subject to market conditions, foreign and domestic, such as labor unrest, saboteurs, and relevant, dependent economic activity.

Economist James I. Smith noted that markets are more likely to react to "shocks" such as war, than to hedging or speculation. Shocks may send the short run or "spot" price spiraling, given a sudden rise in demand in anticipation of further hikes. The market calms down if the "shock" is unfounded which is hopefully the case of Iraq whose major fields include the Majnoon, Halfaya, and West Qurna fields that flow to ports in the Persian Gulf.

ISIS was a Sunni religious body drawing its inspiration from the highly orthodox Wahhabi group in Qatar and Saudi Arabia. It was a spin off from al-Qaeda and they fought effectively in Northern Syria where it may have come into contact with the Islamist oriented Turks. Turks who had pipeline interests in the region and domestic concerns with an influx of most-

ly Sunni refugees from Syria. President Bashar al-Assad's minority Alawite Shiite faction (mystical religious) is linked to Iran and constitutes 15% of the population- the Sunnis 74%.

ISIS was expelled from al-Qaeda in 2014 as its leader, Ayman al-Zawahiri, was considered "too extreme" after the ISIS expanded into Syria with about 2500 fighters. Then the group began to grow and mature on the battlefields of Syria and now Iraq under their leader Abu Bakr al-Baghdadi. It may be linked to Turkish oil interests more than their refugee housing concerns.

In May 2014 Iraqi Kurdistan delivered one million barrels of crude oil to the Turkish Mediterranean port of Ceyhan via a new pipeline originating in the fields of Northern Iraq. These fields are now controlled by the Kurdistan Regional Government (KRG). Economic income for the region was estimated at over \$23 billion in 2011 in an area with over 6 million Sunni Kurds.

The Kurds have historically been a homeless diaspora, but with Turkey's help- may be in a position to control 1.3 billion barrels of an estimated 45 billion barrels that are in reserve. The region is nominally linked to the Shia majority in Baghdad. This is ironic, because the Turks consider their own Kurds a source of separatist concern.

The pipeline benefits the Turks, Kurds, American and Israeli im-

porters. But, the current situation provides little cash to the Iraqi government. While the Iraqi government appears unsettled by its economic loss- they are also dealing with the loss of non-Kurd, Sunni areas to ISIS. Commencing in June 2014, this radical group successfully invaded Iraq's largest Anbar province - along with the nation's second-most populous city of Mosul. They also captured the Sunni Fallujah, and Nineveh provinces. It is now clear that the ISIS strength was grossly underestimated.

The Kurds are Sunnis and appear to have a fledgling military. However, they are "ripe" for attack and assimilation into ISIS. Inexplicably, there is currently no apparent effort to do so. The Kurds speak an Iranian-based language, and aren't tied culturally to Baghdad.

Aging Iraqi federal pipelines were connected to Kurdistan's (KRG's) new line on the Turkish border. Again, it appears the Shia are being eclipsed by Turkish maneuvering and may be providing the Kurds protection from ISIS. They are consolidating much of non-Shia Iraq and even resource-poor, but strategically important Syria. Command and control in the rapid ISIS gains haven't been evident in the Sunni groups until recently. About the time that the Kirkuk to Ceyhan line became profitable. The United Nations High Commission on Refugees reports that Turkey is reeling from the flood of over 500,000 Syrian refugees. It is thought that many are being trained and sent back into rival Syria as a viable opposition.

The ISIS military ground gains have proven effective in Sunni-populated regions. They have not penetrated Shia regions to any large extent, although bombs have been unleashed in Baghdad. These may be tied to lingering Sunni elements in the city.

Iraq's State Oil Marketing Organization called the oil flow and loading from Turkish ports from Kurdistan to be "an illegitimate deed of Turkish Authorities". This has not been translated into ground gains by the Shia in that region. ISIS remains territory rich, but resource poor. Iran would likely intervene were their Shia neighbors demographic areas truly threatened. Radical ISIS has shown an ability to make military ground gains, but no ability to govern.

Prime Minister Nouri al-Maliki has taken much of the international blame for the collapse of Iraq, but has failed to control the Sunni regions now in contention.

ISIS may gain control over a wide swath of territory in Syria and Iraq, but is likely to become an unstable nation without external support - including economic aid. Maybe Turkey can do it. They certainly control a new oil provider. The status quo there was certain to fail given the demographics and associated violence. Whatever they call this potential new nation - it will surely be religiously factionalized within the Sunnis. And it will be resource poor. Fertile ground for budding terrorists.

To read past editions of Common Cents visit the Authors section of Emmitsburg.net.

Pure OnSense

The Collapse of Iraq

Scott Zuke

A few months ago, Iraq appeared to be pacified and reasonably stable. Its spiraling security issues and troubles with the increasingly authoritarian rule of Prime Minister Nouri al-Maliki were minor concerns compared to the crises in Syria, Egypt, and Afghanistan. Then last month, seemingly in the blink of an eye, all that changed.

A new extremist group, called the Islamic State of Iraq and al-Sham (abbreviated as ISIS or ISIL depending on translation), executed a rapid, and shockingly effective, offensive from the Syrian-Iraqi border straight toward Baghdad in the heart of the country. Along the way, the group seized control of Mosul, Iraq's second largest city, and Saddam Hussein's hometown of Tikrit, along with other towns and villages.

It was a well-coordinated and strategic assault. Although the military forces of the Iraqi central government were trained and armed by the U.S. military—at great expense—their morale was weak and they lacked the support of Iraq's civilians. When ISIS showed up, many simply laid down their weapons, changed out of their uniforms, and fled. ISIS seized their equipment and robbed banks in its newly captured territory. The militants also laid siege to Baiji, Iraq's largest oil refinery and the provider of electricity to Baghdad. A map released by ISIS showing

its desired territorial holdings in Syria and Iraq overlaps numerous oilfields, revealing their goal to establish an economically viable state by controlling energy exports.

ISIS has been around for a while as an Al Qaeda affiliate, although the two groups parted ways in February and are now competing for influence in the region. It took advantage of the power vacuum in Syria to set up a base of operations in the northern part of the country, which became the staging ground for its offensive into Iraq. The group now moves across the border freely, and even made a show of bulldozing a portion of the borderline that was drawn by Westerners after World War I when France and Britain were divvying up their imperial holdings.

Members and most supporters of ISIS are Sunni Muslims who believe they have been unfairly marginalized by Prime Minister Maliki, a Shiite who has consistently exercised his power to benefit Iraq's Shiite population at the expense of the Sunnis. While the Sunni-Shiite sectarian divide in the Middle East is centuries old, the conflict now has more to do with political representation and the failure of Maliki's leadership than with personal animosity between the sects.

ISIS took advantage of the simmering Sunni resentment toward Maliki to recruit new members and encounter less resistance as it cut its path through Sunni-majority territory en route toward Bagh-

dad. Not all Sunnis support ISIS, but as long as Maliki continues to ignore them and threatens to send Shiite militias into their towns, it's hard to imagine them lifting a finger against ISIS.

The sectarian dimension of the conflict explains the complicated positions of the other major players in the region. Supporting Maliki (or at least opposing ISIS), are Shiite-led Iran and the Assad government in Syria. This could have the unusual outcome of putting the Iran-backed paramilitary organization Hezbollah on the same side in Iraq as its mortal enemy, the United States, even while the two continue to be diametrically opposed in the conflict next door in Syria. Meanwhile, Saudi Arabia and other Gulf states, which are dominated by Sunni majorities, have been a major source of financial backing for ISIS. Their concern for Iraq and Syria seems to be little more than as a proxy battleground in their historical power struggle with Iran.

The other major sect worth mentioning is the Kurds, who occupy semi-autonomous regions in Northern Iraq, Turkey, and Syria. The Iraqi Kurds also happen to command a seasoned military force called the Peshmerga, who aren't afraid to put up a fight against ISIS should the group stray too close to its territory. So far, the Kurds have taken advantage of the ISIS offensive and dissolution of the Iraqi central government's forces to capture Kirkuk, an energy hub that they have long desired, but have otherwise declined to take on ISIS head-on. They may still have an important role to play, however, should Maliki reverse course and offer them more political representa-



tion in the central government.

Amid this tangled web, there are few good options for the United States to get involved. While ISIS is a threat to regional and international security, U.S. policy in the region makes it difficult to intervene in any meaningful way, especially without having to simultaneously get much more directly involved in Syria than it has so far been willing to. Unless Iran joins the call for a change in leadership, preventing the fall of the Iraqi central government unfortunately also means propping up Maliki, who doesn't deserve to be propped up, and whose continued rule will give more life to the Sunni revolt that is allowing ISIS to succeed.

President Obama's approach, as usual when considering a course of action that could draw the country back into armed conflict in the Middle East, has been measured and cautious. Many do not find his response in these situations to be adequate, and no one could call it

an example of inspiring leadership, but that doesn't mean it's wrong. The fundamental problem with the War on Terror, as with the War on Drugs, is that it gives blanket authorization for endless forays into an unwinnable war. The elimination or even containment of terrorists is not a conceivable objective. The harder we try, the more we create, and there will always be safe haven territory for them that the United States cannot control.

For Iraq, the most plausible victory condition—a secure, representative, and democratic central government in control of its borders—can only be achieved by a change in course by Iraqis themselves. If that is out of reach, Iraq is already a failed state, and we should get used to speaking about it as three distinct entities—the Shiite, Sunni, and Kurdish regions—rather than one.

To read past editions of Pure OnSense visit the Authors section of Emmitsburg.net.

Down Under

Beyond comprehension

Submitted by Lindsay!
Melbourne, Australia

Money: n. A blessing that is of no advantage to us excepting when we part with it. An evidence of culture and a passport to polite society. Supportable property
—(Ambrose Bierce, *The Devil's dictionary*)

It might make the world go round, but nobody knows what it is. We call it money, but it's a long way from the stuff that gave us our salary, the salt of Rome. That substance we could have used to keep us healthy, or trade for something we needed, and we had to keep it from getting wet. Some of it was salted away for a rainy day, and society had to have a form of payment that meant something to those that worked for it. In those days it was not the only thing they needed; today, it seems that it is.

It's strange stuff. In a way, it does not exist, as it is created when we borrow to buy something and which vanishes when we pay it back. The bank transfers some electronic symbols to our symbolic account, we electronically use that to obtain goods or services, and do the reverse then or sometime in the future. There was no 'money' involved at all, nor was there any actual backing for the transactions. The promises made were tacit, the systems worked, and we viewed an electronic display to check

that it did. Like religion, we take it on trust. We believe. And we believe in it a whole lot more than we do in God. Why else is it so ardently followed, stately temples built, sacrifices made, and continuing wonder displayed on every street?

Unlike God, however, we cannot do without it. In fact we aim to accumulate as much as we can. That is, we aim to see lots of zeros at the end of each number displayed on the screen. Many of us never get to see that, but it is still the aim. Some, however, do see it, some have to see it, and a few are never satisfied with the number.

Governments try to organize it, sometimes even regulate it; whole disciplines (from 'disciple' – ring a bell?) have formed around it, grand theories come and go, pigs get their snouts in, grubs burrow, cartels, pressure groups and sub-cultures form, the world of shadows and illegality grows ever stronger, and many have their lives ruled by it.

Consider poor former congressman Walt Minnick. Did he represent his constituents? Well, he tried, but found that once he lost his seat his time was spent raising funds for reelection. Not just any old amount, but at least \$10,000 PER DAY! The supreme court has scrapped most of the controls governing political fundraising, meaning the rich have more influence than ever before, but also that every elected representative now spends most of their

time raising money. It is their biggest objective. Minnick says that this corrupts everyone; everything you do and say has fund raising as its aim. Help is only given to those who help you.

Peter De Fazio, congressman from Oregon, says it threatens the very fabric of the US's democratic institutions, and the sheer agony of pleading, conning and cajoling everyone for funds affects both sides of politics. He has been joined by others urging a rethink. It would not be hard to rewrite laws to reduce the need for so much cash (digital, of course), yet it is interesting, and appalling, to see the reasoning of the supreme court in this matter.

The conservative majority believes that because corporations are associations of people, they have a right to free speech. And because political speech is best bought with huge sums on money, more money equals more speech and even more freedom.

I do not know to which school of logic they got this from, as it equates corporations with government. These are not, and I trust never will be the same. It is beyond comprehension that it can become law, as corruption and brutality is unleashed when corporations run the country. You may recall they Hitler tried it too. Already the middle class is falling lower, the lower thus being forced beneath the surface. The gulf between rich and poor has never been as great. Fewer people have more of the wealth than ever before, there are more with less than ever before. That is not the mark of a healthy country, nor a civilized one.

The court also confuses the meaning of 'free'. Free speech means the right to speak freely, without sanction. Speech

is not free if it takes money to accomplish it. That is, in order to speak freely you have to pay for the privilege. That is now the necessity for all who would hold office, and alters the basis of representation. You may vote for the candidate of your choice, but that candidate will be beholden to those who contributed money to the campaign. You, your community, your needs will not be truly represented unless they fall within the same interests as the contributors.

This divides, it does not unite. It leads to sectarianism, separatism, alienation and hatred. It eventually destroys even the idea of equality, something enshrined in the constitution. Regretfully, for all their posturing, many right wing conservatives do not seem to acknowledge this. Community is a dirty word.

The mantra for ever more expansion is governed by the need for bigger dividends, and the banks that can never fail – the economy would collapse if they did – are the key in this drive. And some of those highly respected and wonderful institutions get away with more than murder; they sanction illegality as a way of life, and if caught laugh all the way to the – yes, the bank, because prosecutors who try to bring them to heel find they are likely to be out of a job. Instead of bank ceo's being in jail, the very few banks who have finally been nailed sweetly offer to pay a fine from their coffers. Washington's Riggs Bank paid a \$16 million fine in 2005 for violating the bank secrecy act for failing to report suspicious transactions linked to Chilean dictator Augusto Pinochet. Riggs never went to jail, which you could easily do if you

sold some of the dictator's drugs on the street. Other examples abound.

The share market is like the wheels of a juggernaut, ever turning, edging forward, uncaring where it treads, directed by drones with algorithms for brains. Many of us ride along in its entrails, happy with the nourishment, trying for that extra zero. Happy when obscene profits increase dividends, not willing to see the downside. Downside? Yes, the increasing inequality at home and abroad.

The ideas that growth means work, and that if the rich get richer, so will the poor, are simply false – but a slight fall in unemployment sends the stock market higher. Expansion is the word that is used in every company, for if you do not grow you will fail, (also incorrect), and the way to grow is by expansion. Sure, up to a point that is so, but growth has to be tempered by sustainability. Unregulated growth is short term gain; the role of government has to be the security of not just this generation, or the next, or the one after, but those that come after that. But today, all governments have brought their horizons closer. They do not have the capacity, or the will, to ensure the survival of the future. Perhaps you have a solution to this? Raise a few billion and get into power. Get all like minded people to do the same. Make sure you don't get bumped off. It's probably the only way.

I raise my glass to them, toast an unwinnable cause.

From one land of growing inequality to another,

To read past editions of Down Under visit the Authors section of Emmitsburg.net.

THE PASTOR'S DESK

Independence or In Dependence?

Pastor Gary Buchman
Emmitsburg Community
Bible Church

July 4th is a special day to me for two reasons. First, it is the day in 1776, when the delegates from the 13 colonies ratified the final draft of Thomas Jefferson's Declaration of Independence, thus announcing that the colonies would no longer consider themselves under English rule. It is the birthday of our nation. It also happens to be the day on which I was born. Our nation's 238th birthday will also be my 63rd.

I love my country. I served in her army. I fly the flag on my front porch. I stand at attention and sometimes tear up when our national anthem is played. I vote. I pray for our leaders and our military. But I have to tell you that I fear for my country. The words of Jefferson, on his memorial, in Washington, haunt me. "Indeed, I Tremble for our Country when I recall that God is a just God and that His Justice cannot sleep forever."

I am part of the generation that has seen a total shift in our country's beliefs and values. If you are younger than fifty, chances are that you grew up with many of the current values and beliefs already in place. We have embraced things that 60 years ago no one would have ever believed would be possible in America. Many call this progress, but some believe it is the beginning of the end of a great country. Pastor David Jeremiah wrote in his book, *I Never Thought I Would See the Day*, "As I wake up and scan today's headlines, I am often tempted to say, 'Toto, we are not in America anymore.'"

As a child, I was taught to live in dependence on a sovereign, holy, and loving God that we could call, "Father" (Matthew 6:9-13). We were taught the 23rd Psalm and the Lord's Prayer in our public schools. America was a country upon which God had shed His grace. Our Declaration of Independence and our Constitution were framed to not only declare that we are to be an independent country but also, that we were to live in dependence on God. Even a casual reading of the speeches and beliefs of our

country's founding fathers, reveal this. Washington, Jefferson, Madison, Adams, Franklin, Daniel Webster, Noah Webster, our Supreme Courts right up to the 1940's believed that we were dependent on God.

For 180 years, the Bible was the basis of our laws and morals. We placed our hand on the Bible in court as we swore to God to tell the truth. We placed our hands on the Bible to take oaths for public offices. Sessions of our Congress and the Senate opened with a prayer (as suggested by Ben Franklin), not a prayer to some neutral God, but to the Father of our Lord Jesus Christ. "In God We Trust" was declared to be our motto, and the words, "Under God," were added to our Pledge of Allegiance. Everyone knows the first verse of our National Anthem, but do you know the last verse? Here it is:

Oh! Thus be it ever, when freemen shall stand,

Between their loved homes and the war's desolation,

Blest with vict'ry and peace, may the Heav'n - rescued land,

Praise the Pow'r that hath made and preserved us a nation.

Then conquer we must, for our cause is just,

And this be our motto - "In God is our trust."

And the star-spangled banner in triumph doth wave,

O'er the land of the free and the home of the brave.

But, in the late 1940's, America began to entertain the philosophy of independence from God. A philosophy that snowballed in the 1960's and 70's and continues to grow today. The Blessed Lord Jesus said "If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free." (John 8:31-32). But in that same chapter He also said, "You are of your father the devil, and the desires of your father you want to do. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he speaks a lie, he speaks from his own resources, for he is a liar and the father of it. But because I tell



the truth, you do not believe Me." (John 8:44-45) John also said, "Satan is out to deceive the whole world," (Rev. 12:9).

Sadly, America has embraced the lies of Satan and has declared them to be truth, regardless of what God has said in His Bible. I recently spoke to eight of these lies that has reshaped our country. America's right to freedom of religion has been declared by our courts and congress to mean freedom from religion. (These sermons can all be found on Emmitsburg.net.)

George Washington said in his farewell address, "Of all the dispositions and habits, which lead to political prosperity, religion and morality are indispensable supports. In vain would that man claim the tribute of Patriotism, who should labor to subvert these great pillars of human happiness, these firmest props of the duties of Men and Citizens. The mere Politician, equally with the pious man, ought to respect and to cherish them. A volume could not trace all their connections with private and public felicity. Let it simply be asked, Where is the security for property, for reputation,

for life, if the sense of religious obligation desert the oaths, which are the instruments of investigation in Courts of Justice? And let us with caution indulge the supposition, that morality can be maintained without religion. Whatever may be conceded to the influence of refined education on minds of peculiar structure, reason and experience both forbid us to expect, that national morality can prevail in exclusion of religious principle."

America has either forgotten or ignored his words.

The Prophet Jeremiah recorded God's message to us: "The instant I speak concerning a nation and concerning a kingdom, to pluck up, to pull down, and to destroy it, if that nation against whom I have spoken turns from its evil, I will relent of the disaster that I thought to bring upon it. And the instant I speak concerning a nation and concerning a kingdom, to build and to plant it, if it does evil in My sight so that it does not obey My voice, then I will relent concerning the good with which I said I would benefit it. Now therefore, speak to the men of Judah and to the inhabitants of Jerusalem, saying, 'Thus says the Lord: "Be-

hold, I am fashioning a disaster and devising a plan against you. Return now everyone from his evil way, and make your ways and your doings good. And they said, "That is hopeless! So we will walk according to our own plans, and we will every one obey the dictates of his evil heart." (Jer. 18:7-12).

The hope of America rests in the people of God. America needs to repent of our Independence from God and return to what made America great - our dependence upon God. Re-read those words from Jeremiah and then these: "If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land." (2 Chron. 7:14)

May God bless America as His people turn back to Him and, once again, humbly declare our dependence on His grace.

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THE BOOK OF DAYS

Dr. John Dalton



July 27

At one of the early meetings of the British Association for the Advancement of Science, it drew out into prominence, and directed great reverence to, an old man from Manchester, who had been, up to that time, but little known to his fellow-citizens. For a long course of years, he had been an obscure teacher of mathematics—he was a Quaker—he was an unobtrusive and, to all outward appearance, an insignificant person. It was now learned, for the first time, by many of the Manchester people, that this quiet little old man enjoyed high esteem in the scientific world, as the originator of a theory of the utmost importance in chemistry, and was indeed one of the great men of his age, living there, as it were, in a disguise framed of his own superabundant modesty.

John Dalton, the son of a Cumberland yeoman, was born at Eaglesfield, near Cockermouth, on the 5th of September 1766. At the age of thirteen, he began to earn his living by teaching, and at twenty-seven he went to Manchester as a lecturer on mathematics. Until pensioned by government in 1833, he gave lessons at eightpence an hour in mathematics. He declined several offers to provide him with a competency, so that he might give his undivided attention to chemistry; asserting 'that teaching was a kind of recreation, and that if richer, he would not probably spend more time in investigation than he was accustomed to do.' He was of course frugal and provident.

The apparatus of his laboratory was of the simplest, and indeed rudest kind; scarcely superior to that of Wollaston, who, on a foreign chemist expressing an anxious desire to see his laboratory, produced a small tray containing some glass tubes, a blow-pipe, two or three watch-glasses, a slip of platina, and a few test-tubes. Dalton was a bachelor, altogether of most quiet and regular habits. Twice each Sunday he took his seat in the Friends' meeting-house, and for forty years he ate his

Sunday-dinner at one friend's table.

The afternoon of every Thursday he spent in a bowlines green, assigning as a reason that he liked to take his Saturday in the middle of the week. He was fond of exercise in the open air, and made an annual excursion among the mountains of Cumberland and Westmoreland. He did not read many books, and was singularly indifferent to all that was written concerning himself. His words were few and truthful.

A student who had missed one lecture of a course, applied to him for a certificate of full attendance. He declined to give it, and then relenting, said: 'If thou wilt come tomorrow, I will go over the lecture thou hast missed.'

Dalton enjoyed robust health; he was middle-sized, and of a figure more sturdy than elegant. His head and face bore a striking resemblance to the portraits of Sir Isaac Newton. Like Newton, he referred his success, not to genius, but to patience and industry. 'These, in my opinion, make one man succeed better than another.'

It is in connection with the Atomic Theory that the name of Dalton promises to go down to posterity. The constitution of matter with respect to divisibility, has been debated from very ancient times. Some hold that its divisibility is infinite, and others, that its reduction is only possible to the extent of atoms. Newton expressed the latter opinion in these words:

'All things considered, it seems probable that God, in the beginning, formed matter in solid, massy, hard, impenetrable, movable particles, of such sizes, figures, and with such other properties, and in such proportion to space, as most conduced to the end for which he formed them; and that these primitive particles, being solids, are incomparably harder than any porous bodies compounded of them; even so very hard as never to wear or break to pieces, no ordinary power being able to divide what God made one in the first creation.'

At this point Dalton took up the question. He began by assuming

that matter, although it may in essence be infinitely divisible, is in fact only finitely divided, so that each element consists of particles or molecules of a definite and unchangeable weight, size, and shape. He had observed that in certain chemical compounds the elements united in a constant proportion; for example, water, when decomposed, yields one part by weight of hydrogen, and eight parts by weight of oxygen; and it would be useless to try to combine eleven parts of oxygen with one part of hydrogen; water would be formed, but three parts of oxygen would be left free as overplus. What is the reason for the maintenance of this combining proportion? asked Dalton.

In his answer, we have the atomic theory, or rather hypothesis.

Taking for granted the existence of atoms, he went on to conceive that in the several elements they vary in weight; atoms of gold from atoms of silver, atoms of iodine from atoms of chlorine; but, on the other hand, that all atoms of the same element are of uniform weight; thus, that any atom of iron is equal to any other atom of iron the world over.

We have observed that water is compounded of eight parts by weight of oxygen to one part by weight of hydrogen, and an explanation of the combination is offered in the supposition, that each atom of oxygen is eight times as heavy as one of hydrogen. Further, it is presumed, that in the union of oxygen with hydrogen, the atoms of each are not interfused, but lie side-by-side, complete in their individuality. If, therefore, the weight of an atom of hydrogen be 1, and an atom of oxygen be 8, it is impossible that their smallest combining proportion, by weight, can be other than 1 and 8. The smallest quantity of water, in this view, must then consist of one atom of hydrogen and one atom of oxygen, bound together in that mystic tie which we term chemical affinity.

The example we have chosen from the constitution of water is a simple illustration of the constant proportion which exists throughout chemical compounds with infinite, complex, and multiple variations. It was in 1803 that the great cosmic idea entered Dalton's mind. In 1804, he explained it in conversation to Dr. Thomas Thomson of Glasgow, who, in 1807, gave a short sketch of the hypothesis in the third edition of his System of Chemistry. The asserted law of combination in constant proportions was quickly tested in a multitude of experi-

ments, and the facts clustered to its confirmation.

It was discovered that there was as little chance or haphazard in the concourse of atoms as in the motions of planets. The hypothesis gave a prodigious impulse to the science of chemistry; it shot light through all its realms, and reduced a chaos of observations to purpose and system. Before Dalton's happy conception there was not a single analysis which could be trusted as correct, or a single gas whose specific gravity was known with accuracy.

In the arts, his service was beyond value. He gave the manufacturing chemist a rule whereby he could preclude waste, teaching him how to effect combinations without the loss of an ounce of material. Even supposing that in the future Dalton's notion of the coacervation of infinitesimal atoms should prove erroneous, his merit will remain untouched; for that properly consists in the discovery and promulgation of the law of constant proportion in chemical unions, where before law was unknown, or at any rate only dimly surmised. The theory of atoms was merely an attempt to reveal the mystery of the law, which will abide, whatever may be the fate of the theory.

Dalton was almost insensible to differences in colours. Whereas most persons see seven colours in the rainbow, he saw only two—yellow and blue; or at most, three—yellow, blue, and purple. He saw no difference between red and green, so that he thought 'the face of a laurel-leaf a good match to a stick of red sealing-wax; and the back of the leaf to the lighter red of wafers.' When, at Oxford, Dr. Whewell asked him what he would compare his scarlet

doctor's gown to, he pointed to the leaves of the trees around them.

When a young man, 31st October 1794, he read a paper before the Manchester Literary and Philosophical Society, entitled Extraordinary Facts Relating to the Vision, of Colours, drawing attention to his own deficiency, which thenceforth became known under the name of Daltonism. Colour-blindness is by no means an uncommon affection. Dalton was acquainted with nearly twenty people in his own case. Dugald Stewart, the metaphysician, was one of them: he could not distinguish the crimson fruit of the Siberian crab from the leaves of the tree on which it grew otherwise than by the difference in form. Dalton tried to account for his peculiarity by supposing that it arose from the vitreous humour of his eyes having a blue tint instead of being colourless like water, as in the majority of man-kind.

After his death, in obedience to his instructions, his eyes were dissected; but no peculiarity could be detected. The true explanation of colour-blindness is, we apprehend, a phrenological one—namely, that in persons insensible to colours there is a deficiency or mal-organisation in that portion of the brain which receives impressions of colour; just as there are some similarly deficient in the sense of tune, and who cannot distinguish between one piece of music and another. In one thus insensible to melody, we do not assume any defect in his ears, but a deficiency in that part of his brain assigned to the organ of tune.

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Garden logic

Bill Meredith

*"If you can look into the seeds of time,
And say which grain will grow and
which will not,
Speak then to me."*

—...W. Shakespeare, MacBeth,
1606.

*"Logic will get you from A to Z. Imag-
ination will get you anywhere."*

—Albert Einstein, several
years later.

Our garden was a necessary supplement to the budget when we were younger and the kids were all at home, but over the past 30 years it has shrunk to a small plot in the corner of the yard. We plant it mainly because we always have; I enjoy puttering in it, and it provides some of fresh vegetables for the table. My wife no longer does the industrial-scale canning that she used to do; however, old habits die hard, and a few years ago she came home with a bag that contained several pounds of bean seeds. Had they all been planted, they would have produced enough green beans to carry the whole town through a winter famine, so with what I believed was sound logic, I pointed out that this was more than we needed for just two 30-foot rows. She replied that such a purchase was indeed logical because the seeds were on sale, and buying in quantities like that had kept us with-

in our budget for over 50 years. Then she invoked the standing rule that, in cases of disagreement, her logic was always to outweigh mine. (She claims that we agreed on that rule back in 1957; I have no recollection of it.)

