

Emmitsburg NEWS-JOURNAL

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Clock soon to adorn Town Square

Almost 88 years after the old fountain that once graced the center of the Town Square was removed, Emmitsburg will soon have another icon that will herald a return to elegance in the Square.

Thanks to a generous donation from Mount St. Mary's University, a four-faced clock will soon adorn one of the corners in the Town Square. Manufactured by the East Bay Clock Company of Gulf Breeze, Florida, the one thousand-pound clock is made of cast aluminum alloy and sports a historic look with gold-colored trim. Standing almost 16-feet tall, it will easily be seen by both pedestrians and drivers.

Dr. Thomas H. Powell, President of Mount St. Mary's University, said he had been looking for a way to commemorate the long and wonderful relationship between the town and the university. The opportunity was seized upon when Emmitsburg began to explore the redesign of the Town Square in early 2013.

The clock has the town seal on its face and a plaque that reads: "This clock was donated to the Town of Emmitsburg by Mount St. Mary's University - Faith • Discovery • Leadership • Community - 2014."

The clock is completely computerized and will reset itself after a power

outage and automatically adjust for Daylight Savings time changes.

Mayor Don Briggs said, "The clock is exquisite. It is a wonderful gift from Mount St. Mary's University for which we are very thankful. As an element of the revitalization of the Square, it will serve the community well for many generations as well as serve as a further reminder of our bond with the university."

The clock is a forerunner of what residents of Emmitsburg can expect as the Town Square is reshaped over the coming years. Plans to revitalize the Emmitsburg Town Square have been well received overall by area businesses and town residents.

The town's Board of Commissioners voted unanimously almost two years ago to approve a contract that could lead to improving the appearance of the Town Square. Mayor Briggs stated that the implementation of the proposed redesign will cost between \$800,000 and \$1 million, and that additional money going toward façade and property improvements means that the Town Square and other private properties in proximity could total up to a \$1.4 million facelift to the general area.

The current Square redesign includes "generously sized, curved corners," which will feature plant-



Thanks to the generosity of Mt. St. Mary's University, the Emmitsburg Town Square will soon be home to a 16-foot, four-faced, gilded antique street clock.

er benches and other attributes. The location of the original fountain in the Town Square will be demarcated with a circle in the middle of the intersection.

It still has not been determined when the clock will be put up in the Square or the actual corner on which the clock will stand. In the meantime, the clock is wrapped up safely and is in storage.

In what may be called an histori-

cal irony, just as the manufacturer of the old fountain in the Square also made the fountain that still stands on 7th street in Frederick (which led to the misconception that the old fountain had been moved to Frederick), the manufacturer of the new Town Square clock also made the clock that stands at Carroll Creek in Frederick. One can only wonder if someday the residents of Frederick will claim their clock was moved to Emmitsburg!

Home builders set to show skills

The Builders Association of Adams County (BAAC) is preparing for its 25th annual home show. The show will open with an increased floor plan, providing plenty of room for exhibitors from across the region. There will be a wide variety of contractors and services including area builders, remodeling and home repair services, landscaping, a/c and heating, electronics, certified green specialists, and many other helpful services. Admission is \$4 for ages 17 and up; 16 and under are free.

"It's an opportunity for local industry businesses to display and share their expertise, and, to display their new products and techniques," said former president and BAAC board member, Ross Brownley. The two-day event will be held at the All Stars Sports Complex, 2638 Emmitsburg Road on Friday, February 20 from 4-8pm and Saturday, February 21 from 10am-6pm.

The show will also feature a student design competition. Determined by attendees' votes will be the \$100 "People's Choice" award of the show's Student Design Contest, featuring architectural plans. The main prizes will result from judg-

ing. Awards of \$500 for first, \$300 for second, and \$200 for third are being provided by ACNB bank. Students from all of the county's school districts are eligible to enter.

The Builders Association of Adams County is a non-profit organization dedicated to promoting the building trades and education in the local community. To that end they have dedicated their efforts toward the students in the seven county school districts. BAAC president Jeff Zigler said, "I feel the building industry trades are an important part of our kids' future, and I'm proud that we can be a part of the supporting efforts here in Adams County." Since the year of their first home show in 1980, all proceeds from the show go toward Student Activities.

Monies set aside in a Trust Fund are administrated by Adams County National Bank. They are loaned out interest-free, to students seeking higher education in a building related field. Since the Student Loan Program started, over 100 students have used the funds. Some have gone to trade schools, some to four year colleges. All have pursued building related fields.

The BAAC also began a Stu-



Pictured are the winners of the 2014 Adams County Builders Association Student Award. Each of the seven high schools within Adams County is allowed to nominate a student to be recognized for his or her outstanding vocational skills.

dent Scholarship Program. This program gives a \$2,000 scholarship to one graduating senior from each of the seven county schools. The student must apply and attend a certified trade school studying carpentry, plumbing, electrical, HVAC, masonry, or drafting. "The foundation of

our organization is our annual Home Show, it establishes a baseline for the remainder of the year," said Zigler. Applications for both programs are available through the schools and from the Builders Association of Adams County at 717-337-5144 or visit www.adamscountybuilders.com

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NEWS

Town construction updates

Dollar General

The Dollar General Store construction is currently in the site work phase. This work is being performed by George & Sons out of Pennsylvania.

Work was put on temporary hold when a long abandoned and forgotten gas tank was discovered while tearing up the foundations from the old building, which required an evaluation by the Maryland Department of the Environment before work could resume. The property had both Phase I and Phase II environmental assessments done, which showed no contamination, indicating the tank was not leaking. Mayor Briggs said, "We commend the builder for taking the extra precaution to get MDE involved immediately."

The delay caused by the environmental assessment will set the project back about two weeks. Mayor Briggs said the community is "eagerly awaiting the store opening. Work is steadily progressing, with site work projected by the builder to be completed by March."

Flat Run Bridge

Construction to replace the bridge on Baltimore Street (East Main Street) over Flat Run is tentatively scheduled to start in the summer of 2015, according to the Maryland State Highway Administration (SHA).

The plans presently call for the replacement of the bridge, which will also entail shifting the bridge slightly from its present location. Charlie Gischler, spokesman for the SHA, said, "The bridge will be shifted slightly—five feet—to the south." This will move the bridge away from the Jubilee property to enable a sidewalk to be added to the north side of the bridge. A sidewalk will also be added to the south side of the bridge.

Mayor Briggs said, "We asked the State to schedule a preconstruction meeting with us to discuss when construction will commence and how it will affect the general day to day operation of the town. As soon as we know something we will inform the residents."

Since only one lane of the bridge will be available during the

construction, current plans call for a traffic light to be placed at the bridge to control the flow of traffic.

Frederick Street (South Seton Ave.)

Construction has been underway on the east side of South Seton Avenue in front of the Seton Shrine to install a new ten-inch water main for FEMA.

Currently, FEMA connects to the Emmitsburg water system through an aging water main from the Daughters of Charity's connection to the town's water system. FEMA's new line will completely bypass the Daughters of Charity's water system and allow FEMA to connect directly to the town's water system. The construction of the new line required removal of the existing sidewalk, which will be replaced when the extension is finished.

Once the town receives a drawing of the constructed water line, along with a final chemical report and the required easement documents from FEMA, the project will be considered complete and the water service will be turned on.

Main Street façade

Improvement progressing

As of July 16, 2012, an area encompassing the historic district plus extensions on Baltimore Street (E. Main), Frederick Street (So. Seton Ave.), and Frailey Road was designated as a "Sustainable Community" by the Maryland Department of Housing and Community Development.

Being approved as a Sustainable Community will allow Emmitsburg to partner with the state and other entities to pursue grants and other funding sources to help finance proposed projects related to the state revitalization goals.

A sub-program under Sustainable Communities is "Communi-


ty Legacy." According to the state's Department of Housing and Community Development, Community Legacy "provides local governments and community development organizations with funding for essential projects" and is aimed at "strengthening communities through activities such as business retention and attraction, encouraging homeownership and commercial revitalization."

Emmitsburg was approved on January 15, 2013 for façade improvement and building restoration. This program provided a \$50,000 matching grant. According to the terms of the grant, a property owner of an approved

project would have to pay for the improvements upfront, and then submit the costs to the town. The town would then forward the costs to the state, which would then reimburse half of the expense.

In fiscal year 2013, \$50,000 in grant money was provided by Community Legacy. This was used toward five projects: 1-3, 122 & 315 East Main St., and 12 & 320 West Main St., which are complete or mostly complete.

In fiscal year 2014, an additional \$50,000 in grant money was provided. This was used towards eight projects: 22, 110, 216, and 218 East Main St, 221 and 307 Waynesboro Road (West Main St.), 800 Frailey Road, and 105 Gettysburg St. (North Seton Ave). These projects will need to



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Incarnation welcomes new pastor



The Rev. Chris Spruill has been called to serve as the new pastor at Incarnation United Church of Christ beginning January 1. In his words, "I am thrilled to be back in the pulpit regularly after a brief break and back as a regular pastor after serving in an interim capacity for the past several years." He has lived in the Frederick area for a little more than ten years and was the Associate Pastor of Grace Unit-

ed Church of Christ in downtown Frederick from 2004 until 2010.

Serving as Incarnation's pastor is only one of the hats Rev. Chris will be wearing. He works full-time for an accounting firm in Frederick and is a Town Commissioner in Woodsboro, where he lives with his wife and their brood of pets. He also teaches classes at Hagerstown Community College one night a week so he stays busy. Their daughter is a third-year student at James Madison University in Harrisonburg, VA and maintains an apartment there for most of the year.

Rev. Spruill has served in various capacities in his ministry career and has volunteered as a youth worker for the Catoctin Association as well as having served on the Association Council. He said, "I love preach-

ing, but I also love the chance to meet with members of the congregation one-on-one. I look

forward to our time together as we meet the challenges of being church in the twenty-first century together." He will be working on a part-time basis with Incarnation and is making himself

available to meet with members of the congregation and meeting the Emmitsburg community. The Emmitsburg community and Incarnation UCC give you a hearty welcome, Rev. Spruill.

wait for good weather, as they primarily involve painting, masonry work, and window replacement. The town recently received another \$50,000 grant for fiscal year 2015. The next opportunity for eligible property owners to apply for use of grant money will be announced in spring of 2015.

Mayor Don Briggs feels this program has been very important for our town. He said, "This program has been so well received. It is a necessary complement to the State Highway Administration improvements to the Town Square revitalization. Our goal was to acquire at least \$250,000 in grant funds for the property

owners in the part of historic area that carries the brunt of the traffic. \$250,000 in funded grants translates into \$500,000 of property improvements. With 2013 and 2014 grants funds already allocated, \$200,000 in improvements are already or soon to be done. That's exciting. This is what a town needs to do. Thank you to our staff."

As a result of the grants, the exterior of seventeen downtown buildings have been refabricated or are in the process of being improved. The old town hall on W. Main Street is the latest to benefit from the grants. Thanks to the grants, it now sports a new coat of paint, windows, and door.

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Iron Springs Plaza coming to fruition

Hamiltonban Township has received a conditional highway occupancy permit from Pennsylvania Department of Transportation for the Iron Springs Plaza project. The Township had originally approved the \$2.5 million project in 2013 but ran into a snag last year after the state denied grant funding that would have been used on state highways for traffic realignment improvements at the Route 116 and Iron Springs Road intersection.

The new conditional permit hinges on the state receiving a re-

corded storm water agreement between the Township and the Fairfield Cemetery. Last year, the township received a \$700,000 grant from Pennsylvania DOT to help with costs related to the conditional highway occupancy permit. Some of the costs include permitting, road realignment and traffic signals.

Realtor and developer David Sites, of Sites-Bittinger LP, Gettysburg, is slated to construct the Iron Springs Plaza shopping center on a 17-acre tract located at the intersection of Iron Springs and Fair-

field (Route 116) roads. "After numerous years, we are at the finish line of the highway occupancy permit, we could start re-aligning the roads at the Town Center Entrance very soon." Sites is still seeking additional grant funding around \$1 million for the project.

Township Supervisor Bob Gordon said "this is a very important project to Southwest Adams County, it will help our economy and could bring about 100 extra jobs to the area."

In other news, the township has passed its 2015 budget plan. In

order to avoid raising taxes, the township board stated that tough decisions have been made to secure a solid fiscal foundation. The municipal tax rate was last raised in 2005 (over nine years ago) as part of the 2006 Budget. Township Supervisor Bob Gordon says "it is the township's mission to evade a tax increase for as long as possible and to live within our means." The approved 2015 budget continues with the tax millage rate of 1.2359 mills on each dollar of assessed value on property to cover operations.

The 2015 total projected General Fund revenue which equals expenses is \$629,966. This includes a one-time increase in normal income and expense totaling \$62,500. The increase is due to the receipt of the RACP Grant retainer of \$12,500 for the maintenance building at 4020 Bullfrog Road. Additionally, one of the larger projects to commence in 2015 is the repair of the bridge on Moritz Road. The township board said Roadmaster Harbaugh had inspected the bridge in 2013 and found it to be in dire need of repair. \$50,000 has been budgeted for this project. The repair of this bridge will be a joint venture with Franklin Township.

Liberty Mountain construction update

Liberty Mountain's multi-year Master Resort Plan is really beginning to take shape! In the last year there have been numerous upgrades and additions being made throughout the resort. There is a brand new entry way leading up to the resort. Sanders Road has been repositioned and reshaped to accommodate better traffic flow for guests and residents in and around the resort. The existing Plaza circle will now be for pedestrian traffic only.

The change to the Plaza area was designed so guests could gather and interact during ceremonies and other live

events. Removing bus, car and truck traffic was the key to providing an overall safer environment. This summer, another dramatic change in the pedestrian Plaza area will take place - a multi season village center will be completed. An ice skating rink and other amenities will be added for the winter months. Equally exciting, it will provide a new wedding ceremony venue and special event area for music or other performances.

The new Highland Lodge is currently being framed and flooring put in. Marketing Director, Anne Weimer

said "it's very impressive how much progress is being made since we began construction of Phase 1, every day there is something new to see." The grand new lodge is expected to be completed in July of this year. The lodge will have two new restaurants, a grand ballroom with a large outdoor terrace overlooking the golf course, and 17 new hotel rooms and suites. Additionally, it will feature an indoor pool, hot tub area with separate saunas, and a salon and spa. The new building will have exposed wood and stone architecture that will set the tone for future

renovation as part of the resort's Master Plan.

Four of the on-course bridges have been replaced crossing Tom's Creek, as well as new landscaping. All of this work follows last year's improvements that included a 1.2 million dollar state-of-the-art irrigation system. The resort is committed to the restoration of the Carroll Valley Golf Course and returning it to one of the premier courses in the region.

Liberty's newest acquisition is the stone manor house, Fairway Springs, located on the right of Sanders Road

when approaching the main resort. Built in 1840, this historic home will be graciously renovated to become an intimate wedding and banquet venue.

On the slopes, Liberty has reshaped large portions of the First Class slope. Over 26,000 cubic yards of fill has been added to the upper section of the First Class Area Quad. The additional space will allow instructors more room for classes, and allow more space for people just getting started. "We're so pleased with the many new things that our guests and local community can enjoy, it's exciting to be a part of it all," said Weimer. For more information contact www.libertymountainresort.com.

Taxpayers finally get a break, but at what cost?

For the first time in almost ten years, the Fairfield Area School Board passed a no tax increase balanced budget with \$1,000,000 in surplus. However, balancing a budget and providing taxpayers with a much-needed break has not come without its costs.

The current majority of the school board responsible for the balanced budget was elected last year by a majority of residents on a platform of fiscal responsibility. Promising to hold the line on spending, bringing accountability, and being responsible for how the taxpayer's hard earned money is being spent by the school district.

But in meeting those very commitments they were elected on, the school board has come under intense fire and malicious scrutiny from some that would have liked

to keep things just as they were.

Historically, the district has been spending more, while at the same time school enrollment numbers have been declining. This led in part, to the decision in April and June of 2012 to cut four full-time, teaching positions and several support-staff employees. Then Superintendent Bill Chain said "The board did not want to cut programs to students, but I'll also say that the board did not want to release people or reduce people."

"We will have dropped 257 students over the past ten years, or a decrease of about 23 percent. The costs to teach fewer of our kids has risen over 18 percent just in the past 7 years," board president Chuck Hatter said, pointing-out that the average pay for a Fairfield teacher is over \$40 an hour, and

there are 84 teachers on staff.

And future student projections point to even further decreases. Board member Bruce Lefebber reported that the enrollment for 2014 was 1,050 students, and by 2020, the student body has been projected to drop by more than 13% to around 908.

Hatter believes that by right-sizing spending priorities, the current school board was able to avoid a tax increase while producing a budget that provides for the students while addressing some long-term fiscal issues such as eliminating an inefficient and costly cafeteria operation and addressing a \$200,000 deficit in the teachers' retirement fund. In addition, the current budget funds some long overdue major capital improvements including a much-

needed repair on one of the district roofs.

The Board's spending priorities has pitted advocates who believe there should be more money spent on education, even if that means raising taxes, against those, whom after 10 years of tax increases, say they've had enough, and are tapped out as incomes fail to rise, yet cost-of-living expenses and other taxes continue to increase.

Consequently, a contentious, and at times pejorative environment has been created between the elected school board, who serve at the pleasure of the voters, and its detractors, stifling any attempt at constructive dialog. Inflammatory letters and negative social media commentary has further polarized the environment.

For those confused, or unsure

who to believe, least you think that since the school year is now well advanced and it might be safe to come out for under cover, line up for more fireworks! In the upcoming May primary, both the pro-spending and anti-tax forces will do battle once more for the future of the Fairfield School District. . . but then again maybe you may have an option for the middle ground.

Editor's note: As we have done in prior elections, we will offer candidates of both sides of the school board debate the opportunity to share their visions with you in this paper. Last year the residents of Adams County had to suffer through all the articles on the Frederick County election. Now it's time for Adams County candidates to get unfettered and unfiltered access to the voters.



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NEWS



2015 Taneytown Fire Company Officers: Front Row (L- R): Donald Shoemaker-1st Vice Pres., Kyle Dedmon-President of Juniors, Ralph Staub-Fire Police, Gordon Brauning-Chaplin/Fire Police, Tom Hogg-2nd Vice Pres./EMS Lt., Jim Haines-President, David Newman-Fire Captain. Back Row (L-R): Mark Devilbiss-EMS Sgt., Craig Austin-Chief, Steve Aberts-Fire Sgt., Randy Tracey-Asst. Treas., Phil Petry-EMS Captain, Daniel Haines-Sec./EMS Lt., Charlie Parrish-Financial Sec., Derek Parrish-EMS Sgt. Members not present - Dan Myers-Member at Large, Brett Six-Asst. Chief/Member at Large, Jay Trankley- Member at Large, Jim Parker-Treas., Craig Bare-Fire Lt., Matt Hall-Fire Sgt., Ricky Krebs-Fire Sgt., Shane Timberman-Fire Sgt., Cody Lust-Fire Sgt. The new officers were sworn in at the January 12th meeting. The Taneytown Fire Company award banquet will take place in March.

Abandoned car storage under review

At the January 6th Thurmont town meeting, the issue of outdoor car storage was brought to the Board of Commissioners' attention. Thurmont resident Joseph Keller spoke at the meeting about the issue, which he has been dealing with for the last nine years. Keller explained to commissioners that the extra parking spaces at the townhouses where he resides have basically become a dumping ground for previous residents to leave their old vehicles.

When Keller moved to his townhouse in East Hammaker nine years ago, there were two vehicles in front of his new home - one vehicle sitting

on just rims. Nine years later, not only do those two vehicles still remain, but they have been joined by three other abandoned vehicles, most of the abandoned cars have expired tags.

Keller expressed concerns that not only are the cars taking up space, but that they are also safety hazards. One of the cars that has been there for nine years is beginning to deteriorate and the rusty jagged edges can easily cut an inquisitive child.

Keller said he has been working to resolve the issue for five years now, but with no success. He enlisted the help of the Thurmont police to look into the development's original bylaws for

car storage at the townhouses. Unfortunately, said Keller, the owners of one of the vehicles that has been there the longest no longer live in the townhouses, they have a relative living there and pay the mortgage, which means they can still leave the car on the property.

Thurmont Police Chief George Eyler told the commissioners that they had looked into the situation a few years back, but because the development is considered private property, the only thing they could do was to recommend that the car owners cover the vehicles. Eyler said the owners of the cars com-

plied with this request.

Since the development's planned homeowners association was never formally established, the bylaws for the development have never been enforced, leaving residents, such as Keller, faced with the task of getting community problems, such as abandoned car removal, corrected on their own.

Keller told the commissioners that he hoped that the town can find a way to reestablished the

original homeowners association's bylaws, or identify some other option that will help the residents of the townhouses clean up the area.

After reviewing the development's original bylaws and regulations, that was brought in by Keller, the commissioners zeroed in on one section that mentioned that even if it was private property, after ten years a course of action could be taken to remove abandoned cars. The mayor and commissioners agreed to speak with the town attorney and see what can be done.

Community park road closed

The road through the back end of the Thurmont Community Park was closed in January. The road is closed only to vehicles, not pedestrians on foot.

The decision to close the road came after the evaluation of the damage done to the park grounds after one or two vehicles went off road and caused terrain damage. The town discussed the decision to close the road with the Thurmont police. According to Jim Humerick, Lieutenant Droneburg suggested that it was in the town's best interest to close the road until spring. The town agreed and will reopen the road on April 1.

By closing the road to vehicles, the town is able to cut down on maintenance costs and vandalism. With that in mind, Humerick says he would recommend closing the park's back road for the winter season every year. This

idea is used by other community parks in the state and Humerick believes it will be a beneficial decision for the town. By closing down the road to vehicles, the town would then have ample time to tend to the repairs to the terrain that need attention. Continuing this plan every year will help avoid damage that could be done from vehicles during winter weather conditions.

As of right now there are no set plans to continue closing the road each year during the winter season. There is a plan to revisit the idea at a later date. Until then, the road is closed until April 1 of this year. Pedestrians will be able to park in the front parking lot of the park and travel to the back of the park on foot. Humerick wanted to make it clear that the amenities and the road in the park are all available to visitors on foot.

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100 years ago this month

February 1

Congregation Surprises Pastor

On Thursday evening the members of the congregation of the Reformed Church surprised their pastor, Rev. Higbee, at his home on West Main Street. Some 50 members, representing almost all the families of the congregation, made up the party. Other denominations of the town were also represented.

It was in part a donation party and a most generous one. Flour, potatoes, sugar, coffee, canned goods of all descriptions, salt, dried corn, eggs, apples, corn meal, chickens, need and even milk tickets in the greatest abundance, made up the bulk of the gifts. Some of the ladies served coffee and ice cream, and some of the gentlemen cigars. Mr. and Mrs. Higbee, altogether surprised, were somewhat embarrassed both by the profusion of the gifts and the generosity shown them.

Fire Near Thurmont

The fire destroyed the tenant stable on the farm of Mr. Carl Gall, above Thurmont, Thursday night. The loss is estimated at \$500. An Indian motorcycle, belonging to Calvin Fogle, tenant on the farm, was burned in fire.

Celebrates Golden Wedding

Mass was offered in St. Joseph's Catholic Church on Monday morning to honor the 50th wedding anniversary of Mr. and Mrs. Conrad Saffer, of Green Street, and to "Thank God" in the words of Mrs. Saffer, for "his blessings and also for his crosses."

The 50-year-old bride and groom, of whom the weight of time has rested lightly, marched up the aisle to the strains of the wedding march. The couple has lived in Emmitsburg for 49 years and have been active members of the church. Twelve children have blessed the union, of which five are living. One son, Mr. John Saffer, of this place, was the only one able to be present. Despite the inclemency of the weather, many of their friends attended the mass and called during the day to offer their congratulations. Mr. and Mrs. Saffer wish to thank all who helped to make this day one long to be remembered.

February 12

No Full Moon This Month

Due to the fact that full moons follow one another at intervals of, approximately, 29 and a half days, and as January had the rare good fortunes to scheduled two full moons. One on the first and another on the 30th, poor little February will be deprived of what she should justly have. February, because it contains fewer days, is the only month that is ever slighted in this way.

The last time a February passed without a full moon-in America, at least, was 1847. 1885 Europe had no full moon during February, but the full moon was visible before midnight on the last day of the month in this country because of the five hours dif-

ference in time. Next month, March will have two full moons, but after that each month will only have one full Moon for some years.

Emmitsburgians Erect Wireless

Russell Sommers and Guy Baker, have installed a wireless telegraph apparatus that works perfectly. Messages can be sent from the instrument, which they constructed themselves, as far as the Virginia line, and messages from the government station at Arlington Virginia have been received over it.

Quiet Weddings

Two quiet weddings took place this week in town. On Monday morning at six o'clock, Miss Mary Elder became the bride of Mr. Bernard Ott. After the ceremony the bridal party was taken by automobile to the home of the groom where breakfast was served and later in the day a dinner at which only the immediate families were present. Mr. and Mrs. Ott will reside with the groom's parents near town.

On Wednesday morning, Miss Mary Beam and Mr. Robert Gillelan were quietly married at the home of the bride. Only the immediate families and a few friends were present. Following the congratulations refreshments, Mr. and Mrs. Gillelan left by automobile for Thurmont, where they took the train for Baltimore. Both Mr. and Mrs. Gillelan are popular young people of Emmitsburg. They will make their home in Emmitsburg.

It Is Settled Now

Gray-haired farmers and their wives journeyed for miles last Saturday to hear and to participate in a debate on the woman suffrage movement. The debate was held under the auspices of the Emmitsburg Grange, the members of which are made up of thoughtful farmers and their wives. The judges decided, correctly we must say, that "Women should not be allowed to vote as women do not have the mental faculties to understand the complex issues men are asked to address when they step into a polling booth."

Report of the Librarian

During the year 1914 there were added to the library 61 books, classified as; essays, one; history and biography, two; juveniles, seven; fiction, 51. Of these 52 were purchased and nine donated. Four books were discarded; one was lost and paid for, one loss and replace. There are now 790 books in the library. The average weekly circulation was 36. The number of annual borrowers was 42. The library was moved from its former quarters in Mr. Henry Stokes house to the store-room of Miss Fanny Eyster shop on Tuesday.

February 19

Former-Former Boozers Protest Lack of Full Moon

At their monthly meeting at the New Sagle's Hotel's saloon the Em-

mitsburg Former Former Boozers Association approved a motion to submit a letter of complaint to the American Astronomical Association for failing to schedule a full moon in February.

Boozers' President Dr. John Glass told the Chronicle reporter: "Most 'shine' made on the mountain is moved on full moon nights. The fact no one scheduled a full moon in February is outrageous."

According to Dr. Glass, "It's hard enough to move 'shine' in full moon light after you sufficiently verified its quality by taste testing, I can't imagine what it will be like to move it in the dark. The people in charge of scheduling full moons are just asking for hard working men to get hurt. One just has to look at how many of our members get hurt every night falling down on their way home from the bar to see what I mean."

Dr. Glass said "Not having a full moon is just plain un-American and said he would not be surprised if the Women's Prohibition Movement was behind the cancelling of the February Full Moon."

Another Organ Dedicated

The new \$1,200 pipe organ of the Union Church of Rocky Ridge was dedicated on Sunday. The church is used by the Lutheran and reformed congregations, their pastors being respectively: Rev. Royer and Rev. Heimer. The new organ is of the Molar make. Andrew Carnegie gave \$600 towards the cost and the remaining half was raised by the congregations. Esther Heimer, daughter of Rev. Heimer, played on the new organ for the combined congregations. Mrs. Heimer will give an organ recital in the church next Sunday.

Dr. Foreman to Become Postmaster

Last Thursday the state central committee met to chose a new postmaster for Emmitsburg. The vote resulted in three votes for Dr. Foreman and two for Mr. Frazzel. The committee then made the majority vote unanimous and the recommendation were mailed to Congressman Lewis. It is expected that the nomination will be sent to President Wilson before the end of the week.

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Ask the Local Manager

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Any wonder why men in 1915 were so set against women having the right to vote?

Thurmont Boy Missing

William Blickenstaff, of Thurmont, has not yet received any word from his son, Wilbur, who ran away last Thursday. Mr. Blickenstaff is not making any special effort to locate his son, feeling that he will come back when he gets tired of "trying life out in the world." The father did notify the Hagerstown police, but no word has been received from that city. There is a likelihood that the Blickenstaff boy is still in Washington County.

Fine Weather

Many people have taken advantage of the beautiful spring weather of the past week to build fences and do other repairs to their properties. Many automobiles from Frederick, Thurmont and other nearby towns passed through Emmitsburg on Sunday.

Improvements

Mr. Zimmerman is erecting, for the use of his motorcar Company, an office in the spare room adjoining the garage on Frederick Street. Electric lights have been installed in the residence of Mr. Robert Annan, the Craggy House, and the Emmitsburg public school. A new roof is being put on the Opera House.

Accidents

While cranking his new automobile Monday morning, Dr. Sefton fractured his right arm in two places. The fracture was set by Dr. Jamison. Rumor has it that Dr. Sefton has put the automobile up for sale and will return to making his house calls in his trusty horse and buggy.

February 26

Light from Private Electric Plant

Musselman Brothers, of Orrtanna, are planning to have the towns of Orrtanna, Fairfield and Cashtown illuminated with electric lights. Work will begin in a few weeks on installing the plant at Orrtanna. Already about 40 residents in Orrtanna have contracted to have their homes lighted with electricity from this plant and it is the intention of furnishing power for house lighting in the other two towns also.

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FROM THE DESK OF . . .

County Councilman Kirby Delauter

So far on the new county council we are just getting set up and organized for how this new form of government will work here in Frederick County. We've worked to appoint council members to boards and commissions. I have taken the roads board, the agriculture business committee among a few.

One appointment by County Executive Gardner that caught my attention was the hiring of a new staff position for a so-called "liaison" position to the board of education. This is a newly created position pays somewhere between \$41,000 - \$50,000 annually. My thought was, and still is, why hire someone for this position when during all previous administra-

tions a member of the county commissioners held that position? In our current situation with a new county council, we have two very intelligent and involved teachers on the council that could have easily taken that role at no added cost to the taxpayer. In my opinion, this is not a good start to showing fiscal responsibility of taxpayer dollars.

On with the business of the council. Recently we discussed an issue that was on the table from the last board of commissioners, which I was a member. This item is known as TDR's or "Transferrable Development Rights". This is a mechanism where farmers can have another tool in which to keep the family farm in-

tact without borrowing additional funds or selling off the majority of the farm in order to survive.

Let me show you a real life example of the basic premise of a TDR agreement. We had this example given to us at a recent council meeting. Farm "A" is in the Thurmont area in a rural setting with no other R-1 (residential) zoning close by. We had a young farmer that wished to purchase this 220-acre farm in order that he could do just that, farm it. This farm had 18 development rights recorded, which increased the value of this farm by several million dollars, which placed the farm value far out of the reach of the young farmer.

The owner of farm "A" has another

farm (farm "B") outside of Frederick that is adjacent to R-1 zoned land. He wants to "transfer the development rights from his farm "A" to his farm "B" where growth is more relevant. In doing this he will give up his right to develop farm "A" which will reduce the value of farm "A" by several million dollars and bring it into a range where the young farmer can afford the farm for farming purposes. The farm "B" then goes up in value and the swap of developable lots takes place, which is a straight "wash" even up trade. No more lots have been created - they have just been "transferred" to a more desirable location while allowing a young farmer to enter the industry for the sole purpose of the in-

tended use, farming.

We have in the past during my tenure as a county commissioner tried to give farmers more tools to make it viable to stay in farming and not have to sell the farm to survive. We lobbied the state for relaxed inheritance laws, we also made it easier for farms to sell their products on the farm such as marketing their eggs, milk, and even ice cream. We've made it easier to produce wineries and tasting rooms on the farm as well. All of this has been on the table from the farm/ag community it just took some common sense approaches to get it to become a reality. TDR's are no different, it's just another tool for a young farmer to remain just that. . . . a farmer, and it allows an opportunity for an older retiring farmer to move his assets and plan better for retirement without "giving up the farm".

County Council President Bud Otis

Well things look like they are beginning to pick for the Council. When the charter was approved it did not have any rules to suggest to us how the Council was to run. After five drafts we were able to approve the rules so now the rules are in place. This is going to make it easier on all of us as we now know what is expected of us and how the council is to conduct its business. One of the items that were approved is that as the President of the Council it is my responsibility to set the agendas for the Council meetings.

When I was Chairman of the Ethics Commission for the Coun-

ty I felt that some of the ethics rules need to be changed. County Executive Jan Gardner and I are working on setting up a citizen's commission to study how the ethics rules for the County can be improved to bring a clearer and better way of setting up the Ethics Commission in the future. If you would like to serve on the Citizens Commission contact Joyce Grossnickle at the Frederick County office and she will add you to the list to be considered for this important Commission.

The Council is beginning to fill out the staff that will be needed to assist in the work of the Council. With the County Budget coming

in March we are looking for a contract Budget officer to advise the Council on the budget that we will be receiving from the County Executive. We will be going through the budget line by line as it is your money we are spending.

We will be receiving less money from the State of Maryland according to the budget forecast provided by our new Governor Larry Hogan. We were already expecting a short fall of three million dollars and now with a short fall of an addition three million from the State of Maryland. We are looking for ways of trimming the Frederick County government as a

result of this short fall of six million dollars. This means that everyone is going to have to be ready to do the same with less. A tax increase is out of the question so we all have some hard work ahead.

I am reaching out to the various departments of the County to let them know that I care about them and the work they do for you and I. This past week I visited the Parks and Recreation Department and the Election Board. They are in the same complex so I was able to visit both departments. Wow, do we ever have a great staff running these departments. I had no idea how many programs the Parks

and Recreation Department put on and plan for us. Thousands of you avail yourself of our wonderful parks and recreational fields.

I also visit the Department of Aging and I was floor by how many meals on wheels we are providing to those in need in our County. I have asked for the figures on the service this department is providing to our County. I am planning on an article just on the service that we are giving to those in need in our county. The staff was wonderful and caring just like someone you would like visiting you in your home. As a county we will be judge in how we cared for those in need. I know you want us to pass the test and I am committed to seeing that we do as well.

Emmitsburg Mayor Don Briggs

The town and the Mount recently received letters of support from the Frederick County Transportation Service Advisory Council and County Executive Gardner for the proposed pedestrian/bike path connections. Things are on the move.

Town staff has confirmed with the TransIT Services of Frederick Coun-

ty that our service for the upcoming year will continue at the same level. In 2014 the shuttle logged 5,419 passenger trips. The projected use for 2015 is 5,300 passenger trips. The shuttle scheduled stops are at DePaul Street at 7:10 am and Jubilee at 7:15 am. In the evening stops at Depaul Street at 5:03 pm and at Jubilee at 5:07am (whoa

that is precise).

Once again we are receiving complaints about the misuse of the one way out of Brookfield Road on to Irishtown Road. Drivers are coming in off Irishtown Road onto Brookfield Drive the wrong way and posing a significant danger.

The town along with invited Congressional representative staff met with the designer of the advanced energy savings technology we have been studying. This technology is a significant breakthrough that will serve the town well as a complement to our LED street lighting and renewable solar energy project in reducing the cost of government.

In late January we will meet with State Highway Administration staff

with regard to Flat Run Bridge replacement schedule for this summer. In early February we will meet with State Highway Administration design team assigned to Square revitalization for an update session at their Baltimore office.

Last month I reported that I met with members of the Citizens Advisory and Parks Committees in Community Park to locate a future site for a dog park. Town committees are looking at the concept proposal. A town staff is visiting with other neighboring jurisdictions that have dog parks to gather information on their experiences in design and use. Things are moving along positively.

From the Sheriff's Department:

New "grandparent" and the "IRS" phone scams have been reported. In the "grandparent" scam, the caller claims to be a family who is in trouble with police and need money to pay attorney fees. The caller directs the victim to purchase high dollar reloadable debit cards that are then transferred over the phone to other types of accounts and credit cards. The "IRS" phone scams involve the caller claiming to work for the Internal Revenue Service. The caller claims that the victim owes money due to a mistake on a past tax return, which was discovered during a recent audit. The caller offers to help the victim avoid court or jail time by telling them how to go to a store to get an electronic voucher or cashier's check. The caller uses legal terminology and claims that the call is recorded, to make the call sound legitimate. Callers appear to be targeting elderly victims in this scam. According to the Federal Trade Commission website, the IRS makes contact about unpaid taxes by mail, not phone. Scammers may have rigged caller ID or email to make the contact look legitimate.