A corollary to the buying-on-sale rule directs that nothing should ever be thrown out, so consequently I have planted seeds from that batch for the past five or six years, and more than half of the original bag of beans is still left. I was sitting in the garage one-day wandering if they were still good when my friends, Claire and Shane, came over to visit. I explained the problem to them, and we decided to plant a few seeds and see if they would grow. I gave each of them a container of soil and a few seeds, and Claire planted hers in neat rows, carefully pushing each seed in to the depth of half a finger. Shane's were done with less precision but with enough enthusiasm to make up for it, and sure enough, the seeds germinated within a week. I offered to let them take the seedlings home to plant in their yard, but Shane declined; with a degree of logic and foresight that I considered remarkable for a 3-year-old, he said they might grow into giant beanstalks that could fall on their house and crush it. Unfortunately, we had a week of rain, and the beans are still sitting in the garage, waiting patiently. I have to

admire them.

As everyone knows, success in gardening is at the mercy of the weather. By all logic, the planting season should have been over a month ago; however, actual events do not always follow the rules of logic. I should have plowed the garden in March, but it was too wet. After that, it seemed that every time it got dry enough, we would have a cold snap, or events would conspire to cause me to be busy with something else, so it was early in May before the upper end of the garden got dry enough to work in. I have a Gravely garden tractor which, in plow years, is probably even older than I am, but it started after only a few arthritic wheezes, and I plowed enough to set out one row each of tomatoes and peppers. The lower end of the garden was still too wet, and the next day it rained again. After that, the tractor had either a stroke or a heart attack... it's hard to tell them apart in tractors... and it was in the hospital for a week. We were well into June before I finally finished plowing.

My educational background has many weak spots, and one of the worst is that I never had a course in Logic. My wife didn't either, but it seems to be less of a problem to her. I contended that seeds will rot if we plant them when it is too wet; she replied that it has been a wet spring and thus we will have a wet summer, so I should quit stalling and get on with it.

One of the worst summer droughts I can remember occurred after a wet spring, so I knew there



Mostly herbivorous, groundhogs primarily eat wild grasses and other vegetation, including berries. Like squirrels, they also have been observed sitting up eating nuts such as shagbark hickory, but unlike squirrels, do not bury them for future use.

was something wrong with her logic, but I couldn't put my finger on it. After some diligent research (a few minutes spent scanning the internet), I discovered that her argument contained a fallacy that was so old even the Romans had a name for it. They called it post hoc ergo propter hoc, which means if two events occur, the earlier of the two causes the latter one to happen. More recent texts call this a False Causal Relationship, and such things are especially common when talking

about the weather. A good example is the belief that we will have six more weeks of cold weather if the groundhog sees his shadow; it may happen sometimes, as it did this year, but when it does it is strictly a coincidence.

I was hesitant to mention this to my wife, but when I finally did, she felt her case was vindicated. She said she had been sure all along that groundhogs were to blame for the condition of the garden, because recently one of them actually came up onto the front porch and looked in through the screen door at her. I found that hard to believe, and also was puzzled about how this had anything to do with either the weather or the garden. But the next day when I went out to get the morning paper, a big groundhog ran out of the shrubbery and disappeared around the corner of the garage, and later that day I saw him in the garden. He was sniffing and prowling around the area where we planted cucumbers and squash last year, and the look on his face made it clear that his regard for me as a gardener was in a downward spiral.

I finally got the beans, squash and cucumber seeds into the ground, and I am building a chain-link fence around them. If the seeds don't rot, and if the plants mature before frost comes, and if the groundhog doesn't tunnel under the fence, maybe we will have some of these things on the table... provided, of course, that there isn't a drought this summer. In the meantime, I'm beginning to wonder... all these years, I've followed Shakespeare's philosophy, and sometimes the garden was a success... but I expected retirement to be a lot less stressful than this. If we have a garden again next year, I may switch to Einstein.

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Tiffanie Strickland
Strawberry Hill Naturalist

Now that summer has us in her hot and humid grip, outdoor activities veer more towards leisurely activities like fishing, camping, boating and swimming. Whatever interests tickle your fancy, be sure to take it outdoors. In this fast paced era of digital technology, it's all too easy to get mixed up with hashtags and Twitter and lost in Facebook and emails. Put the phone down, step outside, and take a deep breath. We've survived centuries without these hand held devices, I'm willing to gamble we'll be ok for just a few hours. Why bother you ask?

Ever notice how happy you get when you feel the sun shine on your face? Numerous research studies have shown that being outdoors will not only boost your mood, but can be beneficial for our bodies countless other ways. We've all heard about Vitamin D, but there are other benefits we might not be as aware of. How about the idea that we may produce more serotonin (our body's natural antidepressant) on sunny days, than dark cloudy days? Or the fact that the less time we spend inside with the television and internet, the more time we can spend outside being active. Does the word Melatonin ring any bells? I'm not suggesting that everyone hike 5 miles a day, but I am suggesting we try and squeeze a bit of sunshine and fresh air into our busy schedules; it's in our body's best interest! Let's take a minute to explore these health benefits a bit more in depth.

In the summertime, I camp... a lot! I never understood why I slept so much better in a tent, and woke in such a better mood after lying on the ground the entire night (try ditching that air mattress if you haven't had a similar feeling). Even when the Beagle is squeezed in my mummy bag with me as we struggle to stay warm on those brisk spring nights, I never woke up angry or frustrated. I previously assumed it had to do with the simple fact that I wasn't at work, and the toughest decision I had to make that morning was bacon or bagels. I later learned that there was a lot more to it, involving fresh air and sunshine. Good 'ol Vitamin D, where would we be without you? Probably parked on the living room couch aching, irritated, and sleep deprived. Vitamin D helps maintain bone health, aids in the proper function of our immune system and is thought to maintain healthy brain functions. Moderation is the key of course; too much sun can do more harm than help.

Our younger generation is being raised in the age of technology. This makes screen time more prevalent than outdoor time. Is

it a mystery that childhood obesity and ADHD are on the rise? Growing up, my brother and I had to practically be forced back inside. When I told my mom I was bored, "go play outside" was her response. Building forts in the woods, baseball, jumping on the trampoline, swimming and catching lightning bugs were just a few of the things that kept us occupied. We would let our imaginations run wild. I'm not saying that we never watched television; I was raised in the woods, not a cave. One summer we even experienced the best of both worlds when mom left us keep a tent up in the backyard and run an extension cord out so that we could watch movies in the tent!

I apologize if I sound like that obnoxious adult who despises change and yells things like "Things were different back in my day"! But does that mean we replace all of the classic simple joys like being outdoors, and conversing face to face? Make time to explore the outdoors and don't be afraid to get dirty. After all, my grandma says that's why we have washing machines. And if you aren't lucky enough to open your door into a big yard or miles of woods, take a day trip. Parks and preserves are a perfect place to get lost for a day. The Strawberry Hill Nature Preserve has miles of trails to explore, and it's practically nestled in your backyard in the mountains of Fairfield. For those who prefer a more guided learning experience, they offer many programs for children and families covering topics like aquatic communities, endangered species, and much more. You can check them out at www.strawberryhill.org. Oops, did I just suggest you pick your phone back up?!

Take a moment and think back to high school science class, does the Pineal Gland sound familiar? The Pineal Gland is an impor-

tant hormone producing section of the brain which is responsible for our Melatonin levels. Melatonin helps control the bodies circadian rhythm, that internal clock that lets us know when it's time to rise and shine, or when it's time for sleep. Although the production of Melatonin is higher when it's dark, lack of natural light during the day can disrupt the normal cycle (along with too much light at night, i.e. television or computer screens). If you experience sleep problems and/or trouble staying awake during the day, your rhythm may be out of whack. A little bit of natural light goes a long way.

Imagine for a moment what it would have been like to live before there was electricity. People woke with the sun, and retired to bed shortly after it had set. That may sound preposterous to some, but I think it sounds quite peaceful and simple. And we are not the only ones that instinctively rely on the photoperiod, the majority of plants and animals depend on it too. It's like nature's heartbeat; it signals mating season, hibernation, the budding of plants, and our beautiful fall foliage. Something so innate cannot be ignored without having some level of negative consequences.

I find myself trying to simplify my life and re-connect with nature as much as possible while still managing to hold down a job and pay the bills. I've even had my moments where I think to myself "That's it... I'm taking the cats, the dog, and somehow the fish, and I'm gonna go live off the grid!" When reality sets in, I realize that tending my garden, weekend camping trips, and relaxing with friends and family outside after a tough week at work suit me just fine...for now anyway. And for those of you out there that already consider yourself 'an avid lover of the great outdoors', you get where I'm coming from. If you think of yourself as



Given how much time kids spend in front of TVs, computers, or on phones, is it a mystery that childhood obesity and ADHD are on the rise?

'not really the outdoors type', than be even a few pounds? Consider a trial run...literally perhaps. Honestly, what do you have to lose but a few worries and may-

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IN THE COUNTRY

A journey of a lifetime

Tim Iverson
Naturalist

I am probably about to ruffle some feathers, so let's get started. I'd like to do away with the Leave No Trace dogma. If you're an outdoor enthusiast or environmentalist I've probably just made you an enemy, but first hear me out. I'm not trying to throw the baby out with the bath water, but I think there is a better and more sensible way to introduce environmental stewardship than this one size fits all approach to the outdoors. Fostering an appreciation and love for the outdoors is what will turn the next generation of kids and eventually voters into passionate users and activists for the environment and public lands.

I've touched on Leave No Trace in several of my past articles, and before I move forward this argument I'd like to state that I think it's a great idea in principle. If you've forgotten what Leave No Trace is then let me take a moment to re-introduce it. Leave No Trace is a non-profit organization and a set of principles or ethics regarding how we use and treat the great outdoors. These seven ideas are easy to follow and very reasonable. They are:

- Plan Ahead & Prepare
- Camp on Durable Surfaces
- Dispose of Waste Properly
- Leave What You Find
- Minimize Campfire Impacts
- Respect Wildlife
- Be Considerate of Other Visitors
- Leave No Trace can usually be

summed up by the adage, "Take only pictures, leave only footprints." Any good skeptic (which I generally like to think I am, but sometimes I'm skeptical of even that) will tell you that you should always question everything. Period. From my experience as a professional in the realm of outdoor recreation and environmental education this outdoor dogma can come as bit off-putting.

I recently read an article about a former North Carolina State Park Ranger, Matt Browning. As in Maryland State Parks or any National Park it is illegal to collect anything – flowers, leaves, rocks, dirt, etc. He recalls witnessing another ranger talk with a child caught with a handful of rocks, "It made me sick. The boy was crestfallen. He was so excited about coming to the park that he wanted to take a little memento back with him. More than feeling empowered or excited to protect the natural world, now he is going to associate going to state parks with getting into trouble." It caused him to reflect on the experience and the notion behind the interaction. He continues, "What kids were taking was gravel and weedy yarrow. They were not rare, delicate pink lady slippers." State and National Parks and Leave No Trace generally advocate not to explore, to keep voices low, not to leave the trail, not to climb on trees or rocks, and what seems like not to have any fun. This former Ranger advocates a new approach, and I think there is something to it.

Browning, who is now a graduate

student studying recreational use of natural areas at Virginia Tech, heard about these "Nature Play Areas." These are areas, in Europe, that have been specifically set aside to let kids be kids in the woods. They encourage them to play around and in general just get dirty, explore, and fool around in nature. He studied these areas and the kids who use them to see if there was really any harm done to the areas. His data showed that yes, there is an impact on the ecosystem tree limbs are broken, soil is compacted, and trails are made. However, these are still viable and functioning ecosystems. One interaction he describes with a child at one of these natural play areas is a poignant to the argument. He notices a child carving a stick with a knife and asked him if he would stick a living tree with the knife. The child's response was "No! It would hurt the tree; it would hurt the tree just like it would hurt me."

Browning's argument is that this is the exact ethical and emotional component that we try to foster through Leave No Trace. However, it isn't introduced through rules or ethical regimens. It's a natural and personal relationship that has created that empathy and stewardship. Richard Louv, a well respected author in the environmental advocacy world, has more to say on this subject.

In his book, Last Child in the Woods, Louv describes what he calls "Nature Deficit Disorder." He links research on a lack of time spent in nature to childhood obesity, depression, and attention deficit disorder. He argues that it is necessary for the physical and emotional wellbeing of children and adults to directly experience their natural world. Many of today's adults grew up with unstructured outdoor time playing in fields and woods. Today's youth are sheltered indoors and seated in front of screens. Without this vital component a host of maladies can arise and have due to this new indoor epidemic. Maryland is already well underway to combatting this.

The alternative is about becoming educated and actually experiencing our natural environment that will in-



Research shows that it is necessary for the physical and emotional wellbeing of children to directly experience their natural world.

still a passion and a sense of wonder in people. Governor Martin O'Malley introduced an environmental literacy component to high school graduation requirements. It focuses primarily on the Chesapeake Bay, natural resource management, smart growth, and conservation. In 2009 the governor even introduced an outdoor bill of rights. It pledges that every Marylander will be able to:

- Discover & Connect with their natural world
- Play and Learn Outdoors
- Splash and swim in the water
- Camp under the stars
- Follow a trail
- Catch a fish
- Watch wildlife
- Explore wild places close to home
- Celebrate their culture and heritage
- Share nature with a great mentor or teacher

These 10 ideas or promises are entitled to everyone so that the next generation will be as committed to an environmental and personal wellbeing as the last.

By simply allowing for these unfettered experiences to occur we can hopefully instill a new generation of recreational users and caretakers. Simple ideas for engaging children are to utilize Junior Ranger programs at state and national parks, volunteering with outdoor organizations, getting involved with outdoor adventure activities (whether your idea of adventure being rock climbing, white water rafting, canoeing, birding, hiking, or sitting under a tree and reading), for parks to create areas or post signs of invasives or common plants that it would be okay to collect, and the list can go on from there. The hard part is just getting out there. It can last your whole life, but once you step foot and cross that initial threshold your journey has begun and can only take you to wondrous places.

To read other articles by Tim Iverson visit the Authors section of Emmitsburg.net.

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Good enough

Jack Deatherage

Here I sat all content with the best bacon we've found in decades (Stoney Point Farm Market's smoked bacon) and along comes the evil woman (that homesteader, Diane) telling me about salt cured meats. Diane has acquired a few pigs and taken up turning them into roasts, chops and sausages the like of which can't be found, at a price we can afford, around here without raising the critters ourselves. Her German-Italian partner in homesteading has challenged her to attempt an American version of Tyrolean Speck, a cured meat from his native land. Both of them are urging me to take up the art of curing meats. I believe the French call the craft charcuterie? I've come to call it a gift from the gods! Done properly, the flavors and mouth feel are divine, and done wrong, a spoiled meat will take you to Hell, possibly in fact as well as in perception.

I've yet to stray far into this world of savory meats. Being a well-conditioned little sheep, I'm scared to step out of the FDA and USDA guidelines for food safety. Not that having poisoned myself a time or two hasn't had a role in my being cautious. (Do NOT eat mayonnaise that has turned brown! DW can't believe I did that more than once.) A couple of the safer traditional sausages Diane recommended, to get me addicted, were my first mistakes. Oh my, the breakfast sausage recipe she sent me was so good DW, Raiza and younger Jack asked me to make it again.

Having stepped into the charcuterie highway, I was sideswiped by a truck, a metaphorical pig truck. Diane suggested a nice, safe bacon recipe for my first attempt as salt curing pig fat. I hemmed and hawed, procrastinated and whined until the smoked bacon we adore went from \$5 a pound (on sale) to \$7. I'd been buying leaf fat and rendering lard from that at \$1 a pound. What is bacon but fat and a bit of meat? Pork bellies shouldn't be too expensive. Turns out pork bellies fetch \$4 a pound. Hmmm \$4 or \$7?

DW said, "Why don't you try curing bacon."

She wasn't pleased when I ordered a slab of pig belly for nearly \$40, but she didn't bang her head ag'in a wall either.

I had the butcher cut the belly into three, more or less, equal sized pieces and froze two of them while I sort of followed a recipe Diane found at saveur.com (I'll be rooting through their recipe collection for more than bacon recipes!) I didn't grind the spices and herbs as required, just crushed them. Odd, how much a difference that makes in the final product.

Even with the belly meat safely in the fridge, I hesitated to begin the cure. The recipe called for kosher salt, not the pink salt (sodi-

um nitrite and/or sodium nitrate) the FDA and USDA recommends for curing meats. Diane reminded me that humans have been curing meat for thousands of years without the government approved pink salt. I sighed and mixed the cure after several people with doctorates in medicine assured me a week in a dry cure wasn't going to bring about a case of botulism unless the meat was tainted to begin with. (Gods! Dad and Mom's elders are roiling in their graves over the ignorant, cowardly thing that descended from them. I half expected Dad to leave his grave in Florida and come here to have another talk with me. The last time he visited started me on the long road to sobriety, which I've yet to reach the end of.)

The first chunk of cured bacon was interesting, but not the delight I'd half expected. I didn't care for it sliced and fried at all. DW wasn't wild about it either and seemed a bit perturbed by the thought of two more chunks of pig in the freezer being wasted if I continued with the recipe I had. I told her I had everything under control. To show her faith in me she only banged her head ag'in the wall a couple of times.

That first attempt at home cured bacon was cut into small pieces and dumped into a pot of pinto beans. Voila! Best beans and pork I ever made and I've made some fine pots of them over the years! Middle Brother used to slam through the door and declare, "I smelled the beans cooking and drove from Florida for a bowl of them! Got any onions?" (I doubt he actually knew I was cooking beans and pork, but he did turn up without warning every time I set a pot to simmering back in the alcohol haze days. Except that one time him and Dad were lost in Texas.)

The next two chunks of pig belly were cured at the same time, using the ground herbs and spices called for. One with sugar, one without. Not that I meant to leave out the sugar, I simply forgot to add it. Though I'm not one for sweet



meats, I now see the reason for using sugar in curing. Duh. Both bacons turned out beyond my greatest expectations! Saveur indeed!

Everyone who sampled the bacons asked how I'd made them and all were surprised I hadn't smoked the slabs. When I explained how easy this home cure was and how anyone could do it I got that look I've come to expect, followed by the words that depress me. "I don't have the time. But I'll buy..." the bacon, mead, bread, wine, or whatever it is I'm playing at.

While hanging around butcher shops waiting for my "unusual" order to be filled I get to talking to the elders, mostly men who used to cure various meats on their farms. While they all encourage me to learn the art of curing, they have given it up for "good enough" as they refer to the meats the butcher shops offer these days.

Having tasted the possibilities opening before me, as I gingerly step into the world of handcrafted foods, I'm having trouble understanding this attitude of "good enough". Fortunately, there are evil women around here, also elders, who seem

delighted some young gray beard is taking up the art of good food. They wink at me. "It isn't that difficult is it?"

Well no, and yes, it is. Learning to make good bread and sippable wine left me wanting something to eat with them of as good, or better a quality as they were. That would not be what I find in the supermarkets, which means I have to grow it or create it myself. Having moved from curing bacon to corning beef I now need a dead hog and a cow to work with!

Diane laughs as she sends me pictures of the pigs she recently butchered and is curing or making sausages from. "Jack, you can also brine fish, duck and turkey as well as cabbages, cucumbers, turnips- Well just about everything you eat. You've just got to try kimchee! Hurry little one. You're still so far behind."

"And no. Store bought foods are not 'good enough'."

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Rain Or Shine!

PETS LARGE & SMALL

Animals & hot cars

Jennifer Vanderau
Cumberland Valley Animal Shelter

Well, the heat has arrived and it's telling me that I must be getting older. Ugh. When I was a kid, I swear I didn't even notice the humidity. Now it's like I'm breathing through water.

Every year when the temperatures creep ever higher, I hope I won't have to do my annual column about animals in cars, but alas, we received a call just this week from someone who found a dog inside a parked car.

The longer I work at the shelter, the more I figure people are tired of hearing the advice about spaying and neutering or the rules about animals in hot cars, but as long as I continue to get calls about people not taking the advice, I'm going to keep dispensing it.

Folks, I cannot stress enough how dangerous it is to leave a pet in a parked car, especially when temperatures get warm.

Just a week ago, a dog died in Arizona after being left in a hot car for an hour while his owner went shopping. I wish I was joking about this. Authorities had to remove the dog from the vehicle, but he could not be saved.

Keep in mind, it doesn't have to be very hot outside for conditions inside a vehicle to turn dangerous. A few years ago when a woman left her dog alone in the car while she ran some errands, authorities had to break into the car to relieve the dog, who was in obvious distress. The temperature inside was 100 degrees. The high that day was only 76 degrees.

I think it's a little shocking how hot it can get inside a car even on a day that feels relatively cool to us.

On a 90 degree day, the interior of a car can reach almost 110 degrees in just ten minutes -- even with the windows cracked. This is an experiment you can actually



Pyrite
Pyrite is a 5-year-old all grey boy who got his name because of his gorgeous coat. This laid-back guy could give the shiny mineral a run for its money! Come meet him and we know you'll fall hard.

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Ninja
Ninja is no longer shy like when she first came to the shelter, way back in February. Before being brought to the shelter, he spent 9 years in a family home. He is a very sweet and gentle boy, who just wants to cuddle. He's okay with other cats, but would probably be best either alone or with a younger, calm female cat. You could be his new forever family!

To learn more about Ninja call 717-334-8876 or visit Adams County SPCA/Meyers Animal Shelter at www.adamscountyspca.org.

do on your own with a thermometer and a hot car. The results will more than likely surprise you.

Simply place the thermometer inside the car and monitor how quickly the temperature rises. Now imagine wearing a fur coat on top of all that heat.

Our pets don't react to heat the same way we do. They don't sweat; they pant. Panting sends cool air over their tongues and helps reduce their internal temperature. Because they pant, their heart rate also increases. When they can't get relief from extreme heat, that constant need to pant is what can send them into heat stroke and eventual cardiac arrest.

Stretching out on cool floors in one way they can find respite from high temperatures. Anyplace their skin can connect to something cold will help cut down on the chance of heat stroke.

The interior of a parked car doesn't have a cool surface. Heck, my steering wheel is hard to handle when it's really hot outside.

Leaving your dog or cat in a parked car is very nearly like put-

ting them into an oven and setting the temperature between 120 and 150 degrees. We, as humans, would leave a place that hot and search for shade or a breeze or some water -- an animal in a car doesn't have that ability or luxury.

It's a bad combination and succumbing to the heat is a horrible way to die -- and believe me, animals have died this way. Even if an animal is freed before death, brain damage can occur in a remarkably short amount of time.

I understand that gas prices are making travel a little rough and that when people take trips, they want to do everything at once so they don't have to waste gas. I do get that, but truly, if your pup is with you, please make it a one-stop journey.

Yes, I know that folks leave the air conditioner on when the car is parked for the dogs, but again, dogs don't sweat, therefore the cool breeze won't affect them exactly the same way it does us.

Also, have you ever done this? Parked the car and sat with the air

conditioner running? It's surprising how quickly that air heats up. It doesn't stay as cold as it is when the car is actually in motion.

The one issue about this problem that truly sticks in my craw is that all of this -- the deaths of dogs, the discomfort they suffer -- is preventable. Every year, I hope I won't have to talk about this situation, but alas, it never happens.

There's a simple solution to a dog not having to endure a hot car -- do not leave him there in the first place.

In Pennsylvania, this falls under the Animal Cruelty section of the Crimes Code. If your dog suffers injuries from being left in a hot car, you could be looking at some serious fines.

Even one animal losing his life this way is one too many and it doesn't have to happen.

If the heat is too much for my old body, I know it's far too much for a dog or a cat's. Please, no matter how much your pet enjoys a good car ride, do what's best for him and make sure the trips you have to take are as comfortable and as short as they can be.

And never, ever, leave your animal alone in a hot, parked car.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at cvascomm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website www.cvas-pets.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.

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PETS LARGE & SMALL

The kittens of Willow Rill

Michael Hillman

Part 2

Barkley and Reggie thrived on what soon became their routine. Breakfast was followed by a full day of bird watching in the window. Every night as the sun began to set, I joined them for two hours of play, then dinner, then a long restful night. Barkley would follow me on the countertop as I walked through the barn—ever inquisitive as to what I was doing. Reggie, on the other hand, was more than happy to spend his days spread out on the windowsill, soaking up the fresh air.

As play became more and more acceptable, I soon found Reggie growing brave enough to approach me. First, it was a simple sniff of my shoes, then my legs, then a sniff of a finger held out as far as I could. Slowly but surely he was beginning to trust me. Of course it helped that Barkley thought nothing of climbing onto my lap and rolling onto his back for a belly rub as soon as I sat down onto the tack room floor.

First Contact

We had had the brothers now for close to a month, and while Barkley was clearly domesticated, Reggie was still feral. While he was growing more and more trusting as the days wore on, fall was approaching. Soon the warm nights were replaced by cooler air, and the dis-

cussion around the dinner table began to focus on when to bring them into the house and begin their introduction to our four dogs and three cats. But until we were able to touch Reggie, the conversation was moot.

Reggie had to be willing to be picked up before we could even think about getting him to a vet for his shots and checkup, and the shots were a prerequisite to coming in. But that was our timetable. Reggie had his own timetable and we were going to have to work to his, not ours.

One evening, near the end of a long hard play with the pair, Reggie settled down within arms reach of me. I chanced it. Slowing moving my hand along the floor, the fingers acting like a crab's legs walking on the beach, I inched my hand forward. Reggie sat and watched, making no effort to run away. When my fingers got within an inch of his paws, he reached out and took them, curling his claws around my index finger and pulling them toward him. He pulled the finger to his mouth and after a good long sniff, he began to lick the finger.

When he released my finger, I withdrew it and called it a night. I didn't press the issue. We had made first contact on his terms and that's the way I wanted it.

While progress with Reggie continued, it was a painfully slow pace. With the nights now becoming increasingly colder, the need to get on with their vetting took on increased



The transition from sleeping outside in the cold to inside on a heated blanket was much to the liking of Reggie and Barkley.

importance. My back, and especially my butt, could not take much more sitting on a cold floor for two hours. So it was time to go to plan B.

Knowing that cats are inquisitive by nature, my wife struck upon the idea of placing the cat carriers in the tack room and feeding the brothers inside them. Of course this was perfectly acceptable to Barkley. Ever suspicious Reggie on the other hand would have nothing to do with it, and instead climbed into Barkley's carrier.

Eventually the pair got used to their new feeding routines, and after what seemed like an eternity, the morning finally came when the flaps on their carriers were closed with them inside. Barkley thought nothing of it. Reggie practically had a stroke.

At the vet, Barkley went on a charm offensive and everyone loved him. Reggie went limp. It was only after being worked on that the vet told his technician that the pair was feral. She found it hard to believe as neither had so much as hissed once or tried to escape—something one typically expects from feral cats.

The number one issue that needed to be addressed was treatment of their fleas. Reggie's constant scratching indicated he was infested. Because Barkley would allow me to comb him with a flea comb, his fleas were not as bad, but still the fleas had to be gone before they could come inside.

Upon their return home, the brothers spent one more week in the tack room to allow the flea medication to work. The flea combing of Barkley was used as the indicator. Once a few nights had gone by and no fleas were found, it was deemed safe to bring them inside. It was none too soon, as a cold winter was settling in early and my back was not going to make it much longer.

The guest room that they would call home was made ready. The screen door, which had been used by many a cat as a divider between new and old cats, was installed. To help ease the transition, the lower two-thirds of the door was covered with plywood to prevent the brothers from seeing the other cats and dogs. The idea was to let them first get used to the sounds of their fu-

ture companions, and then slowly, over a few weeks, remove sections of the plywood so they could begin to catch glimpse of everyone.

Like the earlier trip to the vet, the cat carriers were placed out again and while Reggie and Barkley were busy eating, the flaps zipped. A few minutes later they were released into their warm new home. Barkley went exploring, and Reggie hid under the bed.

That evening, much to my back's pleasure, I sat on the bed for our evening routine play. After a few minutes delay, Reggie joined Barkley in the games. Later that evening as I was going to bed I peeked in on the pair. Both were stretched out, side by side, on the bed. Clearly they were enjoying the heated blanket that I had turned on to high for their first night inside. I smiled. They were about to discover the luxury of life as indoor cats.

Life was going to be good for them.

To read other articles by Michael Hillman visit the Authors section of Emmitsburg.net.

Part 3 next month

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THE MASTER GARDENER

Butterfly gardening

Jim Gallion Teresa Gallion
Frederick County Master
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Brightly colored butterflies can be a welcome addition to your Backyard Wildlife Habitat landscape. To attract the greatest number of butterflies and have them as residents in your yard you will need to have plants that serve the needs of all life stages of the butterfly. They need a place to lay eggs, food plants for the larva (caterpillar), a place to form a chrysalis, and nectar sources for the adult.

Most adult butterflies live 10-20 days. Some, however, are believed to live no longer than three or four days, while others, such as overwintering monarchs, may live six months.

Over 700 species of butterflies are found in North America. Very few are agricultural pests. Adult butterflies range in size from the half-inch pigmy blue found in southern California to the giant female Queen Alexandra's birdwing of New Guin-

ea, which measures about 10 inches from wing tip to wing tip. Butterfly tarsi or "feet" possess a sense similar to taste. Contact with sweet liquids such as nectar causes the proboscis to uncoil.

Millions of shingle like, overlapping scales give butterfly wings their color and patterns. Metallic, iridescent hues come from faceted scales that refract light; solid colors are from pigmented scales. During the time from hatching to pupating (forming the pupa or chrysalis), the caterpillar may increase its body size more than 30,000 times. The chrysalises or pupae of many common gossamer wings -- a group of butterflies which includes the blues, hairstreaks and elfins -- are capable of producing weak sounds. By flexing and rubbing together body segment membranes, sounds are generated that may frighten off small predators and parasites.

Adults butterflies searching for nectar are attracted to: red, yellow, orange, pink, or purple blossoms

flat-topped or clustered flowers and short flower tubes

Short flower tubes allow the butterflies to reach the nectar with their proboscis. Nectar-producing plants should be grown in open, sunny areas, as adults of most species rarely feed on plants in the shade.

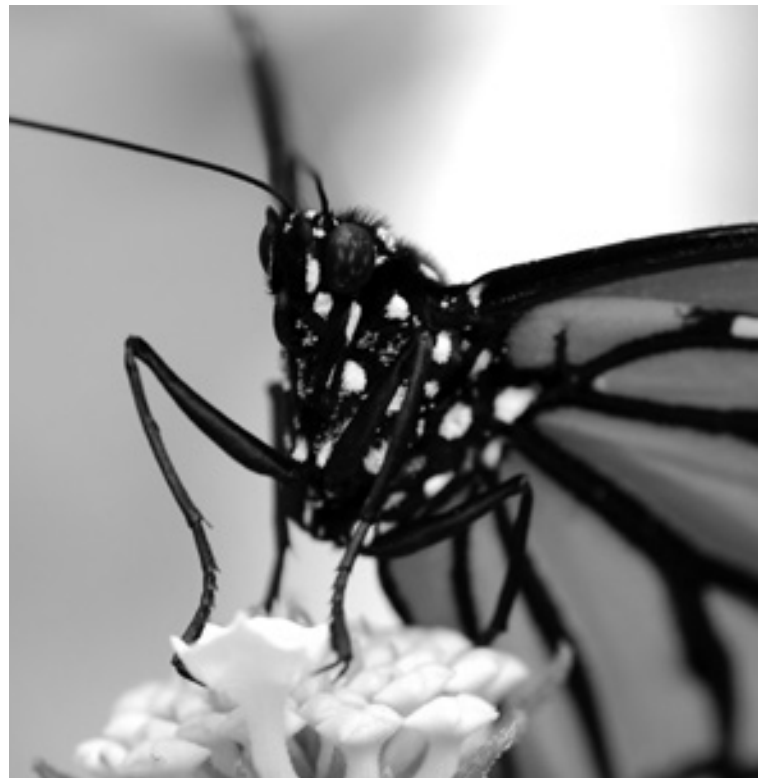
Many caterpillars are picky eaters. They rely on only one or two species of plants. The caterpillar of the giant swallowtail butterfly in the north-east and mid-Atlantic states feeds on just two native plant foods -- northern prickly ash and hop tree. Others, such as the red-spotted purple, will feed on a variety of deciduous trees.

Necessities for a butterfly garden: Provide flowers to feed adults. Dense "clusters" of small flowers such as zinnias, marigolds, tithonia, buddleia, milkweeds, verbenas, and many mint family plants generally work well.

Plant good nectar sources in the sun! Your key butterfly nectar source plants should receive full sun from mid-morning to mid-afternoon. Butterfly adults generally feed only in the sun. If sun is limited in your landscape, try adding butterfly nectar sources to the vegetable garden.

No to insecticides! Insecticides such as malathion, Sevin, and diazinon are marketed to kill insects. Don't use these materials in or near the butterfly garden or better, anywhere on your property. Even "benign" insecticides, such as Bacillus thuringiensis, are lethal to butterflies (while caterpillars).

Feed butterfly caterpillars. If you don't "grow" caterpillars, there will be no adults. Bringing caterpillar foods into your garden can greatly increase your chances of attracting



Given the continued destruction of the Monarch's native food sources, along its migratory route, this once beautiful and ever-present butterfly may soon be a distant memory for many in this part of the country.

unusual and uncommon butterflies, while giving you yet another reason to plant an increasing variety of native plants. In many cases, caterpillars of a species feed on only a very limited variety of plants. Most butterfly caterpillars never cause the leaf damage we associate with some moth caterpillars such as bagworms, tent caterpillars, or gypsy moths.

Starting is easy, especially if you already have a flowerbed. Remember for a butterfly garden you have two goals: the first is to attract adult butterflies to come into your garden and the second is to ensure further generations of butterflies by providing a place for eggs and caterpillars.

Look for a sunny site. Avoid very windy areas like hilltops. Flight is less work in sun and calm air. Don't forget, they're looking for food. Location is everything. You want to be able

to grow the nectar-producing flowers butterflies need. You also want the butterflies to be able to spot your garden; so don't hide it from them.

Plant bold masses of bright flowers. That will bring them in. To keep them feeding take a look at how they feed. Butterflies have a proboscis they use for eating - it's pretty much a curled up straw they can extend into flowers to drink nectar. They'll stay and feed longer where there are lots of flowers with accessible nectar.

The kinds of flowers you'll want to plant will provide the butterfly a place to land and be able to reach the nectar with his proboscis. There are many possibilities. Ask at your garden center. Many plants are being labeled "for butterflies". Some plants that meet the standard are the native Joe Pye weed (*Eupatorium maculatum*), the golden rods (*Solidago* spp.), butterfly weed (*Asclepias tuberosa*), and Verbena bonariensis.

Accessibility to the nectar is key. Some flowers just don't suit. Take the trumpet vine. The flowers are perfect for hummingbirds to stick their beak into and eat, but would prove too deep for butterfly feeding. Flowers that have been cultivated for eye-catching beauty might have been bred out of the food-providing category, too. Some just no longer produce nutritious nectar, and some just don't allow butterflies to feed. Marigolds have been cultivated for flowers with double and triple blooms, which, while lovely to see, won't let a butterfly proboscis enter. In choosing the plants for your butterfly garden, you may find it helpful to think like a hungry butterfly.

Once fed, butterflies will leave your garden to look for suitable egg-laying sites. Your butterfly garden can provide these sites and keep them nearby.

Butterflies lay eggs on plants that the caterpillars (larvae) will eat. This sounds simple enough until you ask the caterpillars what they want and you find out everybody wants something different! Each butterfly will lay eggs on a specific host plant. When the caterpillars hatch they immediately start eating so it's important to be on the right food plant.

What kind of butterflies do you

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THE MASTER GARDENER

Small Town Gardener A Garden Is Only As Good As The Cook

Marianne Wilburn

There is a lot of wasted work in this world. I do much of it myself, so I am certainly not throwing stones at others; but it does tend to beg the question: "Is it time to reassess?"

A couple of weeks ago, I was talking with a friend about her vegetable garden – what she was growing, how it was doing, and what problems she'd had with pests and lack of rain. Overall, things seemed to be going well, but she said something in passing that resonated in the back of my mind and haunted me as I tended my own garden days later.

"I'm really good at the growing," she smiled. "It's just all the harvesting I never seem to get around to."

Sadly, I would hasten a guess that there are more than a few fellow gardeners out there – eyes lowered and heads down in shame – who could echo this statement.

With the first rains of spring, the light is lit within us to get out there, get dirty and get planting. Days are cool, moisture is abundant and winter was horrific – our one and only thought is to chop fresh salsa and sauté green beans until the summer sun sinks low on the horizon.

Then reality comes knocking. Pest populations become overwhelming. Rain is not forthcoming. Blackberry canes take over the back quarter of the property and the weeds stage a coup in the chard bed. When you do manage to get yourself out to the vegetables, the mosquitos and gnats go to town on your ankles and it feels like you are running an obstacle course to get a decent tomato on the table. Before you know it the beans have gone to seed and you were never able to pick one, much less sauté it.

And I haven't even mentioned the heat yet.

The further the season progresses, the more overwhelmed you feel, especially when you pick up a glossy mag in the supermarket checkout line and hear how Janie Gardenmaster canned 600 pints of tomatoes in an afternoon and still had time to throw together an informal vegetarian dinner party for eight using produce from her two acre plot. Oh and did she mention the brick greenhouse she's currently building with vintage six-pane windows?

Feeling a trifle inadequate? A few points to consider before we tackle the problem of the harvest:

- Summer is hot, often humid, and definitely humorless – but it happens every year to a garden near you... guaranteed.
- It is self-esteem suicide to read those magazines. They portray lifeSTYLES not life. Keep both hands firmly on the shopping cart and your eyes straight ahead at all times.
- Whether it's wasted work or wasted food, waste is a terrible thing and to be avoided. If you are feeling overwhelmed, you are not alone – but it's time to reassess

what you can and can't do and make some constructive changes towards the ultimate goal of living within your ability to cope gracefully and cope well.

We all garden for different reasons, and those reasons will determine the size of our garden, the time we spend on our garden, and what we hope to gain from our garden. So with that in mind...

Realistically assess your needs and your time constraints – Perhaps you are just wishing to supplement grocery produce. In that case, keep the garden small and well within manageable limits when the going gets tough – for it will. Big gardens equal big heartaches without big amounts of time lavished upon them.

Conversely, if your budget is dependent on your garden stocking your fridge and your pantry, you'll need to focus on your garden as your job. Yet take heart – when you recognize your garden as a priority and treat it as such, your attitude often brightens from the shift in thinking.

Get into a daily routine of light maintenance and harvesting – This is best accomplished in the early morning, before kids, life and work get in the way. Plus, this provides ingredients and inspiration for dinner that evening.

Give away produce to friends who can use it – Far better that you give ten pounds of tomatoes away to someone who could actually use them than let them rot on your sink while you try and find the time to can them. Similarly, don't take veggies that you know you will never use – it just adds to more waste and more guilt.

Learn your lessons from this year and plant appropriately for the next – Maybe you didn't need so many berry canes. Perhaps six kale and ten chard plants will more than adequately deal with your family's need for greens. If you end up with extra garden space, lend it to an apartment-bound friend.

And again, don't read the magazines. No matter how red her tomatoes, I'm willing to bet that Janie Gardenmaster has a first class therapist, a cleaner, and a divorce lawyer on standby. Some things really are too good to be true.

have at your blooms? And what host plants are they looking for? There are lots of good resources to find out which caterpillars eat what. Check the library or the Internet for help.

Of course, that means you'll be planting your butterfly garden with greens meant for bugs to eat. Not what most people think of when planting a garden! Some easy garden plants you'll want to include in your butterfly garden to feed larvae are dill and parsley for black swallowtails, pearly everlasting and pussytoes for American ladies, violets for fritillaries and milkweeds for monarchs.

Milkweed is the only plant monarch caterpillars will eat. It may be the most important plant for your gar-

den this summer. Every fall, monarchs migrate to the mountains of central Mexico. They safely spend the winter months in the high altitude forest canopy. They'll be back in our garden this summer and looking for milkweed.

One final word about butterfly gardens: this fall when it's "clean-up time", please don't clear everything out of the bed. Some butterflies overwinter right here as eggs, larvae, adults, or as a chrysalis. They can be wrapped in leaves, under mulch, or inside hollow stems waiting to emerge the next spring for you to enjoy.

To read other gardening articles visit the Gardening section of Emmitsburg.net.



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CIVIL WAR

The Battle of Monocacy

John A. Miller
Emmitsburg Historical Society Civil War Historian

As the sun began to rise on July 9, 1864, Union Major General Lew Wallace knew that there would be a major contest. Major General Wallace had a total force of about 6,500 men. His command of the Middle Department consisted of mostly militia, and national guardsmen, with very little veteran experience. However, he was reinforced by two veteran brigades of Major General James Ricketts' division of the VI Corps.

Major General Wallace had established a six mile defensive line along the eastern river banks of the Monocacy River that ran northeast to Hugh's Ford and Jug Bridge on the Baltimore Pike, to the Southwest near the Worthington Farm, with Monocacy Junction in the center. The only obstacle standing in the way of Lt. Gen. Early and his Confederate army and Washington was Maj. Gen. Wallace and the Mono-

cacy River.

While the Union forces waited, in Frederick city Lt. Gen. Early began moving portions of his 15,000 man army. He was under the impression that he would be up against a Union force that lacked combat experience. Lieutenant General Early ordered Major General Robert Rodes' division to march down the Baltimore Pike to Jug Bridge, and attack the bridge in order to draw the attention of the Union troops away from Monocacy Junction.

Earlier, Major General Wallace had ordered Brigadier General Erastus Tyler to protect Jug Bridge. Brigadier General Tyler ordered the 144th and the 149th Ohio National Guard regiments to hold the bridge. By daylight, the 149th Ohio National Guard had deployed on the western side of river and waited. By 8:00 a.m., Maj. Gen. Rodes came in contact with the Ohioans under the command of Colonel Allison Brown. For several hours, Maj. Gen. Rodes' skirmished with the Union force in his front.

At the center of the Union line, Lt. Gen. Early ordered Major General Stephen D. Ramseur's division down the Georgetown Pike to secure the covered bridge that spanned the Monocacy River. For easy crossing of the river, the bridge needed to fall into Confederate hands. The Union defense at the junction and the bridge consisted of the 1st Potomac Home Brigade and small portion of the 10th Vermont Infantry. Across the river were Maj. Gen. Ricketts' 3,300 veterans.

By 8:30 a.m., Maj. Gen. Ramseur's skirmishers had advanced along the Georgetown Pike, and soon the Confederates opened fire. A half an hour later, two companies of the 9th New York Heavy Artillery, and a detachment of the 106th New York Infantry crossed the covered bridge and deployed to protect it. Within minutes, the Confederate artillery on the Best Farm, west of the river, opened fire. The fighting quickly began to die down as Maj. Gen. Ramsuer determined it to be too hazardous to take the covered bridge.

By 11:00 a.m., Maj. Gen. Ramseur launched a second attack. This time he hit the Union right flank by the block house at the junction, and the railroad bridge not far up stream from the covered bridge. First Lieutenant George Davis and his detachment of the 10th Vermont Infantry held their ground and the Confederate attack was repelled.

As Maj. Gen. Ramseur did not take the bridge, Lt. Gen. Early ordered Brigadier General John McCausland to take his cavalry brigade down the Buck-

eystown Road and find a ford for easy access. By 10:30 a.m., Brig. Gen. McCausland forded the Monocacy River at the Worthington-McKinney ford, where he skirmished with portions of the 8th Illinois Cavalry. The 8th Illinois Cavalry fell back in order to warn Maj. Gen. Wallace of the Confederate advance now east of the river. As Brig. Gen. McCausland forded the river, Maj. Gen. Wallace heard the firing in that direction. He then sent Maj. Gen. Ricketts to the Thomas farm to form a defensive line.

With Maj. Gen. Ramseur pressing the Union center, and now a flanking attempt unfolding on the Union left, this presented a major problem for Maj. Gen. Wallace. Orders came from Maj. Gen. Wallace for the Union skirmishers west of the river to fall back to the eastern bank and destroy the bridge. A detachment of the 9th New York Heavy Artillery stacked some dried hay on the roof of the covered bridge and set fire to it. Near the block house, Lt. Davis' skirmishers were unaware of what was happening. They would be forced to retreat using the railroad bridge during Maj. Gen. Ramseur's third and final attack, which came around 3:30 p.m.

By 11:00 a.m., Brig. Gen. McCausland's brigade of cavalry was dismounted in the fields near the Worthington Farm. Once ready, McCausland's men advanced. Major General Ricketts ordered his men to hold their fire until the Confederates were within one hundred twenty-five yards of their position. As the Confederates reached that point, the Union troops unleashed a vol-

ley and sent lead flying in through the air. This forced the Confederates to fall back to the Worthington Farm.

Major General Ricketts reformed his battle line. Giving his men time to regroup, Brig. Gen. McCausland quickly studied the area for his next attack. By 2:00 p.m., the Confederates advanced, using the Thomas house itself, as a guide. As Brigadier General McCausland's brigade moved forward, they threatened Ricketts' left flank. Major General Ricketts ordered his division to fall back to the Georgetown Pike and reform their lines there, while the Confederates take the Thomas Farm.

Major General Wallace had sent a courier to Maj. Gen. Ricketts suggesting that the Thomas Farm be regained by charging the Confederate force there. The courier came across Captain William Lanius of the 87th Pennsylvania Infantry. As the courier relayed the message, Captain Lanius misinterpreted the message as an order to charge the Confederate position. Their brigade commander Colonel William S. Truex ordered the 10th Vermont infantry to support 87th Pennsylvania Infantry, and the 14th New Jersey Infantry as they charged across the field to the Thomas Farm.

By 3:00 p.m., the two regiments moved through the field and as they closed in on the Confederates, the fighting was very fierce. The Union troops retook the farm and within a half an hour, Brig. Gen. McCausland was forced to fall back to the Worthington Farm. Major General Ricketts quickly reestablished his lines, with his right flank situated near the river, and his left flank near Baker Valley Road.

Just as McCausland was falling

continued on next page

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THE GREAT WORLD WAR

And so it began

Editor's note: While preparing this month's One Hundred Years Ago column we noticed the following article and could not help but wonder how many readers of that edition passed the article over without second thought, not knowing that the events described in the article would lead to start of World War One, a war that would claim the lives of six young men of Emmitsburg, and many more in surrounding communities.

In a world where news is broadcast 24 hours a day, 365 days a year and analyzed to death, it's hard to imagine what it was like to receive news of this importance on just weekly basis. To help you better appreciate the unfolding of events it is our intention over the next four year to re-print all the articles dealing with the war in the order they were originally published, so you experience for yourself what the readers of the Emmitsburg Chronicle experienced as the world descended into the cataclysm that was the First World War.

July 3 Austria's heir and wife slain

Archduke Francis Ferdinand, heir to Austro-Hungarian throne, and the Duchess of Hohenberg, his morganatic wife, were shot dead by a student in the main street of the Bosnian capital a short time after they had escaped death from a bomb hurled at the royal automobile. They were slain while passing through the city on their annual visit through the annexed province of Bosnia and Herzegovina.

The Archduke was struck full in the face, and the Duchess was shot through the abdomen and throat. They died a few minutes after reaching the palace, to which they were hurried with all speed.

The Archduke, whose full name was Francis Ferdinand Charles Louis Joseph Maria, was 50 years old. The Duchess, before their marriage in 1900, after 10 years of opposition on the part of the emperor, was Countess Sophie Chotek de Chotkowa et Wogin. She was 5 years younger than her husband.

To marry her, Francis Ferdinand had to take an oath she never would be proclaimed as empress and renounced the right of accession to any children which might be born to them. On their marriage, the Emperor Francis Joseph made her Duchess of Hohenberg.

Those responsible for the assassination took care that it should prove effective, as there were two assaults, the first armed with a bomb and the second with a revolver. The bomb was thrown at the royal automobile as it was proceeding to the town hall, where a reception was to be held. The Archduke saw the deadly missile hurling through the air and warded it off with his arm. It fell outside the car and exploded, slightly wounding two aide-de-camps in a second car and half a dozen spectators.

It was on the return of the procession that the tragedy was added to the long list of those that have darkened the pages of the recent history of the Hapsburgs.

As the royal automobile reached a prominent point in the route to the palace, an eighth grade student, Gavrilo Princip, sprang out of the crowd and poured a fusillade of bullets from an automatic pistol at the Archduke and Duchess.

Princip and a fellow conspirator, a compositor from Trebinje named Gabrinovics, barely escaped lynching by the infuriated spectators. They were finally seized by the police, who afforded them protection. Both are natives of the annexed province of Herzegovina.

The first attempt against the Archduke occurred just outside the girls' high school. His car had restarted after a brief pause for the inspection of the building when Gabrinovics hurled the bomb. This was so successfully warded off by the Archduke that it fell directly beneath the following car, the occupants of which, Count Von Boos Waldeck and Colonel Merizzi, were struck by slivers of iron.

Archduke Francis Ferdinand stopped his car, and after making inquiries as to their injuries and lending what aid he could, continued his journey to the town hall. There the Burgomaster began the customary address, but the Archduke sharply interrupted and snapped out, "Herr Burgomaster, we have come here to pay you a visit and bombs have been thrown at us. This is altogether an amazing indignity." After a pause the Archduke said, "Now you may speak."

On leaving the hall the Archduke and his wife announced their intention of

visiting the wounded members of their suite at the hospital on their way back to the palace. They were actually bound on their mission of mercy when, at the corner of Rudolf Strasse and Franz Joseph Strasse, Princip opened fire.

The Archduke apparently saw the glint of the heavy revolver and faced the youth, partly shielding the Duchess. Before he could do more, the student fired, the first bullet hitting the Archduke in the face. Francis Ferdinand managed to remain upright a moment longer, and then, as the second shot hit him, he fell back against the cushions of the automobile. So close now that he could almost touch the Duchess, the youth continued shooting, the bullets taking effect in the abdomen. Each bullet he had fired hit a vital spot.

On the ground lay Count Boos Waldeck, Colonel Merizzi and four others of the Archduke's attendance. Inside the auto lay the dying Archduke and his Duchess, unconscious. The Serbian youth turned and stood with his empty revolver in his hand.

Those nearest him in the throng who had not started to flee stood paralyzed for a moment and then, with shouts for vengeance and of execration, flung themselves upon the young student.

He was hurled to the ground, and men and women were fighting to get at him when the police and the military charged. The assassin, his clothes nearly stripped off, bruised and cut by sturdy Bosnian peasant hands, was barely able to stand when he was dragged to his feet. All the way to the police station the peasants tried to reach him and were repeatedly hurled back by the police.

The Archduke and Duchess were taken to the palace, but it was seen that they were mortally wounded. They had scarcely been laid on beds when they died.

The Mayerling tragedy, in which the emperor's only son, Crown Prince Rudolph, was slain as a sequel to a tragic love affair, made Francis Ferdinand heir to the throne. He was then 26 years old. He is now 50 years old.

July 17 Outbreak after assassination

A critical state of disorder exists in Sa-



The assassination of Arch Duke Ferdinand, heir to Austro-Hungarian throne, set off a chain of events that eventually led to the First World War.

rajevo where Archduke Ferdinand and his wife were assassinated Sunday.

The population is incensed against the Serbian at whose door the blame for the death of Archduke Ferdinand and his wife has been laid and are plundering the Serbian stores and making other demonstrations.

Fearing more serious outbreaks, the government has proclaimed martial law and imposed censorship on all telegrams. Thus the actual happenings there following yesterday's tragedy are not fully known.

July 31 True cause of war crisis Slavic problem is real cause

Austria has practically created the very grave crisis that presently threatens to involve all of Europe in a tremendous struggle. This is the opinion of many diplomats who maintain that underneath the recent assassination of the Austria Archduke, which Austria attributes to Serbia and makes the cause for war, there is a more fundamental problem that is the real cause of the crisis.

Austria has had racial troubles for centuries and the Hapsburgs have long maintained a barrier to the invasion of Europe by the Slavic races. In recent years this problem has become more difficult to solve. Austria has had increasing troubles with Slavs, both within and without her borders.

Serbia is the stronghold of the Slavic race at present, although many are scattered over southern Europe, and many authorities of international relations believe that Austria deliberately planned the war with Serbia with the objections of the effacing that nation which has developed so rapidly and has taken such a

successful prominent part in the recent Baltic wars.

The actions of Austria and the various other European nations and the diplomatic negotiations since the beginning of the recent crisis would seem to give credence to this belief. Austria had gotten the backing of Germany before she declared war on Serbia and the two nations seemed to have a very complete understanding. It is to Germany's advantage to have Serbia erased from the map. Germany, like Austria, does not want the Slavs and has watched her grow in power with unfriendly eyes.

Austria has served as a buffer to Germany against this race and it seems as if the latter were determined upon having the war proceed. If this were not the case, Germany would have at least gone through the formalities of an attempt of arbitration and would have responded to England's advances to settle the trouble without bloodshed. Furthermore Germany declared that she wished to see the war localized, or in other words, wish to have other nations stand by why Austria completely crushed Serbia.

Upon the actions of the other nations in general and upon Russians especially, it would seem, depend Serbia's existence, because there is little doubt that Austria could overpower her by numbers. If Russia takes Serbia's side, France will join Russia, it is conceded. In that case, unless Germany came to Austria's aid, the House of Habsburg would be completely shattered.

Hence, over the next few days Europe will watch, with breathless intensity, the slightest movement made by Russia, France or Germany. Upon these three countries wrest the fate of Serbia, and maybe the peace of the world.

continued from previous page

back, Lt. Gen. Early had ordered Major General John Gordon to take his division down Buckeystown Road to reinforce McCausland's men. After fording the river, Maj. Gen. Gordon's 3,500 man division, and two batteries began to deploy near the Worthington Farm. As Maj. Gen. Gordon studied the area, Brig. Gen. McCausland's brigade arrived shortly after their disastrous fight. Major General Gordon's plan consisted of a three pronged attack. However, several obstacles were in the way. Farms, fences, and stacks of wheat would make an assault difficult. At around 3:30 p.m., Brigadier General Clement Evans was the first to march out. Using the hill near his position, he was to hit the Union left flank near

Baker Valley Road. The fighting was fierce as Brig. Gen. Evans closed in and began to stall.

Around 3:45 pm, Brigadier General Zebulon York, forming the center of the Confederate line, made his attack. The Confederate line was supported by artillery, which pounded the Union line. This forced Maj. Gen. Ricketts to fall back, toward the Georgetown Road. Even though the Confederates regained the ground lost by Brig. Gen. McCausland's brigade, they were still unable to break through Ricketts' line.

By 4:00 p.m., Brigadier General William Terry's brigade attacked the Union right flank, pushing the Union troops past the Thomas Farm. As he hit the Union right, the line became unstable. Major General Gordon ordered Brig. Gen. Ter-

ry to hit the line again. This attack broke the Union right, and to make matters worse, the men of Ricketts' division were running low on ammunition.

By 4:30 p.m., Maj. Gen. Wallace realized that the battle was now lost. He ordered Maj. Gen. Ricketts to retreat toward the Baltimore Pike. However, Ricketts' right flank was being pushed toward the Gambrill Mill. A half an hour later, Ricketts' men were in retreat, and they were pursued nearly two miles by the Confederates. After giving up the chase, the Confederates returned to the scene of the battle.

Major General Wallace had sent an order to Colonel Brown to cover the Union retreat. Colonel Brown ordered the battle line at Jug Bridge to be strengthened. An hour after

Ricketts' men had retreated from the Monocacy, Maj. Gen. Rodes launched his attack, forcing the two Ohio National Guard units back. Confederate artillery opened on the Ohioans causing much chaos. Colonel Brown rallied his men, which stalled Rodes' attack, but only briefly. After learning of Maj. Gen. Wallace's retreat, Colonel Brown fell back to New Market, where he arrived by 8:00 p.m.

The Battle of Monocacy is the third largest Civil War battle to occur in Maryland, and was the only major victory achieved by a Confederate army during the three northern invasions. This victory came with a cost to the Confederate invaders. It took Lt. Gen. Early the entire day to fight a battle he did not want to fight. In addition, the bat-

tle of Monocacy bought the defenses of Washington time to reinforce the city with troops.