Congratulations to Boy Scout Troop 727. In November troop members on behalf of the Emmitsburg Food Bank went into the community and hung food donation request bags on doors of homes. Later that month homes were revisited and 1,165 food items were collected.

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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

County Executive Jan Gardener

As I write this column, we are six weeks into our new form of charter government. As Frederick County's first county executive, I am charged with making sure the transition to charter government happens smoothly and that county government provides efficient and effective services to its citizens.

I have appointed an 8-member transition team comprised of people with experience in government and in business. The transition team is charged with evaluating the organization and structure of county government as well as the county executive's office. The transition team is meeting with county division directors and other staff members to gather information, understand agency functions, and review their effectiveness. The transition team has met with county executives from other counties including former Howard County Executive Ken Ulman, former Montgomery County Executive Doug Duncan, and current Cecil County Executive Tari Moore. The charter requires the county executive to present an organizational plan for county government and the report from the transition team will inform the organizational plan. County Administrator Doug Browning and I are also doing our own internal review.

I have created Leadership Teams in four issue areas – education, jobs, human needs, and seniors – to identify goals, objectives, and desired outcomes in these issue areas which will then form the foundation of a four year plan for my administration. These teams consist of 12 to 15 issue experts and stakeholders who are brainstorming ideas and objectives. The Leadership Teams will hold public meetings in the month February to hear public input and gather additional ideas. The final report from the Leadership Teams will be publicly presented by the end of February. The members of the Leadership Teams are very jazzed about creating plans and priorities in education, job creation, aging, and human needs. I am grateful for their commitment to our community.

To ensure good communication and a functional relationship with the County Council, I meet with Council President Bud Otis and Council Vice-President M.C. Keegan-Ayer on a weekly basis. This allows an opportunity to discuss issues and to make sure the council has the information it needs to make decisions.

We are working hard to establish a new, positive tone in county government and to show our support and appreciation for county employees and the great work they do each and every day. Council President Otis

and I are touring county agencies and departments to meet with employees and thank them for all they do to make sure you, the citizens of Frederick County, receive exceptional public services. We want a positive and productive workplace.

My first legislative initiative is ethics reform. During the campaign, I heard a lot of concerns about county business being conducted outside the public view and outside the public interest. To restore trust in government, I am appointing an ethics taskforce to review our ethics ordinance, strengthen conflict of interest provisions, and make recommendations on the creation of an independent

ethics commission. Elected officials must be held to the highest standard of behavior and there will be discussion about adding provisions for a professional code of conduct for elected officials. Ethics reform is a top priority.

I have had the privilege to attend opening day of the legislative session in Annapolis and the inauguration of our new governor Larry Hogan. As Frederick County Executive, I was honored to attend a VIP reception, sit on the stage for the swearing in, and meet many well-known people including Archbishop Lori, New Jersey Governor Chris Christie, and incoming cabinet Secretaries. Legislative

initiatives in the state session will be focused on the budget. I am hopeful that Governor Hogan will live up to his campaign promise to restore highway user revenue which is our local share of the gas tax. Our local share of the gas tax, almost \$15 million, has been shifted to balance the state general fund budget. I also expect legislation on charter schools, expansion of casino night gambling for fraternal organizations, and changes to local liquor laws.

Initial challenges also include balancing the county budget. Unfortunately, I have inherited a budget deficit as a result of irresponsible spending from the outgoing administration. Ongo-

ing expenditures were approved from one-time sources of money including spending from reserve funds. I will address this structural deficit immediately and will focus spending on core services like education and public safety. I would make sure development pays its way and is no longer subsidized by the taxpayers. I will put our fiscal house back in order and will do so without raising taxes.

I am grateful to the citizens of Frederick County for putting their trust in me and giving me the opportunity to serve our community as Frederick County's first county executive. I pledge honest and open government, fiscal responsibility, and the delivery of efficient and effective services. Our best days are ahead.



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FROM THE DESK OF . . .

Carroll Valley Mayor Ron Harris

This is the month to remember loved ones. February 14th is Valentine's Day. It is a holiday that dates back to 496 AD when Pope Gelasis declared February 14th to be a holiday to commemorate St. Valentine. Who was Valentine? Valentine was a priest who performed marriages even though the Emperor at the time felt that his soldiers should not be married so they could focus on fighting and not worrying about their loved ones. Valentine was killed for not obeying the Emperor. Over time he was associated with the love of married couples. Hand-written expressions of affections were sent to love ones during this period of time, our first Valentine cards.

Today, take a moment out of your busy day and think about those who come into your life and have left their footprint on your heart. Cherish these individuals that have affected you. On February 14th, you have the opportunity to express the gratefulness and affection to those individuals and/or your special person. A couple of days later – February 17th, we are celebrating “Fat Tuesday”, which is the day before Ash Wednesday and the last day of Mardi Gras. It was

the custom of the German immigrants who settled in Pennsylvania to use up all the fat in their house prior to Lent by making the beignet. It is a square doughnut without a hole fried in fat. Wow! Hope you enjoy your fried cakes. What New Year's resolution am I breaking?

With its traditionally 80 percent accurate weather forecasts, the Old Farmer's Almanac predicts heavy snowfall for the northeast part of the country. At the time of this writing, we have seen very little snow. Maybe we will be part of the 20 percent and skip the snow. However, we know it is coming. Our Police Chief, Richard L. Hileman II, asks residents to help out with snow removal when it shows up. “Vehicles parked on or partially on the roadway slow snow removal and are dangerous to plow operators. Additionally, during a snow emergency, which includes most snow events, it is illegal to park on the road or in the right of way just off the road and can result in being ticketed and towed. Please do your part and keep our roads clear.

Winter can be hard on animals both domestic and wild. We want to help but we also have to be careful

on how we provide that help. For example, should we feed the deer population during winter? According to Pennsylvania Game Commission, the answer is “No”. It is believed that during winter, the deer move less and rest more as a way to conserve their energy and thereby safeguarding their fat reserves. Setting up a feeding area can lure deer away from their protected areas, using their fat reserves for little gain. If you have an animal friend such as a dog or cat, be sure to clean their legs, feet and stomachs after an ice and snow storm. Remember, the trails are treated with salt and chemicals. These items are ingested when the animals clean themselves. If you park your car outside, be sure to bang your car's hood to frighten any animals away before you start your car. During cold weather, some animals (cats, squirrels, etc.) climb under the hood to spend time next to the warm engine.

On January 7th, I had the pleasure to swear-in our new police officer, Jonathan P. Harvey. Officer Harvey is filling a Police Department vacancy because Officer Miller decided to leave to pursue a military career. Officer Harvey graduated from Bermudian School District in York Springs

and went on to obtain a Bachelor's Degree in Forensic Science from Alvernia University in Reading. He joined the Baltimore City Police Department in 2012 and attended their Police Academy. However, he was always looking to come back Pennsylvania. When a position opened up in Carroll Valley, he applied and after a rigorous Civil Service testing process he was offered the position. Chief Richard L. Hileman II said “he will make a great addition to the Department and serve our community with honor and distinction.” As a newly hired officer, he will serve a one year probationary term. Welcome aboard Officer Harvey.

At the January 13th Council meeting, Patrolman Nathan Groft was promoted from probationary police officer to regular, full-time officer. Also at the same meeting, the council voted unanimously to give the go ahead to Murray & Associates (architect) to move forward with the design and preparation of all the documentation (estimates, plans, etc.) necessary for the Greater Carroll Valley Community & Education Complex and the Redevelopment Assistance Capital Pro-

gram (RACP) Grant Application.

The Carroll Valley Borough July 4th Committee is organizing their 1st Annual fundraiser Daddy-Daughter Sweetheart Dance to be held on Friday, February 13th from 6 to 9:30 pm at the Fairfield Fire and EMS Banquet Hall. Ticket price is \$25 per couple and \$10 for each additional child. So whether your Valentine is a toddler or a teen, show her how special she is to you. Fathers, Uncles, Grandfathers or anyone with a special girl is invited to spend a semi-formal evening full of music, entertainment, dancing, yummy food and more! Proceeds raised will go to support the Carroll Valley July 4th event. For more information or to reserve your tickets, email cvj4events@gmail.com or call Jeni at 717-642-8800.

The Borough will be holding the following meetings in February: Planning Commission (Monday – Feb 2nd), Borough Council (Tuesday – Feb 10th), and the Parks/ Recreation Committee (Wednesday – Feb 25th). The Borough Office will be closed on Monday – Feb 16th for Presidents Day. If you have any questions, please do not hesitate to contact me by email at Mayor-RonHarris@comcast.net or by cell at 301-606-2021. Be careful driving on the trails. We need to slow down.

State Senator Richard Alloway

It is going to be a busy year for the state legislature, and I'm eager to get started as the newly appointed Senate Republican Caucus Secretary.

Pennsylvania starts 2015 with a new Democratic governor, Tom Wolf, and significant majorities in the House of Representatives and Senate. Both chambers launched legislative sessions Tuesday, Jan. 6.

My top priorities remain reforming our state pension system, property tax reform, eliminating onerous government regulations and reducing the size of the state legislature. This is work that remains unfinished from last year and I plan to make it a priority to see that we get

it done this session.

As I've stated countless times on this editorial page, the state's current pension plan is not sustainable. Passing a comprehensive pension reform package is an absolutely necessity. Our two state pension systems, the Public School Employee Retirement System (PSERS) and the State Employee Retirement System (SERS), are in great trouble.

Pennsylvania's two pension systems' debt has almost reached \$50 billion with that number expected to climb to around \$65 billion in the next five years if nothing is done.

By continuing to ignore the problem, we rack up millions of dollars of debt every day. This

problem will not go away on its own. We have to fix our pension system, period, or it's going to continue to escalate. There have been numerous proposals presented by various legislators, but so far, no solution has been agreed upon.

This problem is complex. The legislature in Harrisburg is tasked with finding both short and long-term solutions. The plan must not only deal with this massive financial burden that we currently face, but at the same time make the tough decision and do everything in our power to prevent the Commonwealth from finding itself in this position in the future.

I believe we have an obligation to

address this problem fairly and responsibly. Doing this will require my colleagues and I to be mindful of both the taxpayers who entrust us to make responsible fiscal decisions with public dollars and the state employees who have upheld their end of the bargain and for years paid into a system that is failing due to no fault of their own.

Another complex problem we continue to face is the rising cost of property taxes. I remain committed to exploring options that would alleviate this burden. Every day, I hear from senior citizens or families on fixed incomes who are struggling to afford escalating costs of property taxes.

We were close in 2014 to shifting toward other sources of revenue, but the details could not be finalized.

The question we face as policymakers is how to bring in the appropriate amount of revenue from other sources. This is a question that we'll continue to grapple with in the new legislative session.

Another significant area of legislative reform that I'd like to see addressed is shrinking the size of the legislature. We held Senate hearings on this proposal, but again, the bill stalled. The process is

complicated, but I believe it can be done. It's the right thing to do.

A constitutional amendment is necessary to change the size of the PA General Assembly. The house has 203 members and there are 50 senators. Clearly, the legislative body is larger than necessary, not to mention very expensive. This proposal, which would save millions of taxpayer dollars, would make our system more efficient while still providing adequate representation.

Lastly, ever since taking office in 2009, I've made it a priority to streamline expenses and make tough cuts wherever applicable. Pennsylvanians are making difficult decisions during unstable economic times, and many citizens throughout the Commonwealth live paycheck to paycheck.

As you can see, there are a number of priorities the legislature must address as we head into the new two-year legislative cycle. They won't be easy, but we're elected to make tough choices and move our Commonwealth forward.

For more information about Act 89 and how it helps Pennsylvanians, I encourage you to visit my website: www.senatoralloway.com



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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

County Commissioner Randy Phiel

As this Adams County Board of Commissioners enters our fourth year in office, we convened our 3rd State of the County Community Forum, in the Historic Courtroom, on Tuesday evening January 20. During these public presentations we review the past year and look ahead to 2015. This was our 14th in a series of commissioner's community forums since taking office, where we travel to all corners of Adams County addressing timely subjects and providing an opportunity for residents to be involved in county government. In addition to myself, Commissioners Jim Martin & Marty Qually, Planning Director Sherri Clayton, Department of Emergency Services Director John Eline, County Manager Albert Penksa and Human Resources Director Michele Miller also presented on a variety of topics.

As I walked into the event, I thought to myself what a difference 3 years makes! Three years ago Jim, Marty and I entered the same historic courtroom for our first public commissioners meeting. Looking back to 2010, when we threw our hats in the ring for Adams County Commissioner, it was a tumultuous time in government across the nation. Closer to home in 2010, various dynamics had caused a perfect storm and an unusually high level of frustration with Adams County government. Personally, after already having been in public service for 30 years in Federal Law Enforcement, the decision to run for Adams County Commissioner in 2010, especially with the existing dynamics at that time, was a decision I did not make quickly or take lightly. I am sure the same was true for my colleagues. It has been quite a journey from the time we announced in December 2010 until today - and one I must say I am quite proud.

One of the first things I couldn't have known was that I would join Dick Waybright, my former Sunday School Teacher from 55 years ago, as an Adams County Commissioner. If you know Dick Waybright this shouldn't surprise you. Dick was one of the first phone

calls I got when I announced. The phone rang about 7AM one morning and it was Dick telling me if I was going to run the county I needed to see just what went on at Mason Dixon Dairy. So before I even took office, I was touring the state of the art milking parlors and energy conversion facilities of Mason Dixon Dairy with Dick Waybright.

As newly elected bunch of rookies our first order of business in November/December of 2011, before even taking office, was to engage in a series of planning meetings to set goals and get to know one another so we could walk in the door and get right down to work. We did just that! Upon taking office, with the cooperation of the Courts, we moved the Commissioners Public Meetings into the Historic Courtroom. This not only restored decorum, order and dignity to unruly meetings; but gave our residents the opportunity to experience this iconic venue once every two weeks.

We were been very aware from the beginning that open communication and dialogue with our legislators not only made practical and political sense, but was an essential tool for obtaining resources for our residents. Those relationships were quick to pay off when a 3.25M RCAP grant for the Radio Project became the first of many such awards followed by grants for \$1,000,000, \$500,000 and \$450,000. This happened because your Commissioners and your Legislators understand that working together brings results for Adams County residents. We are extremely proud of the excellent working relationship and communication between our four Legis-

lators and this Board of Commissioners.

After analyzing operations by the end of the first year.....we have re-organized the Tax, Planning, Rural Resources and Mapping Departments to increase efficiency and enhance service. I am proud to say having had time for practical reflection these re-organizations have been very successful. We have hired six new Directors during our tenure in Children & Youth Service, IT, Veterans Affairs, Planning, Building Maintenance and an Assistant Solicitor. They all have proven to be outstanding selections.

We have been able to improve our Bond rating two times to Aa3 during our tenure. That is a huge deal for municipal governments. That has enabled us to receive favorable financing for the 911 Radio Project and to improve and amortize an undependable aging vehicle fleet that was costing too much for repairs. Just last month we passed a balanced budget, with no tax increase and a reasonable reserve that finally has some of the aforementioned and other issues behind us and paves the way for a solid future with sound fiscal management while still providing outstanding service to our residents!

Communications is always an essential and critical element to good results and we understood that before even taking office. Communications with both with staff, residents and the media was one of our primary goals. Our forums are covered by the newspapers and Community Media and thus reach thousands of Adams County residents. Every other week I put out a TGIF News-

letter to staff and community leaders. The newsletter is variety of courthouse updates, upcoming events, shout outs, policies and down home banter. It has gone a long way toward making staff and community feel they are connected and informed.

There are few things more important for Adams County Government than maintaining Life, Health & Safety for Adams County residents. With Well Spans announcement they would be dropping Advanced Life Support Medic Service this year, this Board, through the Adams County ALS/BLS Steering Committee has been facilitating that every Adams County resident receive professional and efficient EMS service. I have been privileged to Chair that committee and help promote dialogue between our providers, fire departments and municipalities.

On December 7, 2010 I could not have envisioned I would be selected Adams County Commissioner Chairman and also did not quite envision all the responsibilities that come with that title. It has been an honor for me to serve in that role and hopefully both the public, our staff and my colleagues would agree I have served professionally and effectively. For the past two years I have been selected by my 29 commissioner peers in Adams and 9 western counties to be their Region 3 County Commissioners Association of Pennsylvania Board of Directors representative. This is a personal honor to serve these 10

counties, but more importantly the position also allows me to better serve Adams County residents. I am also pleased to have been appointed to the Penn State Mount Alto Advisory Board. This is an institution that many Adams County young adults attend and where numerous residents are employed.

I could not have imagined or predicted that this Board of Commissioners, although having dramatically different personalities and backgrounds, would work together so well for the good of Adams County residents with such a sense of Respect, Civility, Communication, Vision, Common Sense and Leadership. You don't lead from behind - you lead by example. I think this Board has done that - and it is recognized and appreciated by our Adams County residents. Folks want to see results without all of the drama! I am extremely proud of this Board and what we have accomplished in three years. I would like to thank and acknowledge my colleagues Commissioners Martin & Qually, as well as our county staff, for their contributions and commitment to Adams County. I would like to express to the readers of the ENJ what a distinct badge of honor it is for me to serve this community and to use my experience and resources, and the experience and resources of this Board, to maintain and improve our quality of life in Adams County.

The entire 2015 Adams County State of the County Forum presentation can be viewed at Community Media Channel 12 cable or at communitymedia.net


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COMMENTARY

Words from Winterbilt

The meaning of President's Day

Shannon Bohrer

President's Day is a national holiday and is advertised as a very "Patriotic day." Automobile dealerships fly numerous American Flags, while promoting the "President's Day Sales." Retail business use red, white, and blue colors and often likenesses of former Presidents in their advertisements for President's Day sales. Of course all of the furniture and mattress dealers also have President's Day sales, but then furniture and mattresses are on sale all year. Maybe it would be nice if the patriotism that we are supposed to have on President's Day was related to the presidents and not the sales. Maybe, just maybe, in celebrating our President's Day we should reflect on the Presidents, what they contributed to our country, inspirational words and quotes, historical acts and significant events and leadership in times of crises. We can still have the sales, but we can also celebrate the Presidents.

I thought it would be nice to celebrate the day with a list of quotes from some of our Presidents. Instead of telling you who gave each quote, you get to guess who made it. Just for fun, I added a few from some Vice Presidents. Who gave the quote is listed at the end of this article.

1. "You can fool some of the people all the time, and those are the ones you want to concentrate on."
2. "Folks, I can tell you I've known eight presidents, three of them intimately."
3. "If you are for smaller government, then our candidate is for you. We are for better government and smaller government."
4. "I have often wanted to drown my troubles, but I can't get my wife to go swimming."
5. "I am not worried about the deficit. It is big enough to take care of itself."
6. "Character is like a tree and reputation like a shadow. The shadow is what we think of it; the tree is the real thing."
7. "I have made good judgments in the past. I have made good judgments in the future."
8. "That's the good thing about being president, I can do whatever I want."
9. "Only Americans can hurt America."
10. "America did not invent human rights. In a very real sense human rights invented America."

Of course the quotes are just a sliver of the person and sometimes with-

out context, the quote can be misleading. The volume of quotes that I found is enormous, interesting, and thought provoking. I would be very surprised if any of the above quotes would be in the news on President's Day, but I think some should be. There are so many that one could use them on a daily calendar.

Reflecting on quotes, George Washington said: "Captive British soldiers were to be treated with humanity, regardless of how a colonial soldier captured in battle might be treated," which is a historical quote that is part of our history and that became part of our culture. As a country, we did not believe in torcher, until recently. The issue was also recently revisited with the Senate report on enhanced interrogation techniques (E.I.T.'s). The report was not flattering to the process or the CIA. It basically told us that EIT's are torcher, and they did not work. According to recent surveys, at least half of the public seems to think the enhanced interrogations were appropriate in some circumstances. To me, the recent surveys are very depressing. For one thing we know that torcher, or EIT's if you like, do not work. The proponents of EIT's tell us it does work, but they can't tell us when, because it's a secret. Even if it did work, and it does not, what would we say if our soldiers were tortured in foreign countries? Wait, that has happened and that's why

we had the Geneva Convention, telling us that torcher is wrong. There is a reason why we had a Geneva Convention, which started in 1864, and that reason is still valid. The big question is that if we believe in torcher, what does it say about us? I wonder what George Washington would think of the EIT's.

If half the people think EIT's were needed, how many think that way because of the news and/or popular television shows. Just because you saw it in a television show or it is written in a newspaper, does not make it true. The following words appeared in a newspaper about a president's speech. See, I am sticking with the president theme: "*We pass over the silly remarks of the President. For the credit of the nation, we are willing that the veil of oblivion shall be dropped over them and that they shall be no more repeated or thought of.*" Those words were written by the Harrisburg's Patriot & Union Newspaper, reporting on President Lincoln's Gettysburg Address. I think they got it wrong, just my opinion. The commentary does tell us that even very popular presidents have had nasty things written and said about them when they are in office, and sometimes afterward. If you read what was said about President Lincoln when he was in office, without knowing who was being talked about, you would think him a terrible person.

Our current President has had not so good things written and said about him since he was elected. His recent announcement that we will soon be open-

ing relationships with Cuba seemed to polarize both sides of the issue - again. One statement that has been repeated is; how can we have relations and trade with a communist country? That would be horrific; someone should tell us about China, and several other communist countries that we currently trade with, so we can stop that. Another very popular statement is that we cannot normalize relations with Cuba, because of their human rights violations. I can only assume that the poor people talking about the human rights violations are unaware of the Senate investigative report on the Enhanced Interrogations. The Senate report cites cases where persons being detained died in custody, while in secret prisons and there was no evidence against them. When I was young, that same description described a communist country with gulags. We sold that communist country farm product to keep the people from starving.

I wonder what the historical lessons will be fifty years forward, what will our future Presidents say about our current times?

As you read the answers to the quotes, ask yourself if we could use some history lessons, especially with our current issues. Answers: 1. G W Bush, 2. Joseph Biden, 3. Bill Clinton, 4. Jimmy Carter, 5. Ronald Reagan 6. Abraham Lincoln, 7. Dan Quayle, 8. Barack Obama, 9. Dwight Eisenhower, 10. Jimmy Carter.

To read past editions of Words from Winterbilt visit the Authors section of Emmitsburg.net.

Common Cents

Perfect storm

Ralph Murphy

Faith-based destruction and intolerance are not unique to the 20 who died in France earlier this January. They were killed by Islamist zealots known as Wahhabis that have al-Qaeda-linkages and are part of a major movement rooted in historic animosities and conflict. Their dogma professes to worship God, but they would prefer to execute any Muslims who choose not to be converted to their faith.

Wahhabism is a religious interpretation of Islam formed in the late 18th century in the Nejd desert region of Saudi Arabia by preacher Muhammad Ibn Abd al-Wahhabi. It emphasized a pure form of Quran based on the "tawhid" or unity and uniqueness of God. The ideology was accepted and adopted by the ruling House of Saud, and the resultant marriage of governance and theology continues into the modern era.

Islam, as articulated in the Quran, has theological underpinnings very similar to other religions. For example a monotheist God, with salvation based on faith and divine oversight. It has an unbridled zeal to impose its faith on infidels or non believers which goes beyond race-based origins, legal standards of violence, or realistic implementation.

The Wahhabi movement was largely dormant or restricted to Sun-

ni regions of the Persian Gulf to include Saudi Arabia, Qatar, and the United Arab Emirates. Most Muslim factions are very strict as guided by Sharia law. That touches on virtually every aspect of life- secular and religious. It is draconian in application and allows for stoning, lashing, and even amputation-that specifically for theft.

A further complication is the Hadith system of social governance used within an Islamic economic system. This allows for non-scripture based "oral tradition" that can vary enormously with the edicts of regional religious leaders or Caliphs. The Quran allows for violence and even applauds polygamy though adherents are subject to stoning for adultery and apostasy. The internal and external conflicts are so thorough it's a wonder they haven't self destructed, but they are unified in glorifying God- often through force, and the Wahhabi movement manifests that desire.

With the Arab Oil Embargo of 1973, Saudi Arabia, as a founder and leader of the Organization of the Oil Export Producing Countries (OPEC), suddenly found itself enormously wealthy given the increased earnings and revenue from oil-based revenue. The Kingdom had previously been of international interest largely as "Custodian of the two Mosques" in Mecca and Medina. The two holiest sites in Islam.

Ironically, the revenue associated

with petroleum sales to the West was used to undermine its political and religious institutions through concerted, though relatively primitive violence and more effective information exchanges.

They penetrated the United Nations (UN) through a Muslim World League (MLW) founded in 1962 by the Saudi government to globalize Wahhabism. It has observer status at the UN and consultative status with the UN Economic and Social Council. It is a member of organs such as UNICEF (a children's emergency fund) and UNESCO where it is involved in scientific and cultural exchanges.

The Wahhabi movement became very active in Afghanistan following the Soviet invasion in 1979. Over 12,000 Saudis were said to have fought with the Afghan Muslims to include- ironically- Osama Bin Laden who was then supported by Western intelligence and helped create the Taliban movement. That religious and tribal grouping continues to be active in the region.

The Wahhabi movement helped oust the Soviets from Afghanistan. When Kabul fell to the Muslims on 5 February, 1989 and Moscow dropped communism shortly thereafter - the Wahhabis "basked in glory".

Programs to include oil revenue funded "schools, books, media, scholarships for students (primary to post graduate) fellowships, subsidies

to reward journalistic academies, and Islamic Center and Universities" became accepted in many parts of the world. Billions were spent on the effort during and just after the Afghan war.

It wasn't to last. When Iraq invaded Kuwait in 1990, the neighboring Saudi Kingdom had little indigenous defense and had to ask the Allied powers for help. It was provided during Operation Desert Storm, which resulted in a resounding military victory. However, this was considered a very costly victory to ideologues in the Muslim world who saw Riyadh as bowing to the "infidels" that was strictly banned by Islamic beliefs.

Bin Laden, a Wahhabi, left in disgust for Afghanistan and sought to counter the Western gains through violence - witness the tragic 9/11 result. Other groupings such as the Muslim Brotherhood now active in Qatar, and politically seditious in Egypt, looked elsewhere for inspiration and found it in the more radical Wahhabi elements such as Bin Laden or the Salafis. The Salafis were almost identical to the Wahhabis but were founded a bit later in the 19th century. They were more pan-Arab in orientation. German domestic intelligence described the Salafis as the primary movement for recruitment of social unrest as the group attempts to establish a Caliphate of Muslim-centered rule.

Salafis "sought to exercise and reverse Western modernity" in Muslim countries as well as source groupings. Described as a hybrid of Wahhabism it is demonstrated by a "literalist, strict, and puritanical approach to

Islam." Much the same in ideology, but largely untainted by any perceived alliance to Western values and systems. They remain primitive but faithful to the Quran barring change.

The Wahhabi movement is still controlled and funded by the Saudis who are among the top three world oil producers. Through the MWL they are represented in New York, Washington DC, and London, and have 36 satellite locations on 5 continents with 10 external centers in Europe and 10 in Africa and East Asia. They have the funding, institutionalization, and significant Western support, but do seem to have lost much prestige in the Muslim community, which has shifted to the cash strapped Salafis and other movements such as al-Qaeda and the Muslim Brotherhood.

The ideological orientation of the Wahhabis and affiliated Muslim groups inspires primitive urges but little economic productivity beyond resource extraction and textiles. Sometimes motivation and application is all it takes to affect a change, but the social result of the revolution can be erosive and destructive. Opportunists impose their own objectives over what often are constructive pursuits. They can be contained but it takes effort and the West has to rise to the challenge in both ideological coherence and physical defense. If not- the trauma of France's recent violence and widespread attacks worldwide will surely continue.

To read past editions of Common Cents visit the Authors section of Emmitsburg.net.

Pure OnSense

Taking the wrong stand

Scott Zuke

Like any major story, the terrorist attack against the French magazine, Charlie Hebdo, presented a challenge to the news media: how to contextualize the event and explain why and how it happened in a way that informs constructive public discussion. For predictable reasons, it failed.

The majority of time spent covering the attack and its aftermath was focused on analyzing the motive of the attackers. Virtually without exception, the media latched onto the easiest, most gratifying explanation: that this was an attack on freedom of speech and expression.

This gross oversimplification resulted in weeks of self-righteous soapboxing over principles of freedom that nobody in the Western world disagrees with. And really, we didn't even get the easy moral argument right. There was an outpouring of uncritical support for overtly racist magazine that intentionally sought to provoke religious outrage. Imagine if an attack like this had targeted the Westboro Baptist Church, the group led by Pastor Fred Phelps that famously picketed the funerals of slain U.S. soldiers and blamed natural disasters on homosexuality. We would still condemn the violence, but would anyone start an #IAmWestboro hashtag?

Rather than wasting time pontificating on the "clash of civilizations" or the importance of free speech, more

attention should have been paid to where the gunmen came from. As the manhunt in and around Paris unfolded, we learned that the gunmen had been trained by Al Qaeda in the Arabian Peninsula (AQAP). The terrorist organization, based inside Yemen, subsequently took credit for the attack. If true, this would signal a worrying capacity for AQAP to project its operations outside the region, threatening Europe as well as the U.S. homeland.

The Department of Homeland Security considers AQAP to be the Al Qaeda affiliate most likely to attempt attacks against the United States, and has already failed in three attempts to use concealed explosives on U.S. targets since 2009. One might expect then that AQAP would earn a significant portion of military expenditure in the ongoing War on Terror, but compared to the operations in Iraq and Afghanistan, it looks more like a side hobby. Whereas the War on Terror's price tag is measured in the trillions of dollars, Yemen has accounted for a paltry \$1.4 billion in economic and military assistance since 2009.

Commensurate with this smaller financial commitment, U.S. policy in Yemen is rarely discussed or debated the way that its "boots on the ground" missions are. There is also evidence that the emergence of ISIS in Iraq and Syria pulled attention away from operations in Yemen, the country perhaps best known as the testing

ground where the United States developed and greatly expanded its drone program.

Beyond the new ethical and legal issues posed by drones on the battlefield, there's a good reason that the Obama administration doesn't spend much time talking about the broader U.S. policy in Yemen: it's failing spectacularly, and there are no clear options now to turn things around. Meanwhile the news media spends little time discussing Yemen policy because it is complicated and the tribal dynamics are foreign to most Americans. It's simply not as "sexy" as even an empty debate over free speech.

There is, however, a compelling story to be told about Yemen. It is surely the least understood member of the countries affected by the 2011 Arab Spring. The former president, Ali Abdullah Saleh, was backed by the United States under the assumption that he could maintain stability. Saleh attempted to turn the military support into political advantage for his son, sparking protests and a fracturing of his party. He was eventually compelled to step down and turn over the country to a transitional caretaker government.

Yemen hosted a National Dialogue Conference that was hoped to set an example for democratic transitions elsewhere, but instead stalled and ended without reconciliation between groups jockeying for power. One of those groups, the Houthis, control large swaths of the country and took advantage of the disarray to launch an effective campaign gaining territory and tribal loyalty in the north.

Last September, they seized control of the capital city of Sanaa. Last



month, they surrounded the home of President Abdu Rabbu Mansour Hadi, who's main usefulness is to sign off whenever the United States wants to conduct a drone strike within Yemen's borders so that it's not a complete violation of its sovereignty. Instead of deposing Hadi on the spot, they made political demands that would have further eroded his powers. He and his cabinet chose to resign, leaving the country without even the illusion of a functioning government.

With its tribal conflicts and power struggles between political elites, Yemen's problems may look to be its own doing, but the fingerprints of the United States and the Gulf states are all over its current problems. The reason their meddling has been so harmful is that America and Saudi Arabia are only focused on their own security interests, not the broader interests of Yemen's 26 million citizens.

Yemen is one of the poorest and least developed countries in the world. According to a recent report from the World Food Program, ten million of those 26 million people could be categorized as severely food insecure or close to it. Like the other

Arab Spring states it struggles with unemployment, especially for the young men who are lured into extremist movements by the promise of adventure, a paycheck, and especially a sense of purpose. In the absence of real governance and with all attention going to either crisis management or the writing of a new constitution, there's no political body left that is capable of providing and regulating basic services.

In the end this becomes a familiar story in the ongoing discussion of U.S. foreign aid policy. Wouldn't a moderate investment in Yemen's economic development years ago have more than paid for itself when compared to the much larger cost of military intervention after the conditions have spiraled out of control?

What will it take for us to stand up and defend others' rights to have their basic human needs met with the same fervor that we assert our sacred right to insult their religious beliefs?

To read past editions of Pure OnSense visit the Authors section of Emmitsburg.net.

Creative Destruction

Deflation

Michael Hillman

I was pretty proud of myself the other day. With my gas gage hugging "E," I had passed gas station after gas station looking for the cheapest gas in the area. After years of forking over \$40 to fill my tank, I was looking forward to seeing how little it was going to cost me this time. I pulled into a station just as the price was dropped from \$2.15 to \$2.07. Paying with cash brought the price down to a cool \$1.99, and for the first time in 14 years, \$20 filled my tank up.

It was a dream come true—for me that is—but my willingness to hold off buying gas in hopes the price would drop further is a mindset that keeps central bankers of the world up at night. It's a nightmare they are fighting desperately to prevent from coming true. And that nightmare has a name: deflation.

Everyone is familiar with deflation's polar opposite: inflation. Under inflation, prices of goods and services rise, resulting in the value of money decreasing relative to those goods and services. As a result, consumers have an incentive to spend their money as soon as they can to beat the next price increase.

As long as the inflation rate is "tame," meaning 2-3%, inflation is innoxious, especially if the interest rate

on savings is equal to or above the inflation rate. In this environment, savers are rewarded as their money increases in value over time. The savings provide an ample supply of capital for businesses to expand, creating new jobs and new opportunities. The 2-3% inflation rate is the sweet spot all central bankers aim for—it's the mark of a stable economy.

In a low inflationary environment, consumers have an incentive to purchase high cost goods, like homes, because the value of the homes will increase over time while the cost of the mortgage will fall in value relative to one's ever-increasing paycheck.

It's only when inflation accelerates above the interest rate of savings that things start to take a nasty turn for the worse.

As inflation accelerates, there is less incentive to save, and even less incentive to lend or invest. Why save if your money is going to be worth less tomorrow? And why lend if the loan will be worth less when it is repaid? Unless checked, high inflationary environments can quickly turn into hyperinflation—such as that seen in Germany in the 1920s where wheelbarrows were used to carry around money, or today in Zimbabwe where prices double every week.

Fortunately, the world's central banks have decades of experience in

controlling inflation. The traditional and time-tested approach to bringing inflation under control is to simply increase interest rates to incentivize saving and reduce spending.

But deflation is a completely different story.

In a deflationary environment, cash truly is king. If prices do not rise to encourage people to buy, a proclivity not to consume kicks in for the consumer. Why would any sane person pay \$2 for a gallon of gas today when they can get it for \$1.75 next week?

It's a great environment if you are debt free, but if you're not, deflation, like inflation, is a double-edged sword. In the deflationary environment, everything but debt drops in value. While that gallon of gas may drop from \$2 to \$1.75, your credit card balance or mortgage payment stays the same.

As the price of energy drops, the cost of producing and transporting to market all goods, from food to appliances, will drop. Initially that will be good for the bottom line of the producers, but eventually one producer will drop their price to increase market share, forcing others to follow suit.

As the price producers of goods and services get for their products drops, so too does their ability to pay their employees. Eventually a breaking point comes where businesses will have to

reduce staffing or salaries. Either way, consumers, burdened with debt, will be faced with the dilemma of meeting their debt obligations in an environment of falling income.

Discretionary spending, like dining out and vacations will be the first things cut, but if deflation remains unchecked, harder choices will need to be made. Defaults and bankruptcies will rise, and with them, consumer spending, the engine that drives the economy, will grind to a halt.