Although a defeat for Maj. Gen. Wallace militarily, it was an overall victory, as the Union defenders at Monocacy kept back a much larger force, saving Washington from capture. The battle of Monocacy cost the Union more than 1,200 casualties of killed, wounded, and captured men. The Confederate army lost less than a thousand men killed, wounded, or captured. From Frederick, the Confederate army would push southward to Washington and by July 12, Lt. Gen. Early withdrew, and forded the Potomac River.

To read others articles on the Civil War visit the Historical Society section of Emmitsburg.net.

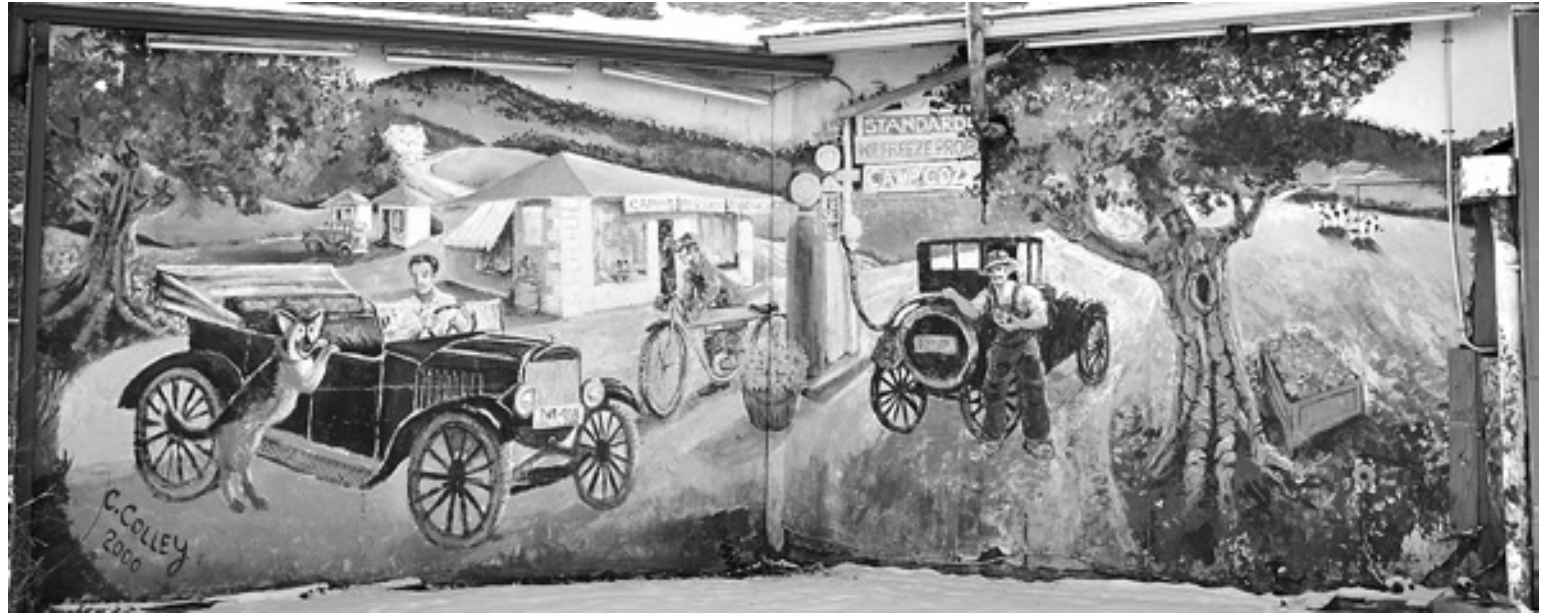
HISTORY

Remembering the Cozy

Ryan Golden
MSM Class of 2016

In the days leading up to July 4th – the weeks before hot dogs are grilled and fireworks catapulted into the night sky—Americans from coast to coast will no doubt be flocking to major historic sites in celebration of their country's past. Perhaps they'll take an annual trip to the birthplace of the Revolution at Philadelphia's Independence Hall, or to D.C.'s marble monuments and museums. Locally, it's probable that a swarm of visitors will overtake the area in and around Gettysburg to pay their respects to the honored dead there.

This is all done, of course, because 'We the People' place a fair amount of value in the remnants of our history, either consciously or subconsciously. We treasure centuries-old buildings and celebrate the legends of figures like Lincoln, Douglass, Jefferson, and Franklin. Our federal and state constitutions still dictate how our governments are run and what laws we must follow, regardless of how much we feel personally toward our history. We have set up federal departments solely for the protection of our national treasures, and displayed those artifacts proudly in a multitude of ways.



A mural of the early Cozy

But history is not preserved solely in the walls of national landmarks, nor in the stirring autobiographies of presidents and cultural heroes. It is more often kept in the memory of common people, and in common places.

One such place was, until Sunday, June 21st, the Cozy Inn and Restaurant, a mainstay of Thurmont for many decades. The business, which first opened its doors 80 years ago and never moved from the spot of its original foundations, contained unwritten historical volumes within its weathered walls. And while the Cozy Country Inn

continues operation, the closing of the restaurant next door signifies a major blow to an unofficial Thurmont historic landmark—a living piece of history taken away.

The loss of history, regardless of the severity of the damage or the popularity of the subject, is a loss for all. It is untold knowledge cloaked in the guise of simple stories that cannot be rediscovered. Thankfully, the Cozy's story has not perished from recent events. It is a long and intricate tale that reveals much about the town, and world, in which it was formed.

Wilbur Freeze, born in 1897, was

a traveler and a keen observer of the business world around him. A traveling dietician during the 1920s, Wilbur's employment forced him to journey coast to coast and allowed him to meet people from all walks of life. He marveled at the nation's industrial centers at the time, especially Detroit, where he was inspired by the giant factories of General Motors to make his own mark in the business world.

Freeze combined this admiration with the steady realization of a true historical trend: the growing sales of the newfangled automobile and an increased public desire for travel would, in turn, increase the demand for traveler accommodations and hospitality. He decided to return to his home state of Maryland just before the beginning of the next decade, aiming to create an establishment that would meet the growing needs of a mobile American culture. That's why he eventually settled in the burgeoning community of Thurmont, MD. In 1929, Wilbur officially opened "Camp Cozy," which at the time consisted of a simple set-up, including 3 tents, 3 cottages with showers and restrooms, and a small 10x14 camp kitchen.

Thurmont was, of course, and ideal place for Freeze to set up shop. Nestled in the scenic wilderness of the Catoctin Mountains,

miles away from the battlefields of Gettysburg, and also the host of a station of the Western Maryland Railway, the town garnered much attention from travelers. The railway was an especially significant contributor to the town's popularity, as it connected the cities of Baltimore, Cumberland, and Pittsburgh and also served tourist destinations such as the Pen Mar Amusement Park, a legendary campground and carnival ride facility near the Mason-Dixon Line.

But for locals, the town was a proud place of industry, where several successful businesses thrived and contributed to building a strong community. They included the Creager Flower Shop, trucking firm Beall's Express, and, oddly enough, a handful of fish hatcheries that accounted for a whopping 80% of all goldfish sales in the United States. Jerry Freeze, Wilbur's son and the present owner of the Cozy, recalls his father talking about the large orchards and farmlands that were weaved beside the curves of the Monocacy River. Whatever the trade, Thurmont's citizens proved themselves to be able and successful.

In its capacity as a people magnet, Thurmont also attracted its fair share of celebrities. Baseball slugger Babe Ruth, who was originally discovered at Mount St. Mary's

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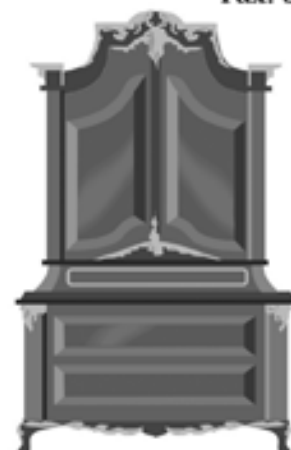
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HISTORY



College in Emmitsburg, frequently hunted near Thurmont with teammates, including Lou Gehrig. President Franklin Roosevelt would later make appearances en route to Shangri-La, the name of the campground that preceded Camp David. Presidential involvement in the area truly began, however, when Lawrence Ritchie, personal secretary to President Herbert Hoover, settled in the area. Ritchie became close friends with Wilbur Freeze, and was known to send gifts to the Cozy, including a bearskin rug made from the President's own quarry. The secretary also hosted small parties within his retreat, and invited both prominent townspeople and Washington officials to join him.

Wilbur's establishment was founded just before the precarious 1930s commenced, bringing worldwide economic panic after the stock market crash and subsequent depression. The Cozy only continued to grow, however, as did the rest of the town, magnificently in spite of the chaos going on in the rest of the country.

This growth was symbolized by the new amenities added to Camp Cozy over the course of the decade. A new block building was erected on the site in 1930, and would contain offices as well as a gas station out front. During the same year, a cot-

tage from Catocin Furnace Road was purchased by Wilbur and redesignated as a cottage at the campsite. In 1933, a small 12-stool sandwich counter arrived along with an expanded kitchen, making the site a precursor to the Cozy Restaurant that would later stand there. Wilbur also had a home built for himself on the premises, and relocated another cottage for travelers' convenience, this time using a former general store located in Payne's Hill. The latter part of the decade also brought an outdoor beer garden, the "Little Room," which stood inside the Cozy up until the present day, and outdoor shuffleboards and ping-pong tables for guest use. By 1935, the Cozy Restaurant was officially made open for business, and Wilbur Freeze's vision had finally become a reality.

Wilbur employed a growing number of workers in order to help maintain the business, including Mary L. Gehr in 1934, whom he married just a year later. The couple's son, Gerald (Jerry) Freeze, was born in 1936. Jerry's memories of the restaurant, and of the surrounding area at the time, are quite vivid. He recalls very minute details about how the restaurant was operated and of the various projects being added on to it. Jerry remembers how the restaurant stored beer in its early days, making use of iceboxes

and getting deliveries from a local vendor named 'Icy' Reed. The restaurant received poultry from nearby Hillside Turkey Farm and meat from Powell's Meat Market, and also received supplies from Hobb's Hardware. One of the Cozy's most popular menu items, a homemade root beer, was also a part of Jerry's earliest memories. He remembers going out daily with the family housekeeper, Aunt Della, to dig the necessary ingredients for the beverage out of the family garden before going to back to the kitchen to help with brewing.

With prohibition coming to an end in 1933, the Cozy also began sale of beer and built a bar for this purpose at around the same time. Many brewers conducted business with the restaurant, and some even sent advertising trinkets for the Cozy to display. Heineken, for example, sent a pair of wooden Dutch shoes, while brands like Duquesne sent signs to be displayed on the walls. Local Blue Laws affected the sale of alcohol, however, and prevented sales from occurring on certain days, despite regulation failing on the national level.

As the 1930s faded into the 40s and 50s, the Cozy began to shift its attention away from travelers and began to target a younger demographic. It continued to host ping-pong and shuffleboard tournaments, but add-

ed a dance floor next to the bandstand and more booths for couples. The truck stop was moved to away from the store front to the back of the restaurant to the back of the property, and the restaurant grew in both seating capacity and kitchen size. The Cozy had competition with several like-minded businesses at the time, including the soda shop Domengue's, a bowling alley, and a skating rink. Wilbur brought a television into the restaurant in hopes of attracting more customers, and even added a piranha tank.

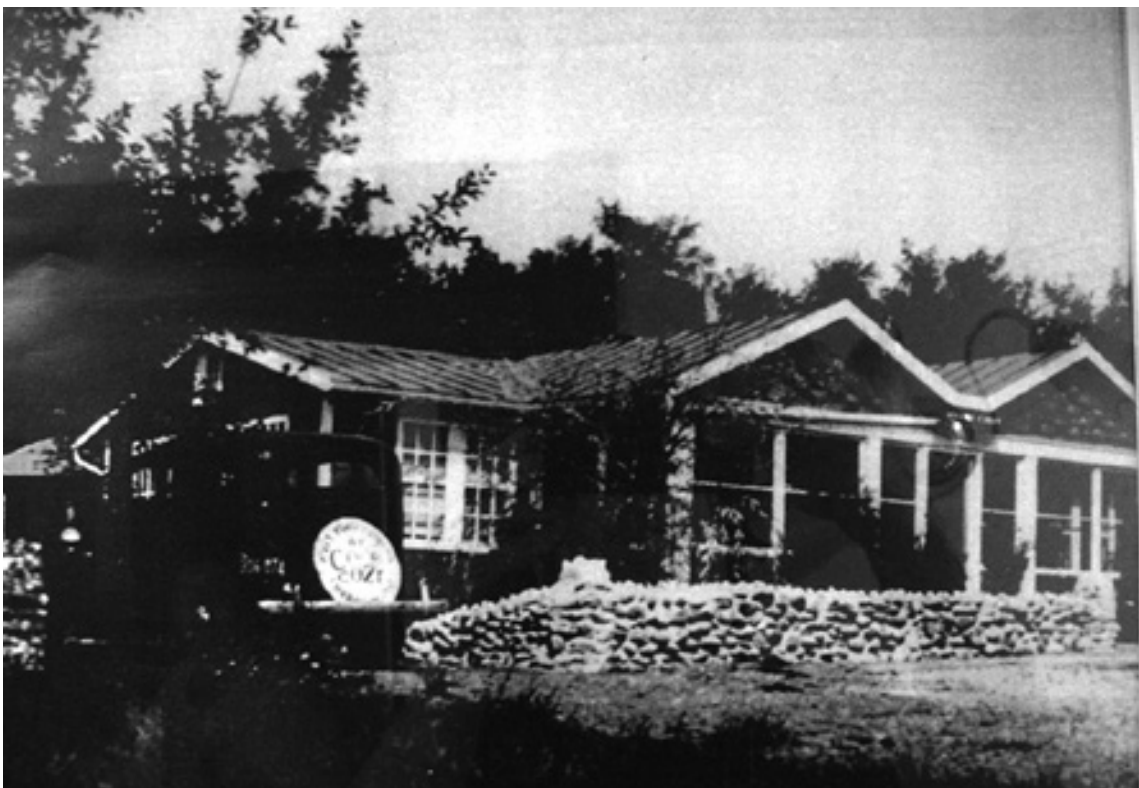
In 1961, Wilbur passed away, leaving Mary and Jerry to take over the reigns of the restaurant and inn. Just four years prior, Thurmont witnessed the completion of the new US Route 15. The new road became both a blessing and a curse for the town, allowing drivers to pass by Thurmont on the way to Frederick or Gettysburg while increasing the volume of people traveling nearby. As a result, the Cozy grew out of its foray with the 1950s, and its walls were literally knocked down in order to make way for new sections.

The new Cozy Restaurant incorporated a family-style buffet, along with separate rooms containing a pub and other seating options. These changes occurred mainly during the early 1970s, and local decorators were hired to help remodel the business. In 1979, the Cozy paid homage to the long since departed Western Maryland Railroad by purchasing one of the

line's old cabooses for display. The car was restored and placed near the restaurant's entrance, and later became a useful meeting place for the Thurmont Lions Club, an organization focused on serving the community and preserving Thurmont's history. Presidential involvement also resumed during the administrations of Jimmy Carter and Ronald Reagan. The inn and restaurant grew busy with press members whenever peace talks were held at Camp David. Toward the end of its long run, the restaurant remained a popular recommendation for visitors and continued to do its part to protect the history of Thurmont and the areas adjacent to it.

The Cozy Restaurant enjoyed a distinguished and influential life in Thurmont, bolstered by the community around it. Its story is one of the most lasting and complete accounts of the town's past century, and it is because of the memories provided by the Freeze family that it lives on. Indeed, the Cozy's past serves to teach us that all stories are valuable when examining history. Perhaps the restaurant's biography will inspire residents of today's Thurmont to record their own history, in order to be able pass it down to curious minds years from now—that we might be able to tell our own story.

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Early photo of some of guest cabins at the Cozy



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Captain William Hicks, USN Ret.

speed operations at or near test depth with the extensive network of fully pressurized seawater systems within the hull. In addition, material selection, joint design, and quality assurance requirements changed little with the increased speed and depth of the new classes of submarine being designed and built. This situation became tragically apparent when Thresher sank in April 1963.

As an immediate result of the sinking, all operational nuclear submarines were restricted in depth. Sargo with 700 foot test depth was limited to 400 feet. Dace was limited to 700 feet, slightly more than half of test depth. Follow-on actions established the Submarine Safety (Subsafe) program which affected all aspects of submarine design, construction, maintenance, and operation. Construction and maintenance methods and testing of seawater systems were enhanced. All silver brazed joints required ultrasonic testing; as many as 25% were found to not pass. Silver Brazed joints were removed from future designs. Seawater isolation valves which were open during operation were fitted with remotely controlled hydraulic actuators for emergency isolation.

Future designs included a low pressure fresh water cooling system that was cooled by seawater. The many components in the propulsion and ships systems which required cooling were then cooled with the low pressure freshwater system. This reduced the length of fully pressurized seawater piping significantly. The air deballasting system was improved to reduce moisture, increase the size of the emergency blow piping, improve the design of the emergency blow valves, and procedurally protect the volume of air available when required for an emergency surfacing.

For operating submarines, these changes were made incrementally as time and resources permitted. For the submarines in the shipyard under construction or in overhaul, a complete Subsafe alteration and testing package was required before completion.

For new designs starting with the class of which Sunfish was a member (SSN 637 class), the design and construction changes were built in. Operational and casualty procedures were also changed to reflect the Subsafe philosophy. System alignments were more directly controlled to reduce impact of failure and improve casualty response. Propulsion plant emergency procedures were updated to utilize the stored energy in the reactor and steam systems for emergency power and propulsion as well as permit more rapid return of the reactor to operation following an emergency shutdown (Scram).

As discussed previously, the ability of the crews to fully exploit the new and more flexible emergency procedures evolved over a number of years, largely through the stimulus of the NPEB. Operational procedures were also improved such that the submerged speed and system alignments as well as available watchstanders were modified to reflect the greater risk at deeper depths. In aggregate the improvements in safety and survivability were significantly changed between Sargo and Philadelphia and Bates.

Reliability; Sustainability; Maintainability:
The initial generation of SSNs was designed to get a nuclear reactor and steam propulsion plant into a submarine hull. Reliability, sustainability, and maintainability were not significant considerations during the design process. Diesel submarine operations had not required the ability to remain submerged for days or weeks. Fresh air was provided during each snorkel or surface period during battery recharging which was required on nearly a daily basis. Thus the ability to create or store oxygen and to cleanse the air was not a technological priority prior to the development of the nuclear submarine.

Sargo had no oxygen generation capability and was provided with oxygen storage capacity that required recharging in port. Due to a lack of full understanding of the

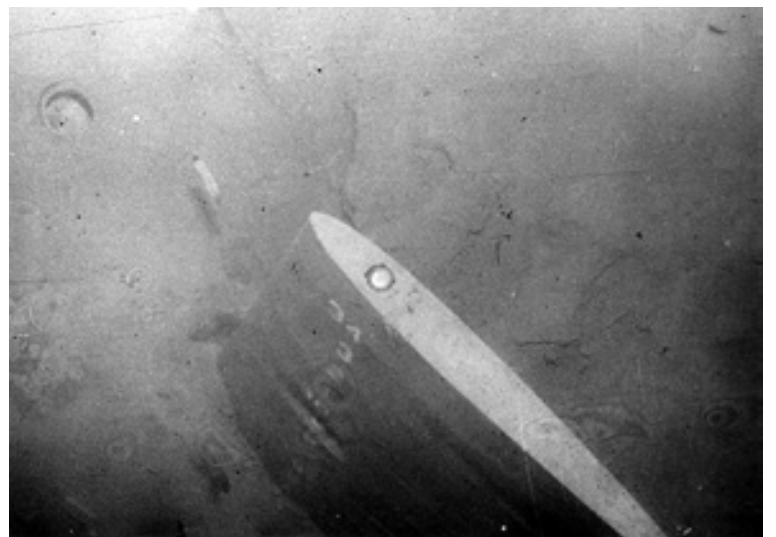
oxygen charging piping vulnerabilities, Sargo experienced a devastating fire during one charge in 1962. As a result of the Sargo oxygen fire, procedures for oxygen charging and care of the charging lines were strengthened significantly. Dace also had only oxygen banks.

One of the developmental priorities for the Polaris program was oxygen generating capability. In fact Nautilus, the first nuclear sub-

marine had a prototype oxygen generator which never worked. The ability to clean the air of pollutants both from breathing and from activities such as cooking, battery operation, and high temperature equipment operations was a challenge. Carbon dioxide, carbon monoxide, hydrogen, and various hydrocarbons concentrated in the atmosphere over time and required removal, either mechanically or by outside ventila-



The sinking of the USS Thresher in April 1963 (underway above, and its ruder on the bottom of the ocean) led to a massive re-focusing on quality and safety.



The cause of the sinking of the USS Scorpion in May 1968 (above at its launching and its sail on the bottom of the ocean) is still much debated, but its loss was seared into the minds of all submariners that everyone's lives depended upon each man doing his job, a quality that has resulted in submariners always expecting exceptionalism in all they do for the rest of their lives - including running local community papers.



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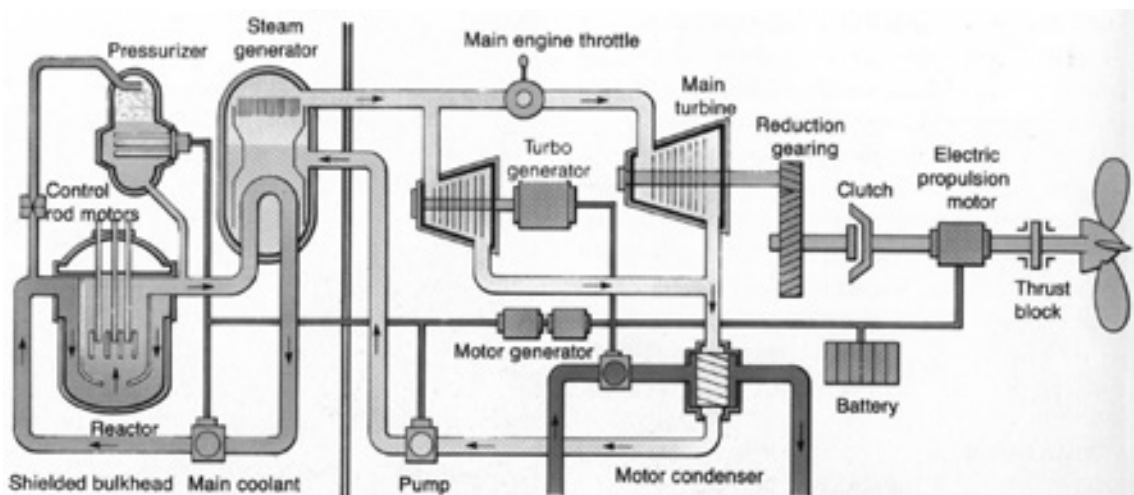
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With the advent of nuclear reactors that can run for 20 years without being refueled, and air cleaning systems, the only reasons nuclear submarines have to surface is for food. The ability of a submarine to stay submerged and undetected with a weapons package capable of taking out whole countries has served as a deterrent to attacks against this country.



tion to change the air in the submarine.

The answer was to develop equipment to remove the carbon dioxide and pump it overboard, burn the carbon monoxide and hydrogen into carbon dioxide and water, and to filter and electrostatic precipitate the remainder.

On Sargo, the equipment was early generation and not very efficient. We accepted levels of Carbon Dioxide in the atmosphere that in future years would be declared unacceptable, but it was the best the equipment could produce. The difference in acceptable atmospheric contamination standards from Sargo to Bates was significant and the differences were made possible by the technical advances in the atmosphere control equipment.

On the diesel submarines, fresh water was always at a premium. On the nuclear submarine, fresh water was not an issue due to the availability of the steam powered distillation plant, until some component of the system such as the high pressure brine pump failed which happened less frequently as design and reliability improved. Air conditioning (AC) was also a challenge since the propulsion was steam powered; the heat load in the nuclear submarine was large.

In addition different from surface ships with steam propulsion plants, the submarine did not have the ability to draw outside air through the propulsion spaces. Initial AC plants used Freon which was an atmospheric contaminant. The plants were noisy and not very reliable. The AC development process included many different refrigerants and compressor types. Steam powered lithium bromide technology was the standard for a number of years with the latest classes using advanced refrigerant, reliable centrifugal compression systems. AC is still a work in progress.

Nuclear submarines were designed with a 30 plus year life expectancy. However, the initial reactor core on Nautilus would last for only about one year. The initial

thinking was that the core could be replaced by a tender or submarine base. That thought was quickly determined to be wrong due to the radiological challenges and the quality assurance requirements when working inside the reactor. As time progressed, the life of reactor cores extended. Sargo's core provided several years of reactor operation. Sunfish and Dace provided six to ten years of reactor operation. The current technology provides reactor cores that last the 30 year life of the submarine.

Rotating machinery such as pumps, reduction gears, and turbines have also seen a significant increase in reliability. The initial reduction gears frequently showed failure symptoms within a few years. Replacing or repairing a reduction gear or propulsion turbine was a major shipyard maintenance task that when unplanned caused significant upheaval to the operating schedule for the submarine. Today, failures of these major components are very infrequent.

Reliability obviously depends on no unplanned failures during operations. Over my career, major advances have occurred not only in the basic reliability of the equipment, but also in the sophistication of predictive diagnostics to identify pending failures. Ac-

curate predictive diagnostics have two major advantages in that they identify potential failures which facilitate preventive maintenance but equally important minimizes unnecessary maintenance such as "open and inspect" or "replace on schedule", both of which are expensive, time consuming, and often result in unplanned rework. As a result, upkeeps are shorter and the duration between shipyard overhauls has been extended by years. This means a smaller submarine force can cover more ground since less of the force is tied up for maintenance.

Maintainability has also advanced dramatically from Nauti-

lus to today. As noted previously, the initial design challenge was getting the systems into the hull. Nautilus, Skate, and Dace were very difficult to maintain due to accessibility and system design. Design focus on component access and removal improved the situation. Philosophical changes to low pressure systems and more efficient, standalone systems and components also improved the situation. A major improvement was the ability to efficiently and quickly remove major components such

as pumps and compressors and the availability of functional replacements to reinstall while the original item was being repaired and refurbished. The SSBN strategic forces have honed this methodology which accounts for the extreme operational tempo that the SSBNs can sustain. (They also have two crews).

To read past editions of Cold War Warriors visit www.emmitsburg.net.

conclusion next month

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MOMS TIMEOUT

So you have decided to become a teacher

Mary Angel

So you have decided to become a teacher. My only question would be what is your reason? I know it is the end of the school year and many teachers may read this and think “why now”? The now would be explained by my heart. I have four children who have completely different public school experiences. I have already mentioned that I homeschool the two youngest. Now I want to discuss the qualities that I feel make a fabulous public school teacher. My hope is that just a few public school teachers read this and make a change, a change for the children.

My kids remember the teachers who, aren't easy, but care. My son remembers the gifted and talented teacher who came to his IEP meeting and spoke on his behalf. She pointed out that what his regular classroom teacher was missing was that his writing wasn't un-insightful, it was quite the contrary. He was writing in a

way that was requiring the reader to think, and in the 2nd grade this was unexpected. In this case I would ask teachers to look past what they expect of a child and see where they are in their actual education. Please realize that you are going to have kids who are above and below grade level. Make a choice, when you realize this, to get them the help they need. Or a step further would be to have available to them some advanced work. Provide them with something that will challenge them and provoke advanced thinking from them.

On the other hand this same son, now in high school has a teacher who stays after school to offer study sessions for the kids who may be struggling with the advanced curriculum. This teacher informed me before the school year started that he would do everything he could to make sure a student would do well in his class. His priority was that the students' learn the information even if it required some extra time (or even cre-

ativity) from him. If a student had a desire to do well (even an inkling of a desire) he would do his best to help them succeed. I was amazed; this man who has a family of his own was putting my son's education at the forefront of his mind. I am not implying that a teacher should forget the obligation they have to their family and their life; I am simply saying that it is astounding to see a teacher who puts in the extra effort to teach their children.

On the other hand I have a daughter, who I am homeschooling, who has been evaluated by the public school system. They have said she is in fourth grade but has been evaluated as reading at a first grade level. I was in shock, however they weren't. I was informed that she would be eligible for zero services from the public school system. I was lucky to have several very caring ladies who gave me some tools to try to help her, but if she was in public school she would receive zero services to help her reach her cur-



rent education level. She would be overlooked partially because she is advanced in so many other areas. My first question was why anyone hasn't noticed this before (I had many speculations) but I would ask in the future that teachers pay closer attention to this. That they would ask themselves, “do I have a student who is behind or

ahead of the average?”

My third example would be my son who seems to be in the middle. He is making ends meet. In elementary school he was in advanced math. Every year since fourth grade he has dropped a level in math. Every day that he comes home from school we have to go over his math work. We discuss what he has learned in math and within 15 minutes, or so, he grasps what he didn't grasp at school. So, I guess in this case I would ask what has changed that he is dropping a level every year in math. Why do I have to reteach almost everything he learns at school? He recently took a test and did much better than usual. When I asked him why he said because he had missed the test and this was a retake that he had to do in the library. He said he wasn't as distracted and was able to concentrate more. When he shared this with a teacher they simply acknowledged that he was speaking, not taking note to the importance of this discovery. However, one of his teachers did “do the math,” so to speak, and started having him sit in an area of the classroom with less distractions and told him if that didn't work he could go to the library where they have a quiet room for test taking. WOW, this teacher took the time to listen and take a step to help my son help himself. My son then asked his other teacher if he could do the same and they all agreed.

In many schools the teachers feel they can't make a move without an IEP (Individualized Education Program). This is something that is put in place after there is a diagnosis for a child; it is meant to help the child's education because they have a medical reason for that help. This makes total sense but puts the teachers in a lot of red tape and many times feeling their hands are tied. Then there are the teachers who are so rigid that without this IEP they won't move a muscle to do anything extra. Lastly there are the teachers who think outside the box and think only of the children. Of course it is a job and they want the paycheck (which by the way is usually too small), but they look past that and have a deep desire to see our children succeed in life. These are the teachers that I want to acknowledge and say THANK YOU!

To read past editions of Mom's Time Out visit the Authors section of Emmitsburg.net



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THE 4TH OF JULY

The signers of the Declaration of Independence

What happened to the 56 men who signed the Declaration of Independence?

Five signers were captured by the British as traitors, and tortured before they died. Twelve had their homes ransacked and burned. Two lost their sons serving in the Revolutionary Army; another had two sons captured. Nine of the 56 fought and died from wounds or hardships of the Revolutionary War. They signed and they pledged their lives, their fortunes, and their sacred honor.

What kind of men were they?

Twenty-four were lawyers and jurists. Eleven were merchants, nine were farmers and large plantation owners; men of means, well educated. But they signed the Declaration of Independence knowing full well that the penalty would be death if they were captured.

Carter Braxton of Virginia, a wealthy planter and trader, saw his ships swept from the seas by the British Navy. He sold his home and properties to pay his debts,

and died in rags.

Thomas McKean was so hounded by the British that he was forced to move his family almost constantly. He served in the Congress without pay, and his family was kept in hiding. His possessions were taken from him, and poverty was his reward.

Vandals or soldiers looted the properties of Dillery, Hall, Clymer, Walton, Gwinnett, Heyward, Rutledge, and Middleton.

At the battle of Yorktown, Thomas Nelson Jr., noted that the British General Cornwallis had taken over the Nelson home for his headquarters. He quietly urged General George Washington to open fire. The home was destroyed, and Nelson died bankrupt.

Francis Lewis had his home and properties destroyed. The enemy jailed his wife, and she died within a few months.

John Hart was driven from his wife's bedside as she was dying. Their 13 children fled for their lives. His fields and his gristmill

were laid to waste. For more than a year he lived in forests and caves, returning home to find his wife dead and his children vanished. A few weeks later he died from exhaustion and a broken heart.

Norris and Livingston suffered similar fates.

Such were the stories and sacrifices of the American Revolution. These were not wild-eyed, rabble-rousing ruffians. They were soft-spoken men of means and education.

They had security, but they valued liberty more. Standing tall, straight, and unwavering, they pledged: "For the support of this declaration, with firm reliance on the protection of divine providence, we mutually pledge to each other, our lives, our fortunes, and our sacred honor."

They gave you and me a free and independent America. The history books never told you a lot



about what happened in the Revolutionary War. We didn't fight just the British. We were British subjects at that time and we fought our own government!

Some of us take these liberties so much for granted, but we shouldn't. So, take a few minutes

this year while enjoying your 4th of July holiday and silently thank these patriots. It's not much to ask for the price they paid.

Remember: freedom is never free, and the Fourth of July has more to it than parades, beer, picnics, and baseball games.

America: The Good Neighbor

Gordon Sinclair, Canadian television commentator, Originally published, June 5, 1973

"This Canadian thinks it is time to speak up for the Americans as the most generous and possibly the least appreciated people on all the earth.

Germany, Japan and, to a lesser extent, Britain and Italy were lifted out of the debris of war by the Americans who poured in billions of dollars and forgave other billions in debts. None of these countries is today paying even the interest on its remaining debts to the United States.

When the French were in danger of collapsing in 1956, it was the Americans who propped it up, and their reward was to be insulted and swindled on the streets of Paris. I was there. I saw it.

When earthquakes hit distant cities, it is the United States that hurries in to help. This spring, 59 American communities were flattened by tornadoes. Nobody helped.

The Marshall Plan and the Truman Policy pumped billions of dollars into discouraged countries. Now newspapers in those countries are writing about the decadent, warmongering Americans.

I'd like to see just one of those countries that is gloating over the erosion of the United States dollar build its own airplane. Does any other country in the world have a plane to equal the Boeing Jumbo Jet, the Lockheed Tri-Star, or the Douglas DC10? If so, why don't they fly them? Why do all the International lines except Russia fly American Planes?

Why does no other land on earth even consider putting a man or woman on the moon? You talk about Japanese technocracy, and you get radios. You talk about German technocracy, and you get automobiles. You talk about American technocracy, and you find men on the moon - not once, but several times - and safely home again.

You talk about scandals, and the Americans put theirs right in the store window for everybody to look at. Even their draft-dodgers are not pursued and hounded. They are here on our streets, and most of them, unless they are breaking Canadian laws, are getting American dollars from ma and pa at home to spend here.

When the railways of France, Germany and India were breaking down through age, it was the Americans who rebuilt them. When the Pennsylvania Railroad and the New York Central went broke, nobody loaned them an old caboose. Both are still broke.

I can name you 5000 times when the Americans raced to the help of other people in trouble. Can you name me even one time when someone else raced to the Americans in trouble? I don't think there was outside help even during the San Francisco earthquake.

Our neighbors have faced it alone, and I'm one Canadian who is damned tired of hearing them get kicked around. They will come out of this thing with their flag high. And when they do, they are entitled to thumb their nose at the lands that are gloating over their present troubles. I hope Canada is not one of those."

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SCHOOL & LIBRARY NEWS

What's new at the Library

**Erin Dingle, Administrator,
Thurmont /Emmitsburg Library**

The Friends of the Emmitsburg Branch Library are so excited to be part of Heritage Day this summer. Look for our big book sale starting promptly at 10 am along Willow Lane behind the library. Lots of vendors will be keeping us company and we promise you'll find many books to please everyone in the family. We would like to say a big thank you right now to everyone who has donated books. The response has been awesome. Lots of really beautiful gardening and cook books, hardback fiction that looks brand new and basically just lots and lots of books. Everything is reasonably priced and every single dime goes back to the Friends, a 501c3 organization. Sale ends at 3 pm.

Library staff member retires

Longtime circulation clerk Beverly Sutton will be retiring from

Frederick County Public Libraries as of July 1. Bev started her library career at the C. Burr Artz Library in Frederick. She took a break and then came back to work at the Thurmont Branch Library about eleven years ago. She eventually settled at the Emmitsburg Branch where she offered a helping hand and a friendly smile to all. The library staff will miss her and they wish her much happiness in her retirement.

Emmitsburg represented at national spelling bee

We'd like to take this opportunity to congratulate and thank Stephen Hochschild of Emmitsburg for his representation of the library during the Spelling Bee this year. Stephen was the 2014 winner of the 7th Annual Frederick County Spelling Bee in March when he correctly spelled the word, "incongruity" to capture the county title. The Frederick County Spelling Bee is sponsored by Frederick County Public Libraries every year along with

our partners, The Frederick News Post and Frederick County Bank. From there Stephen moved on to the prestigious Scripps National Spelling Bee in May but based on his score for the computer-based exam, he was unable to make it to the semi-finalist level. Stephen, heading into his freshman year at Catocin High School was a student at Mother Seton School at the time of the completion. Students who are interested in participating in the county spelling bee can get more information from a librarian or their teacher.

Classic summer reads for kids

Ask any librarian and they'll tell you how important summer vacation was long, long ago because it was the time when we could read and read and read and not worry about anything. A treat is in store for children reading many of the books listed below, especially my all time favorite 'The Secret Garden'. Library Associate Penny Stockton has been gathering in-

formation about the titles to enrich the homeschool experience. Each month she shares different genre titles in the Frederick County Public Libraries monthly Children's Newsletter. You can sign up to learn about all the great things going in the county via email. Just click on 'Services' on the FCPL website homepage to subscribe.

Here are just a few of the great classic books that have stood the test of time that have been enjoyed by generations of children and that you can get at your favorite local library.

Easy Preschool Books - Grade 3: Blueberries for Sal by Robert McCloskey; Corduroy by Don Freeman; Curious George by H.A. Rey & Margaret Rey; Richard Scarry's Cars and Trucks and Things that Go by Richard Scarry

Juvenile Books for Grades 4 - 7: Because of Winn-Dixie by Kate DiCamillo; The BFG by Roald Dahl; Black Beauty by

Anna Sewell; Charlotte's Web by E.B. White; The Hobbit by J.R.R. Tolkien; The Indian in the Cupboard by Lynne Reid Banks; Paddington by Michael Bond; The Secret Garden by Frances Hodgson Burnett

Summer Fun Continues at the Emmitsburg Branch Library

Wednesdays at 11 am: July 9 - Roger Lindsay Magic Show full of fun and the magic of reading; July 16 - Visit with Keyote from Key's Baseball.

Thursday nights at 6 pm: July 31 - Starlight Storytime Bring the whole family for an evening of storytime fun. We'll read, move, and rhyme with a different theme each month. Nurture a love of reading through books, music, activities, and STEM. Almost bedtime? Feel free to wear your pajamas!

Saturdays @ 11 am: July 12 - Visit with Biscuit, the adorable yellow puppy; July 19 - Exploration Station: Space; July 26 - Ooey-Goey Science - make a mess, it's ok.

For more library events visit the Frederick County Public Libraries website at www.fcpl.org.

In an emergency

**Katie Groth
Frederick County School Board**

Emergencies happen. Frederick County Public Schools wants you to know that they are ready to help in the event of emergencies. They are usually weather emergencies, but they could also be other events that jeopardize human health or safety. When these events or threats occur, we want the community to be informed about what is happening, why it is happening and what, if anything, the school system is doing about the situation. Student health and safety is of the highest priority in our public schools. FCPS is ready to inform and assist wherever needed. The

important thing to know is how to access emergency information no matter what the danger is. And, as always, if a parent is concerned about the safety of their children in any situation, they have the right to keep them home. Safe travel to and from school, is a joint responsibility of both parents and schools.

The most frequent emergencies are weather related. Most often, these occur during the cold months of the year. But not always. Sometimes there are power outages (like those at the Thurmont area schools two weeks ago). There are also high water warnings that cause school buses to deviate from usual routes or times. We have even developed a policy for tornado ac-

tivity. This was as a result of a tornado warning a few years ago that occurred during the morning bus route times. Sometimes, emergency situations involve an entire feeder pattern or two - such as the extreme cold days we had this past winter. Sometimes, students are kept late at school for various reasons, and sometimes they are sent home early for weather related issues. It is good policy for parents to keep in touch with FCPS via Find Out First or other means on any days when weather is questionable. Almost always, school closures and delays are announced by 5:30 AM. Early closures are usually announced by 10 AM. Again, student safety is of highest priority when these decisions are made. As always, FCPS wants students to be in school if at all possible in order

to maximize their educational opportunities.

The first piece of information all parents and guardians should know is how to sign up for Find Out First, the FCPS email notification service. Find Out First (or FOF) delivers FCPS news, emergency information, calendar listings, school menus and other items of general community interest to those who are signed up to receive it through their email service. To sign up for Find Out First, go to www.fcps.org, the school system website. Follow the instructions. Keep in mind that the school system also posts emergency information through Facebook and Twitter, as well as on Comcast (cable) Channel 18. Check www.fcps.org for all sign up information. In addition, the FCPS communications staff sends news to radio and television stations throughout the local area, including the Washington and Baltimore viewing areas. There is

also a free smart phone app available via Google or the App Store.

Below are listed all the places you can go to obtain reliable information that is sent from the FCPS Central Office. You must select your child's school if you are interested in school-specific information on Find Out First.

Internet: www.fcps.org
Facebook: FCPSMaryland
Twitter: @FCPSMaryland
Television: Comcast Channel 18 (Frederick area)
Mobile App: FCPS - free via Google play or App Store

Inside the back cover of the student Calendar Handbook for the current school year, you will find a convenient place to list all emergency preparedness information that you might need in case of an emergency. There is a place for parents and guardians to list key contact information. This is information that could be critical in case of an emergency, when time is of the essence and you may not have time to look in other places.

For other emergency preparedness suggestions, please consult the Frederick County Public Schools Calendar Handbook. The current copy covers the 2013-2014 school year. Your student will receive the new and updated copy for the 2014-2015 school year on the first day of school this August.

Frederick County Government is a partner with FCPS through the Frederick County Department of Emergency Preparedness. For further information, please contact the Department of Emergency Preparedness at (301) 600 1746.

Thanks to all who work together to make student health and safety a priority in our community. Community engagement works!

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Mother Seton School round-up

Lynn Taylor

Have you recovered from the Carnival yet? Once again, the Carnival organizers put on a great time for everyone in the community. We are grateful to Shelley (MSS '83) and EJ (MSS '82) Small, Terry Smith, and all the other tireless volunteers who make this such a fun and successful event. A lot of hard work goes on behind the scenes to make sure the annual Carnival remains an enjoyable and anticipated tradition, and they never fail to deliver!

The Carnival was the last "big hurrah" of a school year that was packed with excitement. All of us that are a part of the Mother Seton School community will take home with them on summer break some great memories, such as:

The Angels Above Alumni Memorial Golf Tournament, sponsored by the Little Family to benefit the Jack and Shirley Little Scholarship fund. The golfers that came out had a great time and the tournament raised over \$7500 for our tuition assistance fund.

Welcoming author Wendy Shang to our school. Mrs. Shang gave a presentation about her being a published writer, fielded questions from the student body, and conducted a short writing workshop. Her talk inspired many of the students—my daughter included—to try their hand at writing a book. So keep your eye out for these budding novelists!

The annual **Memorial Mass for Deceased Family and Friends**, which allowed us the chance to remember those beloved who died in the past year, as well as celebrate those "Champions of Faith" who inspire us in our faith and devotion to Christ.

The **Mass for the Feast of St. Elizabeth Ann Seton**, which was presided over by Archbishop Lori this year. Our students were given the privilege

of serving in the Mass, as well as providing the choral accompaniment.

Catholic Schools Week, with daily events to show our appreciation to those who support us, as well as demonstrations of the excellent knowledge, faith, and service that our students possess. We also launched our "Where in the World is Mother Seton?" initiative, which sent Mother Seton puppets out into the world with the hopes of receiving pictures of her in various locations to show how widespread her legacy is. To date, we've received pictures from as far-flung as the Canary Islands and the Grand Canyon. Mother Seton was even present at the Canonization Mass for the Saints John Paul II and Saint John XXIII!

The Science Fair, where our emerging scientists got the opportunity to share their explorations into the scientific method, with experiments that included extracting DNA from fruit and researching sports physiology.

The **Business and Professionals Appreciation Dinner**, where we had the privilege of bestowing the Seton Values Award on MSM President Thomas Powell and Rocky's Pizza owner Tony Testa, for supporting our school.

Fine Arts Night, showcasing the talents of our student-artists in sculpture, paint, music, and various other mediums.

His Place Car Show, another annual tradition sponsored by our friend Billy Kuhn, Jr. Hot rods, vintage autos, food, prizes—all the makings of a great memory!

Receiving re-certification as a Maryland Green School by the Maryland Association of Environmental and Outdoor Education (MAEOE). We were one of only 13 schools in Maryland to be re-certified!

The school year was also not without its grief. In October, we said



Members of Mother Seton School's 8th grade class at this year's annual carnival.

goodbye to our friend, Jeff Wivell, whose wife Tammy was an integral part of our staff here for many years. And in January, staff member and friend John Gelwicks passed away suddenly. Our hearts were broken over these losses, as well as others experienced by our students and staff personally, but we've emerged from the grief a little stronger and more closely connected with one another.

This year is also ending with a few personnel changes. Kay Palkovic, one of our beloved Pre-K teachers, announced her retirement. Kay has been teaching for 25 years, the last six here at MSS. She'll be dearly missed! Also leaving us is Leah Bennett, our Middle-School Language Arts teacher, who is taking a sabbatical from teaching to stay home with her newborn daughter, Marie. And finally, in what will be the biggest change for our school, we will be

welcoming a new principal—Sister Brenda Monahan, D.C. Sister JoAnne Goecke, D.C., who has faithfully led our school for the past eight years, will be moving on to a new mission. Her strong spirituality and dedication to our family here will be greatly missed, and

we hope you will join us in bidding a fond farewell to her.

Yes, this year was certainly eventful. And I am confident that the next school year will bring about even greater adventures. I hope you'll consider becoming a part of them. Our doors are always open!

MELISSA M. WETZEL, CPA, P.C.

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FOUR YEARS AT THE MOUNT

Sophomore Year

Celebrate with a purpose

Leeanne Leary
MSM Class of 2017

It's time to celebrate the birth of our country. Wake up and get dressed for the occasion. Maybe some blue shorts and a white tank top with the American Flag on it. Maybe you could wear a blue t-shirt with a pocket? If you're feeling adventurous, get a spirited bandana to use as a celebratory headband. Once you're all dressed and ready, go to the town parade! In Manchester, Pennsylvania you'll find all sorts of groups in the parade – the VFW, the middle school band, Kim's Twirlettes, and many more. The parade is over, now go home and get ready to attend the best cook-out of the year. Either hold one yourself, or make the trip to another, but I know you will find the best hamburgers and hot dogs that you've had since July 4, 2013. At some point everyone under the age of 19 will post a picture online of the day, or of themselves. Now sit around and enjoy each other's company, and the freedom we have to be able to do these sorts of things, the freedom to set off our own fireworks when the sun goes down.

I could go into any small town and find a celebration identical to the one that we hold in Manchester, Pennsylvania. Parades, cook-outs, and fireworks have all become nationwide icons of the Fourth of July. It feels like a huge birthday party for our country, and we have our days of remembrance for fallen soldiers, for presidents, for those who fight for our freedom every day. So we deserve a day to celebrate, right? The truth is yes and no.

I don't want to be misunderstood. I love the parties and the insane amount of hot dogs and brownies I eat, and I certainly don't want to do away with any of that. Our country, in all of its greatness deserves a party and most definitely deserves to be celebrated, I simply don't want to lose the importance of that celebration in the process.

We often speak casually of how our country came to be. Oh they signed the Declaration of Independence on July 4, 1776. That's why we celebrate this day. And then we move on. But stop. Think about what was just said. You probably read over that as if it was

just another fact. We signed another thing. But stop, think about this for just a few seconds. We quite literally declared our independence. The freedom we love so much and hold onto so dearly, was something we had missed before. It must force us to think about what went into this extraordinary act. Thomas Jefferson didn't wake up one day and think, "I'm tired of the way we live, let's be free!" and write this new declaration by the time he was finished with breakfast. We fought for this independence, and we fight for it every day. We didn't wake up and find ourselves free, and we shouldn't wake up every day without appreciating that freedom. So yes, we should party on July 4, 2014, but not without remembering all that went into these celebrations and all that happened on July 4, 1776.

July 4, 1776 wasn't the day that the Continental Congress decided to declare independence, nor was it the day that Thomas Jefferson wrote the Declaration or the day it was delivered to Great Britain. It wasn't the day we started the Revolution, and it wasn't the victory of any one battle. It was the day that the final wording and content was approved by the Continental Congress.

What needs to be remembered is what had to be done and sacrificed in order for this declaration to exist. In 1764, the colonies began to feel

unfairly taxed and watched over. After years of dealing with this, 12 of the 13 colonies met in Philadelphia in what is called the First Continental Congress. It was here that they called for a boycott of British goods, a major act of rebellion. Hostility continued to rise and tensions grew until the first act of violence in April 1775 when British Troops travelled to Lexington, Virginia to seize gun powder and captured Samuel Adams and John Hancock. Eight Americans were killed here. At the second meeting of the Continental Congress, all 13 colonies were represented, and George Washington was named the head of the Continental Army. You can see our roots beginning to grow and take shape. It was a process, and I believe remembering it should be a process as well.

Throughout the Revolution, journalism took a critical role in the shape of Thomas Paine's Common Sense in which he convinced many colonists that America should be an independent country, not a part of Britain. Meanwhile, the British were gathering great forces in an attempt to shut down the rebellion, but the rag tag Continental army fought back. On June 11, 1776 congress chose John Adams, Benjamin Franklin, Thomas Jefferson, Robert Livingston, and Roger Sherman to draft the Declaration. On July 2,

1776, congress voted for independence before they approved the Declaration on July 4th. It is estimated that over 20,000 died in the war of Independence, and the fighting certainly did not end when the declaration was signed.

So many lives, sacrifices, and more went into the freedom we have today, the freedom that we often take for granted. We didn't wake up free, and we shouldn't wake up without recognizing our freedom. I try to fathom what it would have been like to live in that time, or to be a part of the rebellion. I simply cannot imagine it. Today we think about what we do as a country, but can we imagine not being a country, and having to fight for that? I can't. So yes, our country does deserve a party. We deserve a huge celebration, but not without remembering why we're celebrating. We aren't just celebrating our Declaration of Independence, but we are celebrating and remembering all that had to go into our freedom. We didn't wake up free, so we can't wake up on the Fourth of July without remembering how we got to be free. Celebrate our freedom, party for our great country, but remember all of the things that were given so that we can enjoy this time of our lives.

To read other articles by Leanne visit the Authors section of Emmitsburg.net.

Junior Year

Changing tradition

Lydia Olsen
MSM Class of 2016

Tradition has it that come the fourth day of July I'll wake up early, roll out of bed, and rummage through all of the clothing I own to find something fittingly patriotic. After grabbing a few bottles of water and my camera, I'll eagerly wait for my mother to get ready. We'll hop into her car and drive a short distance to the neighboring town, navigating through traffic and the crowds trying to get as close to the celebration as possible. Once we've parked, my mother and I walk until we find a suitable location. We always try to find a place in the shade, but locating one that isn't already occupied borders are impossible. After searching, we'll settle on the curb to wait as the excitement builds.

The parade will begin. American flags will be passed out and all will

wave them proudly. My mother and I will cheer for the decorated floats, dance as the bands play, and stand up to honor the men and women in the military as they march past us. With candy in our stomachs, sunburn forming on our shoulders, and the judge's voice in our ears; my neighbors, my mother, and I will share in celebration of America.

On the ride home, we'll discuss our favorite displays while eating snowballs. Once home, I'll grab the white cake mix I have been saving. I'll mix the batter and divide it into three bowls. One will stay white, another will be dyed red with food coloring and the last will be dyed blue. After I carefully pour them into the cupcake tins and wait for them to bake to perfection, I will ice them and cover them in festive sprinkles.

Tradition has it that, with friends and family, I'll carry those cupcakes

down the street to a large white house with green shutters. Cars will be parked up and down the road, but we'll have a special spot waiting for us in the driveway. I'll walk through the garage and open the door to the screen porch which greets me with a familiar squeak. I'll be surrounded by wire and wicker furniture and tables lined with food, baked goods, and drinks. There will be people sitting on green cushions talking to one another and sharing stories about past times.

I'll pass through the house and up the stairs that lead to the kitchen. Through the old halls, I'll wander until I come to the front room. Sitting there will be Miss Ronnie, the owner of the house, surrounded by friends and sharing a story that has everyone captivated. When her eyes land on my mother, she'll stop midsentence and a smile will spread across her face as they greet each other. As I walk into view, Ronnie will take my hand in hers and hold it for a minute or two. I'll remember that moment and cherish it. My mother and Ronnie will chat and gossip about nearly everything. Meanwhile, I'll be distracted by the assortment of books that line the wall and the old, black and white pictures around the room. After making sure that Ronnie has everything she could need or want, I'll head back to the screened porch.

After making my way through into the backyard to look for frogs in the pool, I'll see blankets scattered about and look for a place to lay my own. After layering myself with bug spray, I'll sit down and look out in front of me. The river unfolds in front of me beyond the white wooden fence. The gentle waves rock about the boats that await the show. To the right the lights from the Naval Academy Bridge slow-

ly hum to life as the sun sets and to the left, across the water, the Naval Academy itself springs to quiet life.

As darkness falls over all of us, the anticipation will grow. Finally, it will begin. The first firework launched from a barge by the Naval Academy will shoot into the sky and explode in a beautiful display. Onward and upward the fireworks will continue, eliciting applause from the crowds and cheers from my mom. The display in the sky will be remarkable but the reflection of the fireworks on the bay is even more astonishing. Then the finale will begin; fireworks will shoot off in rapid succession. The glow they create will illuminate the faces of those around me as they smile and enjoy until it comes to an end. Their thunderous noise will finally cease only to be greeted by outbursts of horns honking from the boats on the bay below. After lingering around to avoid the traffic jams, packing up our stuff, helping to clean up and thanking Ronnie, we'll get back into the car to head home having spent another Fourth of July in the best way possible.

This year will be different. At the age of 93, Miss Ronnie passed away and shortly after that her big, old, white house was sold. While her passing has created great sadness in those close to her, her memory and love for life and Annapolis will always live on. Though it is disappointing that the tradition of sharing the celebration of our nation with friends, family, and Miss Ronnie at the very best location will no longer be the same, I feel blessed. I feel blessed to have known such an insightful woman and to have experienced such a blessed tradition. Though I wish our yearly ritual could have continued forever, it will now be-

come someone else's and that is okay. I believe that they will appreciate it as much as my family and I have.

The Fourth of July is a holiday that is unlike many others in the way that it unites us all. In many ways I think that everyday should be like the Fourth of July. Every single day, not just one day of the year, we should be glad and grateful that we live in such a great country. It is true that the government doesn't always make decisions that we agree with. There are laws that we may not agree with and corruption does exist. Yet, we should always remember the things that our country does and provides for us. We are truly blessed to live in a place where we are able to express ourselves in any way we choose. Our pride in being American citizens should continually emanate from within. We should be proud to be Americans where if we know nothing else, at least we know that we are free. Rejoice that we are part of something so grand and so beautiful while remembering all of those who fight for our freedom today and in the past. We may not always have the opportunity to thank those who serve our country, but it is important that when we do have the chance, to seize it. We must express our gratitude to those who serve and have served us and keep those who have passed on in our hearts. If a time comes on the Fourth of July when your heart becomes full of sorrow for our fallen soldiers or for passed loved ones, all you have to do is think of is their view. Their view of the fireworks from heaven, and we must smile because they are surely smiling back as we celebrate together.

To read other articles by Lydia visit the Authors section of Emmitsburg.net.

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4TH OF JULY TRADITIONS

Senior Year History's greatest underdogs

Kyle Ott
MSM Class of 2015

I have a confession to make. I used to hate U.S. history. Yes, I know how strange that sounds coming from someone who is a self-admitted history junkie, and a proud citizen of the old U.S. of A. However, there were many years where the prospect of studying the lives of our nation's leaders and the events that shaped America seemed to pale in comparison to the Hollywood-esque sweeps of events like the Third Crusade, or the Napoleonic Wars. It wasn't until I had completed AP U.S. History in high school that I discovered my love for the topic. While it doesn't sound like much, AP U.S. History at my high school was less of a class and more of a trial by fire. You took the class knowing that it was going to be more work than you'd ever done in your entire life. It would drain you, break you, and as one of the older students mentioned, someone will cry in class.

The whole thing was taught by Thomas Breech, a grumpy bear of an old man with a walrus mustache, a penchant for growling when he talked, and a considerable amount of girth that he had retained from his career as a wrestler and football player. The tales of that class were not exaggerated, and even today as a senior in college, I count my time spent studying under Mr. Breech as one of (if not the most) grueling academic experiences of my life. However, in between the hard work, long hours, and late nights, Breech imparted something on all of us; a love for U.S. history. While there were many things that I cherish from that time it was his lessons on the American Revolution that stuck with me the most. These weren't the tales of unprecedented heroism that I had grown up with. No, these were the stories of an ethnically diverse group of immigrants that broke with their mother country not for the altruistic reasons of freedom, but because they didn't want to be taxed any more.