Japan's experience with deflation saw a scary spiral in lower prices that resulted in more than a decade of lost growth. It's been twenty years since the deflationary cycle began in Japan, and the country has yet to break out of it. Just before the Japanese deflation cycle began, its stock market stood at 38,915. As deflation set in, it lost nearly all these gains, closing at 7,055 on March 10, 2009—81.9% below its peak twenty years earlier.

Unlike inflation, there is no playbook on how to get out of it once its taken hold, and that's the fear that keeps central bankers up at night. Ask any central banker how to escape deflation and they will all respond with the same answer—prevent it from occurring in the first place. The only way to do that is to penalize you for holding money.

The first steps in that direction have already been taken, where the yields on government bonds in Europe and Japan have dipped into negative territory. That means buyers of those

bonds are actually paying the countries to hold onto their money.

In addition, the Swiss National Bank recently lowered a key interest rate further into negative territory, from -0.25% to -0.75%. That's like a bank charging customers to hold onto their money there instead of paying them interest. The Swiss Central Bank is trying to get people to spend and invest more instead of putting their money in the bank, but savers are running scared, sending yields even lower. And so the cycle begins.

Switzerland isn't alone in going negative. The yield on short-term government bonds of Belgium, Denmark, France, Germany, Japan, and the Netherlands are all sub-zero. Even short duration U.S. bond rates are barely above zero.

With interest rates on saving accounts at .01%, American savers are getting an early taste of what deflation will do to their savings. If deflation does take hold, and interest rates turn negative, then the safest way to protect your money may be what your old crazy grandfather did back in the Great Depression—stick it under your mattress. But if it comes to that, you'll have worse things to worry about.

So enjoy the drop in gas prices while you can—just don't hope it drops so much that it's reflected in your next paycheck.

To read past editions of Creative Destruction visit the Authors section of Emmitsburg.net.

THE PASTOR'S DESK

The season of Lent

Pastor Matt Day
St. Paul's Lutheran Church
Harney, Md.

It is hard for me to believe that the Church will enter into the season of Lent come February 18 with Ash Wednesday. And for some, Lent will come and they will think nothing of it. We might give up chocolate or not eat meat on Fridays. Some of us might do harder disciplines such as fasting certain days. Others might commit themselves to reading the Bible more or maybe just reading in general.

Last year, I stopped watching Television for my Lenten disciple. Watching television is typically how I decompress at the end of a long day. So not having that outlet, forced me to find other ways to decompress. So I took to reading and researching questions that I had long wanted to know the answers, and to tell you the truth, it was one of the best things I have ever done.

When I was younger, my family did not eat meat on Fridays. Though as soon as I went off to

college, I rebelled a bit and would eat meat just because I could. I also gave up chips and come Easter morning, my mom would make sure I had a big bag of crab chips in my basket. When I got older though, I did not see the benefit of giving up chips because I would just fill my diet with some other snack food.

Last year when I took this discipline seriously to give up my nightly ritual of watching television and replaced it with a different activity, I bettered myself. I found it so beneficial that my wife and I are canceling our television subscription which means, more time for family and more money in our bank account.

There are many different disciplines that you can take on that will help deepen your spirituality and more importantly, deepen your connection with the crucified and risen Christ. That is why I encourage you to try something different this year. Keep in mind though, I do not want you to simply give up chocolate or coffee because these disciplines really will just make you cranky and

sleepy. How will giving up chocolate make you a better Christian or deepen your faith? Or will giving up coffee help you develop a stronger faith?

So, I have some suggestions for some other kinds of disciplines. Instead of trying to give something up, try to do something different with your time. Read a book, wake up in the morning and pray, read a chapter from the Bible a night, work at a soup kitchen, walk to work, walk once a night with your family, play a game with your family once a week, turn off your phone one day a week and spend that time with your family, volunteer to help around your church, do some manual labor or simply clean out the garage. These are a few ideas, but really all you need to do is look at your life and see the places that are lacking your presence. The possibilities are endless.

I also want to encourage you to participate in the additional services that many churches have during Lent. My parish has a Wednesday evening service as well as a meal. These services, while they are a great deal of work, really help ground us in our faith and help in preparing us for the Three Days.

And speaking of the Three Days (Maundy Thursday, Good Friday, and Easter), attend each of them. These are very important worship times in the Church for we will hear how Jesus won our salvation. These services remind us of our salvation and the story we so love to tell. Without the first two days, Easter makes no sense. So come and learn why we gather on Easter.

You many also want to try to give up a meal once a day and use the money for that meal to help the needy. I think the key to making this successful is donating what you would have spent on that meal to an organization because I skip meals all the time and I typically don't think much about it. But the moment I take that

money out of my wallet and put it into a box that I cannot touch, it gets real and it means something.

Since we are on the topic of food, try not to eat meat on Fridays or maybe Monday (Meatless-Monday). This is really not a discipline that I enjoy to do but for this to be successful, you really have to fail at it. For when we fail, we see just how hard it is to live a lifestyle where meat products are not dominant in our lives. We see how easy it is for us to just go to the grocery store to buy a pound of ground beef or pay 99 cents at a fast-food restaurant for a cheeseburger. There are people in the world where this luxury is not possible and when we start to examine how fortunate (or unfortunate) we are, then this discipline has changed us for the better.

Now I know this probably goes without saying, but a discipline that you might want to try is weekly attendance to church. Today, active participation in a church typically means coming once or twice a month. Twenty or thirty years ago, active participation meant weekly attendance. And I know there are so

many reasons for why this status has changed, but the bottom line is this - attendance at church is no longer a priority for many Christians, let alone non-church individuals. Just like failing at avoiding meat once a week is not necessarily bad, if you fail at this discipline, then you actually probably succeed in learning that maybe the church and/or your faith is not central for you. Do not worry. It's okay. But do not let this failure go silent. If you fail, talk to your Pastor or your spouse or your children. Seriously, pick up the phone and invite your Pastor over for a meal and talk to them about it so that you can figure out a new way to make church and your faith central in your life and the life of others once again. You can always look me up too!

My brothers and sisters, may you deepen your faith over. May you see that God has swallowed up death and know that the Resurrection that we will celebrate on Easter Sunday is not only about Jesus, but you as well. Death has no sting because Jesus lives and promises us life even in death.



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THE BOOK OF DAYS

Lady Sarah Lennox



Lady Sarah Lennox—born 14th February 1745—is an interesting figure of a subordinate class in modern English history. Her father, the second Duke of Richmond of his creation (grandson of King Charles II), had made, in early life, not exactly a romantic marriage, but a marriage which was followed by romantic circumstances. The bride was Lady Sarah Cadogan, daughter of Marlborough's favourite general.

Their union was a bargain to cancel a gambling debt between the parents, and the young Lord March was brought from college, the lady from the nursery, for the ceremony. The bride was amazed and silent, but the bridegroom exclaimed—"Surely you are not going to marry me to that dowdy?" Married he was, however, and his tutor instantly carried him off to the Continent ... Three years afterwards, Lord March returned from his travels an accomplished gentleman, but having such a disagreeable re-collection of his wife that he avoided home, and repaired on the first night of his arrival to the theatre. There he saw a lady of so fine an appearance that he asked who she was. "The reigning toast, the beautiful Lady March." He hastened to claim her, and they lived together so affectionately, that, one year after his decease in 1750, she died of grief.

Lady Sarah, one of the numerous children of this loving pair, grew up an extraordinary beauty. Of this we get some testimony from the great domestic chronicler of the last century,

The charms of this lovely creature had already made an impression on the heart of George III, then newly come to the throne at two and twenty. There seems no reason to doubt that the young monarch formed the design of raising his lovely cousin (for such she was) to the throne. The idea was of course eagerly embraced by her ladyship's relations, and particularly by her eldest sister's husband, Mr. Fox, who held the office of Paymaster of the Forces, and was anxious to strengthen the party to which he

belonged. Any such project was, on the other hand, calculated extremely to offend the King's mother, the Princess of Wales, who, for the support of her power over her son, was desirous that his future wife should be beholden to herself for her brilliant position.

Early in the winter 1760-1, the King took an opportunity of speaking to Lady Sarah's cousin, Lady Susan Strangeways, expressing a hope at the drawing-room, that her ladyship was not soon to leave town. She said she should. 'But,' said the King, 'you will return in summer for the coronation.' Lady Susan answered that she did not know—she hoped so. 'But,' said the King again, 'they talk of a wedding. There have been many proposals: but I think an English match would do better than a foreign one. Pray tell Lady Sarah Lennox I say so.' Here was a sufficiently broad hint to inflame the hopes of a family, and to raise the head of a blooming girl of sixteen to the fifth heavens.

It happened, however, that Lady Sarah had already allowed her heart to be pre-occupied, having formed a girlish attachment for the young Lord Newbottle, grandson of the Marquis of Lothian. She did not therefore enter into the views of her family with all the alacrity which they desired. According to a narrative of Mr. Grenville:

'She went the next drawing-room to St. James's, and stated to the King, in as few words as she could, the inconveniences and difficulties in which such a step would involve him. He said, that was his business: he would stand them all: his part was taken, he wished to hear hers was likewise.'

In this state it continued, whilst she, by advice of her friends, broke off with Lord Newbottle, very reluctantly on her part. She went into the country for a few days, and by a fall from her horse broke her leg. The absence which this occasioned gave time and opportunities for her ene-

mies to work; they instilled jealousy into the King's mind upon the subject of Lord Newbottle, telling him that Lady Sarah still continued her intercourse with him, and immediately the marriage with the Princess of Strelitz was set on foot: and, at Lady Sarah's return from the country, she found herself deprived of her crown and her lover Lord Newbottle, who complained as much of her as she did of the King.

While this was in agitation, Lady Sarah used to meet the King in his rides early in the morning, driving a little chaise with Lady Susan Strangeways: and once it is said that, wanting to speak to him, she went dressed like a servant-maid, and stood amongst the crowd in the Guard-room, to say a few words to him as he passed by.'

Lady Sarah would sometimes ap-

pear as a haymaker in the park at Holland House, in order to attract the attention of the King as he rode past but the opportunity was lost. The habit of obedience to his mother's will carried the day, and he allowed an emissary to go on a mission to obtain a bride for him in the Protestant courts of Germany.

It is believed that lady Sarah was allowed to have hopes till the very day when the young sovereign announced to his council that he had resolved on wedding the Princess Charlotte of Mecklenburg. She felt ill-used, and her friends were all greatly displeased. With the King she remained an object of virtuous admiration,—perhaps also of pity. He wished to soften the disappointment by endeavouring to get her established in a high position near his wife: but the impropriety of such a course was obvious, and it was not persisted in.

Lady Sarah, however, was asked by the King to take a place among the

ten unmarried daughters of dukes and earls who held up the train of his queen at the coronation: and this office, which we cannot help thinking in the circumstances derogatory, she consented to perform. It is said that, in the sober, duty-compelled mind of the sovereign, there always was a softness towards the object of his youthful attachment.

Lady Sarah Lennox in 1764 made a marriage which proved that ambition was not a ruling principle in her nature, her husband being 'a clergyman's son.' The marriage however was dissolved by an Act of Parliament in 1776, and she subsequently married Major-General George Napier. In 1826, Her ladyship died at the age of eighty-two, believed to be the last surviving great granddaughter of Charles II.

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THE (retired) ECOLOGIST

If you're a cowbird, old habits die hard

Bill Meredith

"Black and white buffalo pass in and out of red barns...."

—Aldo Leopold, A Sand County Almanac, 1949

I looked out of the kitchen window one morning last month and was not surprised to see that half of the yard was white. That was not unexpected; after all, it was January, and snow had been forecast. However, I was surprised to see that the rest of the yard was black, and seemed to be moving, like the raisins used to do when my grandmother poured them into a pan of boiling rice on her old coal stove. It was confusing, but after a moment rational thought took over, and I realized that if I would blink my eyes a few times and get fully awake, normality might return. I tried it, and the raisins turned into cowbirds. I had not seen any of them since last summer, but here they were... hordes of them under the feeder and in the adjacent trees.

It takes a while to absorb something like that when you've just got up. The first explanation that came to mind was that Alfred Hitchcock was alive and well and living in Emmitsburg; but old habits soon took over. Ecologists always start counting things when suddenly confronted with the unforeseen, so I began calculating. I picked several areas of about a square yard and counted the cowbirds in each of them; they averaged about 11 or 12 birds each. Estimating that the area I could see through the window was about five yards on a side, that would make it 25 square yards. I didn't have pencil and paper handy, so I rounded the observed 11 or 12 down to 10, which I could multiply in my head, and added 100

more to account for ones in the trees and the fudging of the numbers. That gave me a minimum estimate of 350 birds. Looking at the entire mob of them, that didn't seem unreasonable.

Watching the swarming mass seemed to make my mind dizzy, and it wandered off into the past. When the first European settlers arrived in this area, about 300 years ago, there were no cowbirds to be seen. This region was forested back then, and cowbirds are adapted to grasslands, not forests. They originated in the prairies of the Midwest, where their ancestors made a living by following herds of ancestral buffalo from time immemorial, even before the last Ice Age.

In those days the buffalo numbered in the millions, and like the wildebeests in Africa, they were constantly on the move; if they had stayed in one place, they would have eaten every sprout of green vegetation within reach. Their migration pattern took them northwest from Texas and Oklahoma to the edge of the mountains, then to Wyoming, the Dakotas, and then southward again. Cowbirds travelled with the herds, and they too were in numbers beyond imagination; each tribe of Plains Indians had a name for them in its language which translated to "buffalo bird" in English.

In spring and summer they ate insects, which were flushed up from the grass by buffalo; in winter, they ate seeds which they picked up from the ground or from buffalo dung. Because they had to move with their food source, they could not build nests and raise fledglings like other birds, so they evolved the habit that ecologists call nest parasitism; they laid their eggs in the nests of other birds.



The cowbird is the name of a songbird's lover. In order for the birds to remain mobile and stay with the herd, they have adapted by laying their eggs in other birds' nests. Once they hatch, the larger cowbird babies push the songbird babies out of their nest.

Of course the coming of European settlers changed all that. In the east, forests were cut down and converted to farms, with fields of hay and various grains; so in an ecological sense, the eastern forests became interspersed with grasslands. In the west, the open prairie was fenced off, plowed, and planted, mainly with wheat. The great herds of buffalo were virtually wiped out in the 19th Century by hunting for their skins and meat, by farmers protecting their crops and fences, and by "sport shooting" by passengers on the railroads. Aldo Leopold, one of the most eloquent of the conservationists who succeeded Teddy Roosevelt, was old enough to remember the last of the buffalo herds, and he described the changing ecosystem of the prairies as populated by "black and white buffalo which moved in and out of red barns" instead of following the ancient migration route.

The cowbirds adapted. They still wandered about in flocks, but they patronized herds of cattle in the summer, and in winter they shifted from buffalo chips to cow pies. And many of them drifted eastward to the newly created "prairies" where the forests once had been. Here, they continued the old habits of traveling in flocks, feeding on insects in summer and seeds in winter; and they continued to practice nest parasit-

ism, which we all learned about in school. They merge into larger flocks in the fall, and usually stay out in the countryside, where they wander from one dairy farm, feedlot, or grain field to the next.

Living in a flock is safer for them; there are more eyes to spot predators, so the individual birds can give more of their attention to finding seeds to eat. If one bird detects danger, there is no vocal signal; it simply takes wing, and the whole flock instantly follows. If a really big storm occurs, the flocks will move further south, but after a light snow they simply expand their search for new spots in the local area, often ending up in towns where they can find both food and shelter. When they find a place like my yard, and see other small birds around a feeder, they descend on it like the plague.

Watching them from a window where they are only a few feet away gives you a different view than the one you get from walking in a field. I noticed that they required less "personal space" than other birds; they were often only an inch or two apart, yet they made no attempt to peck each other like starlings or sparrows do. Flocking behavior apparently requires tolerance. I also noticed that while most of them were vigorous and well-groomed, there were a significant number that were less active and showed signs of ill health.

Damaged legs, un-preened feathers, and improperly folded wings indicated that some of them would be at greater risk when a hawk came by and the whole flock took flight. This surprised me at first, but then I remembered the basic rule of population dynamics. To have a stable population size, the death rate must equal the birth rate. If each of the females lays ten eggs in the course of a summer, an equal number of deaths must occur to prevent the population from expanding to the point that it would begin to destroy the other species of small birds that become foster parents to parasitic cowbird babies... and ecologists have found that the populations of various warblers and sparrows do decline when cowbirds become too numerous. Cowbirds can live at least 16 years in captivity, but in nature their life expectancy is much less. I would guess that all of the hundreds that stopped in my yard, only a handful will survive five years, and none will still be alive in ten years.

The snow melted after a few days, and the flock went back to the country. Yesterday it began snowing again around 10:00 A. M., and by noon the yard was full of cowbirds again. I don't particularly like them; but I was glad they came, because as I watched them the quotation by Aldo Leopold came to mind. I used to assign chapters from his book for my ecology class to read, and regularly read it myself for pleasure; but since retiring, I hadn't opened it. So now it rests on the stand by my reading chair, and I'm finding that the prose has not suffered from my neglect. I wish I could have met him; but he died in 1948 while fighting a grass fire near his farm on his beloved prairie. I was in high school then, and had not yet heard of him; but he was to become a role model for me. And the cowbirds brought him back to me.

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IN THE COUNTRY

Maple syrup madness

**Autumn Arthur
Strawberry Hill
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For real maple syrup enthusiasts, the world as we know it has been forever altered. Vermont Grade B maple syrup is no more! Don't panic: this change is only in name. Thankfully for many of us, the dark, robustly flavored syrup itself remains. Lawmakers in the state that produces nearly half of all of the maple syrup made in the US have voted to abolish Vermont's traditional grading system and instead adopt the international standard. 'The Syrup Formerly Known As Grade B' will now fall under the category of Grade A Dark/Robust Taste. The switch was optional in Vermont in 2014, but mandatory beginning in 2015. New York will also change its grading system in 2015. Maine and New Hampshire are expected to follow suite.

The now-defunct Vermont grading system used the monikers Vermont Fancy, Grade A Medium Amber, Grade A Dark Amber, and Grade B for retail syrup sales. Many thought the old system produced a bias against darker syrups with stronger flavor by creating a hierarchy in the names. Despite the names, there is no difference in quality between Grade A and Grade B syrup. If not quality, then what is the difference? Syrup is graded based on the color of the finished product. The yellow-brown tones of syrup are due to caramelization of sugars during the syrup-making process. The longer the syrup has been heated, the darker and more robust it becomes. Heating times vary for many reasons, including the temperature of the heat source and the length of time needed to remove excess water from the original tree sap.

The international system aims to eliminate the quality misconception. Producers also hope that the change will make Vermont syrup more appealing to international consumers. However, not everyone is in agreement with the change. Some sugarmakers are protesting the new standard, saying that it will dilute the maple syrup branding that is Vermont's claim to fame. Producers that do not adopt the new standard may face fines.

You might think this is all a little too fixated for the sticky sweet stuff we pour over our pancakes, but maple syrup is serious business in New England and Canada. In recent years, the average price for a gallon of real maple syrup in the United States has been as high as \$37.40. In 2014, Vermont producers placed 4,270 taps in trees, resulting in 1,320,000 gallons of syrup (42% of national production). Notably, all states except Pennsylvania showed a decrease in production compared to 2013 due to a shorter season of sap flow. In fact, 2014 marked a record high in maple syrup production in PA, with 146,000 gallons.

Last year's maple sugaring sea-

son came late, not officially opening until March 6th. This year, however, taps are already flowing in some trees! Temperature fluctuations between freezing nights and days in the mid-thirties and up create pressure and flow within trees. Sugar, dissolved in water and referred to as sap, that was stored in the trees' roots over winter begins to move skyward in the part of the tree known as the xylem. The sugar will fuel the production of new leaves for spring.

It is into the xylem that sugarmakers place their taps, also known as spiles. Over the course of the season, usually mid-February through mid-March in our region, about 10% of the sap is collected from the tree. The collection doesn't harm the tree, and the same trees can be tapped year after year. When trees begin to bud, the sugaring season is over. At this point, the sap takes on a cloudy color and bitter taste.

Every year, Strawberry Hill Nature Preserve presents maple sugaring programs that allow participants to have a hands-on experience with all facets of the sugaring process. During this 90-minute program, attendees learn the history of maple sugaring and then are led to the forest where they select a tree; drill into it; hang a sap bucket; collect sap; and watch fresh sap being cooked down into syrup before their eyes. Participants even have a chance to taste the finished product.

Strawberry Hill owns a hobbyist sap evaporator which is a smaller version of the professional version that produces syrup so delicious, so sweet, that you won't believe it's the same product that's usually purchased in a grocery store. Your taste buds will rejoice and beg for more of this tasty treat! Strawberry Hill demonstrates the boiling process to school classes, home schools, organized groups, Boy and Girl Scout troops, and the general public.

Growing in popularity are the

pancake breakfasts which are hosted by Strawberry Hill and held at Camp Eder, 914 Mount Hope Road, Fairfield on the last Saturday in February and the first Saturday in March. This year Strawberry Hill Nature Preserve and Camp Eder invite the public to enjoy their combined festivities at Mount Hope Maple Madness on Saturday, February 28th and March 7th! The days will start with a pancake breakfast from 7:30 - 11:30 am. Diners can enjoy the ambience of music provided by local musicians; then they can



Collecting the sap from a sugar maple tree.

Boiling the sap over an open fire.

go into the adjacent room to view and/or purchase crafts from local vendors.

After filling up on pancakes topped with syrupy goodness, folks can participate in a program to learn the process of taking the sap from the tree to the syrup on the table. No reservations are necessary for the breakfast or programs. Programs will begin every half hour from 9 am - 3 pm. Call the Strawberry Hill of-

ice at 717-642-5840 or email info@strawberryhill.org for Mount Hope Maple Madness ticket prices and more information.

If you are a scout leader, teacher, home school organizer, or someone who wants to bring an organized group to experience this fascinating backyard hobby, you can contact Strawberry Hill or visit the website at www.StrawberryHill.org to join one of our weekday programs held be-

tween February 9th and March 15th. Each program is suitable for all ages. It's educational; it's fun; it's a wholesome family activity; and it's good exercise. After participating in the program, participants will have the knowledge needed to do sugaring in their own in their backyard. There will also be maple syrup for sale as well as maple sap collecting kits. Hope to see you in the "sugarbush," the forest of maple trees, that is!

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FIRE COMPANY AWARDS BANQUETS

Vigilant Hose Company



Administrative Officer (front left to right): Tim Clarke, President; Dave Wilt, Vice President; Steve Valentine, Secretary; Tom Vaughn, Assistant Secretary; Steve Hollinger, Treasurer, Bill Boyd, Jr., Assistant Treasurer. **Board of Director Members (back left to right):** Gene Fauble, Hugh Boyle, Dave Stonesifer, Carl White, Randy Myers, Doug Orner.



Operational Officers (front left to right): Chad Umbel, Chief; Jim Click, Deputy Chief; Bob Rosensteel, Jr., Captain; Josh Brotherton, 1st Lieutenant; Jason Powell, 2nd Lieutenant; Doug Yingling, 3rd Lieutenant; (back, left to right): Derek Rosensteel, 4th Lieutenant; [missing from photo—Chris Stahley, Assistant Chief]; **Fire Police —** Paul Krietz, Captain; Lynn Orndorff, 1st Lieutenant; Steve Orndorff, 2nd Lieutenant; and Fr. Charlie Krieg, VHC Chaplain.



John Glass and Tim Clarke were both inducted into the VHC's Hall of Fame - the highest award given by the fire company



President Tim Clarke presenting Frank Rauschenberg with the President's Award



Outgoing Chief Frank Davis and President Tim Clarke presenting the Member of the Year award to Bill Boyd, Jr.



Auxiliary officers (front left to right): Diana Hoover, President; Tina Ryder, Vice President; Jo Ann Boyd, Treasurer; Joyce Glass, Secretary; Mandy Ryder, Financial Secretary; (back) Jennifer Boyd and Katie Davis, Co-Historians.

Vigilant Hose Company Officers for 2015

President: Timothy M. Clarke
 Vice President: David Wilt
 Treasurer: Steven M. Hollinger
 Assistant Treasurer: William D. Boyd, Jr.
 Secretary: Steven W. Valentine
 Assistant Secretary: Thomas Vaughn

Board of Director Members

Hugh Boyle, Gene Fauble, Randy Myers, Douglas D. Orner, David Stonesifer, Carl A. White

Line Officers

Chief: Chad M. Umbel
 Deputy Chief: James E. Click
 Assistant Chief: Christopher A. Stahley
 Captain: Robert A. Rosensteel, Jr.
 1st Lieutenant: Joshua Brotherton
 2nd Lieutenant: Jason Powell
 3rd Lieutenant: Douglas Yingling
 4th Lieutenant: Derek Rosensteel
 Sergeant: Alex McKenna

Fire Police

Captain: Paul Krietz
 1st Lieutenant: Lynn Orndorff
 2nd Lieutenant: Steve Orndorff

Auxiliary Officers

President: Diana Hoover
 Vice President: Tina Ryder
 Treasurer: Jo Ann Boyd
 Secretary: Joyce E. Glass
 Financial Secretary: Mandy Ryder
 Co-Historians: Jennifer Boyd & Katie Davis

Rocky Ridge Fire Company



Line Officers: Alan Hurley, Chief; James Rice, 1st. Asst Chief; Larry Humerick Jr., 2nd Asst-Chief.



Wesley Burrier (right) - The recipient of the George Colburn Jr., Heroism award at the state level.



Dale Kline presenting Ronnie Eyer the President's Award

Administrative Officers for 2015

President: Dale Kline Sr.
 Vice President: Dennis Mathias
 Treasurer: Bernard R Wivell
 Asst. Treasurer: Bonny Hurley
 Secretary: Paulette Mathias
 Asst. Secretary: Melissa Mathias
 Chaplain: Rev. James Russell

Board of Directors

Donald Kaas Jr.
 Andrew Mathias
 Jamison Mathias
 Wesley Burrier
 Craig Hovermale
 Steve Orndorff
 Leon Stover Jr.

Line Officers for 2014

Chief: Alan Hurley
 1st Asst: James Rice
 2nd Asst: Larry Humerick Jr.
 Captain: Kevin Albaugh

Top Ten Responders for 2013

1- Christina Hurley
 2- Matthew Moser
 3- Alan Hurley
 4- Bonny Hurley
 Leon Stover Jr.

5- Kevin Albaugh
 6- Wesley Burrier
 7- Larry Humerick Jr.
 8- Craig Hovermale
 9- Donald Kaas Jr.
 10- James Rice

FIRE COMPANY AWARDS BANQUETS

Harney Fire Company



Louise Strickhouser, Ellen Rodgers, and Tina Rodgers



Donald Yingling & Bobby Baughman



Donald Yingling & Larry Bowers



The swearing in of the 2015 Harney Fire Company Officers: (Left to Right) Jennings Martin, Donald Yingling, Jim Waybright, Leonard Bowers, Gene Curfman, Bobby Baughman, and Charlie Blocher



Donald Yingling & Jennings Martin

Harney Fire Company Officers for 2015

Chief	Donald Yingling
President	Jim Waybright
Vice President	Charlie Blocher
Activities Tres.	Leonard Bowers
Utilities Tres.	Gene Curfman
Secretary	Richard Yingling
Recording Sec.	Bobby Baughman
Chaplin	Jennings Martin
Trustees	Donald Yingling Jr., Lee Bowers, Larry Bowers,
County Relegate	Richard Yingling and Jeff Yingling

Top Ten Responders for 2015

- 1 - Donald Yingling, Sr.
- 2 - Lee Bower
- 3 - Donald Yingling, jr.
- 4 - Brian Martin
- 5 - Robert Baughman
- 6 - Jennings Martin
- 7 - Matthew Nye
- 8 - Kyle Nye
- 9 - Christopher Waybright
- 10 - Matthew Vosburgh



Jim Waybright & Matt Nye



Donald Yingling & Leonard Bowers



Auxiliary Members: (front left to right): Larry Eyer, Debbie Eyer, Pat Wetzel, Kay Ensor, Betty L. Mumma, Betty Ann Mumma, Pat Riggs (back left to right) Steve Orndorff, Leon Stover Jr., Teresa Kaas, Helen Burrier, Joann Wetzel, Emily Grant, Nancy Baker, Linda Northrup



Linda Northrup presenting Larry Humerick, Jr. the Charles Mumma Firefighter of the Year Award.



Administrative Officers (front left to right): James Russell, Chaplin; Dennis Mathias, Vice President-; Paulette Mathias, Secretary; Bernard Wivell, Treasurer; Melissa Mathias, Asst. Sec.; Bonny Hurley, Asst. Treas.; Dale Kline, President. (Back left to right) Directors - Craig Hovermale, Wesley Burrier, Donald Kaas Jr., Steve Orndorff, Leon Stover Jr., Jamison Mathias, Andrew Mathias



Linda Northrup presenting Pat Riggs the Honor Member Award.

PETS

Happy Valentine's Day!

**Jennifer Vanderau
Cumberland Valley
Animal Shelter**

I gotta say Valentine's Day is not my favorite holiday. Somehow it sticks in my craw that society demands professions of love on that one day. I would much prefer something on a random Tuesday in June, you know? Seems more spontaneous and genuine.

Although on the other hand with all the strife and violence in the world today, having a day focused on the emotion of love isn't that bad of an idea.

Love is a heck of a strong, powerful energy. It's why so many of us search for it. When you find someone that makes you smile, who can be there with you through the good and the bad, that's something to hang onto and well...celebrate.

If you're looking for that kind of love, one of the best places to find it is at the Cumberland Valley Animal Shelter. We've got a ton of four-legged souls just looking to shower that special someone with a whole lot of love.

See how I brought that back around to animals? You didn't think I could do it, did ya?

We've got three long-term resident cats who I can't for the life of me understand why they're still in a cage.

Allow me to explain. Our long-

term residents are the ones who have spent the most time in a cage. It's sad and not exactly a title any animal wants to have.

The three that have been with us the longest are Tracie, Pyrite and Jade. With all of our long-term residents, it's a struggle to understand why they've been here as long as they have, but with these three it's especially difficult.

Tracie is a petite little 2-year-old girl who is tabby with white. She's a sweet lady who spends her days in a large, multi-cat playpen where she lives with Jade. When you walk in to talk to her, Tracie will stand up and look for a pet. She's really adorable and with her size, you would think she was only seven or eight months old, but she's an adult.

Her housemate Jade is a striking cat. Gray and white with gorgeous green eyes. Jade loves the cat tree and seems to prefer the top perch. You'll see this two green eyes looking down at you, but when you walk in to see her, she'll come around.

Pyrite was named after the mineral because his all gray coat resembles the rock. He's another really nice boy who's been with us too long.

All three of these babies came into the shelter at the end of February 2014. That means if they're still with us at the end of this month, they'll have spent a year in

a cage. We'd much rather see them in a home with a bed and laps and a whole lot of love.

Fortunately, we've been really lucky with our dogs. We've had a lot of adoptions recently and our numbers are down – you've gotta take the good news when you can because that can turn on a dime in the shelter world.

As a result, we only have one long-term resident in our canine population and that's Cinnamon. Cinnamon is a 4-year-old boxer/pitbull mix who has an amazing personality. First, she's got one ear that kind of flops the wrong way and one ear that sometimes stands up. Second, she smiles. She has that almost trademark pitbull grin and you can see it when she's happy.

She has a stick toy that seems to be her favorite and when you leave it in her kennel, she'll actually play toss with herself. No joke. One of the technicians actually got video of her playing with this and it's hilarious. She's paying no attention whatsoever to the person standing outside her kennel with a cell phone. Instead, she's actually throwing the stick up in the air and pouncing on it.

Talk about a pup who can keep herself entertained!

Sadly, Cinnamon has the stocky build and energy of the two breeds we're guessing are her heritage. Because of that, a lot of folks are turned off by her. In fact, just a few days ago, one of our Animal Care Technicians was walking Cinnamon through the kennels and a visitor actually jumped away when he saw her.

I mean, seriously. It's an animal shelter. There's no way we'd have vicious dogs here. Sadly, it was nothing more than her appearance that made the man react that way and I've seen it time and again with pitbulls and pitbull mixes.

It's so overwhelmingly upsetting to see a dog provoke that kind of reaction – one where someone is responding to the judging that single dog by the actions of others.



Jade is a beautiful grey and white, 2 year-old girl who is one of our long-term residents. We can't understand why she's been in the shelter since February 2014, but that's the case. She's a unique-looking lady with a great personality and she will make an awesome friend. Please come meet her!

I know the right person will come for Cinnamon. She's been with us since August 2014 and will be here until she finds her forever home.

Indeed, all of our long-term residents will remain with CVAS until the right person finds them. That, I can guarantee.

I can also guarantee that whoever does adopt one of these sweet babies, he or she will have a devoted companion for life. I sometimes truly think shelter pets know they've been rescued from a kennel and the gratitude will be shown every day.

So, with February 14 approaching, if you're like one of the millions of people in the world looking for love or wanting to celebrate true love, stop

out to the Cumberland Valley Animal Shelter and see if you can lose your heart to one of our four-legged souls.

Believe me, it'll be the best decision you've ever made.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter in Chambersburg, Pa., and can be reached at cvas-comm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at (717) 263-5791 or visit the website www.cvas-pets.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.

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Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.


I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...
The love I left behind.

-- Author Unknown





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Turkeys

**Kimberly Brokaw DVM
Walkersville Vet Clinic**

Most people who have lived on farms can tell you a horror story about a rooster. Countless children and adults have been terrorized by roosters. It's quite amazing how much fear a little 5 pound bird can instill in people. However, if you think a 5 pound rooster is bad, just imagine a 20-30 pound turkey.

I have a few clients who have had turkeys. Three of the three farms that had turkeys, had to get rid of them due to aggression. One of the farms had a small flock of turkeys with a male gobbler that was very aggressive. The flock would circle around you and then the ringleader would attack. A couple of boarders laughed and said they couldn't believe they were afraid of a stupid bird, but he was mean and when he attacked it hurt. The UPS man, feed and shavings delivery guy were even less amused by the turkey's antics. In fact, they hated going to that farm.

The first time I went to Mrs. Hill's farm, I was greeted by a flock of turkeys as I pulled into the driveway. Mrs. Hill came out with a broom and proceeded to drive the turkeys away from my car. I got out and she warned me "not to turn your back on the turkeys". She told me to be extremely careful of Tyson (named after the boxer, not the chicken company) and handed me a broom to use and keep with me as I walked from the horse barn to my work truck. Mrs. Hill told me that her daughter-in-law wouldn't even come to the farm as Tyson had scared her too much and that Tyson had left a scar on someone's

nose from an attack.

I've been around a lot of turkeys. In fact I've been at other barns where they have warned me about the rooster, turkey, duck, etc and so far the birds haven't gone after me (except for my parents' duck, but he attacks everyone). I've found that birds analyze you during the first few minutes of your encounter. Their initial assessment determines whether you will be constantly having to look over your back for a ferocious ball of feathers or whether you will be able to walk about at will. Birds also seem to remember people. If the rooster has chased you once, you will forever be a target. Even if you don't go back to the farm for a year, it doesn't matter. He will remember you and that you are something he can bite and spur. Thus far, I have been very fortunate in that birds seem to think I am someone not to be messed with.

Tyson was a beast of a bird. He was an extremely large turkey. A velociraptor of turkeys with huge claws and a sharp beak. He also had a few splotches of yellow paint on him. Mrs. Hill explained that he liked to go to the neighbors house and terrorize them too. The paint was from their paintball gun which she explained wasn't all that good of a deterrent. Tyson had taken to attacking the neighbor's pick-up truck. While the paintball gun did little to deter Tyson, at least the neighbors were amused as they shot at him rather than angry about their truck. Luckily it was an old farm truck in that Tyson had scratched the paint, torn off one of the side mirrors, and partially destroyed the windshield wiper on the truck. The truck also

had splotches of paint on it from the neighbors shooting at Tyson with the paintball gun. Tyson frequently came home with different colors of paint on his feathers.