Our struggle for independence and the first Fourth of July weren't as black and white as years of Schoolhouse Rock taught me. For the first time, we didn't hear the story of the fearless patriots who struggled in the face of overwhelming odds because they wanted to be free. Washington morphed from a mythical leader into a man who lost more battles than he won but whose major talent was in unifying people politically. In an instant we were faced with a revolution that was as interesting as it was flawed. It is my sincere hope that by painting the entire imperfect picture of our independence, you will come to love and appreciate it all the more.

At the time that the Ameri-

can colonies seceded from the British Empire, the entire world laughed long and hard at what they thought was going to be a one sided bloodbath. To be fair, the Brits had every reason to be confident. They had the world's largest, strongest, and most battle tested army. The redcoats may be known today for their bright uniforms and tendency to stand in straight lines, but what textbooks forget to mention is that these were soldiers who had already been tested over and over in the fires of combat. Their American opponent's, in contrast, were nowhere near as battle ready. While songs and stories immortalize the American minutemen of Concord and Lexington, the majority of the continental army was composed of farmers, craftsman, old men and boys as young as 10 and 12. While there were some skilled soldiers in the American ranks (usually veterans of the French and English war, or Scots-Irish pioneers accustomed to hunting and skirmishes) the vast majority of the American army was untrained and underpaid. Furthermore, Britain's navy was the scourge of the oceans having practically invented colonial naval combat. Every nation from France to Spain and back again knew that the Royal fleet was something to be feared and avoided at all cost to the point where English dominance of the sea was practically a given. While America boasted several great port cities like Boston and New York, its maritime options were nowhere

near as powerful or as vast as England's.

Another myth about our beautiful 4th of July was that American forces wiped the English out quickly and efficiently. The simple fact of the matter is that America didn't so much as defeat the British, but exhaust them. Royal forces held major urban centers like Philadelphia and New York for the majority of the war, and won major engagement against colonial forces. Despite their successes, they could never chase down and completely destroy the Continental Army and so they were forced to remain in their urban fortresses. The major problem for the British was that America was so vast. Sure they were stronger, but unlike the continental guerrillas, they could not be everywhere. George Washington and his ragtag band of soldiers may not have won many set piece battles, like those portrayed in Mel Gibson's *The Patriot*, but they could skirmish like no other. For every major encounter the British won, they lost two or three skirmishes. Their men were picked off in the wilderness, outmaneuvered in the mountains, and routed among the thorps and hamlets of early America. With every loss, King George was forced to shell out more money, and pour more resources into his rebellious colonies which were desperately needed at home and in its other investments abroad. With a lot of help from the French navy, the final siege at Yorktown proved a decisive victory for American forces. Our independence was won not with one knockout punch, but a thousand cuts.

Even our greatest heroes differ from the classic stories that we

tell around bonfire and backyard barbecues. Perhaps the greatest military mind of the revolution, a man who contributed not only his expertise, but his family's personal wealth and resources to the cause was a young aristocrat who cast down his trappings of status to lead armies in the field. No, I'm not speaking of our first president George Washington, but of the French nobleman the Marquis de Lafayette. Lafayette came to America as a young man interested in adventure, but discovered something unique about the American condition that made him throw his fortunes behind the cause of independence. Starting as a field officer, he quickly became one of Washington's chief aids and friends. (Lafayette would actually name his son George Washington). While Washington provided political clout, it was actually Lafayette who provided the continental army with much needed tactical and strategic knowledge. Another brilliant man that helped shift the tides of war was the renowned Prussian Drillmaster Colonel von Steuban. Von Steuban has the historical distinction of not only improving, but revolutionizing (I had to sneak the pun in somewhere) the American army. It was Steuban who was responsible for transforming the battered American survivors at Valley Forge into soldiers. It was Steuban who set the standard in camp sanitation that helped relieve the brunt of disease among the army. It was his careful discipline that allowed Continental forces to win multiple bay-

onet engagements. Steuban even went on to write the code that would be used to train Army recruits until 1812.

While all of these stories are wonderful, interesting, and in some cases a little shocking, especially if you snoozed in high school history, they serve to illustrate a greater point about the founding of our country. America didn't just come out of nowhere. Our country and our freedom weren't born of ballpark franks and cheap fireworks. We have a tendency to gloss over the nitty-gritty of America's beautiful creation. We forget that we weren't born out of patriotic fervor, and incredible talent; that the identity of our nation was forged in a crucible of work, effort, success and failure, good along with the bad. It is the imperfections of this tale that make it significant. The fact that a nation composed of foreigners, thieves, exiles, and religious dissidents could forge a strange, disjointed, and utterly wonderful culture is nothing short of a historiographical wonder. So while you're busy flipping burgers think about this; long before we took the spotlight on the world stage, our ancestors were history's underdogs. We weren't pretty, or popular, but we were strong, smart, pragmatic, and innovative. And at the end of the day, that's something to be proud of. I'm Kyle Ott, won't you sit and read for a while?

To read other articles by Kyle visit the Authors section of Emmitsburg.net.

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COMMUNITY NOTES

Explore with Diakonia Travels

Sarah Harrington
MSM Class of 2013

For many people, retirement means slowing down and relaxing in sunny Florida, not worrying about work or schedules. However for Clara Green retirement means continuing the work she loves. Clara, who is 81, owns Diakonia Travels in Thurmont. She spends her time organizing and leading

tour groups to new and exciting places around the world.

It all began in 1966, when Clara went on her first group tour overseas. According to Clara, this was when she "was bitten by the travelling bug." The group was led by an older couple from Buffalo, NY, with whom Clara became friends and began her travels with. It was this trip that showed her traveling was something she wanted to do.

Once back from the trip, Clara attended business school in DC afterwards she found employment with Eastman Kodak. At the time Clara thought the position would only be short term, but she was with the company for 22 years. During those 22 years she used the vacation time she built up to organize and lead trips. It was in 1987 that Diakonia Travels officially began.

Since opening Diakonia Travels, Clara has been able to give her group members many memorable trips around the world. She has led trips to other states such as Oregon to see Crater Lake, and overseas to places such as Holland to see the beautiful flowers. Each and every trip is unique and new. Clara makes sure that her trips will give people something to remember and talk about for years to come. Clara says that "people ask me all the time, how did you find this place?" Her secret is travel magazines! Clara spends her days and most nights searching through travel magazines to find new spots and activities for her tours; she "loves finding new and interesting places to go." It is clear from the quality of the trips that Clara puts her

heart into organizing and making them the best they can be. For example, if the group does not have a guide on an overnight trip, Clara takes the time to create a 20-30 page packet filled with the history and facts about the sites the group will be seeing during their time there. This is to ensure that the groups get the most out of their experience with Diakonia Travels.

This year Clara has some great locations and adventures planned for her tour groups; from day trips to Lancaster to an extraordinary trip to Italy in March of 2015. Along with these new trips, Diakonia Travels will be revisiting some old time favorites. One favorite is the winter trip to Myrtle Beach in South Carolina. Clara took a tour group to Myrtle last year in December to see some great holiday shows and the Christmas lights. The group who joined Clara last year on this tour enjoyed it so much they have already signed up for the upcoming trip on December 9th. Clara will also be taking groups back to the Norsk Hostfest in North Dakota. This is the largest Scandinavian festival in North America. The group will

experience great food, sights, and entertainment. Including one of Clara's favorite entertainer's Irish singer, Danny O'Donnell. Clara raved about O'Connor's performance, "the whole time he is singing he is moving all over the stage, its great!" This trip lasts for 13 days and is sure to be a great time for all.

It is easy to see, when speaking with Clara, her love and passion for what she does. Even though the business does not leave very much room for down time she enjoys it thoroughly. Clara excitedly states "It's a lot of work, but I love it." Clara has given people great memories and joy through her trips over the years and continues to do so. All of the time and effort Clara puts into planning these tours truly pays off. She has received so many notes of thanks from members of her tours. One note came from a couple who accompanied Clara on one of her trips to Alaska, "Jim and I didn't know what to expect on the cruise/tour, whatever it was, the trip far exceeded it." Another came from a woman who was a guest on a trip to Iowa, "The Iowa trip was such fun. The variety of experiences reflects your hard work."

The dedication to her trips is not lost on her tour groups. She continues to spend long hours searching for new and interesting places for people to discover with her. Anyone has the chance to experience these tours along with her. Just visit her website [www. Diakoniatravel.com](http://www.diakoniatravel.com). The website provides the schedule for upcoming events, photos and information on previous tours, and Clara's contact information. There are so many great trips that are just waiting to be explored, and with Clara leading them they are sure to be memorable!

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Sept. 3 (Wed.) Mame. Spilling over with outlandish characters & charm, this is a story of the life of an unbelievable woman with everything but a family, until her 10 year old nephew shows up on her doorstep. The most touching musical about loving the people in your life. **Lunch and show at the Allenberry. Price \$96, Lv Frederick 10:00 am, Lv Thurmont 10:20 am. Final payment due by Aug. 1st.**

Sept. 9 (Tues.) Choptank Riverboat Cruise. We head to the Eastern shore, do some sightseeing and head on to Hurluck to board the Choptank Riverboat for a 2 hour cruise and a lunch which includes a crab cake & fried chicken combo! **Price: \$96, Lv Thurmont 8:00 am, Lv Frederick 8:20 am.**

Sept. 27-Oct. 9 - Great Midwest Tour. This is a great trip to the midwest with a number of stops at interesting sites along the way! At Wisconsin wells we'll enjoy a delicious dinner with entertainment by the family at Thunder Valley Inn. We will visit the Minnesota Lakes Maritime Museum which has a long-standing reputation for producing master boat builders and has excellent guides who share their knowledge with you. The highlight of our tour (which we did in 2012) is the visit to the largest Scandinavian Festival in North America! For 37 years Minot, ND has held this festival. Many Scandinavians migrated to this area from Europe. We will spend 1 1/2 days at this 4 day event. There are special concerts every afternoon and evening, approximately 20 smaller groups entertaining throughout this huge building all day. There are plenty of places to get good food, crafts to check out and places to just sit and relax. We leave and head east and spend 2 nights in Duluth with a day spent driving along Lake Superior to the Canadian border. We will continue east and visit an area where cranberries are grown and harvested. We will see many products made from cranberries in the shops and will visit the Cranberry Museum. Another beautiful stop will be the Amish Country in northern Indiana with a guided tour through the area, lots of good food and we will see a show one night. **If interested in this tour, please call 301-271-7227 or 301-471-0415 for a detailed itinerary. Deadline for tickets to shows is August 1st.**

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CREATIVE WRITING

56 Stories, one imagination

Alexandra Tyminski
MSM Class of 2015

Every year since I was about six or seven, I would go to Old Navy to buy my father a white or navy blue shirt with the United States flag on it. In bold words were highlighted, Happy Fourth of July.

...

Growing up, history was never my favorite subject. I liked writing and reading. Art was fun sometimes, but I was most happy as long as I wasn't doing science, math, or history. When high school approached, I began to find more history classes engaging. I started to see that maybe history was important to study. Years down the road at Mount St. Mary's University, I have found through knowledgeable and interesting professors that history can be thought provoking. It can be something more lively if we just use our imagination. It provides us with more than just a timeline of what happened months, years, or centuries ago. It takes us back into a time where people, places, and events were once so vivid.

Learning about the past decades gives us a foundation in understanding our history, our American history. On July 4, 1776, the Continental Congress finalized and approved all of the edits on the Declaration of Independence. That's fantastic. What does this mean for you and me today?

Many people might say that this means we are all officially permitted and free to have a nice festive party on the Fourth of July. Everyone attending has to wear red, white, and blue. There is going to be some type of music going on, and a cookout is definitely going to occur. There will be laughter, conversation, and a fun game of frisbee. At the end of the night, everyone will gather together or travel somewhere close to enjoy colorful fireworks that paint the night sky. When everyone parts ways, they will rest their head on the pillow with a full belly and fall asleep with a big grin on their faces.

This scene is one that is most commonly found every year on the Fourth of July. In fact, I have found myself a part of that scene most of my life. Now, I'm by no means saying that this isn't a great way to celebrate the day. However, it might be even more thought provoking to take this Fourth of July and think about what some of the 56 men who signed our Declaration of Independence would be doing to celebrate this day in 2014.

Would William Floyd of New York be teaching college kids around the nation about the true



importance of the Declaration of Independence? Would the once major general and former Senator of New York in 1803 be speaking to farmers about his shared passion for farming? Would he speak to them about their importance in society and America as a whole?

Would Arthur Middleton, representative of South Carolina and a part of politics until his death, be engaging politicians? Would he be speaking to them about his views on American politics?

I picture that maybe Charles Carroll of Maryland would be telling stories to young adults or kids about the reasons why living in America is such a blessing. I imagine he would travel to all parts of Maryland on one day to explain how he helped frame part of the constitution for Maryland. If we are lucky and don't run out of time, he might even tell you or me how he was also elected to the Maryland State Senate in 1781. Charles would also be a funny guy. He would say that he made the longest impact and joke with us about how he was the last member of the signers of the Declaration to die at the age of 95 in 1832.

"Wasn't I the most helpful?" Charles would say with a lingering laugh.

How about someone that might ring even more of a bell? How about Thomas Jefferson of Virginia? Because of his fluency in 5 different languages, I can only picture him welcoming people to America. He might stress the importance of education since he was an intelligent man. He wouldn't just talk about his presidency or what he did, but he would make it known that people remembered he wrote our Declaration of Independence. I think that the Declaration of Independence and our author would receive a Best Seller's award. Would Thomas Jefferson also tell us one thing many of us may not have realized? Would he remind us that

he also died on July 4, 1826? Ironic?

I have only discussed four men that signed our Declaration of Independence. Although, there are 52 other men with personal stories about who they were and what they accomplished. I won't be able to write about them all, but I can say that each man accomplished more than one thing that is deemed great. However, I wonder if being one of the 56 men to sign the Declaration was their greatest accomplishment? Was this the highlight of their existence? Through writing this article, I've been challenged a little bit further. To think not just about when these men signed our Declaration, but why?

This question may seem too broad, and we may not ever know because they aren't here to answer. But, I believe that the most rewarding celebration on our Fourth of July is to simply recognize and know that those 56 men had a vision of what freedom meant to each of them. Sure, they all desired freedom. But, they saw with their own visions, a country that would be free in all ways. Those 56 men had a vision for us, and I think that our celebration is to not just to have fireworks, but to carry on their vision.

What is this vision? Again, I'm only a creative writer, and I'm not a politician, a lawmaker, or a signer of the Declaration of Independence. But, I think that this vision lines up with any American's values. This vision consists of a road of freedom for our nation. On this road, there are economics, politics, press, religion, our 50 states, food, culture, and opportunities. These 56 men envisioned a free nation where all of these parts of our country would be free to choose for ourselves. Our rights and our freedom are to be celebrated on the Fourth of July, but so is the vision that our past leaders once had.

Every year we celebrate the Fourth of July, but if we are a

country of vision, then maybe we should celebrate every day. There doesn't have to be fireworks every night or an array of red, white, and blue. In the quiet of our hearts, we can thank those 56 men for their vision. We can imagine their smiles every time we thank them. We can picture them asking us what our current visions are for America.

My vision for America is to remain free, and to be a country that sets an example. I am only one individual, but I can make decisions that help contribute to

that vision. I can be an example to my fellow Americans in my daily life about what it means to carry on the visions of the 56. As I get older and into my adult years, I realize that my opportunities in this amazing and free nation are abundant. I'm seeing that my freedom is my joy, and my joy is being free.

If I ever got a chance to meet each of those 56 men, I think that I'd ask them all one question, what does your freedom mean to you? Thus, I ask you all, what does your freedom mean to you?

A vision of a free nation is a big vision, but I'm sure if those 56 men were celebrating with us in 2014, they would be happy to see the fruits of it. If we just use our imagination a little bit more, we might be able to see just what those men would be doing to celebrate our nation's freedom. I promise you that our imaginations carry us far when we imagine those from history. So, let us begin our celebration today, remembering those 56, and carrying on their visions of freedom. As we do before every game, let us end this article and begin celebrating with this line from the Star Spangled Banner, "Oh, say does that Star - Spangled Banner yet wave. O'er the land of the free and the home of the brave."

To read other articles by Alex, visit the Authors section of Emmitsburg.net.



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ARTS

Anne comes to Thurmont

Jennifer Buchheister

It is summertime and that means that the youth of Thurmont Thespians are working hard to bring to life one of the most beloved characters for generations, Anne Shirley in the classic story, Anne of Green Gables by Lucy Laud Montgomery. Anne of Green Gables is the story of a brother and sister, Matthew and Marilla Cuthbert (Daniel Flanick, Nate Kopit, Rachel Johnson, and Mallory Donaghue) who are getting on in years and look to adopt a young boy in hopes that he could help on their farm. Unknown to Matthew and Marilla, the orphan asylum made a mistake and sent them a girl instead. This girl happens to be a red headed, opinionated, very talkative, spunky girl named Anne Shirley (Annabelle Perry, Courtney Lake) who has the ability to imagine anything and everything. Marilla would say that Anne has a knack for making mistakes. But, she is pleased to tell Marilla, that she never makes the same mistake twice. As the story progresses, Anne is able to touch the heart of everyone in the town of Avonlea.

The Thurmont Thespians have assembled some of the most talented young people into two casts who sing and dance to tell this delightful story. The audience will be captured with the first song and held through to the curtain call. Even if you have never read the books, you won't want to miss this spectacular musical! Performances will be held at the Thurmont American Legion, 8 Park Lane, Thurmont, MD 21788. Show dates are July 17, 18, 19, 20, 24, 25, 26, and 27th. Thursday, Friday and Saturday shows are at 7:30 pm and Sunday matinee is 2pm. Tickets are \$15 and may be purchased in advance by calling Becky Urian at 301-271-7613. Anne of Green Gables is made possible in part by a grant from the Maryland State Arts Council through the Frederick Arts Council.

The Thurmont Thespians Summer Youth Workshop was founded in 1998 by Beth Royer Watson. Each year a summer music theater workshop is presented to children and teens at no cost to the participants. Every child that auditions receives an on stage role and learns all aspects of the-



Cast members of the Thurmont Thespian's summer musical Anne of Green Gables: Back row: (l to r) Nate Kopit, Joshua Flanick, Daniel Flanick, Siglinda Lynons, Elijah Miller. 5th row: Emily Weller, Rachel Johnson, Veronica Smaldone, Evie Pecher, Mallory Donaghue, Melissa Barrow. 4th row: Sarah Getz, Elizabeth Buchheister, Annabelle Perry, Jordan Witt, Arminda Barrows. 3rd row: Erin Kopit, Tara O'Donnell, Adrianna Bussey, Danelle Bare. 2nd row: Sarah Johnson, Medelyn Tatum, Samantha Grimes, Addison Eyley. Front row: Morgan Blood, Daniel Puckett, Katelin C. Manning, Kaitlyn Pinnell.

ater culminating in two weekends of performances. The Thurmont Thespians are generously

supported by St. John's Evangelical Lutheran Church of Thurmont, Maryland. For more in-

formation about the Thurmont Thespians, visit www.thurmontthespians.org.

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The comedy builds as a group of good-old Georgia folks freely discuss family secrets and local scandals around a shy Englishman they think is a foreigner who doesn't speak a word of English. Ken Jenkins (Dr. Kelso from Scrubs) and Jill Larson (Opal Cortland from All My Children) star in this hilarious belly laugh filled romp where the good guys win!

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Adding foundations of our community

Caroline King
MSM Class of 2015

Since arriving to the area three years ago from Baltimore City, I have been continually amazed and inspired by the history and beauty that seems to be hiding in every brick in our town. It seems no matter where I end up, there's a fascinating and stunning secret tucked away. The Timeless Trends Boutique is no exception. Built on the Thurmont Main Street, this is the oldest building that has been in continual use as a store since its creation in the 1800's. It even has some of the original glass still adorning the window panes. However, this awesome piece of history has decided to add something different to the old building recently unveiling a brand new mural on the side of their store.

Revealed on June 12th, the mural by itself is worth going to see. Painted by local artist, Yemi, it was "A labor of love" for his friend and the owner of the Boutique, Virginia LaRouche. It depicts the image of a woman using beautiful colors and an impressive technique. According to the artist, it took over 150 hours of painting to complete. It's a "celebration of the beautiful town of Thurmont," according to the artist, and is an amazing addition to the classic building. The revealing itself was wildly successful, as the Timeless Trends Boutique opened its doors to the community to celebrate its newest addition in style. Many members of the community came out to browse the stores selection, greet Yemi himself, and listen to the refreshing music played by guitarist Jennie Williams before the mural was unveiled to excited applause.

If you're ever driving down the Thurmont Main Street, you can see the Mural for yourself. Such a bright and vibrant painting, located on the side of the store, is hard to miss. The Timeless Trends Boutique has continued the tradition of keeping the oldest continuous storefront in Thurmont running for 5 years and has catered to the community by providing amazing restorations of old pieces, fun knick knacks, and beautiful antiques. "This store is one of the best stores in the area," Yemi raved when asked about his dedication and mural to the store. "And it's all because of the buyer. Virginia is one of the best buyers. She has an eye, it makes the store great." Of course, the décor of this cute timeless boutique helps its success. If the mural, the shops history, and the beautifully stocked store with treasure around every corner aren't enough to sway you, there is also a large "Vintage Warehouse" tucked away behind the store. This warehouse previously was used as a carriage house, housing up to three horses and two carriages with a loft for hay and feed, back at the creation of the original store front. Now it's filled with everything from antique furniture and mirrors to old military boots and cameras. There's a pleasant surprise around every corner, and even if you don't know exactly what you're looking for, you're sure to find it in either the boutique or the warehouse. Tastefully arranged and organized, and now with a beautiful mural decorating the side of it, if you find yourself in the Thurmont area Timeless Trends should be at the top of your list to visit.

Yemi is an artist whose works should also be at the top of your "to visit" list. He's done various local pieces and has works available for purchase in Annapolis, Boonsboro, Frederick, Hagerstown, Middletown, Walkersville, Williamsport, and Thurmont. Yemi was born in Ibadan, Nigeria and moved to New York where he attended Pratt Institute. He received both a Bachelor of Fine Arts and Master of Science in Art and Communications Design. Since becoming an artist, he's done drawings for major companies including AT&T, Haagen Daz, UPS, New York Times, and many more. In fact, Yemi's 'Girl Group' stamps are a part of the permanent collection of the Rock-N-Roll Hall of Fame in Cleveland Ohio. If you're interested in seeing Yemi's Murals and large installations, they can be found in several locations including; the Courtyard by Marriot lobby in Frederick and The Common Market in Frederick as well as in Creekside building glass walkway, the mural features all exterior glass, and the Pillars of Frederick, which is one of the biggest murals in Maryland at 1280 square feet. It is definitely something worth checking out.

Yemi moved to this area from Manhattan where, he informed me with a smile, there were "more rats than people." A very different area than our own, but Yemi confessed his love for this community. He spoke about working "One brick at a time. It doesn't look like much when you've only laid down for bricks. But after years you have something beautiful." Each mural and artist work for the community Yemi produces is a brick in the foundation he is trying to build. And soon, he will be able to place a few more into his foundation. Teaming up with the Lions Club, Yemi will be creating a new mural based on the beauty he finds from living in the Thurmont area. "We live in the most beautiful place" Yemi confessed to me, "But people don't know it. I want to show them. There's such a rich vein of history here, I want to make the community aware of what we have. From waterfalls to forest and beaches this mural will cover entire walls and help the community find what's here."

For those of you who don't know, the Thurmont lion's club is "a group of community-minded men and women who have come together to enjoy each other's company, hear interesting programs, and raise funds for important local or vision-related causes." They've put on various sociable and charitable events, including multiple food drives, the Community Easter egg hunt, and many more

as well as being actively involved in the Youth Culture of the area. From high school Scholarships to supporting Boy Scout troops the Lion's Club strives to make positive impacts and additions to the Thurmont Community. And next month the Lions club, along with Yemi, will be unveiling their latest addition to the community. Yemi's "Crowning Jewel" Mural will be unveiled on Saturday, August 23 at 1 PM at the Trolley Substation along East Main Street at the entrance of the carnival grounds in Thurmont, Maryland. Yemi will be depicting several scenic and historic murals of the Thurmont area, and I was even given the tip that the mural will come with directions to go and see the areas depicted.

One of the amazing things about Thurmont, and the surrounding communities that I have come to notice in my time here, is that it really is as Yemi said, "One of the most beautiful areas around." No matter where I end up, I stumble upon amazing landscapes, well preserved pieces of history, and many stories. However, I find myself unaware of what is in the area until I actually come across it. Yemi's taken this issue into his own hands. "I want to make people aware of what we have." He said to me, when I asked him what the message of his mural was. "Some people live here all their life and don't know the beauty or all the history." And so he's creating a mural with a dual purpose. It will be a beautiful addition to Thurmont, but it will also serve as a larger than life map highlighting many of the places of interest around the area. A map, I at least, will need to take full advantage of.

Yemi asked me, while I was speaking to him about our community, where I was originally from. When I informed him I was from Baltimore, he laughed comparing that to his time in Manhattan. "So how did you like Baltimore?" He pressed me with a grin, after informing me how much he disliked Manhattan. Well, I'm not sure how many of you know people from Baltimore, but if you've ever met a Ravens fan at a sports bar, or just during a good season, you know we're...fiercely dedicated to our own. "I liked it." I said mildly-thinking of crab feasts, Orioles games, the harbor, and mind meltingly humid summers before I continued, "But up here I wake up every day surprised at how beautiful it is."

We live in an amazing community, full of life beauty and history. Yemi, Virginia LaRouche, The Timeless Trends boutique, and the Thurmont Lion's club are all individual bricks



Local artist, Yemi, surrounded by guest at the unveiling of the Timeless Trends mural, the second of mural three murals planned for Thurmont this year.

that make up the strong and united foundation of our community. With this new addition of Yemi's upcoming mural, our community continues to grow, brick by brick. If you can make the unveiling, I'd urge you to do so. Again Yemi's "Crowning Jewel" Mural will be unveiled on Saturday, August 23 at 1 PM at the Trolley Substation along East Main Street at the entrance of the carnival grounds in Thurmont, Maryland. We'd love to see you there!

If you would like more information about any of the following you can check out their websites at:

Virginia LaRouche/Timeless Trends: timelesstrendsboutique.com.

Yemi: yemi777.wix.com/yemi-artist/ (or on his facebook page [facebook.com/pages/yemi/92593424872](https://www.facebook.com/pages/yemi/92593424872)).

Lions Club: thurmontlionsclub.com.

To read past articles by Caroline King visit the Authors section of Emmitsburg.net.

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TRAVEL

Fading into the horizon

Kathryn Franke
MSM Class of 2013,
MBA Class of 2015

Greetings from Salzburg, Austria!

Two summers ago, I was in this exact same city, staying in this exact same school. Yet this summer has been like no other.

I am currently helping to lead a Mount St. Mary's University summer study abroad trip to this city that I have grown to love so much. When I went on this trip as an undergraduate student two years ago, I had the time of my life and loved being exposed to an entirely different country and culture. I checked off all the boxes of the things I "should" do while I'm in the city: go on historic tours, visit museums, frequent the local tourist attractions, take photos in front of the numerous Sound of Music filming locations throughout Salzburg, etc. All of these things were incredible to see and really reflect the story behind this historic city.

But this time around, I have a slightly different perspective. Whereas everything was new to me two years ago, I now know my way around (for the most part!). I know the best "hole-in-the-wall" places to eat that aren't necessarily the ones advertised on all the tours and brochures. I can share my knowledge with the students on the trip and show them the charm of this city that has brought me back for another visit, and hopefully many more in the future.

It's amazing how a place can start to feel like a second home once you immerse yourself in it. Its people, culture, food, language, stunning scenery, and overall appeal become a part of you. I want-

ed my experiences during this trip to be ones that would truly help me appreciate the city of Salzburg.

Anyone who knows me knows that I love taking photographs, especially when it comes to nature and beautiful scenery. My carry-on item for the plane was a backpack that was securely packed with my D-SLR camera, new fancy zoom lens, sketchbook, and drawing supplies. My souvenirs for this trip are not the Salzburg-themed trinkets that I brought home last time; they are my photographs and my drawings. Capturing the beauty of everyday life is what draws me so much to the arts. What I love so much about photography is the fact that I am able to showcase a moment in time, just as I see it. I control the composition, the angle, the subject matter, the cropping of the image—my photographs are a look at the world through my eyes. My drawings are further interpretations of what I see—I can share what draws me to a particular building or landscape I encounter on my trip. What could be better souvenirs than images of what I love most about Salzburg? I can look back at my photographs and drawings and remember those exact moments in time—and I can travel back to Salzburg in the blink of an eye.

This time, I'm seeing Salzburg through different eyes. Somehow, coming back a second time has given me an entirely new perspective, and I truly feel as if I am living here rather than just visiting. Those sights I loved from the first trip will never lose their stunning beauty, but now I see all the little things that make Salzburg so charming: the care the Austri-

ans take in their gardens outside of homes and storefronts, the welcoming nature they have toward visitors of any nationality or religion, their pride in their own culture that they display by wearing traditional dirndls and lederhosen, the way Salzburg's architects have taken care over time to preserve the view of the iconic Hohensalzburg Fortress from virtually every spot in the city, and the city's passion and embrace of the arts.

While in Salzburg, I am completing an independent study that focuses on international advertising, marketing, and promotion techniques. Throughout my studies, I have been (pleasantly) overwhelmed by the amount of support Salzburg has for the arts. As the birthplace of Mozart, Salzburg has strong roots in the arts culture and has embraced that foundation as it has grown and developed. There are posters scattered throughout the city advertising countless concerts, gallery exhibits, and theater or opera productions. The newly renovated University Church at Salzburg displays artwork by Susan Swartz, an artist based in London. The juxtaposition of modern art with religion is not something that is often seen in the United States, so I was struck by the uniqueness of that combination.

The arts are not just a part of the Salzburg culture—they are deeply embedded in the roots of it. Around every street corner, there are musicians performing beautiful arrangements using instruments from all around the world, or artists painting watercolor masterpieces of various parts of the city. In a world where most programs are cutting funding for the arts, Salzburg has made the arts a prominent part of daily life, yet another reason why I love this city so much.

Going along with the theme of new experiences, I did something entirely out of my comfort zone during this trip—I climbed Untersberg, a mountain that is about 6,500 feet above sea level! A group of Mount students and I began the trek up Untersberg in the morning, choosing the more challenging route, because...why not? If we're climbing a mountain then we might as well do it right!

We reached the peak a little over four hours later. That climb was one of the most challenging things I have ever done, but it was by far the most rewarding experience I have ever had. The climb was filled with steep inclines, peaceful waterfalls, a few mountain goat sightings, hang gliders floating across the sky from the peak (which was still very far away!), and seemingly never-ending sets of stairs embedded into the mountain that were quite close to the edge of the cliff.

When I first decided I wanted to climb Untersberg, I was a bit worried that I would be scared



to tackle those too-close-to-the-edge-for-comfort spots of the climb, but as I was completing the climb, I wasn't even scared at all. I had faith in my abilities and in the abilities of my fellow Mountaineers. We could do this, and we could do it together. Our group gave each other so much moral support as we made our way up the challenging climb, the distant point of the peak becoming less daunting as we went on. As we ascended the mountain, one step at a time, we saw the city of Salzburg become smaller and smaller with each passing moment. Each time we stopped to look down at the city below us, I become even more in awe of the progress we had made, but also of how beautiful and expansive the world really is.

Last trip, our group took the cable car up to the peak of Untersberg and I was amazed at the view. This time, I had my mind set on climbing that enormous mountain that I see outside my window every morning. When we finally reached the top after our climb, we all felt as if we had "earned" that view. We had persevered, and admittedly struggled, to make it to the peak, so we all had an overwhelming sense of pride and accomplishment as we took that last step and finally reached the peak.

I have never felt more at home in Salzburg than I did while sitting at the peak of Untersberg that day. Yet, I have also never felt so small.

The climb was actually quite a humbling experience, as is traveling in general. The experiences I have had throughout this trip to Europe have made me realize how much of the world I have yet to see. I have been fortunate enough to see many different cities and countries because of this program, but the world is much more vast than we can even fathom. On the plane to Iceland, I met a girl from Munich who has lived in

the United States for the past two years while she attends Yale University. While in line at a street cart that sells all the local favorites like schnitzel and sausages, I met a boy from Brazil who is backpacking across Europe, his next stops being Switzerland and Italy. People like this, in addition to moments like sitting at the peak of Untersberg, are inspirational to say the least.

At the peak, we were pointing out the local landmarks we could recognize that at first seemed so massive from the ground, but now seemed so small from where we were sitting. Then we were trying to figure out where Salzburg ends and other cities begin, and where Austria ends and Germany begins...and we couldn't tell.

Different cities and countries appeared to be intertwined from that height—there were no stark distinctions between them. The world faded into the horizon right before our eyes, leaving so much of the world for us to merely wonder.

All I could think of in this moment was how, unlike on a map, there really are no borders that divide us.

Culture is a fascinating thing. What we tend to observe are only the differences, but in reality, what is most interesting to note is our similarities. We may have different traditions, religions, clothes, food, or languages, but we are all connected. We all share a passion for experiencing new things. A thirst for knowledge. A desire to learn more about ourselves and about those around us. It is only by recognizing our similarities and embracing our differences that we can truly appreciate the cultures of others.

That is what this trip has taught me.

To follow Kathryn's trip, visit her travel blog at kathrynfranke.tumblr.com.



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This report is designed to inform you about the fine quality water and services Mount Saint Mary's University delivers to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water.

The Mount's water system is currently supplied by three (3) deep wells. Well #3 & #6 are located on the east side of campus and Well #5 is on the west campus. Water from Well #3 is pumped approximately one mile to the Water Treatment building and Storage Tank located on the mountainside behind Bradley Hall and adjacent to the Grotto of Lourdes. Upon advance notice, these facilities are available for tours. Call (301) 447-5255.

We are pleased to report that our drinking water is safe and meets federal and state requirements. Those items that were detected during our testing process are detailed later in this report. If you have any questions about this Water Quality Report or our plant operations, please contact James Coons, Assistant Director, and Physical Plant at (301) 447-5255.

Although Mount Saint Mary's Board of Directors meets on a quarterly basis, the meetings are not open to the public. If you have concerns, questions or suggestions that need the Board's attention, please contact James Coons. Your inquiries will receive prompt attention.

The University's Water Treatment Plant routinely monitors for constituents in your drinking water according to Federal and State laws. The attached table shows the results of our monitoring for the period of January 1st to December 31st, 2013.

One

In this table you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions:

- Non-Detects* - Laboratory analysis indicates that the constituent is not present.
- Parts per million (ppm) or Milligrams per liter (mg/L)* - One part per million corresponds to one minute in two years or a single penny in \$10,000.
- Parts per billion (ppb) or Micrograms per liter* - One part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.
- Parts per trillion (ppt) or Nanograms per liter (nanograms/L)* - One part per trillion corresponds to one minute in 2,000,000 years, or a single penny in \$10,000,000,000.
- Parts per quadrillion (ppq) or Picograms per liter (picograms/L)* - One part per quadrillion corresponds to one minute in 2,000,000,000 years or one penny in \$10,000,000,000,000.
- Picocuries per liter (pCi/L)* - Picocuries per liter is a measure of the radioactivity in water.
- Millirems per year (mrem/yr)* - Measure of radiation absorbed by the body.
- Million Fibers per Liter (MFL)* - Million fibers per liter is a measure of the presence of asbestos fibers that are longer than 10 micrometers.

Nephelometric Turbidity Unit (NTU) - Nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

Action Level - The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Treatment Technique (TT) - A treatment technique is a required process intended to reduce the level of a contaminant in drinking water.

Maximum Containment Level - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLs are set at very stringent levels. To understand the possible health effects described for many regulated constituents, a person would have to drink 2 liters of water the MCL level every day for a lifetime to have a one-in-a-million chance of having the described health effects.

Two

Maximum Contaminant Level Goal - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Maximum Residual Disinfectant Level (MRDL) - The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Maximum Residual Disinfectant Level Goal (MRDLG) - The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contamination.

We constantly monitor the water supply for various constituents. Although we have not detected cryptosporidium in the finished water or source water, we believe it is important for you to know that cryptosporidium can enter the source water and if not properly treated may cause serious illness in immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders. These people should seek advice from their health care providers.

We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some constituents have been detected. The EPA has determined that your water IS SAFE at these levels.

All drinking water, including bottled water, maybe reasonable be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency Safe Drinking Water Hotline at (1-800-426-4791).

Three

Special explanations regarding some common contaminants include:

Total Coliform: The Total Coliform Rule requires water systems to meet a stricter limit for coliform bacteria. Coliform bacteria are usually harmless, but their presence in water can be an indication of disease causing bacteria. When coliform bacteria are found, special follow-up tests are done to determine if harmful bacteria are present in the water supply. If this limit is exceeded, we must notify the public by newspaper, television or radio. To comply with the stricter regulation, we have increased the average amount of chlorine in the distribution system.

Nitrates: Nitrate in drinking water at levels above 10 ppm is a health risk for infants or less than six months of age. High nitrate levels in drinking water can cause blue baby syndrome. Nitrate levels may rise quickly for short periods of time because of rainfall or agriculture activity. If you are caring for an infant you should ask advice from your health care provider.

As a standard precaution we would always notify physicians and health care providers in this area if there is ever a higher than normal level of nitrates in the water supply.

Lead: Lead in drinking water is rarely the sole cause of lead poisoning, but it can add to a person's total lead exposure. All potential sources of lead in the household should be identified, replaced or reduced.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Mount St. Mary's is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your drinking water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the EPA Safe Drinking Water Hotline at 1-800-426-4791 or at <http://www.epa.gov/safewater/lead>.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplant, people with HIV/AIDS or other immune systems disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers.

EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

Four

Consumer fact sheet:

Proposed radon in drinking water rule

Background

The 1996 Safe Drinking Water Act Amendments required EPA to establish several new health-based drinking water regulations. The first of these, announced by President Clinton in December, 1998, set requirements for microbial and disinfection byproducts. The multimedia proposal for radon will be the second of these health-based drinking water regulations.

Breathing radon in the indoor air of homes is the primary public health risk from radon, contributing to about 20,000 lung cancer deaths each year in the United States, according

to a landmark report this year by the National Academy of Sciences (NAS) on radon in indoor air. Radon is the second leading cause of lung cancer in the United States. Based on a second NAS report on radon in drinking water, EPA estimates that radon in drinking water causes about 168 cancer deaths per year; 89 percent from lung cancer caused by breathing radon released from water, and 11 percent from stomach cancer caused by drinking radon-containing water.

Proposed Regulations

> EPA is proposing new regulations to reduce the public health risks from radon. > The proposed standards would apply only to community water systems that regularly serve 25 or more people and that use ground water or mixed ground and surface water (e.g., systems serving homes, apartments, and trailer parks). They would not apply to systems that rely on surface water where radon levels in the water are very low. They also would not apply to private wells, because EPA does not regulate them.

> The proposal will provide states flexibility in how to limit exposure to radon by allowing them to focus their efforts on the greatest radon risks - those in indoor air - while also reducing the risks from radon in drinking water.

> The unique multimedia framework for this proposed regulation is outlined in the Safe Drinking Water Act, as amended in 1996.

First Option: States can choose to develop enhanced state programs to address the Health risks from radon in indoor air - known as Multimedia Mitigation (MMM) Programs - while individual water systems reduce radon levels in drinking water to 4,000 pCi/L (PicoCuries per liter, a standard unit of radiation). EPA is encouraging States to adopt this option because it is the most cost-effective way to achieve the Greatest radon risk reduction.

Second Option: If a state chooses not to develop an MMM program, individual water Systems in that state would be required to either reduce radon in their systems drinking Water to 3,000 pCi/L or develop individual local MMM programs and reduce levels in Drinking water to 4000 pCi/L. Water systems already at or below the 3,000 pCi/L Standard will not be required to treat their water for radon.

> The proposed regulation identified four criteria that MMM program plans would be required to meet to be approved by EPA:

- Public involvement in the development of the MMM plan;
 - Quantitative goals for reducing radon in existing and new homes;
 - Strategies for achieving these quantitative goals; and A plan for tracking and reporting results.
- > EPA sought extensive input from the states, water systems, environmental groups, and the general public in a series of public meetings over the past two years to design the proposed approach.

> EPA is soliciting formal comment by publishing the proposed regulation in the *Federal Register* for a 60 day review and comment period. Comments must be received 60 days after publication of the notice. For specific instructions, see the *Federal Register* notice's "Addresses" section. A copy of the *Federal Register* notice of the proposed regulation can be obtained by contacting the Safe Drinking Water Hotline at (800) 426-4791. It is also posted on EPA's drinking water web site at <http://www.epa.gov/safewater>.

For More Information

For general information on radon in drinking water, visit EPA's radon in drinking water web site at <http://www.epa.gov/safewater/radon.html> or contact the Safe Drinking Water Hotline, at

(800) 426-4791. The Safe Drinking Water Hotline is open Monday through Friday, excluding Federal holidays, from 9:00 a.m. to 5:30 p.m. Eastern Time. For more information on radon in indoor air, contact the National Safety Council's Environmental Health Center hotline at

(800) SOS-RADON. Or, visit EPA's radon indoor air web site at <http://www.epa.gov/iaq/radon> for more information.

The following documents and fact sheets will be available to the public, through EPA's web site on radon in drinking water or by contacting the Safe Drinking Water Hotline:

- *Federal Register* notice of the proposed radon regulations
- Technical Fact Sheet on Proposed Radon in Drinking Water Rule (EPA 815-F-99-006).
- Consumer Fact Sheet on Radon in Drinking Water: Questions and Answers (EPA-815-F-99-007).

WELL #6 RESULTS 2013						
CONTAMINANTS	VIOLATION	LEVEL	UNIT	MCLG	MCL	LIKELY SOURCE OF CONTAMINATION
MICROBIOLOGICAL CONTAMINANTS	Y/N	DETECTED	MEASUREMENT			
Total Coliform & Bacterie	N	0	CFU	0	Presence of coliform bacteria in monthly samples	Naturally present in the environment
Fecal Coliform	N	0	CFU	0	A routine sample & repeat sample are total coliform positive & (1) is also fecal coliform or E-coli positive	Human and animal fecal waste
RADIOACTIVE CONTAMINANTS						
Gross Alpha	N	8.1pCi/L	pCi/L	15pCi/L	Erosion of natural deposits	
Combined Uranium	N	.2pCi/L	pCi/L	5pCi/L	Erosion of natural deposits	
INORGANIC CONTAMINANTS						
Nitrate	N	6.0mg/L	ppm	10ppm	10ppm	Runoff from fertilizer use, leaching from septic tanks, sewage
Arsenic	N	.005mg/L	ppm	0.01ppm	0.010mg/L	Erosion of natural products Runoff from orchards
Barium	N	0.59mg/L	ppm	2ppm	2ppm	Discharge of drilling wastes: Discharge from metal refineries Erosion of natural deposits
ORGANIC CONTAMINANTS						
Total Trihalomethanes (TTHMS) (ppb)		2.0ug/l	ppb	80 ppb	80 ppb	By-product of drinking water Chlorination
WELL #3 & #5 RESULTS 2013						
CONTAMINANTS	VIOLATION	LEVEL	UNIT	MCLG	MCL	LIKELY SOURCE OF CONTAMINATION
MICROBIOLOGICAL CONTAMINANTS	Y/N	DETECTED	MEASUREMENT			
Total Coliform & Bacteria	N	0	CFU	0	Presence of coliform bacteria in monthly samples	Naturally present in the environment
Fecal Coliform	N	0	CFU	0	A routine sample & repeat sample are total coliform positive & (1) is also fecal coliform or E-coli positive	Human and animal fecal waste
RADIOACTIVE CONTAMINANTS						
Gross Alpha	N	13pCi/L	pCi/L	15pCi/L	15pCi/L	Erosion of natural deposits
INORGANIC CONTAMINANTS						
Nitrate	N	.7mg/L	ppm	10ppm	10ppm	Runoff from fertilizer use, leaching from septic tanks, sewage
Arsenic	N	.005mg/L	ppm	0.01ppr	0.010mg/L	Erosion of natural deposits, runoff from orchards, runoff from electronic & glass production waste
Fluoride	N	.22mg/L	mg/L	4mg/L	4.0mg/L	
Barium	N	.31mg/L	ppm	2mg/L	2mg/L	Discharged drilling wastes & erosion of natural deposits
SYNTHETIC ORGANIC CONTAMINANTS						
ORGANIC CHEMICAL CONTAMINANTS						
Total Trihalomethanes (TTHMS) (ppb)	N	24.5ug/l	ppb	80ug/l	80ug/l	By-product of drinking water Chlorination
Haloacetic Acids (HAA5) (ppb)	N	2ug/l	ppb	60ug/l	60ug/l	By-product of drinking water Chlorination
DISTRIBUTION SYSTEM						
CU90 Copper 90th Percentile		.31mg/L	ppm		Action Level .31	Natural corrosion, plumbing systems
PB90 Lead 90th Percentile		.014mg/L	ppm		Action Level 0.014	Natural corrosion, plumbing systems
VIOLATIONS						
No violations						

COOKING WITH LOVE

Summertime beverages!

Brooke Hagerty Lurie

As I sit down to write this article our region is in the midst of the first round of humidity for the season. Who would have thought as we endured one of the snowiest and coldest winters on record that we would already be looking at humidity numbers that we don't normally see until August. Only in Maryland is what so many of us are thinking right now! And I thought the same thing until I started talking to friends in different parts of the country. It turns out that many of our brethren experience the same crazy shifts in weather patterns that we like to think are our very own. I guess the old saying, "You don't like the weather in Maryland, just wait five minutes" applies to many other regions as well.

One thing that I am sure we can all

agree on is that a nice, cool beverage is the perfect remedy for a hot and humid day no matter where you are. So I thought what a great subject matter for this hot month of July.... Summer Beverages!

This month we are going to cool down with some great summer beverage treats and also a fabulous and easy to make dessert that will bring us all back to our childhood.

As with most recipes you must start with a great base and around here a great base is Simple Syrup. Simple Syrup is very easy to make and you can keep it on hand for up to a week.

Simple Syrup

- 1 part water
- 1 part granulated sugar

Bring water and sugar to a boil and stir until sugar is dissolved. (If you are

trying to cut out processed foods simply replace the sugar with honey for the same if not better result!)

Now, I could not give you the recipe for Simple Syrup and not include a recipe for the whole reason it was invented, Sweet Tea, of course!

Sweet Tea

- 1 part simple syrup
- 1 part tea - mix your favorite summer tea (I just love orange pekoe)
- Plenty of ice cubes
- Lemon and lime

Boil water and add tea bags or loose tea to your desired strength or you can make Sun Tea by placing cold water and tea bags in a clear container with a tight fitting lid outside for about 1 to 2 hours. Fill a pitcher with ice cubes about 3/4 of the way and add in equal parts simple syrup and tea and stir. Garnish with lemon and lime wedges

Another great summer time treat is Homemade Lemonade (and again we will use our simple syrup recipe).

Lemonade

- 1/2 gallon simple syrup
- 1 gallon cold water
- 2 cups freshly squeezed lemon juice
- Club Soda or Lemon Lime Soda
- Lemon wedge and mint sprig (for garnish)

Combine together simple syrup, water and lemon juice by shaking or stirring. Pour over a full glass of ice until 3/4 way filled. Top with club soda



or lemon lime soda and garnish with lemon wedge and mint sprig. (I like to add my mint when shaking or stirring for some extra flavor.)

I have not forgotten about you coffee drinkers out there. Here is a great recipe for Iced Coffee, sure to please every coffee drinker you love! The best part about this recipe is that it uses your favorite coffee, made just the way you like it!

Iced Coffee

- Your favorite brewed coffee
- Heavy Cream or Half and Half (to

your desired taste)

Sweetener as desired

Brew your coffee as you normally would and then refrigerate until completely chilled (be sure to transfer to a different container than you brewed it in). Once cooled fill a glass with ice cubes, coffee, heavy cream or half and half as you normally would. Cover glass with a lid and shake vigorously. (The secret to a great homemade iced coffee is to shake it vigorously one drink at a time! If you have a milk shake maker add all of the ingredients (except for the ice) and blend, then pour over ice.)

Here is a fantastic dessert recipe you can make with the kids, Watermelon Popsicles!

Watermelon Popsicles

- 2 1/2 cups watermelon (seeds removed)
- 1 teaspoon pure vanilla extract

Blend the melon and vanilla in your blender or if you are feeling very adventurous have the kids hand mash it as much as possible (and then blend). Pour into popsicle molds and let freeze for about four hours. When you are releasing the popsicles run under warm water for a couple of minutes to release the popside from the sides without removing the stick (be sure to turn the popside container upside down first).

You can use any type of melon or flavoring so the sky is the limit as to the different types you can make. Make this great dessert "adult" friendly by adding 1/2 ounce of your favorite libation to each popside container!

The Food Chick has gone retail - come visit me at the Farmer's Market in Downtown Westminster every Saturday from now through November. For details, please visit my website at www.thefoodchick.biz and/or follow me on Facebook at www.facebook.com/theoriginalfoodchick.

As always, if you have an idea for an article or have any questions please do not hesitate to contact me at brooke@thefoodchick.biz!

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COLLECTORS' CORNER

Starting a tin collection

Richard D. L. Fulton

Collecting tins has been around a long time, and engaged in for numerous reasons.

First of all, to define what a tin is, it's a container (once actually made of tin but today predominantly made of sheet steel) consisting of the container body and a lid. The lid may be one that simply fits snugly on the body (the most common), or it may be hinged (affixed to the body with hinges).

Some have peel-back lids that employ a "key" to remove, such as sardine cans, or metal strips that are peeled away to free the lid, such as old coffee cans.

Three broad subgroups are decorative, product, and miscellaneous.

Decorative tins are sold empty or containing a product, but generally do not bear a product brand name, and are generally popular for home décor. The downside for the collector is, while cheaply had, they have little collector value.

Product tins, those emblazoned with the name of a product, are usually the most sought after.

Miscellaneous are tin products that usually held a product but also serve a secondary function (mini-lunchboxes and "trinket" boxes being a couple of examples).

The best part of tin collecting is, except for the older tins (the reporter has even dug Civil War tins from military camp sites), most are very affordable, and yet have a surprising mark-up in the collector's market, especially regarding limited editions.

The second best part is that they are everywhere: yard sales; flea markets; thrift shops; mission stores. It's nothing to find a tin cataloging at \$15 or more in good condition at a yard sale for 25 or 50 cents.

The writer had accrued a collection of some 300 product tins dating from recent back into the 1940s locally for rarely more than 50 cents (sometimes for a dime and rarely for a dollar or so).

It is suggested that a collector buy only on-line when looking to fill a gap in one's collection that remains elusive to fill through other means (such as yard sales).

As is the case for most collectibles, condition is everything. The more pristine, the higher the value. But there are also two "schools" of thought on this as well. Some collectors prefer everything to be in mint, unused, condition. Some collectors prefer signs of use, and regard minor dents or abrasions as being acceptable, and consider these signs of wear to add "character" to the item.

Some people "accrue" tins for home décor, most notably for displaying product tins in various locations in the kitchen. Others actually build a collection of tins based on themes or prior use, or just include older tins among a collection of vintage wares. Of course, children have always had an affinity for tins as



places to stash their "treasures."

The photograph shows a random sampling of product tins dating from the 1940s through 1980s and later, all acquired locally for "pocket change," courtesy of Gettysburg Hobbies (gettysburghobbies.ecrater.com).

If there is a downside to collecting tins, they can consume a great deal of space rather quickly, so specialization is recommended for those with limited space, such as collecting only candy tins, cake tins, or soda company tins, or even starting off by specializing in just one brand, for example M&M tins or Coca Cola tins.

In closing, a great book for starters is Linda McPherson's "Modern Collectible Tins," which covers popular tins from the 1960s to relatively modern types, including values. The book sells from under \$5 used to under \$9 new on Amazon.com.

Our first airmail stamps

Stamp collecting, also known as philately – literally meaning attraction to taxes, stamps being a form of taxation – has been around as a hobby literally since the first postage stamp was issued by the United Kingdom in 1840.

Stamps were introduced by our fledgling post office seven years after the British in 1847, which the first United States stamp depicting Benjamin Franklin, who not only became of the Founding Fathers of the country, but was also the first post master of the US Postal Office was established in 1775 (before the United States was officially even a country).

While our first postage stamps are inherently expensive to the collector (depending on condition, the first stamp can cost you from \$500 to \$4,500 each, while the sec-

ond stamp, featuring George Washington, can run from \$1,400 to \$19,000 each), there is a more affordable group of US postal firsts – our airmail stamps.

Not only can the collector obtain the first air mail stamps at reasonable costs (average range of \$15 to \$25 each in used/cancelled condition, more for unused/mint condition – with the rare "upside down" airplane error stamp going for just shy of \$1 million in 2007), the story behind both the U.S. Air Mail Service, and its stamps, offers an interesting glimpse into history itself, because the first air mail force was comprised of retired World War I fighter planes, and many of the first air mail pilots were fighter pilots who had flown them in combat.

The U.S. Air Mail Service was inaugurated in 1918 when Army pilot 2nd Lieutenant George L. Boyle took-off in one of the ex-Army Curtiss JN-4HM "Jenny" bi-planes (featured on the first three airmail stamps), attempted to fly the first airmail letters from Washington, D.C. to Philadelphia, a trip that went slightly awry when he lost his bearings and had to land in Waldorf, Maryland, where he crashed making a "hard landing."

Never-the-less, the postal service "fly boys" were determined to make the air mail service work, and by the end of 1918 a number of permanent North-South and East-West routes were established, and bi-wing deHavilland DH-4s (featured on the last three of the first six airmail stamps) had been added to the fleet. A variety of other types were also employed.

There was always an element of danger to flying the old planes, and most pilots flew their places "by the seat." Airmail pilot Harold Lewis stated, "An instrument panel was just something to clutter up the cockpit and distract your attention from the railroad or river bed you were following," according to writer Nancy Allison Wright.

In sudden foul weather, pilots were often forced down to wherever they thought they could land, mostly farm fields. Lewis said he once crashed into a farmhouse kitchen on one attempt, and later collided with a bull on another.

By 1925, 43 airmail pilots were killed in crashes, and 23 pilots were injured.

In 1926, all of the old bi-wing planes were retired, and the post office opted for all single (mono) wing planes, one of the initial air mail pilots of the "new generation" of mono-wing planes being Charles Lindbergh.

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FITNESS AND HEALTH

Complementary corner

De-stress from technology

Renee Lehman

In the last article I used this quote by the Dalai Lama: "Technology is good. It's when we let it control us that it becomes a bad thing." This is so true! Technology in itself does not automatically make us stressed out. It's all about how we manage the technology that we use, and our thoughts about the technology.

Among people in their early 20s, those who use their cell phones and computers a lot (defined by criteria such as receiving and answering at least 11 phone calls or text messages per day) are more likely to struggle with depression and problems sleeping, especially if they see technology as being stressful in the first place (Thomee, S., et al., BMC Public Health, January, 2011, @ www.biomedcentral.com/bmcpublichealth). Plus, the stress levels don't decrease just by turning off or putting your smartphone or tablet away.

Face it, technology is everywhere. You cannot hide from it. So, how can you cope with technology in a way that will keep your stress levels low?

Stop checking your work e-mail after work hours (or while at home). Did you know that 83% of all respondents to an Osterman Research Survey (which consisted of 213 workers, half of whom were in the Instructional Technology sector) said that they checked their e-mail after work hours.

A Gallup poll done in May, 2014, conducted on 4,475 adult U.S. workers, found that almost 50 per-

cent of workers who frequently use work e-mail outside of normal working hours, reported feeling stressed "a lot of the day," as compared with around a third of those who don't check work e-mail after-hours www.huffingtonpost.com/2014/05/09.

Get moving. Go for a walk, a hike, sit by the ocean or out on your patio. What do you hear, see, and smell? Learn what it's like to experience the Great Outdoors without an Instagram feed. Leave your technology at home. Enough said!

Explore an undiscovered area without a map app. Sometimes we discover great "finds" by not being focused on getting to a specific location. When is the last time that you went for a stroll? Be flexible and allow time for roaming, and I don't mean "roaming" in reference to your smartphone!

Take an art class. Or take any type of class that requires you to use your creative side.

Participate in the National Day of Unplugging which is scheduled for March 6-7, 2015 (www.national-dayofunplugging.com/). But, don't wait until 2015 to unplug for 24 hours or longer. Take an "e-mail vacation," or a "texting vacation" to reduce stress. Try it out over a long weekend and make sure to let everyone know you won't be available.