As I was gathering supplies out of my truck in order to examine Mrs. Hill's horse, I could feel Tyson watching and sizing me up. As I was reaching for syringes, he came closer and was looking at the stuff in my truck. I decided that I'd just continue working and let Tyson watch. At the moment he wasn't hurting anything and if he became aggressive I could always hit him with the broom. He never got aggressive. He followed me back and forth from the car, gobbled as I opened and closed drawers, but never tried to attack. I went to the farm several times and Tyson and I seemed to have an understanding. I didn't even carry the broom. He would come up and look in the truck and I would gobble at him and lean over and try and pet his tail feathers. It seemed that he was pleased with this form of attention and didn't need to go on the chase. Which was good as he was a fast bird.

One of the other farms I visit had a turkey who was very similar to Tyson. He was big, beau-



Turkeys make shy, but sometimes affectionate pets.

tiful and obnoxious. It wasn't too long ago that the UPS man asked me if I'd been to that farm recently. He informed me that Tyson's look alike, Evander, was dead. I couldn't help but notice as he tried to hide a smile as he told me about Evander's death. He told me that he wasn't sorry to hear about his death. Evander, like Tyson, had chased him for years. It had gotten to the point where he wouldn't even get out of the truck but would just open the door and drop the package in the drive ways. Well, apparently Evander attacked an off duty

police officer and his brand new truck. The officer, thinking the bird had rabies, shot him multiple times in the chest (note: birds don't get rabies.) Evander was buried on the farm property with the epitaph: "Evander. He lived like a bird but he died like a gangster."

Note: To protect the identity of my clients, I have, as usual changed names and other small details.

To read other articles by Dr. Brokaw visit the Authors section of Emmitsburg.net.



Maple Syrup Festival



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THE MASTER GARDENER

Invasive insects

Mary Ann Ryan
Adams County Master Gardener
Goddess of Native Plants

February is a great time to research information about plants and their problems so when the pruning and planting season is here, you'll be equipped with the means to manage your landscape. As we begin to think about spring planting of trees and shrubs as well as care for our existing plants, we should consider some of these potential problems in the landscape so we can be better prepared to re-act or avoid some of these issues.

The focus this month is on some of the damaging invasive insect and disease issues that affect our landscapes. Understanding the impacts of these problems, how to identify these problems as well as what to do once these issues are introduced into your landscape is very important so the insect and disease issues are either contained or controlled.

One of the newest threats in our forests and landscapes is Thousand Canker Disease. As the name suggests, small lesions, or cankers, form under the bark, reducing the flow of water and nutrients up and down through the tree. This disease involves the walnut twig beetle as well as a fungus. The beetles carry the fungus and bore into the tree, infecting the tree. Where the beetles tunnel, small cankers form. Over time, the walnut tree declines, eventually to its death. Early symptoms include yellowing leaves and opening of the canopy. Eventually large limbs will die, then the entire tree.

Unfortunately, there's little control for this disease and insect. Manage-

ment for this disease involves removal of the infected tree. Found in Bucks and Chester counties, a quarantine has been placed on these two counties and additionally Delaware, Montgomery and Philadelphia counties.

"The quarantine restricts the movement of all walnut material including nursery stock, budwood, scionwood, green lumber and firewood. It also covers other walnut material living, dead, cut or fallen including stumps, roots, branches, mulch and composted and uncomposted chips. Due to the difficulty in distinguishing between species of hardwood firewood, all hardwood firewood is considered quarantined.

The quarantine also restricts the movement of walnut material and hardwood firewood from states known to have Thousand Cankers Disease including Arizona, California, Colorado, Idaho, Indiana, Maryland, Nevada, New Mexico, North Carolina, Ohio, Oregon, Tennessee, Utah, Virginia and Washington.

Non-compliance with the quarantine order could result in criminal penalties of up to 90 days imprisonment and a fine of up to \$300 per violation, or a civil penalty of up to \$20,000 per violation.

An insect that has been in the news quite a bit in recent years is the Emerald Ash Borer. This insect affects only ash trees, particularly green and black ash, a dominant hardwood in our forests. Symptoms of the presence of this insect include branch dieback, foliage wilt, and canopy thinning. The adult insect, when exiting the tree, will leave distinctive D-shaped holes. However, if you can see this symptom, it's too late for the tree. The damage is already

done. Therefore, precautionary measures are necessary in controlling this insect if the tree is a valuable landscape plant. Systemic insecticides are the best at protecting the ash tree from infestation. Again, the best control is a preventative application yearly, because after the tree has already been infected, it's too late.

This insect has been found in many counties throughout PA, and most recently found in July in Adams County. Quarantines have not proven effective in the control of this insect. However, "heavily infested ash trees should be removed and destroyed by chipping, burial, or burning. Wood should not be stored as firewood through the winter months and firewood should not be transported from areas known to be infested by emerald ash borer.

Spotted Lanternfly is the most recent pest of concern. This spotted moth with orange/red coloration "has the potential to impact the green industry, grape growers, tree fruit growers, and the forest- and wood-products industries in Pennsylvania as well as the United States (www.ento.psu.edu). It has one generation per year, overwintering in the egg stage. The eggs hatch in late April/early May, as many as 50 - 60 per egg mass. They go through four nymph stages before becoming adults in July.

At this time, they have only been found in Berks County, PA, the first and only location in the United States. There is a quarantine in Berks county. Go to www.agriculture.state.pa.us for



Viburnum leaf beetle larvae feeding on the viburnum. This is typical damage to the leaves.

more information on the quarantine.

The Viburnum Leaf Beetle is a concern for our native viburnums as well as the non-native viburnum species. There is one life cycle per year. Both the larvae and adult will feed on the viburnum leaves, skeletonizing the leaves. After feeding on the plant a few years, the plant will die. Damage will appear as early as June.

Initially found in New York and Maine, the insect has been working its way south into northern and central PA. At this time, it has not yet been detected in south central PA. However, when it does reach this part of the state, there is control for the home gardener.

Take a look at twigs of the viburnums in late winter early spring. The insect overwinters as eggs and these masses can be seen as swellings along the twigs. When seen, prune them out and destroy the egg masses. Continue to monitor the plant during the spring

for any feeding on the leaves. If spotted, spray with acephate, carbaryl, cyfluthrin, imidacloprid, or malathion in May to control the larvae.

Among some of the insects that have not yet reached this part of the state, but potentially a threat, is the Asian Long horned beetle. This insect also was first found in New York. It is currently infesting New York, Massachusetts, and Ohio. There are regulatory and control actions in these states. To learn more about the control measures, go to: www.nycgovparks.org/trees. It has previously been eradicated in New Jersey and Illinois.

This insect is a boring insect, affecting many tree species. They tunnel into a tree, girdling it. Symptoms include yellowing leaves, reduced crown cover, branch dieback and eventually death. They have distinctive round exit holes. This beetle has not yet been found

Master Gardener gardening classes

February is a great time to think about improving your gardening skills. Whether you are a seasoned gardener or a beginner, there is always so much to learn. Let the Master Gardeners of Adams County help you resolve your gardening problems or get started in basic gardening through their new class series eco-friendly gardening in your environment. Classes begin Saturday, February 14th and continue for 7 weeks through March 28th from 10:00 to 11:30 am. This year's location will be the Agricultural Center at 670 Old Gettysburg Road in Gettysburg.

Each year before the growing season begins, the master gardeners offer educational classes to encourage people to improve their gardening skills. This year's series will emphasize natural gardening practices to help you get better results with minimal impact to the environment. You'll gain an excellent understanding of attracting beneficial insects to your garden, controlling bad bugs, growing healthy vegetables, and much more.

Since good gardening begins with the health of your soil, we will start the series with the topic, Living Soil. Healthy soil will produce stronger plants, fewer pests, and less disease. You'll learn how to improve your growing medium for better results.

Green Gardens...Clean Water is the title of our second class. It ad-

resses dealing with rainwater runoff, a huge problem that causes flooding and contamination of streams and rivers, much of which comes from mismanagement of excess water by homeowners. Good gardening practices can go a long way toward solving the problem.

If insects attack your garden, what can you do about it and still keep the environment safe for yourself and your children? We'll talk about ways to eliminate toxic sprays and find better alternatives that provide safer results for you and better plants in our third class entitled Integrated Pest Management.

Our fourth class will study the importance of pollinators, who they are, what they do, and how to attract them to your garden.

Alien, invasive plants are an ever-growing problem, which threatens our entire eco-system. Our fifth class will show you the common plants that create these problems, why they are a threat, and what you can do about it.

Growing native plants is more important today than ever before. Our sixth class will tell you why and help you begin introducing them to your home or business environment. You can grow these plants with minimal effort since they have adapted to our region over thousands of years. Once established, little care is needed to maintain them, and, among other benefits, they will attract birds and butterflies.

Finally, growing your own vegeta-

bles is not only healthy, but can save you money. Learn how to improve your harvest, or just get inspired to start with a few simple crops that you enjoy eating. You'll have the freshest vegetables and herbs if you grow your own. They always seem to taste better when they come from your garden.

As Master Gardeners, we know that the more we learn, the more we realize how much we don't know. We enjoy studying new things. Why not start by gaining a basic gardening competency through this class series and then develop your know-how from there? There are so many facets of gardening to explore. You'll find a great deal of helpful pertinent-to-your-environment information in these classes.

So come to our early spring gardening series and see how much you can learn. Besides the educational value, it's always fun to meet and interact with people of similar interests. Along with the instructors, there will be other Master Gardeners present at each session to help answer your specific gardening questions.

Class numbers are limited, so sign up today. You can register for this seven-week class series online by visiting www.extension.psu.edu/plants/gardening/events, or by calling 717-334-6271. Cost is \$65; registration deadline is February 9. If you register by February 2, there is a discounted price of \$58. Come learn in a friendly fun environment. See you in class!

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AMERICAN INGENUITY AT ITS BEST

THE MASTER GARDENER

Small Town Gardener Too many seeds, too much space

Marianne Willburn

I have never had a closet big enough to house all of my clothes in one place. By American standards, closet space in Willburn homes has always been on the paltry side. As maddening as it can be however, there is a surprising bonus to a lack of storage.

A smaller closet forces me to edit my collection of Goodwill sweaters and daring dresses twice a year: trading winter woollens for spring linens and forsaking trendy boots that looked much better on the rack than they do on my feet. I am not brilliant at it, but the space requires that I be harsh. Even if I wanted to, I could not collect purses or shoes – and hats are right out.

I do not have such space limitations when it comes to seeds, and the result is a chaos so completely opposite to the way I conduct most other aspects of my life that I'm embarrassed to admit to it.

Twenty years ago, my seed box was a little Tupperware container – the type meant to hold a rectangular half-gallon of ice cream before cylindrical cardboard shaved a pint off our consumption and added three bucks to our budget.

Ah...the organization of it all. I still get shivers thinking about it. Three 3x5 cards acted as tabs – 'Vegetables,' 'Flowers,' and 'Herbs,' – separating packets neatly on their sides for easy access and joyful February evenings. When finished peaking, perusing or planting, I simply replaced the airtight lid and the neat little box was returned to a back corner of the fridge where it occupied space next to a lonely tub of miso.

It was the vegetables that spoiled everything. The peas, in particular.

As my gardening know-how began to expand, I grew dissatisfied with the stringy pods and starchy contents of the pea packets thrust upon the spring-time consumer in the average store. I came across a catalog at a friend's house and put in an order for something different. It arrived, along with dozens of other tempting catalogs – my name and address having been purloined by competing companies notified of my desire for "something different."

Peas take up a great deal of space in an ice-cream container. The larkspur started feeling put upon and along with the rest of the flowers, moved out into the less-luxurious digs of a nearby Ziploc bag. Chaos reigned over the flower seeds from that point onwards, but they were flowers, and I had a cottage garden – it seemed appropriate.

Meanwhile, I began to investigate new avenues in squash. 'Borer resistant,' 'trailing,' 'sweet,' 'earthy,' – each new variety tickled the imagination and fueled springtime dreams of gourd arbors and prize-winning pumpkins. Like peas,

squash is not a diminutive seed. The Tupperware groaned, but those circa 1981 lids had an iron grip upon their contents.

Seasons passed. My clothes closet went through many changeovers. I realized the bottom-expanding folly of high-waisted wool trousers, and went through a period of excruciatingly-painful-but-dead-sexy sandals. In the end, all met the cardboard box bound for the Goodwill, and on my trips to drop them off by the back entrance, I could conveniently enter the building from the other door and begin a fresh clothing adventure for pennies on the dollar.

Not so with seeds. My new adventures shared space with old adventures. That's a lot of adventures. I couldn't make myself get rid of any of them. The thought of so much un-germinated potential stayed my hand each time I tried. I even kept empties to remind me of my early naiveté, or the thrilling rush of a horticultural triumph. But six seeds here and ten seeds there does not a garden grow.

One can only tread this path for so long. My trusty 30-year-old container, now yellowed, sat in a large reed basket with several Ziplocs of varying size and contents. Rhyme and reason had fled. One bag held seeds "Used in 2006", one bag held seeds "NOT used in 2007." I couldn't throw anything out – what if it germinated? I couldn't trade anything at a seed exchange – most were shamefully too old for beginning gardeners to try.

There was no other choice. I started perusing the container aisles looking for something to hold my hoard, secretly hoping that nothing would appear and I would therefore be forced to face the problem the same way I faced my clothes closet every season – as Shiva the Destroyer.

In this day and age of cheap mass-produced petroleum products, my glimmerings of better nature didn't have a chance. I found a container, and enabled the problem still further. But in those moments before I transferred my chaotic jumble into its new 'tidy' home, I called my mother in a last-ditch effort to invoke shame upon the situation.

"What are you asking me for?" she said surprised. "I still have a packet of tomatoes I planted when you were four years old. What's more, I germinated a couple last year."

So much for parental shame. They don't make it like they used to.

in PA, but there are a few look alikes that are often mistaken for an Asian Longhorned Beetle. If ever there is a beetle in question, take the sample to your local extension office for identification.

We will always have pests in our forests and landscapes. The hope is that we can manage them to reduce economic and environmental damage. The best way we can do this is by being informed and asking questions. Your local extension office is a wealth of information. Extension offices across the state have contact in-

formation to get you to the folks that know, and often times, have the answers without searching any further. Call, stop by or email us with your questions. We'll find the answers. Our office is located at 670 Old Harrisburg Road, Gettysburg, 717-334-6271, email at mar35@psu.edu. In Maryland, call 301-600-1596, stop by at 330 Montevue Lane, Frederick, or visit them on line at: www.extension.umd.edu/frederick-county.

To read other gardening articles visit the Gardening section of emmitsburg.net.

HISTORY

History of Catoctin Mtn. Park

Continued from last month
Part 8

The 1838 Riot

Aside from Brother Schlegel's brief comments in 1799, only one other source offers a glimpse into the lives of antebellum blacks employed at Catoctin. In September of 1838, a Baltimore newspaper carried the story of a riot between the citizens of Mechanicstown and iron workers, including slaves, enjoying a day off. The story is so strange that it seems to challenge much of our cumulative understanding of the nature of race relations at the time. The following account of the riot appeared in a newspaper called the Baltimore Gazette and Daily Advertiser on September 17, 1838, under the headline, "Late Disturbances in Mechanicstown." The author was a resident of Mechanicstown who witnessed the riot:

"Dear Sir-As much as has been said about an unfortunate disturbance in Mechanics'Town on Friday evening last, and as there can be no doubt that various misrepresentations have gone abroad upon the subject, I have thought proper to give you a statement of the whole affair as witnessed by myself.

The facts are simply these. A little before sun-down some ten or a dozen furnace hands, hav-

ing indulged too freely in their libation on the race course, came into town, accompanied by two stout Negroes, for the purpose, as one of them afterwards expressed himself, of "using up the people." They very soon made known their intentions by an unprovoked attack upon two of our citizens. The people, anxious to persevere the peace, and apprehending the consequence of their remaining in town used every means to persuade them from the place. They, however, refused to go and became more violent, until at length one of the citizens, after in vain urging a Negro fellow to throw away some stones with which he had armed himself attempted to take them from him by force; this the Negro resented, with violence, and the citizen knocked him down.

The civil authorities now interfered to arrest the slaves, and they were actually committed, when their white associates rescued them from the officer having them in charge. This act, though highly outrageous, the people were disposed to tolerate, as some of the rioters proposed to depart, and here it was thought the matter would end. We were, however, disappointed. Some one demanded more whiskey, and this the landlord refused to give, supposing no doubt, that they al-

ready had too much, and dreading the consequence of giving them more. Upon this, one of them left the crowd, but returned in a moment with an axe, swearing that the landlord who refused to sell liquor ought to have his sign post cut down, & accordingly commenced hewing at the post. Up to that this time we had used every effort to prevent a disturbance of peace-We, however knew very well that, once they were permitted to commence depredations of this kind there could be no telling to what their insolence might lead them. We therefore determined to protect ourselves.

One of the citizens in attempting to seize the axe received a severe blow; and now commenced a regular, or rather irregular, though desperate and bloody fight. Stones, brick bats and whatever could be picked up, were resorted to by both parties, until the rioters were completely driven from the town,--some of the them so severely beaten that they could not reach the furnace, though but three miles distant, without having their wounds dressed. It was a fortunate circumstance that the two Negroes left the town a few moments before the fight commenced, for, such was the excitement that I have no doubt, had they remained they would have been killed on the spot. After the

affray was over, the people assembled and a guard was appointed to patrol the streets, though I am glad to say that no further violence ensued and the night passed off quietly.

In conclusion I would remark that a full representation of the whole affair was made to Mr. Brien by the civil authorities of Mechanics'Town and there can be no doubt that the gentlemen will use his influence to prevent a repetition of the outrages. The people of our village are quiet, industrious and, as a community highly intelligent. They are unused to acts of violence and, in no event, but in case of actual necessity, as in the present instance, could they be urged into such extremes. They, however, will protect themselves, and any attempt to disturb the people hereafter, in a similar manner will be opposed by an efficient force well prepared for the purpose.

One of the people

N.B. It may be proper to state that in their attack on one of the individuals mentioned in the first part of this article, several of them followed him with clubs and drawn knives invading and disturbing the peace and quiet of his family, compelling him to escape through a window to which fortunate circumstance probably he owned his

life. There were three other persons of notorious bad character from the neighborhood of the furnace in company with the gang, who shared in those triumphs and fortunes of the same.

The Mechanicstown citizen's letter offers a brief window into the complex social relations of upper western Maryland in the early-nineteenth century. The riot clearly reveals tensions--probably longstanding--between the people of Mechanicstown and those of Catoctin Furnace, a few miles to the south. Residents of Mechanicstown tended to be small businessmen, operating often prosperous craft shops. The furnace workers who were not slaves worked for wages, rented houses in what was essentially a company town, and suffered periodic bouts of unemployment. By the early part of the nineteenth century, the emerging market economy had begun to transform the country. Former frontier areas such as the Catoctin region, where once a rough equality had existed, now experienced social stratification. In many ways, the riot, especially given the stress that the author puts on Mechanicstown as "quiet, industrious, and, as a community, highly intelligent," represented a clash between emerging middle-class and an increasingly assertive working-class.

Part 9 next month

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Marguerite Larue "Weetie" Baker



Mrs. Marguerite Larue "Weetie" Baker passed away into the loving arms of God on Wednesday, January 7 after a brief stay at the Kline Hospice House, Mount Airy. She had also resided at Homewood at Crumland Farms since 2009. She was 88. She was lovingly known by all

who knew her as "Weetie" and was the wife of the late William G. (Bill) Baker whom she married in 1947. They lived most of their life farming in Creagerstown.

Born June 1, 1926, in Woodsboro, Weetie was the daughter of the late Marshall Warfield Stutely and Belva Llewellyn Fox Stutely of Woodsboro. She was predeceased by one brother, Edward (Buddy) Stutely and one sister, Dorothy Crawford, son-in-law, Lenny Cross and her daughter, Katrina Bradshaw.

Mrs. Baker attended school at Woodsboro Elementary School, Frederick High School and earned an Education Degree at the University of Maryland. She later pursued courses to earn a library science degree and was a librarian at Thurmont Elementary School for 23 years.

Mrs. Baker was a member of the Linganore United Methodist Church in Unionville and of the LUMC Women's Group. She was also a member of the Frederick County Public School Retired Teachers Association, the Gamma Chapter of Delta Kappa Gamma, a past member of the ARRC at Mt. St. Mary's University, a past member of the Frederick County Public Library Board and a past member of the Thurmont Public Library Board. As a youth Weetie loved to ride horses, play the piano and go dancing. As an adult she loved to read, go swimming with the arthritis swim class at the ARRC, play bridge with friends, go to the beach and use humor to co-emcee meetings for different organizations with her husband, Bill. She also wrote a chapter on storytelling in a book called Mixed-Up Magic.

Mrs. Baker will be truly missed by her loving family: son, William E. Baker and wife, Denise; daughter, Rebecca E. Cross; son-in-law, Jerry Bradshaw; grandchildren, Erika Cross, William Cross and wife Caroline and Nicholas Bradshaw; one sister, Janet Dudderar and numerous nieces, nephews and cousins. She will also be missed by her special friends, the caregivers from "Right at Home".

A funeral service were held on Monday, January 12 with Rev. Suzanne Morris, chaplain at Homewood and Rev. David Coakley, her church pastor, officiating. Interment was in Linganore Cemetery, Unionville.

Donations in her memory may be made to the Friends of the Thurmont Regional Library, c/o Child Service, 76 E. Moser Rd., Thurmont, MD 21788. Online condolences may be shared with the family at www.hartzlerfuneralhome.com.

Harry Scott Hahn, Sr.



Harry Scott Hahn, Sr., 98, of Emmitsburg, Maryland died peacefully Friday, January 2 at St. Catherine Nursing Center. Born December 23, 1916 in Taneytown, he was the son of the late Luther and Mary Catherine (Clingan) Hahn. Twice married, he was the husband of the late Vada (Masser) Hahn who died in 1962 and the late Margaret (Royer) Hahn who died in 1998.

Harry was a life-long member of Elias Lutheran Church and a past member of the church council. He was manager of the Southern States Cooperative in Taneytown where he was employed for 23 years. He was a member of Tyrian Lodge #205 AF&AM in Emmitsburg, and the Emmitsburg Senior Citizens. After retirement, he enjoyed working with antique gas engines and attending craft shows where he would grind corn meal. He also enjoyed attending auctions and tinkering around in his workshop.

He is survived by daughter, Harriet Valentine and husband Randy of Thurmont; son, Harry "Bub" Hahn, Jr. and wife Bonnie of Emmitsburg, George Springer and wife Mary of Emmitsburg, John Springer and wife Ruthie of Gettysburg, Janet Springer and special friend Pat Holahan of Kensington, Audrey Glass and husband Eric of Emmitsburg, and Katherine Crum and husband John of Laneview, VA; brother, James Hahn of Emmitsburg; 19 grandchildren; 36 great-grandchildren; and many nieces and nephews. He is also remembered by special friend, Ann Welty. He was predeceased by sisters, Amanda, Blanche, Helen, Mary Ellen, and Rhoda, and brothers, Charles, Luther, Clarence, Raymond, John, and Paul Hahn. Harry's family wishes to extend their heartfelt gratitude to the staff of St. Catherine Nursing Center for the love and care they provided.

Funeral services were held at Elias Lutheran Church with Pastor Jon R. Greenstone officiating. Interment was in the Keysville Union Cemetery, Keymar.

Memorial contributions may be made to the Elias Lutheran Church Endowment Fund, P.O. Box 465, Emmitsburg, MD, 21727. Online condolences may be shared with the family at www.myersdurborawfh.com.

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Raymond Joseph Lingg



Raymond Joseph Lingg, 90, of Emmitsburg, died peacefully at his home on Monday, December 29. Born January 6, 1924 in Emmitsburg, he was the son of the late John and Jane (Baker) Lingg. He was the husband of the late Charlotte (Miller) Lingg, who died in 1994.

Raymond was a long-time member of St. Joseph Catholic Church. As a boy he would often ride the train from Dry Bridge to Hagerstown to visit his beloved "Gram." To her he was "Bud." He was a veteran of the United States Army where he achieved the rank of Sergeant. Except for those years of military service, he spent his entire life in Emmitsburg. He was a self-taught student of history and human nature. This made him a bit of a local historian, able to trace most Emmitsburg families back through several generations. In his younger, wilder days Raymond had a variety of jobs from factory worker to model to runner of bootleg liquor. He later, ironically, became a Frederick County Sheriff's Deputy and custodian of St. Joseph High School and the Seton Center. He came to enjoy gardening, antiquing, and reading activi-

ties, that he shared with his daughters and grandchildren, of whom he was especially proud.

Raymond enjoyed spending time with his family, sharing memories and stories, and watching favorite programs on the History Channel. He loved his country, his hometown, and his family. He will be remembered as a fun-filled and loving father, grandfather, and uncle. His imaginative stories and sense of humor will be sorely missed. His life was not marked by moments of greatness, but everyday things done in a great way!

Raymond is survived by his loving daughters, Lydia Zurgable and husband Greg of Carroll Valley, Lisa Krom and husband Phil of Emmitsburg, and Lori Lingg and husband Mike Dexter of Carroll Valley, sisters, Rita Stahley of Emmitsburg, Ruth Heiser of Hanover, and Doris Morgret of New Oxford; grandchildren, Zane and Hailey Craig; and many nieces and nephews. He was predeceased by sisters, Helen Randolph, Edna Strahley, and Catherine Lowe; and brothers, Edward and Paul Lingg. A Mass of Christian Burial was celebrated at St. Joseph Catholic Church with the Rev. Charles F. Krieg, C.M. as celebrant. Interment was in the New St. Joseph Cemetery. Memorial contributions may be made to St. Joseph Catholic Church, 47 DePaul St, Emmitsburg, 21727. Online condolences may be expressed to the family at www.myersdurborawfh.com.

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COMMUNITY NOTES

FMH announces new leaders to Board of Directors

**Melissa Lambdin
Frederick Memorial Hospital**

Three new board members have joined Frederick Memorial Hospital's Board of Directors. They are R. Carl Benna, Alan D. Mawdsley, and Betsy Pakenas.

"The ever changing healthcare environment demands exceptional talent and leadership," said E. James Reinsch, Chair of the FMH Board of Directors. "Our new board members reflect our commitment to excellence and we will benefit from their expertise."

"We are pleased to welcome these leaders in our communi-

ty to the board," added Thomas Kleinhanzl, President and CEO of FMH. "As we plan for the future of the hospital, the vision and leadership of the Board of Directors is instrumental to help us carry out our mission to improve the health and well-being of the community we serve."

R. Carl Benna is the owner and President of Tillman Properties, Inc. A resident of Frederick for 30 years, Benna has served on multiple boards and commissions locally and has been an FMH Order of the Good Samaritan donor since 1990. Benna was President and owner of North American Hous-

ing Corporation and Chairman of the Board of Farmers and Mechanics Bank. He is married and has two adult children and four grandchildren, all residents of Frederick County.

Alan D. Mawdsley recently retired as Managing Director of Bechtel Enterprises Holdings, Inc. and President of Bechtel Development Company, Inc. Mawdsley has worked in various locations in the United States and spent several years in London, England. He moved to Frederick in 2004. Mawdsley is married with two adult children. His interest in the great outdoors has tak-

en him on many paths, including a hike along the length of the Appalachian Trail in 2013.

Betsy Pakenas is a Senior Vice President-Wealth Management and Financial Advisor for Morgan Stanley in the Frederick branch. In addition to her professional achievements, Pakenas has held various leadership positions in local organizations, including Heartly House, Frederick County Commission for Women and the Rotary Club of Frederick. She is a speaker in her industry and was featured last year in Morgan Stanley's national ad campaign. Pakenas is a Frederick native and is a graduate of Washington and Lee University.

The FMH Board of Directors for 2015 are: E. James Reinsch, Chair; Gerald Winnan,

M.D., Vice Chairman; J. Frederick Manning, Secretary/Treasurer; Thomas A. Kleinhanzl, President and CEO; R. Carl Benna, Gregory P. Dormitzer, Cornelius "Neil" Fay, Bernard Gouin, Theodore Luck, Alan D. Mawdsley, Terrence "Bud" McPherson, Laura Melia, Ellen Noland, President, FMH Auxiliary; Betsy Pakenas, P. Gregory Rausch, M.D., Chair, FMH Development Council; Anne-Herbert Rollins, Past Chair; Dr. Gerrit Schipper, Vice Chief of Staff; Neil Waravdekar, M.D., Past Chief of Staff; Reverend Roger W. Wilmer, Jr., Shawn Wolf, DSL, and Ravi Yalaman-chili, M.D., Chief of Staff.

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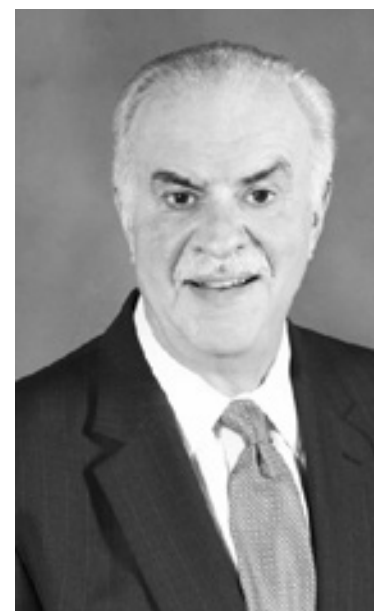
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Betsy Pakenas



Carl Benna



Alan Mawdsley

CIVIL WAR

Interpretive programming

John Miller
Emmitsburg Historical Society
Civil War Historian

Every park and museum that one can visit, most likely has some type of programming. These programs could be tours, talks, demonstrations or some type of special events. These programs are very important as it allows the public to visually see and understand the importance of the site. This is where its important to have quality trained interpreters and staff.

The interpreter's job, or function, is to connect the present with the past. Again, as described in last month's article, interpretation must have a main theme and sub-themes that bring it all together. Although Civil War battlefields as an example, can have many themes, eventually the main theme is the battle itself.

Those sites that are geared more toward nature or the environment will most likely have a Naturalist. Naturalists have similar duties to those of interpreters. Their duty is directed more toward highlighting historical, ecological or scientific features of outdoor surroundings. But the outline of the programming is the same, themes and sub-themes.

Just like any historical park, Monterey Pass Battlefield Park has many characteristics that make it both a historical and natural resource, but it also has many cultural aspects too. It is important to utilize each resource for program development and create programs on the audience you are attracting.

Our park, for example, has several main themes, from the Civil War battle, to troop movements. We also have several natural themes from South Mountain itself, to Happel's Meadow, which is a wetland preserve. There are several species of animals, vegetation and trees that one could see from the wetlands to the forest. Many of the springs that flow from or near our park helps to form the Antietam Creek, Tom's Creek and Red Run. Culturally, one of the early gateways to southern Appalachia came through Monterey. The Mason-Dixon Line, generally viewed as a line that divided slave states from free states, or north and south, is one mile away.

When you add the historical, natural and cultural resources together, many ideas can form about what types of programs to offer. Expanding on this, you also open your site to a larger audience. Let's be truthful, not everyone likes history. At the same time, we want programming that is both educational and fun for all, especially for our youth.

Over the years we have conducted several education programs for our youth. Programs ranging from "Understanding the Civil War Soldier," to "Cannoneers Post!" where youth learn the role of artillery, and train on the cannon. Afterward, a worksheet helps to gauge the distance and what type of projectile to use. This program teaches math, science, and best of all, teamwork.

This year we decided to overhaul our programs and create some new

ones. One of the newest programs we have is "Union Soldiers Dressed In Gray." This program is a visual and hands on program that will break down the New York National Guard in Pennsylvania and Maryland during the summer of 1863. Their story is overlooked by that of the Union soldier who fought at Gettysburg. These men, who were more or less from upper society of New York life, were in no way professional soldiers. But yet during the Pennsylvania Campaign, many of these men marched over two hundred and fifty miles from Harrisburg, PA to Frederick, MD.

Another program, which is in the works, will educate youth on the weather. Since there was a severe thunderstorm during the battle, we want youth to learn about how storms are formed. They will also learn how the storm impacted the battle. Small experiments using ice and water will show how air masses flow and how storms are formed. To end the program we want to stress safety and what to do when a storm comes.

A new history program is being developed that will help youth understand colonial America, and how South Mountain was the dividing line between settlements and the western frontier, as it was in 1750. It will also break down the forest and how settlements de-

pend upon its rich natural resources.

Some of the special park events we are doing this year for the general public are in the final planning stages. Some of the programs such as the annual battlefield tour will now be directed to certain aspects of the battle. To make up for the general overview, we will do a special program at the museum using maps to show troop movements and the layout of the battlefield itself.

One battlefield tour this year will follow in the footsteps of Brigadier General George Custer's brigade, as it was ordered to cut the Confederate wagon train in half. As we move along Charmian Road, first hand accounts of the battle will be told by those from Custer's brigade. Another tour will be the 1st West Virginia Cavalry as they broke through the Confederate lines and began storming the long lines of wagons. Over on the Maria Furnace Road, we will conduct a tour from the Confederate point of view, which will cover North Carolina's role in the battle from the cavalry to the infantry.

Since our battle took place at night, we will be conducting a series of evening programs by campfire. We want to give the visitor to Gettysburg, who is looking for something else to do besides touring the battlefield there after dinner, a chance



The author is pictured here giving a program to the Gettysburg Buff group in Emmitsburg.

to do just that. We want people to know that Monterey Pass Battlefield is Pennsylvania's other major Civil War battlefield. No trip to Gettysburg should be complete without visiting Monterey Pass Battlefield.

For those looking for more information about the Monterey Pass Battlefield, you should log onto montereypassbattlefield.org. Our website has the calendar of events, and media connections such as Facebook and our blogs. Everything you need to keep in

touch and up to date with regard to our battlefield park is on our website. If you are looking for ways to volunteer at a park such as Gettysburg, you should look us up first. Although, we have a smaller visitor center and museum, we are always looking for individuals who share the love of history, and are looking for way to share that passion with the general public.

To read other history articles visit the History section of Emmitsburg.net.

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WWI NEWS REPORTS FROM THE FRONT

February 1

Once again British interest in the military activities on the continent has been overshadowed momentarily by the fact that Germany has brought the combat to Great Britain's front door - the new German policy of the submarine blockade of British ports. Two British merchantmen torpedoed by the Germans near Belfast are the largest commercial vessels that have yet fallen victim to German submarines; the three ships sunk in the Irish Sea were all small coasters.

The Germans, flush with their success in torpedoing British merchant vessels, have warned neutral shipping to keep away from the north and west coast of France and advised them to track north into the North Sea to avoid being sunk by mistake by German submarines, which are said to be operating off the western and northern coast of France.

Germany's declaration of a naval war zone around Great Britain and Ireland, including the English Channel is regarded in Washington as one of the most serious developments of the war.

While it was noted that the German proclamation was directed against "enemy ships," it also applies to ships flying "neutral flags" where there is suspicion that neutral flags are being misused by enemy ships.

Germany's declaration that the waters around England are a war zone contains no threat to American shipping. So far as neutral shipping is concerned, the German declaration serves merely as a warning of the risks involved in navigation of those waters.

There is no precedent on dealing with the submarine question, because international maritime law only addresses actions of ordinary warships not submarines. The ordinary practice in taking prizes and dealing with the merchant ships are clearly set out and establish by long usage - the merchantmen must be halted; boarded and either made a prize or sunk. If sunk, crews and passengers must be taken off. This is contrary to the German threat to sink merchant vessels without warning or taking off of passengers and crew.

In retaliation for the German attacks

on British merchant ships, Britain has declared that food supplies destined for Germany are now contraband, and all ships, including neutrals, will be seized if they should try to reach German ports.

Renewal of a fierce offensive by the Germans near Warsaw has led to some of the heaviest fighting in the war in the East thus far. The Germans succeeded in capturing Russian trenches about 30 miles west of Warsaw, but with losses that are described as enormous. On a front less than a mile long, more than 6,000 Germans are said to have been killed last week alone.

It is suggested that Field Marshal von Hindenburg, the German commander, is again moving towards the Polish capital, with the idea of holding their Russian crack troops, which otherwise might be transferred to the Carpathians, where the Russian and Austrian and German forces are fighting for the mountain passes.