Go on a silent retreat. That is, give yourself a silent retreat by putting your phone on silent! And, yes, you could go on a silent retreat. There are many ways to create more quiet time in your life.

Plan ahead to check text messages, etc. in bulk at specific times of the day. We have all been there: refreshing our e-mail inbox every few seconds or checking to see if someone has texted use in the last few minutes. Why do you think that you have to respond to every text immediately? This just adds more stress. Pick specific times each day to check and reply to your messages.

Spread the word that you are changing your technology habits. Inform your friends and family that you are changing your technology practices. Then they won't inundate you with consecutive texts, etc. asking why you have not replied to their messages.

Try the "phone-stacking" game. When you are out with a group of friends, have everyone put his or her smartphone in the center of the table, one on top of the other, and no one's allowed to touch the pile. The first person to reach for their phone has to pay the whole bill!

Read a book (one that you physically have to hold and turn the actual pages). Relearn the experience of the smell of a book, the feel of holding a book, and being able to write notes in the margins!

Have a phone-free party/dinner/gathering. Just leave your smartphone at home or in the car. That way, during a conversation you will be making a conscious effort to pay attention to what the other person is saying, instead of half-listening and half-scrolling through Twitter. You will then genuinely get something out of that interaction.

Make it impossible to connect to your technology, especially when



The more technology tries to make our lives simpler, the less time we have to enjoy the simpler things in life – like reading a paper, or playing with a pet.

driving! Put your smartphone on the back seat, or in your purse/glove compartment. Or, just don't take your smartphone with you everywhere you go. That way, you can be more in the present moment. Practice mindfulness!

People watch (gets your head up!). Since technology does have its benefits, I would recommend that you watch the following video, Look Up. Written, performed and directed by Gary Turk, it is an important life lesson for our "online" youth: WWW.blog.petflow.com/a-video-everyone-needs-to-see It is priceless!

Just say no.

Twitter feeds, Facebook walls, Instagram feeds, and constant e-mail

access can create the illusion that we can keep up with everything going on around us. But efforts to stay on top of world news as well as our family's schedule can be overwhelming. Instead try to accept that it's not possible to keep track of absolutely everything happening in the world. Figure out what is most important to you, and say "no" to everything else.

So let technology support your life, not ruin it!

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

Fit for life

A bigger waistline

Holly McGlaughlin Redding

Sure, bad eating habits and lack of exercise are the usual culprits involved in caus-

ing that number on the scale to go up, but another, less obvious cause of weight gain is not catching enough Zs. A study done in 2012 found that partic-

ipants who slept only 4 hours a night consumed 300 more calories per day versus participants who slept 9 hours per night. This adds up to a weight gain of 31 pounds a year. A more recent study from 2014 found that participants who slept only 4 hours a night consumed 600 more calories than participants who slept 8 hours a night.

Okay, so sleep deprivation has been shown to lead to weight gain, but let's get to the why of the matter. It has been shown in studies that people who sleep 4 hours or less a night consume foods higher in carbohydrates and fat. This is the brain's attempt to recharge itself since it didn't get adequate rest to recharge during a normal 7-9 hours of sleep. So, in an attempt to "wake up," the brain causes one to crave the higher carbohydrate, higher fat foods to get the fuel it needs for a full day.

Now let's talk about the hormones. Ghrelin is a hormone in the body that triggers one's appetite. Leptin is the hormone that signals that one is full. Sleep deprivation causes an increase in ghrelin and a decrease in leptin – the proverbial perfect hormonal weight-gain storm.

There are other side effects of sleep deprivation that may cause one to gain weight. It causes your perceived rate of exertion (how hard something feels) to go up. In other words, if you've had a good night's sleep, a 3-mile walk will feel fairly easy, but after only 4 hours of sleep, that same 3-mile walk will feel like torture. Sleep deprivation also slows reaction time and motor function. It reduces glucose metabolism, thus causing your blood sugar to increase. Lack of sleep increases your risk of illness. Who wants to exercise when they're sick? Finally, sleep deprivation increases our overall stress level and reduces our ability to cope with any level of stress. That's a whole new article...stress and weight gain, which involves, you guessed it, more hormones that cause weight gain!!!

So now we know yet another factor that can contribute to weight gain, but how do we go about eliminating this obstacle for weight loss? First, make sure that you create a good sleep environment. You should sleep in an area that mimics a cave – cool, dark and quiet. Second, establish a routine nightly that you do 20-30 minutes before bed. This

could involve light stretching, reading or listening to some relaxing music. Whatever you do, stay away from those glowing screens of your electronic gizmos 20-30 minutes before bedtime. Studies show that they stimulate parts of the brain that then make it difficult for one to fall and stay asleep. Try yoga, some kind of exercise that gets you sweating or meditation on a daily basis. These shouldn't be done 20-30 minutes before bed but early in your day. Finally, avoid caffeine after lunchtime if at all possible. Start catching those Zs, and you may find that number on the scale going down once again.

Holly McGlaughlin Redding has a Bachelor of Science Degree in Exercise in Sport Science and is the owner of Fitnessworks Personal Training Services, a personal training studio in Fairfield, PA. She does group personal training sessions, allowing her clientele to share session times and the price of a session, while each client does their own individualized program. Fitnessworks clientele is waiting for new peeps to join them in getting their sweat on. Call 717-253-6535 to schedule a free consultation.



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FITNESS AND HEALTH

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Linda Stultz
**Certified Fitness Trainer/
 Fitness Therapist**

Sunscreen should be a part of your everyday routine when getting ready for the day. Most moisturizers contain SPF but if you are going to be out for a while it is a good idea to use a sunscreen along with your regular moisturizer. Men usually don't use a daily moisturizing cream so it is important for them to get in the habit of putting on sunscreen before they start any outside activities or work. There is so much information out there today to help prevent skin problems but sometimes we don't utilize it. There are different SPF strengths and different types of sunscreen and it really pays to do a little research to find the one that is best for you. Having gone through some skin cancer surgery on my face I wish I would have taken all the warnings more seriously over the years. Please use my experience or that

of anyone you may know who has had any problems with sun related skin conditions to protect yourself before anything comes up for you. I see so many advertisements on the TV for sunscreens and, of course, theirs is always the best. One thing I question is the sunscreen staying on and at what strength after you have been in the water or after sweating a lot. I thought I read last year that the companies were to stop making that claim but I still see the advertisements this year. It would be great if these statements are true but that is where we need to do a little more research to verify and to find the sunscreen that will last and work the best for us. Another thing we tend to forget is to re-apply the sunscreen after a period of time. This time period depends on what we are doing, if we are in the water, sweating from working or exercising hard or if we are in the shade after a time. We get busy and the last thing that comes to mind is to put more sunscreen on.

We especially need to remember to reapply sunscreen to the kids. They are outside playing and time passes faster than we realize. Their skin is more delicate than adult skin and usually burns quicker. There are sunscreens out there for children that claim to have a higher level of protection. Getting a child in the habit of always using sunscreen is the best way to prevent future problems for them. I know when I was a child we did not hear about sunscreen and growing up I was in the sun a lot, like many of you, without any sun protection. Thanks to research we can protect our children for problems in the future if we train them now. Putting enough sunscreen on is also something many of us have a problem with. Read the label if it tells you how much to use or check with a doctor or dermatologist to use the proper amount. Using any amount is better than nothing but you may as well use enough to give you the best protection you can get. I always want you to exercise and in the summer is a great time to be working in the yard or going for a long walk to get a little extra exercise in if you can. Being outside usually makes



you feel better and is a great time to be with family and friends, just remember to protect yourself from the sun's harmful rays and

stay hydrated while getting the most of your exercise time. Enjoy the summer and remember to KEEP MOVING!

Fitness matters

Expert answers to your health questions

George Puvel
Anytime Fitness Owner

Question: My weeks are extremely busy and it's tough enough to find time to exercise. Now, I'm learning that I need to strength train in addition to my cardio. I don't always have time to do this separately. Is there a way to mix cardio into my strength training routine to maximize my exercise time?

Answer: The easiest way to mix cardio and strength is to alternate the two disciplines in short segments. Perform two strength exercises and immediately get on your favorite cardio machine for 3-5 minutes. You can also shorten up the time spent between your strength exercises and move quickly to the next exercise to keep your heart rate elevate. This will provide a cardio challenge without having to find additional time to jump on cardio equipment. Keep track of your current rest between sets and slowly begin to decrease the rest time to 30 seconds.

Question: I have heard that adding omegas to your diet is important. Can you please explain the difference between omega-3, omega-6, and omega-9 fatty acids and what foods they can be found in?


Answer: Omega-3, Alpha-Linolenic Acid, is an essential fatty acid that plays an important role in brain function. Omega-3 can be found in fatty fish like salmon and tuna, and is naturally found in Brazil nuts, pumpkin seeds, flax-

seeds or flaxseed oil. Omega-6, Linoleic Acid, is also an essential fatty acid and can be found in seeds, nuts and green leafy vegetables like broccoli and kale. Omega-9, Monounsaturated Oleic and Stearic Acid, is a non-essential fat-

ty acid. This fatty acid plays a role in supporting a healthy and balanced cholesterol level as well as improving immune function. Omega-9 is found in avocados, macadamia nuts, pecans, almonds and olive oil.

About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at ThurmontMD@anytime-fitness.com.

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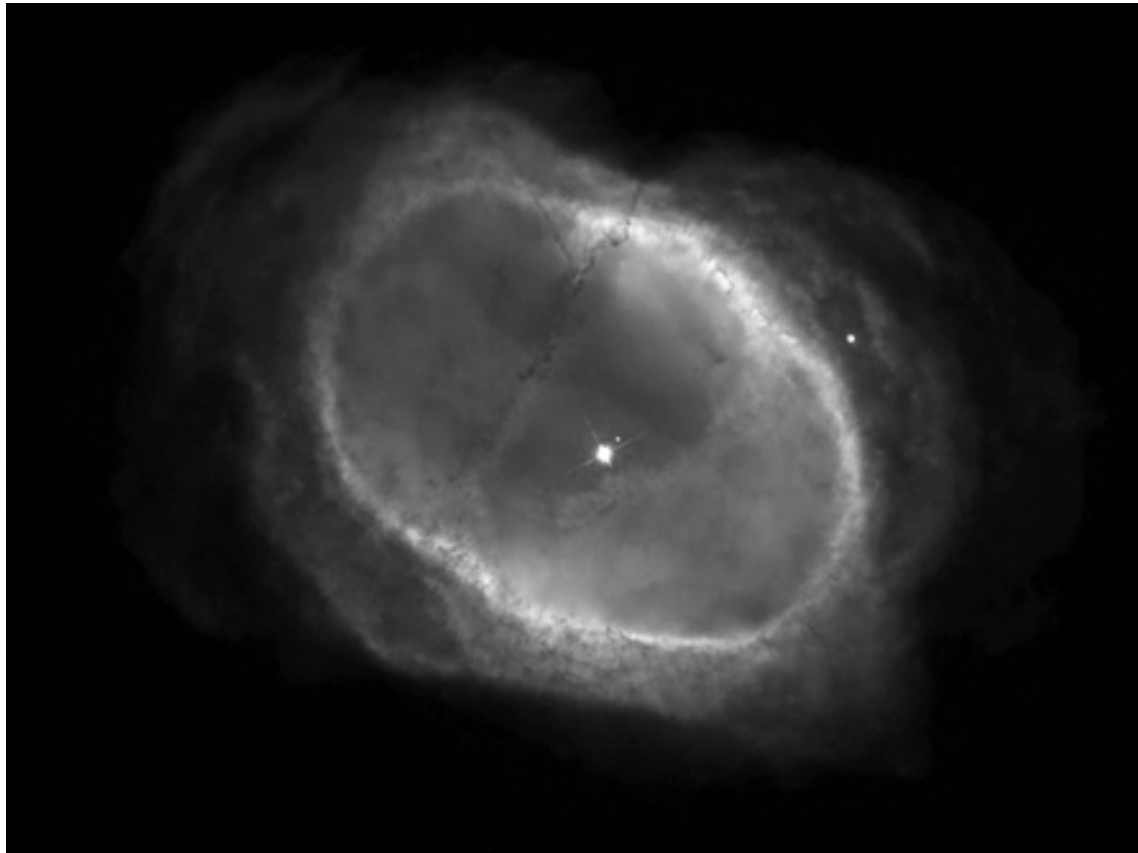
ASTRONOMY

The night sky of July

Professor Wayne Wooten

For July, the Moon will be first quarter on July 5th, and the waxing gibbous moon will pass just north of red Mars on July 6th, and then just south of Saturn on July 8th. The Full Moon, the Hay or Thunder Moon, is on July 12th. The last quarter moon rises about midnight on July 19th. The waning crescent moon passes 4.4 degrees south of Venus in the dawn sky on July 24th and 5 degrees south of Mercury the following morning. The moon is new on July 26th, and a waxing crescent just after sunset for the last few days of July.

Venus dominates the dawn, but is heading to the far side of the sun, and getting closer to the sun each day. Mars is moving rapidly eastward in the evening sky and overtakes Spica in Virgo on July 14th, passing just 1.3 degrees north of this very hot blue star. Note the color contrast of the rusty red planet and the blue star. Jupiter lies behind the Sun this month, but Saturn is well placed for evening viewing in Libra in the SE after sunset. The rings are open up to 20 degrees, and a telescopic treat to be savored at our public gazes. It's large moon Titan is as big as the planet Mercury, and is visible in most any telescope. Three middle sized moons,



The Ring Nebula M-57 is a giant star shedding its outer layers. This photo shows the central white dwarf star left behind when the star went supernova.

Rhea, Tethys, and Dione, are all about half as big as our own moon, and visible in scopes six inches or larger in aperture.

Overhead, the Big Dipper rides high at sunset, but falls lower in NW each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our

latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west.

If you drop south from the bowl of the Big Dipper, Leo the Lion is in the SW. Note the Egyptian Sphinx is based on the shape of this Lion in the sky. Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Ed-

mund Halley.

Spike south to Spica, the hot blue star in Virgo, then curve to Corvus the Crow, a four sided grouping. North of Corvus, in the arms of Virgo, is where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years distant.

To the east, Hercules is well up, with the nice globular cluster M-13 marked on your sky map and visible in binocs. The brightest star of the northern hemisphere, Vega (from Carl Sagan's novel and movie, "Contact"), rises in the NE as twilight deepens. Twice as hot as our Sun, it appears blue-white, like most bright stars. At the opposite end of the parallelogram of Lyra is M-57, the Ring Nebula. This fine shot of a giant star shedding its outer lay-

ers shows the central white dwarf star left behind as well. This planetary nebula is visible in large binoculars and small telescopes.

Northeast of Lyra is Cygnus, the Swan, flying down the Milky Way. Its bright star Deneb, at the top of the "northern cross" is one of the luminaries of the Galaxy, about 50,000 times more luminous than our Sun and around 3,000 light years distant. Under dark skies, note the "Great Rift", a dark nebula in front of our solar system as we revolve around the core of the Milky Way in the Galactic Year of 250 million of our own years.

To the east, Altair is the third bright star of the summer triangle. It lies in Aquila the Eagle, and is much closer than Deneb; like Vega, it lies within about 25 light years of our Sun. Use your binocs to pick up many clusters in this rich region of our own Cygnus spiral arm rising now in the east.

To the south, Antares is well up at sunset in Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Latins) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Scorpius is the brightest constellation in the sky, with 13 stars brighter than the pole star Polaris! Note the fine naked eye clusters M-6 and M-7, just to the left of the Scorpion's tail.

Just a little east of the Scorpion's tail is the teapot shape of Sagittarius, which lies toward the center of the Milky Way. From a dark sky site, you can pick out the fine stellar nursery, M-8, the Lagoon Nebula, like a cloud of steam coming out of the teapot's spout. The fine globular cluster M-22 sits just NE of the star in the lid with binocs, and resolves well with any scope 4" aperture or larger.

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Farmers' Almanac

Mid-Atlantic Weather Watch: Fair and hot (1,2,3,4) with storms (5,6,7). Fair and hot again (8,9,10,11) with more storms (12,13,14,15,16) some severe (17,18,19). Very warm and humid (20,21,22,23,24,25,26); Atlantic hurricane, windy, severe storms (27,28,29) turning hot and humid (30,31).

Tornado Watch: The Town and Country Almanack sees some tornado activity in the Mid-Atlantic Region from July 14th through the 19th.

Full Moon: July's Full Moon, occurring on July 12th, has most often been referred to as Thunder Moon because of the increased number of thunderstorms, some quite severe, that typically plagued many regions during this month. However, depending upon the

particular tribe and region, it was also called Buck Moon due the rapid growth of antlers on young bucks during the month, Ripe Corn Moon because of the appearance of young corn on the stalks, or Hay Moon since hay tended to ripen as well.

Holidays: Plan something special for this year's Fourth of July celebration but keep safety in the plan. During all outdoor activities (whether extended or not), use the appropriate level of sunscreen (SPF 15 or higher) and apply frequently especially if swimming or perspiring. If a cookout is on the agenda, avoid any surprises by doing a quick inspection of the grill a few days before the big day. That will you some time to get to the hardware store for that part you need for a last-minute fix or repair. Be sure hoses are sound with no leaks, all

fuel couplings are tight, gauges are functioning, and that the burner jets are clear of any debris and fully operational. To avoid the possibility of a fire, clean all grill surfaces and remove any traces of grease from the last grilling before lighting. It will not only prevent a fire but will also improve the taste of the food you're grilling. Enjoy!

The Garden: During the coming dry weather, continue to keep the gardens and lawn adequately watered. Remember, a deep, thorough soaking once a week is more beneficial than a daily light sprinkling. Allow roses to rest in July and August. Do not fertilize, but continue spraying, and give them a light pruning in July to encourage new fall growth. Repot houseplants that have been kept outdoors if roots start to crowd their containers. If you have to divide plants, give them a chance to recover from the disruption to their root system by keeping them in the shade for at least a week.

COMPUTER Q&A

Create a system image

Bob Jester

You have your computer set up exactly the way you want it. Programs installed and registered, e-mail settings, printer and web cam installed and all your files and pictures neatly organized. Then disaster strikes. Your hard drive has failed and your data is unrecoverable. It will happen, make sure you are prepared!

Windows 7 and Windows 8 include the ability to create a system image that can be used to restore your computer's hard drives back to the exact state they were in when you created the backup. This backup is an exact replica of your drive including your personal data and Windows files. This allows you to setup your computer exactly as you want it and then restore it back to that state when it starts to exhibit problems or when you wish to start over. You can create a system image manually when you wish or you can schedule its creation by using the Windows 7 File Recovery program.

If you are using Windows 7, you need to click on the Start button and type Backup and then click on the Backup and Restore search result. This will open the Windows 7 File Recovery application.

In Windows 8, you need to go to the Start Screen and type Windows 7 file. When the search results appear click on the Settings category as shown below. Now click on the option labeled Windows 7 File Recovery and the Windows 7 File Recovery application will open.

To create a system image, click on the Create a system image option. This will open a Window where you can select the backup device you wish to use to store the System Image.

When selecting a backup location, you have the following options:
Hard disk

This option allows you to save your disk image to an extra hard drive installed on your computer, an external hard drive, or a USB drive. As disk images can be quite large, please make sure you use a large drive with plenty of available space to accommodate the image. This is the preferred method for storing your system image backups.

DVD

You can also use DVDs to save the backup image. This method, though, is quite time consuming and will require you to use many DVDs to store the image properly. Another important point to consider is that if you lose one of the DVDs or one becomes damaged, the entire system image is unusable. Therefore, it is not suggested that you use this option for backing up your system images.

Network Location

This option is only available to Windows 7 Pro, Windows 7 Enterprise, Windows 7 Ultimate, Windows 8 Pro, Windows 8 Business, and Windows 8 Enterprise editions. Using this option you can backup

your system images to a remote network share.

When you have selected the location where you wish to save the image, click on the Next button. If you have multiple drives or partitions on your computer, you will now be shown a screen where you can select which drive letters you would like to include in the image.

Note: You cannot backup the drive that you are saving the image to.

By default, the System and the System Reserved partitions will automatically be selected. You can then select any other partition that you wish to backup as well. When you are finished selecting the drives to backup, click on the Next button.

You will now be at the confirmation screen where you will be

asked if you are ready to start the backup.

You can now click on the Start backup to begin the backup process.

Please be patient while the image is created as it could take quite a long time depending on how much data needs to be backed up. When it is finished you will be prompted to create a system repair disk. It is recommended that you create the disk. You can also click on the No button and you will be presented with a screen stating that the backup is complete.

When disaster strikes boot to the rescue disk. Choose Repair my computer and then choose the Restore my computer from an image you created earlier. Follow the wizard prompts and in less than an hour your computer will be restored to the state it was in when you created the

image, programs and all.

If you are in need of PC computer repair or services please visit Jester's Computer Services located at 5135 Fairfield Road, Fairfield, PA. You can also reach Jester's Computer Services by phone at (717) 642-6611 or send an email to: customerser-

vice@jesterscomputers.com.

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UPCOMING EVENTS

June 28
Emmitsburg Community Day.

Seton Shrine's Back from the Dead: Soldiers & Angels Cemetery Walk in St. Joseph's Cemetery. Due to the nature of this event, it is recommended for children ages 14 and older. Guests should call to reserve tickets, and the tickets will be mailed or given out at the event. The first tour through the cemetery will begin at 7 p.m. and the event will run until 10 p.m. For more information call 301-447-8037 or

visit www.setonheritage.org.

June 29
Taneytown Community Patriotic Concert at Trinity Evangelical Lutheran Church. The Trinity sanctuary will be filled with the sounds of American patriotic music from "The Star-Spangled Banner" to "God Bless America," the songs that celebrate our country and our heritage will sound from "Sea to shining Sea" as our singers and instrumentalists inspire us to get in the spirit to celebrate our nation's upcom-

ing birthday! The concert is open to the public and admission is free. 38 W. Baltimore Street, Taneytown. For more information call 410-756-6626 or 717-359-4784.

June 30 – July 6
Harney Carnival – The best community carnival in the area! If you've never been there, then make this the first year! You'll not regret it.

July 1, 2 & 3
151st Anniversary of the Battle of Gettysburg. A series of special Na-

tional Park Service Ranger conducted Battle Walks and real-time programs that follow the course of the battle over 3 days. Gettysburg National Military Park Museum and Visitor Center, 1195 Baltimore Pike, Gettysburg. For more information call 717-339-2148 or visit www.gettysburgfoundation.org.

July 4, 5, & 6
151st Gettysburg Anniversary Civil War Battle Reenactment. See add on page 22 for schedule of events or visit www.gettysburgreenactment.com.

July 4
Fireworks Downtown Gettysburg.

July 5
Hollabaugh Bros first annual Community Day. Guests can enjoy lunch raising funds to attend the National Youth Gathering in Detroit, 2015, pet some adorable friends up for adoption and support a building renovation project at the SPCA, purchase jewelry that supports families who lose infants from neonatal or stillborn loss, and learn how they can support a brand new initiative in the community designed to provide food for children on weekends during the school year who normally go without. For more information call 717-677-8412 or visit www.hollabaughbros.com

July 6
Seton Shrine's Songs from the Camps Civil War Picnic Concert. The distinctive down-home sounds of banjos, fiddles, tambourines and mandolins, which entertained soldiers on the battlefield camps, will fill the air as two Civil War era bands perform a free picnic concert. The concert will feature the Hancock String Band and the Susquehanna Travelers Band, both acclaimed for playing authentic Civil War era music. Guests are invited to bring lawn chairs, blankets, and picnic food to enjoy. For more information call 301-447-8037 or visit www.setonheritage.org.

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CARNIVAL!

June 30th Thru July 6th

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Rides • Pay One Price Every Night
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Mon.-Thurs. 6:30 to 10:30 pm ~ Fri. & Sat. 6:30 to 11:00 pm

Free Nightly Entertainment 7:30 to 10:30 pm

Monday - HAVANNA EXPRESS (Bluegrass)
Tuesday - HALF SERIOUS (Rock)
Wednesday - BORDERLINE (Country)
Thursday - BIG WHEELY & THE WHITE WALLS ('50s & '60s)
Friday - THE RIVER'S BEND (Classic Country)
Saturday - ROLL THE DICE (Variety)

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& From Hanover Take Rt. 194 South To Taneytown.





UPCOMING EVENTS

July 9, 16, 23 & 30
Summer Classic Movies at the Majestic. For more information visit www.gettysburgmajestic.org.

July 12 & 13
Civil War Encampment, Sponsored by the County Div. of Parks & Rec. Living history encampments, demos., artillery, sutlers, children's hands-on activities, manor tours. Rose Hill Manor Park, 1611 North Market St., Frederick. For more information call 301-600-1650 or visit www.rosehillmuseum.com.

July 19
15th Annual Adams County Irish Festival. Family fun for all with Irish music all day long, dancers, food, Irish gift vendors and more in a shady outdoor park setting. Moose Park, 100 Moose Road, Gettysburg. Bring lawn chairs or blankets! The festival benefits local hunger-relief charities. For more information visit www.adamscountyirishfestival.com.

July 19 & 20
5th Annual Gettysburg National 19th Century Base Ball Festival. Come see baseball the way it was played in its formative years with 19th century baseball clubs from all over the country converging on Gettysburg to show how baseball was played throughout the 19th century from 1839 to 1899. Schroeder Farm, 965 Pumping Station Road, Gettysburg. For more information call 410-967-7482 or visit www.gettysburgbaseballfestival.com.

July 20
St. Mary's Church's all you can eat pancake breakfast. 256 Tract Road, Fairfield. For more information call 717-642-8815.

July 23
Adams County Master Gardener's Summer Garden Chat. Learn about the plants in their gardens. There is no fee for this event! Come enjoy our gardens and get ideas for your own garden! Ag Center, 670 Old Harrisburg Road, Gettysburg. For more information call 717-334-6271.

July 27
11th Annual Old-Fashioned Corn-Fest at the Historic Round Barn and Farm Market. Enjoy Corn Roasted in the husk over an apple-wood fire, BBQ Chicken, Pulled Pork, Peach Sundaes, Apple Dumplings, as well as free games and activities for children will be available. Great food and entertainment for the entire

family! 298 Cashtown Road, Biglerville. For more information call 717-334-1984 or visit www.RoundBarn-Gettysburg.com.

July 28 & 29
Delta Aquarids meteor shower.

July 29
Mt. Tabor Church of Rocky

Ridge festival at Mt. Tabor Park, home of the Big Slide. Come enjoy good home-cooked food: Soup, Sandwiches, Iced Tea, Ice Cream & Peaches. Also enjoy games including bingo. Come join us in Christian Fellowship - surely there will be a delightful and good time for everyone of all ages.

WANTED REGISTERED NURSE
A registered nurse is needed 4.5 weeks between October & November 2014 to provide daily health care for students attending Montgomery County Public Schools Residential Outdoor Environmental Educational Program at Summit Lake Conference Center in Emmitsburg
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MOUNT ST. MARY'S UNIVERSITY

CLASSES FORMING FOR NEW HUMAN SERVICES PROGRAM

The Mount's Frederick Campus is enrolling adult students in its new Bachelor of Science in Human Services. The undergraduate degree is designed to give students the skills, knowledge, cultural competence and confidence they need to work with various populations — from the elderly to those needing alcohol and drug counseling.

"I wanted a university that felt like family and provided me academic excellence, with the tools needed for my career. That's how I found Mount St. Mary's," said Melanie Patterson, the first student accepted into the program, which begins in August.

Projections from the Census Bureau and the Bureau of Labor Statistics indicate that job growth in human service fields is expected to be much greater than in many other sectors over the next 10 years. The Mount program is distinct and multidisciplinary, drawing from the expertise and disciplines of sociology, psychology, education, business and theology.



"Graduates of the program will be well equipped to work in the human and social services fields, as well as enter into graduate programs in the helping professions."

— Timothy Wolfe, Ph.D.
director of the human services program.

The program also combines cutting-edge coursework with practical hands-on experience so students have both the theoretical and practical knowledge and skills they need to be effective advocates and counselors for the clientele they work with.

"Graduates of the program will be well equipped to work in the human and social services fields, as well as enter into graduate programs in the helping professions," said Timothy Wolfe, Ph.D., director of the human services program.

The program will begin with two optional tracks of specialization: aging and addictions counseling.

For more information about the program, visit www.msmary.edu/humanservices or attend our Instant Admissions Event, August 5 at the Frederick Campus (5350 Spectrum Drive, Frederick, Maryland 21703). 📍

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