From the point of view of the Russians however, chief importance is the operations in the Carpathians. The Teutonic allies have concentrated large forces to drive back the Russians. The outcome of the battle now raging depends largely the fortunes of the Czar's campaign, not only in that region but as far north as Warsaw.

Heavy fighting is now in progress along virtually the whole Eastern front. To the west of Warsaw the Germans have brought up their first-line troops. The attacks have been raging with the intensity compared with the struggle in Flanders early in the war. Official statements make no mention of the extent of the losses, which, judging from the nature of the fighting must be enormous.

British military experts are unable to explain the sudden and violent offensive by the Germans to the west of Warsaw and in the vicinity of northeast France. In both these regions there has been a return to the old style of German battering, the men being hurled forward in close formations at great sacrifices, with little permanent gains.

Fighting continues between British and Turkish forces in Arabia, near the head of the Persian Gulf, where

the Turks have taken the offensive. After a fruitless attempt made Tuesday night to bridge the Suez Canal, the Turks returned to the attack early the next morning with a force estimated at 12,000 and attempted to cross the waterway on rafts. The British, however were waiting, and the invaders were forced back.

An attempt to destroy the railroad bridge spanning the St. Croix River, which forms the international boundary between Eastern Maine and New Brunswick, was made on February 2nd. One of the three spans of the structure was blown up by dynamite.

The attack on the bridge caused great excitement on the New Brunswick side, where rumors of a German plot spread rapidly. A local Maine man was arrested on suspicion of carrying out the bombing. According to the police the prisoner said he was an officer in the service of Germany. When asked why he dynamited the bridge, he said his country was at war with Great Britain, and that Canada was part of the enemy's country.

February 7

The British passenger ship Lusitania, which sailed from New York January 30th, flew the American flag from the time she passed Queenstown until she entered harbor in Liverpool.

The Lusitania received a wireless message that two German submarines had been sighted in the area. The captain of the Lusitania, in reply to a question of one of the passengers, declared that he had a right to fly the flag of a neutral country for the protection of the neutral passengers the ship was carrying. The Lusitania carried the regulation large American flag at her stern, with a small American flag and pendant flying from her foremast.

A British official today said that as the British government grant ships of other nations the privilege of using the Union Jack to escape capture it naturally feels that a similar privilege would be granted to its ships in a similar emergency.

The Administration's view of the hoisting of the American flag on the British steamer Lusitania is that the use of other flags by ships of nations at war is such a customary practice that no formal protest could be made.



The use of the American flag by British ships to escape attack by German submarines became a contention between England and the US.

In a note to Great Britain the United States pointed out that the use of the American flag by British vessels would be highly dangerous to neutral vessels and would be viewed by this government with anxiety. In a separate note to Germany, the United States warned that the torpedoing of an American vessel by a German submarine might lead to a change in the heretofore-friendly relations between the two countries.

German government officials in Washington however said that belligerent ships continued unchecked use of the "Stars and Stripes" could not but result in disaster to American vessels.

Reports from Austria state that the price of bread has gone from 14 cents to \$.50 a loaf. Grain markets and Austria are said to be in a desperate condition. The bread now being sold is made up largely of substitutes for flour. Residents of Vienna are said to be complaining of the constantly increasing prices asked for meats. Hogs are now reported to be almost unattainable.

Meanwhile in England, in view of the increasing cost of food, the English parliament voted on a policy to grant the government control of foodstuffs and coal. While the resolution was defeated, there are strong views that im-

mediate action is necessary, as prices are increasing daily.

Meanwhile the Germans have announced they are prepared to allow prisoners to starve if Great Britain's plan to cut off food supplies to Germany is implemented. "Allied prisoners of war must starve first. We have 600,000 prisoners, and in occupied Belgium and France, another 11 million people. If it comes to starving, the subjects of hostile countries will suffer first."

The event of immediate importance in the East is a German victory in East Prussia, which according to Berlin reports, was in overwhelming one. It is assumed in Germany that the danger of Russian invasion in that region it ended, but it is not yet clear to what extent the conduct of the campaign will be affected.

The battle in the Carpathians, which is to decide whether the Russians will be able to force it's way over the mountains and invade Hungary or driven back to the northward, apparently is as far from a decision as it any time since the Austrians, with their German reinforcements, launch a counter attack. Each of the opposing armies has won its minor victories but neither has been able to gain sufficient headway to place the other definitely on the defensive.

Germany and Austria have declared

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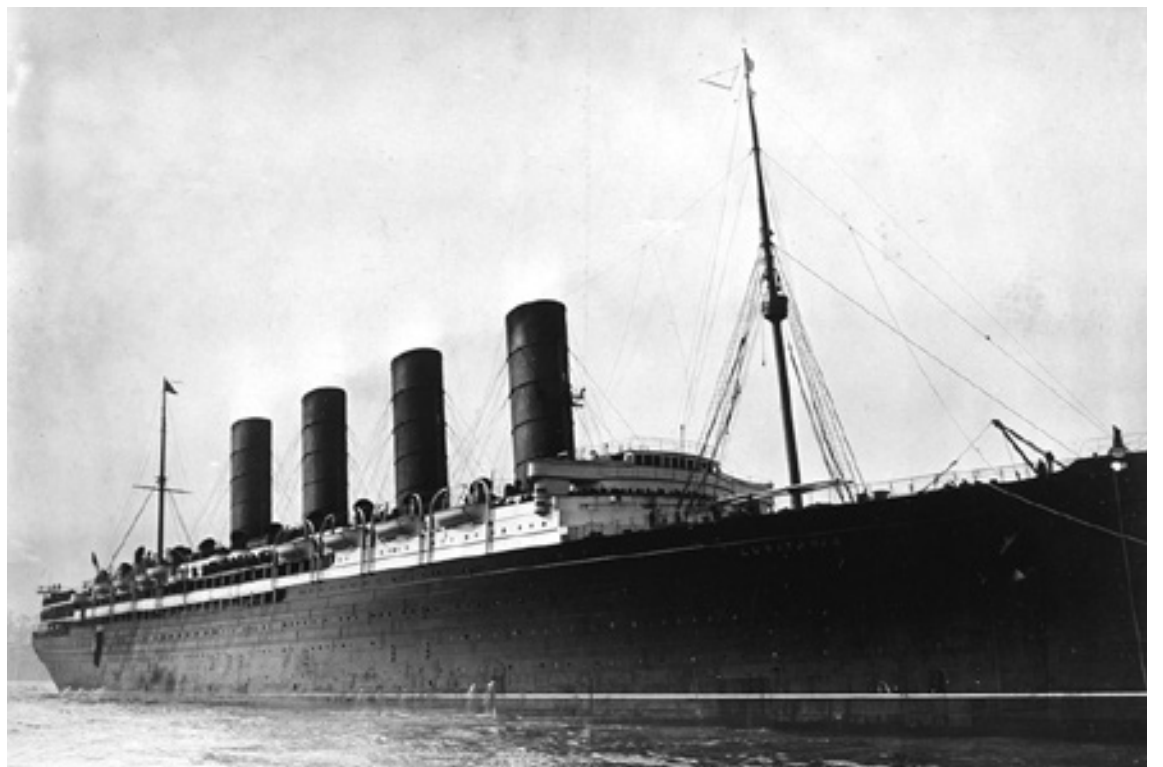


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The RMS Lusitania was the first British ship to fly the American flag to escape attack by German submarines. Its sinking later that year helped sway the American public opinion into entering the war.

100 YEARS AGO THIS MONTH

Poland to be an independent state, and no longer part of the Russian Empire. Plans call for holding a convention at Kraków, for the purpose of choosing a King. It is stated that Archduke Karl Stephen of Austria is a likely candidate for the throne. Germany has said it will cede its province of Silesia to the new Polish state.

Resolutions in favor of joining the allies in the European war have during the past two days been adopted by more than 2,000 Italian societies. The Italian Premier has held almost daily conferences with his Ministry of War, the results of which have been placing of the entire Italian army on a war footing. The Italian public is insisting that the country regained territory now held by Austria.

The situation in the Balkan states appears to be rapidly crystallizing. Bulgaria is set to receive another consignment of her German loan within the next few weeks.

The allies seem quite satisfied that Romania will ultimately join their side. It is believed that a condition placed by Germany on its loan to Bulgaria is that Bulgaria will attack Romania in the event of a Romanian attack on Austria.

February 14

The German government, in a note presented today to the State Department, announced its willingness to consider reversing its intentions of attacking British merchantmen provided Great Britain would cease from efforts to prevent foodstuffs from reaching the civilian population of Germany.

The German note adds that the Berlin government has information that British merchant vessels or being armed and have orders to sail in groups for protection, and further they would try to sink submarines. It declared that there was now no question of searching them, but the result would be the German ships would sink them, because they are now held to be warships.

The note declares further that Great Britain, according to information of Germany, intend to use neutral flags, and therefore all shipping would be in danger in the war zone. The German chancellor says that in most cases German submarines will be unable to distinguish between neutral and British vessels encountered in the war zone, and that all merchant therefore run the risk of destruction. It was urged, therefore, that neutral shipping adhere to Germany's request and go around the north of Scotland, which has been declared outside the war zone. In Berlin statement also suggesting that British submarines my purposely sink neutral vessels, in order to precipitate a conflict between Germany a neutral nations.

England announcement of her retaliatory policy of the German blockade by shutting off all German food supply from the outside has the potential of drawing in many currently neutral countries, like the United States, into what is currently a European war.

Berlin is again celebrating the success of Field Marshal von Hindenburg, as further details of the East Prussian operations are received. 50,000 Russian prisoners were taken when the Russian 10th army, consisting of 11 infantry and several cavalry divisions, was encircled and forced to surrender. The Russians are still being pressed further eastward.

It is believed the re-occurrence of the

general German offensive in the western theater depends largely upon the outcome of the present eastern situation. Opinion here is divided whether the Germans are planning a great invasion of Russia or whether their chief desire is simply to free Austrian territory of Russian forces and make secure their lines in central and northern Poland.

The attacks of the allies in the West, supposedly to prevent the Germans from developing their offensive movements in Russia, have led to several engagements at several points in Belgium and France. But little land was exchanged.

Reports that Serbia has been invaded by a strong force of Albanians may bring Italy and Greece into the war. The Albanians have crossed the frontier of Serbia in great numbers and the Serbian forces have been forced to withdraw.

British and French battleships launched a massive attack on Turkish positions at the entrance to the Dardanelles, the narrow strait separating Europe from Asia in northwestern Turkey and the only waterway linking the Mediterranean Sea to the Black Sea.

The bombardments made little initial impact, as the Turks were not caught unaware as they had long known an attack on the Dardanelles was a strong possibility and had been well fortified by their German allies. Turkey's entrance into the war on the side of the Central Powers isolated the Russian navy from the Allied naval forces, preventing cooperation between the two, as well as blocking passage of Russian wheat and British arms back and forth.

Reports of a great Turkish victory in Egypt, printed in letters of gold, have been posted in Jaffa. The people have been told that the Suez has been occupied by the Turks who are now marching on Cairo. Graphic descriptions of sunk British cruisers in the Suez Canal caused great jubilation. The Turkish casualties in these engagements were given as 10 men killed and 25 wounded.

The German steamer Holger is headed for Buenos Aires with crews of several English steamers captured by some German warship, probably off coast of Brazil.

The Holger has been identified with German activities in the South Atlantic.

The Canadian government has requested that the United States post guards on all border crossings between Canada and the United States. The request was to prevent German sympathizers from entering Canada and attacking key Canadian industries vital for the war effort.

Germany and Austria complained to the State Department today that submarines were being built in the United States for Great Britain. The German Embassy said: "Plants of the Bethlehem and the Union Iron Works are sending the component parts of submarines, ordered by the British government, to Canada. Submarines are also being built in Boston and Seattle." The attention of the United States Department has been drawn to these facts by the Germans and Austro-Hungarian as be-

ing in contradiction with the laws of neutrality.

February 22

The second week of Germany's submarine campaign opened this week with a loss of two more British ships. In the past week 10 vessels, seven of them British, have been sent to the bottom.

Word has been received that the American ship Carib has been sunk by a mine. The German Admiralty has pointed out that the destruction of the American steamer was due to them not following the course prescribed. The German government reiterated the safety of prescribed courses through German minefields and reissued the courses which vessels bound for German ports should follow in order to be perfectly safe.

A German submarine which for the past few days has been lying in the English Channel in wait for ships fired a torpedo at the steamer Victoria. The captain of the Victoria, however saw the characteristic wake made by the torpedo and slowed down his vessel, and the torpedo passed harmlessly about 100 feet in front of her.

The French were notified of the submarine's attack and a torpedo boat belonging to the French navy found the submarine the next morning and opened fire, scoring several hits before the submarine was able to dive. A wide patch of oil was seen afterwards on the sea at the spot where the submarine disappeared, and it is assumed that the submarine was wrecked.

The American proposals for cessation of submarine warfare and the admissions of foodstuffs to Germany are before the German and British governments but there are no indications whether they will find acceptance.

The Russian have admitted that their 10th Army has been destroyed as a result of the recent German victory in East Prussia. It is estimated that more than 100,000 Russians, including seven generals, were captured.

There have been no important changes on the main battlefields of the west or east. In London the opinion is growing that the Germans are soon to make a great general attack in France, remaining on the defensive in Poland. Russia on the other hand fully expects another German drive towards Warsaw.

The fighting in the Carpathian Mountains between Russians and Austrians and their German allies is becoming rapidly much like siege warfare. Over 200,000 men had been fighting hand-to-hand in trenches without making any material advance. During the night of February 19, the Austrians picked up 8,600 wounded and over 3,000 dead. The wounded had been lying on the ground some of them for 18 hours without food or medical assistance.

British naval forces again entered the Dardanelles straits. This time the Ottomans evacuated the outer defenses and the fleet entered the straits to engage the intermediate defenses with the intent of destroying the batteries defending the minefields in the upper waterway. Without neutralizing the minefields the allied fleet cannot move forward with its plans to capture Constantinople.



America's policy, "peace, commerce, and honest friendship with all nations, entangling alliances with none," was reinforced almost daily.

The Russians are concentrating large forces at Odessa, in readiness to move them to Midia on the Black Sea, 60 miles northwest of Constantinople, with the intent to join the British and French attack on that city. An attempt on Constantinople is expected soon. The Sultan has made plans for a hasty departure from Constantinople when an attack is made. Once the waterway is in possession of the Allies, a vast amount of Russian wheat would come out from the Black Sea and be distributed to ports in France and England.

With tensions between Turkey and Greece rising, Turkey has asked the Bulgarian government if it would permit Turkish troops to pass through Bulgarian territory for an attack upon Greece should war be declared. The Bulgarian government stated that nei-

ther country would be permitted to transport troops across its territory.

Three new German submarines arrived by railroad yesterday at Pola, the chief naval station of Austro-Hungary, and will begin operations not only in the Adriatic but the Mediterranean. A dispatch from Munich says that Germany is arranging to send several other submarines to Austria.

Clashes between factions favoring and opposing war continue to create disturbances in Italy and the plan of the government to suppress public meetings for the discussion of this question led to a turbulent scene in Parliament. The Italian Premier defended Italy's policy of watchful neutrality.

To read prior news reports on WWI visit the Historical Society section of Emmitsburg.net.



The Dardanelles Campaign, also known as the Gallipoli Campaign, would prove to be a military disaster for the Allies.

COLD WAR WARRIORS

The Cold War weapons complex

Captain William Hicks
USN, Retired

Part 2

Production of the nuclear weapons

The Manhattan Project managed the research and production of the first few nuclear weapons as basically a research project in which the production sites were developed as the research determined a need for the products. Thus much of the research and production was comingled at the same sites. Production tasks were accomplished by the research community at sites such as Los Alamos, NM; Oak Ridge, TN; and Argonne near Chicago, IL.

Following the end of WW II, the military value of nuclear weapons became a subject of study by all services. Each service wanted an inventory to suit its particular strategies. The wish lists included large numbers of many types of nuclear weapons from very large



Calutron at the Y-12 Plant at Oak Ridge, from the Manhattan Project, used for uranium enrichment.

bombs to small man-portable satchel charges. It was clear that meeting these demands would require a significant increase in the research and development portion of the nuclear weapons complex as well as a significant increase in the industrial production portion of the complex. It was also determined that production efforts should be separate from the research efforts.

The nuclear weapons supply chain contains many different products. Uranium is the basic

material. Uranium occurs naturally and must be mined from the earth. Once uranium ore is available it must be processed into a form that can then be enriched to increase the percentage of fissile material. Only 0.7% of natural uranium is the fissile element U235. Enrichment is necessary to increase this percentage from 3.5% to 97% depending on the end-use for the uranium. The feedstock to the enrichment process is normally gaseous.

Several different enrichment processes have evolved. The initial process was the calutron which was developed and installed at Oak Ridge. By the end of the war, gaseous diffusion was the more rapid and preferred enrichment method. Today centrifuges are the enrichment method of choice. The use of centrifuges has been discussed recently in relation to the Iranian actions to enrich uranium.

During the Manhattan Project, it was theorized that a nuclear detonation could be produced either by producing a supercritical mass of fissionable uranium—U235, or a supercritical mass of PU239. Both theories were developed and bombs were produced using both methods. In fact one of each design was dropped on Japan to end WWII.

Following WWII, the preferred weapons designs focused on Plutonium 239 (PU239). Of approximately 90 different nuclear weapons systems developed, less than ten depend on U235 as the fissionable material to produce the explosive energy. Additional research resulted in the development of the fusion (Hydrogen) bomb in which PU239 fission criticality was the initiator for the fusion reaction which produced much greater energy release. Starting in 1954, the hydrogen bomb became the predominate type of nuclear weapon being developed and manufactured. A few low



Calutron at the Y-12 Plant at Oak Ridge, from the Manhattan Project, used for uranium enrichment



K-25 at Oak Ridge served as the United States' principle gaseous diffusion facility for the enrichment of uranium for use in nuclear weapons. At one time, it was the largest building in the world.



President Truman signing the Atomic Energy Acts that created the Atomic Energy Commission, which was responsible for the development of both peaceful and military uses of atomic power.

yield specialized designs continued to be solely fission weapons.

The enriched uranium is used as fuel for nuclear reactors in which Plutonium is created by capture of neutrons by U238 (the more abundant natural isotope of uranium) during the critical operation of the reactor. A significant amount of critical operations is required to produce the necessary amount of PU239. In practice that required operation of several large reactors full time to produce the amount of PU239 required to meet the weapons

production demand.

Once PU239 has been produced during reactor operation, it must be separated from the other fission products and materials in the reactor core. This is both a complex chemistry problem as well as a hazardous radioactive process. In practice the PU239 separation processes were conducted in remotely controlled, shielded facilities commonly known as canyons.

Remote operations were generally not computerized robots, but directly operated manual manipulators viewed through shielded windows and mirrors. The waste byproducts from the separation process were very toxic and highly radioactive liquid waste streams. No effort was made to develop a permanent dispose process for these hazardous wastes. As an immediate solution, they were stored in underground tanks until a permanent disposal process could be developed. These liquid wastes are a challenging part of the legacy of the cold war nuclear weapons enterprise.

Once the PU239 was extracted as a metal, it was formed into the desired shape to support the weapon design. The bomb designs required many other materials and components, all of which were provided by the AEC industrial complex. These materials and components spanned the spectrum from materials such as deuterium and tritium (isotopes of hydrogen), lithium, and Beryllium to very precise explosives and

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COLD WAR WARRIORS

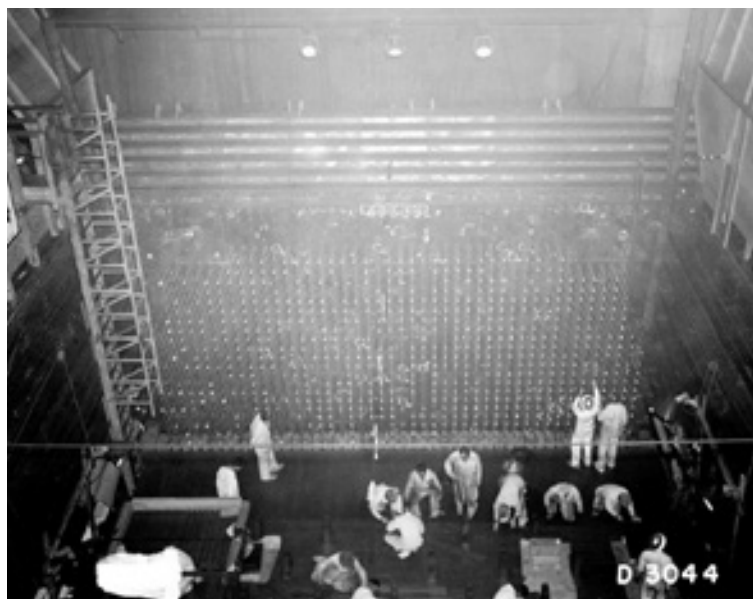


A 1949 exhibit in Oak Ridge showed the early use of "mechanical hands" for remote handling of atomic materials.

drove many of the decisions regarding sites and functions across the complex. In the beginning, almost every site of the industrial complex was operated by an industrial company with expertise in the specific area of manufacture. Many companies agreed to operate the facilities as a patriotic duty. Over time as discussed above this situation changed to one in which contractor selection was by competitive bidding and the sites were operated by contractor teams as for-profit activities.

Uranium ore was processed and prepared for enrichment processes at the Fernald plant in Fernald Ohio. This mission was also accomplished at Weldon Springs Mo. for a few years. Uranium ore has uranium content of as little as .25%. In order to extract the uranium metal, the ore is ground into a fine powder and chemically leached to separate the uranium. The resulting mixture called yellowcake contains a large concentration of U238. The yellowcake was shipped to the enrichment facilities where the U235 concentration was increased to support nuclear critical operations either for weapons or power generation.

Plutonium was created in production reactors at Hanford site in Richland Washington starting in 1944. In order to ensure continuity of production, a second site was established as the Savannah River Site near Aiken South Carolina and Augusta Georgia in 1950. Both sites also manufactured the reactor fuel for the production reactors. The sites also processed the expended fuel elements removed from the reactor to extract the PU239 and other isotopes of interest as well as recycle usable uranium fuels into the fuel elements they manufactured. The processing of the expended reactor fuels resulted in significant amounts of highly radioactive liquid waste which was simply stored



Unlike today's reactors, fuel rods for early Cold War weapons production reactors were loaded by hand.

the timers to control them to the cases in which the bomb components and the whole bombs were packaged and the delivery items such as parachutes and proximity fuses to trigger the explosion.

The nuclear weapons stockpile grew slowly until 1950 when it became clear that the Soviet Union had developed nuclear weapons and the cold war was becoming more intense. In that period, nuclear weapons with many different sizes and uses had been developed which increased the complexity of the work of the nuclear weapons complex. During this period the strategy for survivability was being developed which meant that many weapons widely dispersed were required. It also lead to decisions to disperse the facilities of the nuclear weapons complex such that loss of one site would not stop production.

The following specific facts are provided by Charles Loeber in

his book describing the history of the nuclear weapons complex: Stockpile grew from 13 weapons in 1947 to 1169 in 1953 to 22,229 in 1961. The production rate exceeded 7,000 weapons per year in 1959 and 1960. Between 1950 and 1963, 39 new weapons systems were added to the stockpile. Employees both contractor and government grew from approximately 55,000 in 1947 to 142,000 in 1952. In total, the United States has produced about 70,000 nuclear weapons of 72 major types since their invention. At the end of the Cold War in 1991 the United States had an active arsenal of some 23,000 weapons of 26 major types.

The nuclear weapons industrial complex

The following discussion reflects the nuclear weapons complex in the mid 1980's. The pressures and dynamics discussed above

in underground tanks. Hanford also produced plutonium metal pits which are the fissionable parts of the weapon.

Savannah River produced heavy water for the production reactors. Heavy water was produced by concentrating the small proportion of heavy water found naturally in the Savannah River. Heavy water is the term for Deuterium Oxide, water in which the hydrogen atom is H2. Heavy water is used in plutonium production reactors to increase the efficiency of the reactor to produce plutonium during critical operations. Heavy water is also the source

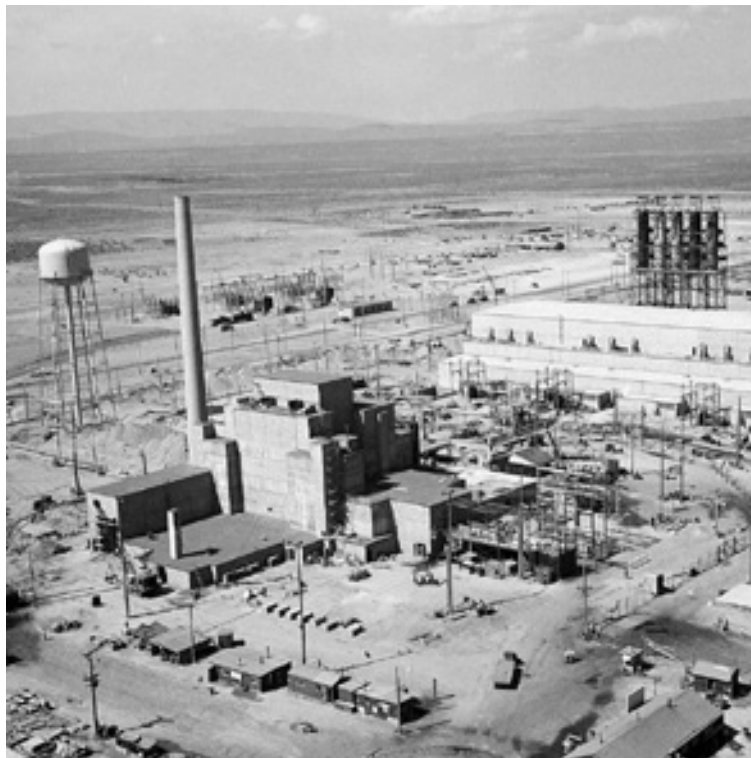
of deuterium which is part of the fusion reaction in fusion bombs.

Tritium was also produced at Savannah River Site during reactor operations by the irradiation of special targets containing lithium 6 followed by separation and storage of the tritium gas. Savannah River and Hanford sites carried out additional production tasks in support of non-weapons nuclear activities such as medical isotopes and commercial and naval reactor fuels.

To read past Cold War Warrior articles visit emmitsburg.net.



A map of the US nuclear weapons complexes at the height of the Cold War.



Reactors, like this one in Handford, used enriched uranium and converted it into plutonium for nuclear weapons.

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MOM'S TIME OUT

Love your kids. . .

. . .without losing your marriage

Mary Angel

Love your kids without losing your marriage. It sounds like a self-help book, and maybe it should be. Too often parents spend years of their lives so focused on raising their children that they lose sight of themselves and each other. It doesn't have to work that way, nor should it.

When you are first married you are each other's "everything". You do everything together, you think of one another often, and you find it easy to put your spouse before yourself. This is not to say that the first year isn't a year of getting use to co-existing with another person, but there is only that one other person.

Then suddenly (or not so suddenly) you have a baby. Now there is another person vying for your attention. On top of that, this other person is completely helpless and needy. This little miracle can do nothing without you (except maybe poop, pee and spit up). There is nothing more enduring, especially to a mom, than to see your little bundle of joy and know you are their everything. It can become quite consuming. Let alone the time you spend caring for the baby, by the time

the evening rolls around you are less than good company and conversation is limited to you snoring on the sofa. You can easily be drawn away from your spouse without even realizing it. After all, your spouse can take care of themselves. Their existence does not depend on you. Maybe, though, you have forgotten that the existence of your marriage depends on both of you. This relationship that is becoming more of a casual friendship needs time and it needs work.

At some point, maybe, you both agree that when the baby gets bigger things will get back to normal. When your child is older there will be more time for the two of you... it will be easier. So you stop trying so hard to make time for the other person. One baby leads to another but that's OK because you will have more time when they start school. Then the day finally comes when all of the kids are in school. Only now you are both working and your days are spent apart. In the evenings, when you were going to find time for one another, the kids need help with homework, you are going in different directions to get them to soccer practice, ballet, etc. and don't forget the PTA meetings. This is al-

right though because when they reach middle school and high school they will be independent. Then you will reconnect with this stranger in your house.

The day has come, the kids are teenagers and completely independent... or are they? Now you are teaching them to drive, picking them up after school from track practice, play practice, and all of the clubs they are in. Having the late night talks about some girl/boy they like who doesn't know they exist and taking them to the mall to hang out with their friends. You and your spouse are now two ships that pass in the driveway. You aren't even strangers in the same house because you never see one another. You still aren't too worried because one day they will be off to college and you will have plenty of time then.

Another mile stone has been met, all of the kids are out of the house. You made it! Now you and your spouse can finally spend time together and put one another first. But, suddenly you realize you don't know this person you are married to (let alone knowing yourself). You have spent so much time doing things apart that you have nothing in common. Not only that but you have spent so much time on your kid's lives that you have noth-



ing that is yours either. You don't even know what you like to do, let alone what your spouse likes to do.

This whole thing could have been avoided. Simply by putting your spouse before yourself (before your children) and by continuing to date your spouse through your entire marriage. I have talked before about dating your spouse. I have even laid down the rules for dating, but sometimes that isn't realistic. That doesn't mean you just forgo it altogether. Quite the opposite actually, you find time whenever you can. Maybe you meet for lunch one day, maybe you both go to swim practice and sit in the car and chat instead of watching. I am not suggesting that you never again watch your children at their events; I am simply saying that if you skip a practice here and there to keep a healthy marriage then you are doing your children a better service than making every basketball practice they have. Maybe you put the kids to bed a half hour earlier once a week so you can reconnect, or maybe you feed the

kids an early dinner and you eat dinner together later. Not only would you avoid living with a stranger after 20 or 30 years of marriage but what an example you would set for your children.

The bottom line is we love our children, even more than we love ourselves. Sometimes, though, it can be to the detriment of your marriage. We often give our kids the "everything in moderation" speech when it comes to eating, playing video games, and candy. We sometimes forget that "everything in moderation" can apply to so much more. In other words, a little more moderation on other things in life and there may be a few extra minutes each week for your spouse! My husband and I know, but don't always remember, that it takes work to find time to work on our marriage. Someday we hope to travel and do all kinds of things together, just the two of us. We hope to find the time now to stay connected for our future. Next month's article will be Loving Your Family without Losing Yourself.



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Kitchen gadgets!

Brooke Hagerty
The Food Chick

There are a million of them out there and I am sure that you, like me, have tried more than your fair share of them. Personally, I love kitchen gadgets and rarely can I resist picking up the latest one in the "As Seen on TV" section at the local dollar store. They come in all shapes and sizes, all price ranges, from the sublime to the ridiculous to the "Wow, why didn't I think of that?"

Kitchen gadgets have been around for centuries and some of those oldies but goodies are still around today. The hand held eggbeater was first invented in 1873 and remained the same until about 40 years later when the electric eggbeater was invented. The eggbeater is one gadget I don't have but I think I might like the original non-electric version prior to the newest model.

The oddest piece of history of kitchen gadgets is the story of the can opener. Louis Appert's invention of vacuum-sealed glass bottles won the prize of 12,000 francs offered by Napoleon to the man who could devise a way of provisioning his armies. That was in 1795. In 1812, the year of Napoleon's retreat with remains of his butchered, frostbitten army from Moscow, an English patent was taken out for Appert's process. Tinplate was substituted for glass bottles, and the first cannery was established in England. Soon the canning process reached America. It was 50 years before anyone invented a satisfactory gadget to open these cans. Even then, when the first came on the market in 1860, they were dangerous weapons, with a spike and a heavy handle. Until that time, the only instructions for opening these cans was "cut around the top near the outer edge with a chisel and hammer."

Today's inventions continue to entice and enthrall many consumers. In my personal arsenal, my two favorites are the Veggetti and the Nutri-Bullet. I use both about two or three times a week.

First my newest gadget, the Veggetti. Obviously this is not the best name but I does give you an idea of what it does, it turns vegetables into "spaghetti like" noodles. The Whole idea is to lighten your carbohydrate and gluten intake and of course to reduce calories. According to the packaging it can reduce your calorie intake of pasta from 800 to 60 and your carbohydrate intake from 160 grams to 8 grams. Eight ounces of plain noodles versus 8 ounces of zucchini is 433 to 41 so factoring in the average store bought spaghetti sauce this seems about right.

As far as carbohydrates, according to my IPAD and Google eight ounces of spaghetti noodles have 66 grams of carbs versus the eight of zucchini. So, a little difference there but I think we can all agree that zucchini is better for you than traditional pasta. I'm not saying pasta is bad

but vegetables are definitely a better call on a daily basis.

Recently I used my Veggetti to make "Pasta Puttanesca". This super easy recipe took about 30 minutes to complete from start to finish. I used squash and zucchini to get some color variation and then added broccoli and shrimp for extra iron and protein.

"Pasta" Puttanesca With Shrimp And Broccoli - serves 4

Ingredients

- 2 cans diced tomatoes
- 1 tablespoon tomato paste
- 1 tablespoon minced garlic
- 2 tablespoons diced onion
- 3 tablespoons capers (do not rinse)
- 1 small can anchovies in oil (preserve oil) - small diced
- 1 teaspoon Worcestershire sauce
- 1 teaspoon dark balsamic vinegar
- Salt and Pepper to taste
- 1 pound peeled and deveined shrimp
- 1 pound but fresh broccoli
- EVOO - to coat bottom of pan
- White wine
- 2 medium size squash and zucchini

Cooking Directions

Sauce: In large sauté pan heat EVOO and add onions and garlic

for three minutes. Add anchovies until well incorporated, approximately five minutes. Add tomato paste and stir in for 3 minutes. Add tomatoes, bring to boil and set to medium heat. Add remaining ingredients and simmer, stirring occasionally for 15 to 20 minutes.

In a medium sauté pan heat EVOO, toss in broccoli and stir to coat for five minutes. Add moisture with white wine, just enough to cover bottom of pan. Add shrimp and toss until shrimp is bright pink about 5 minutes. (be sure no to overcook shrimp as it will tighten up).

For the pasta follow package directions on Veggetti. Be sure to first cut off the ends of squash and zucchini. Now pull it all together! Toss the "pasta" with sauce and top with shrimp and broccoli. If you like you can top with fresh Parmesan cheese.

My Nutri-Bullet has quickly become my breakfast go to, providing a quick breakfast with easy clean up! When you purchase this item it comes with great recipes filled with calorie counts and nutritional values. When I purchased mine on line it was also a BOGO (buy one get one) so I had an instant birthday gift for my bestie! My favorite



The Veggetti turns vegetables into "spaghetti like" noodles.

breakfast drink contains the following: cantaloupe, banana, spinach, blueberries, unsweetened almond milk and either chia meal or hemp meal (sometimes both). Usually about a handful of each of the fruits and veggies, a tablespoon of the meals and the almond milk just to the line indicator on the container. Important - do not add liquid over the line as it will overflow and burn out your motor.

The great thing about the "Bullet" is that you can mix and match with so many combinations. The sky is the limit with only your imagination to stop your creativity!

As always, should you have a question, an idea for an article or are in need of my personal chef/catering services please contact me at brooke@thefoodchick.biz. Be sure to check out my website, www.thefoodchick.biz.



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SCHOOL & LIBRARY NEWS

What's new at your library

Linda Frydl
Frederick County Library

Free Job Assistance – Drop In

Goodwill of Monocacy Valley and the Emmitsburg Branch Library are partnering to provide free job counseling monthly on the 2nd Wednesday of each month in Emmitsburg. This includes one-on-one help with interviewing, resume writing, online application help and computer training. This community partnership was created to help place people in job situations. We look forward to helping you. Can't make it to the library? Call Goodwill for more information at 301-662-0622 ext.209.

Community Toy Swap: Is your house filled with toys that no one plays with?

Want to get your kids something new to play with? Drop in during our community toy swap and freshen up your toys without spending a dime. Bring a new or gently used toy and swap it for another. Any leftover toy donations will be sent to Goodwill. Guidelines: Children must be accompanied by an adult. Games and puzzles must include all pieces. Anything cloth (i.e. stuffed animals, etc) must be laundered before bringing in. Thurmont Branch Library, Saturday, February 21, 1-4 pm.

Emmitsburg Library's Featured Artist – Caroline Jones

Visit the unique art exhibit of Caroline Jones at the Emmitsburg Branch Library on South Seton Avenue dur-

ing regular hours. Caroline, a local artist who comes from the famous family of artists that include Howard Pyle, N.C., Andrew and James Wyeth, was particularly influenced by her great-grandmother Ellen Pyle and her sensitive treatment of figures on 1930's covers of the Saturday Evening Post. With a wish to help others through art, Caroline is displaying some pieces for a cause in Nguvu Series. Nguvu is Swahili for Strength. See this exhibit through March.

Delaplaine Satellite Gallery – Thurmont Branch Library

Our featured artist, February through May, is Jing-Jy Chen. Born in Taiwan, Jing-Jy Chen received a BA in Chinese

literature from Taiwan Normal University and a Masters Degree in Education from the University of Rochester. She started Chinese painting during her college years. She exquisitely portrays images of wildlife and nature through her delicate watercolor technique and keeps with Chinese tradition by using written characters and red signatures. The subtle strokes, simple lines, and limited color areas create an excellent sense of negative space. Her work has a graceful fluidity and the refined but fragile beauty and mystical quality of her renderings invites viewers into the story and presents them with new vistas.

Love Your Library: A Friends of the Library Event

Visit the library today with the whole

family. Create a Valentine 'make and take' craft, play games and more. Meet the neighbors who help the Friends of the Library and discover how you can get involved. There's no obligation. Just stop, say hello and share your love of the Emmitsburg Library. Saturday, February 14, 10 am – Noon.

Special Children's Program: Hibernate at the Library

Come hibernate at the library and enjoy a special reading of the story "Bear Snores On", as well as hibernation-inspired activities and crafts. Saturday, February 21, 11 am – Noon.

All Frederick County Public Library branches will be open regular hours on President's Day, Monday, February 16th.

To learn more about upcoming events at the library visit: www.fcpl.org.

Mother Seton School

Lynn Tayler
Mother Seton School

Love is in the air at Mother Seton School! And just in time for St. Valentine's Day.

We love our Prayer Partner program, where older students are paired with younger students to fill a mentorship role. It warms the heart to see the Prayer Partners together—playing games, creating crafts, praying with one another. The older partner takes their job seriously; you see it in the way they look out for the little ones. The younger partner looks up to their old-

er buddy, and if you could see the light that shines on their face when they see their Prayer Partner in the hall—well, it's sweeter than a box of Whitman Samplers.

We love our teachers, who put in so much time to make their classrooms a warm, nurturing place for learning. They spend hours of their personal time to create experiences for the students that go beyond the school bell. They lead activities like yearbook committee, science and engineering clubs, Spanish club, chorus and band, Art Angels—and that's just to name a few. If it weren't for the dedication of

our teachers, we wouldn't have a Monarch Waystation or a service-oriented youth group (Vincentian Marian Youth). Green School certification wouldn't have been possible without their commitment.

We love our new Chromebooks, which have greatly expanded our technology program to create more opportunities for learning. We would not have them if not for the generosity of our families, alumni, and other benefactors in helping us raise funds during our annual Penny Power appeal. We certainly felt their love for us through their participation and support!

We love our friends in the community—friends like Jubilee, who supports many of our events. This month, look for specially decorated bags at Jubilee when you pick up your groceries. Our Art Angels, led by Karolyne Myers, is sending MSS love out to the community and Jubilee is helping us do this. There are so many other friends who are gracious with the gifts, not to mention the people of this community who participate in our events, and we are thankful for each and every one. Our wish for this year is that we will see you soon at one of our Bingos (next one is February 21st) or our St. Patrick's Day dinner (March 14th).

Most of all, we love our students. They are the heart of our school and

they make us proud. I feel privileged to be able to get to know these kids, not just the friends of my own children, but all the students. I've never been in the company of so many bright, joyful, and respectful children all at once. They are truly children of God and they are the faces of Christ's love for all of us. If it weren't for these students, MSS would be just another school. Instead, we are a warm, welcoming, faith-filled family. What's not to love about that?

The Mother Seton School Spaghetti Dinner is Sunday, January 25th, Noon-4:00 p.m. \$8/11+, \$5/3-10, under 2 years-FREE. Visit www.mothersetonschool.org for more information.

Frederick County School Board

Katie Groth
Frederick County
Board of Education

January is the season for draft budgets. Superintendent of Frederick County Public Schools, Dr. Terry Alban announced her first draft budget for Fiscal Year 2016 on January 7. Education in Frederick is "at a crossroad,"

Alban said. "The road of Maintenance of Effort we have been traveling" is a "road filled with roadblocks, detours, and obstacles," she added, referring to the several years of flat funding from our county commissioners. As a school system, we have not been able to move forward. With rising costs of services and flat funding, we have not been able to give our employees rais-

es commensurate with their increasing work load. But now, Alban says, we are at a crossroad and that crossroad is "a place of hope" for Frederick County Public Schools. The hope is, she adds, that the new county government will be more supportive of our excellent public schools and begin to help us rebuild.

At the present time, the board of education is beginning its study of the superintendent's draft proposal, and will hold its first public hearing on February 4. This will be a time for the public to weigh in on budget priorities and to let the BOE know what is important to them for the upcoming fiscal year which begins on July 1, 2015. Members of the community are urged to attend and voice their ideas. The Board of Education will adjust the superintendent's draft budget as they deliberate, and the Board's approved budget request will go forward to the Frederick County Council on February 18.

A major challenge the Board faces each year is that we do not know for sure how much money will be available to us from our funding sources. The Governor's budget has been announced, but it will not be approved until the end of the session of the General Assembly. The Frederick County Executive, Jan Gardner, will soon release her draft budget, but it is subject to approval by the County Council. The job of the Board of Educa-

tion, however, is to forward a budget that reflects what we believe to be the needs of the school system.

This year's budget discussions will be around the new FCPS Strategic Plan, being developed at this time by the BOE with much input from the community. The Board hired a consultant to manage the process, and the participation from all stakeholders in the county has been valuable in assessing what our citizens want from their public school system. As the budget discussion proceeds, the goals of the new strategic plan will guide the Board's deliberations. The Board will continue to solicit public input during the discussion phase.

Selected Budget Highlights

The superintendent's recommended operating budget for fiscal year 2016 is \$563,974,912. This is an increase of 4.5% over fiscal year 2015. Most of this increase is due to the increases in the cost of doing business.

The recommended budget has \$23.6 million more in expenditures than the revenues we expect to receive. The recommended budget includes \$1.9 million for increased enrollment, an amount required by law.

Another large increase in mandated expenses includes those required by law. These expenses include an increase in pension expenses, replacement of buses, and the net growth in allocation to charter schools.

A set-aside salary and staffing resource pool is subject to negotiations with our employee bargaining groups. Negotiations have not yet begun.

Our people are our greatest resource. More than 86% of our operating budget is for salaries and benefits.

Dates to Remember in the Coming Weeks

February 4 – BOE Public Hearing on the Superintendent's Proposed Budget - (7 p.m. at Oakdale High School)

February 11 – Discussion of Operating Budget at BOE meeting - (6 p.m. at FCPS Central Office, 191 South East St., Frederick)

February 18 – Approval of Board Requested FY 2016 Operating Budget to County Executive

March 19 – County Executive's Public Hearing on Draft Operating Budget - (Time and place to be determined)

May 2015 – County Council Adopts Operating Budget (No later than May 25)

Great public schools depend on great communities, places where people take responsibility for the quality of their public schools and support them in multiple ways. FCPS depends on our greater Frederick County community to support and participate in educating our children. Quality public education is good for everyone and good for our nation.

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SCHOOL NEWS

Fairfield School Board

Restoring balance

Chuck Hatter
President, Fairfield School Board

Last month I was asked by the editor of the Emmitsburg News Journal to comment on the Fairfield Area School Districts current events. I submitted that response, welcoming our new superintendent, Karen Kugler, and new board director Bruce Carr; also touching on the budgetary challenges the board will face in 2015. I shared the district is facing additional unbudgeted legal costs, partly due to recent Right to Know filings. Many of these filings are required to be reviewed by the school district's attorney. In gather-

ing data for that article, I misinterpreted a communication regarding the invoicing of those legal fees. I believed them to be in the hundreds of thousands of dollars, when in actuality they were in the tens of thousands of dollars. Even though these costs are substantially less, they are still unbudgeted. I apologize for any inconvenience this may have caused anyone.

Now, I would like to share what I believe to be very positive progress that is happening with the Fairfield Area School District. Recently, I had the privilege of spending time and getting to know our new superintendent. I can't begin to say

how impressed I am with Ms. Kugler. Her desire to partner with the school board and integrate with the community is exactly what is needed for our district. She recognizes the roles we serve as board directors, and how important it is not just for the parent's involvement, but the entire community's involvement in the district. In addition to partnering with the school board, Ms. Kugler also clarified the roles of school board members and school administrators, and while she is eager to work together in moving the District forward, she reminded me that we each must hold ourselves accountable to those roles and not blur the lines.

The school district is an integral

part of the community, just as the fire department, police department, churches, post office, local businesses, this newspaper, and the residents are. We all enrich this community we call "home". It's a balancing act to provide these services for the community without over taxing them. At every board meeting, I'm asked to weigh the needs of the school district with what the community can afford. For me, it's a very difficult job after seeing so many foreclosed homes and families in financial despair. Many of the decisions are dictated to us by state and federal law, whereby all we can do is approve the expenditure. The truly difficult decisions are those that fall outside that criteria where a judgment call is made.

This brings me to my point of why I'm so excited about our future! I believe we have the right administration in place that will restore the correct balance between the district and the community. What makes

sense for the kids, must make sense for the community. I'm confident we have come to the point with the right mix of accountability and responsibility, which will make this district fiscally efficient and excel in teaching our kids. It's not going to happen overnight, but the right framework is now in place.

In my first meeting, after Ms. Kugler was approved by the board, I asked her "What can I do to help you succeed as superintendent", I was pleasantly surprised when she asked "How can I help the board?". That is how relationships are formed, and how we can make this district and the community a huge success. We need to start seeing each other as a community family and be cognizant of how our actions affect everyone.

I know we made a great choice with our new superintendent; she will restore balance and reach out to the communities we serve. I hope the people of the communities will come to school functions, meet Ms. Kugler, and offer her your support and thoughts as we move forward.

Becky Bequette announces candidacy for Fairfield School Board

My name is Becky Bequette and I am excited to announce my candidacy for School Board Director of Fairfield Area School District (FASD). I am grateful to have this opportunity to give back to an amazing school district and to the area community.

The responsibilities of a School Board Director are twofold. First and foremost, a director is to advocate for an excellent public school education. FASD has been a model of excellence in education, drawing families to move to the surrounding communities in past years. I want to see that greatness come back and continue. I have two children studying at Fairfield High School, and as a family, we have been involved – as participants and volunteers – in many aspects of the school such as girls' soccer, wrestling, track and field, theater, band, chorus, special education and gifted education. We highly value the education and experiences that FASD gives students.

The second job of a School Board Director is to be a responsible steward of public funds. My particular experience includes a degree in Accounting, a Master degree in Business Administration, twelve years of experience in corporate accounting and finance, including two years in budgeting. I also have over nine years of experience as a professional tax preparer, which gives a unique insight into how economic trends, such as property tax and educational expenses, affect individual households. I have the education, experience, and tools to effectively manage decisions regarding public funds.

So what do I stand for? I want a good solid public education for every student, no matter if they are on track for a four-year college degree or a well-trained trade. I want opportunities for our students to continue a well-rounded education including music and art. I want students to leave Fairfield ready to take on the challenges of their next phase in life. And I want to be as fiscal-

ly responsible as possible to make this happen while balancing property taxes and property values. It is time for a school board that holds to their responsibilities – public education and public fund stewardship. Over the coming months I will be submitting articles to share with you my thoughts and priorities for the School District. To learn more about me, visit me on Facebook at BeckyforFASD.

Here is some information you need to know in order to vote. First, please register to vote. The primary is very important! Second, Pennsylvania is a closed primary state. That means that a voter must be registered in either the Republican or Democratic party to vote in the primary. Registration and change of party can be done in person at the Adams County Courthouse in Gettysburg or by mail using the form available at <http://www.adamscounty.us/Dept/ElectVoteReg>. The last day to register or change parties for the primary is April 20. The municipal primary will be held on May 19.



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FOUR YEARS AT THE MOUNT

In honor of President's Day, we asked our writers to reflect on how their leadership has developed since they've been at the Mount. Our writers reflected on how they have taken on leadership roles, how they see themselves growing as a leader, and specific times that they realized their leadership skills were developing. We look forward to seeing how their leadership will continue to develop!

Freshman Year Learning and leading

Sarah Muir
MSM Class of 2018

Leaders are everywhere. Some are hidden in the hectic hustle and bustle of everyday life and others are more present, those who we recognize and identify as leaders. And then there are those who we know to be leaders but we sometimes forget until we look back and realize just what it was they did to show us who we are. I find that I cannot continue to write about leaders without first mentioning the most inspiring leader in my life, my sister. She has always embodied everything I think of when I hear the word "leader." She is strong, determined, encouraging, kind, and able to bring together everything from ideas to people. When someone hears the word "leader," the people who jump to the forefront of most people's minds are those who are directly in the limelight, attempting to change or guide

their communities through political, religious, or monetary means. My sister is no exception. The hidden leaders are the ones we take for granted, the volunteers and workers at soup kitchens, half-way houses, and nursing homes, those wonderful people who lead their community by example, inspiring young and old alike to get involved in the community and the world to make it a better place.

It is the unsung leaders that have the biggest aspect on our lives. Parents, for instance, are the first role models to whom we are introduced. They clear the path to what we want and sometimes show us what we don't. They teach us about the small parts of the world and lead us tentatively into them, introducing new and exciting things and leading us away from possible dangers. They are the ones who paint the picture of what a home and family is; they are the first to lead us to our self-discovery; they are the first to show

us how to treat others and how we should be treated. We are then escorted into the wide world by our teachers, who show us the opportunities and possibilities that exist within our world. Teachers are, in my opinion, the most important and influential leaders. They guide those in their care to the various paths they may take and arm them with the tools necessary to make it through. Looking back, I see what my parents and teachers (even the teachers that I did not care for at the time) have done to help guide me to this point in my life. If you think about it, even friendship contains elements of co-leadership. Friends help you through your low points and you help them through theirs. When you start to lose sight of what you want in the confusing flurry of existence, you can count on your friends to lead you through with an outstretched hand, a word of comfort, and a wisecrack, and they can count on you to do the same.

Leadership can be an extremely daunting idea. For me, the very word once carried the weight of responsibility and a certain sense

of required control, coupled with managerial know how and a very visible pedestal. In high school I used to find the idea of being a leader downright terrifying. So, instead, I would work from behind the scenes (literally in the sense that I did in fact work backstage at a theater). I never pictured myself as a leader so I continued staying out of the limelight and volunteered when I could, not even realizing that I was becoming a leader in my community.

It was not until I came to Mount St. Mary's that I discovered this, and found that I could not only continue leading in my community, but also grow in that leadership role and help others to do the same thing. To me, Mount St. Mary's provided me with so many marvelous opportunities, from the unwavering support and numerous campus programs, to resources that connect students to internships and possible job opportunities.

But I found that our university imparts so much more to their students. When I first heard about the four pillars (Discovery, Leadership, Faith, and Community), I

was confused as to how someone could teach leadership. I always believed it to be an inherent trait, one that you were either born with or without. I have discovered, however, that I was wrong. Since coming to the Mount, the thought of leadership is becoming less and less terrifying. After listening to my professors and fellow classmates explain leadership principles, I have found that leadership exists not in a solitary sense, where there is only you to carry out a world change, but instead in the realm of solidarity, a place where like-minded people work together to lead their communities to a better and brighter future. Mount St. Mary's shows that becoming a leader does not mean changing the world all by yourself, but rather providing small changes for the betterment of the community. Others will support you along the way, and you will lead others to do the same. Slowly but surely, I am becoming a leader, learning as I go and leading by example.

To read other articles by Sarah, visit the Authors section of Emmitsburg.net.

Sophomore Year LDRSHIP

Leeanne Leary
MSM Class of 2017

Army Doctrine and custom teaches to "lead from the front." This is taken literally in formation and figuratively to mean that we should lead by example. As a part of the Army ROTC program, we are taught every day how to be leaders in preparation for our coming careers as officers. Before we are ever taught about tactics or branches, we are taught about leadership styles and the qualities of a good leader. We see leadership everywhere we look; we learn the 7 Army values of loyalty, duty, respect, selfless service, honor, integrity, and personal courage, exemplified by the acronym LDRSHIP. Each week we are given opportunities to exhibit and practice our leadership abilities. While all the leadership exercises, opportunities, and lessons I do during training are crucial, I believe I cannot stand alone. I know that my leadership

training and growth is actually coming from others leading by example.

From the seniors in the program to the cadre, there are other people leading me every day, and their examples are far more valuable than any PowerPoint lesson could ever be. Instead of reading about an objectively good leader or watching slides about how to direct others, I watch the best leaders every day. The cadre in our ROTC program embody the idea that one should lead by example, and not only do they follow all written rules and standards, but they also go above and beyond to cultivate a unique environment within our program. We learn by the example of two people who have firsthand experience and knowledge of what our lives will someday be like. They have lived it, and they have held the positions we have held, but again, they do more. They don't just show us how to be solid officers; they show us how to create a safe environment and how to protect each other. There are dai-

ly examples of this but I think the best ones come from SFC Beatty, who is a cadre member in the program who teaches the MS Is and IIs—freshmen and sophomores.

Because I didn't join the ROTC until my second semester of freshman year, this past semester I had to make up the fall freshman course that I had missed. As a result, I was in class with the current freshmen as well as with the sophomores for a semester. Throughout the course we learned necessary introductory leadership things that we'll hear approximately a million times over the next few years, but there were a few times when we saw a unique form of leadership that I don't think can be taught in a presentation. After a day of learning map reading, Sergeant Beatty asked the other two MS IIs in the class and me to stay after. He told us he noticed one of the freshmen seemed to keep to himself a lot and had made remarks about eating alone. He continued asking us to make sure we look out for him and include him in what we were doing, both within and outside of the pro-

gram. This hit me in a weird way. This was truly caring for someone, and that's not always what the Army is recognized for. Here was someone who had probably never been bullied or left out in his life, because I'm almost positive he has been winning fights since birth, going out of his way to ask us to look out for someone who doesn't seem to fit in. The lessons in leadership learned in those two minutes were more than I could have gotten from a whole class. Truly look out for others, care about others in a real and applicable way, pay attention to people's habits and lifestyle, and be proactive by taking action before anything goes wrong. In that moment, all of this and so much more were shown in action.

Later, we, as a program, faced an obstacle. What was important was not the incident, though, but the way I saw everyone come together in a way that resembled more of a family than a program. I can give credit to my peers for looking out for each other, or to the upperclassmen for their offers of support, whether in the form of homework

help or help in times of trouble, but the truth is that it comes from the leadership in the program. We watch every day as the people who lead us set an example to be more than we need to be and do more than what is required of us. By doing it themselves, they teach us to dig deeper, care more, work harder and essentially just be better in everything we do.

I don't know if you've ever had the chance to experience what leading by example is like. Most of you reading this have probably had coaches, teachers, and mentors who might not always live out what they teach. Others have probably had people who live as an example of what they teach. There is no question that the latter is the more effective style. Not only have leaders like that given me the knowledge I need to grow into being a leader, but they've also shown me how to carry it out. Because of this program and these leaders, I've become more of a leader than I ever thought I could be. When I started college I wasn't a leader; I would have never stepped up to do the things I can now. I was Secretary of just about every club and activity in high school simply because I was scared to run for President.

I don't think I would be scared anymore. I owe that to the men and women who teach by example every day and prove to me that I have the ability to lead people, and someday I'll be able to do it well. Until that day, I'll continue to learn from the people who have it mastered.

To read other articles by Leanne, visit the Authors section of Emmitsburg.net.

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LEADERSHIP AT THE MOUNT

Junior Year

Mountward bound and beyond

Lydia Olsen
MSM Class of 2016

My time at the Mount has been dedicated to becoming a leader. Though this transformation was impacted by multiple factors, the greatest impact has come from the Office of Social Justice's leadership development program: CORE. CORE is a group made up of student leaders who are passionate about addressing and educating others about issues of social justice. The CORE leaders within the Office of Social Justice lead service experiences focusing on a current or past social justice concern. Throughout my past three years at the Mount, my weekends have been filled with long days and early mornings learning about group dynamics and facilitation. I have learned about safe food preparation and first aid as well as a vast array of silly icebreakers. It has taken me a while, but I have found that at the root of leadership and the desire to help others is self-awareness, being mentally aware of where you stand emotionally, spiritually, and physically, and gaining an understanding of your strengths and gifts as well as places in which you need to grow. It is through acknowledging and keeping in mind all of these

aspects that you are able to truly find yourself and develop into a good leader.

My freshman year in CORE consisted of training to develop strong leadership qualities and logistical aspects of leading students and service experiences. After my training I was given my first trip that would put all of my skills to test. I was to lead Mountward Bound, the pre-orientation trip for the incoming freshman class. This was the same experience that I had gone on as a freshman, an experience that had awakened the love of service within me. I found out that as a sophomore I would lead twenty-four freshmen on a similar weeklong experience. Since I had already attended Mountward Bound, I knew what to expect as a participant, but I was unsure as to what to expect as a leader. Like most new experiences, I was both nervous and excited. I was excited to play an influential role in the lives of freshmen students but worried that I wouldn't have the skills I needed to be a good leader and to make sure that everyone had a beneficial experience.

When I arrived on campus in the middle of August, I was filled with excitement over the start of a new year. I settled into my new dorm room and eagerly met with the

other CORE leaders in the office. We went over all the details that we had discussed throughout the summer and got everything ready for the arrival of our participants. When Sunday morning rolled around, I woke up bright and early, ready to meet members of the incoming freshman class. In the afternoon the twenty-four Mountward Bound Serve participants all filed into the Mount Café carrying duffle bags and pillows. They sat down at the booths with their parents and younger siblings, smiling timidly at one another. After discussing the important information regarding the trip, we loaded up the three white vans and headed off to Summit Lake.

I was worried that they wouldn't, but my leadership skills kicked in and soon enough I was helping students with their adjustment while incorporating the importance of service to others and meaningful discussion about college life. It turned out that all of those weekends I spent working to learn and improve my leadership skills had paid off. With the support of the other leaders, I helped to lead a successful pre-orientation trip.

That first year leading Mountward Bound was definitely a learning experience. It is easy to talk about how you would handle a situation, but it is much different when you are meeting that situation face to face. Within the first week of leading a trip I came to realize that leadership is made up

of a bunch of different traits and it comes in many different forms. A leader must be confident, yet vulnerable, funny, yet firm. Leadership is a balance and a constant adjustment process. Leadership takes practice and determination but it can be one of the most rewarding roles that one takes on.

Reflecting back on my three years at the Mount so far, it is interesting to look at my leadership development through my role with Mountward Bound. During my freshman year I was only a participant. I was actively involved but unsure of myself and the traits I possessed. My sophomore year was my first time being on Mountward Bound as a leader and I was hesitant, unsure I would have the skills I needed to make it a success. Much to my delight, I helped to lead a meaningful experience and gain confidence in myself along the way. When the start of my junior year rolled around I was planning to lead Mountward Bound for a second time. This time was much smoother since my courage, self-assurance, and leadership skills had grown tremendously. Next year, I am expected to help lead Mountward Bound for the final time. This will be bittersweet for me, but I will be able to look back on Mountward Bound fondly for helping me discover my passions and enhancing my leadership capabilities. Mountward Bound has challenged me to take on many roles, and it has taught me various

skills that I have used beyond this pre-orientation trip and will continue to use in my daily life.

One of the many things that the Mount has given me is the opportunity to realize my leadership potential. The Office of Social Justice and the CORE program continue to challenge me to be the best leader that I am able to become. Every day, my leadership role further develops through the situations and experiences that I face. I am consistently asked to put on my "leadership shoes" and help to establish a path for myself and for others. John Quincy Adams, the sixth president of the United States, once said, "If your actions inspire others to dream more, learn more, do more and become more, you are a leader." Adams sums it up well. A leader does not have to be someone who goes out and changes the world, impacts hundreds of lives, or leads a weeklong trip; a leader is simply someone who encourages others to flourish. Helping others to discover their inner potential and assisting them in their journey to reach it is leadership at its finest.

Throughout the month of February, and the rest of the months of the year, let us try to be an inspiration for others through our thoughts, words, and actions so that they may desire to dream, learn, do, and become more.

To read other articles by Lydia visit the Authors section of Emmitsburg.net.

Senior Year

New year, new leaders

Kyle Ott
MSM Class of 2015

Leadership is a term often thrown around by self-help books and motivational speakers the world over. Despite just how often the term is used, we seemed to have lost much of the word's meaning. Nowadays anyone can be a leader; the concept is applied in a vast number of ways, so much so that its meaning has been diluted.

Perhaps it is because of my chosen degree, but to me, the idea of taking command both of others and of a situation has started to appear more like a social construction rather than actual role that is set in stone. This got me thinking. If there is no such thing as true "leadership," if all that this term encompassed was created by human beings and not set in stone, then what is it that gives someone the quintessential characteristics of a leader? I decided to draw on my knowledge of history and my own personal experience (limited though both factors may be) and try to isolate the fundamental traits of this social construction.

A Desire to Serve.

To paraphrase a popular Nazarene folk-preacher, "The last shall be first and the first shall be last." While often used as an adage with regards to humility, it also fits a general trend that appears throughout history: the best leaders are

ones who serve something greater than themselves. Consider for example two historical figures as different as Martin Luther King, Jr. and Vladimir Lenin. Despite being separated by skin color, time, and geography, both of these gentlemen got thousands of people to follow their examples, and by doing so, changed the face of the world. The thing that united them was also the thing that allowed them to be so utterly successful: they wanted to serve. For Lenin, it was an ideal. He was a man driven and defined by his convictions that a communist system of government could lift his people out of depression. King was similarly pushed by a desire to see all men achieve equal rights. While they were both flawed, simple human beings, they were both bound to a cause greater than themselves. By all historical accounts, it is that overarching goal that gave them the strength they needed to succeed.

It is entirely possible that someone can develop a real talent and opportunity for leadership. If an individual is driven by a desire to see the rest of their staff succeed, to watch them grow and become more cohesive together, then that person is in fact on the steps toward leadership.

An Urge to Utilize the Opinions of Others.

Franklin Delano Roosevelt may have been one of the greatest presidents to

have ever graced the White House, and while he achieved many important things during his unprecedented four terms, his example was perhaps his greatest legacy. Franklin Delano Roosevelt prided himself not on being the smartest person in the room, but rather on surrounding himself with the smartest people he could gather. His "think tank" was an impressive gathering of engineers, social philosophers, and economist men whose advice was heeded by the man who sought to govern and govern well. Roosevelt, like other great men, had more than his fair share of flaws. However, he was still dedicated to using the opinions of others to supplement his own limited knowledge. As Roosevelt himself said, "The most important single ingredient in the formula to success is knowing how to get along with people."

The lesson can be easily applied to our own lives. If anyone wishes to attain a level of personal and professional growth, they must take into account the opinion of those they wish to lead.

An Appreciation for Weakness.

Another one of the beautiful little anachronisms surrounding the mystique of those in authority is a subtle and often understated appreciation for the weaknesses of others. To some, the idea of appreciating weakness seems like a foolish thing to do; why give heed to things that makes us less than what we want to be? Fortunately for those of us who have reaped the benefits of strong leaders and mentors, this trait falls into the realm of perspective. For a true lead-

er, weakness isn't a detracting factor, but rather an opportunity for growth and a chance to turn an apparent disadvantage into a new way to achieve success. I am reminded of the Swiss monarchy at the turn of the 17th century. While other rulers were expanding their empires into new areas and claiming vast tracts of new territory, the Swiss led a period of relatively conservative (when compared to their counterparts) civil reform. While such a move limited the territorial concerns of the Swiss monarchy, it allowed them to survive the numerous civil wars of continental Europe relatively unscathed.

An Acceptance of Change.

Rush, in the classic song, "Today's Tom Sawyer," said that "changes aren't permanent but change is." Aside from satisfying my love of using rock band references, Rush has an excellent point. Great leaders do not stray away from doing something wildly different, even if doing so seems crazy at the time. Consider for example the actions of George Washington in his first term as president. One of his

most far reaching and smartest decisions was to force America out of foreign politics at a time when there were many countries that were vying for an alliance of some sort with America. At the time, it was part and parcel for leaders to make binding and often costly alliances as a way to cement a country's place in the world order. Washington's decision was to some a wild departure from the normal diplomatic procedure of the day. However crazy the decision to change major policy may have appeared, it was one that actually allowed America to survive its infancy relatively unscathed.

In a similar way, leaders should be encouraged to embrace change and create a culture that allows fluid development.

Hopefully you have found these little vignettes on leadership informative. In this New Year, it is important to remember that it is never too late to develop and change into the person you want to be. I'm Kyle Ott. Won't you sit and read for a while?

To read other articles by Kyle visit the Authors section of Emmitsburg.net.

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FASHION

Staying fashionably comfortable

The menswear industry

Valerie McPhail
MSM Class of 2015

Dressing should be all about comfort. But, for some men, life's demands can make that difficult. The corporate meeting, a day of business travel, even causal Fridays in the office, each presents its own wardrobe challenges. The basics that founded the menswear industry are a source of guidance. These items fit within the pragmatism of man's lifestyle and influence luxurious runway trends. I love menswear for this reason—the practicality and attitude that characterizes the industry is naturally functional and creative. The world of men's fashion is continually reinventing the basics in order to form a new perspective on the traditional theory of menswear. Therefore now—more than ever—is the time to educate and encourage men to get involved in the conversation.

Over time, men have been guided toward the traditional suit and tie uniform. According to the Brooks Brothers website, the American retailer established this trend by launching the first ready-made suit in 1849. This defining moment has led the menswear industry to value basic elements of dress. As a result, the navy suit, button-collared dress shirt, striped tie, and gabardine are among the classic pieces that are never going out of style. Pierce Brosnan in James Bond, or Jack F. Kennedy or Leonard DiCaprio in Baz Luhrmann's *Great Gatsby* exemplify this sought-after fashion sense (and that's okay because Brigitte Bardot will forever be a style icon in the DNA of women's fashion.) These figures are acknowledged for their sense of class; their style of dress is an expression of their personal elegance. Menswear is inherently practical because it complements the lifestyle of every man. Initially this ideal may be thought of as a safeguard against experimental ways of dressing. However, these basic pieces are staples to every menswear runway season. These shows utilize the basics to set the trends that retailers offer customers. After all, just like the business suit uniform worn every day to work, fashion repeats itself. The trick and treat to mastering the art of dressing is knowledge of how these pieces and trends work best with one's personal sensibility. The basics are the foundation of the artistic fashion world, where a man's lifestyle dictates how he dresses.

A man will be comfortable with a wardrobe of basic traditional pieces. Knowledge of the products offered by his favorite brands will assist this task. For example, Brooks Brothers is a brand of excellent quality. The brand offers both basic and fashionable pieces that provide the foundation of a man's wardrobe. They are also recognized for their innovations within the production of well-designed clothing. Their non-iron shirts remove the hassle of ironing dress and sport shirts before wearing, and their stretch suits are friendly for the traveling businessman. Washable merino wool and cotton sweaters are more causal items because

they do not require particular care directions. In light of these resources, Brooks Brothers has stood as a model among retailers. The brand's dedication to the relationship between quality and functional clothing assists all lifestyles.

A man's sense of dressing comfortably also develops as he reflects on his lifestyle. One must consider what he dresses for every day. Exploring trends from the 2015 menswear collection and runway shows illustrates a designer's interest in characterizing a man through clothes.

Aside from the various tuxedos, ties and jackets that presided the runways this season, a strong animal print and a basic turtleneck were the trends throughout the Fall Menswear 2015 collections. Variations include two looks from the Marc Jacobs Fall 2015 Collection. An animal printed top identified one look, while a dark printed cardigan paired with a matching striped burgundy button-down top and pants complemented another. A subtler animal-print was a theme among the vests that hid underneath oversized pea coats—of the same print—from the Calvin Klein Collection Fall 2015 show. Despite the youthful spirit that is associated with an animal print, the Burberry Prorsum Fall 2015 show proved otherwise. Bold animal prints on button-down shirts, various tops, and coats dominated the show to present a sophisticated and comfortable man. This brand exemplifies how a print personifies a collection and enriches basic articles of clothing. Printed ties and sport shirts are more casual ways to embrace this trend.

The turtleneck was also a favored piece throughout shows and collections this season. Tom Ford's Fall 2015 Collection emulated an artsy Andy Warhol look, sharing Carven's Fall 2015 Collection sentiment for the minimal design aesthetic. Belstaff's Fall 2015 Collection showed a turtleneck piece by layering it with different outfits throughout the collection. Tur-

tle necks are an item that functions for keeping warm in the winter. This versatility enables it to match along with the blazer, winter sport coat or pea coat. Also, because it is offered in various fabrics, the turtleneck can dress both casual and formal styles.

If animal prints and turtlenecks appear too risky for your closet, there are numerous online shopping companies that offer men retail guidance. Websites like Trunk Club and Bespoke-Post.com offer men's clothes and lifestyle resources via a box that ships to your doorstep. Trunk Club caters to a man's lifestyle needs through a partnership with a company stylist. This representative from the company styles a man by compiling clothes that support his lifestyle needs. The items are then mailed in a box and the client pays for the items he wishes to keep. Bespoke-Post.com provides for the male customer with a similar objective. The company requires a subscription for a monthly box filled with a survey of lifestyle products. Both companies focus on catering to the personal needs of their male clientele so that he can skip the "chore" of going to the stores to shop. Mr. Porter and Gilt.com are other online resources that make luxury fashion available for men. Along with its accessible shopping experience, Mr. Porter offers a weekly blog post called *The Journal*. This side of the website delivers fun articles that acknowledge style, music, and fashion icons. Gilt.com offers two reading resources: *The Gilt MANual* and *DeJour Magazine*. However, a membership is required in order to access the articles. These resources reveal the distinctive relation between lifestyle and fashion. Whether through customer service or writing, fashion enables a man to focus on his own world.

The value of luxury fashion on the runways surpasses their expensive tags. Luxury fashion offers quality and artistry to basic menswear pieces. Men may bring this knowledge to consider casual dressing. Aside from the classics, there are also items that allow a man to enjoy a more casual



John F. Kennedy was the ultimate preppy president — his administration reigned at the height of the "Ivy League" look.

outfit. These pieces are options for life outside the traditional work environment. Within popular culture today, polo shirts, sport shirts, jeans, and tennis shoes are all items that have become uniform to casual dressing. In this case, comfortable clothes mean casual clothes. These pieces are naturally comfortable because their various fabric designs bring a feel and look of ease. Nonetheless, they complement the basics of menswear because they support a man's interest in dressing for an occasion. Their only difference lies

within their practicality outside the formal workplace. These pieces bring an informal approach to comfortable dressing. Therefore, men should look toward casual dressing as an opportunity to experiment with style.

Fashion is for fun. Aside from the luxury of the collections and runway shows, there is a basic functionalism within the purpose of clothes. Men should look at fashion with an understanding that clothes complement a lifestyle. Casual dressing is an expression of this knowledge.

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CREATIVE WRITING

A good night's sleep

Alexandra Tyminski
MSM Class of 2015

When I was in the third grade, there was this one legend that was known in my small private grade school. This legend was passed down from grade to grade and when I heard it as a third grader, I was terrified.

"Oh yes, she is the worst," I would hear other kids say.

"I have heard she has made students cry before," my friend told me.

"She is known for being hard. Many people struggle in her class," said the fifth graders.

The legend became clear to me as I approached the fourth grade; the legend was, let's just call her, Ms. Walters. Ms. Walters is a teacher I will never forget. Not only was she hard, but she also expected a lot. Punctuality was important in her classroom, but a sense of professionalism and respect was also always significant. Looking back, she was one of the best and most memorable teachers I have ever had. We had to learn, memorize, and teach others what we had learned. Might I add that even for a fourth grader, she believed everything was possible.

Although this was what made many students dislike Ms. Walters, it was actually what made me like her, even more so now that I am older. In grade school, she taught us every subject from reading and writing, to science and math. The fourth grade with Ms. Walters was all about mastering cursive, memorizing all 50 states and their capitals, and giving presentations to the class on what we learned each week. However, Ms. Walters loved history. Our big project throughout the whole year was to learn a new president each week, along with three to five main facts about them. At the end of the year, we were tested on our knowledge of each president of the United States of America, along with at least two facts about all of the presidents. This

was our biggest test of the year.

Long story short, I passed my presidents test. I actually got a perfect score, but I am not here to brag about my good grade on my presidents test. From time to time, Ms. Walters will be brought up in my family, and my best friend and I will always joke about how hard her class was. We even laugh about how after her class, I would proclaim that I really wished I were going to be president one day.

"That's a very hard job, sweetie," my mom would chuckle and remind me of how hard the president works.

My dad would always say, "I wouldn't want to be president. I bet we sleep better at night than him."

• • •

Last month, we heard Barack Obama give his State of the Union address on January 20. I remember when I heard his speech, and I also read his full text speech online again. As I read the State of the Union for the second time, I got the chills. I realized, wow, we really do sleep better than the president.

Many of the issues that the president's State of the Union addressed are concerns and disputes between politicians and society today. It seems as though the president's address was not only timely, but also ironic, as Presidents Day is just this month on February 16. Presidents Day is meant to honor the presidents of our nation. It is meant to recognize, admire, and thank the presidents who lost sleep over serving our country.

Presidents Day is different than any other day. It is not only a day of honor, but also a day of unity. I would say that on any other day except Presidents Day, the country is tearing apart not only our current president, but also past presidents. It seems like politics and debates around issues, reforms, and

initiatives that the presidents have or have not done have become daily traditions. I am not in any way saying that people should not express their opinions, but I am asking you to think about how much negativity we see. In order to turn some negativity into more positivity, I ask you to reconsider the nature of Presidents Day itself.

It seems as though there are two sides, or components, to Presidents Day. The first component is honor. We honor our presidents because these are the men who have set aside their time, efforts, and hard work toward unifying our nation. Sometimes, we do not always agree with the decisions they make, but we honor their ability to take on that leadership role. To honor someone, in the dictionary, is defined as to hold one in high respect. This seems appropriate for Presidents Day, since this is what we are doing. How do we honor our presidents? There are parades, celebrations, and a lot of good words spoken on Presidents Day. But, there is more that we as a nation can do. We can learn about the presidents, who they were, and what they did. I can't remember all of my facts that Ms. Walters made us learn, but I think that a major part of our history lies within our nation's presidents. We should honor them for making certain parts of history the way they are and bringing us to the America we know and live in today.

The second element to Presidents Day is thankfulness. We can sit and thank all of our past presidents for what they have done to help change America for the better, but we should also thank them for upholding the high standards that we have for our president. I look around and watch the news, and I see how not every nation is blessed with the types of presidents we have had. Every time I watch other nations suffer, I always ask myself the same question: where are their leaders?

Through contemplation of this question, I have discovered that the heart of Presidents Day lies within honoring leadership that strives to bind unity. This is what we are honoring and thanking our Presidents



for, after all. Most of the countries in the world that do not get to elect their presidents are lost and without hope, suffering from confusion. There are those good people from other nations like you and me who may disagree with their presidents, but the difference is that their presidents turn against them. These people are suffering because they cannot speak up against their presidents. Shouldn't we take this into consideration when we are about to say something about our political system and our presidents?

I get it. Not every idea, proposition, or bill passed in Congress is going to be something we agree with. Not everything that the presidents in our past, present, or future say is going to be to our liking. We don't agree on everything, and sometimes we aren't ever going to understand why certain presidents have made or make the decisions they do. But, we are asked to trust their leadership and look beyond some of their mistakes in order to support our identity as Americans, which is one nation in unity. Presidents of our nation have recognized differences, but they have done their best to create unity among us. See, we are lucky. Because even if we disagree with our presidents at times, we have the ability to safely know that our nation has freely elected the person who we believe will uphold our rights as citizens, strive for greatness as a country, and represent our values.

Politics and politicians have in some way or another asked us to separate what we like and what we don't

like about our presidents on a daily basis. Sometimes, we forget to honor our presidents 365 days out of the year instead of just one. The divide between political parties and what mistakes presidents have made become more prevalent than what has been done by them to help us evolve as a nation. Why do we give into the negativity? Are we just forgetting about our presidents and what they have done for us? Maybe an avid historian is reading my article, or maybe even a politician, but whoever we are in this nation, we need to care about our presidents. We shouldn't care about them on just one day, but rather we should care, honor, and thank them every day. Through casualties, disagreements, triumphs, challenges, and international affairs, at the end of the day, we can't deny that we will always turn to the President of the United States of America—no matter what political party we are.

• • •

Ms. Walters taught me that history is important because it is a connection to the past, to where we have come from, and it reveals just how far we have come. As a young person who is just starting to realize how my years ahead will truly be affected by future presidencies and how it has been affected by those in the past, I ask that you join in celebrating all 44 presidents of our beautiful nation. And to all of my presidents, I hope you get to sleep well on the day that we honor you.




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ARTS

Buckwheat Zydeco

Jean Grubeský

Buckwheat Zydeco, undisputed master of zydeco brings its Creole party music and good times to the Majestic Theater in Gettysburg on Friday, February 13, at 7:30 p.m. Zydeco is a genre that blends African rhythms and blues, with soul, rock and country and no one does this better than Bayou's barnstorming bandleader, Stanley "Buckwheat" Dural, Jr. Dural is the first zydeco artist signed to a major record label, to perform on a national television show, to release a children's zydeco album, to launch his own record label, as well as the first zydeco artist to win an Emmy award.

Onstage and in the studio, Buckwheat has collaborated with a who's who of musicians, including Eric Clapton, Keith Richards, Willie Nelson, Dwight Yoakam, Mavis Staples and Los Lobos' David Hidalgo. The band plays a long list of high-profile gigs year in and year out, and their music can be heard in major motion pic-

tures and television shows.

The bandleader was born in 1947 in Lafayette, Louisiana, a close-knit community where many black people express their Creole heritage by speaking French, and by playing and dancing to zydeco. This hybrid genre blends Afro-Caribbean rhythms with blues, soul, rock, country and the French-rooted Cajun music of the Creoles' white neighbors.

As the son of a zydeco accordionist, Buckwheat grew up steeped in this culture, and also absorbed Lafayette's prodigious output of blues and Gulf Coast "swamp pop." After three years of touring, recording and accordion apprenticeship to the late, great Clifton Chenier, Dural left to form Buckwheat Zydeco and the Ils Sont Partis Band. Like Chenier, Buckwheat has continued to blend traditional Creole zydeco with the latest black-contemporary styles, drawing on all of his rich and varied musical experience. During the years of critical acclaim that

have ensued, Buckwheat Zydeco has toured constantly, headlining major venues as well as sharing stages with the likes of U2 and appearing as a featured guest with The Boston Pops.

The band performed at both of President Clinton's inaugurals, and Buck was featured on the Closing Ceremonies of the Atlanta Summer Olympics before a worldwide television audience of three billion, sharing the bill with Wynton Marsalis, Stevie Wonder, Faith Hill, Little Richard and Gloria Estefan. Buckwheat Zydeco has also made numerous appearances on national television shows such as "Late Night with David Letterman," "The Today Show" and the "CBS Morning News." Dural was also named a Louisiana Music Commissioner by the governor. Another first for Buckwheat Zydeco was the release of the band's lively children's album, Choo Choo Boogaloo, on the Music For Little People label. The CD has won numerous awards and rave reviews.

To purchase tickets, \$31, \$28,



\$25, call 717-337-8200, or stop by the Box Office, 25 Carlisle Street, Gettysburg. The Box Office is open Monday through Saturday from Noon until 7:30 p.m. and on Sunday from 1:00 to 5:00 p.m.

The Majestic Theater at the Jennifer and David LeVan Performing Arts Center is owned and operated by Gettysburg College as a cultural treasure for its campus and the community.

February's Wine & Fruit Trail

The month of February is best known on the social calendar for Valentine's Day. While it is true that plenty of women have a hand in the planning of Valentine's Day, February is a time when husbands and boyfriends feel the pressure to come up with a dinner or date event that will say "I love you" in a special way. This year, Valentine's Day falls on a Saturday which will encourage a long weekend of dinner specials and entertainment events vying for our attention. If you are reading this with a calendar still looking for a booking, the business members of the Gettysburg Wine & Fruit Trail just might have the event you have been looking for.

The Gettysburg Wine and Fruit Trail is an agritourism and agritainment trail dedicated to showcasing the tradi-

tional and contemporary small family businesses of the South Mountain region of Pennsylvania and Maryland. Farmers, growers, alpaca ranchers, vintners, brewers, hard cider craftsmen, mead and distilled spirits makers, chefs, food artisans, pub owners, artists, crafts persons, and historians have joined together with the area's historic inns and Bed and Breakfasts to bring together the bountiful and beautiful best of the region. The membership cooperative of family owned businesses understand the pressures families experience in today's world, and work to be a welcoming oasis for residents of the area as well as visitors.

If your desire is to wine and dine that special someone in your life, the Trail has a number of wineries, breweries, brew pubs, and hard cider mak-

ers with special events planned in their facilities throughout the weekend. Orchid Cellar Meadery & Winery is pairing their wines and mead with Zoe's chocolate all weekend. Reid's Tasting Room and Cider House will have music by Shelley McCarthy and catering by Fabio's Catering in the evening at their Gettysburg facility while neighbor winery Hauser Estate Winery will be offering music and a lavish dinner at their Cashtown tasting room. Knob Hall Winery is also featuring a dinner event at their home tasting room in Clear Springs. If an evening in Carlisle sounds sweet, Castlerigg Wine Shop's Valentine Weekend appetizer and wine for two special just might be the perfect fit to begin an afternoon or evening out on the Trail with your sweetheart.

Beer lovers can take their spe-

cial someone to Market Cross Pub & Brewery in Carlisle to experience their all natural, unfiltered English style brews with dinner and music on Valentine's Day. You can begin your Valentine's Day celebration early at Gettysburg's Battlefield Brewery with Gettysburg Rock February 6-8 as you support fundraising for children battling cancer. Chambersburg member Roy Pitz's Beer Stube is a great choice if you decide to stay home on Valentine's Day and venture out on another night for great beer and live music throughout February.

If a weekend away from the kids, the pets and the humdrum of everyday life is appealing, the overnight accommodation members of the Trail have options for you to consider as well. Pheasant Field Bed & Breakfast

is offering a Culinary Weekend February 13-15. Hickory Bridge Farm is featuring a dinner paired with local wines at their restaurant and B&B. The Mary-Penn B&B in Gettysburg features one of the best and most hearty breakfasts in the area as well as a romantic and historical venue. Burgundy Lane Bed & Breakfast in Waynesboro and The Martin House B&B in Fairfield offers a mountain retreat with privacy near to the very popular Ski Liberty Resort.

If a stay at home dinner with a gift on the side is more your idea of a good time, our Trail members can help you find a gift that is unique and beautiful while supporting local artists and our local economy. The Village Artisans Gallery in family friendly Boiling Springs features art certain to catch the eye and heart of the receiver! "What I love about our member gallery members is their dedication to provide local artists who might not be able to afford a brick and mortar store on their own a presence and opportunity to be discovered at their gallery. It is this kind of cooperative focus that makes our Trail a great place to experience and a wonderful collection of businesses to support. We all live local and try to keep our local economies healthy and growing by being a positive place in our various communities," said GWFT President Kathy Reid.

Other events that members are sponsoring during a Lincoln Paint Party February 19 and Celtic concert February 21 (Reid's Orchard & Winery, Gettysburg location), a hands on event learning to make one local business' favorite breakfast items on February 21 (Hollabaugh Bros. Fruit Farm & Market), and Artists in Action February 21 and 28 (Village Artisan Gallery).

Visit the GWFT website at gettysburgwineandfruittrail.com for more details on these and other events as well as on our gifts-to-give Passport experience.

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The Penguin Project

Caroline King
MSM Class of 2015

For a child, art can be life changing. A good project in art class hung on the fridge can make them smile for hours and bolster their confidence like nothing else. Anyone who went through the middle school experience of putting on school plays or singing in choirs can tell you the excitement and time put in to practicing their role for the performance. Art has a way of stimulating the individual in such a positive way. It builds confidence and social skills, and at the end of the day, it is just plain fun—and not just for children. Adults can benefit in many of the same ways when it comes to art. Whether as a social activity, a fun way to work out your stress, or just an enjoyable pastime, from music to painting to theater, art makes lives better.

Getting involved in art, whether you're a parent or a child, is extremely beneficial, and it doesn't have to break the bank either. We're blessed enough to live in a community that has a tight focus on the arts and artists. One of these many amazing resources is the Gettysburg Community Theater. The Gettysburg Community Theater helps present children and adults alike with the opportunity to act on stage and get involved in their community. In fact, their very mission statement is, "Our mission is to inspire creativity and confidence, provide cultural enrichment, and instill a love of the theatre arts in young and the young at heart through quality education, training and performing experiences in musical theatre." It's a worthy goal, any way you look at it. They describe themselves as "utilizing the art of musical theatre so that children and adults alike can 'find their stage door... and open it!'" Performing on stage can build confidence like very little else can; it can inspire the individual and the community, not to mention the friendships made through practicing and working together towards a common goal! As if this noble pursuit wasn't enough, the Gettysburg Community Theater also has specialized performances focusing on different members of the community.

This year, the Gettysburg Community Theater will partner up with Hanover Public Schools for "The Penguin Project." The Penguin Project is an amazing program, offering youths and students with special needs and disabilities including Down syndrome, cerebral palsy, autism, intellectual disabilities, learning disabilities, visual impairment, hearing impairment, and other neurological disorders a chance to perform in theater alongside their "peer mentors," who are children the same age without disabili-

ties, and adults who have volunteered to work with them side-by-side and guide them through four months of rehearsals and the final production. With each production, The Penguin Project Foundation comes closer to realizing their foundation's dream of "creating a network of Penguin Projects that will bring the magic of this experience to communities from coast to coast."

Now, our community gets to be a part of this wonderful program. Originally created to provide children with disabilities the opportunity to participate in the performing arts, the Penguin Project also has extremely positive results and significant therapeutic value, enhancing socialization, communication, and self-esteem. One of the main things the foundation wants to show is that individuals with disabilities can participate fully in community activities with the same enthusiasm, dedication, and success as others if given the chance and support.

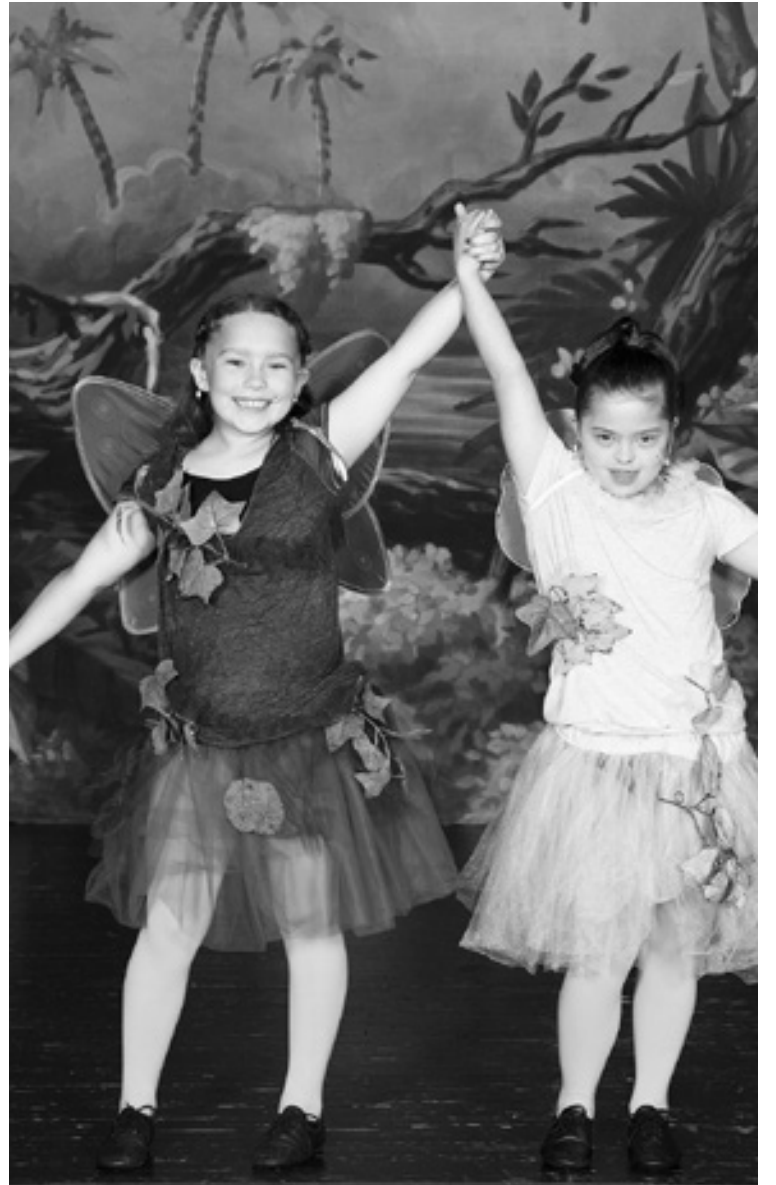
The Penguin Project has so many beneficial impacts. The young artists with special needs who might not have been given these sorts of opportunities before will find themselves in a situation where they are given the chance to succeed the way that works for them, while in a safe and comforting environment. They don't need to be worried about their vulnerabilities; they can instead focus on exploring their creativity and talents in a supportive place where they are encouraged to emerge, develop and bloom. Not to mention, they can make lasting friendships and improve their communication skills, socializations, and self-confidence. The program is extremely beneficial for the peer mentors as well, giving them opportunities to be a teacher and a friend. Mentors learn how to support others and encourage them, all the while coming to understand how our differences can work together to make something beautiful. And of course, this program has a special impact on the parents. For many parents, they've been able to watch their children in plays and performing in the arts often, but for some parents involved with the Penguin Project, this will be the very first time they experience the joy of watch-

ing their child on stage, performing and succeeding in a social setting. By creating opportunities and availability to performing arts, this program establishes that the special challenges of a disability don't need to handicap a child's ability to participate in life's experiences. The Penguin Project is a completely inclusive and amazing opportunity, supporting everyone involved in it. The foundation explains, "Our penguins may not be able to fly, but that does not prevent their spirits from soaring."

And now, the Gettysburg Community Theater is offering that support by extending its hand to the community to offer that same support. Children and parents are encouraged to participate in this year's project, Disney's "High School Musical!" If this project is something you personally feel like you want to be directly involved with, there will be informational meetings at the Gettysburg Community Theater on January 26th and 27th at 7pm for those ages 8-21 and anyone who would like to volunteer for this worthy project.

Theatre can change lives. This project can do the same, and in big ways. Many of the peer mentors have gone on to explore careers in special education and rehabilitation therapy. This project can also help in ways that may seem small, but are truly monumental, like a single child overcoming their stage fright. The project was created to form friendships, offer support, and create opportunities, and now our community has a chance to take an active role in something incredible and worthwhile, all thanks to the Penguin Project and the Gettysburg Community Theater.

If you have the time and the dedication to get involved in a program like this, I cannot encourage you enough to volunteer. The Gettysburg Community Theater needs willing participants to make this event a success and every little bit of help is, well, helpful! Please consider going to one of their information sessions. This is the kind of experience that can touch lives, and it is not something you get to be a part of every day. Even if you can't volunteer, there are other ways to help. You can donate to the cause, or



The Penguin Project was originally created to provide children with disabilities the opportunity to participate in the performing arts. It has demonstrated significant therapeutic value, enhancing socialization, communication, and self-esteem for all those who have participated.

simply spread the word to friends and family who might be able to have a hands-on role. We live in a strong, art-loving community, and now we have the chance to come together and make a difference. Information on when the performance will be has not been released yet, but will be on the Gettysburg Community Theater

website. Please check back for ticket availability, and mark your calendars so you can be a part of this incredible experience!

For more information about the Penguin Project, visit penguinproject.org. For more information about the Gettysburg Community Theater, visit gettysburgcommunitytheater.org.

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BUCKWHEAT ZYDECO
Friday, February 13
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Buckwheat Zydeco is an American accordionist and zydeco musician who blends blues, rhythm & blues, and country western two-step dance music. Zydeco music is indigenous to the Creole and Native people of southern Louisiana.

Tickets: \$31; \$28; \$25

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SPORTS

Thurmont basketball

Michael Donahue

On Tuesday, January 20, the Lady Cougars took on the FSK Eagles. The game started off extremely slow for the Cougars. They missed their first 11 shots while the Lady Eagles soared. They scored 11 straight points and stifled the Cougars' physical offense with four blocks in the first four minutes. The Cougars did strike back late in the first quarter with five points, but they were still down by eight when the buzzer sounded.

However, the Cougars kept grinding down low and started to cut away at the Eagles' lead. With smart passing from Jenkins, who finished with five assists, Sophia Eureka and Courtney Topper nailed 3-4 from range. At the same time, Hannah Gray began to heat up, dominating down low with eight rebounds in the first half. The Cougars managed a small 8-2 run and ended the first half with a single point lead.

The third quarter started slowly. Neither team seemed eager to execute on their opponent's mistakes.

Several times in the third quarter, a team would turn the ball over and then the team that stole the ball would also turn the ball over seconds later. Midway through the third quarter, Courtney Topper took over the game. She heated up and dropped three straight threes from the corner. FSK could not find a response. Myers, the Eagles' center, missed two wide-open layups and the quarter ended with the Cougars leading by ten points.

The fourth quarter opened with more great play from Topper. She sank another three and

made two shots from the line. Topper finished with 20 points, three assists, and four steals. FSK remained in the game depending on their defense. They were still frustrating Hannah Gray down low, who could not find her shot all game long. However, the Cougars followed Gray's lead and responded with physical defense of her own. She finished with four blocks and 12 rebounds. The Eagles could not get the gears going on offense and could not cut away at Catocin's lead. The game ended 47-37. Hannah Gray said after the game, "This game was a speed bump for us. The team, as a group, is what gets us through

these types of games."

Next Tuesday, February 13 at 7pm, the Lady Cougars will battle the Brunswick Railroaders at Catocin High School. Come out and support the Cougars in their last home game before the playoffs begin. The game will be competitive. When the two fought earlier in the season, the Cougars were dominant all the way through the game. However, they let the lead slip by in the last few seconds and lost 43-41. The Lady Cougars will look for revenge on their home court and the chance to end their season on a high note. However, they need your help. Come out and support the team!

Volunteers help little league

Denise Williamson-Etzler

At the core of any youth program sits the heart and soul of what makes it tick, volunteers. Perhaps Winston Churchill said

it best, "we make a living by what we get, but we make a life by what we give". The success or failure of any youth program is highly contingent on the availability of volunteers to willingly give their

time, talents and treasures for the betterment of the program. At Thurmont Little League (TLL), we are fortunate to have a solid core of volunteers who are always willing and able to ensure

the best interests of our children are served. Our kids can always benefit from more. Our mission at TLL is to be the best Little League in the state of Maryland, providing our children the best possible baseball experience through participating in our program. We aim to grow and develop our kid's baseball talents while fostering the Little League values of Character, Courage, & Loyalty in which every player is provided:

- Coaching via the principles established by Little League
- Having fun while playing the game
- Valued as a team member regardless of performance
- Learn "life lessons" that have value beyond the playing field
- Learn the skills, mechanics, and strategies of the game to improve as a player

The core of our mission resides with our volunteers, and the ability of the organization to provide the support mechanisms for each to be successful. With that in mind, TLL has taken the step to implement various programs to help our volunteers be success-

ful. In tandem with Maryland District 2, we are offering all of our coaches, players, and parents the opportunities to participate in various clinics. These clinics help our volunteers understand the guidelines for each level of play. We are also providing umpire clinics to assist our volunteers in becoming more comfortable officiating games. New to the board of directors this year, we have created an Umpire-In-Chief position which is focused on improving our umpire program at TLL. Blaine Young (not former County Commissioner Blaine Young, however, they share the same namesake), long time Maryland District 2 umpire will bring experience and leadership to the success of this program. From a coaching perspective, we have implemented a structured coaching program at each level of play facilitated by our Coaching Coordinator Chris Skowronski. Chris has developed a coaching curriculum that each coach by level of play will be adhering to. This helps us ensure consistency in our approach to instructing the skills of the game. In addition, we have developed a series of clinics that will be offered to our players at no charge over the course of the season. Many times people have the time to volunteer, however, they are intimidated at the thought of coaching. We believe firmly that coaching, like skills in the game, can be developed. Our Coaching program aims to support our coaches to be successful by providing them the support to do so.

If your child is interested in Little League, online registration is open through February 20th at TLLbaseball.com. In person registrations will be conducted on Saturday February 7th and Sunday February 8th from 12PM to 2PM at the Thurmont Little League Clubhouse. Stay current with us via your favorite social media platform: Facebook @ "Thurmont Little League", and on Twitter/Instagram @ theTLL-network.



At the heart of any great community you will find a host of volunteers. Little League volunteers in particular have the unique opportunity to help shape the minds and attitudes of our next generation of leaders.

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MSM spring intramural sports

Bridgette Nitza-Buwala
MSM Class of 2015

As the spring semester begins, many Mount St. Mary's University students, staff and faculty are looking for something new to participate in, and my roommate, Kristi Riecker, C'16, would suggest that they join those who are already involved with the University's Intramural Sports program. A Supervisor of Intramurals herself, Riecker is always enthusiastic about what sports are to come, and the Intramural spring 2015 season is packed full.

Our other roommate, and Kristi's best friend, Tracy Howse, C'16, is also an important contributor to the Intramurals program. With these two proud staff members living next to me, Intramural posters are a permanent fixture in our common room.

Riecker explained, "Supervisors watch over the game and make sure that everything runs smoothly. We are in charge of the officials and help them officiate in the most efficient way possible, help clarify if a rule is unclear to players, or step in to handle conflict if necessary, complete all paperwork, such as injury reports, nightly reports, ejection forms, etc., and set up and break down the field before and after games."

Reicker explained, "The Gold Club is our supervisor-in-training program, but it is not necessary to be in Gold Club in order to be a supervisor. When you are in Gold Club you are allowed to sit in on supervisor meetings, as well as help coordinate special events where supervisors need extra help. Gold Clubbers may also step in and take a supervisor shift if the coverage is needed." Howse is a Gold Club Official member.

Alongside Reicker, Tyler Boyd, Elizabeth Clark, Zachary Fergusson-Williams, Tim Price, and Steve Sternik, all members of the Class of 2015, are Intramural Supervisors. Alongside Howse, Dan Shannon, C'15, is a Gold Club Official member.

Becoming a representative of the Intramural staff has positively affected the aforementioned university students and these students hope that becoming an Intramural athlete will do the same for other members of the Mount community. Intramural sports magnificently bring seasoned athletes together with the novice to share in a love of athletics.

Clark spoke of the comradeship of both the athletes and professionals connected to Intramurals. "If you play Intramurals, not only will you become acquainted with more people that enjoy the same sports that you enjoy, you could also develop friendships with the Intramural staff."

Through this comradeship, small communities are formed within the larger community that

is our university.

"While playing Intramural Sports, there is a sense of community amongst your own team, but we also strive to create a sense of community between the teams. We do that through various policies about sportsmanship," Howse explained.

These communities intertwine with other features of college life.

Fergusson-Williams explained, "Intramurals bring the school community closer as a whole because through playing sports, you build relationships that can carry into the classroom and other school events."

The Intramural staff has also shared their thoughts and excitement about specific sports planned for this spring semester.

Clark stated, "I absolutely love soccer. Any form of soccer I enjoy (indoor, outdoor, 2 on 2, 5 on 5, or 11 on 11). I love to play, so I would say as an athlete this would be my favorite. However, as a staff member, I love working basketball and hockey games because they are constantly moving and it's never boring to watch. You are constantly entertained."

Howse anticipates a different athletic activity. "My favorite spring sport is 4 on 4 Flag Football because it's a smaller version of our regular Fall Flag Football, which is my favorite. I also love that we're doing a Powderpuff Flag Football Tournament!"

Just like many aspects of Mount St. Mary's University, the Intramural Sports program is always looking toward the future.

"I really hope that the program continues to thrive at this school," Clark expressed. "It has helped me get out of my comfort zone in so many ways, whether that be playing or working a game."

"I'm definitely looking forward

to the ARCC field house renovations and I hope that we continue to add new and exciting sports!" Howse exclaimed.

Yes, the university's Knott Athletic Recreation Convocation Complex (ARCC) John J. Dillon field house is being renovated, and while the bulk of the renovations will be done over the coming summer, minor improvements have already been initiated. The field house has been and will be the venue for numerous Intramural events.

If you would like to create a team, join an already existing team, or become a free agent, know that signing up for an Intramural sport is quite simple.

Athletes should register online at www.IMLeagues.com/msmary, and create their own IMLeagues account through their MSM email. Once this account has been made, it will be used to compile the teams.

The Intramural Sports office is located in Lower McGowan, Room 150. Feel free to email any questions to Intramurals@msmary.edu.

You can also find Mount Intramurals on Facebook (MSM Campus Rec), Twitter (@MSMIntramurals), Instagram (@msmintramurals) and the mobile app, "Rec*IT."

Registration for each spring semester athletic event listed ends by 9am on the following respective days: 2 on 2 Indoor Soccer Tournament on February 19; Floor Hockey League on March 11; March Madness Bracket Pick'Em on March 18; Outdoor Soccer League on March 19; Indoor Volleyball League on March 19; 4 on 4 Flag Football League on March 26; Fantasy Baseball on April 9; Softball Tournament on April 9; Powderpuff Flag Football Tournament on TBA; 2 on 2



October's Intramural Sports' "Supervisor of the Month," Kristi Riecker, and "Official of the Month," Tracy Howse, pose in front of their Mount flag for a celebratory picture.

Beach Volleyball Tournament on April 23.

At the end of each athletic event, the most successful team wins an Intramural champion T-shirt. These T-shirts are well known for their timely and popular sayings.

You also have the opportunity to be recognized for your achievements if you decide to go beyond an athletic participant to become a dedicated Intramural professional. Each staff member applauds each other by voting their peers to, "Supervisor of the Month," "Official of the Month," and "Fan Fa-

vorite" positions. Those who have won are presented with champion belts that they then wear in a celebratory picture.

When my roommates, Reicker and Howse won "Supervisor of the Month," and "Official of the Month" simultaneously, it was obvious where their picture would be taken: in front of our university's flag, another permanent fixture in our common room. It is a flag representative of the students, staff and faculty who make the opportunities provided by programs such as Intramural sports worthwhile.

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2015 – The Year of the Goat

Renee Lehman

The Chinese New Year (also called the Lunar New Year or Chinese Spring Festival), one of the traditional Chinese festivals, is the grandest and the most important festival for Chinese people. It originated during the Shang Dynasty (about 17th - 11th century BCE), and it is an important time for families to get together, similar to Christmas Day for westerners. It is also a time to hope for the return of spring, to welcome prosperity, wealth, and longevity, and a time to remove any negative qi (pronounced “chee”) from the past. There is even a tradition prior to the New Year for every family to thoroughly clean the house to sweep away any ill-fortune in hopes of making way for good incoming luck.

Chinese calendar history

The Chinese calendar was originated by the Yellow Emperor Huang Ti, and has been in use for centuries. The Chinese calendar is called a lunar calendar, but is really a calendar based on the moon and the sun. The Gregorian calendar, which the world uses today (originated 430 years ago) is a solar calendar.

The twelve animals of the chinese calendar

The Chinese calendar is made of five, twelve-year cycles. Each of the twelve years of the Chinese calendar is appointed one of the following 12 animal names (in this order): rat, ox, tiger, rabbit, dragon (the only mythological animal), snake, horse, goat/sheep, monkey, fowl, dog, and pig. The animal that rules the year of your birth is said to exercise a major influence over your life, and that year in general. Much of the information used for this article is taken from The Handbook of Chinese Horoscopes

by Theodora and Laura Lau, 2007. The sign of the Goat/Sheep is the eighth sign of the Chinese zodiac, and the animal related to this coming New Year.

The Sheep

I am nature's special child.
I trust and am rewarded by trust.
Fortune smiles upon my countenance.

All things blossom in the gentleness of my love.

I strive to find beauty in all I behold.

I am fair of face,
And full of grace.

—I AM THE SHEEP.
(Lau & Lau, 2007)

February 19, 2015 through February 7, 2016 is the Year of the Goat. Wait! Wasn't the poem above about a Sheep? Also, you may have heard this New Year being referred to as the Year of the Ram (adult male sheep). So, which is it?

Well, the 8th sign of the 12-year cycle of animals of the Chinese zodiac is called yáng, in Chinese. What is yáng? In a Chinese dictionary, yáng is defined as follows: A ruminant mammal, generally with horns on its head. Divided into a number of types, including shānyáng (goat), miányáng (sheep), and lingyáng (antelope). So, goats, sheep, and antelope are all different types of yáng. However, since only the goat and the sheep have been domesticated, the Chinese generally divide yáng into two types: shānyáng and miányáng, goats and sheep, respectively.

If you were to go to the grassland areas of China where 'sheep' are raised, you would be in for a surprise. The so-called 'sheep' is not of the woolly kind (that we think of here in the USA); it's a cute goat with long straight hair. There-

fore, it is equally correct to say the Year of the Goat and the Year of the Sheep. The animal; however, that goes with yáng-nian ("Year of the Yáng") is often shown as a GOAT.

So, welcome to the Year of the Goat!

Goat personality

If you were born in one of the following years, your sign is the Goat (on or after February 1, 1919; February 17, 1931; February 5, 1943; January 24, 1955; February 9, 1967; January 28, 1979; February 15, 1991; and February 1, 2003).

A person born in the year of the Goat is considered the Good Samaritan of all the animal signs. S/he is righteous, sincere, tender, polite and easily taken in by sob stories. S/he is likely to be mild-mannered, even shy. At his/her best, s/he is artistic, fashionable, and a creative worker.

The Goat personality is known for his/her gentle and compassionate ways. S/he can forgive easily and be understanding of others' faults. S/he dislikes strict schedules and cannot tolerate too much discipline or criticism. People who are born under the sign of the Goat tend to be worriers, can be pessimistic sometimes, and can easily complain about things. They also tend to be close to nature, diehard romantics, and can be something of a homebody. The Chinese believe that good fortune smiles on the Goat because of his/her peaceful nature and kind heart. Generous with their time and money, the Goat will not turn you away.

Don't let the subdued outer appearance of the Goat fool you, though. S/he has very strong inner determination. When threatened, s/he can respond passionately and decisively even though s/he hates fighting.

The Goat personality tends to be very lucky, and s/he tends to have things made easier for him/her self. S/he has the uncanny ability to turn his/her every weakness into a strength. S/he knows how to get what s/he wants by insinuation and subtle hints. Finally, where aesthetics are concerned, don't worry, the Goat will not disappoint you. S/he has very discriminating tastes and makes discerning choices.

Famous people born in the Year of the Goat

Desmond Tutu, African Nobel Peace Prize Winner and Archbishop



Andrew Carnegie, American Industrialist

Bill Gates, Microsoft Co-founder
Steve Jobs, Apple Co-founder
Nicole Kidman, Australian Actress
Sir Laurence Olivier, British Actor
Julia Roberts, American Actress
Mohammad Reza Pahlavi, Shah of Iran

Robert De Niro, American Actor
Bobby Fischer, American Chess Champion

Billie Jean King, American Tennis Player
and of course: Sock Puppet
Lamb Chop, (whose original puppeteer was Shari Lewis)

General predictions for the Year of the Goat

Last year, the Year of the Horse, was fast moving, and may have left you feeling like you were barely holding on as you rode the powerful steed. Since the Goat is a symbol of peace, harmony, and tranquility, this will be the primary and fundamental mood for this year. Though there are cries for war, it will be important for mending fences, healing of past events, and nurturing others. This will help to ensure that peace is maintained.

Many will look into their hearts and wonder at past grievances, realizing that the road to harmony is through peaceful rather than violent ways. For those who trust in goodness, happiness and success will follow them. 2015, the Year of the Goat, is a year to use mental abilities over brute force. For those who wish to be aggressive, expect to be out-manuevered by strategy and common sense.

Quotes to live by in the Year of the Goat

“Peace is not merely a distant goal that we seek, but a

means by which we arrive at that goal.”

—Martin Luther King, Jr.

“Peace cannot be kept by force; it can only be achieved by understanding.”

—Albert Einstein

“Never be in a hurry; do everything quietly and in a calm spirit. Do not lose your inner peace for anything whatsoever, even if your whole world seems upset.”

—Saint Francis de Sales

“If you want to make peace with your enemy, you have to work with your enemy. Then he becomes your partner.”

—Nelson Mandela

“Observe good faith and justice toward all nations. Cultivate peace and harmony with all.”

—George Washington

“The best way to find yourself is to lose yourself in the service of others.”

—Mahatma Gandhi

Do any of these resonate with you? If so, write it down and place it somewhere you see it every day.

Be sincere, peaceful, and strive for harmony in the 2015 Year of Goat.

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

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FITNESS AND HEALTH

Keep moving

Getting through winter

Linda Stultz
**Certified Fitness Trainer/
 Fitness Therapist**

The snow is falling and the temperatures are frigid as I sit writing this article to encourage everyone to find an exercise or activity you enjoy and commit to doing it at least three times a week. Winter days are cold and sometimes the weather prevents you from being outside and getting the amount of exercise you get in the spring, summer and fall days. Winter nights are long, dark and cold but that doesn't mean we should sit on the couch all evening. There are many activities you can do with your family or friends to pass those long nights and get in a good workout at the same time.

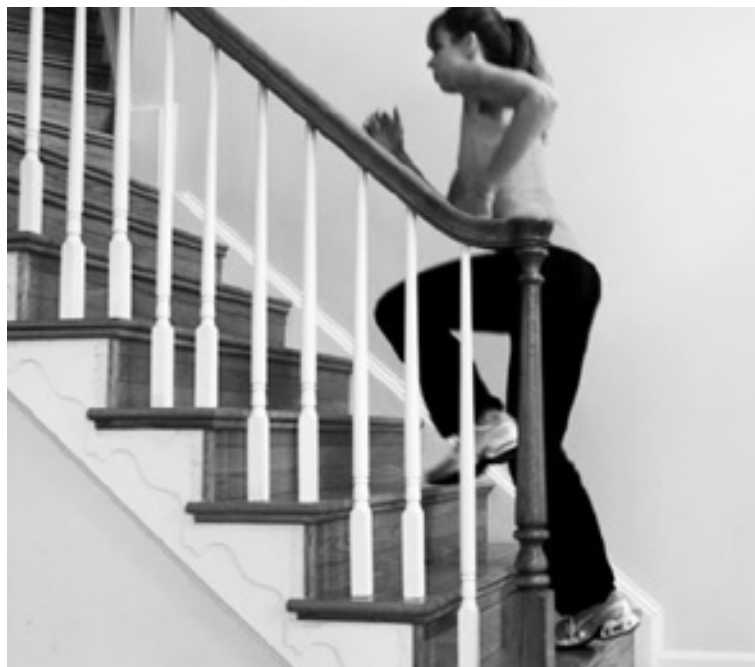
I know the hardest thing is getting started. Check with your local college or community center to see if they have a winter basketball team or other activities that will get you involved in exercise as well as meeting other

people. Some of my clients belong to a winter bowling league or play Wally ball and really enjoy the comradery and they don't think of it as a chore but they are also getting the exercise they need. Exercise can come in many forms and each person needs to try a few activities to find the one that keeps their interest so they will continue being involved to get them through the cold winter months.

Another idea to get in the exercise you need is to use DVDs or find a guided program on TV. It is more fun if you have a friend come over and you work out together if you do not like to join in a team activity or if you don't want to go anyplace to exercise. Some people prefer exercise on their own and this is great too. Of course, I think working with a trainer is a great way to get started and discover different exercises that you would never be introduced to on your own. Many people I speak to ask about a problem or certain area of their

body that they want to work on and are surprised at an exercise or stretch that I suggest.

They tell me they never thought of doing that or using a simple household object to exercise with. Whatever you decide to do is certainly better than doing nothing. There are so many tools out there to help you find the right exercise to keep you moving through the winter, all you have to do is look for them. Talking to a co-worker, family member or friend may be the easiest of all. Health and wellness are on everyone's mind today and you may be amazed at who is exercising or working on improving their health. Sometimes the person you never thought would know anything about improving their health or the person you never thought would ever exercise just may be the one to motivate you the most. I am convinced that we all want to be the healthiest we can be and want to take care of ourselves so we can live the best and longest life possible. Doing this may only take a few small changes and we are most certainly worth making those changes for ourselves and our families. Winter has just begun but the days are already getting a few minutes longer and



finding something to do will help pass the time and when Spring arrives you will have more energy and maybe even be a few pounds lighter instead of heavier if you find an activity to keep you moving now. You'll be so much happier with yourself now and down the road if you take control of your life this winter. If you have

any questions give me a call at 717-334-6009. Remember, Keep Moving!! You'll be glad you did.

If you have any questions please contact me at 717-334-6009. I will be glad to help you think of some new ways of eating for the coming New Year. Remember, Keep moving!!

Fitness matters

George Puvel
Anytime Fitness Owner

Question: Do I really need to wipe down every piece of workout equipment after I use it?

Answer: Yes. Sweat and germs can linger on weight benches, cardio equipment handles, exercise mats and other equipment. When not disinfected frequently or properly, gym goers are more likely to get sick with the cold or flu virus. If you are working out with multiple machines (e.g. circuit training), cut down on cleaning time by placing a towel on whatever piece of equipment you are using, making sure to always keep the "clean" side down. Most gyms provide disinfectant spray or wipes, so keeping a clean workout environment is easy and shows good gym etiquette.

Question: I've heard a lot of talk about the health benefits of drinking apple cider vinegar? Can it really help me lose weight?

Answer: As with any "magic trick" pertaining to weight loss, if it sounds too good to be true, it is. The claim states that drinking an apple cider vinegar drink before meals will help curb appetite and will boost metabolism, however, there is little scientific evidence to back this up. There are partial truths to the claim, however. Our brains can perceive thirst as hunger, leading to the overconsumption of food. By simply stay-

ing hydrated throughout the day and drinking a glass of water before meals – with or without vinegar – we tend to take in fewer calories, and thusly, weight loss may follow.

Studies show that consuming apple cider vinegar does have an effect on insulin sensitivity in people who are insulin resistant. Essentially, the acetic acid suppresses enzymes responsible for breaking down sugar, producing a similar effect to that of Metformin. For that reason, it is very important that people with Type 2 Diabetes consult with a registered dietitian before consuming a daily mixture of vinegar.

About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at ThurmontMD@anytimefitness.com.

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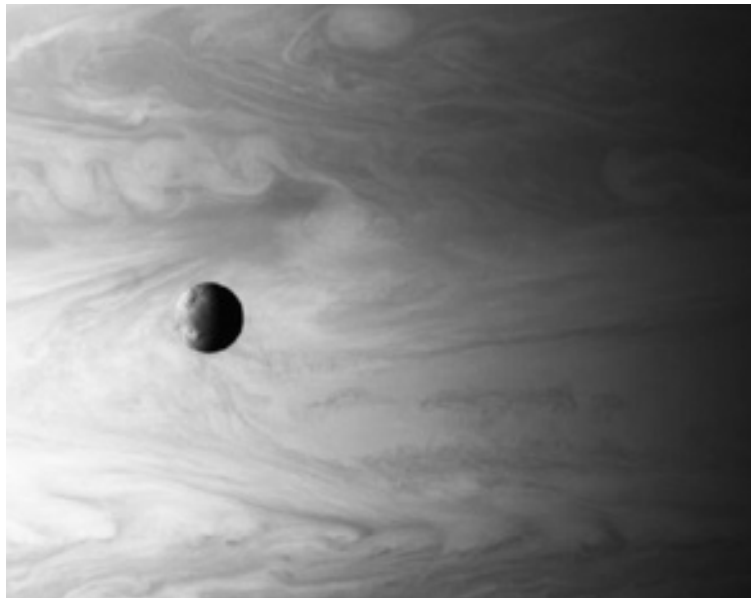
The night sky of February

Professor Wayne Wooten

For February 2015, the Moon will be full moon on February 3rd; this is the “hunger” moon in Native American tradition, when most of the food stored up for winter was almost gone. The next evening, look for the waning gibbous moon to be five degrees south of bright Jupiter, rising just after sunset. Jupiter comes to opposition on February 6th, rising in the NE exactly at sunset.

The last quarter moon passes 2 degrees north of Saturn on the morning of February 12th. New Moon is on February 18th. By the 20th, the waxing crescent moon is passing 2 degrees north of brilliant Venus in the SW twilight, and it passes 1.5 degrees north of Mars the following evening. The first quarter moon is on February 25th, and it passes just north of the bright star Aldebaran in Taurus as twilight falls; in South America, it will cover the star in an occultation taking about an hour.

Mercury is low in the morning sky by month's end, reaching greatest western elongation on February 25th. Venus dominates the SW evening sky for the next several months, and is rapidly overtaking much fainter red Mars, passing just a moon's diameter south of him on February 22nd, with the crescent moon closest to the pair on the previous evening; sounds like a great photo op! Jupiter dominates the eastern evening sky, coming to opposition



Jupiter's moon, Io, passing in front of the solar system's largest planet.

on the border of Cancer and Leo on February 6th.

Our photo this month show the moon Io passing in front of Jupiter, with the Great Red Spot also visible. Any telescope can show the four Galilean moons, and the belts and zones and Great Red Spot show up at 100X in larger scopes as well. Saturn is now in the claws of Scorpius, and rising about midnight by month's end. The ringed planet will be coming to opposition on May 23rd. The rings are much more open than last year, and are open about 22 degrees now, compared to 27 degree when fully opened at Saturn's solstice in 2016; when this open, the huge reflecting surface of

the ring's ice boulders will double the planet's brightness.

The constellation Cassiopeia makes a striking West in the North West. She contains many nice star clusters for binocular users in her outer arm of our Milky Way, extending to the North East now. Her daughter, Andromeda, starts with the North East corner star of Pegasus Square, and goes North East with two more bright stars in a row. It is from the middle star, beta Andromeda, that we proceed about a quarter the way to the top star in the West of Cassiopeia, and look for a faint blur with the naked eye.

M-31, the Andromeda Galaxy, is the most distant object visible with the naked eye, lying about 2.5 million light years distant. Overhead is Andromeda's hero, Perseus, rises. Between him and Cassiopeia is the fine Double Cluster,

faintly visible with the naked eye and two fine binocular objects in the same field. Perseus contains the famed eclipsing binary star Algol, where the Arabs imagined the eye of the gorgon Medusa would lie. It fades to a third its normal brightness for six out of every 70 hours, as a larger but cooler orange giant covers about 80% of the smaller but hotter and thus brighter companion as seen from Earth.

At Perseus' feet for the famed Pleiades cluster; they lie about 400 light years distant, and over 250 stars are members of this fine group. East of the seven sisters is the V of stars marking the face of Taurus the Bull, with bright orange Aldebaran as his eye. The V of stars is the Hyades cluster, older than the blue Pleiades, but about half their distance.

Yellow Capella, a giant star the same temperature and color as our much smaller Sun, dominates the overhead sky. It is part of the pentagon on stars making up Auriga, the Charioteer (think Ben Hur). Several nice binocular Messier open clusters are found in the winter milky way here. East of Auriga, the twins, Castor and Pollux highlight the Gemini. UWF alumni can associate the pair with Jason and the Golden Fleece legend, for they were the first two Argonauts to sign up on his crew of adventurers.

South of Gemini, Orion is the most familiar winter constellation, dominating the eastern sky at dusk. The reddish supergiant Betelgeuse marks his eastern shoulder, while blue-white supergiant Rigel stands opposite on his west knee. Just south of the belt, hanging like a

sword downward, is M-42, the Great Nebula of Orion, an outstanding binocular and telescopic stellar nursery. The bright diamond of four stars that light it up are the trapezium cluster, one of the finest sights in a telescope.

In the east rise the hunter's two faithful companions, Canis major and minor. Procyon is the bright star in the little dog, and rises minutes before Sirius, the brightest star in the sky. Sirius dominates the SE sky by 7 PM, and as it rises, the turbulent winter air causes it to sparkle with shafts of spectral fire. Beautiful as the twinkling appears to the naked eye, for astronomers this means the image is blurry; only in space can we truly see “clearly now”. At 8 light years distance, Sirius is the closest star we can easily see with the naked eye.

When Sirius is highest, along our southern horizon look for the second brightest star, Canopus, getting just above the horizon and sparkling like an exquisite diamond as the turbulent winter air twists and turns this shaft of starlight, after a trip of about 200 years!

To the northeast, a reminder that spring is coming; look for the bowl of the Big Dipper to rise, with the top two stars, the pointers, giving you a line to find Polaris, the Pole Star. But if you take the pointers south, you are guided instead to the head of Leo the Lion rising in the east, looking much like the profile of the famed Sphinx. The bright star at the Lion's heart is Regulus, the “regal star”. Fitting for our cosmic king of beasts, whose rising at the end of this month means March indeed will be coming in “like a lion”. Note that Jupiter now sits just west of the head of Leo, and will be moving from Cancer into Leo by mid year.

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Farmers' Almanac

Mid-Atlantic Weather Watch: Fair not so cold (1, 2, 3) with light snow mainly in the north (4, 5). Windy; cold (6, 7, 8, 9, 10) with more snow in the north, rain in the south (11, 12). Windy turning colder (13, 14, 15, 16, 17) with lake-effect snow (18, 19); Fair and cold (20, 21, 22, 23) with Nor'easter, heavy snow (24, 25). Returning to fair weather but windy and very cold (26, 27, 28).

Full Moon: February's Full Moon will occur on Friday, February 3rd. It has widely been recognized as Hunger Moon by many Native American tribes who lived in cold and temperate climates and faced harsh winters and a real scarcity of game during this month. Many tribes have also referred to as the Snow Moon because snow was often at its deepest now in certain

parts of North America.

Special Notes: “Punxsutawney Phil” makes his call on the coming of Spring on Monday, February 2nd. As legend has it, if the old boy is frightened by his own shadow, the little coward will return to his burrow for another 6 more weeks, signaling winter will continue! If he doesn't, there will be an early Spring and rejoicing throughout the land!

Holidays: The Christian Festival of Lights, or Candelmas, is celebrated on Monday, February 2nd. The day is marked when many churches traditionally display many more candles than usual during their services. The added light made the day so special and it also was believed that the additional light helped to ward off illness and plague in the coming year. Valentine's Day, Feb-

ruary 14th, falls on Saturday in 2015. Plan a special ‘Saturday Night’ date with your special someone and let them know just how much you appreciate them in your life. The birthdays of Abraham Lincoln (Thursday, February 12th) and George Washington (Sunday, the 22nd) are collectively celebrated on President's day which falls on Monday, February 16th to provide us with an extended holiday weekend.

The Garden: With some good news from our friend “Punxsutawney Phil”, we can start thinking about things to do in an early Spring. Mid to late February is the perfect time to fertilize shrubs and evergreens. Use an acid type Rhododendron fertilizer to feed evergreens, conifers, broad leaf evergreens, Rhododendrons, Azaleas and Camellias. Trees that weren't fed last Fall should be deep fed by punching a series of 1-2 inch holes two feet apart around the drip line and filled with an appropriate food. A mulch of well composted manure is also an excellent treat for your tree. Plants that may have been pushed out of the ground by frost heave should be pressed firmly back into place. Plant Daylilies, Bleeding Hearts, and Hostas this month. Deciduous vines such as Honey-suckle should be pruned for shape. Most perennials can be divided and moved up until the time they begin to show new growth.

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COMPUTER Q&A

Laptops 101

Bob Jester

Recently we have been seeing some very common mistakes that can be easily avoided (and save you some money), with some insight on how and why they can damage your laptop. Read on for some free tips and solutions to common computer problems!

Do NOT leave your laptop plugged in all the time. You should unplug the laptop when it is fully charged and let it run down until you get the automated message about the battery being low. Once you get the message, charge the battery until full. Think of your charging habits for your mobile phone. You're not going to charge a fully charged mobile phone, and you are not going to leave your mobile phone plugged in 24 hours a day seven days a week. Constantly charging a battery will reduce its capacity. Over time, the battery will no longer be able to hold a charge and will need replaced.

Be sure to use your laptop on a flat hard surface. Underneath the laptop are cooling fans to keep your laptop running at the right temperature. Setting the laptop on a blanket or on your lap can prevent proper airflow and cause your laptop to overheat. Heat can cause damage, so keep your laptop cool. If your still laptop still seems to run hot, try using a cooling pad with fans to keep it cool.

Do not pick up or hold your laptop by the screen, twist, hit, or push on the surface of the display. It only takes the pressure equivalent of squeezing a grape on the right part of the screen to break it. When picking up a laptop use two hands on the base.

Do not carry around your laptop with the power on. Laptops should not be moved while they are switched on. Movement greatly increases the chance of hard drive damage. One good jolt of your hard drive can cut the life expectancy in half and can often cause data loss. Power down your laptop, and never put your laptop into the sleep mode or suspend mode and put it in a carrying bag.

Remember to unplug your power adapter when transporting the laptop. Do not just unplug the power cord, grasp the end of the connector and gently pull it out. If you happen to bump the power connector while it is plugged in you may separate the power jack from the motherboard. Repairing the power jack typically costs around \$150.

Another important tip is to make sure you properly shut down your computer. Shut your computer down by clicking on power and then shutdown or restart. Shutting the computer off by the power button itself can cause file corruption on the hard

drive and your computer may be unable to start.

Do not eat or drink near your laptop. Liquids and electricity do not mix. If you spill liquid on your laptop while it is powered on, your laptop's motherboard most certainly will short out. Parts and labor for replacing a laptop motherboard usually exceeds the cost of a new laptop. Please keep your drinks out of spill distance.

If you are in need of PC computer repair or services please visit Jester's Computer Services located at 5135 Fairfield Road, Fairfield, PA. You can also reach Jester's Computer Services by phone at (717) 642-6611 or send an email to: customerservice@jesterscomputers.com

For help with learning how to use a PC computer, mobile technology, web design, or graphic de-



sign contact Jester's Computer Tutor for help! You can also visit our website at www.thecomputertutor.info

or like us on Facebook to receive free tips and tricks! You can contact the tutor via email at

help@thecomputertutor.info or by phone at (717) HELP-4-ME or (717) 435-7463.

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WHATEVER YOU CAN THINK OF INCLUDING THE KITCHEN SINK!

UPCOMING EVENTS

Gardening in your environment

Barb Mrgich and Bobbi Little

Master gardeners offer educational classes

February is a great time to think about improving your gardening skills. Whether you are a seasoned gardener or a beginner, there is always so much to learn. Let the Penn State Master Gardeners of Adams County help you resolve your gardening problems or get started in basic gardening through their new class series.

Eco-friendly gardening in your environment

Classes begin Saturday, February 14th and continue for 7 weeks through March 28th from 10:00 to 11:30 am. This year's location will be the Agricultural Center at 670 Old Gettysburg Road in Gettysburg.

Each year before the growing season begins, the master garden-

ers offer educational classes to encourage people to improve their gardening skills. This year's series will emphasize natural gardening practices to help you get better results with minimal impact to the environment. You'll gain an excellent understanding of attracting beneficial insects to your garden, controlling bad bugs, growing healthy vegetables, and much more.

Since good gardening begins with the health of your soil, we will start the series with the topic, Living Soil. Healthy soil will produce stronger plants, fewer pests, and less disease. You'll learn how to improve your growing medium for better results.

Green Gardens...Clean Water is the name of a new Penn State directive, and the title of our second class. It addresses dealing with rainwater run-off, a huge problem that causes flooding and contamination of streams and rivers, much of which comes from mismanagement of ex-

cess water by homeowners. Good gardening practices can go a long way toward solving the problem.

If insects attack your garden, what can you do about it and still keep the environment safe for yourself and your children? We'll talk about ways to eliminate toxic sprays and find better alternatives that provide safer results for you and better plants in our third class entitled Integrated Pest Management.

Our fourth class will study the importance of pollinators, who they are, what they do, and how to attract them to your garden.

Alien, invasive plants are an ever-growing problem, which threatens our entire eco-system. Our fifth class will show you the common plants that create these problems, why they are a threat, and what you can do about it.

Growing native plants is more important today than ever before. Our sixth class will tell you why and help you begin introducing them to your home or business environment. You can grow

these plants with minimal effort since they have adapted to our region over thousands of years. Once established, little care is needed to maintain them, and, among other benefits, they will attract birds and butterflies.

Finally, growing your own vegetables is not only healthy, but can save you money. Learn how to improve your harvest, or just get inspired to start with a few simple crops that you enjoy eating. You'll have the freshest vegetables and herbs if you grow your own. They always seem to taste better when they come from your garden.

As Master Gardeners, we know that the more we learn, the more we realize how much we don't know. We enjoy studying new things. Why not start by gaining a basic gardening competency through this class series and then develop your know-how from there? There are so many facets of gardening to explore. You'll find a great deal of helpful pertinent-to-your-environment information in these classes.

So come to our early spring gardening series and see how much you can learn. Besides the educational value, it's always fun to meet and interact with people of similar interests. Along with the instructors, there will be other Master Gardeners present at each session to help answer your specific gardening questions.

Class numbers are limited, so sign up today. You can register for this seven-week class series online by visiting <http://extension.psu.edu/plants/gardening/events>, or by calling 717-334-6271. Cost is \$65; registration deadline is February 9. If you register by February 2, there is a discounted price of \$58. Come learn in a friendly fun environment. See you in class! Get ready to enjoy either your first gardening season, or your best one.

Penn State Extension is located in the Ag Center, 670 Old Harrisburg Road, Suite 204, Gettysburg, PA 17325-3404, phone 717 334-6271.

February 4

The Majestic Theater presents Mummenschanz. Having captivated audiences with its unique brand of visual theatre for more than 40 years, the performers of Mummenschanz create inspiring and captivating illusions using colourful masks, incredible props and skilful sleight of hand, producing a magical world of possibilities, all without uttering a word. The troupe's playful and memorable exploits display an enormously inventive use of forms, shadow and light and creative manipulation of sculptural, expressive masks. The result is a visually stunning spectacle of entertainment that is suitable for all the family to enjoy.

Majestic Theater, 25 Carlisle Street, Gettysburg. For more information call 717-337-8200 or visit www.gettysburgmajestic.org.

February 5

Strawberry Hill Nature Preserve's Full Moon Owl Prowl. Walk softly and carry a good flashlight - even though you won't need it with a full moon! Quietly explore the Preserve on a winter's evening listening carefully for the sounds of owl. Also learn a bit about these mysterious feathered friends and just why they're calling at this time of year. Strawberry Hill Nature Preserve, 1537 Mount Hope Road, Fairfield. For more information call 717-642-5840 or visit www.strawberryhill.org.

February 6 - 8

Gettysburg Rocks - a fundraising event with proceeds benefiting the Four Diamonds Fund in care of Penn State Mont Alto's THON organization and will help provide support for children and their families facing the battle with pediatric cancer. This event, which raises money for the Four Diamonds Fund. Multiple genres of music will be represented including Rock, Country, Blues, Americana, Reggae, Ska, Punk, Metal, Pop, Classic rock and more.

All events over the weekend are free admission however donations will be accepted and are encouraged.

There are age restrictions at some venues. For a complete list of shows, including times, schedules and all bands performing, visit www.gburgrocks.com.

February 6

Rocky Ridge Sportsman Bingo. For more information Contact: Alan Hurley-301-271-3370, Matt Moser-240-838-9837, or Luke Humerick Jr-301-271-4682.

February 7

St. Johns Lutheran Church's Fried Oyster and Turkey Dinner. 8619 Blacks Mill Rd, Creagerstown. Chowderfest 2015 - benefiting the

Gettysburg Soup Kitchen. A \$10 donation allows you to judge all the competitors chowders, soups or bisques. Stroll through Sharpshooters and the Historic Inn at Herr Ridge while sampling the area's finest concoctions. Beer samplings, live music and Winterfest activities will surely make this a memorable experience. For more information call 717-334-4598 or visit www.herrtavern.com.

February 8

Strawberry Hill's Winter Fitness Hike. Hike your way to better health and stave off the cold-weather blues with guided Winter Fitness Hikes, sponsored by Strawberry Hill Nature

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UPCOMING EVENTS

Preserve and Healthy Adams County! Hiking is a great aerobic activity. These fully-guided hikes are open to beginner and seasoned hikers; we will take breaks as necessary and maintain a moderate group pace. Safety and support are top priorities, and hikers will practice Leave No Trace outdoor ethics. For more information call 717-642-5840 or visit www.strawberryhill.org.

Music Gettysburg! presents Organist Felix Hell. For more information call 717-338-3000 ext. 2197 or visit www.musicgettysburg.org.

February 14
The Libertytown Vol. Fire Dept. Auxiliary Annual Kinkling Day. Please pre-order at \$8.00 per dozen by Feb. 6. Please Call 301-898-7385 or 301-865-4386 to place your orders.

February 15
The Majestic Theater presents Treasure Island - Robert Louis Stevenson's story of murder, money and mutiny is brought to life in a thrilling new stage adaptation by Bryony Lavery, broadcast live from the National Theatre. For more information call 717-337-8200 or visit www.gettysburgmajestic.org.

February 17
Police & Kids Night, Thurmont Rec. Center, Thurmont Middle School, 408 E. Main St. Pick-up basketball, soccer kickball, flag football. Socialize with friends and Thurmont police officers in an enjoyable atmosphere. For more information call 301-600-1666 or visit www.Recreater.com.

February 17
Shrove Tuesday all you can eat Pancake Supper at Our Lady of Mount Carmel Parish Center. Cost: \$7 for adults, \$3 ages 4-10,

Free 3 & Under. For further information, call the parish office at 301-447-2367 or visit www.emmitsburg.net/sasolmc.

February 20 -22
Gettysburg Community Theater presents Fiddle on the Roof. Gettysburg Community Theatre, 49 York Street, Gettysburg. For more information call 717-334-2692 or visit www.GettysburgCommunityTheatre.org.

February 20 & 27
Taneytown's St. Joseph's Church's Annual Lenten Fish Fry Fridays. Choice of: kettle fried catfish or pollock, baked catfish or tilapia, fried shrimp, home made salmon cakes. Choice of two vegetables: succotash, stewed tomatoes, green beans, applesauce and your choice of beverage. Adults: \$12, Children (6-10 yrs) \$6, Children 5 yrs and under free. For more information call 410-775-7500.

February 27
8th Annual A Women's Purse Live & Silent Auction. A Woman's Purse believes that every woman, regardless of her age, deserves positive understanding, respectful support and equality. The women of the Purse partner with the Independent Living Program of Adams County Children and Youth Services to support young women and men as they age out of foster care. The women share their time, talents and treasures to help youth overcome the significant challenges facing them as they transition to self-sufficiency. For more information call 717-334-5809 or visit www.uwadams.org.

February 28
Mount Hope Maple Madness. Sugaring, the art of making maple syrup, has been practiced for thousands of years. The tradition began the Northeast United States centuries ago with the Native Americans and colonists. People of all ages are

invited to see this tradition brought to life by Strawberry Hill Nature Preserve naturalists. You will learn how trees are tapped, view sap-collecting methods past and present, and see the boiling process that produces delicious maple syrup. Two public demonstrations, including a pancake breakfast; a local arts and craft

fair; and local musician, are held at Camp Eder on February 28th and March 7th!

Pancake Breakfasts - 7:30 - 11:30am
Maple Sugaring Programs - 9am - 3pm. For more information call 717-642-5840 or visit www.strawberryhill.org.

Thirty-One
Vera Bradley &
BINGO
Saturday, Feb. 21st
Mother Seton School
100 Creamery Rd.
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Doors Open 5:30pm Games Start 7:00pm
Snow Date: February 28
Tickets Call: Rebecca 410-756-1815
Mother Seton School Office: 301-447-3161

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In Advance: \$20
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Specials ~ Raffles
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ROCKY RIDGE VOLUNTEER FIRE COMPANY
COUNTRY BUTCHERING & PANCAKE BREAKFAST
Saturday, Feb. 21, 2015
6:00 am - 10:00 am
(In The Activities Building)
Orders Must Be Placed By February 14, 2015
Meat Orders Must Be Picked Up Between 6 am & 10 am
To Place An Order Call: Paulette 301-271-4252
Cindy 301-271-4057 Gertie 301-271-4253 Helen 410-775-2758

SHROVE TUESDAY PANCAKE SUPPER
At Harriet Chapel
All-You-Can Eat Pancakes
with Sausage and All the Fixings
February 17th, 5PM - 7:00PM
ADULTS \$6 - CHILDREN 5-12 \$4
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Bingo starts @ 8 PM
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Fried Oyster & Turkey Dinner
Saturday, February 7th
12:00 Noon to 5:00 pm
St. John's Lutheran Church
8619 Black's Mill Rd., Creagerstown, MD
(Take 15 N. or S., get off at Thurmont exit and follow Rt. 550 to Creagerstown.)
(Take 194 N. or S., turn onto Rt. 550 at Woodsboro to Creagerstown.)
MENU:
Fried Oysters, Roast Turkey, Mashed Potatoes, Dressing, Gravy, Sauerkraut, Succotash, Cranberry Relish, Cake
ADULTS \$16.00 AGE 6-12 \$7.00 UNDER 5 FREE
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Valentine's Day
Saturday, February 14th!
Roses, Roses, Roses!
Jubilee has a beautiful selection of roses for Valentine's Day at great prices that are so much less than traditional florist shops!

Give Your Special Someone A Valentine Pinch!

LIVE LOBSTERS
Saturday, February 14th!
\$10.99 lb. Avg. 1-1/2 lbs.
Orders Must Be Placed By 10am, Fri., Feb. 13th!

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Check out our calendar of events and come on out and visit us. For full schedule visit www.msmary.edu/calendar or www.mountathletics.com



Art Exhibition by Eric Celarier

Thursday, Feb. 5–Friday, March 13

Artist's Reception: Thursday, Feb. 5, 5–7 p.m.

Williams Gallery, Delaplaine Fine Arts Center

In his unique exhibit titled *Garbage*, Eric Celarier examines the concept that what we leave behind is perhaps the clearest example of what we ultimately value. Sewing trash into fabric or assembling it into quirky creatures, Eric Celarier explores the mundane materials that have potentially changed our lives, but are often hidden or overlooked.

Mount 2000

Friday, Feb. 6–Sunday, Feb. 8

The ARCC and pool will be closed during portions of this weekend.

Friday, Feb. 6: pool closes at 2 p.m., ARCC closes at 5 p.m.

Saturday, Feb. 7: ARCC and pool closed

Sunday, Feb. 8: ARCC and pool open regular hours

First Saturday Devotions

Saturday, Feb. 7, 9 a.m.

St. Mary's Chapel on the Hill, National Shrine Grotto of Our Lady of Lourdes

Mass followed by prayer devotions.

Mass of Healing and Anointing of the Sick

Wednesday, Feb. 11, Noon

St. Mary's Chapel on the Hill, National Shrine Grotto of Our Lady of Lourdes

Confessions will be heard beginning at 11:15 a.m.

Men's Basketball vs. Sacred Heart

Thursday, Feb. 12, 7 p.m.

Knott Arena

Women's Basketball vs. Sacred Heart

Monday, Feb. 16, 7 p.m.

Knott Arena

Mardi Gras – Fat Tuesday Concert

Tuesday, Feb. 17, 4–7 p.m.

Patriot Hall

Grab your beads and join us for one last party before Lent! The Mount's musical groups and several special guests provide the entertainment for the evening.

Graduate and Adult Undergraduate Programs Open House

Wednesday, Feb. 18, 3–6 p.m.

Frederick Campus, 5350 Spectrum Drive, Frederick

Did you know the Mount offers 15 graduate and undergraduate programs designed for working adults? Business, education, criminal justice, human services, biotechnology and more, with classes offered at both the Emmitsburg and Frederick campuses. Join us to learn more!

Men's Basketball vs. LIU Brooklyn

Thursday, Feb. 19, 7 p.m.

Knott Arena

It's PNC Night for this conference match-up!

Mount Mainstage Theatre presents *Eurydice*

Thursday, Feb. 19–Saturday, Feb. 21, 8 p.m.

Sunday, Feb. 22, 2 p.m.

Horning Theater, Delaplaine Fine Arts Center

Sarah Ruhl's play *Eurydice*

takes the mythological

story of *Orpheus and*

Eurydice (two lovers

whose love could not

be contained, even by

death), and gives the

story new life for a new

time. The *Washington*

Post called the play

"a poetry-infused

meditation on mortality,

grief and forgetfulness,"

as Ruhl's

characters have to determine

what they might have to give

up to get what they may well

have for only one brief

flickering

moment.

Tickets are \$7. For more information, call 301-447-5308.



Celebration of Black History Through the Arts

Friday, Feb. 20, 7 p.m.

Knott Auditorium

The Mount's Gospel Choir and Black Student Union present *Because They Were, We Are!*—a night of poetry, music, dance and skits celebrating black history. Selections will pay tribute to notable performers, including Billie Holiday and the Jackson 5, and will highlight key points in history, including the Harlem Renaissance and Civil Rights Era.

Funds raised from the event will go to the Potomac Preparatory Public Charter School in Washington, D.C. Tickets are \$8, Mount students \$6. For tickets or more information, call 301-447-5474.

Basketball Doubleheader vs. Fairleigh Dickinson

Saturday, Feb. 21

Men's game, 2 p.m.; women's game, 4:30 p.m.

Knott Arena

Women's Basketball vs. LIU Brooklyn

Monday, Feb. 23, 7 p.m.

Knott Arena



Basketball Doubleheader vs. Wagner

Saturday, Feb. 28

Men's game, 2 p.m.; women's game, 4:30 p.m.

Knott Arena

Join Emmitt S. Burg and cheer on the men's and women's teams during their final home games of the regular season!

Bring the whole family for this free event.



Stargazing Event

Friday, Feb. 13, 7–9 p.m.

Outside St. Mary's Chapel on the Hill, National Shrine Grotto of Our Lady of Lourdes

Bring the whole family to gaze through telescopes and see objects unique to the winter sky: Comet Lovejoy, Jupiter and its moons, the Orion Nebula, and more! Astronomy professor Jason Young will provide a brief introduction at 7 p.m. Light refreshments are available. In case of inclement weather, the event will be held either Feb. 20 or 21 and March 20 or 21. Call 301-447-5376 for more information.

Our Lady of Lourdes Rosary Crusade

Saturday, Feb. 14, 10:30 a.m.

Grotto Cave

Basketball Doubleheader vs. Bryant

Saturday, Feb. 14

Men's game, 2 p.m.; women's game, 4:30 p.m.

Knott Arena



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Margaret Mooney, MBA'14
Director, The Collingwood Group LLC, Washington, D.C.



Graduate & Adult Programs OPEN HOUSE

Frederick Campus
Wed., February 18
3–6 p.m.

Register online at msmary.edu/openhouse

In attendance will be the registrar, financial aid, career center, and program advisors.

The Mount's Frederick Campus is where working adults attend affordable, accelerated evening and weekend classes. Four adult undergraduate programs and 11 graduate and certificate programs offer you the opportunity to advance or change your career! Our Frederick Campus is conveniently located off I-270 and I-70 near the FSK Mall.

ADULT UNDERGRADUATE DEGREES

- B.S. in Business
- B.A. in Criminal Justice
- B.S. in Elementary/Special Education
- B.S. in Human Services (NEW)

GRADUATE DEGREES

- Master of Business Administration (MBA)
- Emerging Leaders MBA (1 yr.)
- Master of Health Administration
- Master of Education
- Master of Arts in Teaching
- Master of Science in Biotechnology and Management (NEW)

GRADUATE CERTIFICATES

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- Organizational Development
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Register online at msmary.edu/openhouse

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